

The Shredded Academy

Program Access Guide

8 Week Full Body Shred

How to access your program:

1

Save this document!

Your link will expire in 30 days. Save this access doc for future reference. Seriously - save it!

2

Copy the following password:

FULL8SHRED

(Enter the password with ALL CAPS and NOSPACES.)

3

Click the button below and input the password

ACCESS