

Patient's name: Simran Singh  
Age / Sex : 20 / female  
Address : Chisapani, Banke

OPD Reg No.:  
Date: 18<sup>th</sup> April, 2025

Diagnosis (D): Gastric Ulcer

Rx:

1) Tab PANTOPRAZOLE 40 mg once a day  
for 4 weeks.

ADVICE:

1. Avoid oily and spicy food.
2. Take medication in empty stomach in the morning
3. Avoid drinking and smoking.

Follow up after a week.

~~Dr. Haya Abidi~~

Dr. Haya Abidi  
NMC NO: 35

OPD Reg No : 204  
Date : 18th April 2014

Patient's name : Nasirish Adhikari  
Age / sex : 20 / M.  
Address : Kohlapur, Banker

Diagnosis (D) : Duodenal ulcer

Rx:

1) Cap LANSOPRAZOLE - 15mg orally once a day  
for 4 weeks  
Half an hour before meal.

ADVICE :

- 1) Avoid oily and spicy food
- 2) avoid drinking and smoking

Follow up after a week.

Haus  
Dr. Maya Abidi  
NML No: 40

Patient's name : Neetu Verma  
Age / Sex : 20 / F  
Address : Chisopani, Banka

OPD Reg no. 222  
Date : 18th April, 2011

Diagnosis : H. pylori infection

Rx:

- 1) Tab LANSOPRAZOLE - 30mg orally once a day for 14 days before meal.
- 2) Tab AMOXICILLIN - 1000mg orally twice a day for 14 days
- 3) Tab CLARITHROMYCIN - 500mg orally twice a day for 14 days.

ADVISE :

- i) Avoid oily and spicy food.
- ii) Take medication in proper dose and time.

Follow up after one week

Haus.  
NMC Ry No. 25

Name: Jayesh Singh

Age/Sex: 21/ M

Address: Hyderabad

OPD by Dr. N.  
Date 25/7/17

Diagnosis: Chemotherapy  
induced vomiting

Rx:  
1) Ony ONDANSETRON 0.05 i.v. every 15 min.

Admit:  
2) Avoid strenuous physical exercise

Jay  
Dr. Jay Singh  
NHL NO 567

Name: Sumran Singh

Date - 25/4/25

Age / Sex: 21 / F

OPD Reg No 343

Address: Unispani

Diagnosis: Post operative  
nausea and vomiting.

Rx: Dose ONDANSETRON 0.1 mg i.v. every  
15 minutes.

Advice:

Avoid strenuous physical activity

Hayal  
Dr. Hayal M.D.  
N.M.C. Reg. No. 353

Patient's Name: Neetu Verma  
Age / Sex : 60 / F  
Address : Chiraspuri, Banka

OPD Reg No.: 0083  
Date : 18th April, 2013

Diagnosis (Δ): Aspirin induced peptic ulcer

Rx :

- 1) Cap LANSOPRAZOLE 30 mg orally twice a day, half an hour before meal for 2 weeks
- 2) Tab DULOFENAC SODIUM - 50mg orally thrice a day for 2 weeks.

ADVICE:

- 1) Avoid spicy food
- 2) Avoid smoking and alcohol intake

Follow up after a week

*Dr. Mayya*

Dr. Mayya Abidi  
NMC NO: 572

Name: Neetu Verma

OPD Reg No  
Date → 24/04/21

Age/Sex: 20/F

Address: Chisapani

Diagnosis (s): Motion sickness

Rx:

1) Tab HYOSCINE 0.4 mg orally before 30 mins the start of the journey

Advice:

1) Avoid driving

Dr. Haya Had  
NMC No: 555

Name : - Reema K.L  
Age / Sex - 29 / F  
Address - Unisapuri

OPD Reg No : 33  
Date = 29/07/11

Diagnosis (D) : Morning sickness.

Rx : 1) Tab DOXYLAMINE 10 mg orally once a time at bedtime for 1 month.

2) Tab PYRIDOXINE 10 mg orally once a day at bed time for 1 month.

Advice : 1) Adequate intake of fluid  
2) Avoid strenuous physical activity

Dr. Mayur Ahire

Name: Ram Thapa

Age / Sex: 29 / M

Address: Unisapant, Banka

OPD Reg No 302  
Date: 25/07/15

Diagnosis (s): GERD.

- Rx:
- 1) Tab PANTOPRAZOLE 10 mg orally once a day for 1 month
  - 2) Tab DOMPERIDONE 40 mg orally once a day for 1 month.

Advice:  
1) Avoid spicy food  
2) Eat easily digestible food

To: Dr. Maya Hada  
NMC No: 225

Name of the patient: Anum Fatima

Age / Gender : 20 / F

OPD Reg No  
Date 21/04/27

Diagnosis: Acute enteritis amoebiasis

Rx:

1) Tab METROMIDAZOLE 800mg orally thrice a day for 30 days

2) Tab. DILOXANIDE FURONATE 500mg orally twice a day for 10 days

Advice:

- 1) Avoid street and junk food.
- 2) Maintains personal hygiene

*Attaullah*  
Dr. Mays M.,  
NMC by NT

Name: Neetu Verma

Age/Gender: 20/F

Address: Unisapana

OPD Reg No.  
Date: 20/04/2018

Diagnosis (D): Chronic  
amebiasis

Rx:

- 1) Tab Metronidazole 450 mg orally  
Purut 500mg
- 2) Tab Diloxanide orally TDS for 10 days

Advice -

- 1) Avoid street junk food
- 2) Maintain personal hygiene

1st day  
Dr Hayes NMC Ref No: 32

Patient's name: Swati Singh

OPD Reg no: 480  
Pat - 15/4/i

Age / Gender : 29 / F

Address: Banaras

(Δ) - Nervousness

- Rx → 1) Tab. DEXOMETHASONE 5mg OD orally  
two days before starting and continuing  
2 weeks after the complication of albendazole
- 2) Tab ALBENDAZOLE 400mg orally for 2 weeks BD.
- 3) Tab CARBAMAZEPINE 200mg BD for 4 months