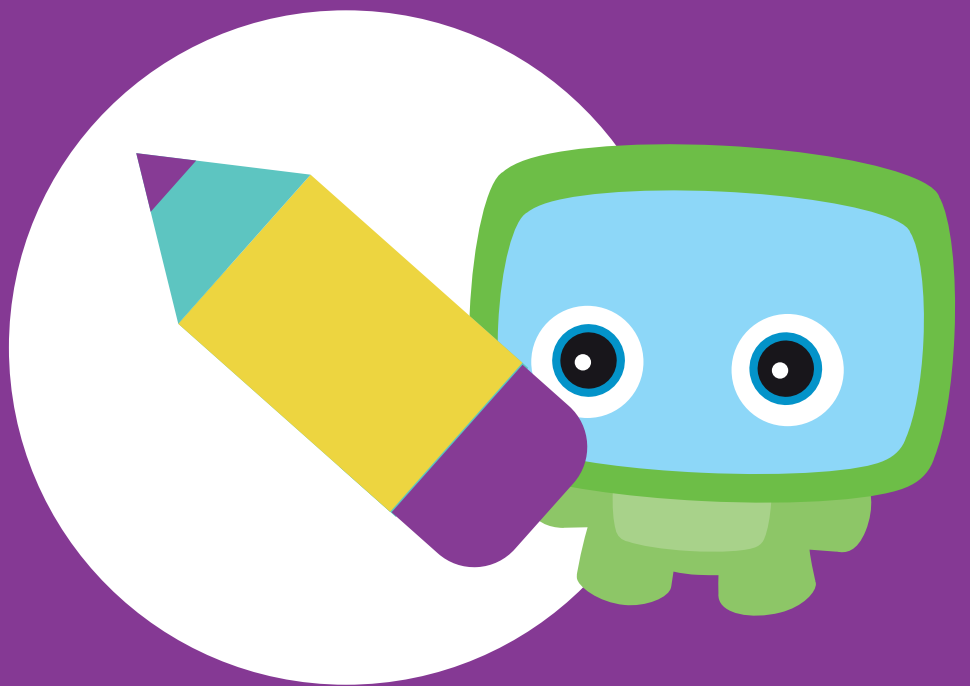


WHO IS RESPONSIBLE?

Lesson Plan

KS₃/4



Who is responsible?

For Anti-Bullying Week this year, BeatBullying wants you to **band together** to make bullying unacceptable. We want young people and professionals to understand that tackling bullying is everyone's responsibility. Our series of resources have been created to help your students understand both the difference they can make as an individual, and the power of taking a stand collectively.

This lesson plan is designed for Key Stage 3 and 4 students, and has been created to help you encourage your pupils to explore the differences between positive and negative group behaviour. The lesson will also help your pupils to understand the huge impact that they can achieve by banding together, as well as the power that they, as individuals, have to set an example - to speak out and take a stand against bullying.

National Curriculum links:

- **Section 1.2:** Rights and Responsibilities - exploring rights and obligations and taking responsibility for actions.
- **Section 2.1:** Critical thinking and enquiry. Students will be encouraged to look at different viewpoints and reflect on their own opinions through discussion and what they learn about responsibilities.
- **Section 2.3:** Taking informed and responsible action.

Resources:

- Starter images
- Scenario packs

Objectives:

- To know how to intervene in a bullying situation
- To understand that there are a variety of people who can help if you are being bullied
- To be able to debate who is responsible for dealing with bullying.

Key words:

- Responsibility
- Intervening
- Bystander



Beat Bullying

DO NOW: 3 MINS

On the board write the following statement:

“The answer is help - what is the question?”

As you take the register ask them to answer their name with their question. You may want to appoint a scribe to write the key phrases and words that come up in a number of answers.

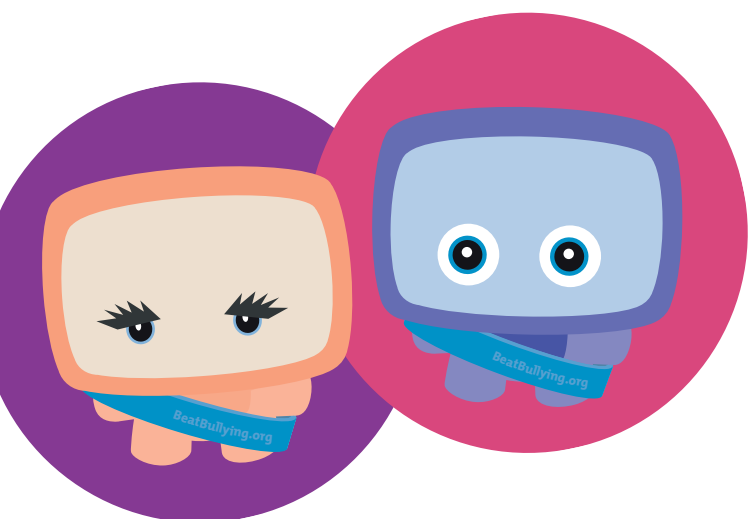
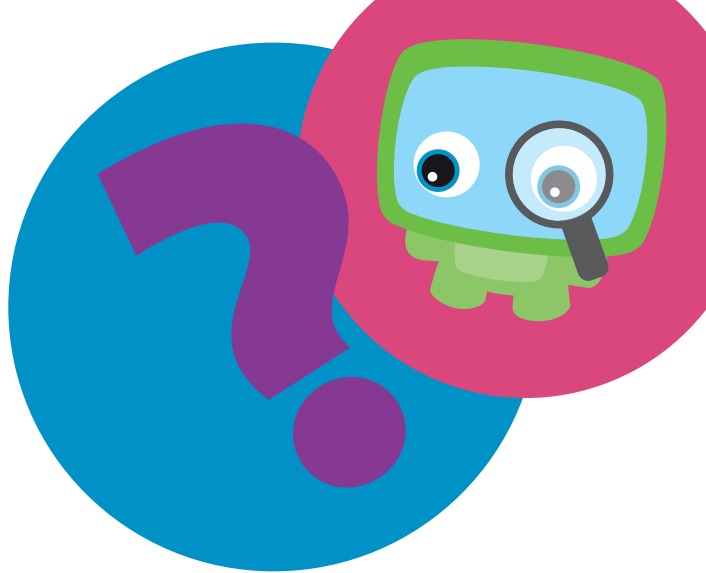
STARTER: 7 MINS

Show the pictures in resource 1 on the board. Ask the class what they have in common.

Key ideas to draw out:

- They are a team
- There is a leader
- Sometimes the leader is more obvious than other times
- There is a hierarchy
- They have varying degrees of responsibility
- They are trying to achieve something together
- They protect each other

Explain that as part of Anti-Bullying Week we are asking students, teachers, parents and the local community to band together against bullying. This lesson is designed to help them think about how they fit into that and what they and other people can do to help beat bullying.



MAIN ACTIVITY - 40 MINS

5 mins - setting it up

Split the class into three groups with about 10 students in each group. If your class is a lot smaller you may want to have two larger groups.

Give each group a scenario pack. In each pack they will find 10 character cards and each one has a description of the character. They also have a "Setting the Scene" card. As a group they need to read the "Setting the Scene" card and make sure that everyone understands it. They then need to put together an idea for a 3-5 minute play which demonstrates the scenario on the card. As well as this everyone will have a character card that gives them one sentence which shows how they fit into the situation. It is their task to put themselves in the shoes of that character and think about what they would do in this scenario and how they would act. Emphasise that they don't need to write down a whole script but have a clear idea of what happens when so that they can improvise.

*You will need to prepare these packs beforehand from the resources section of this lesson plan.

10 mins - preparation

While they are preparing, circulate amongst the students and check they are all comfortable - they are going to perform their scene to the rest of the class and it is really important they try their best. You might also want to think about whether you want to move the tables to make the scene more realistic and make it easier for them to perform.

After 10 minutes stop the preparation and choose which group will go first. The rest of the class needs to sit facing the front so they are able to see the whole play.



20 mins - performances

As the players set up, explain that the rest of the class have a really important job: they need to observe for opportunities where someone could make a difference; help or intervene with the situation they're watching. If they see something which they think is a missed opportunity they need to shout "FREEZE".

When they freeze it they need to feedback:

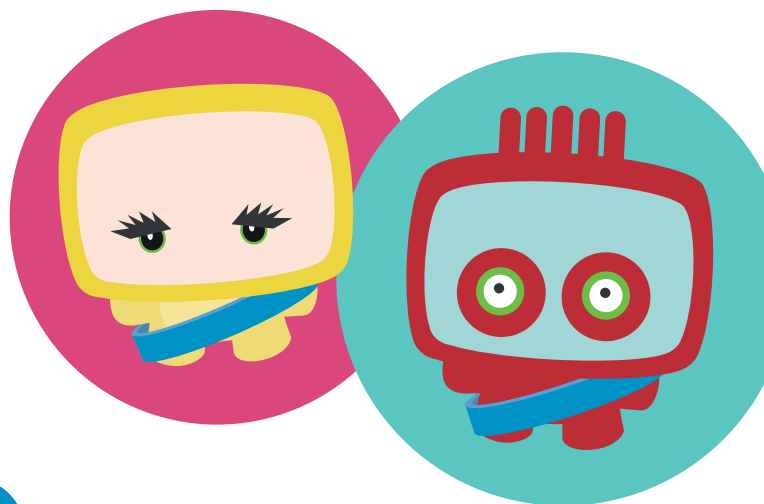
- Who they think should intervene?
- What they should do?
- When they should do it?

Do this for each of the three scenarios.

One of the main ideas you are trying to draw out are that there are a lot of people in each scenario who could help or intervene. A key thing to reiterate is the idea of being a bystander: while the bullying behaviour may be coming from a few people, everyone who witnesses it and does nothing is making a choice and creating an environment where bullying is acceptable. If the students haven't come up with this idea explain the concept again and ask them who thought their character was a "bystander" and why.

It is also important to emphasise that intervening in bullying does not necessarily mean putting yourself into the middle of a bullying situation. For example, if it is physical this might be dangerous. Also, a lot of people don't have the confidence to directly challenge the person bullying - in these situations encourage them to think who they could speak to to intervene at the time (teachers, prefects, bus driver) or later (their form tutor, parents, the person being bullied etc).

The final thing to draw out is that there are lots of things people can do to beat bullying - intervene directly by challenging the behaviour by, for example, inviting the person being bullied to spend time with them instead, tell an adult about what's happening, band together by wearing a BeatBullying wristband to show that you think bullying is unacceptable.



5 mins - feedback

When you have seen all of the scenarios, gather the group around and summarise all of the ideas that they have come up with under these two headings:

- Who could help or intervene if you are being bullied?
- What they should do to help the person being bullied?

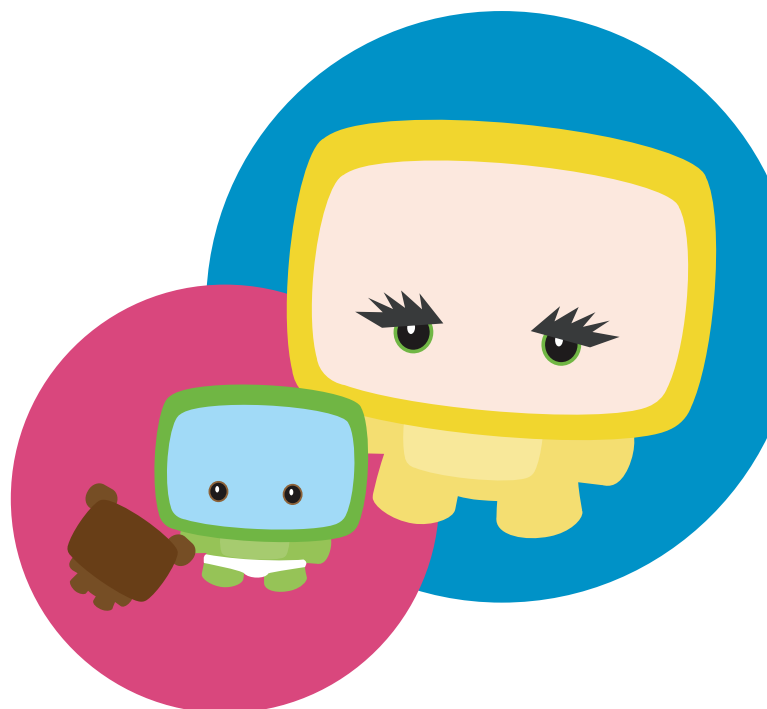
This is a good opportunity to refer to your anti-bullying policy and make sure that all students know who is responsible in the school for tackling bullying.

Plenary - 10 mins

On the board, ask everyone to write the name of someone who can help them to beat bullying or who can intervene if they are being bullied; these can be people who were in the scenarios or other ideas they have. Get them to write it in large letters! Once they have all done it, take a picture and tweet it to us @BeatBullying! Don't forget to add "We Are #Banding Together to BeatBullying".

For example:

- Students
- Friends
- Teachers
- Parents
- Governors
- Celebrities
- MPs
- Local citizens



RESOURCE 1: STARTER



Beat Bullying



Resources



SETTING THE SCENE CARD - PACK 1

Where? The school bus.

Who? A mixture of yr7-yr11 pupils, and the driver.

What's it like? Busy, loud and excitable. Lots of people get the same bus every day from school as it is the only one which goes to the next village. Sam has been getting the bus for the past year since his parents moved. On his first day he fell out with Charlene and she has never forgiven him. Charlene and her friends get bored so they wind Sam up. None of Sam's best friends get the bus so he normally sits on his own. Everyone knows Charlene can go too far but no one is brave enough, or can be bothered, to challenge her.



SETTING THE SCENE CARD - PACK 2

Where? The corridor.

Who? A mixture of yr7-yr11 pupils, teachers, the headteacher, prefect.

What's it like? Lots of people rushing around to their next lesson. There are a couple of teachers on duty but they have a lot on their plate. The headteacher does a lap of the school every break time to make sure everyone is behaving themselves. Because of everything that is going on it is easy not to notice bullying behaviour. Janey is a goth - people in her year pick on her because of her appearance and say nasty things to her. Sometimes they try to smudge her makeup or draw on her. Janey doesn't know what to do so she tries to isolate herself so no one will see her.



SETTING THE SCENE CARD - PACK 3

Where? The classroom.

Who? Pupils and their teacher.

What's it like? This teacher is really strict and doesn't tolerate much talking, she expects people to get on with their work and not cause much of a fuss. If she sees anyone behaving badly there will be massive consequences. Despite this, Kai has been being bullied in this class for over a month. It's a big group and he sits near the back so it is easy for it to go unnoticed. Sometimes nothing happens but sometimes they throw things at him, send nasty messages to his phone or whisper about him.

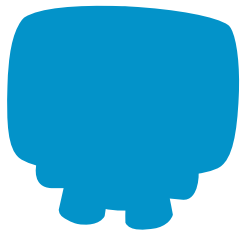


Beat Bullying

SCENARIO CARDS PACK 1

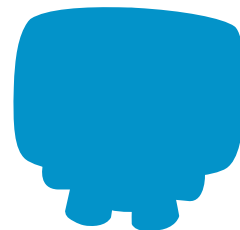
Essential characters:

CHARACTER 2



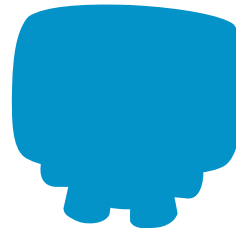
You are Sam and you are being bullied

CHARACTER 1



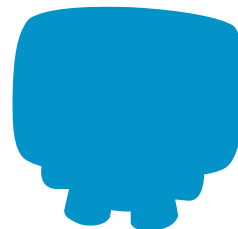
You are Charlene and you are leading the bullying

CHARACTER 3



You are the bus driver

CHARACTER 4



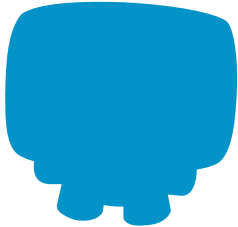
You are in Sam's class and you think he's a nice guy

Other characters:

Beat Bullying

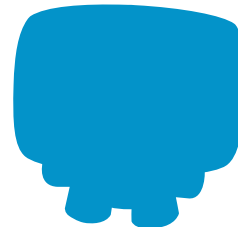


CHARACTER 5



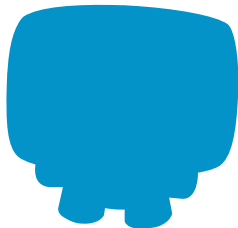
You are Charlene's friend and you think it is all a big joke

CHARACTER 6



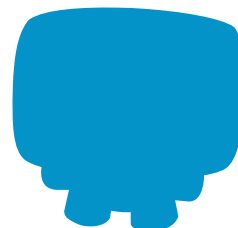
You are the year above Sam and Charlene and have noticed the bullying for a while

CHARACTER 7



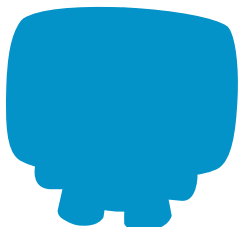
You don't like Charlene and she scares you

CHARACTER 8



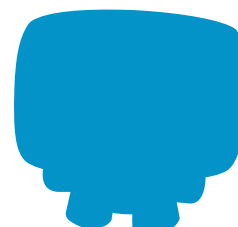
You play football with Sam - he's really good

CHARACTER 9



You are Charlene's big sister and you think she needs to sort out her behaviour

CHARACTER 10



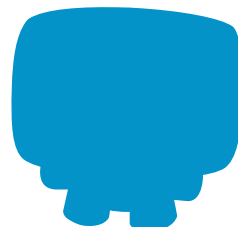
You used to be bullied and know how horrible it can be

Beat Bullying

SCENARIO CARDS PACK 2

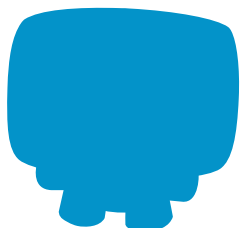
Essential characters:

CHARACTER 1



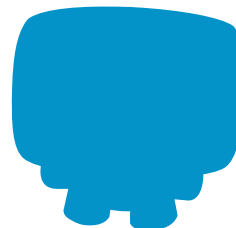
You are Janey and you are being bullied

CHARACTER 2



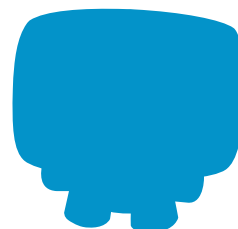
You are one of the people bullying Janey

CHARACTER 3



You are the teacher on duty

CHARACTER 4

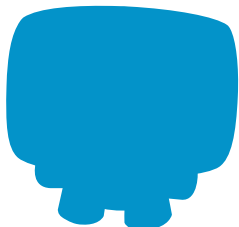


You are a prefect and you like it because it means you are popular

Other characters:

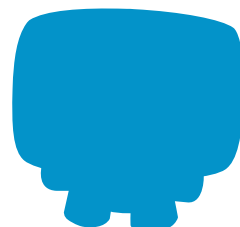


CHARACTER 5



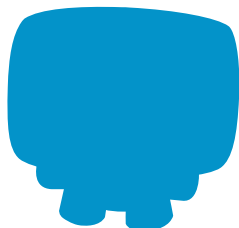
You get involved with the bullying when you get bored

CHARACTER 6



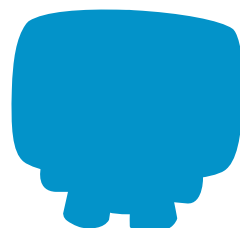
You are lonely so sometimes you bully Janey so you can be involved

CHARACTER 7



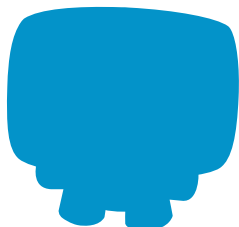
You are a teacher on the way to your next lesson

CHARACTER 8



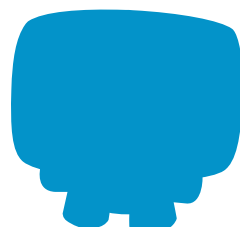
You are the headteacher and everyone is scared of you

CHARACTER 9



You were best friends with Janey at primary school but you have lost touch

CHARACTER 10



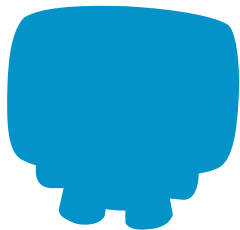
You are in year 11 and you have a lot of coursework due

Beat Bullying

SCENARIO CARDS PACK 3

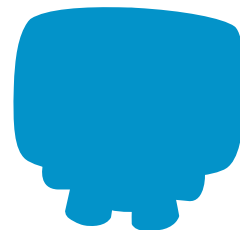
Essential characters:

CHARACTER 2



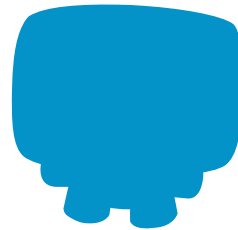
You are one of the people bullying Kai

CHARACTER 1



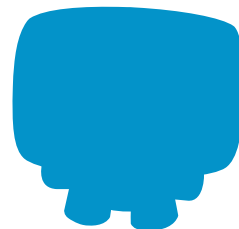
You are Kai and you are being bullied

CHARACTER 3



You are the teacher

CHARACTER 4



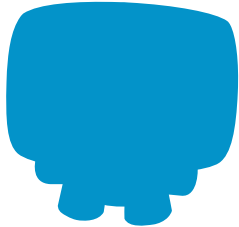
You sit next to Kai and you can see how upset he is by the bullying

Other characters:

Beat Bullying

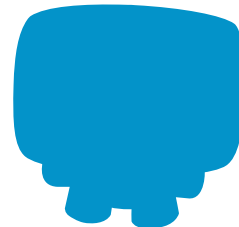


CHARACTER 5



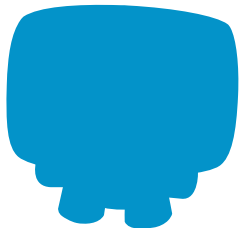
You get involved with the bullying when you get bored

CHARACTER 6



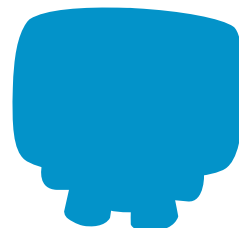
You just want to do your work and you wish everyone would just be quiet

CHARACTER 7



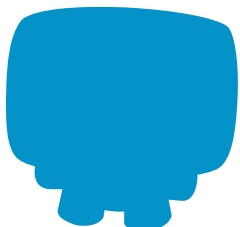
You are Kai's friend and you sit at the front. He's not said anything but you know something is wrong

CHARACTER 8



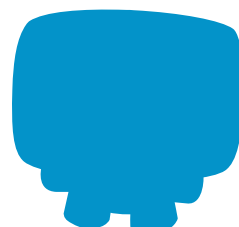
You think the bullying is funny but you don't want to get into trouble

CHARACTER 9



You have tried to stand up for Kai before but he has told you to leave it because you'll make it worse

CHARACTER 10



You live next door to Kai and your parents are friends