



# INDO-AMERICAN CHAMBER OF COMMERCE – USA

## Women Empowered Event



### Nourish To Flourish by Aarti Batavia

MS, RDN, CLT, IFMCP, Founder of Nutrition and Wellness Consulting LLC  
**Thursday, October 16, 2013 6:00 – 8:00 PM**

AT

**UHY LLP CPAs Suite 100  
27725 Stansbury Street, Farmington Hills, MI 48334**

RSVP via [admin@iaccusa.org](mailto:admin@iaccusa.org) / 248-882-1623 by October 13, 2014

#### Evening Agenda

**6:00 to 6:30 Networking with Hors D'oeuvre & Soft Drinks**

**6:30 to 7:30 Nourish To Flourish by Aarti Batavia**

**7:30 to 7:45 Q&A**

**7:45 to 8:00 Networking & Closing**

**Aarti Batavia** is a Registered Dietitian Nutritionist, Institute of Functional Medicine Certified Practitioner, co-author of forth coming book PARENT Your Diabetes, culinary expert and speaker. She is the founder of Nutrition and Wellness Consulting LLC and co-founder of Mind Body You LLC.

Aarti holds a Coordinated Program in Dietetics degree from Wayne State University, a Master of Science degree in Food Science, Nutrition and Dietetics from Mumbai. She has over 17 years of experience in the field of nutrition. Aarti has been awarded the Michigan Dietetic Association Institutional (MDAI) scholarship for her scholastic achievements and leadership in community activities.

Aarti uses food as medicine to develop individualized plans for patients with medical imbalances such as diabetes, and cardiovascular, gastric, hormonal, and neurological disorders.

She is a keen learner, enjoys traveling, and creating fusion recipes.

**Visit her website: <http://www.aartibatavia.com>**

Women Empowered (WE) is a subgroup of the Indo-American Chamber of Commerce. Our goal is to bring events that touch the qualitative aspects of business. WE appreciates your support and is working towards augmenting our goals. If you would like to get involved, please contact us.

Last year, WE presented

- Leverage Yourself in a Networked Society
- Discover the Leader in You Through a Sound Body & Mind

#### **Upcoming Event:**

**Join IACC-USA at the annual banquet on Thursday November 13, 2014 – visit our website for details.  
Our guest speaker is the president of Shinola, Inc. Jacques Panis.**

For additional information, membership or sponsorship opportunities please visit our website <http://www.iaccusa.org> or  
Contact Alka Kudesia - [admin@iaccusa.org](mailto:admin@iaccusa.org) / 248.882.1623

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