### DISSERTATING IN RMARKDOWN

(Thesis format: Monograph)

by

### Thea Lucille Knowles

Graduate Program in Department of Health & Rehabilitation Sciences

A thesis submitted in partial fulfillment of the requirements for the degree of Doctor of Philosophy

The School of Graduate and Postdoctoral Studies
The University of Western Ontario
London, Ontario, Canada

© Thea Lucille Knowles 2019

### Abstract

Here's a story about a little guy that lives in a blue world. And all day and all night and everything he sees is just blue, like him inside and outside. Blue his house with a blue little window and a blue corvette and everything is blue for him and himself and everybody around 'cause he ain't got nobody to listen.

**Keywords:** keyword 1, keyword 2, keyword 3.

Planning to write is not writing. Outlining, researching, talking to people about what you're doing, none of that is writing. Writing is writing.

E. L. DOCTOROW SOME BOOK

### Acknowledgments

I'd like to acknowledge my dog, Rocky, whose enthusiasm for cheese is unrivaled. If this dissertation is even half as good as Rocky thinks cheese is, I will deem this body of work a massive success.

# Contents

$\mathbf{A}$	bstract	i
A	cknowledgments	iv
Li	ist of Figures	V
Li	ist of Algorithms	vi
Li	ist of Tables	vii
Li	ist of Appendices	ix
$\mathbf{Li}$	ist of Abbreviations, Symbols, and Nomenclature	3
Pı	reface	X
1	Dissertating in RMarkdown + Bookdown: A preliminary guide 1.1 Prerequisites	1
2	Introduction	3
3	Methods	4
4	Results  4.1 This is the results section	7 9 10
5	Conclusions 5.1 Another results section	12 12
$\mathbf{R}_{\mathbf{c}}$	eferences	13

# List of Figures

4.1	Calories by sugars	(
4.2	A nice figure caption	8
5.1	Histogram of cholesterol	12

# List of Algorithms

# List of Tables

# List of Appendices

### List of Abbreviations, Symbols, and Nomenclature

You can define nomenclature from the text by using printnomenclature:

You can also manually specify them:

#### Terminology

CNR Contrast-to-noise ratio SNR Signal-to-noise ratio

#### Terms Introduced by this Thesis

 $\begin{array}{ll} \mathbb{ABC} & \mathbb{ABC} \\ \mathbb{DEF} & \mathbb{DEF} \end{array}$ 

### Preface

# Dissertating in RMarkdown + Bookdown: A preliminary guide

This tutorial was last updated: 25 April, 2019

This is a non-exhaustive guide to writing your dissertation using RMarkdown and Bookdown. Specifically, it will walk you through one method of organziing, writing, and rendering a dissertation with these tools, using an adapted version of the Western University thesis templates. This tutorial was written by me, Thea Knowles. At the time of writing, I am currently in the throes of dissertating. This means that there are likely several details I haven't quite hammered out yet, or techniques I've missed. In the last year and a half, I've been collecting other people's tutorials and resources on using RMarkdown + for the purposes of using it to write a dissertation. The final product is my interpretation of these resources, adapted to my needs, and presented here as a "What-I've-learned-so-far"-style tutorial.

### 1.1 Prerequisites

In order to use this tutorial, you need the following:

- R.
- RStudio
  - Recent versions of RStudio also include Pandoc, which is required to compile documents
- Latex for Mac or Windows (if you want to compile to PDF).
  - Alternatively, install TinyTex, the Latex distribution created and recommended by Yihui Xie, creator of RMarkdown and bookdown<sup>1</sup>.
- R packages:

 $<sup>^{1}</sup>$ TinyTex is probably the best way to go because Yihui always anticipates the problems we will run into, but I personally have not used it.

```
if(!require(devtools))
  install.packages("devtools", repos = "http://cran.rstudio.com")
install.packages("bookdown")
install.packages("knitr")
```

# Introduction

# Methods

### Results

### 4.1 This is the results section

NB: This is the exact same results section we used during our RMarkdown tutorial last year.

This section reads in the contents of helper.R. You can embed figures and tables directly in this section, or you can save them to another location. Every journal has slightly different requirements, so you may have to tweak your workflow depending on where you're submitting.

You can also cite your references from your .bib file using the bib key using the syntax [@bibkey] like this (Thompson and Arsel 2004)

### 4.1.1 Embedding a figure

We can embed figures just like we did in the summary document, by using R code chunks. We can also include extra information to include captions and to be able to cross reference them.

**Caution**: cross-referencing tables and figures is fairly straightfoward in RMarkdown when you're knitting to PDF and HTML outputs, but it's a lot more obnoxious in Word. To do that, we'll have to use a specialized output and another knitr package (bookdown). We'll visit that in a moment.

First, we'll just embed a plot. This is how you'll reference it, but it won't turn out nice in regular word output just yet.

See Figure 4.1 below.

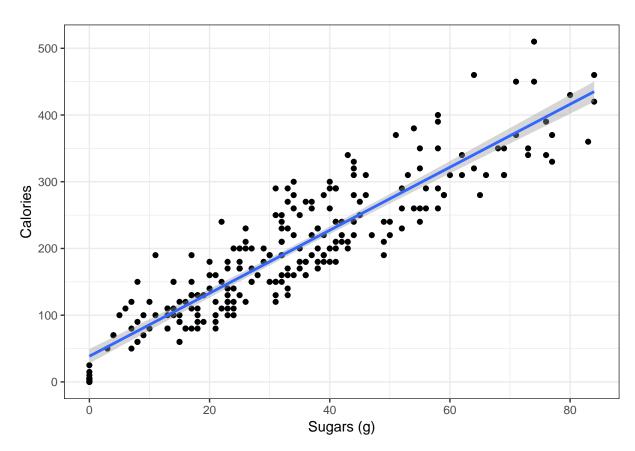


Figure 4.1: Calories by sugars

### 4.2 Cross referencing figures and tables

You can cross-reference figures and tables. This is a bit more complicated, but the benefit is that you don't have to remember which figure/table was in which position (especially helpful if you are adding/removing figs/tables during editing phase). You simply refer to the figure by its chunk label.

to the figure by its chunk label. Figure 4.2 is shown here. See Table 4.2. Calories and sugars for each beverage. Beverage\_category cals sug Classic Espresso Drinks 144.91 17.6 Coffee 4.25 0.0 Frappuccino Blended Coffee 276.94 57.1 Frappuccino BlendedCreme 233.08 48.5 Frappuccino Light Blended Coffee 162.50 32.4 Shaken Iced Beverages 114.44 26.0

Signature Espresso Drinks

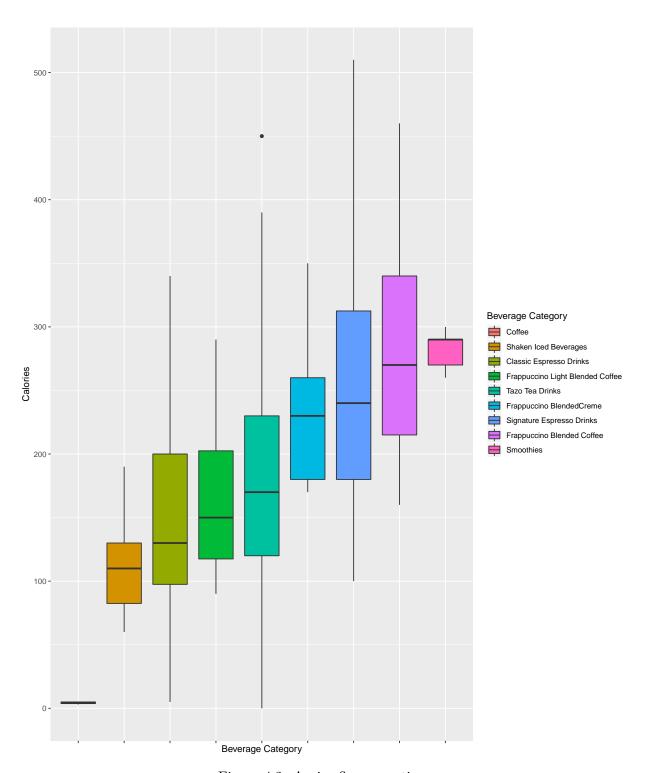


Figure 4.2: A nice figure caption

250.00

38.6

Smoothies

282.22

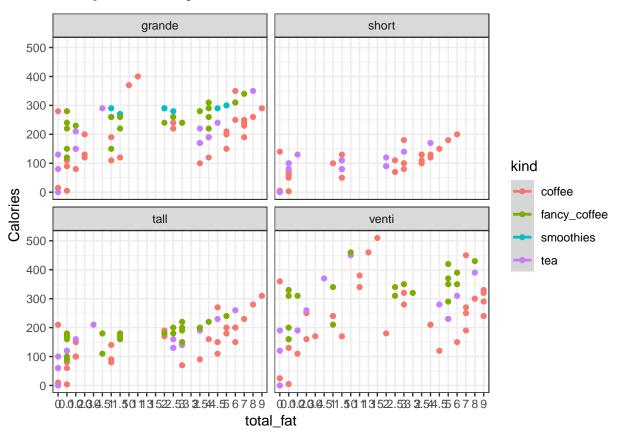
36.8

Tazo Tea Drinks

177.31

30.3

We can also just redo the plot



### 4.2.1 Using inline R code to refer to values in tables

Here I will include a little extra embedded R code to clean up our model results, but I won't include this code to be shown. In the next paragraph, I'll refer directly to the contents of my model output using in-line R code. For this, we don't use embedded chunks, but rather the syntax 'r someCodeHere '. See the next paragraph in the results.Rmd file for an example.

Sugars demonstrated a significant main effect on the calorie content of starbucks beverages (estimate = 4.721, t = 33.311, p = 0).

Notice that our small p-value shows up as 0, when it really should show up as <0.001. I'm going to include another chunk that cleans up the p-value column. Caution: This code is pretty wordy.

Now I'll refer to the same p-value as before, using almost the same inline R code as I did previously. One main difference now, though, is that we've converted the contents of the table to character variables (i.e., they're no longer numeric). We did our rounding in the code above, so I no longer have to round in the inline code.

As previously stated, sugars demonstrated a significant main effect on the calorie content of starbucks beverages (estimate = 4.721, t = 33.311, p = <0.001).

#### 4.2.2 Printing a table

Here I will reference a table.

This is the caption for my model coefficients table.

Estimate

Std. Error

t value

 $\Pr(>|t|)$ 

(Intercept)

38.518

5.464

7.049

< 0.001

sugars

4.721

0.142

33.311

< 0.001

#### Other stuff

- How do we change the row names?
- if p < 0.001, can we write it out that way?

### 4.3 You can save plots

Some journals require that you upload figures and tables separately. In this case, it may not make sense to have them print to the document output. The following code will allow you to save an image (default is the working directory) but it won't be included in the document.

```
jpeg("images/pressure.jpg")
plot(pressure)
dev.off()

## RStudioGD
## 2
```

You could, for example, make a subdirectory called "figures", and include that in the path.

### Conclusions

### 5.1 Another results section

This is some text! I am going to call a value from helper.R. The mean of *cholesterol* level in Starbucks drinks is 36.279

### Histogram of starbucks\$cholesterol

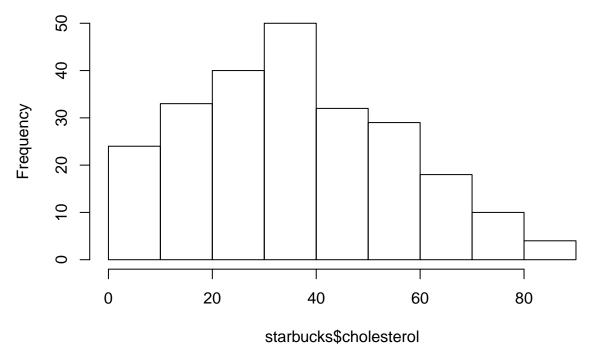


Figure 5.1: Histogram of cholesterol

## References

Thompson, Craig J, and Zeynep Arsel. 2004. "The Starbucks Brandscape and Consumers' (anticorporate) Experiences of Glocalization." *Journal of Consumer Research* 31 (3): 631–42.