

August 2015

Cabin John Ice Rink
10610 Westlake Drive
Rockville, MD 20852
301-765-8620



Stick 'n Puck & Pick-up Hockey Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8:30-10:00am SNP OLY 10:30am-12:00pm SNP 2:00-3:00pm SNP YO 3:15-4:45pm SNP
2 8:45-10:15am SNP 10:30-11:30am SNP YO 11:45-1:15pm PUH 1:30-3:00pm SNP 3:15-4:45pm SNP YO 5:00-6:00pm SNP 6:15-7:45pm PUH	3 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH	4 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-7:45pm SNP	5 12:45-2:15pm SNP 2:45-4:15pm SNP 8:00-9:30pm PUH OLY	6 12:45-2:15pm SNP 2:45-4:15pm SNP	7 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH	8 8:30-10:00am SNP OLY
9 4:30-6:00pm SNP 6:15-7:45pm PUH	10 6:45-8:15pm SNP 8:30-10:00pm PUH	11 6:45-7:45pm SNP	12	13	14 6:45-8:15pm SNP 8:30-10:00pm PUH	15 8:30-9:30am SNP OLY
16 12:15-1:45pm SNP 2:00-3:00pm SNP 3:15-4:45pm SNP YO 5:00-6:00pm SNP 6:15-7:45pm PUH	17 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH	18 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-7:45pm SNP	19 12:45-2:15pm SNP 2:45-4:15pm SNP 6:30-8:00pm SNP OLY 8:15-9:45pm PUH OLY	20 12:45-2:15pm SNP 2:45-4:15pm SNP	21 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH	22 8:30-10:00am SNP OLY 6:15-7:45pm SNP OLY
23 8:15-9:45am SNP 12:15-1:45pm SNP 4:15-5:15pm SNP YO 5:30-6:30pm SNP	24 6:00-7:30am SNP 2:45-4:15pm SNP 8:00-9:30pm PUH	25 6:00-7:30am SNP 2:45-4:15pm SNP 6:45-7:45pm SNP	26 6:00-7:30am SNP 2:45-4:15pm SNP	27 6:00-7:30am SNP 2:45-4:15pm SNP	28 6:00-7:30am SNP 12:45-2:15pm SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH	29 8:30-10:00am SNP OLY 12:45-1:45pm SNP YO 3:45-4:45pm SNP
30 8:45-10:15am SNP 10:30-11:30am SNP YO 11:45-1:15pm PUH 1:30-3:00pm SNP 3:15-4:45pm SNP YO 5:00-6:00pm SNP 6:15-7:45pm PUH	31 6:00-7:30am SNP 2:45-4:15pm SNP 6:45-8:15pm SNP 8:30-10:00pm PUH			ALL ON THE NHL EXCEPT WHERE NOTED		

Stick 'n Puck & Pick-up Hockey Rules and Procedures

- Sign up for Stick 'n Puck and Pick-up Hockey begins 30 minutes before the session start time
- Sign up is on a first come, first served basis and only skaters who are present and in line may sign up
- Skaters may NOT purchase admission or hold a slot in line for other skaters who are not in the facility
- Maximum Number: Stick 'n Puck = 30 + 2 FREE Goalies; Pick-up Hockey = 28 + 4 FREE Goalies
- Anyone entering the ice without paying or assisting another skater to skate without paying will be asked to leave the facility
- Skaters may use two punches from their group lesson card for a 1 1/2 hour session
- Coaching of any kind is STRICTLY PROHIBITED except with a contracted M-NCPPC professional instructor
- NO scrimmaging is allowed on Stick 'n Puck sessions
- Gear Requirements for Stick 'n Puck : Adults (18 & Older) helmet, gloves, stick. Kids—FULL GEAR (NO EXCEPTIONS)
- Gear Requirements for Pick-up Hockey: FULL GEAR REQUIRED
- PLAYERS MUST PROVIDE THEIR OWN PUCK (FOR BOTH STICK 'N PUCK AND PICK-UP HOCKEY)

Stick 'n Puck and Pick-up Hockey Fees

1 HR—\$8.00

1 1/2 HRS—\$12.00

2 HRS—\$16.00

YO = Youth Only Age 13 and Under

SNP = Stick 'n Puck PUH = Pick-Up Hockey

Punch Pass \$108.00 (Ten 90 min sessions — Saves you \$1.20 per session)