



"Why do I go to my female friends when I want to cry?"
- Callum Minks

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RELEASE DATE
February 26th, 2021
Written by Indigo Bay

BAND MEMBERS
Callum Minks (Lead Vocals)
Alex Plater (Lead Guitar)
George Gray (Bass)
Amias Burrows (Drums)

SOCIALS & CONTACT



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INDIGO BAY LAUNCH THEIR FIRST PROFESSIONALLY RECORDED SINGLE 'FOR MY LOVE' ON FEBRUARY 26TH, 2021.

After playing a BBC Introducing session and selling out in HMV, Grimsby indie rockers, Indigo Bay, launch their first professionally recorded release 'For My Love'. Recorded by Sugar House and mastered by Robin Schmidt they land with a pleading message addressing toxic masculinity, bringing their ethereal guitar melodies, pumping drum loops and dreamy vocals. This project aims to get men to address their feelings through 1-1 discussions whilst providing a sonic escape.

Lead Singer Callum Minks says: 'For My Love' is a shout for help. It expresses how I go through waves of anxiety and overthink other people's thoughts. This is about a previous situation with the band and my solo work under 'Callum Minks'. Up until recently we had only played during college for fun; we had never sat down and talked about taking it seriously as a career. My solo work was getting a lot of recognition from the local BBC Introducing and I kept hearing people ask if the band was over and that I should do it alone. At the time we were planning what studio to go to, and these thoughts were ruining my days; worrying if the guys are uninterested in the band but are continuing to pay for future projects to avoid confrontation and keep me happy. It made me feel so low because we bonded over bands like 'Hippo Campus' that are like brothers and grew up with each other and we have that. I didn't want it to be over. I eventually confronted the guys about my worries and with the click of a finger my worries were gone. They reassured me and we ended up talking for hours about what we want to achieve with the band. I had felt defeated for months up until I addressed how I felt. Therefore, I want this song to encourage other men to express how they feel. Nine times out of ten I feel immediately better after I do. You know, why do I go to my female friends when I want to cry?'