

Pediatric Non-Traumatic Headache

For non-traumatic headache or head pain

History

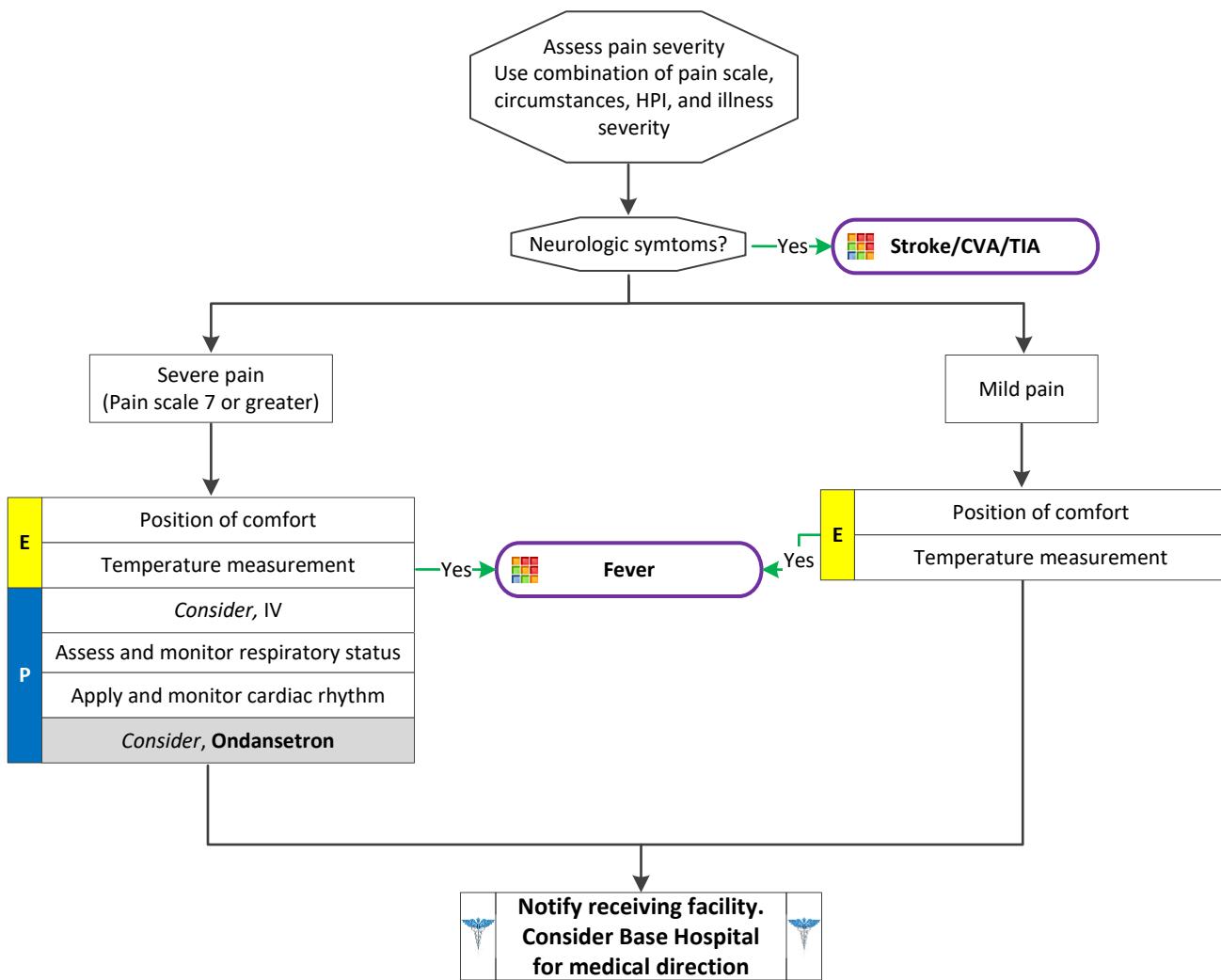
- Age
- Location and duration
- Severity (0 – 10 scale)
- Past medical history
- Drug allergies and medications
- Fever

Signs and Symptoms

- Severity (pain scale)
- Quality (e.g., sharp, dull, or stabbing)
- Radiation
- Relation to movement or respiration
- Photophobia
- Nausea/vomiting
- Fever

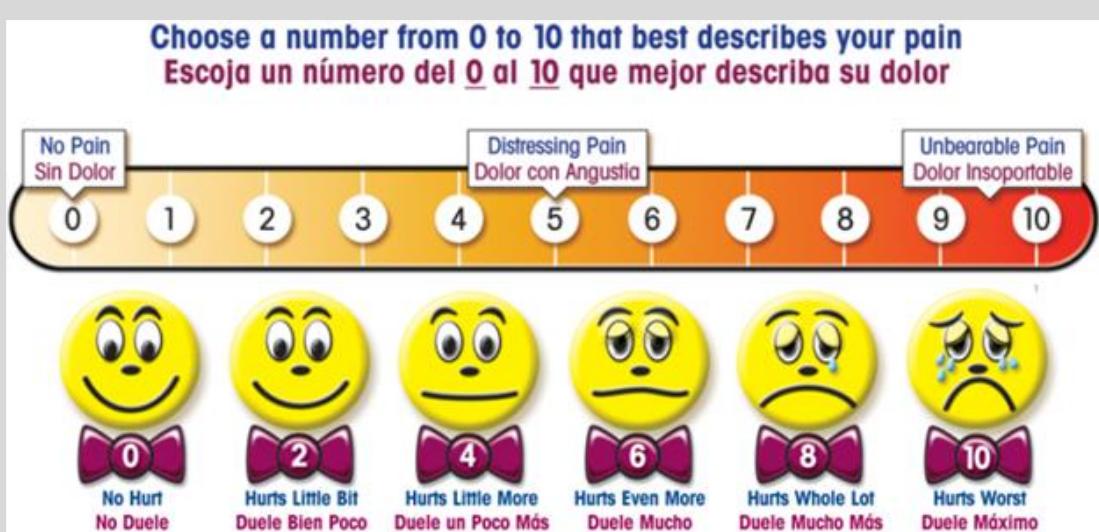
Differential

- Migraine
- Intracranial hemorrhage
- Arterial hypertension
- Behavioral
- Viral/bacterial infection
- Hypoxia
- Hypercapnia
- Carbon monoxide poisoning



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| FLACC Scale | | 0 | 1 | 2 |
|-------------|---------------|-----------------------------------|---|---|
| 1 | Face | No particular expression or smile | Occasional grimace or frown, withdrawn, disinterested, worried look to face, eyebrows lowered, eyes partially closed, cheeks raised, mouth pursed | Frequent to constant frowning, clenched jaw, quivering chin, deep furrows on forehead, eyes closed, mouth opened, deep lines around nose/lips |
| 2 | Legs | No particular expression or smile | Uneasy, restless, tense, increased tone, rigidity, intermittent flexion/extension of limbs | Kicking or legs drawn up, hypertonicity, exaggerated flexion/extension of limbs, tremors |
| 3 | Activity | No particular expression or smile | Squirming, shifting, back and forth, tense, hesitant to move, guarding, pressure on body part | Arched, rigid, or jerking, fixed position, rocking, side to side head movement, rubbing of body part |
| 4 | Cry | No particular expression or smile | Moans or whimpers, occasional cries, sighs, occasional complaint | Crying steadily, screams, sobs, moans, grunts, frequent complaints |
| 5 | Consolability | No particular expression or smile | Reassured by occasional touching, hugging, or talking to, distractible | Difficult to console or comfort |

Pearls

- Pain severity (0 – 10 scale) shall be recorded before and after all BLS pain control measures delivery. Monitor blood pressure and respirations closely as pain control medications may cause hypotension or respiratory distress.
- FLACC scale is intended for patients under 12 months of age.

