

Patient's name: Simran Singh  
Age / Sex: 20 / Female  
Address: Chisapani, Banke

OPD Reg No: 5032  
Date: 18<sup>th</sup> April, 2022

Diagnosis ( $\Delta$ ): Gastric Ulcer

Rx:

1) Tab PANTOPRAZOLE 40mg once a day  
for 4 weeks.

ADVICE:

1. Avoid oily and spicy food.
2. Take medication in empty stomach in the morning
3. Avoid drinking and smoking.

Follow up after a week.



Dr. Haya Abidi  
NMC NO: 35

Patient's name: Ashish Adhikari  
Age / sex : 20 / M.  
Address : Kohalpur, Banki

OPD Reg No: 204  
Date: 18th April 2020

Diagnosis (Δ): Duodenal ulcer

Rx:

- 1) Cap LANSOPRAZOLE - 15mg orally once a day  
for 4 weeks  
Half an hour before meal.

ADVICE:

- 1) Avoid oily and spicy food.  
2) Avoid drinking and smoking

Follow up after a week.

*Hayy*

Dr. Hayy Abidi

NMC No: 40

Patient's name: Neetu Verma  
Age / Sex : 20 / F  
Address : Chissapani, Banka

OPD Reg no. 222  
Date : 18th April, 2023

Diagnosis(s) : H. Pylori infection

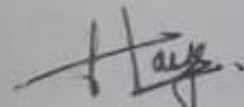
Rx:

- 1) Tab LANSOPRAZOLE - 30mg orally once a day for 14 days before meal.
- 2) Tab AMOXYCILLIN - 1000mg orally twice a day for 14 days
- 3) Tab CLARITHROMYCIN - 500mg orally twice a day for 14 days.

ADVICE :

- i) Avoid oily and spicy food.
- ii) Take medication in proper dose and time.

Follow up after one week

  
NMC Reg No. 25

Name: Jayesh Singh

Age/Sex: 21/M

Address: Hyderabad

OPD Reg No. 371  
Date - 25/7/20

Diagnosis (s): Chemotherapy  
induced vomiting

Rx: 1) 8mg ONDANSETRON 8mg i.v. every 15 mins

Advice: 1) Avoid strenuous physical exercise

Dr. Jayesh Singh  
NMC No. 567

Name: Simran Singh

Age / sex: 21 / F

Address: Unisapuri

Date - 25/4/25  
OPD Reg No 343

Diagnosis (Δ): Post operative  
nausea and vomiting.

~~Rx: 8mg ONDANSETRON 8mg i.v every  
15 minutes.~~

Advice:

• Avoid strenuous physical activity

H. Singh  
Dr. H. Singh  
NMC (No. 353)

Patient's name: Neetu Verma  
Age / Sex : 60 / F  
Address : Unisapani, Banka

OPD Reg no. : 0085  
Date : 18th April, 2023

Diagnosis (Δ): Aspirin induced  
peptic ulcer

Rx :

- 1) Cap LANSOPRAZOLE 30 mg orally twice a day,  
half an hour before meal for 2 weeks
- 2) Tab ~~DICLOFENAC~~ SODIUM - 50mg orally thrice a  
day for 2 weeks.

ADVICE:

- 1) Avoid spicy food
- 2) Avoid smoking and alcohol intake

Follow up after a week

*[Signature]*

Dr. Nayya Abidi  
NMC No: 5720

Name: Neeva Verma

Age/Sex: 20/F

Address: Chisapani

OPD Reg No. 112  
Date → 24/04/23

Diagnosis (d): Motion sickness

Rx:

1) Tab HYOSCINE 0.4mg orally before 30 mins the start of the journey

Advice:

▷ Avoid driving

Haya  
Dr. Haya Abadi  
NMC No. 555

Name: - Renna K.L  
Age/Sex - 29 / F  
Address - Chisapani

OPD Reg No: 383  
Date  $\Rightarrow$  27/07/21

Diagnosis ( $\Delta$ ): Morning sickness.

- Rx:
- 1) Tab DOXYLAMINE 10mg orally once a time at bedtime for 1 month.
  - 2) Tab PYRIDOXINE 10mg orally once a day at bedtime for 1 month.

Advice:

- 1) Adequate intake of fluid
- 2) Avoid strenuous physical activity

*[Signature]*  
Dr. Nayana Acharya



Name: Ram Thapa

Age / Sex: 29 / M

Address: Chisapani, Bante

OPD Reg No: 342  
Date: 25/04/18

Diagnosis (D): GERD.

- Rx:
- 1) Tab PANTOPRAZOLE 10mg orally twice a day for 1 month
  - 2) Tab DOMPERIDONE 40mg orally once a day for 1 month.

Advice: 1) Avoid spicy food  
2) Eat easily digestible food

Haya  
Dr. Haya Abad  
NMC No: 225

Name of the patient: Anam Fatima  
Age / Gender : 20 / F

OPD Reg No.  
Date : 21/04/25


Diagnosis (s): Acute enteric amoebiasis

Rx:

- 1) Tab METROMIDAZOLE 800mg orally thrice a day for 30 days.
- 2) Tab. DILOXANIDE FURATE 500mg orally thrice a day for 10 days.

Advice:

- 1) Avoid street and junk food.
- 2) Maintains personal hygiene

  
Dr. Haysa Hossain  
NMC Ry NT-1

Name: Neetu Verma

Age/Gender: 20/F

Address: Chisapani

OPD Reg No.  
Date: 20/04/20

Diagnosis (Δ): Chronic  
amoebiasis

Rx: 1) Tab Metronidazole 450mg orally  
2) Tab Pivmecillinam 500mg  
orally TDS for 10 days

Advice -

- 1) Avoid street junk food
- 2) Maintain personal hygiene

1/4/20  
Dr. Hays Hads  
NMC Reg No. 32

Patient's name: Swati Singh

Age / Gender : 29 / F

Address: Banaras

OPD Reg no: 4501  
Date - 15/4/21

(Δ) - Neurocysticercosis

- Rx →
- 1) Tab. DEXOMETHASONE 5mg OD orally  
two days before starting and continuing  
2 weeks after the complication of Albendazole
  - 2) Tab ALBENDAZOLE 450mg orally for 2  
weeks BD.
  - 3) Tab CARBAHAZEDINE 200mg BD for 4 months