

causal mechanism or causal pathway

- overburdens one's brain (??)
- mentally unhealthy—wears you down
- unnatural: evol made humans and other animals to live in nature, not in concrete, asphalt, etc
- visual stimulation and comparison (?), conspicuous consumption (??) and resulting relative deprivation (?)
- may intensify materialistic/consumerist orientation, and make us more stressed and overworked
- humans would not be that way outside of the city