

**San Joaquin County  
Emergency Medical Services Agency**

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## BLS Gynecological Emergencies

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**AUTHORITY:** Health and Safety Code, Division 2.5, Sections 1797.60, 1797.80, 1797.197, 1797.197a, 1797.204, 1797.220, 1798; California Code of Regulations, Title 22, Chapter 2, Sections 100062, 100063, 100064

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**INFORMATION NEEDED:**

Last menstrual period and possibility of pregnancy.

Duration and amount of any bleeding.

If pregnant: month of pregnancy, any anticipated problems (e.g. pre-eclampsia, lack of prenatal care, expected multiple births).

Presence of contractions, cramps, or discomfort.

Pertinent past medical history.

**OBJECTIVE FINDINGS:**

Estimated blood loss.

Low blood pressure or high blood pressure.

Spontaneous abortion – passage of products of conception, fetus less than 20 weeks of gestation.

Headaches, blurred vision.

Severe abdominal cramps or sharp abdominal pain.

**TREATMENT:**

1. Primary Survey – Ensure ABC's.
2. Place patient in shock position, if warranted. If pregnant, place in left lateral position.
3. Monitor SpO<sub>2</sub>.
4. Administer oxygen for shortness of breath or signs of hypoxia: Oxygen 10-15 L/min via non-rebreathing mask. A patient with ineffective respirations: support ventilations with BVM and appropriate airway adjunct.
5. Do not visualize genital region except for known or suspected active bleeding, severe trauma to region, or active labor.
6. For active bleeding, place bulky dressing externally to absorb blood flow.
7. Confirm ambulance transport is responding.
8. Secondary Survey and Routine Medical Care.

**Note:**

- 1) Do not pack vagina with any material, use external dressings only.
- 2) When possible have an EMT of same gender as the patient perform evaluations of the pelvis/genital area.
- 3) Consider neonatal resuscitation in all deliveries.