Transcript

Here's a summary of the key information from the dentist-patient dialogue:  
  
\*\*Patient's Symptoms:\*\*  
\* Discomfort on the lower left side for the past week.  
\* Mostly a dull ache, but gets sharper when biting down.  
\* A little swelling when chewing.  
\* Cold water makes it ache more (sensitivity to cold).  
\* Had a filling on that side about two years ago.  
  
\*\*Dentist's Findings & Diagnosis:\*\*  
\* \*\*Examination:\*\* Early signs of gum infection around tooth #19, some plaque buildup, and slightly inflamed gum tissue. The existing filling looked intact.  
\* \*\*X-ray:\*\* Showed no new cavities and normal bone levels.  
\* \*\*Diagnosis:\*\* Early gum infection (gingivitis), which is not serious yet but could worsen into periodontal disease if left untreated.  
  
\*\*Treatment Plan:\*\*  
\* Prescription for an \*\*antibiotic\*\* to help with the infection (expected to reduce pain within 3-5 days).  
\* Schedule a \*\*professional cleaning\*\* in about two weeks to remove plaque and tartar from under the gumline.  
  
\*\*Instructions & Advice for the Patient:\*\*  
\* \*\*Diet:\*\* Avoid very hard or sticky foods on that side; soft foods are best for now.  
\* \*\*Rinsing:\*\* Rinse with warm salt water twice daily to help reduce inflammation.  
\* \*\*Brushing:\*\* Continue brushing twice daily with a soft-bristled brush, but don't brush too hard on the swollen area.  
\* \*\*Flossing:\*\* Start flossing gently.  
\* \*\*Emergency:\*\* Call the office right away if pain worsens or swelling spreads.  
  
\*\*Follow-up:\*\*  
\* A follow-up check is recommended in about \*\*three months\*\* to ensure the infection hasn't returned.  
\* Regular checkups every \*\*six months\*\* are ideal for prevention.