**Patient Medical Report**

# SOAP Notes

## Subjective

Patient reports discomfort on the lower left side for the past week. Describes it as a dull ache, with sharp pain upon biting. Notes swelling when chewing and increased aching with cold water. Reports a filling on the affected side approximately two years ago.

## Objective

Examination revealed early signs of gum infection around tooth #19 with plaque buildup. Gum tissue is slightly inflamed. Filling on tooth #19 appears intact. Bitewing X-ray showed no new caries or bone loss around tooth #19.

## Assessment

Early gingivitis around tooth #19. No evidence of periapical pathology or recurrent caries under the existing restoration.

## Plan

➡️ Prescribed antibiotic for infection.

➡️ Schedule professional dental cleaning in approximately two weeks for plaque and tartar removal.

➡️ Advised to avoid very hard or sticky foods; recommend soft foods.

➡️ Instructed to rinse with warm salt water twice daily to reduce inflammation.

➡️ Advised to continue brushing twice daily with a soft-bristled brush, avoiding excessive pressure on the swollen area.

➡️ Recommended gentle flossing.

➡️ Follow-up check in 3 months to monitor gum health.

➡️ Regular dental checkups every six months for preventive care.

# Clinician Summary

## Patient Details

Patient presented with chief complaint.

## Chief Complaint

Discomfort on the lower left side for one week.

## History

Patient reports a dull ache, sharp pain with biting, swelling during chewing, and cold sensitivity on the lower left side. Had a filling on tooth #19 two years prior.

## Assessment

Diagnosis of early gingivitis affecting tooth #19. X-ray confirmed no new caries or bone loss.

## Plan

➡️ Antibiotic prescription initiated.

➡️ Professional dental cleaning scheduled in 2 weeks.

➡️ Dietary modifications (soft foods, avoid hard/sticky) advised.

➡️ Oral hygiene instructions provided (warm salt water rinses BID, soft-bristled brush, gentle flossing).

➡️ Follow-up appointment for re-evaluation in 3 months.

➡️ Routine 6-month recall recommended.

# Patient Summary

## Clinical Actions

✅ I'm sorry you've been experiencing pain. Today, we looked closely at your lower left side where you've been having discomfort.

✅ We found early signs of a gum infection around tooth number 19 and some plaque buildup.

✅ We also took a quick X-ray, which thankfully showed no new cavities or problems with the bone around your tooth.

## Expected Course

🔮 We've prescribed an antibiotic that should help reduce the infection and pain within 3 to 5 days.

🔮 After your professional cleaning, your gums will start to heal, and you should feel much better long-term.

🔮 You might still have some sensitivity or mild discomfort as your gums recover.

## Self-Care Guidelines

✅ Take your antibiotic exactly as prescribed.

✅ Make sure to attend your professional dental cleaning appointment in about two weeks.

✅ Rinse your mouth with warm salt water twice a day to help with inflammation.

✅ Eat soft foods for now to avoid irritating the area.

✅ Continue brushing your teeth twice a day with a soft-bristled toothbrush.

✅ Start flossing gently between your teeth, as this helps remove plaque that can cause gum irritation.

❌ Avoid eating very hard or sticky foods on that side for now.

❌ Do not brush too hard on the swollen gum area.

## Emergency Contact Guidelines

📳 Please call us right away if your pain gets worse or if the swelling spreads.

## Continuity of Care

⏭️ The front desk will give you your antibiotic prescription.

⏭️ They will also help you schedule your professional cleaning appointment for about two weeks from now.

⏭️ We recommend a follow-up visit in about three months to check how your gums are healing.

⏭️ After that, regular checkups every six months are best to keep your teeth and gums healthy.