

## 2.12 RESPIRATORY DISTRESS: ACUTE PULMONARY EDEMA

### EMSAC JULY 2025

BLS Treatment
<ul style="list-style-type: none"><li>• Position of comfort.</li><li>• NPO</li><li>• <b>Oxygen</b> as indicated.</li></ul>
ALS Treatment
<ul style="list-style-type: none"><li>• Apply CPAP as indicated.</li><li>• Obtain 12 lead EKG.</li><li>• Establish IV/IO with <b>Normal Saline</b> TKO.</li><li>• <b>Nitroglycerin</b></li><li>• If SBP &lt; 90 mmHg, signs of hypoperfusion or cardiogenic shock, administer <del>Dopamine</del> <b>Epinephrine</b> (or available alternate).</li><li>• Follow <b>Protocol 7.01 Airway Management</b> for advanced procedures as indicated.</li></ul>
Comments
<p>DO NOT administer <b>Nitroglycerin</b> to patients who have taken a phosphodiesterase inhibitor (erectile dysfunction drug) within the following time frames:</p> <ul style="list-style-type: none"><li>○ Sildenafil (Viagra, Revatio) or Vardenafil (Levitra, Staxin) &lt; 24 hours</li><li>○ Tadalafil (Cialis, Addcirca) &lt; 48 hours</li></ul>