

	GROSS MOTOR DOMAIN	PRE	POST
1	Climbs on chair or other elevated piece of furniture like a bed without help		
2	Walks backwards		
3	Runs without tripping or falling		
4	Walks downstairs, 2 feet on each step, with one hand held		
5	Walks upstairs holding handrail, 2 feet on each step		
6	Walks upstairs with alternate feet without holding handrail		
7	Walks downstairs with alternate feet without holding handrail		
8	Moves body part as directed		
9	Jumps up		
10	Throws ball overhead with direction		
11	Hops 1 to 3 steps on preferred foot		
12	Jumps and turns		
13	Dances patterns / joins group movement activities		
TOTAL SCORE			
	FINE MOTOR DOMAIN	PRE	POST
1	Uses all 5 fingers to get food or toys placed on flat surface		
2	Picks up objects with thumb and index finger		
3	Displays a definite hand preference		
4	Puts small objects in/out of containers		
5	Holds crayon with all the fingers of his hand making a fist (i.e., palmar grasp)		
6	Unscrews lid of container or unwraps food		
7	Scribbles spontaneously		
8	Scribbles vertical and horizontal lines		
9	Draws circle purposely		
10	Draws a human figure (head, eyes, trunk, arms, hands/ fingers)		
11	Draws a house using geometric forms		

TOTAL SCORE			
	SELF-HELP DOMAIN	PRE	POST
1	Feeds self with finger food (e.g. biscuits, bread) using fingers		
2	Feeds herself/himself using fingers to eat rice/ viands with spillage		
3	Feeds herself/himself spoon with spillage		
4	Feeds herself/himself fingers without spillage		
5	Feeds herself/himself spoon without spillage		
6	Eats without need for spoon feeding during any meal		
7	Helps hold cup for drinking		
8	Drinks from cup with spillage		
9	Drinks from cup unassisted		
10	Gets drink for self unassisted		
11	Pours from pitcher without spillage		
12	Prepares own food/ snack		
13	Prepares meals for younger siblings/ family members		
Dressing – sub-domain			
14	Participates when being dressed (e.g. raises arms or lifts leg)		
15	Pulls down gartered short pants		
16	Removes sando		
17	Dresses without assistance except for buttoning and tying		
18	Dresses without assistance including buttoning and tying		
Toilet training – sub-domain			
19	Informs the adult only after he has already urinated (peed) or moved his bowels (pooped) in his underpants		
20	Informs adult of need to urinate (pee) or move bowels (pooh- pooh) so he can be brought to a designated place (e.g. comfort room)		

21	Goes to the designated place to urinate (pee) or move bowels (pooh) but sometimes still does this in his underpants		
22	Goes to the designated place to urinate (pee) or move bowels (pooh) and never does this in his underpants anymore		
23	Wipes/Cleans self after a bowel movement (pooh)		
Bathing - sub-domain			
24	Participates when bathing (e.g. rubbing arms with soap)		
25	Washes and dries hands without any help		
26	Washes face without any help		
27	Bathes without any help		
TOTAL SCORE			
	RECEPTIVE LANGUAGE DOMAIN	PRE	POST
1	Points to family member when asked to do so		
2	Points to 5 body parts on himself when asked to do so		
3	Points to 5 named pictured objects when asked to do so		
4	Follows one-step instructions that include simple prepositions (e.g., in, on, under, etc.)		
5	Follows 2-step instructions that include simple prepositions		
TOTAL SCORE			
	EXPRESSIVE LANGUAGE DOMAIN	PRE	POST
A. 3.1 – 4.0 years			
1	Uses 5 to 20 recognizable words		
2	Uses pronouns (e.g. I, me, <i>ako</i> , <i>akin</i> )		
3	Uses 2 to 3 words verb-noun combinations (e.g. <i>hingi gatas</i> )		
4	Names objects in pictures		
5	Speaks in grammatically correct 2-3 word sentences		

6	Asks “what” questions		
7	Asks “who” and “why” questions		
8	Gives account of recent experiences (with prompting) in order of occurrence using past tense		
<b>TOTAL SCORE</b>			
	<b>COGNITIVE DOMAIN</b>	<b>PRE</b>	<b>POST</b>
1	Looks at direction of fallen object		
2	Looks for a partially hidden objects		
3	Imitates behavior just seen a few minutes earlier		
4	Offers on object but may not release it		
5	Looks for completely hidden object		
6	Exhibits simple “pretend” play (feeds, puts doll to sleep)		
7	Matches objects		
8	Matches 2 to 3 colors		
9	Matches pictures		
10	Sorts based on shapes		
11	Sorts objects based on 2 attributes (e.g., size and color)		
12	Arranges objects according to size from smallest to biggest		
13	Names 4 to 6 colors		
14	Copies shapes		
15	Names 3 animals or vegetables when asked		
16	States what common household items are used for		
17	Can assemble simple puzzles		
18	Demonstrates an understanding of opposites by completing a statement (e.g., “Ang aso ay malaki, ang daga ay _____”)		
19	Points to left and right sides of body		
20	Can state what is silly or wrong with pictures (e.g. Ano ang mali sa larawang ito?)		
21	Matches upper and lower case letters		
<b>TOTAL SCORE</b>			

	<b>SOCIAL-EMOTIONAL DOMAIN</b>	<b>PRE</b>	<b>POST</b>
	<b>A. 3.0 – 5.0 years</b>		
1	Enjoys watching activities of nearby people or animals		
2	Friendly with strangers but initially may show slight anxiety or shyness		
3	Plays alone but likes to be near familiar adults or brothers and sisters		
4	Laughs or squeals aloud in play		
5	Plays peek-a-boo ( <i>bulaga</i> )		
6	Rolls ball interactively with caregiver/examiner		
7	Hugs or cuddles toys		
	<b>A. 5.1 – 5.11 years</b>		
8	Demonstrates respect for elders using terms like “po” and “opo”		
9	Shares toys with others		
10	Imitates adult activities (e.g., cooking, washing)		
11	Identifies feelings in others		
12	Appropriately uses cultural gestures of greeting without much prompting (e.g., <i>mano</i> , <i>bless</i> , kiss, etc.)		
13	Comforts playmates/ siblings in distress		
14	Persists when faced with a problem or obstacle to his wants		
15	Helps with family chores (e.g., wiping tables, watering plants, etc.)		
16	Curious about environment but knows when to stop asking questions of adults		
17	Waits for his/her turn		
18	Asks permission to play with toy being used by another		
19	Defends possessions with determination		
20	Plays organized group games fairly (e.g., does not cheat in order to win)		

21	Can talk about difficult feelings (e.g., anger, sadness, worry) he experience		
22	Honors a simple bargain with caregiver (e.g., can play outside only after cleaning / finishing his room)		
23	Watches responsibly over younger siblings/family members		
24	Cooperates with adults and peers in group situations to minimize quarrels and conflicts		
<b>TOTAL SCORE</b>			



**Kairos Christian Academy, Inc.**

F. Jaca St., Pardo Cebu City, Cel. No. 09432741186

**ECCD Checklist**

S.Y. 2023 – 2024

Name: \_\_\_\_\_ LRN No.: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Kinder: \_\_\_\_\_

DR. ERIC L. APOSTOL, D.C. Ed  
School Director