## Mains Served 11-5pm

Pork Goulash Served with mash potato and seasonal veg	9.95
Ratatouille Served with mash potato (v)	8.45
Pie of the Day Served with mash potato and seasonal veg	9.95
Please see chalk board for daily specials	
Salads Served 11-5pm	
Chicken and Chorizo Chicken, chorizo, lemon and herb dressing, crouton	8.45
Goats Cheese Walnuts, cucumber, honey mustard dressing, crouton (v)	8.45
Crayfish Cucumber, watercress, lemon & herb dressing, crouton	8.45
Mackerel Cucumber, sweet teriyaki dressing, crouton	8.45
Avocado & Mozzarella Rocket, pine nuts, roast pepper & walnut dressing, crouton (v)	8.45
Side Salads Served 11-5pm	
House Salad Tomato, red onion, cucumber, house dressing (v)	3.95



Day Menu



## Breakfast Served til 3pm

Toast White / granary / tea cake / bagel / crumpet	1.75
Jam / marmalade / peanut butter / choc spread	50p
Porridge Served with honey or compote (v)	3.95
Full English Sausage, bacon, mushrooms, poached eggs, house beans, roast tomatoes, toast	7.45
Veg English House veg sausage, beetroot cake, mushrooms, poached eggs, beans, roast tomatoes, toast (v)	7.45
Eggs Benedict Poached eggs, hollandaise, bacon, capers, muffin	6.45
Eggs Royale Poached eggs, hollandaise, smoked salmon, capers, muffin	6.45
Eggs Florentine Poached eggs, hollandaise, spinach, pine nuts, muffin (v)	6.45
Scrambled Eggs on Bagel (v) With Smoked Salmon With Bacon / Sausage	4.95 5.95 5.95
Rarebit Local ale rarebit, toast (v)	4.45
Breakfast Butty Bacon / sausage/ veg sausage (v)	4.45

<sup>\*</sup> allergy information: ask a member of staff

## Sandwiches Served 11-5pm

Served on ciabatta with salad and crisps	
Hot Beef	6.95
Cheddar, charred onions mustard mayo, gherkin	
Crayfish	6.95
Lemon mayo, cucumber, watercress	
Chicken Pesto	6.45
Pesto mayo. roast peppers, spinach	
Goats Cheese	6.45
Walnuts, leaves, red onion marmalade (v)	- 0-
Hummus Grated carrot, pine nuts, watercress, cucumber (vegan)	5.95
	5.95
Olive Tapenade Buffalo mozzarella, tomato, spinach (v)	5.95
Soup Served 11-5pm	
Made daily, see soup board	4.45
Nibbles Served 11-5pm	
Olives (vegan)	2.95
Disc	
Dips Served with salad and crostini	
Hummus (vegan)	4.95
Avocado & Goats Cheese (v)	4.95
Mackerel Pate	4.95
Olive Tapenade (vegan)	4.95
Roast Aubergine, Walnut & Pomegranate (vegan)	4.95
Mezze	10.95
Any 3 dips, olives, salad, crostini	
Garlic Mushroom Crostini	4.95
Served with side salad (v)	1.55
Tomato, Ricotta & Roast Garlic Crostini	4.95
Served with side salad (v)	