

APGAR Score

Appearance	2 Completely pink	1 Extremities blue	0 Completely blue/pale
Pulse	2 Over 100/min	1 Under 100/min	0 No pulse
Grimice	2 Cries or coughs	1 Grimaces or weak cry	0 No response
Activity	2 Active movement	1 Arms/Legs flexed	0 No movement
Respiration	2 Strong cry	1 Slow or irregular	0 No breathing