

Date: _____

Problems Solved Today:

- ☐ Problem 1: _____ (Easy/Medium/Hard)
- ☐ Problem 2: _____ (Easy/Medium/Hard)
- ☐ Problem 3: _____ (Easy/Medium/Hard)

CCAT Practice:

- ☐ Section practiced: _____
- ☐ Score/Progress: _____

English Practice:

- ☐ ELSA Speak: ____ mins
- ☐ Vocabulary: ____ words
- ☐ Speaking: ____ mins

Study Topics:

- ☐ Main topic: _____
- ☐ Hours spent: _____

Code Commits:

- ☐ Number of commits: _____
- ☐ Project worked on: _____

Self-Assessment (1-5):

- Focus level: ____
- Energy level: ____
- Confidence: ____
- Understanding: ____

Tomorrow's Goals:

1. _____
2. _____
3. _____

Notes/Reflections:
