



Yolo County Emergency Medical Services Agency

Protocols

Revised Date: May 1, 2025

CHILDBIRTH		
Adult		
BLS		
Assess vital signs O ₂ , titrate SpO ₂ to $\geq 94\%$ Estimate blood loss		
Presenting Part		
Prolapsed Cord	Head	Breech or Footing
<ul style="list-style-type: none">• Protect cord• Place mother in knee-chest position• Insert gloved hand into vagina & gently push presenting part off the cord• Cover the cord with wet saline dressing	<ul style="list-style-type: none">• Allow delivery (note time)• Provide warmth• Assure open airway• Evaluate for meconium and clear airway with bulb syringe• Dry baby	<ul style="list-style-type: none">• Protect cord• Allow delivery to progress passively until baby's waist appears• Rotate baby to face down position (do not pull)• If head does not deliver in 3 minutes, insert gloved hand into vagina to create an air passage for infant• As mother bears down, sweep the head out of the vagina
After the Delivery		
<ul style="list-style-type: none">• Dry and stimulate• Provide warmth• Insulate head• Place newborn skin to skin with mother if possible• APGAR at 1 minute• Clamp and cut cord<ul style="list-style-type: none">○ Delay clamping of the umbilical cord for 2 minutes for uncomplicated births not requiring resuscitation○ Double clamp cord, cut 6 inches from the baby between clamps• APGAR at 5 minutes• Vigorously massage fundus until firm		
ALS		
Cardiac Monitor, Waveform EtCO ₂ , Vascular Access		
For Severe Post-Partum Hemorrhage: Tranexamic Acid (TXA) 1 gm/100 mL D5W or NS IV/IO <ul style="list-style-type: none">• Infused over 10 minutes		



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Direction

- Transport to closest Receiving Hospital with obstetric services; do not wait for placenta delivery
- Transport mother and baby together whenever possible
- For complicated deliveries contact Base Hospital Physician early
- Contact Base Hospital for additional treatment

APGAR Score

	Sign/Score	0	1	2
A	Appearance	Blue/Pale	Peripheral Cyanosis	Pink
P	Pulse Rate	None	<100	>100
G	Grimace	None	Grimace	Cries
A	Activity	Limp	Some Motion	Active
R	Respiration	Absent	Slow/Irregular	Good, Strong Cry