Worksheet 1.

Getting Started Creating your own Astrological Key

Once you've cast your chart, fill out this worksheet to create your own personal astrological cheat sheet.

Once complete, you should know what sign, house, element and mode each of the important energies are within your chart.

Having all your astrological data in one place gives you a handy reference to use as you work through the book and deepen your understanding of your chart.

My Sun is in (sign)	My Moon is in (sign)
in the house	e. in the house.
In (sign) m	y In (sign) my
Sun is fuelled by (see Keywords of The signs in Part I Getting Started on page xx)	Moon is fuelled by (see Keywords of The signs in Part I Getting Started on page xx)
wa	/way.
In the (house), this nuance might be most obvious in a particular area of my life, especially (see Key themes in The Houses in Part I on page xxx)	In the (house), this nuance might be most obvious in a particular area of my life, especially (see Key themes in The Houses in Part I on page xxx)
	_
	·
Its element is and it	s Its element is and its
mode is	. mode is
My Ascendant is in (sign)	AS
Its element is	and its mode is

THE ASTROLOGY OF YOU

WORKSHEETS

My Mercury is in (sign)	Ϋ́	My Venus is in (sign)
in the	house.	in the house.
In (sign) my Mercury approaches information and communication in a (see Keywords of The Single Part I Getting Started on page xx)		In (sign) my Venus approaches information and communication in a (see Keywords of The Signs in Part I Getting Started on page xx)
		way.
In the (house) this nuance might be most obvious in a part area of my life, especially (see Key themes in Houses in Part I on page xxx)	icular n The	In the (house), this nuance might be most obvious in a particular area of my life, especially (see Key themes in The Houses in Part I on page xxx)
Its element is	·	Its element is and its
mode is		mode is
My <i>Mar</i> s is in (sign)		
	in the	house.
In (sign) (see Keywords of The Signs in <i>Part I Gettin</i> g		s approaches information and communication in a page xx)
	, this nua	ance might be most obvious in a particular area of my n page xxx)
Its element is		·································

It y Jupiter is in (sign) It house. It the	My Saturn is in (sign) in the house.
the house.	
	In (sign)
yJupiter approaches information and	my Saturn approaches information and
ommunication in a (see Keywords of The Signs in	communication in a (see Keywords of The Signs in
art I Getting Started on page xx)	Part I Getting Started on page xx)
way.	way.
the (house),	In the (house),
nis nuance might be most obvious in a particular	this nuance might be most obvious in a particular
rea of my life, especially (see Key themes in The	area of my life, especially (see Key themes in The
ouses in Part I on page xxx)	Houses in Part I on page xxx)
·································	
s element is and its	Its element is and its
ode is	mode is
My <i>Uranus</i> is in (sign));(
in th	e house.
ı (sign) my Urar	
see Keywords of The Signs in Part I Getting Started on	page xx)
	way.
the (have)	and the second alors to a second and a second
the (house), this nua e, especially (see Key themes in The Houses in Part I or	
e, especially (see ney themes in the flouses in Falt Fol	· page ////

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Its element is _____ and its mode is _____.

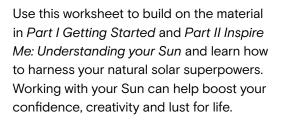
My Neptune is in (sign)	Ψ	My Pluto is in (sign)	Ŷ
in the		in the	
In (sign)my Neptune approaches information and communication in a (see Keywords of The Part I Getting Started on page xx)		In (sign) my Pluto approaches information communication in a (see Keyword Part I Getting Started on page xx)	and s of The Signs in
	way.		way.
In the (house) this nuance might be most obvious in a paarea of my life, especially (see Key themes Houses in Part I on page xxx)	rticular	In the (house) this nuance might be most obviou area of my life, especially (see Key Houses in Part I on page xxx)	s in a particular themes in The
Its element is	and its	Its element is	and its
mode is	·	mode is	·
My South Mode is in (sign)			Ω
Its element is		and its mode is	
My North Mode is in (sign)			్ర
	in the		house.
Its element is	a	and its mode is	·

Your elements and modes

Tally up how many planets you have in each element and mode to discover your elemental and modal signatures and gain clarity around your natural gifts and affinities.

I have planets in Fire signs.	\triangle	I have Cardinal planets.	\wedge
I have planets in <i>Earth</i> signs.	\forall	I have Fixed planets.	_
I have planets in Air signs.	\triangle	I have Mutable planets.	$\widehat{}$
I have planets in <i>Water</i> signs.	\bigvee		
My dominant element is which means I am naturally gifted with (see Elements in Part I Getting Started on page	The	My dominant mode iswhich means I can assume the role of (see The Modes in Part I on page xx)	
		and have a natural affinity for	
	·		

Worksheet 2. Working with your sun





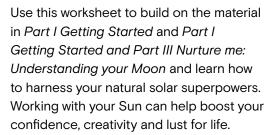
My Sun is in (sign)	My Sun's elemental quality is
which is naturally (see Keywords of The Signs in Part I Getting Started on page xx)	which means I'm effortlessly attuned to (see The Elements in Part I on page xx)
way.	
The Sun in (sign) means I am lit up by experiences and environments where I (see Part II Inspire me: Understanding your Sun on page xx)	
	·
	Its mode is
A since where I felt lit we love this kind of	which gives me an inherent capacity to (see The Modes in Part I on page xx)
A time when I felt lit up by this kind of experience was	
·	··································

These strengths are evident in my natural ability to	which means I derive energy from (see The Sun through the Houses in Part II Inspire me: Understanding your Sun on page xx)
I can use these gifts in my everyday life more	
often by	I see this alive in my own life when I
My Sun is in the house which is synonymous with (see The Houses in Part I Getting Started on page xx)	On reflection, I can see that I am playing to my Sun's strengths when I

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One
Sun

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		n to help	strengthen	my
		n to help	strengthen	
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One habit I dun would b		n to help	strengthen	
		n to help	strengthen	
		n to help	strengthen	

Worksheet 3. Working with your moon



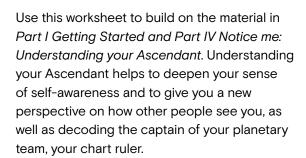
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My Moon is in (sign)	My Moon needs (see <i>Relationship needs in</i> Part III on page xx) to feel safe and loved
which is naturally (see Keywords of The Signs in Part I on page xx)	
The Moon in (sign)	
I am nourished by relationships where I feel (see Part III on page xx)	
	A potential trigger or challenge in relationships is (see Greatest fear and Relationship roadblocks in Part III on page xx)
	··································
	My Moon's elemental quality is
A time when I have experienced this kind of love is	which means I'm naturally sensitive to (see The Elements in Part I on page xx)
·	

Its mode is	I honour this need in my own life when I
which gives me an inherent capacity to (see The Modes in Part I on page xx)	
(see the Modes in Part Fort page xx)	
	On reflection, I can see that I am supporting my
	Moon in relationships when I ask for
These strengths are evident in my relationship with	
·	
	I could improve my relationships by integrating
My Moon is in the	more opportunities to (see Deepen your bond
house which is synonymous with	in Part III on page xx)
(see The Houses in Part I on page xx)	
(coo me nouses in rail to it page m)	
	An emotional habit I could work on healing to
	support my Moon is
which means I am nourished by experiences in the	
realm of (see The Moon Through The Houses in	
Part III on page xx)	
	I .

Worksheet 4.

Working with your ascendant and chart ruler





My chart ruler is (planet) (see <i>Finding Your</i> Chart Ruler in Part IV on page xx)	When I embrace these kinds of experiences I feel
· -	
in (sign)	
With (planet) as	
my chart ruler in (sign),	
I move through the world with a sense of (see Job	
description of The Planets in Part I Getting Started on page xx and Keywords of The Signs in Part I on	
page xx)	
	My Ascendant is in (sign)
	which bestows me with a natural gift for (see Keywords of The Signs in Part I on page xx)
	The Ascendant in (sign)
My chart ruler is located in the house	means other people see me as (see How Other People See You in <i>Part IV Notice Me:</i>
which means I may be drawn to experiences that (see Your Chart Ruler Through The Houses in <i>Part</i>	Understanding your Ascendant on page xx)
IV Notice Me: Understanding your Ascendant on	
page xx)	
·	

A time when I have been told I come across this way is	A time or environment when these external qualities have worked to my advantage was
	A time when I didn't realise these effortless qualities may have triggered others was
When I am described like this, I feel	
	My Ascendant's elemental quality is
I can see how I might come across this way when I	which means I naturally appear to be (see The Elements in Part I on page xx)
I feel surprised/unsurprised (circle one) that I give other people this impression when internally I feel	Its mode is which gives me a natural ability to (see The Modes in Part I on page xx)

These strengths are evident in how I approach	A physical activity I could try to strengthen my Ascendant is
Qualities of my Ascendant I haven't recognised or prioritised in myself are	A social activity that would play to my Ascendant strengths is
Five qualities that make my Ascendant sign truly special are 1	A habit I could ditch to help strengthen my Ascendant is
2	
3	
4	
5	
I can showcase these qualities more often by leaning into experiences that	

Worksheet 5.

Working with your north and south nodes

Use this worksheet to build on the material in *Part I Getting Started* and *Part V Teach Me: Understanding your Nodes*. Understanding your Nodes will help you get to know your karmic energy and clarify what soul lessons you've come here to master during this lifetime.

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My North and South Node share an energetic axis focused on (see Energetic Axis in Part V on page xx)	This karmic pattern manifests in my own life as
	I notice myself return to this old way of being when
in (house) which means I carry karmic energy that (see Major life lessons in Part V on page xx)	
	When I behave this way, things tend to turn out
·	

One positive aspect of this karmic baggage is	My North Node mantra is (see Mindful mantras in Part V on page xx)
·	
I can integrate this strength by	When I have explored this energy in the past I have felt
My North Node is in (sign	
in thehouse which means I have come here to master the	When I have explored this energy in the past things tend to turn out
art of (see Keywords in Part V on page xx)	
·	·

Qualities of my North Node that feel totally foreign are (see Keywords in Part V on page xx)	The South Node response to a wellbeing worry I have is
The South Node response to a relationship worry I have is	The North Node response to a relationship worry I have is
·	
The South Node response to a work worry I have is	The North Node response to a work worry I have is
·	

A ners	on who embodies the qualities of my North
Node i	
Three	small ways I could start to experiment with
	g into my North Node in my everyday life ar
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