## **Alex Foster**

HR: 88 bpm,

RR: 20 breaths/min, BP: 130/85 mmHg, Glucose: 120 mg/dL

Sex: Male, Age: 28 years

Medical History: Type 1 diabetes diagnosed at age 20. Insulin-dependent. No known allergies. Works as a fitness trainer, active lifestyle, and follows a

low-carb diet.