NYABATE FRANKLINE OGEGA

REGISTERED NURSE

CONTACTS

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RELEVANT BIO-DATA

Date of Birth: 20th APRIL, 1997

Ethnicity: Kenyan Maritalstatus: Single Religion: Christian(Adventist)

Language Proficiency: English, Swahili, Spanish

PERSONAL STATEMENT SUMMARY

Am an avid, adaptable and eager to learn nurse who particularly excels in difficult, pressure filled situations that have fueled my keen interest in Emergency and critical care Nursing. Other areas of interest include Theatre Nursing and Renal Nursing.

I have fostered Leadership, Delegation and Conflict resolution by volunteering myself to work as a student lead during my internship at Machakos Level 5 Hospital where i supervised students from KMTC machakos in Accident and Emergency Unit for 6 months.

In the spirit of 'All work and no play makes jack a dull boy', you will find me doing team building activities, hiking and playing football in my off days.

FORMAL EDUCATION

2016-2021: Bachelor of Science in Nursing, UoN 2012-2015: Kanga High School, KCSE (A plain) 2000-2011: Ecole Alexandra, KCPE(B+)

OTHER CERTIFICATIONS AND COURSES TAKEN

- ❖ MIT Opencourse ware (cs50): Introduction to computer science.
- Basic Life Support: Currently enrolled

RELEVANT HANDS-ON SKILLS

- 1. <u>Wound stitching and Advanced Wound care</u>: In my internship, i was delegated the duties of wound stitching and wound dressing in the emergency department that accelerated my grasp and indepth understanding of its intricasies.
- 2. <u>Renal dialysis:</u> as opposed to the allocated two weeks experience in renal unit, i dedicated 1 additional month to get a good grasp of the intricasies of renal dialysis during my internship.
- 3. <u>Hospital ward management:</u> As part of my internship, i was posted to Mwala Level 4 where due to undrstaffing, i had to quickly boostrap myself with the requisite knowledge in ward management where i supervised Entire Medical, Surgical and Paediatric Wards
- 4. <u>Theatre Instrumentation:</u> During my internship experience at Mwala level 4 hospital, I participated in threatre instruments sorting, cleaning, and sterilization besides Assisting in actual surgeries.
- 5. <u>Psychiatric Evaluation:</u> During my internship I was tasked with teaching students from Machakos KMTC rotating in psychiatry ward on how to conduct a mental Health Assessment on newly

admitted patients in line with DSM5.

SOFT SKILLS

- Communication skills
- Duty delegation: I participated in designing of the overall duty rota while rotating in the office of the Nursing Services Manager during my internship.
- Team Player
- ❖ Ability to work under pressure that has fueled my interest in Emergency Nursing Care.

OTHER APPLICABLE SKILLS

- Telemedicine technology implementation
- Computer software programming
- Compuer Database management systems

RELEVANT WORK AND EXPOSURE EXPERIENCE

- Current Role: Volunteer Nurse at machakos level 5 hospital
- October, 2022 December, 2023: Mandatory Internship at Machakos level 5
- January,2022- June,2021: Airtel Salesperson: Where i assited in sale of Airtel services including Airtel Portable WIFI

WEBINARS AND WORKSHOPS

- Anatomy and Physiology of Endometriosis: I presented a case study based in machakos level 5(september, 2022)
- Management of Diabates CME at Machakos KMTC(April,2023)
- Dangers and management of Pre-eclampsia and Eclampsia: webinar hosted by Machakos Level 5 Midwives and Gynaecologists.
- ❖ Medical camps at Muranga and Eastleign hosted by Doctors without borders(2021)

REFERENCES

1.Eunice Manuna, NSM Mwala Level 4 Hospital Tel:<u>+254711483434</u>

2.Ruth Makove, SNO Machakos level 5 Hospital

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