

# Movie Making Basics in Adobe Premiere Pro



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Young

# What is Premiere Pro?

- ▶ Premiere Pro is the industry standard video editing software
- ▶ It is suitable for amateur and professional uses
- ▶ Allows you to import video, edit it into a new arrangement, then export the video into a new format (size, bitrate, file format, etc.)
- ▶ Add cool effects!
- ▶ Works great with other Adobe products

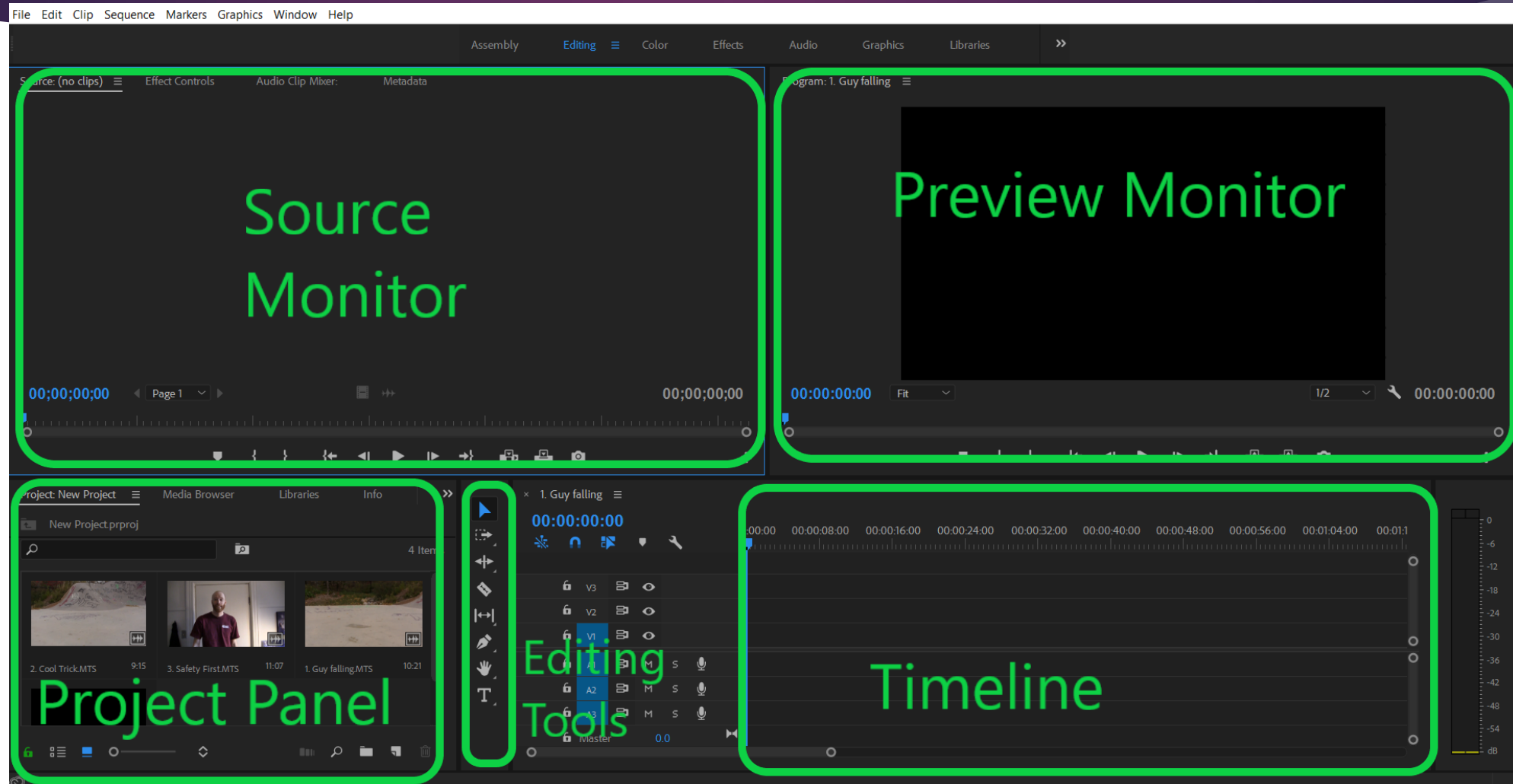
# Why is it useful for technical communicators?

- ▶ Create Promotional Content (super pole assembly demo?)
- ▶ Create Video Tutorials
- ▶ Embed the videos you create in a website
- ▶ Give your presentations an extra “kick”
- ▶ Create videos of subject matter experts
- ▶ If you are going to edit videos, why not use industry-leading software?

# Before We Begin...

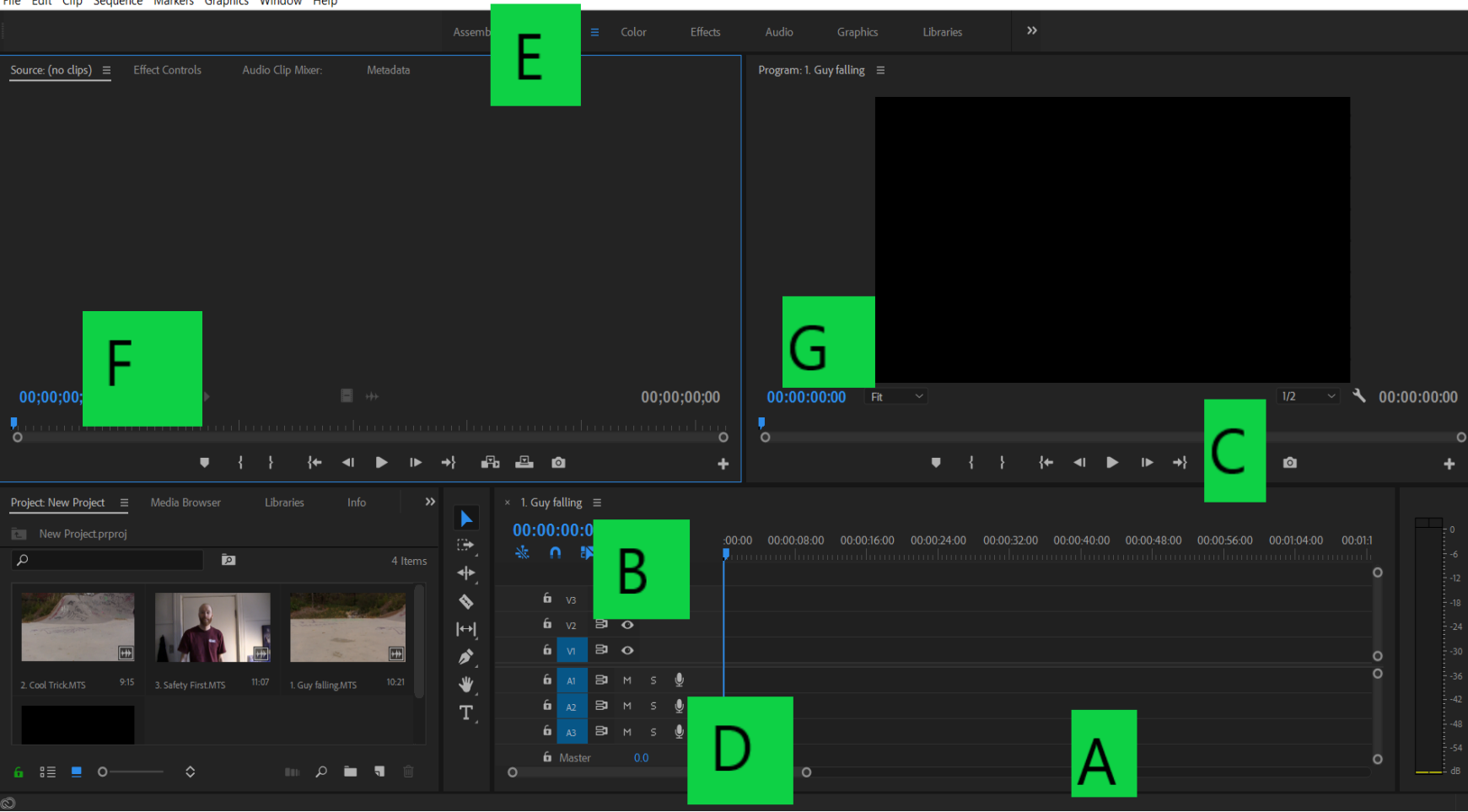
- ▶ Let's take a look at the workspace

# The Workspace



# The Editing Tools

File Edit Clip Sequence Markers Graphics Window Help



Label	Premiere Element
A	Track
B	Playhead
C	Sequence
D	Timeline
E	Workspace Menu
F	Source Monitor
G	Playhead Position

# Learning objectives

By the end of this workshop you should understand:

- ▶ How to start an new project
- ▶ How to perform simple editing tasks
- ▶ How to trim clips in the source monitor
- ▶ How to add a cross dissolve
- ▶ How to Export video
- ▶ The basic workflow of Premiere Pro

# Organization

- ▶ Lesson 1: Getting Started with Premiere Pro
  - ▶ Task 1: Opening a new project
  - ▶ Task 2: Importing Media
- ▶ Lesson 2: Editing Video
  - ▶ Task 1: Trimming a clip in the Source Monitor
  - ▶ Task 2: Trimming a clip with the Selection Tool
  - ▶ Task 3: Adding a cross dissolve
- ▶ Lesson 3: Exporting Your Video
  - ▶ Task 1: Exporting your video
  - ▶ Task 2: Creating a Custom Preset (Optional)

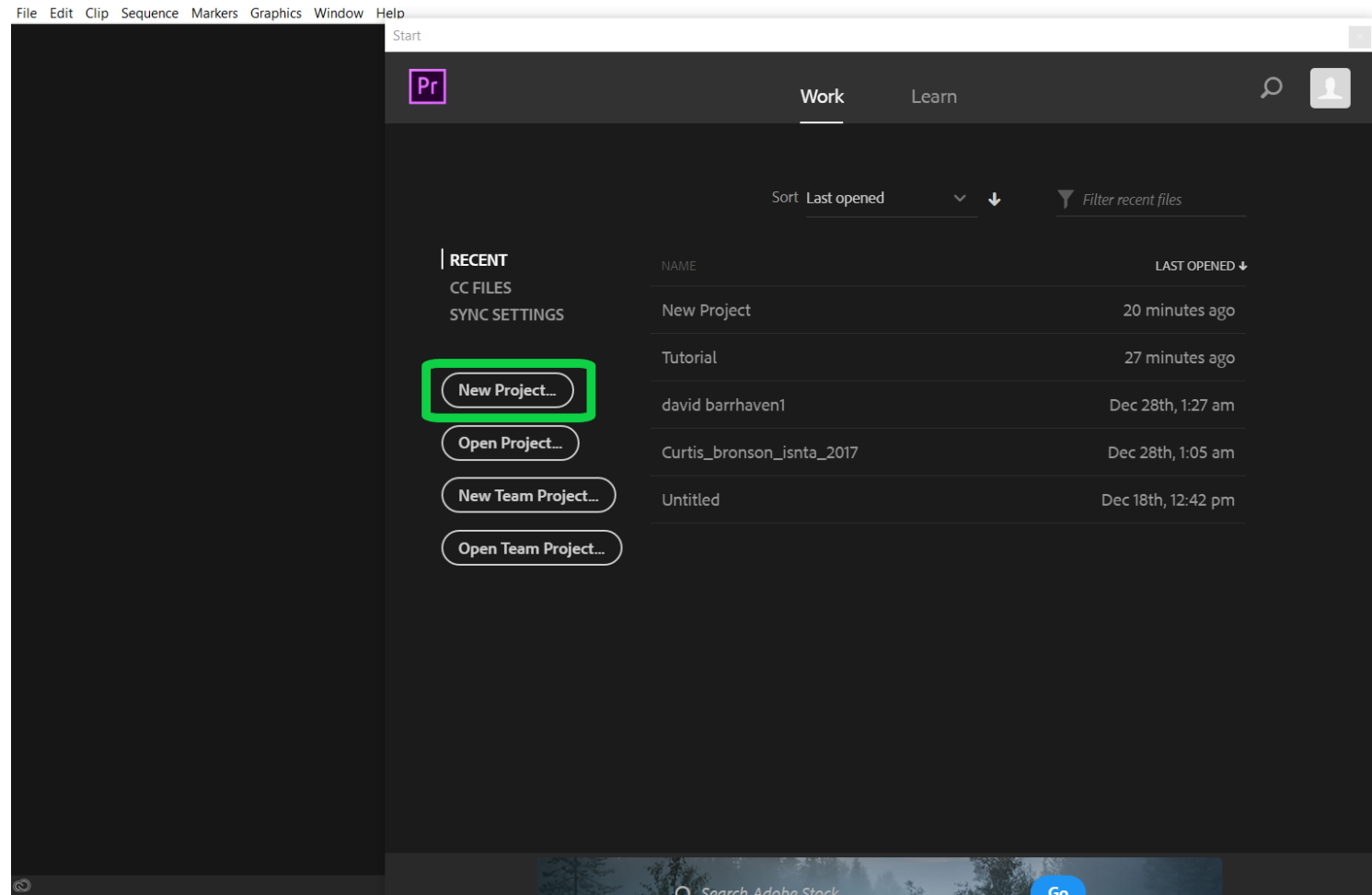


# Lesson #1: Getting Started

This lesson will teach you how to set up a new premiere project and import media into it.

# Task #1: Opening A New Project

1. Open Premiere Pro from the Adobe Creative Cloud App Launcher.
2. The Start Menu should appear. Select New Project from the Start Menu screen



3. From the New Project dialog, you can specify the name and location of the project file, the video capture format, and other settings for your project. Name your project "New Project" and leave the other settings alone for now.

New Project

Name: New Project

Location: C:\Users\curti\OneDrive\Documents\Adobe\Premiere Pro\12.0

General Scratch Disks Ingest Settings

Video Rendering and Playback

Renderer: Mercury Playback Engine GPU Acceleration (CUDA)

Video

Display Format: Timecode

Audio

Display Format: Audio Samples

Capture

Capture Format: DV

☐ Display the project item name and label color for all instances

OK Cancel

4. After you have named your project, click OK.

Project: New Project

Media Browser

Markers

Audio Clip Mixer:

New Project.prproj

0 Items

Import media to start

Program: (no sequences)

## Task #2: Importing Media

1. Double click the Project Panel, where it says "import media to start"
2. Find the Sample Clips you downloaded at the beginning of this lesson

00;00;00;00

00;00;00;00

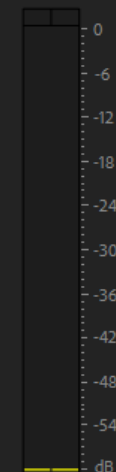


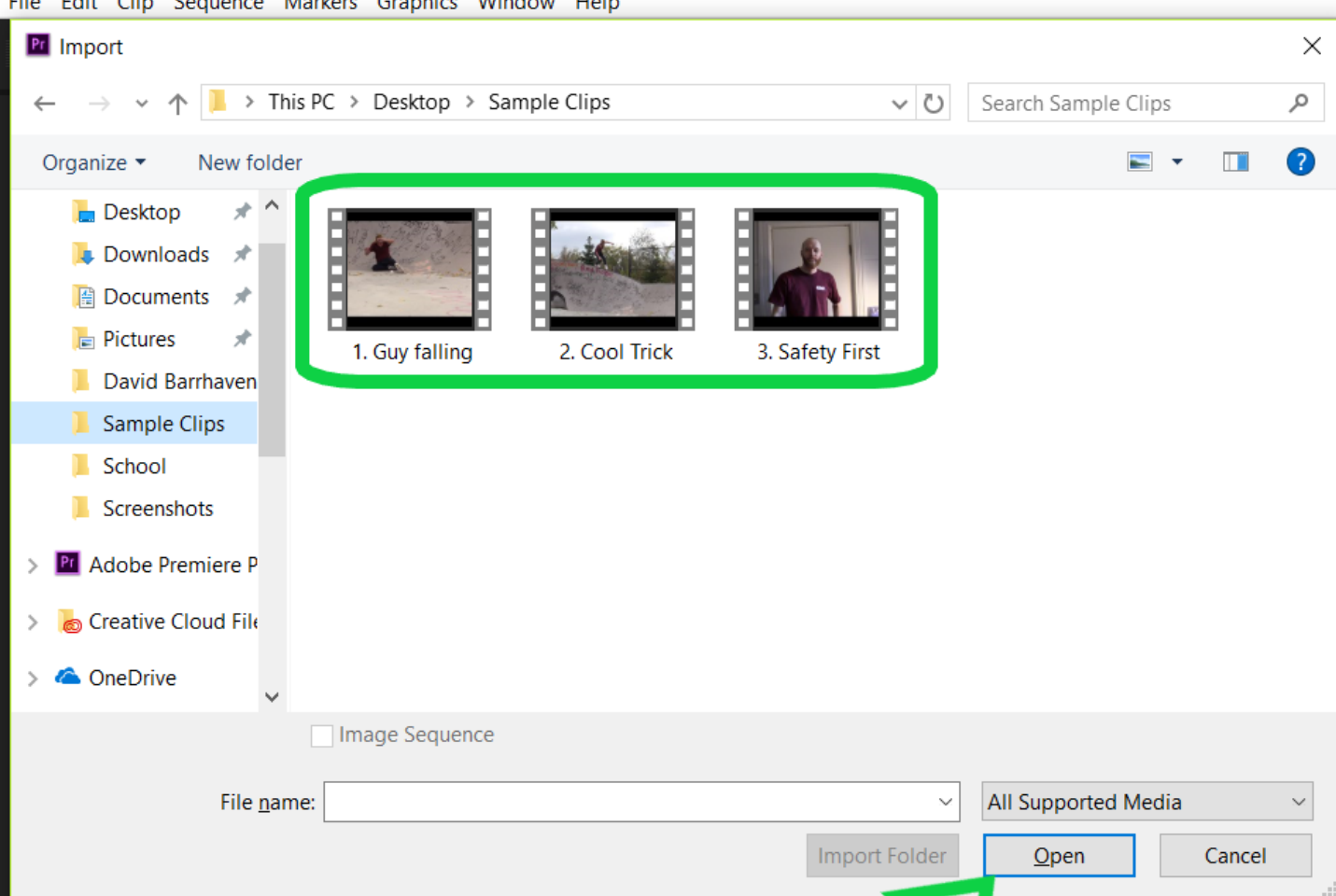
Timeline: (no sequences)

00;00;00;00



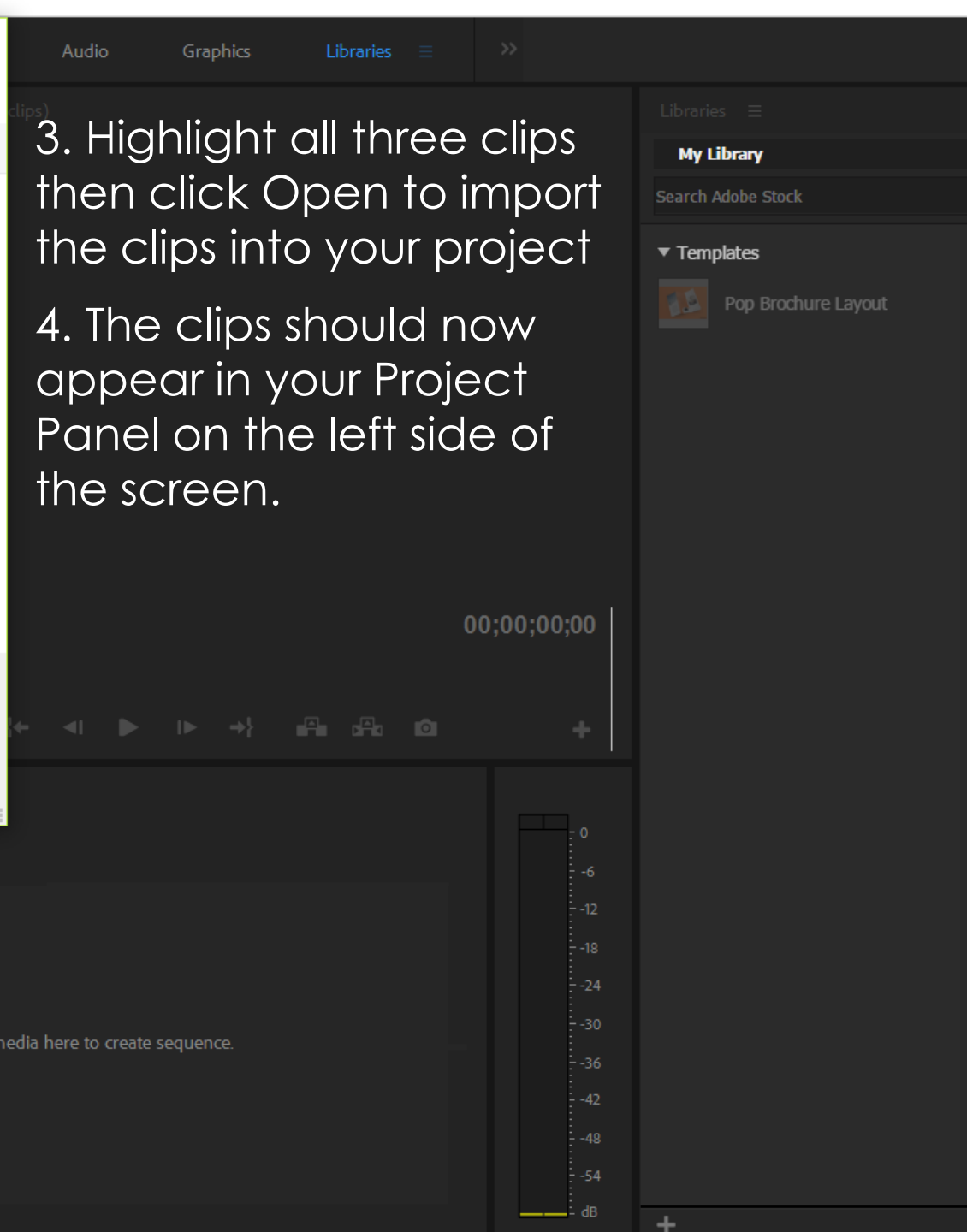
Drop media here to create sequence.





3. Highlight all three clips then click Open to import the clips into your project

4. The clips should now appear in your Project Panel on the left side of the screen.



# Lesson 2: Editing Video

This lesson will equip you with some basic tools to begin editing video clips together. Editing is an essential skill for any movie making.



2. Cool Trick.MTS

9:15



3. Safety First.MTS

11:07



1. Guy falling.MTS

13:15



## Task 1: Trimming Clips in the Source Panel

1. Double click the clip entitled "1 Guy falling" in the Project Panel to open the clip in the Source Monitor.



00:00:00:00

Fit

1/2

00:00:13:15



00:00:00:00

2. This clip is a little too long, so we are going to trim it in the Source Monitor. In the Source monitor set the time to 00:10:20 by dragging the playhead to the proper time.





00:00:10:20

1/2

00:00:13:15



00:00:00:00



Drop media here to create sequence.



3. Now, click the Mark Out button (or use the hotkey "O"). The area you have selected should be highlighted in grey.

4. To add the clip to the timeline just click and drag the video image from the Source Monitor to the timeline.



Assembly Editing Color Effects Audio Graphics Libraries

Media Browser Markers Audio Clip Mixer: 1. Guy falling.MTS

Program: (no sequences) Source: 1. Guy falling.MTS

3 Items

1. Guy falling.MTS 10:21

2. Safety First.MTS 11:07

3. Safety First.MTS 11:07

4. Safety First.MTS 11:07

5. Click anywhere on the timeline panel to set it as the active panel. Drag the playhead to the start of the sequence if it isn't already there. Now you can press spacebar to play the sequence in the preview window.

00:00:10:20 Fit 1/2 00:00:10:21

Timeline: (no sequences)

00:00:00:00

Drop media here to create sequence.

Stock Templates

Search Adobe Stock

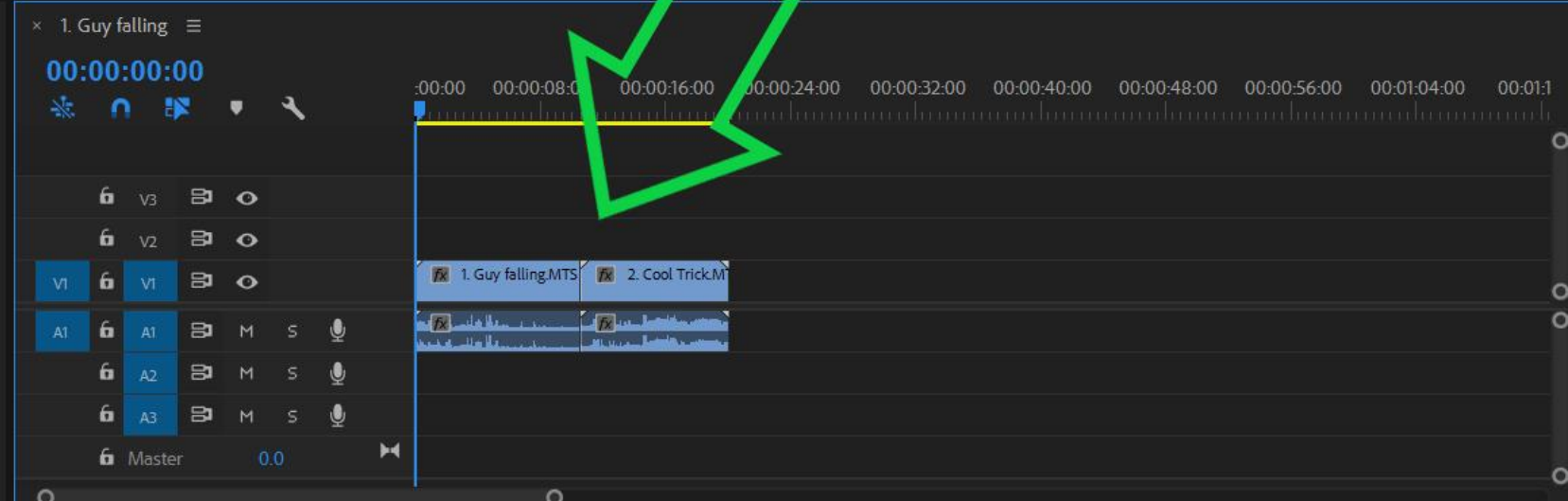
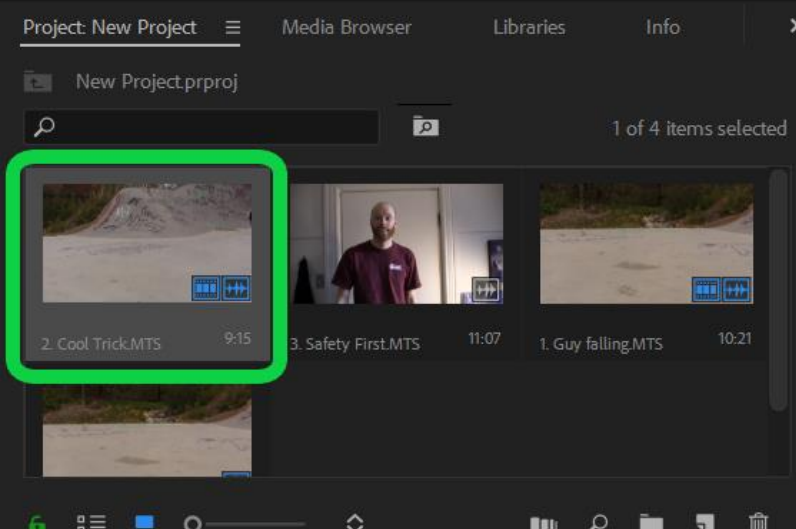
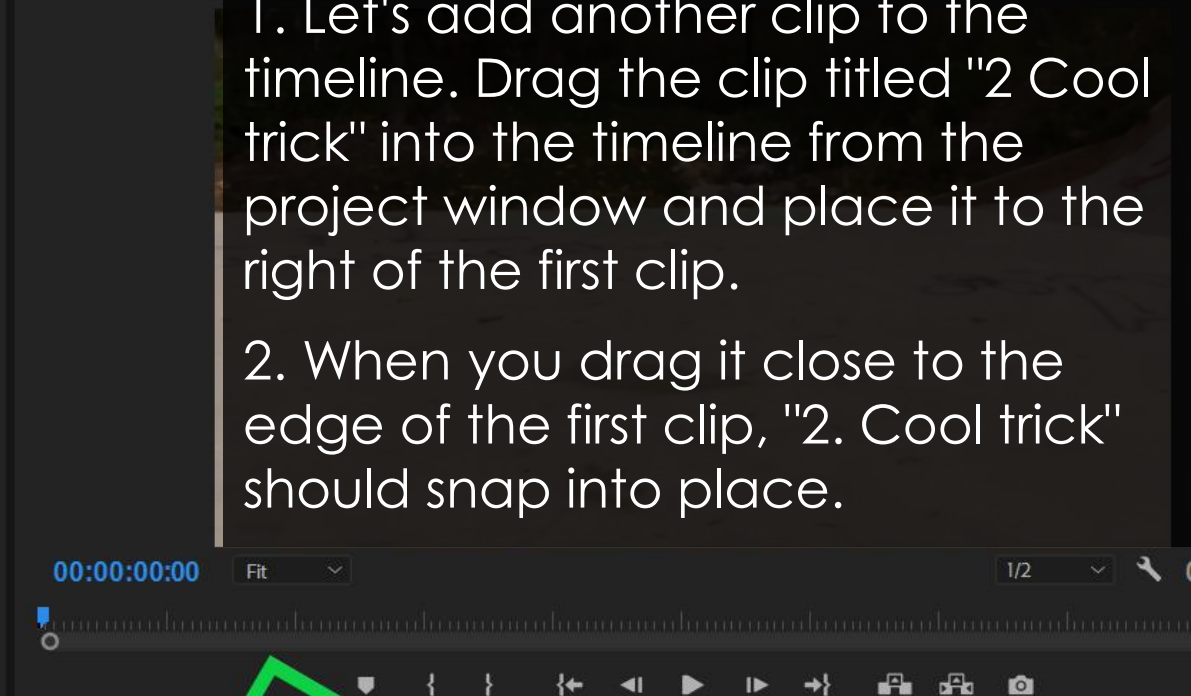
Templates

Pop Brochure Layout

## Task 2: Trimming a Clip in the Timeline

1. Let's add another clip to the timeline. Drag the clip titled "2 Cool trick" into the timeline from the project window and place it to the right of the first clip.

2. When you drag it close to the edge of the first clip, "2. Cool trick" should snap into place.





Source: 1. Guy falling.MTS

Effect Controls

Audio Clip Mixer: 1. Guy falling

Metadata

Program: 1. Guy falling



00:00:10:20

Fit



1/2

00:00:10:21

00:00:00:00

Fit

1/2

0

Project: New Project

Media Browser

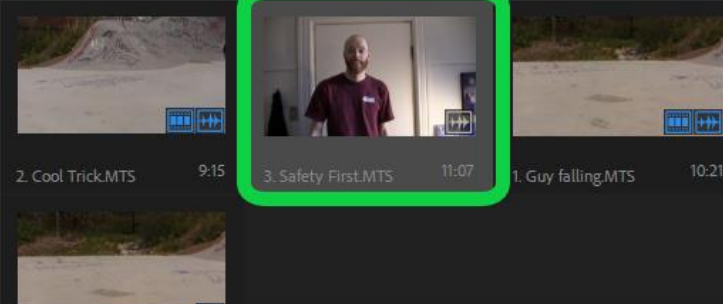
Libraries

Info



New Project.prproj

1 of 4 items selected



x 1. Guy falling

00:00:00:00



V3



V2



V1



A1



M



S



A2



M



S



A3



M



S



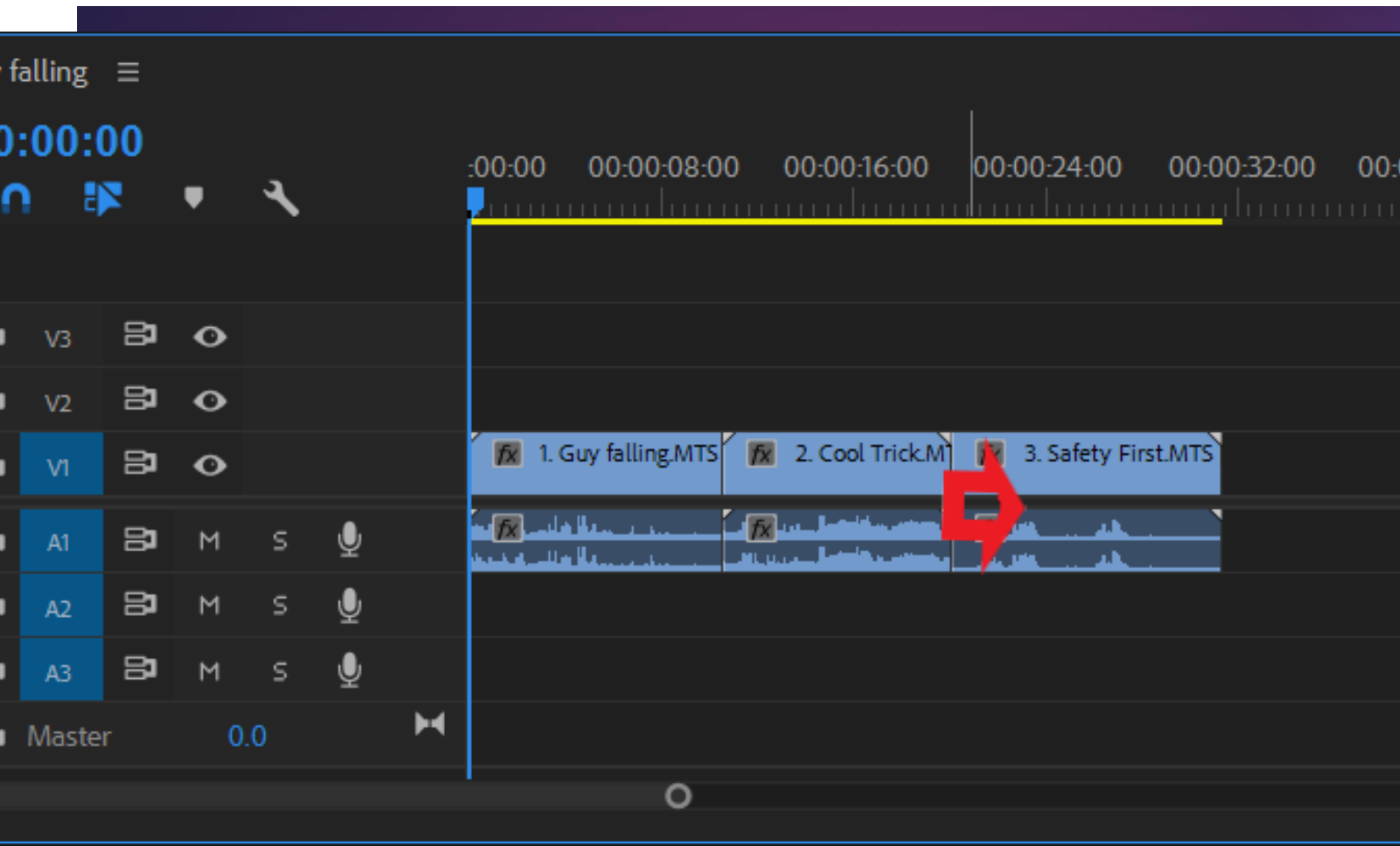
Master

0.0

00:00 00:00:08:00 00:00:16:00 00:00:24:00 00:00:32:00 00:00:40:00 00:00:48:00 00:00:56:00 00:01:04:00 00:01:12:00

1. Guy falling.MTS 2. Cool Trick.MTS 3. Safety First.MTS

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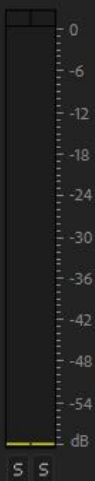
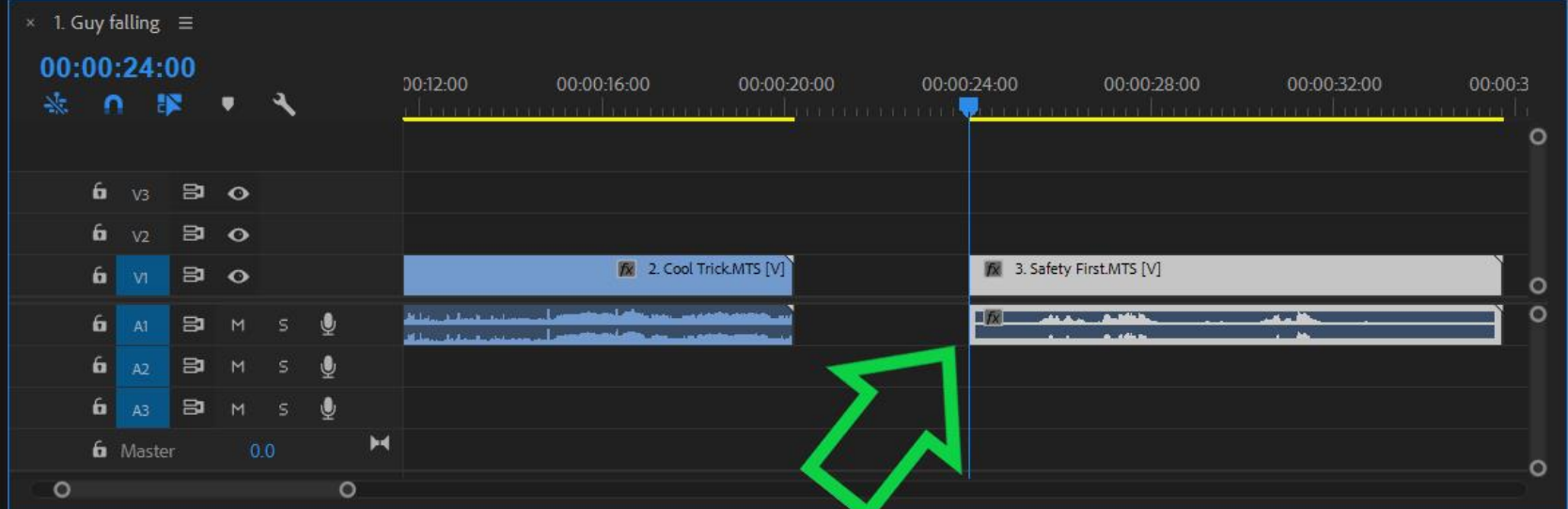
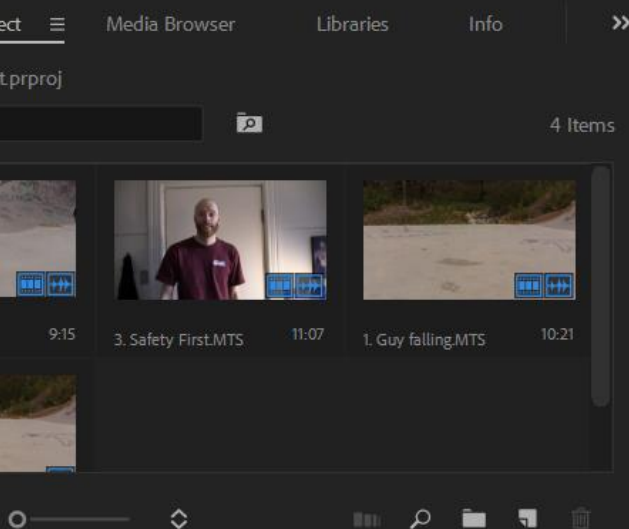
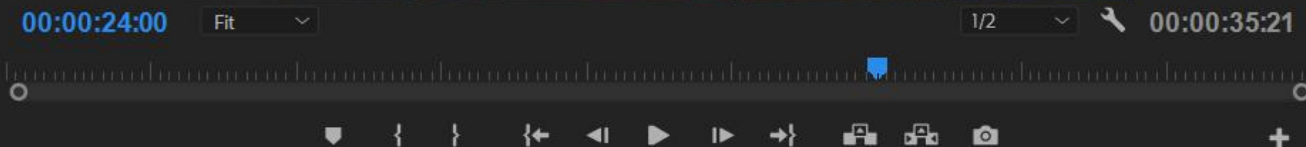


**5.** Drag the playhead in the timeline until the playhead position reaches 00:24:00

**6.** Hover your cursor over the "Safety First" clip. Keep your cursor above the clip, but close to the left side of the clip. Your cursor should turn into a red arrow symbol, like this:

7. With the red arrow symbol as your cursor, drag the left side of “Safety First” until it reaches a playhead position of 00.24.00. Your cursor should snap to the playhead when it gets close enough

8. Drag the playhead until the playhead position reaches 00.18.20.



0:00 00:00:04:00 00:00:08:00 00:00:12:00 00:00:16:00 00:00:20:00 00:00:24:00 00:00:28:00

**9.** Now drag the right side of “Cool Trick” until it snaps to the playhead at 00.18.20.

 1. Guy falling.MTS [V]

 2. Cool Trick.MTS [V]

 3. Safety First.MTS [V]

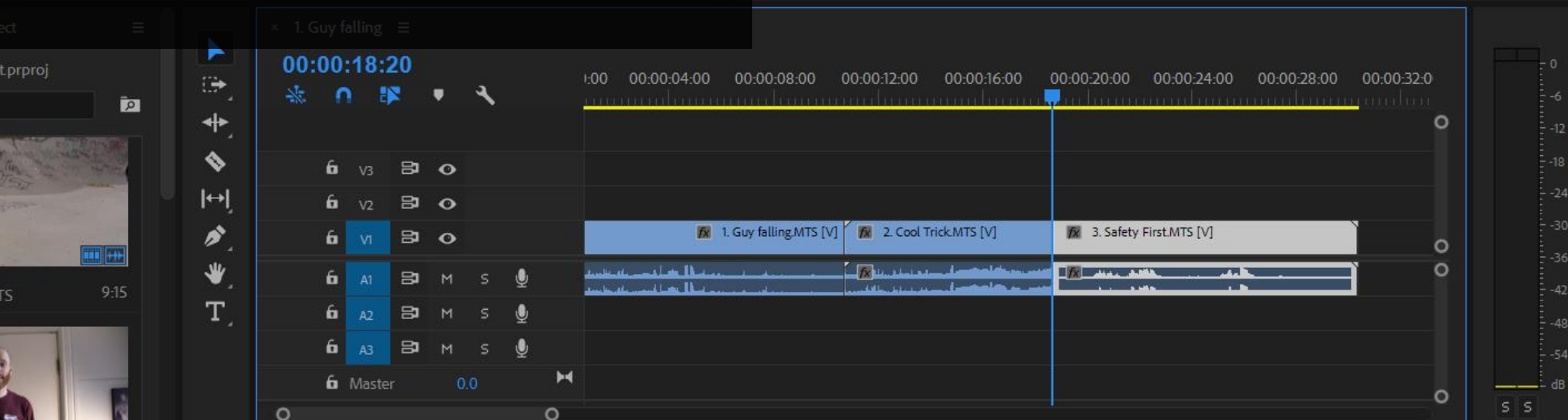
**10.** Place your cursor in the center of the “Safety First” clip and drag it beside “Cool trick.” It should snap into place when it gets close enough. Your timeline should look something like this:



## Task 3: Adding a Cross-dissolve

1. Click on Effects in the workspaces menu or select Windows > Workspaces > Effects. Your workspace should look something like this:

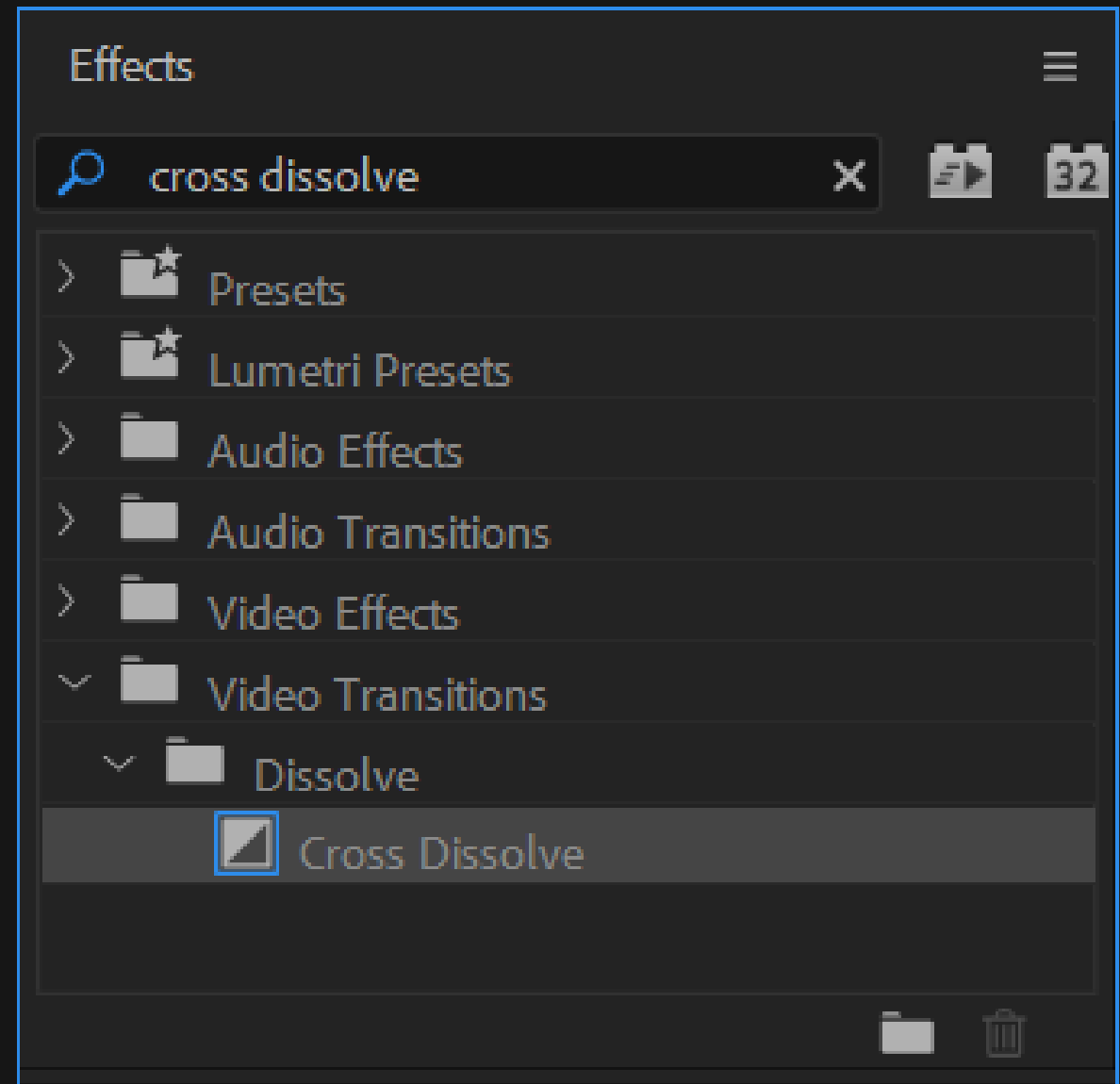
2. Find the Effects Panel on the right side of the screen (not Effects Controls, we won't be using those).



## Lesson #2: Adding a Cross-dissolve

**3.** In the effects search box type the words “cross dissolve.”

**4.** You should see Cross Dissolve in the list of effect. Drag the Cross Dissolve icon from the Effects Panel into your timeline and place between the “Cool trick” and “Safety First” clips.





× 1. Guy falling ☰

00:00:00:00



V3



V2



V1



A1



M

S



A2



M

S



A3



M

S



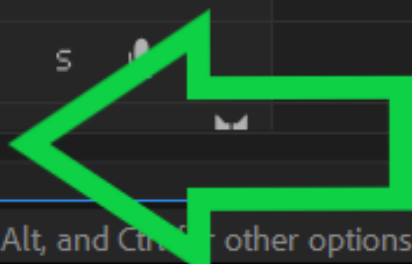
00:00:15:00 00:00:16:00 00:00:17:00 00:00:18:00 00:00:19:00 00:00:20:00 00:00:21:00 00:00:22:00 00:00:23:00

fx 2. Cool Trick.MTS [V]

Cross Dissolve

fx 3. Safety First.MTS [V]

fx



g to marquee select. Use Shift, Alt, and Ctrl for other options.

# Quiz #1

► You can preview clips and trim them in the:

- A. Workspace Menu
- B. Playhead
- C. Source Monitor
- D. Project Panel



When you import media, it appears in the:

- A. Project Panel
- B. Timeline
- C. Effects Menu
- D. Source Monitor



To move clips around in the timeline we used which tool?

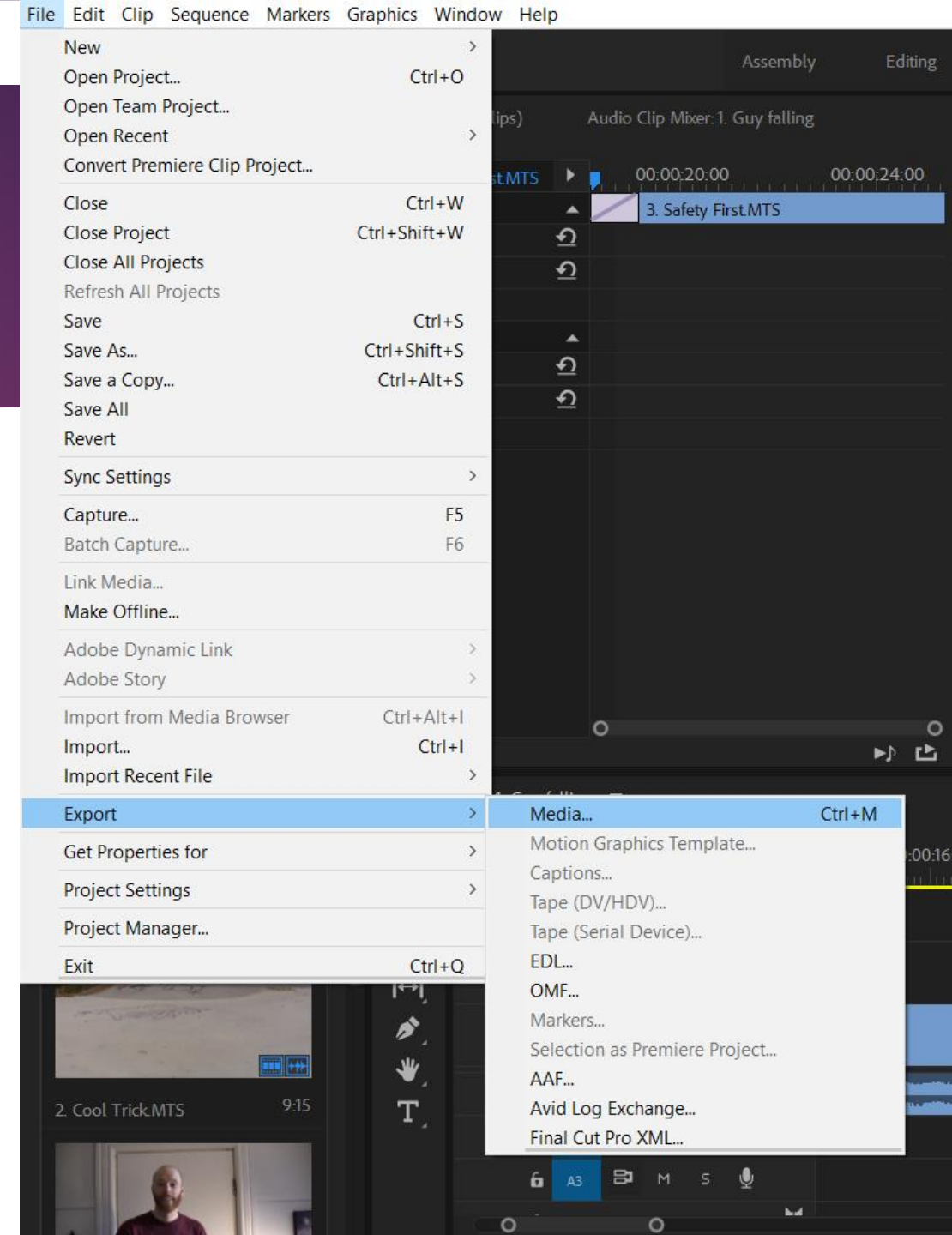
- A. Razor Tool
- B. Selection Tool
- C. Slip Tool
- D. Rate Stretch

## Lesson 3: Exporting Your Video

This lesson will show you how to export your video into to a high quality video file, such as a .MOV

# Task 1: Exporting Your Project In A Standard Format

1. Make sure the Timeline panel is active and choose File > Export > Media
2. In the Export Settings dialog box, choose Format: H.264 and Preset: Match Source – High Bitrate.



Source   **Output**

Source Scaling: Scale To Fit



00:00:00:00   Fit   00:00:30:11

Source Range: Sequence In/Out

**Export Settings**

☐ Match Sequence Settings

Format: H.264

Preset: Match Source - High bitrate

Comments:

Output Name: 1. Guy falling.mp4

☒ Export Video   ☒ Export Audio

**Summary**

**Output:** C:\User...ments\Adobe\Premiere Pro\12.1\1. Guy falling.mp4  
1440x1080 (1.3333), 29.97 fps, Upper, 00:00:30:11  
VBR, 1 pass, Target 10.00 Mbps, Max 12.00 Mbps  
AAC, 320 kbps, 48 kHz, Stereo

**Source:** Sequence, 1. Guy falling  
1440x1080 (1.3333), 29.97 fps, Upper, 00:00:30:11  
48000 Hz, Stereo

Effects   **Video**   Audio   Multiplexer   Captions   Publish

**Basic Video Settings**

Match Source

Width: 1,440

Height: 1,080

Frame Rate: 29.97

☐ Use Maximum Render Quality   ☐ Use Previews

☐ Import into project

☐ Set Start Timecode 00:00:00:00   ☐ Render Alpha Channel Only

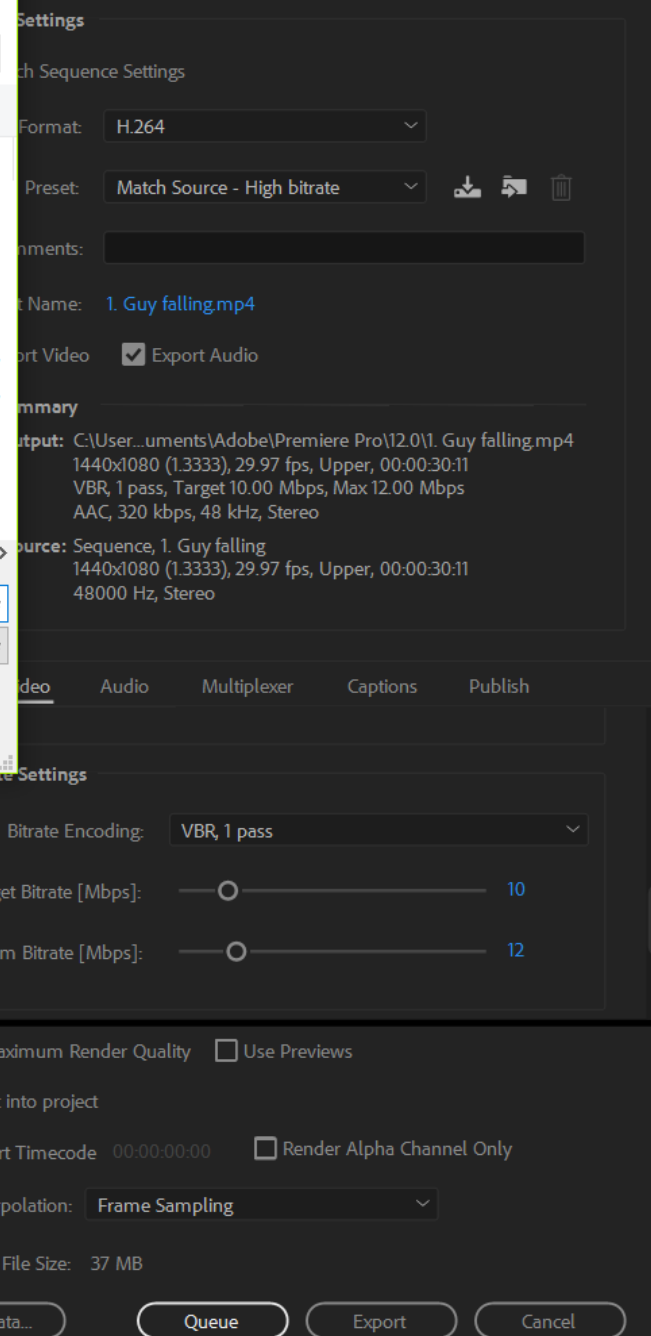
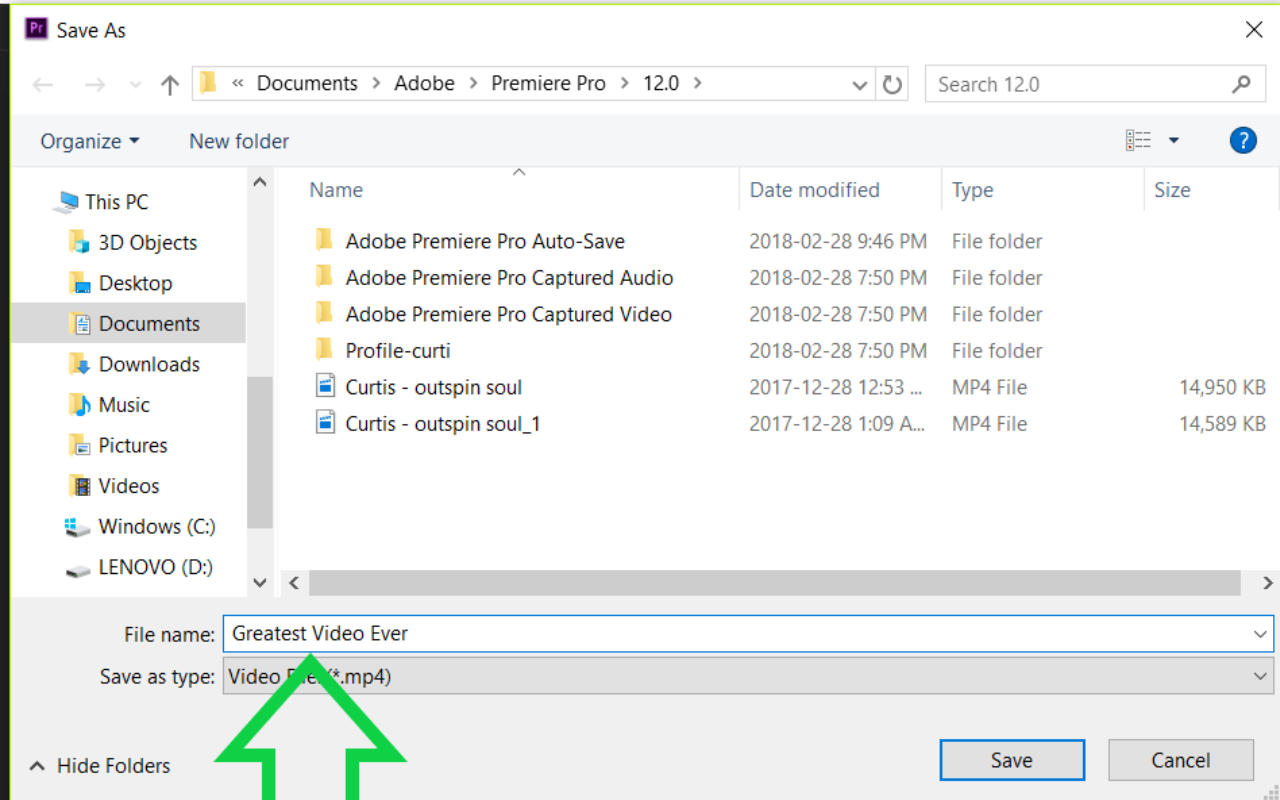
Time Interpolation: Frame Sampling

Estimated File Size: 37 MB

Metadata...   Queue   Export   Cancel

3. To choose a filename and location, click the blue filename to open the Save As dialog box.

4. Choose a location for the file, name the file "Greatest Video Ever" and then click Save.





# The End Credits...

Thank you for participating in our teach-a-class!

Please complete a short questionnaire and tell us how we did:

<https://www.surveymonkey.com/r/NV5XPFG>