



- user (general)
- doctor

- product landing

## User

- login
- signup
  - details collection
- home
  - assessment test
  - mood tracker
  - journal
  - explore (feeds)
- chatbot
- selfcare
  - meditation guide
  - yoga trainer
  - peaceful music
- therapist
- community/forum
- insights
- profile

## Doctor

img

login

email

password

are you a new member ? Signup

img

# signup

fullname

email

password

already have an account ? login

nickname

phone number

age

gender

choose your mental health symptoms

# Welcome back, thomas.

How was your mood today?



happy



happy



happy



happy



happy

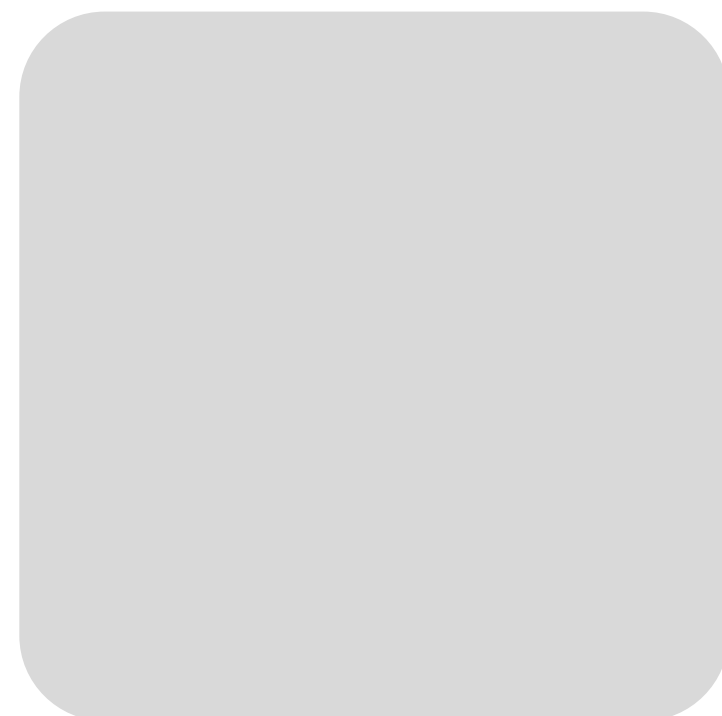
Explore about mental wellness

category

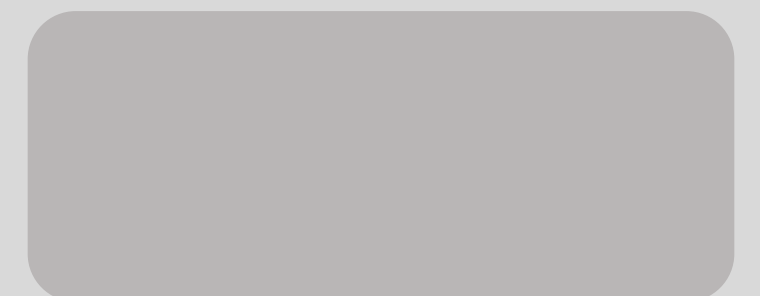
category

category

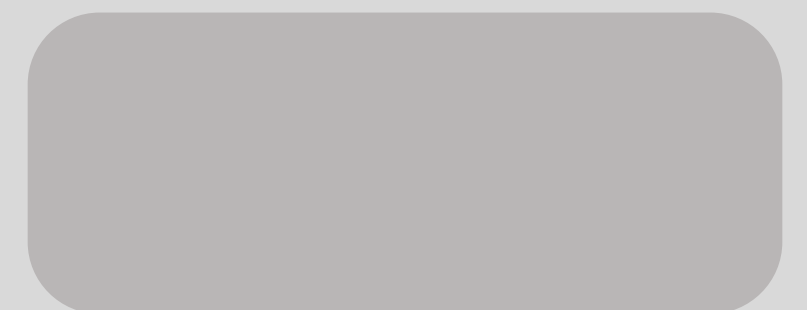
category



Assessment Test

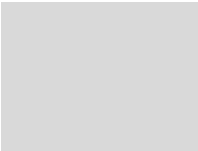
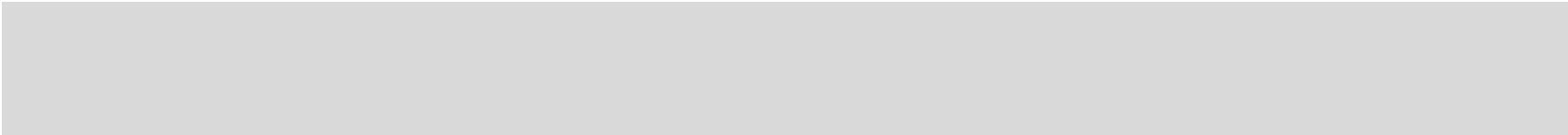
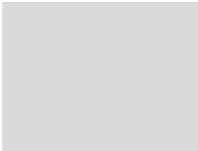
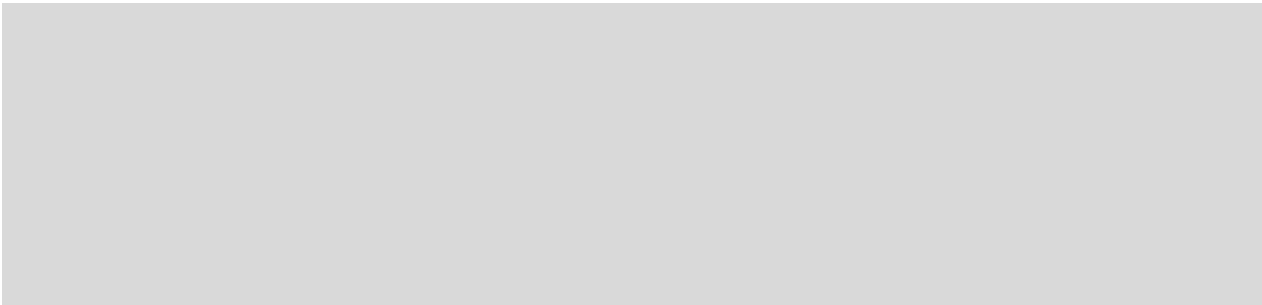
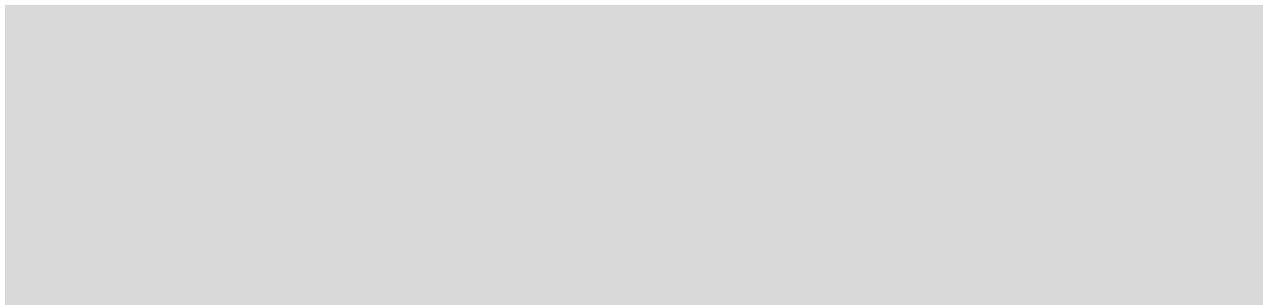


Daily Journal





# Talk with our Zumba



## Previous Chats

Date: 11.05.2024      Mood  
Time: 11.00      😊

Date: 11.05.2024      Mood  
Time: 11.00      😊

Date: 11.05.2024      Mood  
Time: 11.00      😊

Date: 11.05.2024      Mood  
Time: 11.00      😊

# Selfcare Tools

Meditation

Yoga Trainer

Zen Music

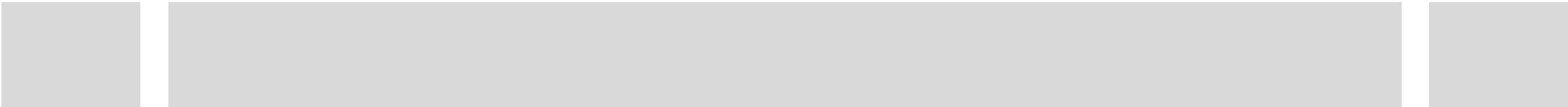
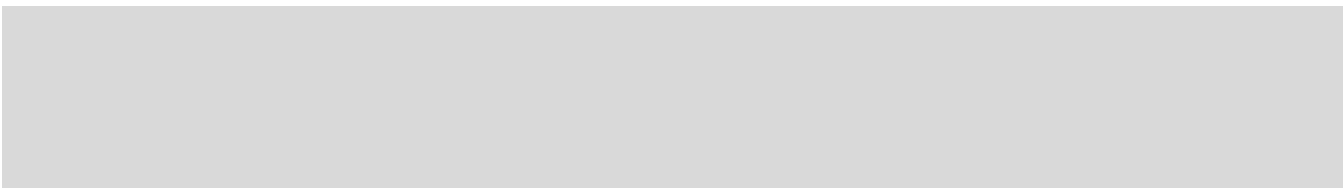
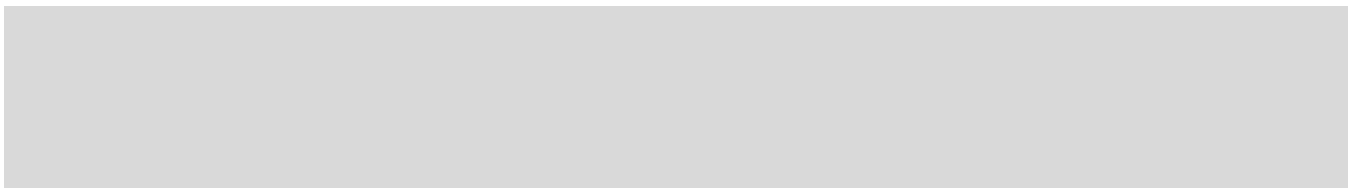
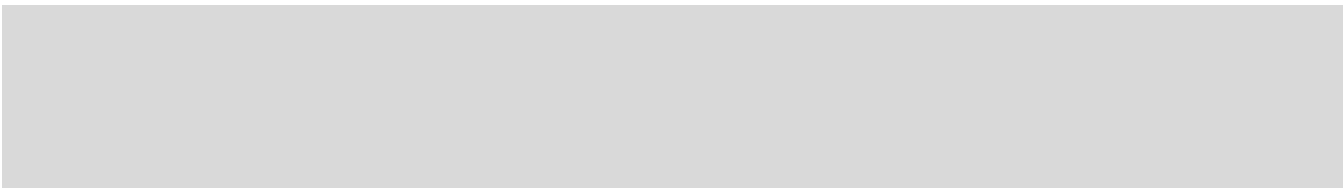
Games



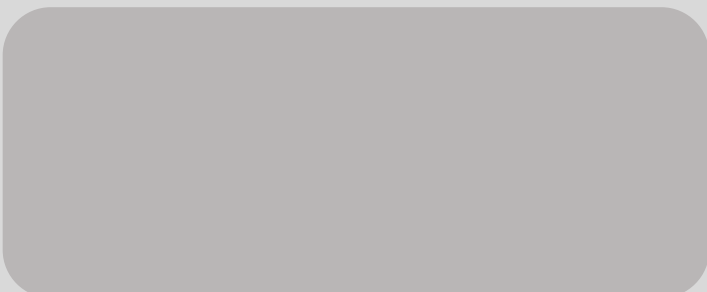
Today's Task



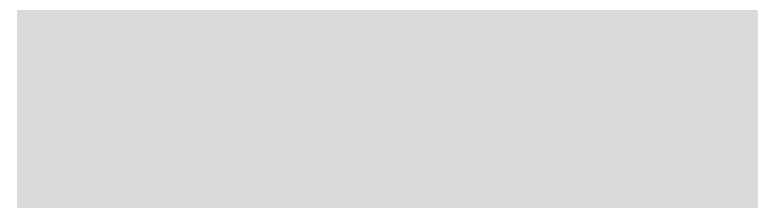
Group name



Groups



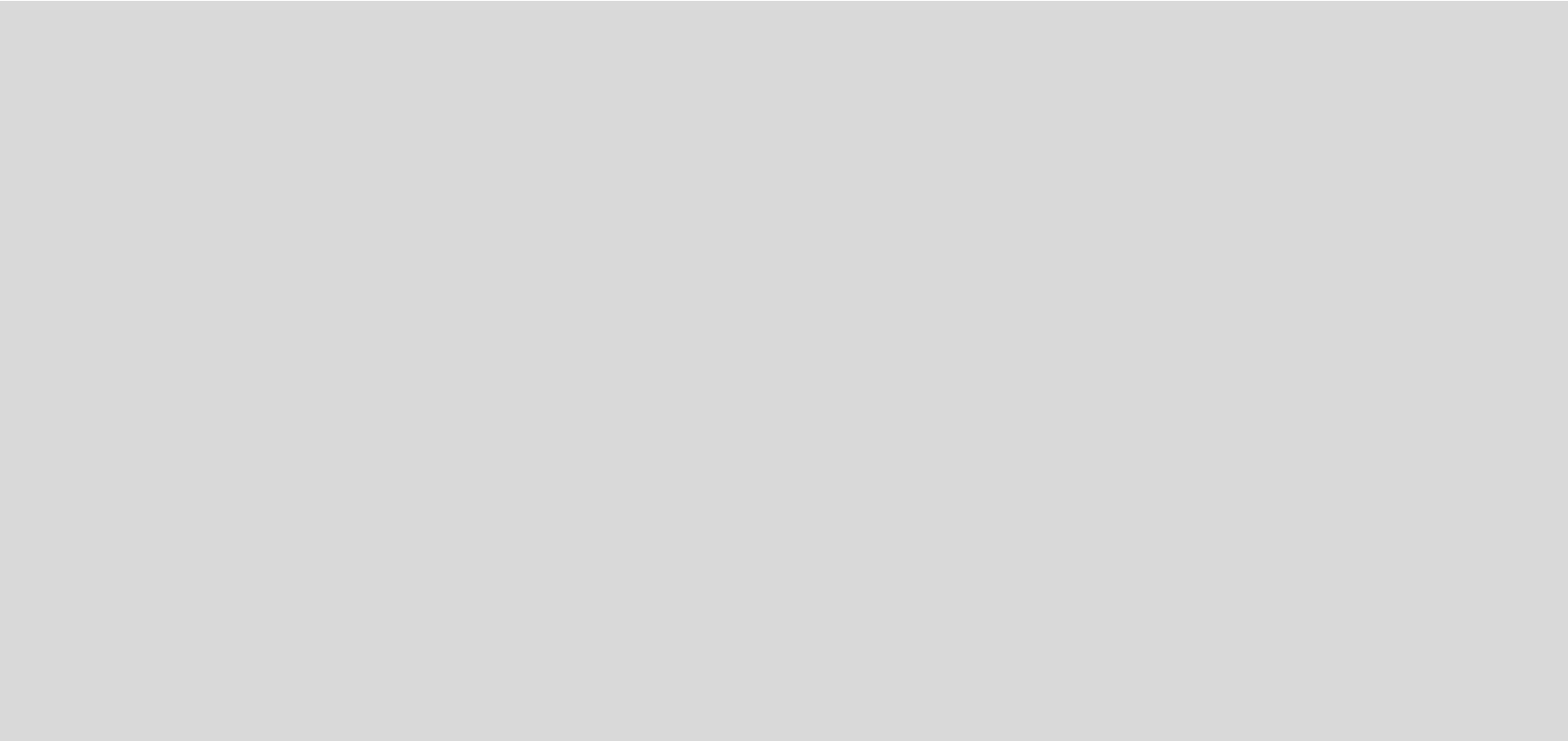
What's about your day ?



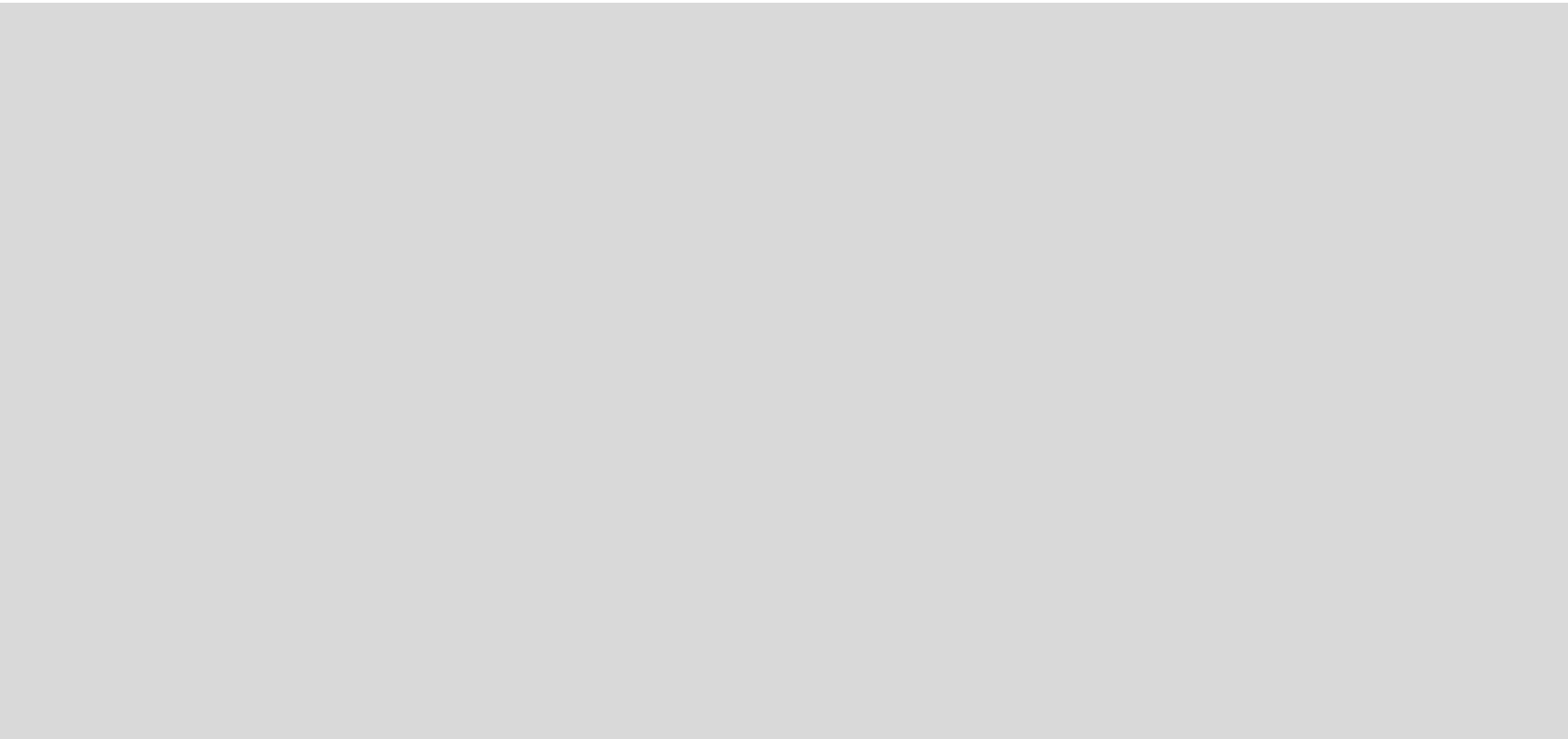
# Insights



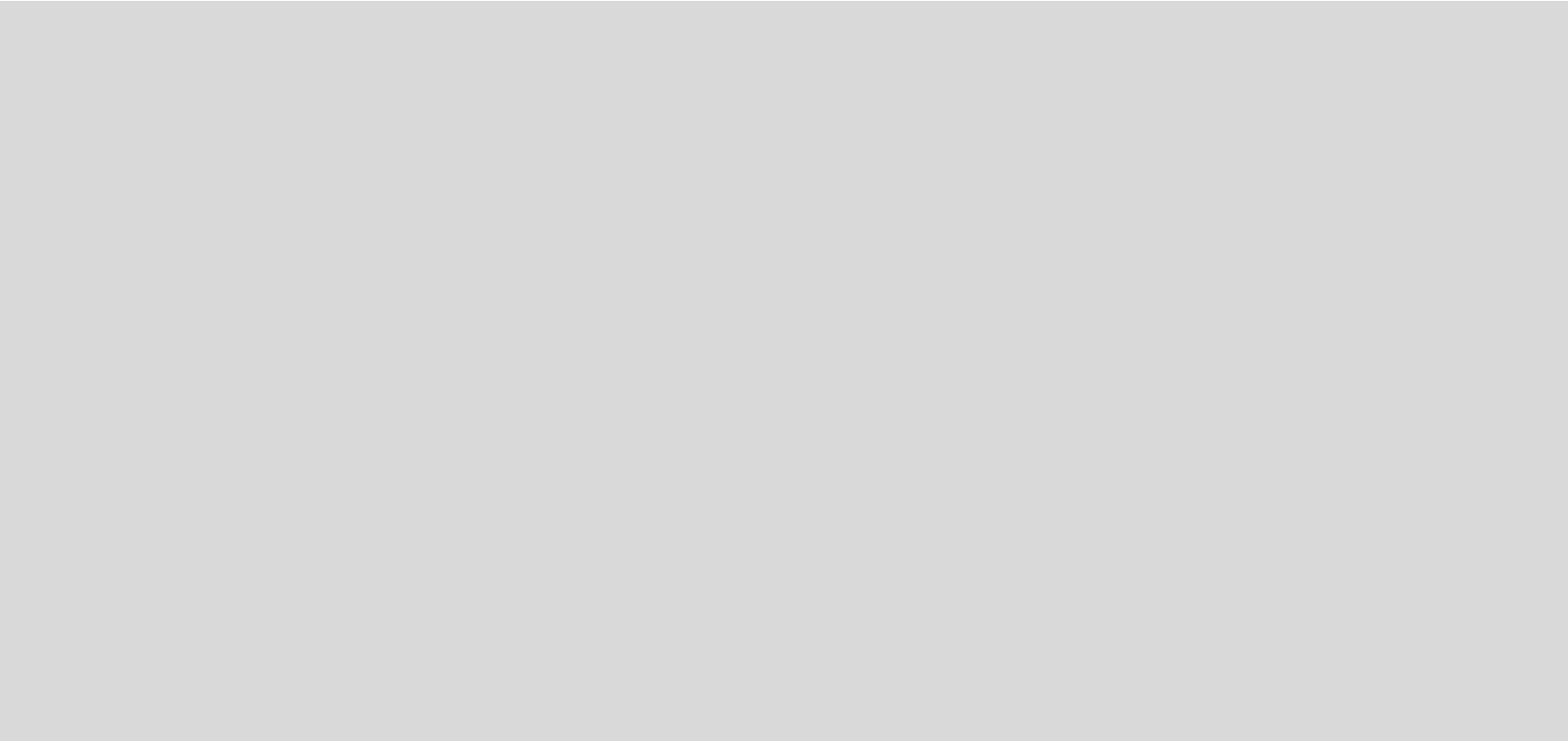
## Mood Tracker



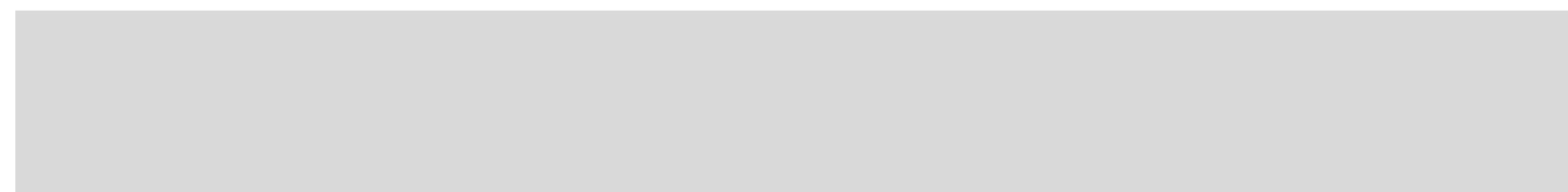
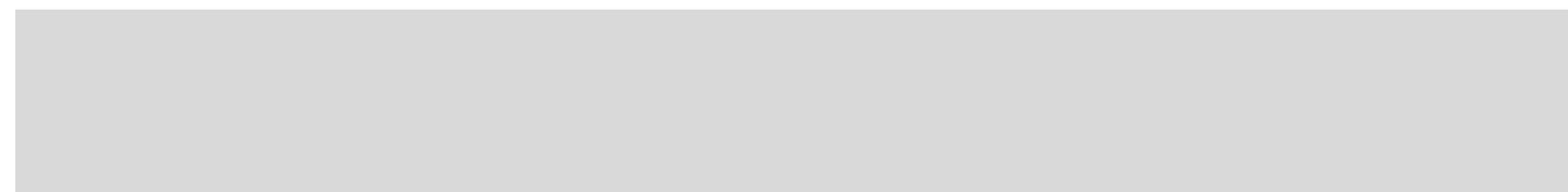
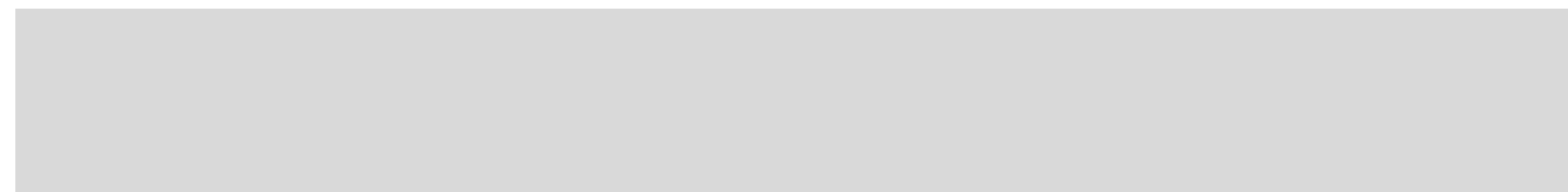
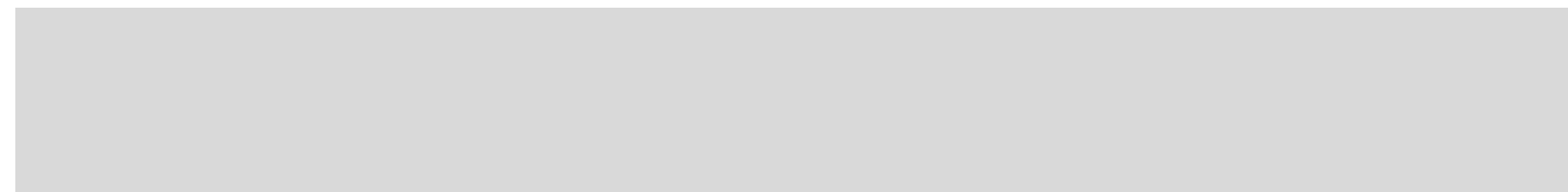
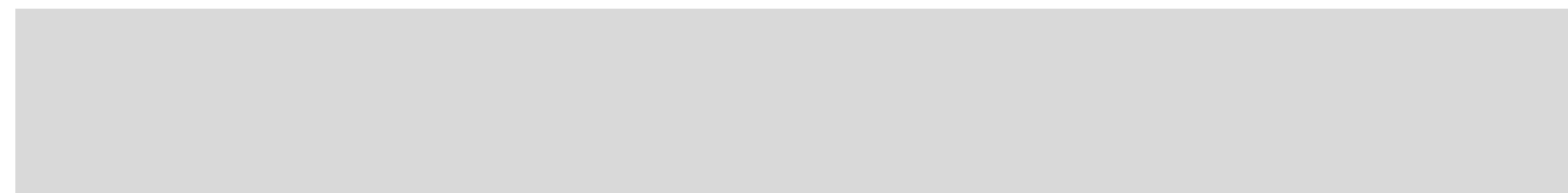
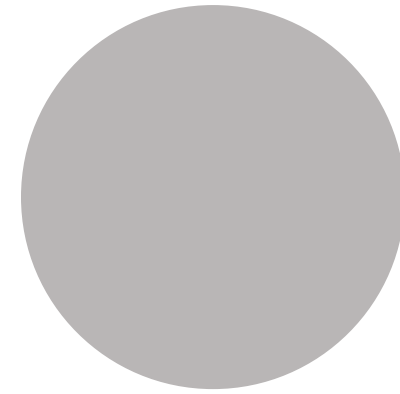
## Daily Journals



## Chat Analysis

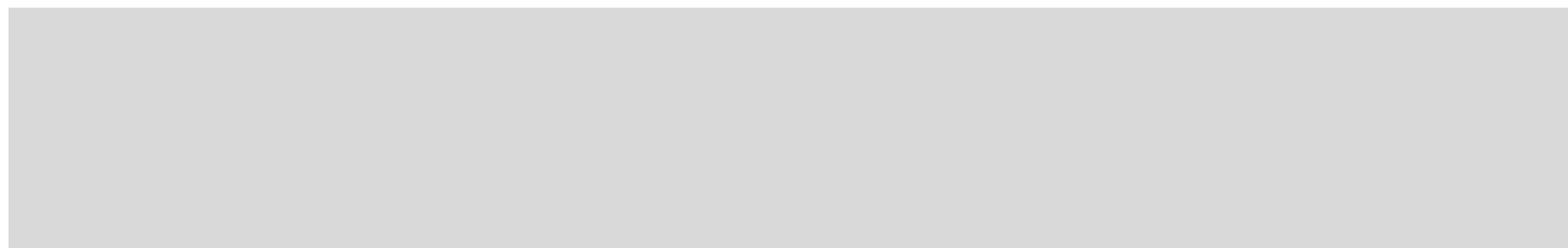


# Your Profile



# Meditation

select time



# Zen Music

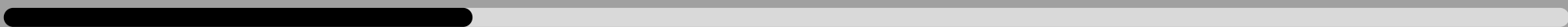
nature

instrumental

ambient







0:50 / 05:45

