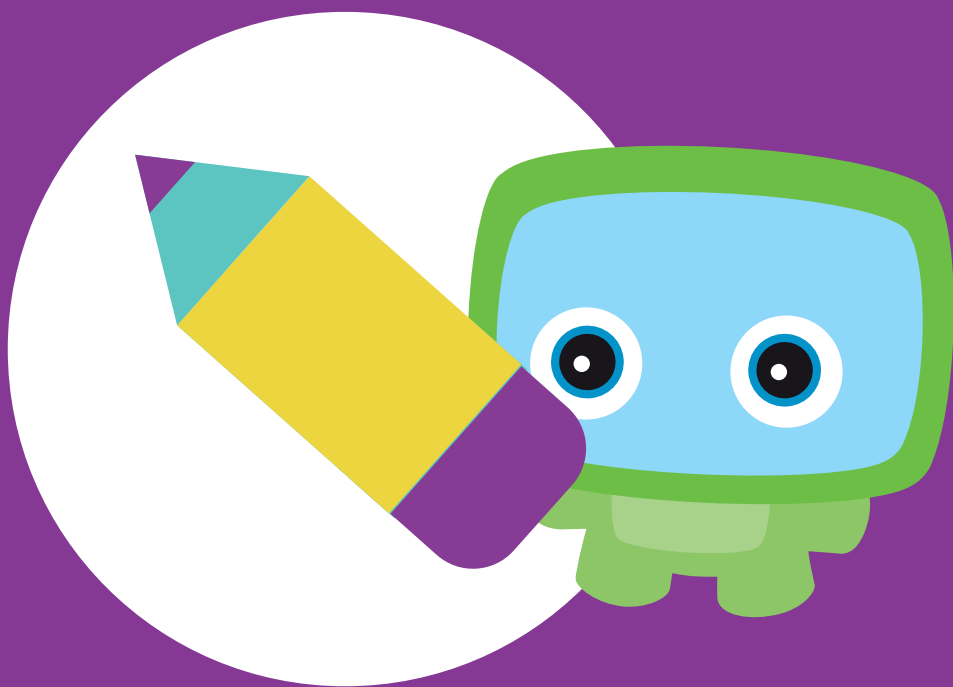


Lesson Plan

KS1/2





The Power of the Group

For Anti-Bullying Week this year, BeatBullying wants you to **band together** to make bullying unacceptable. We want young people and professionals to understand that tackling bullying is everyone's responsibility. Our series of resources have been created to help your students understand both the difference they can make as an individual, and the power of taking a stand collectively.

This lesson plan is designed for Key Stage 1 and 2 students, and has been created to help you encourage your pupils to explore the differences between positive and negative group behaviour. The lesson will help your pupils to understand the huge impact that they can achieve by working together, as well as the power that they, as individuals, have to set an example - to speak out and take a stand against bullying.

National Curriculum Links:

- PSHE/Citizenship KS1/2
- Developing confidence and responsibility and making the most of their abilities
- Preparing to play an active role as citizens
- Developing good relationships and respecting the differences between people.

Speaking, Listening, Group Discussion KS1/2

- The pupils will engage as a group and listen to ideas from others.
They will also all be encouraged to be involved and share opinions.

Objectives / Aims

1. To know that I have responsibilities
2. To understand that what I do can be both positive and negative
3. To be able to write a charter that helps us to band together against bullying

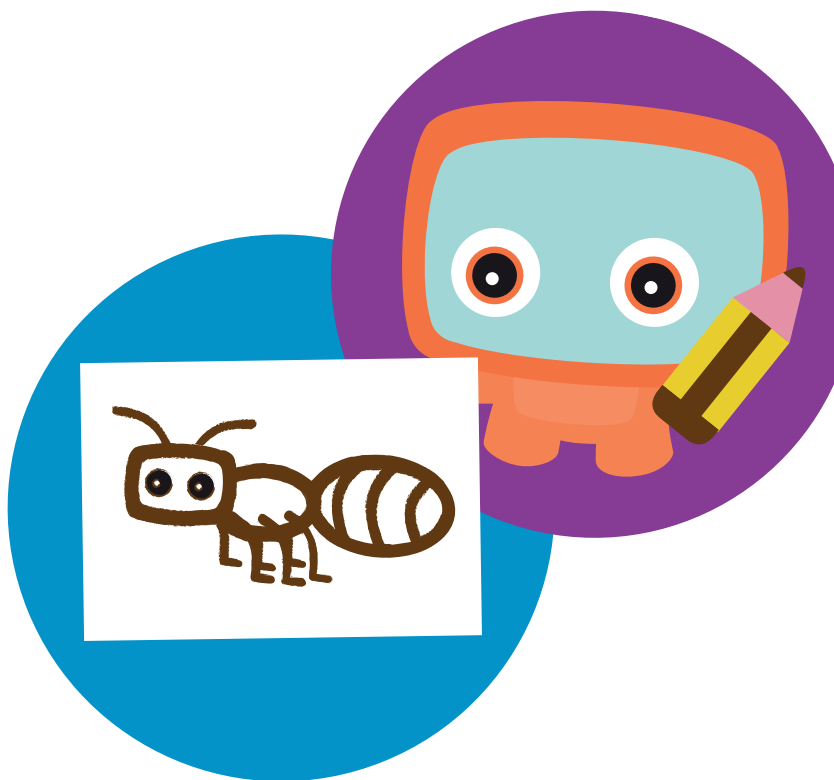
Beat Bullying

Key words:

- Responsibility
- Positive
- Negative
- Unacceptable
- Charter
- Peer-pressure

Resources:

- Pens
- Paper
- YouTube
- Picture of an ant



DO NOW (5 MINS)

Project/stick a picture of an ant on the board as the students arrive. Ask the students to think of the first word that comes to mind when they look at it, and to write it down. When you take the register, ask them to shout their word out.

Addition for KS2

Ask the pupils to write down on a small piece of paper what the phrase 'power of the group' means to them; giving them a few minutes to think about it, and assure them that it doesn't matter if they aren't sure. This is simply a way to gauge the initial understanding of what is meant by working together.

Beat Bullying

STARTER (10 MINS)

Show the class this video <http://www.youtube.com/watch?v=jop2I5u2F3U>

Ask the students:

- What animals were in the video?
- What different ways did the animals work together to achieve their goal?
- How do we work together in class?
- How do we not help each other?

Key points to bring up are:

- They unite together for a positive outcome
- It is easier to make a difference when uniting everyone's individual strengths
- Link this to peer pressure and how we can support those who need help.

MAIN ACTIVITIES (40 MINS)

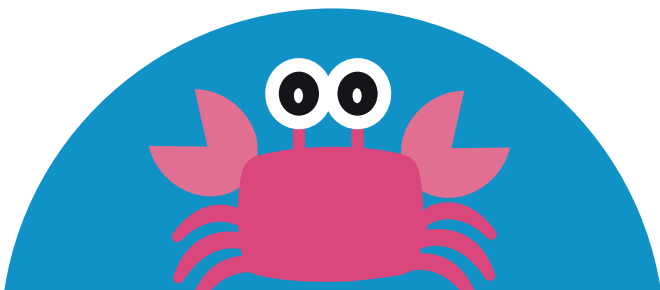
Discussion (15 mins)

Extend the discussion by asking the group to think about what would happen if the story had been the other way around i.e. a group of seagulls attacking one crab:

- How would the crab feel?
- How would the seagulls feel?
- Would it be different for a seagull at the front attacking the crab and a seagull at the back just squawking encouragement?

Now link the discussion to them:

- How does this link to peer pressure?
- Have you seen a similar situation in the playground?
- What did you do?



Beat Bullying

Group work (15 mins)

Now split the class into small groups to come up with a list of rules/actions for their own class to do to keep each other safe and make their own 'Banding together to beat bullying' charter. Explain that this can include things which are already in place and which they would like to set up to make bullying unacceptable in their school, for example: setting up a safe space where teachers and mentors will be able to help; which member of staff is responsible for dealing with bullying; ideas on how to solve disputes; tips on how to treat each other; and encouragement about speaking up about what you think is right. Ask the class to share, agree, and write these up on the **'We're banding together to beat bullying!'** class charter template.

Creative work (10 mins)

Give each pupil an action or responsibility to write up and decorate. Encourage them to use bright colours and patterns so these important agreements will always stand out!

PLENARY (5 MINS)

Challenge each child to choose one action or responsibility to practice for this week. In doing this they should also make time to speak to other pupils from across the school about this responsibility. This allows them to take ownership and encourage the banding together of others. Ask them to shout these out one-by-one as they leave the room.

