Notes on approximating a unitary matrix by a parameterized quantum circuit

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Reference unitary we want to approximate: U, for example a time step of a given quantum Hamiltonian H, i.e.,

$$U = e^{-iH\Delta t} \,. \tag{1}$$

Goal:

$$\max_{V} \operatorname{Re}(\operatorname{Tr}[VU^{\dagger}]) \tag{2}$$

with V some Ansatz unitary, here: sequence of single and two-qubit gates (can be regarded as quantum circuit).

One can re-write Eq. (2) as follows: Let $\{|\psi_j\rangle, e^{-\lambda_j}\}$ be a spectral decomposition of U, such that

$$U = \sum_{j} e^{-\lambda_{j}} |\psi_{j}\rangle \langle \psi_{j}|.$$
 (3)

Then the target function reads

$$\operatorname{Re}(\operatorname{Tr}[VU^{\dagger}]) = \sum_{j} \operatorname{Re}\left(e^{\lambda_{j}} \langle \psi_{j} | V | \psi_{j} \rangle\right). \tag{4}$$

The states $|\psi_j\rangle$ can thus be interpreted as inputs to the quantum circuit V.