

CityCare Hospital – Discharge Summary

Patient Name : Vikas Reddy

Patient ID : CH-3021

Age : 45

Gender : Male

Admission Date: 02/08/2025

Discharge Date: 07/08/2025

Diagnosis:

- Type 2 Diabetes Mellitus (controlled)
- Mild Hypertension

Treatment Summary:

- Metformin 500mg twice daily
- Amlodipine 5mg once daily
- Low-sodium diabetic diet
- Daily BP and sugar monitoring

Follow-up Instructions:

Visit endocrinology OPD after 15 days.

Continue medications, avoid high-sugar foods.

Consultant: Dr. Sanjay Kapoor

Signature: _____