

	<b>COUNTY OF SACRAMENTO</b> EMERGENCY MEDICAL SERVICES AGENCY	Document #	4521.01
	<u>PROGRAM DOCUMENT:</u>  <b>Triage to Alternate Destination Training Curriculum</b>	Initial Date:	4/01/2025
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EMS Medical Director

EMS Administrator

## **Triage to Alternate Destination Training Curriculum**

Length_	Topic
30 Min	<b>Introduction and Reason for Training</b> <ul style="list-style-type: none"> <li>• State and Sacramento County EMS Agency Requirements</li> <li>• Overview of training</li> </ul>
45 min	<b>Understanding Mental Illness</b> <ul style="list-style-type: none"> <li>• Mental Illness Defined</li> <li>• Stigma and Its Effect on Attitudes and Behaviors</li> </ul>
60 min	<b>Mental Health Conditions</b> <ul style="list-style-type: none"> <li>• Schizophrenia <ul style="list-style-type: none"> <li>◦ Signs and Symptoms of Schizophrenia</li> <li>◦ Common Neuro-Psychiatric Medications Used to Treat Schizophrenia</li> </ul> </li> <li>• Mood/Affective Disorders <ul style="list-style-type: none"> <li>◦ Signs &amp; Symptoms of Unipolar Depression (Major Depressive Disorder)</li> <li>◦ Signs &amp; Symptoms of Bi-Polar Disorder</li> <li>◦ Common Neuro-Psychiatric Medications Used to Treat Mood/Affective Disorders</li> </ul> </li> <li>• Anxiety Disorders <ul style="list-style-type: none"> <li>◦ Common Anxiety Disorders</li> <li>◦ Signs and Symptoms of Anxiety</li> <li>◦ Common Neuro-Psychiatric Medications Used to Treat Anxiety</li> </ul> </li> <li>• Personality Disorders <ul style="list-style-type: none"> <li>◦ Personality Disorder Overview</li> <li>◦ Signs and Symptoms of Personality Disorders</li> <li>◦ Treatment of Personality Disorders, Including Neuro-Psychiatric Medications</li> </ul> </li> <li>• Pre-hospital Case Study</li> </ul>
60 min	<b>Understanding Suicidal Thoughts and Behaviors</b> <ul style="list-style-type: none"> <li>• Demographics and Incidence of Suicide</li> <li>• Key Concepts</li> <li>• Contributing Factors to Suicidal Thoughts and Behavior</li> <li>• Warning Signs</li> <li>• Assessing Risk</li> <li>• Intervention</li> <li>• Resources</li> <li>• Pre-hospital Case Review</li> </ul>

45 min	<p><b>Alcohol and Substance Use Disorders</b></p> <ul style="list-style-type: none"> <li>• Substance abuse impact on the community</li> <li>• Understanding the difference between mental health disorders, intoxication, and medical emergencies. Common signs and symptoms</li> <li>• Assessment, treatment, and stabilizing of intoxicated patients.</li> <li>• Pre-hospital Case Review</li> </ul>
60 min	<p><b>Treatment, Triage, and Transport Parameters</b></p> <ul style="list-style-type: none"> <li>• Review of SCEMSA PD# 2004 – Patient Privacy</li> <li>• Review of SCEMSA PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport</li> <li>• Review of SCEMSA PD# 2522 – Electronic Health Record and Data Policy</li> <li>• Review of SCEMSA PD# 5050 – Destination</li> <li>• Review of SCEMSA PD# 5203 – Transport Guidelines-Sobering Center Facility</li> <li>• Review of SCEMSA PD# 5205 – Transport Guidelines-Mental Health Facility</li> <li>• Review of SCEMSA PD# 8004 – Suspected Narcotic Overdose</li> <li>• Review of SCEMSA PD# 8062 – Behavioral Crisis-Restraint</li> <li>• Review of SCEMSA PD# 8069 – Buprenorphine</li> <li>• EMS Documentation</li> <li>• EMTALA and EMS, what EMS providers need to know.</li> </ul>

**Cross References:** PD# 2004 – Patient Privacy

- PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport
- PD# 2522 – Electronic Health Record and Data Policy
- PD# 5050 – Destination
- PD# 5203 – Transport Guidelines-Sobering Center
- PD# 5205 – Transport Guidelines-Mental Health Facility
- PD# 8004 – Suspected Narcotic Overdose
- PD# 8062 – Behavioral Crisis-Restraint
- PD# 8069 – Buprenorphine