

USE OF RESTRAINTS	
ADULT	PEDIATRIC (≤34KG)
BLS	
<ul style="list-style-type: none"> <li>Universal Protocol #601</li> <li>Pulse Oximetry – O<sub>2</sub> administration per Airway Management Protocol #602</li> <li>Application of restraints – see Notes</li> <li>Evaluate restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li> </ul>	
ALS Standing Orders	
Severely agitated or aggressive patients that interfere with patient care, or patient/crew safety refer to Behavioral Protocol #613	
Base Hospital Orders Only	
As needed	
Notes	
<ul style="list-style-type: none"> <li>Restraints for prehospital use must be either padded leather or a soft material and allow for quick release               <ul style="list-style-type: none"> <li>No hard plastic ties</li> <li>No “sandwiching” the patient between backboards or like devices</li> <li>No restraining hands and feet behind the patient (“hog-tying”)</li> <li>No methods or material applied in a manner that cause respiratory, vascular or neurological compromise</li> <li>Patient may not be transported in the prone position</li> <li>No handcuffs or restraints of any kind behind patient’s back.</li> </ul> </li> <li>Indications               <ul style="list-style-type: none"> <li>For patients who are violent, or may harm themselves or others during field treatment or transport</li> </ul> </li> <li>Documentation shall include:               <ul style="list-style-type: none"> <li>Reasons and time restraints were applied</li> <li>Which agency/personnel applied the restraint</li> <li>Evaluation of restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li> <li>Evaluation of respiratory status</li> </ul> </li> <li>Method of application shall allow for monitoring of vital signs and shall not restrict the ability to protect the patient’s airway, or compromise neurological or vascular status</li> <li>Restraints applied by law enforcement and not approved for use by EMS personnel:               <ul style="list-style-type: none"> <li>Require the officer to remain available at the scene or during transport to remove or adjust restraints for patient safety</li> <li>Must allow for straightening of the abdomen and chest to allow for full tidal volume respirations</li> </ul> </li> <li>Aggressive or violent behavior may be a symptom of medical conditions such as head trauma, alcohol, drug related problems, metabolic disorders, stress or psychiatric disorders.</li> </ul>	