# Mechanics of Self-Balancing Toys: A Comprehensive Guide

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#### Abstract

This report provides a thorough explanation of the mechanics governing self-balancing toys, making it accessible to both technical readers and those without a strong background in physics. We explore the conditions for stable equilibrium, derive the equations of motion, and explain damping effects, nonlinear oscillations, parametric resonance, chaotic motion, and external forcing in a way that is both rigorous and intuitive.

### 1 Introduction

Self-balancing toys have fascinated people for generations. At first glance, they appear to defy gravity, remaining upright despite disturbances. The secret lies in the placement of their center of mass (COM) and the principles of physics that govern their motion.

The goal of this report is to break down the mechanics of self-balancing toys into simple, understandable concepts while providing rigorous mathematical derivations for those who wish to dive deeper. By the end of this document, even a layman will have a solid grasp of how these toys work and why they behave the way they do.

## 2 center of mass

The basic reason why this system of mass is having an stabel equlibrium is that it is pivoted above the center of masss of the system

we know that the center of mass is founded out by the equation:

$$C.O.M = \frac{\sum M_i X_i}{\sum M_i},\tag{1}$$

now using this concept we will derive the center of mass of our system assuming this as a triangle we have 3 masses at the verices

let the origin be at the one of the vertices like:

putting this system on the equation (1)

$$Finding M_x: \frac{M(0) + M(L) + M(\frac{L}{2})}{3M} = \frac{M(L + \frac{L}{2})}{3M} = \frac{L}{2},$$
 (2)

Finding 
$$M_y$$
:  $\frac{M(0) + M(0) + M(\frac{\sqrt{3}L}{2})}{3M} = \frac{L}{2\sqrt{3}},$  (3)

from equation 1 and 2 we can say that the com is on

$$(L2); (\frac{L}{2\sqrt{3}}), \tag{4}$$

THUS IF IT IS PIVOTED ABOVE THE C.O.M i.e EQUATION 4 THERE WILL BE STABEL EQUILIBRIUM

## 3 Stable Equilibrium and Energy Considerations

For a self-balancing toy, the COM is positioned below the pivot point, which results in stable equilibrium. The gravitational potential energy is given by:

$$U = mgR(1 - \cos\theta),\tag{5}$$

where m is the mass, g is gravitational acceleration, R is the distance from the pivot to the COM, and  $\theta$  is the angular displacement.

### 3.1 Derivation of Potential Energy

The gravitational potential energy is defined as:

$$U = mqh. (6)$$

Since the height of the COM relative to the lowest position is  $h = R(1-\cos\theta)$ , substituting this into the equation gives:

$$U = mqR(1 - \cos\theta). \tag{7}$$

## 4 Derivation of the Equation of Motion

The motion of a self-balancing toy is governed by rotational dynamics. Considering a toy with mass m, moment of inertia I about the pivot point, and a center of mass (COM) at a distance R from the pivot, we analyze the forces and torques acting on it.

Newtons second law for rotational motion states:

$$\sum \tau = I\alpha,\tag{8}$$

where  $\alpha = \ddot{\theta}$  is the angular acceleration.

The torque due to gravity about the pivot is:

$$\tau = -mgR\sin\theta. \tag{9}$$

Including damping with a coefficient b, the equation of motion becomes:

$$I\ddot{\theta} + b\dot{\theta} + mgR\sin\theta = 0. \tag{10}$$

#### 4.1 Linearization for Small Oscillations

For small displacements ( $\theta \approx 0$ ), we use the small-angle approximation:

$$\sin \theta \approx \theta.$$
 (11)

Substituting this into the equation of motion gives:

$$I\ddot{\theta} + b\dot{\theta} + mgR\theta = 0. \tag{12}$$

Dividing by I to express the equation in standard form:

$$\ddot{\theta} + \frac{b}{I}\dot{\theta} + \frac{mgR}{I}\theta = 0. \tag{13}$$

This is a second-order differential equation describing damped harmonic motion.

## 4.2 Solution to the Small Oscillation Equation

For undamped motion (b = 0), the equation simplifies to:

$$\ddot{\theta} + \omega_0^2 \theta = 0, \tag{14}$$

where  $\omega_0$  is the natural angular frequency:

$$\omega_0 = \sqrt{\frac{mgR}{I}}. (15)$$

The general solution is:

$$\theta(t) = A\cos(\omega_0 t) + B\sin(\omega_0 t), \tag{16}$$

where A and B are constants determined by initial conditions.

For damping  $(b \neq 0)$ , the characteristic equation:

$$\lambda^2 + \frac{b}{I}\lambda + \omega_0^2 = 0 \tag{17}$$

leads to different types of solutions depending on the damping ratio  $\gamma = \frac{b}{2I}$ . The three cases (underdamped, critically damped, overdamped) follow standard harmonic motion solutions.

#### 4.3 Conclusion

The equation of motion for a self-balancing toy is derived based on torque considerations. For small oscillations, it reduces to the damped harmonic oscillator equation, providing insight into the toy's oscillatory behavior. Understanding these equations helps explain the stable and oscillatory nature of self-balancing toys.

## 5 damped oscillation

Self-balancing toys experience damping forces due to air resistance, internal friction, and external influences. These forces cause the oscillations to decay over time, affecting the toy's ability to return to equilibrium smoothly. Understanding damped oscillations is crucial for analyzing the toys behavior under real-world conditions.

### 5.1 Equation of Motion for Damped Oscillations

Starting from the torque equation for rotational motion:

$$I\ddot{\theta} + b\dot{\theta} + mgR\theta = 0, (18)$$

where I is the moment of inertia, b is the damping coefficient, and  $mgR\theta$  is the restoring torque.

Rearranging the equation:

$$\ddot{\theta} + 2\gamma\dot{\theta} + \omega_0^2\theta = 0,\tag{19}$$

where we define:

$$\gamma = \frac{b}{2I}, \quad \omega_0 = \sqrt{\frac{mgR}{I}}.$$
 (20)

The term  $\gamma$  represents the damping factor, and  $\omega_0$  is the undamped natural frequency.

### 5.2 Solution to the Damped Oscillation Equation

The characteristic equation is:

$$\lambda^2 + 2\gamma\lambda + \omega_0^2 = 0. (21)$$

The roots of this equation determine the nature of the oscillations:

$$\lambda = -\gamma \pm \sqrt{\gamma^2 - \omega_0^2}. (22)$$

The solution depends on the damping ratio  $\zeta = \frac{b}{2\sqrt{mgRI}}$  and can be classified into three cases:

## 5.3 Underdamped Motion ( $\gamma < \omega_0$ )

If damping is small, the roots are complex, leading to oscillatory motion:

$$\theta(t) = e^{-\gamma t} \left( A \cos(\omega_d t) + B \sin(\omega_d t) \right), \tag{23}$$

where the damped angular frequency is:

$$\omega_d = \sqrt{\omega_0^2 - \gamma^2}. (24)$$

## 5.4 Critically Damped Motion $(\gamma = \omega_0)$

For maximum damping without oscillations:

$$\theta(t) = (A + Bt)e^{-\gamma t}. (25)$$

This represents the fastest return to equilibrium without overshooting.

## 5.5 Overdamped Motion $(\gamma > \omega_0)$

When damping is too large, the motion is non-oscillatory:

$$\theta(t) = Ae^{(-\gamma + \sqrt{\gamma^2 - \omega_0^2})t} + Be^{(-\gamma - \sqrt{\gamma^2 - \omega_0^2})t}.$$
 (26)

The system slowly returns to equilibrium without oscillating.

#### 5.6 Conclusion

Damped oscillations play a crucial role in the behavior of self-balancing toys. Depending on the damping level, the system may exhibit underdamped oscillations, critical damping, or overdamping. Understanding these dynamics helps explain how the toy stabilizes and returns to equilibrium under various conditions.

Nonlinear Oscillations in Self-Balancing Toys March 9, 2025

## 6 NON LINEAR OSCILLATIONS

Nonlinear oscillations occur when the restoring force is not directly proportional to displacement. In self-balancing toys, large angular displacements introduce nonlinearities due to the sine function in the restoring torque equation.

### 6.1 Nonlinear Equation of Motion

The general equation of motion, without linearization, is given by:

$$I\ddot{\theta} + b\dot{\theta} + mgR\sin\theta = 0. \tag{27}$$

Unlike the small-angle approximation  $(\sin \theta \approx \theta)$ , this equation remains nonlinear due to the presence of  $\sin \theta$ .

## 6.2 Perturbation Solution for Weak Nonlinearity

For small but finite oscillations, we expand  $\sin \theta$  as a Taylor series:

$$\sin \theta \approx \theta - \frac{\theta^3}{6} + \mathcal{O}(\theta^5). \tag{28}$$

Substituting this approximation into the equation of motion:

$$I\ddot{\theta} + b\dot{\theta} + mgR\left(\theta - \frac{\theta^3}{6}\right) = 0.$$
 (29)

This introduces a cubic nonlinear term, making the system a weakly nonlinear oscillator.

## 6.3 Analysis Using the Method of Multiple Scales

Assuming a solution of the form:

$$\theta(t) = A\cos(\omega t) + \epsilon \theta_1(t), \tag{30}$$

where A is the amplitude and  $\epsilon$  is a small perturbation parameter, we substitute into the equation and separate orders of  $\epsilon$ . This leads to a frequency shift given by:

$$\omega \approx \omega_0 \left( 1 - \frac{A^2}{16} \right). \tag{31}$$

This result indicates that the natural frequency decreases with increasing amplitude, a hallmark of nonlinear oscillations.

### 6.4 Energy Considerations

The total energy of the system is:

$$E = \frac{1}{2}I\dot{\theta}^2 + mgR(1 - \cos\theta). \tag{32}$$

For nonlinear oscillations, the energy is not equally distributed between kinetic and potential terms as in the linear case, leading to amplitude-dependent frequency shifts.

#### 6.5 Conclusion

Nonlinear oscillations introduce amplitude-dependent frequency shifts and complex behaviors absent in the linearized system. Understanding these effects is essential for accurate modeling of self-balancing toys in real-world scenarios.

### 7 Parametric excitation

Parametric excitation occurs when a system's parameters, such as mass distribution or pivot height, are varied periodically in time. Unlike external forcing, parametric excitation can lead to exponential growth of oscillations under certain conditions. Resonance, on the other hand, refers to the amplification of oscillations when the system is driven at a frequency near its natural frequency.

## 7.1 Equation of Motion with Parametric Excitation

Considering small oscillations, the equation of motion with a time-dependent moment of inertia I(t) is:

$$I(t)\ddot{\theta} + b\dot{\theta} + mgR\sin\theta = 0. \tag{33}$$

For small variations, we express I(t) as:

$$I(t) = I_0(1 + \epsilon \cos \omega_n t), \tag{34}$$

where  $\epsilon$  is a small perturbation and  $\omega_p$  is the excitation frequency. Substituting this into the equation of motion and linearizing for small  $\theta$ , we obtain:

$$\ddot{\theta} + \gamma \dot{\theta} + \omega_0^2 (1 + \epsilon \cos \omega_p t)\theta = 0. \tag{35}$$

This represents Mathieu's equation, which describes parametric resonance.

## 7.2 Stability and Parametric Resonance

The stability of the system is analyzed using Floquet theory. The critical condition for resonance occurs when the excitation frequency is approximately twice the natural frequency:

$$\omega_p \approx 2\omega_0.$$
 (36)

The amplitude of oscillations grows exponentially in this regime if damping is weak.

#### 7.3 Resonance in Forced Oscillations

When an external periodic torque  $M\cos\omega t$  is applied, the equation of motion becomes:

$$I\ddot{\theta} + b\dot{\theta} + mqR\theta = M\cos\omega t. \tag{37}$$

The steady-state solution is given by:

$$\theta(t) = \frac{M}{I(\omega_0^2 - \omega^2) + ib\omega} e^{i\omega t}.$$
 (38)

Resonance occurs when  $\omega \approx \omega_0$ , leading to large oscillations.

#### 7.4 Conclusion

Parametric excitation and resonance significantly influence the motion of self-balancing toys. While resonance leads to large amplitude oscillations under external forcing, parametric excitation can cause instability when the excitation frequency matches specific values. Understanding these effects is essential for designing stable balancing toys.

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Chaotic Motion in Self-Balancing Toys March 9, 2025

## 9 Chaotic Motion

Chaotic motion is characterized by extreme sensitivity to initial conditions, aperiodicity, and complex trajectories in phase space. In self-balancing toys, chaotic behavior can arise due to nonlinearities and external perturbations.

## 9.1 Nonlinear Equations of Motion

For large amplitude oscillations and external periodic forcing, the equation of motion can be written as:

$$I\ddot{\theta} + b\dot{\theta} + mgR\sin\theta = M\cos(\omega t) + \alpha\theta^{3}.$$
 (45)

Here,  $\alpha$  represents a nonlinear restoring force term that leads to chaotic behavior under certain conditions.

## 9.2 Sensitivity to Initial Conditions

Chaos is often analyzed using Lyapunov exponents, which quantify the divergence of nearby trajectories in phase space. If  $\delta\theta_0$  is a small initial perturbation, the separation between two trajectories evolves as:

$$\delta\theta(t) \approx \delta\theta_0 e^{\lambda t},$$
 (46)

where  $\lambda$  is the Lyapunov exponent. A positive  $\lambda$  indicates chaotic behavior.

## 9.3 Poincar'e Sections and Strange Attractors

A common way to visualize chaos is through Poincar'e sections, which capture the intersections of phase-space trajectories with a lower-dimensional subspace. A strange attractor appears when the system exhibits bounded but non-repeating motion, a hallmark of deterministic chaos.

#### 9.4 Bifurcation and Transition to Chaos

As system parameters such as the driving amplitude M are varied, the system undergoes bifurcations, where stable periodic motion transitions to chaotic dynamics. The Feigenbaum constant describes the scaling of successive bifurcations leading to chaos.

#### 9.5 Conclusion

Chaotic motion in self-balancing toys arises due to nonlinearities and external driving forces. Through phase-space analysis, Lyapunov exponents, and bifurcation theory, we can understand and predict chaotic behavior in these systems.

### 10 Conclusion

Self-balancing toys provide a fascinating application of classical mechanics, incorporating principles of equilibrium, oscillatory motion, damping, nonlinear dynamics, and resonance. Through this comprehensive analysis, we have explored the underlying physics governing their motion and demonstrated how a simple toy exhibits complex behavior through well-established mathematical frameworks.

### 10.1 Key Takeaways

#### 10.1.1 Stable Equilibrium and Small Oscillations

The toys equilibrium is dictated by its **center of mass (COM)** and **point of support**. We derived the conditions for **stable equilibrium** and established the governing equation for **small oscillations**, showing that the system behaves like a **simple pendulum** in the small-angle approximation.

#### 10.1.2 Damped Oscillations

When real-world effects like friction and air resistance are considered, the motion becomes **damped harmonic motion**. Depending on the level of damping, the toy may undergo:

- Underdamped oscillations: Gradually decreasing oscillations.
- Overdamped motion: A slow return to equilibrium without oscillation.
- Critical damping: The fastest return to equilibrium without overshooting.

#### 10.1.3 Nonlinear Oscillations

Extending beyond the small-angle approximation, we derived the **exact equation of motion** using the full sine function. This leads to **nonlinear oscillations**, which exhibit a period that **increases with amplitude** key difference from simple harmonic motion. This explains why the toy may exhibit slightly varying oscillation behavior at larger angles.

#### 10.1.4 Parametric Excitation and Resonance

If the toys base or pivot undergoes periodic movement, the system follows a **Mathieu equation**, leading to **parametric resonance**. Under specific conditions, small disturbances can **grow exponentially instead of decaying**, demonstrating how external forces can destabilize an otherwise stable system.

#### 10.1.5 External Forcing and Periodic Motion

When subjected to external periodic forces, the system follows the **forced harmonic** oscillator equation. If the driving frequency matches the toys natural frequency, resonance occurs, leading to amplified oscillations. This principle is fundamental in various engineering applications, including seismic design, automotive suspensions, and even space structures.

#### 10.1.6 Chaotic Motion in Strongly Damped Systems

Introducing **nonlinear damping** (such as drag forces proportional to velocity squared) creates conditions for **chaotic motion**. Unlike predictable oscillations, chaotic systems show **sensitive dependence on initial conditions**, meaning tiny differences in starting positions can lead to vastly different behaviors. This is an important consideration when designing systems that require precise control.

### 10.2 Broader Implications

The mechanics of self-balancing toys mirror concepts applied in **robotics**, **control systems**, **and biomechanics**. Understanding these principles enables advancements in:

- Robotic balance systems, such as Segways and humanoid robots.
- Vibration control in bridges and tall structures.
- Energy harvesting devices, utilizing resonance to extract power from environmental vibrations.
- Medical applications, such as prosthetics and exoskeletons for enhanced stability.

Additionally, these principles extend to natural phenomena, from the oscillatory motion of planetary bodies to the stabilization mechanisms in biological systems (e.g., how birds adjust their center of mass during flight).

#### 10.3 Final Thoughts

What began as an analysis of a seemingly simple toy has led us through the depths of classical mechanics, nonlinear systems, and chaotic behavior. By systematically deriving every governing equation, we have developed an intuitive yet rigorous understanding of how these toys achieve their mesmerizing motion. Beyond amusement, these principles underscore the beauty of physics in everyday life, offering valuable insights into more advanced and practical engineering systems.

This study serves as a reminder that **even the simplest systems can reveal profound physical truths** when examined through the lens of mathematics and physics.

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