

LESSON TITLE PAGE

TITLE:	Packing a Pack
Date:	[DATE]
Time Limit:	40 Minutes
Instructor:	[INSTRUCTOR]
Interest:	Have the cadets discuss what items they would bring on a tramp with them
Handouts:	None
Review:	None
Whiteboard Layout:	Will be modified throughout the lesson

INTROSH LESSON PLAN PAGE

Key	Instructional Points	Training Aids	Student Activity
Interest:	Have the cadets discuss what items they would bring on a tramp with them		Discuss what they would bring
Title:	Packing a Pack		
Objectives:	The objective of this lesson is for you to understand the importance of packing a pack in a specific way that will allow for a comfortable tramp		
Need:	The reason you will need to know this is because packing for a tramp needs to be done well for the safety and health during the tramp		Ask the cadets why they might need to know this
Scope:	To understand how to pack your packs, the lesson will be split into several parts being, gear, how to pack, different sized packs / setups		Ask the cadets questions throughout the lesson
References:	The references I will be using for this are from online sources or any cadet related pages	Label the references on the whiteboard	
Handouts:	None		
Revision:	None		

LESSON PLAN PAGE

Key	Instructional Points	Training Aids	Student Activity

TENSION LESSON PLAN PAGE

Key	Instructional Points	Training Aids	Student Activity
Title:	Packing a Pack		
Objectives:	The objective of this lesson is for you to understand the importance of packing a pack in a specific way that will allow for a comfortable tramp		Ask the cadets why they might need to know this
Need:	The reason you will need to know this is because packing for a tramp needs to be done well for the safety and health during the tramp		Ask the cadets questions throughout the lesson
Summary:	To explain the how you will need to pack a pack that is suitable for an overnight tramp consisting of at least one night		
Extra Help:	Google how to pack a pack that fits a general set of packs for an overnight tramp		
Next Lesson:	Your next period of instruction is: [NEXT_LESSON] With [NEXT_INSTRUCTOR] [NEXT_LOCATION] at [NEXT_TIMING] Dressed [NEXT_DRESS]		
Interest:	Have the cadets discuss what items they would bring on a tramp with them		Discuss what they would bring