

	<b>COUNTY OF SACRAMENTO</b> EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.11
	<b>PROGRAM DOCUMENT:</b>  <b>Nausea / Vomiting</b>	Initial Date:	12/05/11
		Last Approved Date:	10/23/24
		Effective Date:	10/23/24
		Next Review Date:	12/01/25

Signature on File

EMS Medical Director

Signature on File

EMS Administrator

**Purpose:**

- A. To establish the treatment standard for treating patients with nausea and / or vomiting

**Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

**Protocol:**

<b>BLS</b>
1. Assess and support ABC's as needed. 2. Supplemental O <sub>2</sub> as necessary to maintain SpO <sub>2</sub> ≥ 94%. Use lowest concentration and flow rate of O <sub>2</sub> as possible. 3. Suction airway as necessary. 4. Assess and treat as appropriate for underlying cause. 5. Determine blood glucose. If blood glucose is < 60 mg/dl treat per protocol PD# 8002-Diabetic Emergency. 6. Transport patient in position of protecting airway.
<b>ALS</b>
1. Advanced airway adjuncts as needed. 2. Consider vascular access and titrate to SBP ≥ 90mmHg. 3. Ondansetron: <ul style="list-style-type: none"> <li>• 4mg PO/SL/IM/IV/IO.</li> <li>• For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.</li> </ul> 4. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg. 5. Withhold from first trimester (< 12 weeks) pregnant patients not already using Ondansetron.