

<b>USE OF RESTRAINTS</b>				
<b>ADULT</b>	<b>PEDIATRIC (≤34KG)</b>			
<b>BLS</b>				
<ul style="list-style-type: none"><li>• Universal Protocol #601</li><li>• Pulse Oximetry – O<sub>2</sub> administration per Airway Management Protocol #602</li><li>• Application of restraints – see Notes</li><li>• Evaluate restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li></ul>				
<b>ALS Standing Orders</b>				
Severely agitated or aggressive patients that interfere with patient care, or patient/crew safety refer to Behavioral Protocol #613				
<b>Base Hospital Orders Only</b>				
As needed				
<b>Notes</b>				
<ul style="list-style-type: none"><li>• Restraints for prehospital use must be either padded leather or a soft material and allow for quick release<ul style="list-style-type: none"><li>○ No hard plastic ties</li><li>○ No “sandwiching” the patient between backboards or like devices</li><li>○ No restraining hands and feet behind the patient (“hog-tying”)</li><li>○ No methods or material applied in a manner that cause respiratory, vascular or neurological compromise</li><li>○ Patient may not be transported in the prone position</li><li>○ No handcuffs or restraints of any kind behind patient’s back.</li></ul></li><li>• Indications<ul style="list-style-type: none"><li>○ For patients who are violent, or may harm themselves or others during field treatment or transport</li></ul></li><li>• Documentation shall include:<ul style="list-style-type: none"><li>○ Reasons and time restraints were applied</li><li>○ Which agency/personnel applied the restraint</li><li>○ Evaluation of restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li><li>○ Evaluation of respiratory status</li></ul></li><li>• Method of application shall allow for monitoring of vital signs and shall not restrict the ability to protect the patient’s airway, or compromise neurological or vascular status</li><li>• Restraints applied by law enforcement and not approved for use by EMS personnel:<ul style="list-style-type: none"><li>○ Require the officer to remain available at the scene or during transport to remove or adjust restraints for patient safety</li><li>○ Must allow for straightening of the abdomen and chest to allow for full tidal volume respirations</li></ul></li><li>• Aggressive or violent behavior may be a symptom of medical conditions such as head trauma, alcohol, drug related problems, metabolic disorders, stress or psychiatric disorders.</li></ul>				