

**Treatment Protocols****Drowning/Near Drowning - Adult****Date: 07/01/2025****Policy #9090A****Adult BLS Standing Orders**

- **Universal Patient Protocol**
- Ensure patent airway, suction PRN
- Intervene PRN per **Airway Policy**
- Spinal motion restriction PRN per **Spinal Motion Restriction Policy**
- Monitor O<sub>2</sub> saturation, aggressively treat hypoxia or increased WOB
- Give oxygen and/or ventilate PRN
- Keep patient warm
- All patients should be evaluated in the hospital, **BHP**
- Blood glucose PRN
- Refer to **Poisoning and Trauma Policies** as needed
- Capnography
- CPAP per **NIPPV Policy**

**Adult LALS Standing Order Protocol**

- Establish IV PRN
- Capnography

**Wheezing**

- Albuterol 2.5 mg nebulized for wheezing MR x 1

**Hypotension**

- Refer to **Shock Protocol**

**Adult ALS Standing Order Protocol**

- Monitor EKG
- IV/IO PRN
- Capnography
- ETT prn per **Airway Policy**
- CPAP per **NIPPV Policy**

**Wheezing**

- Albuterol 2.5 mg nebulized for wheezing MR x, 1 MR **BH**

**Hypotension**

- NS 500-1,000 mL IV MR x 1 to a max of 2,000 mL to maintain a SBP of  $\geq$  90 mmHg
- Refer to **Shock Protocol**

**Nausea and/or Vomiting**

- Ondansetron 4 mg IV/IO/IM/ODT PRN, MR x1, total 8 mg

**Adult Base Hospital Orders**

- **BH** – Repeat albuterol 2.5 mg PRN wheezing

**Notes:**

- All patients should be evaluated in the hospital. Consult with **BHP** if patient is desiring AMA

**APPROVED:**SIGNATURE ON FILE – 07/01/25

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