

# PHYSIQUE SCIENCE

2a 76 Commercial Road

Newstead, QLD 4006

Name: THEBAULT, GEMMA x  
Patient ID: GXT010981  
DOB: 01 September 1981

Sex: Female

Height: 169.0 cm  
Weight: 62.5 kg  
Age: 41

Referring Physician:

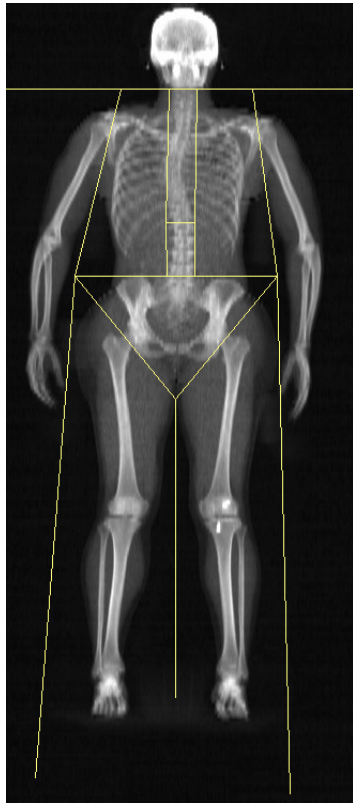


Image not for diagnostic use  
327 x 150

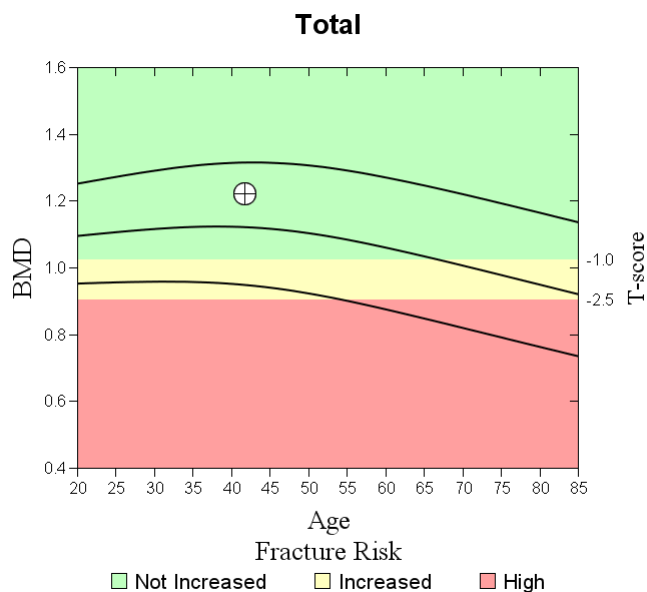
## Scan Information:

Scan Date: 03 May 2023 ID: A0503230C  
Scan Type: a Whole Body  
Analysis: 03 May 2023 07:48 Version 13.6.0.5  
Auto Whole Body Fan Beam  
Operator: AMC  
Model: Horizon A (S/N 301190M)  
Comment:

## DXA Results Summary:

Region	Area (cm <sup>2</sup> )	BMC (g)	BMD (g/cm <sup>2</sup> )	T - score	Z - score
L Arm	202.65	172.45	0.851		
R Arm	220.89	176.43	0.799		
L Ribs	131.72	89.46	0.679		
R Ribs	127.26	88.68	0.697		
T Spine	141.45	125.28	0.886		
L Spine	55.53	64.10	1.154		
Pelvis	259.39	320.13	1.234		
L Leg	367.20	434.41	1.183		
R Leg	380.17	455.72	1.199		
Subtotal	1886.26	1926.66	1.021		
Head	223.72	651.20	2.911		
<b>Total</b>	<b>2109.99</b>	<b>2577.86</b>	<b>1.222</b>	<b>1.4</b>	<b>1.1</b>

Total BMD CV 1.0%



Comment:

T-score vs. White Female. Source:2012 BMDCS/NHANES. Z-score vs. White Female. Source:2012 BMDCS/NHANES.

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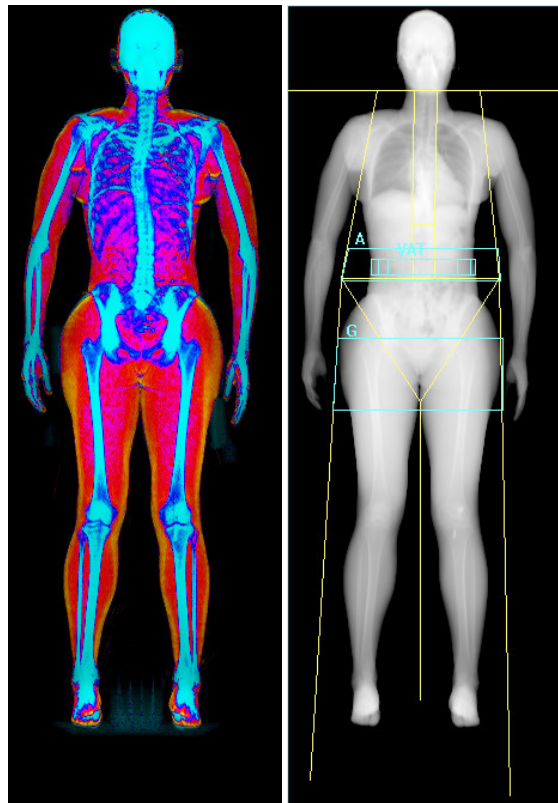
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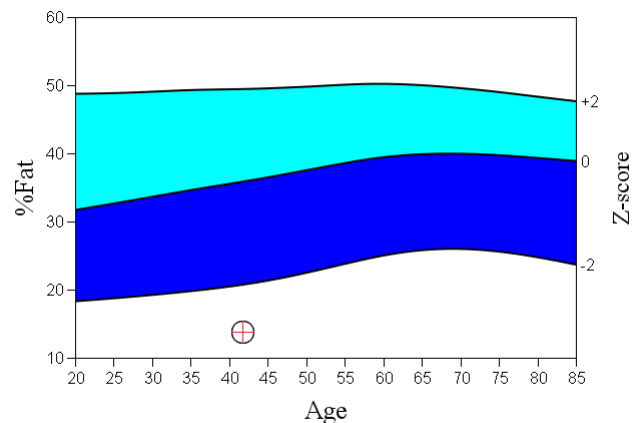
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Images not for diagnostic use

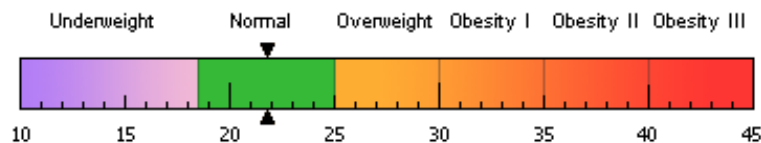


## Total Body % Fat



Source: NHANES Classic White Female.

World Health Organization Body Mass Index Classification  
BMI = 21.9 WHO Classification Normal



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related risks.

## Body Composition Results

Region	Fat Mass (g)	Lean + BMC (g)	Total Mass (g)	% Fat	%Fat Percentile YN	AM
L Arm	372	3061	3434	10.8	1	1
R Arm	365	3209	3574	10.2	1	1
Trunk	1889	24575	26464	7.14	1	1
L Leg	2703	9733	12435	21.7	1	1
R Leg	2604	10206	12810	20.3	1	1
Subtotal	7932	50785	58718	13.5	1	1
Head	802	3547	4349	18.4		
<b>Total</b>	<b>8734</b>	<b>54332</b>	<b>63067</b>	<b>13.8</b>	<b>1</b>	<b>1</b>
Android (A)	246	3073	3319	7.4		
Gynoid (G)	1698	8507	10205	16.6		

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## Adipose Indices

Measure	Result	Percentile YN	AM
<b>Total Body % Fat</b>	<b>13.8</b>	<b>1</b>	<b>1</b>
Fat Mass/Height <sup>2</sup> (kg/m <sup>2</sup> )	3.06	1	1
Android/Gynoid Ratio	0.45		
% Fat Trunk/% Fat Legs	0.34	1	1
Trunk/Limb Fat Mass Ratio	0.31	1	1
Est. VAT Mass (g)	32.6		
Est. VAT Volume (cm <sup>3</sup> )	35.2		
Est. VAT Area (cm <sup>2</sup> )	6.76		

## Lean Indices

Measure	Result	Percentile YN	AM
Lean/Height <sup>2</sup> (kg/m <sup>2</sup> )	18.1	80	74
Appen. Lean/Height <sup>2</sup> (kg/m <sup>2</sup> )	8.74	92	89

Est. VAT = Estimated Visceral Adipose Tissue  
YN = Young Normal  
AM = Age Matched

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## DXA Results Summary:

Region	BMC (g)	Fat Mass (g)	Lean Mass (g)	Lean + BMC (g)	Total Mass (g)	% Fat
L Arm	172.45	372.1	2889.0	3061.5	3433.6	10.8
R Arm	176.43	364.9	3032.8	3209.2	3574.1	10.2
Trunk	687.65	1888.9	23887.7	24575.4	26464.3	7.1
L Leg	434.41	2702.6	9298.4	9732.8	12435.4	21.7
R Leg	455.72	2603.8	9750.7	10206.4	12810.2	20.3
Subtotal	1926.66	7932.2	48858.6	50785.3	58717.5	13.5
Head	651.20	802.1	2895.9	3547.1	4349.2	18.4
<b>Total</b>	<b>2577.86</b>	<b>8734.3</b>	<b>51754.6</b>	<b>54332.4</b>	<b>63066.7</b>	<b>13.8</b>

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