



.....You Found It!

131 North I Street  
Lompoc, CA 93436  
805-430-8641

LIVE MUSIC  
FRIDAY  
NIGHTS @  
7:00pm

### SANDWICHES

*SERVED ON A FRENCH BAGUETTE & INCLUDES CHIPS / ADD POTATO SALAD FOR \$1.00*

#### **PASTRAMI - \$11.00**

Pastrami, Swiss Cheese, Ground Mustard, Spring Mix & Sprouts

#### **TRI-TIP FRENCH DIP - \$11.00**

Tri-Tip, Caramelized Onions, Swiss Cheese, Spring Mix & Au Jus

#### **TURKEY - \$10.00**

Turkey, Basil Aioli, Bacon, Spring Mix, Sprouts & Tomato

#### **HAM - \$10.00**

Ham, Swiss Cheese, Ground Mustard, Basil Aioli, Spring Mix & Sprouts

#### **ITALIAN - \$12.00**

Ham, Pepperoni, Salami, Swiss Cheese, Ground Mustard, House Made Olive Tapenade,  
Pepperoncini's & Spring Mix tossed with Italian Olive Oil, Served Warm

#### **\*\*CHICKPEA CURRY ON WHOLE WHEAT\*\* - \$9.00**

Chickpeas, Cranberries, Green Apples, Red Onions, Red Curry, Celery, Sprouts & Tomato

#### **SANDWICH COMBO - \$9.00**

Half Ham, Turkey or Chickpea Curry Sandwich w/ Cup of Soup or 1/2 Salad (Cesar or Spring) and a Fountain Soda

### PIZZAS

#### **BBQ CHICKEN - \$11.00**

BBQ Sauce, Chicken, Mozzarella, Red Onion & Cilantro

#### **PROSCIUTTO & FIG - \$12.00**

House Tomato Sauce, Prosciutto, Mozzarella, Fig, Goat Cheese & Balsamic Reduction

#### **\*\*CHEESE\*\* - \$10.00**

House Tomato Sauce, Mozzarella & Parmesan

#### **\*\*CAPRESE\*\* - \$11.00**

House Tomato Sauce, Mozzarella, Basil, Tomato & Balsamic Reduction

#### **MEAT COMBO - \$12.00**

House Tomato Sauce, Mozzarella, Ham, Italian Sausage & Beef

#### **HAWAIIAN - \$11.00**

House Tomato Sauce, Mozzarella, Ham & Pineapple

### SALADS

#### **\*\*CESAR SALAD\*\* - \$10.00**

Romaine, Parmesan, House Made Croutons & House Made Cesar Dressing

#### **\*\*SPRING MIX SALAD\*\* - \$10.00**

Spring Mix, Blueberries, Candied Walnuts, Goat Cheese & Raspberry Vinaigrette

#### **CHOPPED SALAD - \$12.00**

Romaine, Chicken, Avocado, Tomato, Red Onion, Bacon, Egg, Ranch & Raspberry Vinaigrette



### SOUP OF THE DAY

Cup - \$4.00 / Bowl \$6.00

Soup & Salad Combo - \$10.00

**QUICHE OF THE DAY SERVED W/ SIDE OF YOUR CHOICE - \$10.00**

### APPETIZERS/SIDES

Bruschetta - \$9.00

Hummus w/ Veggies & Crostini - \$9.00

Breadsticks w/ Sauce - \$8.00

Potato Salad - \$2.50

Add-Ons (Bacon/Chicken/Avocado) - \$2.00

**ACAI BOWL - \$10.00**

**SMOOTHIE BOWL - \$9.00**

### REAL FRUIT SMOOTHIES - \$8.00

*ADDITIONAL CHARGE FOR SUBSTITUTIONS AND ADDITIONS*

#### PEANUT BUTTER BANANA

Peanut Butter, Banana, Milk, Yogurt, Honey

#### STRAWBERRY BANANA

Strawberry, Banana, Coconut Water, Yogurt, Honey

#### MIXED BERRY

Berries, Coconut Water, Yogurt, Honey

#### PINEAPPLE DOLE WHIP

Pineapple, Honey, Milk, Pineapple Juice

### FRESH SQUEEZED JUICES - \$8.00

CARROT/APPLE/GINGER

BEET/GINGER/GARLIC/KALE/LEMON/APPLE/CARROT

GREEN APPLE/CUCUMBER/BASIL/JALAPENO/ORANGE/LEMON

VARIOUS JUICE RECIPES AVAILABLE

BUILD YOUR OWN JUICE

### SMOOTHIE & JUICE ADD-ONS - \$.50/EA

BEE POLLEN/SPIRULINA/VITAMIN C/PEA PROTEIN/MATCHA POWDER/CHIA SEEDS/CACAO BITS

## BEER & WINE ON TAP

*ADDITIONAL CHARGES FOR SUBSTITUTIONS AND ADDITIONS MAY APPLY*

*ALL PRICES SUBJECT TO CHANGE*

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