## Declaration and Waiver of Liability

**Certification and Declaration.** Participant hereby certifies and declares that s/he is physically fit, in good health, and has the athletic ability to participate in field day activities with the North Carolina Professional Association of Nannies (NC PAN). Participant understands and agrees that s/he will abide by all safety rules stated by NC PAN.

Release and Waiver. Participant does hereby release, forever discharge and hold harmless NC PAN, its Officers, Governing Committee members, Members, sponsors, promoters, supporters and all other contributors, its heirs, successors and assigns from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, whether caused by the negligence of NC PAN or some other person or entity, including with respect to bodily injury, personal injury, illness, death, or property damage that Participant has suffered or may hereafter suffer as a result of participation.

**Medical Treatment.** Participant understands that NC PAN has not and will not assume any responsibility for or obligation to provide financial or other assistance, including medical, health, life, disability or other insurance in the event of Participant's bodily injury, personal illness, death or property damage.

**Assumption of the Risk.** Participant understands that participation in field day activities include activities that may be hazardous to the Participant. Participant hereby expressly and specifically assumes the risk of injury or harm in participating in field day activities.

**Insurance.** Participant understands that NC PAN does not carry or maintain health, medical, or disability insurance for any Participant. In that regard, **Participant is expected and encouraged and has been advised to obtain his or her own insurance coverage.** 

**Other.** Participant expressly agrees that this Release is intended to be as broad and inclusive as permitted by the laws of the State of North Carolina. Participant agrees that in the event that any clause or provision of this Release shall be held invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Release which shall continue to be enforceable.

Print Participant Name	Signature of Participant	Date
Parent/Legal Guardian Name	Signature of Parent/Legal Guardian	 Date
	(If participant is under the age of 18 years old.)	

## Photographic Release.

Participant does hereby grant and convey to NC PAN all rights, title, interest in and permission to use,
for any lawful purpose, any and all photographic images and video or audio recordings made by NC PAN
during the Participant's activities at NC PAN Field Day.

Print Participant Name	Signature of Participant	Date
Parent/Legal Guardian Name	Signature of Parent/Legal Guardian (If participant is under the age of 18	Date
	years old.)	