

THE METRO POLITAN & DETROIT



082014-5.11

Anthony Brancaleone

INSIDE

Food I Drink

Style I Beauty

Arts I Travel

History I Games

Questions I Answers

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The advertisement features a top banner with the text "AMERICAN" in blue, "Coney Island" in red script, and "CHILI DOGS" in white. Below the banner are four white stars and the text "FAMILY OWNED" and "A DETROIT ORIGINAL SINCE 1917". To the right is a blue star containing the text "Home of the Coney Kit" and a small image of a product box. The middle section has a blue background with the text "Founded 1917 In the Heart of Detroit!" in white. Below that is a red horizontal bar with the text "Open 24 Hours!" in white. The bottom section shows two chili dogs on a white plate, topped with onions and cheese, sitting on a wooden table. The background is a blurred image of the restaurant's interior. A decorative border at the bottom consists of red and white vertical stripes and white stars.

GUEST CHECK

SERVER M-1	TABLE 50	GUESTS 9	CHECK NUMBER Nº. F3RND473
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Letter from the Editor

The A Peel of the Banana

When Andy Warhol used the banana for his iconic image I wonder if he was thinking of the nutritional value of this unique fruit. According to the World's Healthiest Foods website (whfoods.com) bananas pack a whopping 25% of our daily recommended dose of B12, 16% manganese, 13.6% vitamin C, fiber, potassium, biotin and copper.



Offering approximately 105 calories each, bananas are good for cardiovascular health, protecting against high blood pressure and atherosclerosis. Bananas are good for digestion, containing properties that assist in balancing "friendly" bacteria. Popular among athletes, bananas keep energy levels up, decrease muscle cramps, and keep blood potassium levels in check. And, they taste great!

Archaeologists believe bananas were first domesticated around 8,000 BCE in the Kuk Valley of New Guinea. Detecting the exact origin of the fruit is more difficult, however. It is widely agreed that bananas originated in Southeast Asia and the South Pacific. Alexander The Great recorded bananas being grown in India in 327 BCE. Arabian and African traders peddled the fruit, followed by Portuguese explorers, who introduced them to the Americas. Warhol probably picked up his banana somewhere near The Factory, which was located on the sixth floor of the Decker Building at 33 Union Square West, in New York City.

Why Warhol utilized the banana on The Velvets album cover is probably not that much of a mystery. Its elliptical shape comes prepackaged by Mother Nature, and features a creamy, fleshy prize inside that, once peeled, can be somewhat suggestive. In fact, Warhol's original cover had a sticker over the banana that could be slowly pulled back to reveal a flesh colored banana. Those albums are now rare, however, and considered a collector's item.

Of course, Woody Allen made a comedy called *Bananas*, released in 1971. The movie has less to do with fruit and more to do with being “crazy”, as well as a reference to the phrase “banana republic”. Some say it is also Allen’s nod to the Marx Brothers film *The Cocoanuts*.

The etymology of “bananas”, used as slang for crazy, is interesting in that it may refer to the fruits “bent” shape, which in early 1900s was US criminal slang meaning dishonest or crooked. “Bent” has had several meanings from being intoxicated in the mid 1800s to being homosexual in 1930s UK, as it appears in Brophy and Patridge’s Songs and Slang of the British Soldier. But, the origin of the pun “bananas” remains elusive.

"Top banana" and "second banana" are 1950s American showbiz terms for comedians, especially those working in Burlesque. And, I must confess to misspelling "banana" each and every time I write it – a comedy of errors, if you will. Amazing, how a single piece of fruit can do so much.

Orange you glad I didn't say banana again? - *Anthony Brancal Leone*

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If you enjoy reading The Metropolitan we ask that you share your copy with family and friends. In this way, The Metropolitan can be Read-cycled. We think that's a good thing. Of course, The Metropolitan also makes a fine gift-wrap, and burns well in the fireplace.



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Warning: This paper has not been proof read, and probably never will. Please, see 'Letter From The Editor', November 2010, online for more information.

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The Metropolitan d'Etroit

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COMMUNIQUÉ

Detroit Stadia

I really enjoyed your recent article on the history of Detroit's baseball stadia written by Joe Neussendorfer. Our company was part of the Comerica Park construction team and we are very proud of our work. It's great to be a part of Detroit baseball history. Detroit is a wonderful city and our company looks forward to constructing future sports and other facilities in the Motor City.

Sincerely,

W. Bernard White, P.E.
President White Construction
1120 Baltimore Street Detroit, Michigan

Detroit Expat

Love the magazine, I'm a Detroiter living in New Mexico because of the economy, and came back to see home again. Your publication is top notch and makes me want to move back. Once a Detroiter always a Detroiter!

Can I subscribe out of state?

Mark Goleau

Editors Reply

Sorry Mark, but at this time we do not offer subscriptions. Archives are available online at www.themetdet.com

Dear Tony:

It was great meeting you and your colleague at Marion's Hospitality [Chevrolet Detroit Grand Prix]. I read with interest the Metropolitan Detroit and find your work both fascinating and most interesting. You and your brother are very creative and imaginative. If there is any way

we can be of help to you and support you, please let us know.

Looking forward to seeing you at a future event soon!

Best,

John Croft Gorsline
The Gorsline Company Inc.
Rochester, New York

Best City In America!

I enjoyed reading your newspaper while waiting for my flight at the airport. I'm a Toledo native and fly into the Motor City twice a year. I don't care what anyone says, Detroit is the best city in the USA!

Bob Liggett
Sacramento, CA

Twitter

Lilly LeClair @LillyGoLightly

"Another reason why #DTW is my fave airport? It has its own monthly newspaper called The Metropolitan d'Etroit"

@TheMetDet #print

The Summer Slide

According to The Washington Post, by the end of summer vacation the average student will lose about a month's worth of learning from the school year. Studies also show that on average, teachers spend between 4 to 6 weeks re-teaching material that students forgot over summer break.

The summer slide is fast approaching, which means a loss in learning for kids not engaged in academic activities. According to the American Sociological Review Lasting Consequences of the Summer Learning Gap by John Hopkins University Professor Karl L. Alexander, stability in cognitive achievement over the course of young people's schooling is the bridge between summer learning shortfall over the elementary school years and later schooling outcomes.

In an attempt to support stability among cognitive achievement, Michael Apstein spent millions in product development with some of the leading neurologists and video game programmers to develop Focus Education, a guilt free gaming solution which helps elementary school-aged children stay focused this summer break.

Are you interested in an interview with Michael Apstein to discuss both the latest studies from the John Hopkins University and how academic achievement at an early age has a long lasting effect?

Best,

Vanessa Hernandez
Focus Education

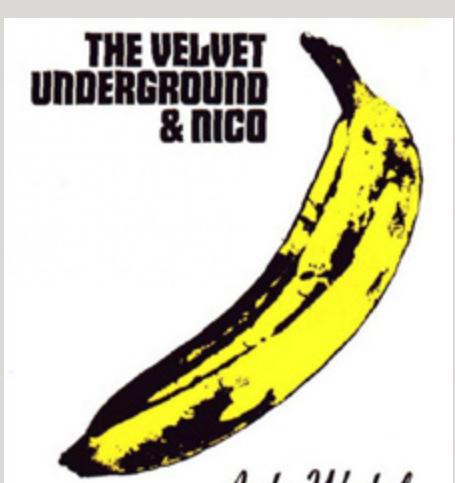
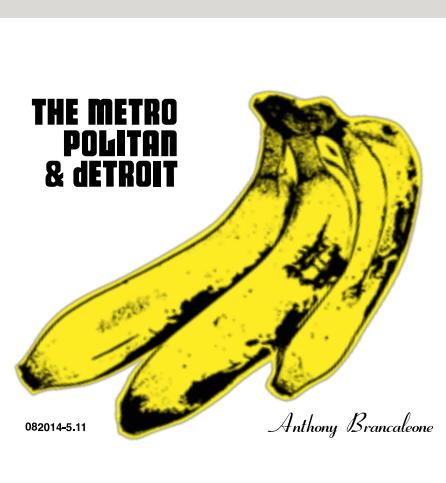
Editors Reply

According to The Metropolitan, summer vacation is a much-needed respite from the rigors of controlled academia. It is a time to be with family and friends, a time for exploration and self-discovery, a time for adventure, for sport and play, for work and travel, a time to create, live, laugh, and to let your mind wander.

Editor, Anthony Brancalione, came to his conclusion without having spent a dime

ON THE COVER

Homage to Andy Warhol's iconic cover for The Velvet Underground & Nico's 1967 release. The three bananas represent the metropolitan tri-counties of Wayne, Oakland and Macomb, with the English D representing Detroit. Like the Velvets first release, The Metropolitan is also a commercial and critical failure, but has designs on becoming one of the most influential and critically acclaimed independent publications in history.





BULLISH: 4 Ways to Beat Summer Laziness

BY JENNIFER DZIURA

PHOTO: DREW BURDICK

Summer can make us lazy. Very lazy.

Even if you're nowhere near a beach, the temptation to drink beer at 2pm, wear flip-flops, and nap like an overweight cat near a sunny window is pretty darn high.

Here are some ways to stay on track towards your goals (or keep yourself from getting fired).

1. Prioritize hardcore.

Tim Ferriss asked in *The Four-Hour Workweek* how you would run your life and job if you had a heart attack and your doctor told you that you could only work two hours per day. What about two hours per week? What would you make sure to get done in those two hours?

So, do that.

If you are a conventionally-employed person, perhaps ask what two-hour task your boss would be most likely to notice and reward you for. Do that first. You might even use a timer.

2. Delegate or ask for help.

Sometimes the cure for laziness is just switching things up — for instance, trading household tasks with whomever you live with, or reshuffling job duties with an amenable coworker.

Maybe make a list entitled "Who can help me?" and take a look at it when you are behind on your obligations.

And don't neglect to remove items from the list that never should have been on there in the first place. Some things don't need to be delegated because they don't need to be done at all.

3. Define your goals and wants — maybe they've changed.

A client of mine had been studying for the GMAT, and then had taken a break and was lamenting that she couldn't seem to get back into studying.

It turns out that the client was waning in her commitment for very good reasons — due to changes in her job situation, she really wasn't sure about business school anymore. In the end, she decided that she needed to focus looking for a new job instead. Her GMAT guilt was completely unfounded — it's not laziness if you stall along the way to someplace you don't even want to go.

4. If you're not getting anything done anyway...

Then go have an intensely awesome time. Or plan one for the weekend. Or go directly from work to that new rock-climbing place. Especially if you work for yourself: Don't sit in front of a desk just to say you sat in front of a desk. There is no virtue in unproductive chair-sitting. You are not a better person for sitting in a chair, accomplishing nothing, waiting it out until some magical hour that it's okay to get up and enjoy yourself.

The biggest waste of life is "recreation" that isn't even really enjoyable. If you stare at a screen all day, you will not refresh yourself and make memories, or feel good about your life if your off-time is also spent messing around on a screen. Close the computer. Enjoy yourself in a way that makes you feel like you're getting away with something

Jennifer Dziura runs [GetBullish.com](#), which provides "aggressive lady-advice" for young, ambitious women. The Bullish Conference ([bullishconference.com](#)) takes place annually in Miami.



Notes from TRAVERSE CITY FILM FESTIVAL

PALO ALTO | Director Gia Coppola Links Actor James Franco's Short Stories Into A Sparkle Of Dreams - by Digi

First-time helmer Gia Coppola struck up an e-mail correspondence with James Franco after the two met at a party in Los Angeles several years ago. At Franco's request, she sent him some of her still photographs, many of which she took during her studies at Bard College. Some months later Franco sampled more of Coppola's work at a small gallery show in Los Angeles. Struck by her unique sensibility, he began discussing with her a film version of his own story collection, *Palo Alto*, to be produced by his own company, Rabbit Bandini.

"It had been a long time since I had read or seen anything about teenagers that I liked or felt was realistic," Coppola admits of her initial take on Franco's conjoined stories, published by Scribner in 2010. "The different teenage voices in *Palo Alto* felt honest and true, conveying the aimlessness and vulnerability of being young; the funny conversations, pent-up crushes, and dumb mistakes."

Franco envisioned a film version of *Palo Alto* that looked at the world uniquely through the eyes of teenagers, taking into account both the boredom and excitement that fuels the typical adolescent experience. He saw some of these tendencies in Coppola's still photography. "Gia has a way of looking at kids through a prism of the fantastic," Franco says. "It's a cool but vibrant lens that she shares with her aunt (Sofia Coppola), and it's a way of looking at the mundane world of youth that gives an otherwise pedestrian existence the sparkle of dreams."

"It's a cool but vibrant lens that she shares with her aunt (Sofia Coppola)"

Franco did not want to adapt his own collection for the screen, preferring instead to hire a younger voice and vision that could take his work to a new level — not to mention a new generation. He offered Coppola the project, she immediately accepted, and a two-year journey was set in motion.

To get Coppola started on the screenplay, he suggested she pick a few stories from the collection that inspired her. Coppola already knew she preferred an ensemble piece, weaving select characters into one solid entity, as opposed to attempting a straight-up adaptation of Franco's loose-knit but inter-connected mosaic. "In the book a lot of the characters go in and out of each story, recurring here and there," Coppola explains. "Mostly I picked the stories that resonated with me the most." She settled on the three-part story "April," while incorporating elements and characters from the stories "Chinatown," "Jacko," "Halloween," and "Tar Baby."

For Coppola it was the emotion and tone of these particular stories that captured her imagination enough to start writing an initial draft of the screenplay. "I thought they captured a fascinating age to look back on," Coppola admits. "Those growing pains are commonplace — the aimlessness, trying to figure out what you're interested in, not really knowing your place, too young to understand the adult world but too old to be considered a kid. Everyone has those feelings."

Coppola went through the book and highlighted portions she found especially cinematic in terms of mood, tone and dialogue, then set about watching classic movies she felt conveyed the same kind of tone while also employing young ensemble casts — *THE LAST PICTURE SHOW*, *AMERICAN GRAFFITI*, *THE OUTSIDERS*.

"In those films, you're in these characters' lives and dealing with their struggles with them," Coppola explains. "I loved the pacing of them as well. I felt they conveyed what it felt like to be young, doing nothing but driving around. *THE LAST PICTURE SHOW* struck me most of all, not just in the way it looks — the kids in it are so beautiful — but more for the emotion it conveys. That emptiness that comes from being in the middle of nowhere, where there's nothing to do but experiment."

"That emptiness that comes from being in the middle of nowhere, where there's nothing to do but experiment."

She also watched more conventional, modern teenage movies, simply because they are Coppola's favorite kind of movies to watch. But she also wanted to figure out what not to do in her adaptation of *Palo Alto*. "More recent teenage fare, whether it's TV or movies, features what is clearly 25-year-old actors with perfect hair, skin, makeup and clothes who aren't styled in a way actual teenagers dress," Coppola explains. "I wanted to see a movie that felt real to me — featuring teenagers who are 17 and whose costumes consist of their own clothes, or clothes borrowed from friends. I wanted *PALO ALTO* to feel both modern and timeless."

Franco was pleased with how Coppola combined and intermingled select stories from his collection in the initial draft of the screenplay. "Gia wound them together so there is more of an over-arching design that is less episodic than the book," Franco explains. "If I had directed the film I'm sure I would have gone for the episodic structure, but now I can see that Gia's approach was better for the film version because it created more of an emotional arc that also had great tension."

After the script was completed, Franco had Coppola direct a test shoot as a rehearsal, since she had never directed a feature film before. Casting her best friend as April, Coppola shot forty minutes of sample footage that impressed Franco with its energy and feel.

"It was a way to throw her in the water so she could start practicing the moves that a director makes, and also see how material comes together once it leaves the page," Franco explains. "I already knew that she had a great aesthetic sense. But a director also needs to be a leader on set, which is what the test foot-age allowed Gia to practice."

The next step was to hire a cinematographer for the actual shoot. Coppola looked no further than her friend and frequent collaborator Autumn Durald, with whom she had made fashion videos for Opening Ceremony and Diane Von Furstenberg. Durald had also shot a Levi's campaign alongside director Melodie McDaniel and the late Harris Savides.

Coppola began with Hollywood-style casting and looked at hundreds of teenagers for various parts in the script but grew frustrated with the sameness of typical young actors during the auditioning process. "I saw so many kids in the audition room," Coppola admits, "but they didn't seem like teenagers. It felt like they only had lives that consisted of auditioning." For the major roles in *PALO ALTO*, she turned to people she already knew.

Coppola and first-time actor Jack Kilmer had gone to the same grade school together in sixth grade while he was a kindergartner. "He always struck me as a real kid," she admits. "He surfs and paints — he kind of is Teddy. He felt way more interesting to me than an established actor. Plus he's such a beautiful kid, you just want to watch him."

Emma Roberts she knew socially in Los Angeles. Although she was already out of her teenage years, Coppola felt Roberts could bring some experience to a predominantly adolescent ensemble. "Emma already knew what it was like to be a teenage girl," Coppola explains. "When you're a teenage girl, you try and act a lot older than you are. She was separated from that, so I felt she could bring that to life better in April's character."

Coppola looked up Nat Wolff through friends in New York. The two met for lunch and discovered a mutual love for the central bond in *MEAN STREETS*, which is how both Coppola and Wolff envisioned Teddy and Fred's relationship in *PALO ALTO*. Nat traveled to Los Angeles to test his chemistry with Jack. The two instantly bonded and wound up rooming together in Coppola's mother's garage during the Los Angeles shoot. Franco agreed to come on board as the philandering coach Mr. B., and the central cast was formed.

CONTINUED ON PAGE 8



TOUR d'Etroit | MEXICANTOWN

By Anthony Brancalene

As far as we are concerned, August is the last month of summer. We understand the calendar says otherwise but let's face it; after Labor Day most of us are back to school, back to work, and back to business. Until then, The Metropolitan suggests going out in a spicy, hot flame of Detroit Mexican goodness – followed by the responsible consumption of Margaritas, as often as possible!



Los Galanes

Street side lunch on the patio of Los Galanes is a wonderful way to spend an afternoon, and the perfect introduction to Mexicantown. There is color in the tiles of each table, music, laughing, a friendly staff, and fresh and flavorful food. Begin with Pina Coladas, Daiquiris, or classic Margaritas. Chips and salsa are presented before each meal. Considered northern Mexican cuisine, try a delicious bowl of Caldo de Pollo, a homemade chicken soup, with large chunks of chicken and vegetables (\$5.75), or dive headlong into tres tacos de Mexico, pollo, pork, or beef (\$2.25 each).

3362 Bagley, Detroit (313). 554. 4444 - losgalanesdetroit.com



La Gloria Bakery

Directly across the street from Los Galanes sits one of the more beautiful and colorful buildings Detroit, La Gloria Bakery. Inside, find handmade churros, coconut macaroons, Mexican cookies, and a variety of pineapple pastries. Pick up a copy of El Central Hispanic News to read over coffee and dessert, or simply to brush up on your Spanish. Note to road trippers: La Gloria sits just off southbound I-75 (Vernor exit) and is a great way to begin your journey.

3345 Bagley, Detroit (313). 842. 5722



Taqueria Lupita's

Metropolitan Ace reporter, Matt Counts is in constant pursuit of delicious tacos. Known as 'The House of the Original Mexican Taco', Lupita's does not disappoint. Beginning with a basket of fresh tortillas, and a selection of salsa to rival any establishment, begin with Mexican Cokes (which to my understanding is the only way to enjoy the original Coke recipe), and follow with tacos Al Pastor (\$1.5 each), which come with fresh rice and beans. Fantastico! Not a ton of atmosphere, but service is good, and Lupita's is the perfect locale to try your Spanish. Cash Only!

3443 Bagley, Detroit (313). 843. 1105



Taqueria El Rey

Dr. Rudy Gomez, of Chazz Community Center, health assessment & human services, met with your correspondent at El Rey for lunch. We discussed his childhood in Mexicali, futbol, and the good doctor's love for the people of the Hispanic community - until our food arrived, then all went quiet. Cow tongue tacos (\$1.5 each), fresh chips, salsa, and Mexican cokes. The meal was so good I brought my brother the following week. We ordered tacos pastor & tacos carnitas, and a whole grilled chicken, which came with tortillas, rice & beans (\$10). Neither Shakespeare, nor the girl who wrote that book about a girl who fell in love with a vampire, could truly express in words how delicious is the chicken at El Rey. Cash Only!

4730 W Vernor, Detroit (313). 357. 3094 - taqueria-elrey.com



Restorante El Barzon

Chef/owner Norberto Garita practiced fine Italian cooking in New York before coming to the Detroit area where he worked for eight years at Il Posto Ristorante. El Barzon was established in 2007, and serves a combination of fine Italian cuisine, alongside Cocina Poblana, the cuisine of Puebla in southern Mexico, relatively uncommon in the United States. On this day, however, we lunched on chips, salsa and, perhaps, the finest guacamole this side of the Mississippi. Tacos were the order of the day, and our Barbacoa de Chivo (roasted goat shoulder), pollo (chicken) and Chorizo (spicy pork sausage) were not only outstanding, but came served on plates usually reserved for more formal fare. Authentic Italian and Mexican cuisine, fine service, friendly smiles, and an outdoor patio that is perfect for end of summer sangria, cocktails, or interludios románticos. Saturday reservations!

3710 Junction Rd Detroit (313) 894. 2070



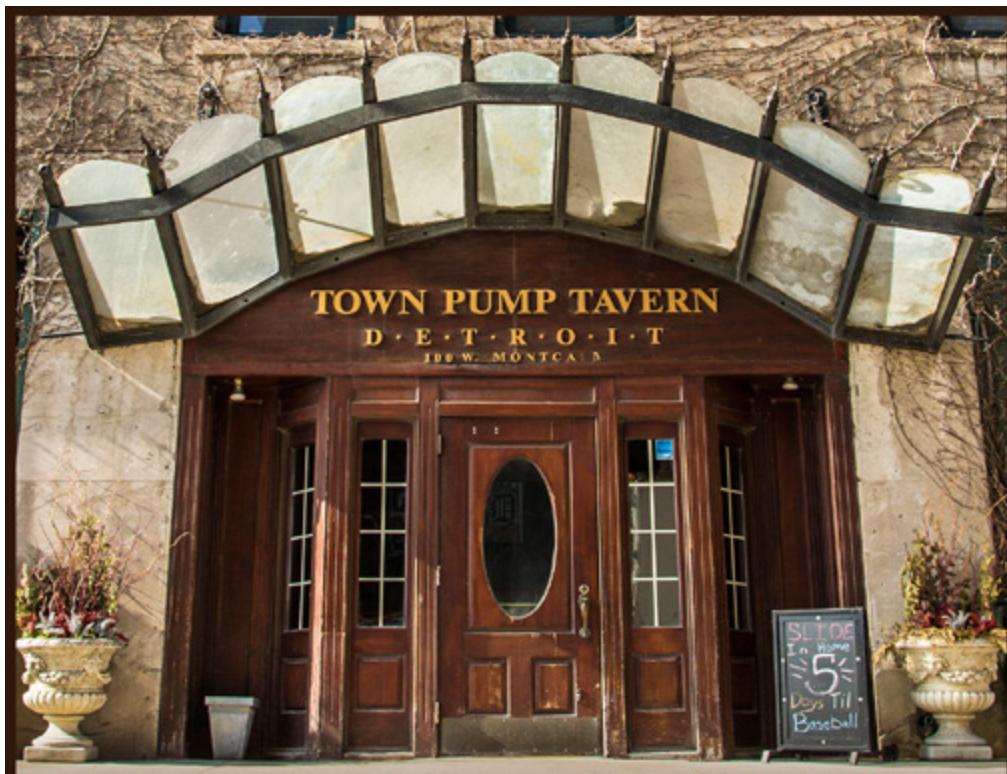
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I have had the good fortune to travel to Greece a handful of times, both to Athens as well as to some of the outlying islands. If Greece isn't on your travel wish list, it should be. White houses with blue roofs perched high atop a hill overlooking the Aegean or Ionian Sea are both inviting and intoxicating. Accentuating Greece's rich history that dates back millennia is a culture with an incredible zest for life. Congregating at a seaside 'taverna' to enjoy a simple meal with fish plucked fresh from the sea is one of the many things I fondly recall.

You might have been introduced to Greek food when a waiter lit a match and yelled 'Opa' while transporting a plate of flaming cheese to your table. Yes, Saganaki, the Greek Kasseri cheese that is set ablaze with brandy is a staple in most Greek restaurants.

However, Greek food goes far beyond flaming cheese. In Detroit we're fortunate to have a little slice of Greece readily available. The Greek community has flourished around Metro Detroit and Greektown, the district located along Monroe Avenue between Brush and St. Antoine Streets, has anchored development downtown for decades. While the face of Greektown has changed over the years, it is still home to some great Greek food. Pillars like Pegasus or the recently opened Santorini Estiatorio are keeping Greek culinary traditions alive in Detroit. There's no harm in starting your meal with an appetizer like Saganaki, but don't overlook classics like Pastisio or Moussaka.

In addition to the Nescafe, you'll need a shaker - usually sold alongside the coffee - or a simple hand held frother. A word of caution, Frappé can be potent so just add additional water, milk and/or sugar to adjust to your liking. If you're ordering at a cafe, ask for your Frappé 'medium with milk,' which should suit most palates.



While Greek food has a well-established reputation, Greek wines have flown under the radar. Greece has optimal winegrowing conditions with an abundance of sun and minimal rain, which result in some stellar wines. Some reports date Greek wine production to 1600 BC and Greece is home to 300 indigenous grape varietals. Thanks to increased promotion and distribution, more Americans are discovering indigenous varietals like Moscofilero, Xynisteri and Mavrodaphne. Don't let the long names scare you, these wines are worth a swirl.

And, let's not overlook another important Greek contribution, the 'Frappé.' Greece's take on ice coffee, Frappé is made with a specific type of instant Nescafe, water, milk, ice and sugar. It can be tough to find in coffee shops but don't fret; it's easy to recreate a cafe-worthy Frappé at home. The specific type of Nescafe is widely available and a Google search for 'Greek Frappé' will yield the instructions on how to prepare. In addition to the Nescafe, you'll need a shaker - usually sold alongside the coffee - or a simple hand held frother. A word of caution, Frappé can be potent so just add additional water, milk and/or sugar to adjust to your liking. If you're ordering at a cafe, ask for your Frappé 'medium with milk,' which should suit most palates.

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Pegasus Taverna

558 Monroe Street, Detroit, MI 48226 | 313-964-6800

Dario Chiarini writes about food, wine and spirits for the Metropolitan. Dario has worked with Michelin rated chefs, dined in world renowned restaurants and sampled culinary delights from Europe to Asia and many points in between. Follow him @dariochia to learn more.



World Beauty

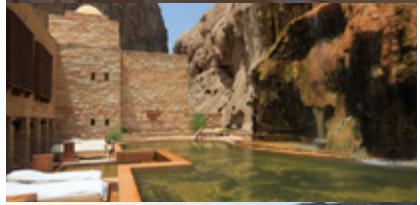
If you're in the market for booking a nice get away, consider making it a healthful spa retreat. Living in our modern society we are exposed to health hazards, emotional and physical stress, environmental pollution, poor nutrition, and lack of exercise, all of which can cause an accumulation of toxins in the body. It is important to detoxify your body occasionally to achieve balance and bring a greater level of well-being. Many spa services aid greatly to the detoxification process (massage, facials and mineral baths are great examples).

While there are many locations dedicated to the spa voyage, Six Senses Spas have truly unique offerings as well as gorgeous exotic locations around the world, including Paris, Greece, Portugal, Spain, Dominican Republic, Qatar, Oman, India, Kazakhstan, Sri Lanka, Egypt, Kuwait, Maldives, Vietnam, Switzerland, China and Thailand.

Six Senses Spas offer a wide range of holistic wellness and beauty treatments administered under the guidance of expert therapists. All Six Senses Spas incorporate indigenous ingredients, plants, herbs and customs from the city in which it exists, giving guests an authentic experience. **A few unique offerings ~**



Paris | Offers a Paris Roof Top Honey Facial using honey from the roof tops of the Paris Opera, collected and created by the city bees from the Jardin des Tuilleries. This facial is both regenerating and nourishing.



Jordan | Treatments focus on the therapeutic benefits of the mineral rich Ma'l hot spring and waterfalls, offering healing Dead Sea therapies combined with Six Senses signature treatments to ensure pure rejuvenation.



Vietnam | Guests can enjoy a Vietnamese Herbal Compress, that consists of traditional Vietnamese body treatments using a mix of local herbs to warm and stimulate muscle tissue and acupressure points.



Qatar | A Traditional Hammam is offered that dates back to ancient Arabia, starting with a scalp ritual using a special mud with Rosewood, continued with exfoliation using homemade soap and loofah to leave your skin stimulated and re-hydrated.

sixsenses.com



For those looking for a spa getaway in the U.S., there is no better city to hit this month than Miami. Two words will strike your fancy "Spa Month". That's right. Through the month of August many of Miami's finest spas are offering fabulous discounts and deals.

Fontainebleau Miami Beach invites guests and locals to indulge in restorative treatments at Lapis Spa during Miami Spa Month (July through end of August). The 40,000 square foot spa is a serene setting that harnesses the natural qualities of water that are both relaxing and renewing. Lapis Spa's Miami Spa Month deals include six 50-minute signature treatments, for only \$99 each:

//**Swedish Rub Down Massage** (regularly \$155): relieves tension, improves circulation and leaves you feeling rested

//**Aroma Stone Therapy Massage** (regularly \$155): warm Basalt lava stones and aromatic oils increase circulation in stressed muscles and offer deep relaxation

//**Bamboo Fusion Massage** (regularly \$155): combination massage performed with natural bamboo stalks that stretch contracted muscles and infuses the body with energy

//**Mommy's Bliss Massage** (regularly \$155): recommended for women in their second or third trimester of pregnancy, this custom massage is excellent for alleviating back pain, reducing inflammation and diminishing anxiety

//**Pore Perfecting Facial** (regularly \$140): prescribed for neglected and congested skin requiring extractions and deep cleaning action as the first step to healthy, vibrant skin

//**Refuel Facial For Men** (regularly \$140): tailored to address the unique skin concerns of men by deeply cleansing, hydrating and soothing the skin

Lapis Spa & Salon 4441 Collins Ave. Miami Beach, FL 866-750-4772 fontainebleau.com

VISIT PRO MAKEUP ARTIST JEANETTE FROST AT JEANETTEFROST.COM

ADORNMENT by Jeanette Frost

Wood Ya? Opting for wooden jewelry allows you to carry a bit of nature, while making quite the statement. These wooden treasures grab fashionable attention, yet never go out of style. So, why woodn't ya?



PASSIANA | Gold and Wood Congruous Ring

A high-end fashion jewelry brand providing sexy, sophisticated statement pieces for stylish women, since 2013. Passiana designers hail from Europe, Asia, Africa, and the U.S., and utilize only the finest artisanal materials recycled or eco-friendly whenever possible. New collections are added ten times a year, with a variety of options to complement ones ever-evolving style. Gold and Wood Congruous Ring is a bold modern piece that adds a clever touch to any outfit. Apart of Passiana's Golden Goddess Collection | \$75 | passiana.com and amazon.com



TOOTH AND NAIL | Birch Bark Jewelry

Artist and craftswoman Stacy Dumas is one cool Detroiter! Stacy's fun eccentric fashion style shines at her store Tooth and Nail, where many works of her wearable art are available for purchase. Tooth and Nail offers cutting edge jewelry designs that are fused with natural and primal materials. All of the jewelry has a nice element of surprise that will get you noticed. Jawbone Jewelry, Vintage Hardware Jewelry and Birch Bark Jewelry are big sellers at Tooth and Nail.

Birch Bark Jewelry is handmade by Stacy, using pieces of fallen birch that she finds on her many trips Up North. The bark is treated, sealed and lined with leather backing. Each piece is one of a kind and available in a variety of options: Bracelet cuffs \$45-\$50, necklaces \$38 and earring sets for \$20 (top sellers).

Find Tooth & Nail inside the **Rust Belt Market** 22801 Woodward Ave, Ferndale MI (Open every Saturday 11-7 and Sunday 11-6 year round). Unable to make it to her shop, call Stacy at Tooth and Nail for ordering and shipping arrangements (734) 560-8767 or find Tooth and Nail on facebook.

HOMMES | Bana Salon & Spa, Ann Arbor MI Part II

by Anthony Brancaleone

Last month my brother and I experienced a day at the Spa at Bana Salon and Spa. Owner, Kim Freymuth was very generous in offering a day for us gentlemen to experience the spa's many fine services. Though, I wrote about my services in our last issue I was not able to share with you, fine gentlemen, the experience from my brother's perspective. Alas, here it is...

From entering through exit my brother felt completely cared for by every staff member that he encountered stating, "everyone was comforting and friendly, and I felt at ease in Bana's clean modern decor."

Nick's experience started with his changing into a soft robe and sandals, while choosing from a variety of tea to enjoy. Nick was then guided to a private facial room where esthetician, Michelle Demeau applied Bana's Gentleman's Facial and Glycolic Eye Contour Treatment. The Gentleman's Facial is designed specifically for men, helping treat thicker, oily skin, while addressing razor burn sensitivity and facial hair. The cleansers, scrub and mask all had a refreshing scent of lemon and herbs. While his mask set on his face, Michelle applied the Glycolic Eye Contour Treatment, which gave Nick a "gentle tingling sensation". It was "almost as if I could feel the product doing its job, smoothing out those lines we all build around our eyes." Michelle gave Nick a neck, hand and foot massage, while his facial mask set, leaving

his skin firm and fresh. Nick was then given a glass of cucumber water (necessary for flushing out toxins and aiding the benefits of the services, we were told).

Next, was the Men's Manicure, administered by Emily Ressler. Consisting of a sudsy warm water hand soak, trimmed cuticles, hands massaged with an exfoliating scrub, a moisturizing massage of the hands and arms, with nails that were then "filed and buffed to perfection", Nick left feeling like royalty. He received another cool glass of cucumber water.

Nick's final service was the Bana Signature Massage provided by massage therapist Tyler Ball. Before the massage, they discussed what Nick needed out of the massage so Tyler could address Nick's scoliosis and tension properly. The massage wound up being a fusion of deep tissue, sports therapy and a little Swedish technique. All in all, a soothing 60 minutes of comfortable, deep pressure that Nick needed to ease his back pain.

Overall, Nick was impressed with how professional and accommodating everyone was at Bana. However, this writer feels compelled to offer the following for any Spa that is seeking more male clients: Prior to service, discuss with men the atmosphere, styles of massage and who will be providing each service. It may be the difference in booking repeat customers. Now pass another cucumber water please.

Bana Salon & Spa • 955 W. Eisenhower Circle, Suite B. Ann Arbor MI
734.477.6955 | banasalonandspa.net

FILM

THE MAPLE THEATER



MAGIC IN THE MOONLIGHT

(USA/2014 – Directed by Woody Allen) • Now Playing

Set in the 1920s on the opulent Riviera in the south of France, Woody Allen's *MAGIC IN THE MOONLIGHT* is a romantic comedy about a master magician (Colin Firth) trying to expose a psychic medium (Emma Stone) as a fake.

Jeremy Mills | There are a few things we specifically look for when booking movies at an upscale art theater nestled north of the city in Bloomfield Hills. Period-set stories. Colin Firth. Woody Allen. Big draws for our beloved boomer crowd. So imagine our chagrin when the details of *Magic In The Moonlight* finally emerged a few months back. While it might lack the stifling crush of premature awards-season fervor that accompanied films like *Blue Jasmine* and *Midnight In Paris*, *Magic In The Moonlight* is one of those simple and sweet Allenisms that seems to exist in a parallel universe much like our own: a world awash in golden light, where the solution to all life's problems is a playfully thorny battle of wits sealed with a kiss. Fade to black. Cue the jazz.



CAVALRY

(Ireland/UK/2014 Directed by John Michael McDonagh) • August 15

CALVARY's Father James (BRENDAN GLEESON) is a good priest who is faced with sinister and troubling circumstances brought about by a mysterious member of his parish.

Jeremy Mills | After making a name for himself with 2011's *The Guard*, John Michael McDonagh has proven to be the more cerebral member of the McDonagh clan. Eschewing the slapstick absurdities of his brother Martin's *In Bruges* and *Seven Psychopaths*, the Irish filmmaker and playwright weaves his signature black wit and blacker pathos into *Calvary* to utterly compelling results. With Gleeson once again in the lead role, accompanied by breakouts Chris O'Dowd and Aidan Gillen, the cast lifts McDonagh's script above its stagey wordiness and transforms the story into something thrilling and cinematic. Eat your heart out Tarantino.

SECRET CINEMA

Presented by The Maple Theatre

Aug 07 | 7:30 | Old Hollywood

Aug 21 | 6:00 | New Hollywood

Coppola looked up Nat Wolff through friends in New York. The two met for lunch and discovered a mutual love for the central bond in *MEAN STREETS*, which is how both Coppola and Wolff envisioned Teddy and Fred's relationship in *PALO ALTO*. Nat traveled to Los Angeles to test his chemistry with Jack. The two instantly bonded and wound up rooming together in Coppola's mother's garage during the Los Angeles shoot. Franco agreed to come on board as the philandering coach Mr. B., and the central cast was formed.

"When you're a teenage girl, you try and act a lot older than you are."

In the months before the 30-day shoot commenced (in Woodland Hills, a suburb outside Los Angeles) Coppola assembled her young cast at various locations for several day-long bonding exercises, including dream journaling (Coppola had cast members act out each other's dreams), improv games and line readings, at which Durald was present with a camera filming short cam-era tests. Over time, the ensemble grew comfortable and

natural spending time together, which was the goal of the filmmakers. "It was great to hang out with the ensemble for an extended period before we shot," Durald admits. "We had time to find relaxing moments together and build a little family so that everyone could relate to one another once we got on set."

Coppola was careful to not to let Roberts and Kilmer bond too closely on set, in order to make their blossoming love story appear more authentic on screen. "The two of us prepared by not socializing a lot during prep," Kilmer admits. "When we did see each other, we would run lines, but nothing too complicated. I didn't get to know Emma as a person until after shooting."

For Zoe Levin, whose character Emily is a composite of several characters in *Palo Alto Stories*, the rehearsal process helped her find a character that was familiar to her from other movies as well as her own adolescence. "Emily is the school slut and it's easy to pinpoint her as that girl," Levin admits. "But there's this vulnerability to

her. She's looking for love and connection and the only way she knows how to connect with guys is through sexual activity. I saw her as this lonely soul looking for love."

The biggest challenge for Emma Roberts during rehearsals was finding the right balance in a teenage character that's at an age where she is no longer a child, but not quite an adult. "I loved April because she's wise beyond her years and isn't like the other girls she hangs out with," Roberts explains. "She wants to have fun but then hates being at the party. Basically she's an introvert and it was fun to get to play a lot of what she was going through internally before we actually filmed."

Bringing the teenage experience to life as authentically as possible extended to *PALO ALTO*'s production design, which placed specific emphasis on the adolescent bedroom and its contents. For this task, Coppola turned to Sarah Jamieson, who had previously designed sets on her fashion shoots for Dian Von Furstenburg and Elle China.

For Emily's bedroom, itself the site of an awkward sex scene between Emily and Fred, Coppola and Jamieson were conscious about highlighting Emily's Barbie dolls and other child-like toys, as if to suggest she were still 12 years old. "Now she's 15 and she has boys in her bed but the remnants of her youth are still in her bedroom," Coppola explains. "I wanted to bring out the tension of that. I knew it was important to show the tiny details of their bedrooms, because it says so much about a character. You can understand a character through her surroundings."

The same attention to detail was brought to the film's score, which includes several songs composed specifically for *PALO ALTO* by the British artist Dev Hynes, who performs under the moniker Blood Orange. "He was excited to score my film because he could picture the music as he watched the images. I would tell him what a specific scene or mood meant to me and he seemed to know instinctively what worked musically."

Franco, who set out to write a book that was



DIVIDE IN

Michigan Native Kris Kaczor Makes Movies, Reads Thoreau, and Sees Ghosts

By Anthony Brancaleone

President of the Traverse City Film Festival - and, a pretty good filmmaker himself - Michael Moore states, "Divide In Concord is a fascinating, entertaining look at how persistence and citizen action still means something in corporate-controlled society."

Moore selected the feature length documentary, helmed by first time feature director, Kris Kaczor, for a special place of honor as part of the Friends Only Screenings at TCFF 2014.

The film follows Jean Hill, a fiery octogenarian, who is deeply concerned about the Great Pacific Garbage Patch—



Jean Hill

the world's largest landfill. She spends her golden years attending city council meetings and cold-calling residents. Since 2010, Jean has spearheaded a grassroots campaign to ban the sale of single-serve plastic bottles in her hometown of Concord, Massachusetts. Her attempts to pass a municipal bylaw have failed, and as she prepares for one last town meeting Jean faces the strongest opposition yet, from local merchants and the International Bottled Water Association. But her fiercest challenge comes from Adriana Cohen, mother, model and celebrity publicist-turned-pundit, who insists the bill is an attack on freedom. When Adriana thrusts Jean's crusade into the national spotlight, it's silver-haired senior versus silver-tongued pro. In the same town that incited the American Revolution and inspired Thoreau's environmental movement, director Kaczor is on hand to discover if one woman, Jean Hill can make a difference.

Born in Rochester, Michigan, before moving to Detroit's 8 mile & Woodward, Kaczor now lives in Brooklyn, New York. For ten years he has worked in film, starting a filmmaking collective, of sorts, known as 750 Productions. *Divide In Concord* marks his directorial debut.

"I was reading "Walden," by Thoreau when I first heard of Jean Hill in the New York Times," says Kaczor. "When I realized the two were from the same town, the coincidence became a new obsession. Fearing Jean's efforts would be lost to history, I called her and asked if she'd be interested in a video short. She proposed that I shoot a feature documentary, and I agreed."

Kaczor left for Concord as a one-man crew, setting up cameras, collecting data, then returned to Brooklyn with the realization that he needed help. He called upon friend, Dave Regos, who joined the filmmaker in Concord, understood the magic, the issue, and committed for the duration.

"The entire documentary was self-funded," said Kaczor. "It was tough; our van was broken into and died the day of the Town Meeting, our hotel almost burnt down and we had two eerie ghost experiences at the Colonial Inn. But we battled on and feel that we honored the story and the town."

The Colonial Inn was built by Thoreau's grandfather and is said to be haunted. "Rigos and I felt their [ghosts] presence to the "enth" degree," said Kaczor. Rigos claims to have been communicating with the spirits telepathically. When he finally asked what was the point of their meeting, "Love" came the answer.

"I honestly believe Thoreau had a hand in directing this film," says Kaczor, with a bit of a laugh. "There wasn't a moment that I wasn't thinking of Waldon while we were shooting. In fact, the opening scene takes place on Waldon Pond."

Kaczor had spent a great deal of his life appreciating the natural gifts of fresh water that the Great Lakes offer. His appreciation guided him to the philosophy of Transcendentalism, where Kaczor's story with Thoreau began.

Despite his personal beliefs, however, the director claimed to have done his best to tell an objective story. Using *Harlan County U.S.A.* (1976) – a film account of a violent coal miner's strike, by documentarian Barbara Kopple – for inspiration.

"From the start, our intention of being objective was difficult, but we made sure to be respectful and transparent," Kaczor says. "We used the words people said, and then made sure the edit was accurate, telling one side and then the other."

Kaczor utilized three editors in post, screening hundreds of hours of footage before running out of money. He took disparate jobs to complete the funding. The entire process from conception to final cut was a little over two and a half years. "The film becomes an extension of your consciousness," says Kaczor.

Divide In Concord had its World Premiere at the 2014 Hot Docs International Documentary Festival, where it opened to critical acclaim. It has gone on to be selected for inclusion in the BEST OF HOT DOCS 2014.

"Concord is the home of the American Revolution as well as significant literary and environmental movements," says the director. "The film is a tribute to the continuing legacy of Concord, and I am happy to return to beautiful Michigan to present it to a community that I feel it will inspire."

"But, what really is important is the story of Jean Hill," continues Kaczor. "Who reminds us all that one person can make a difference."



New Football Field For Detroit Cody High School // by the Sparrow

Life Remodeled, a Detroit-focused non-profit corporation, broke ground for Cody High School's new football field — a step toward its goal of renovating the school and its surrounding neighborhood this summer.

The Cody Comets' former field sat on the same location as the new field until 2006. Vandalism and lack of irrigation caused the turf to become unplayable, forcing the team to play all games, including Homecoming, at "away" venues. When completed, the field will be home not only to the Comets, but also eight Detroit Police Athletic League (PAL) youth football teams and one Detroit PAL youth soccer team.

The 90,000 sq. ft. synthetic turf gridiron is to be built on the Stein Playfield, just northwest of the school. To accommodate the field, Detroit Public Schools leased the space from the City of Detroit for 30 years. DPS will also donate excess bleachers from its warehouse, although they must be repaired.

The cost of the athletic field project is \$650,000, of which \$291,000 has already been raised. Major contributors include the Skillman Foundation (\$200,000), the United Auto Workers (\$25,000), and a number of metro-area churches.

"Life Remodeled has always operated financially on a just-in-time basis," says Founder and President Chris Lambert. "All of our projects have been nail-biters, often with labor, materials, and money not coming through until the last minute. But we have wonderful partnerships with the community and local businesses and we have faith that the job will get done."

Major supporters of the football field project include general contractor Barton Malow (Southfield) and Foresite Design (Berkley), a landscape architectural firm that specializes in the design of athletic and

recreational facilities. Pittsburgh-based ProGrass is providing the synthetic turf and Edw. C. Levy Co. (Detroit) is donating the base stone.

"What drew Life Remodeled specifically to Cody, was the hope that they saw in the school community as well as the neighborhood within which it sits," said Emergency Manager Jack Martin. "Even though we have significant financial challenges, we all have hope for brighter days for our students and the members of the Cody community. We are extremely grateful to the Life Remodeled team and all of their volunteers and donors, who have demonstrated true community partnership and have helped reinforce this sense of hope."

The majority of the work will be performed from Aug. 11-17, 2014, but Life Remodeled states it remains in partnership with Cody High School for one year to help address more long-term needs.

In addition to painting, landscaping, roof and electrical repairs, and updating classrooms (many of which only have one electrical outlet), students, administrators, community organizations, neighbors, churches, and local companies like General Motors and Quicken Loans intends to demolish 10 nearby abandoned houses, remodel 20 others, and beautify over 100 surrounding blocks. Nearby Mann and Henderson Elementary Schools will also receive light facelifts.

The Cody Rouge neighborhood has the second highest concentration of youth in Detroit - but also one of the highest rates of crime committed against young people in the city. In spite of these challenges, Cody has proudly established specialized academies of public leadership, medicine, and technology in addition to its regular curriculum. The school's graduation rate has increased from 40 percent just four years ago to over 80 percent today.



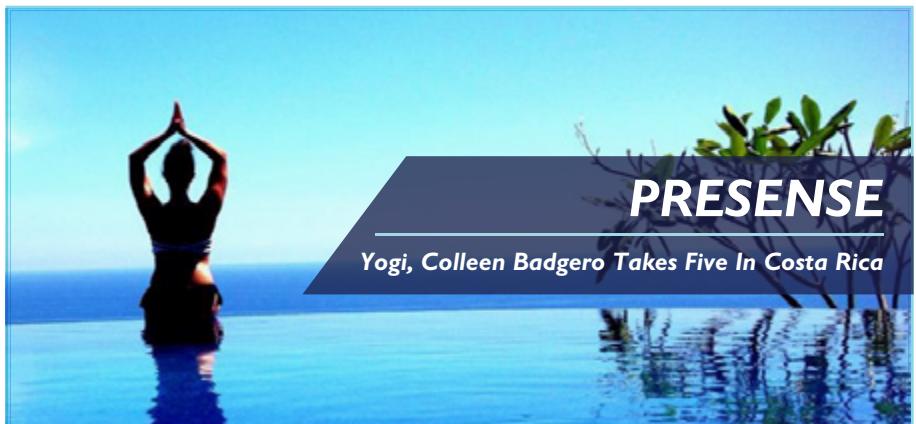
Baseball Road Trips: The Midwest and Great Lakes By Timothy M. Mullin Your Comprehensive Guide to Baseball in America's Heartland

Baseball Road Trips: The Midwest and Great Lakes (Triumph Books) by Timothy M. Mullin gives the insider's perspective for the best lodging, restaurants, and local attractions for the Major League and minor league cities and towns that dot the Midwest. From century-old classics like Wrigley Field in Chicago or Modern Woodmen Ballpark in Davenport, IA to modern parks such as Target Field in Minneapolis or the aptly named Louisville Slugger Field, there are a plethora of must-see stops throughout this great Midwest region.

I don't care what anyone says: Mullin gives breakdowns of each MLB stadium in the region with expert details on the game day experience and the best activities in each area. He profiles every stadium in the quirky and non-Major League affiliated Northwoods League and Frontier League, and explains the concept of Explorus Maximus: how to make the most of your curiosity and explore these unique Midwest stadiums, cities and towns to the maximum level.

From a long weekend in Cleveland to experience the city and "the Jake" to a seven-day jaunt from Minneapolis to the Field of Dreams in Dyersville, IA this ace really takes it round the horn. So, get crackin' sportsfans! Time to hit the road!

And, prepare for the return of The Sparrow this fall in the greatest paper ever to hit the racks in this era or the next — The Metropolitan d'Etroit! Words: The Sparrow



PRESENCE

Yogi, Colleen Badger Takes Five In Costa Rica

Oooooommmmmmm. The voice of an Indian man chants a purification prayer over the speaker system, breaking the mandatory morning silence and calling everyone to find a seat for meditation. We show up on our yoga mats with our accessories of choice (e.g., blocks, folded blankets, cushions) strategically arranged to make the next 20-60 minutes of sitting still as painless as possible.

Sit up straight, legs crossed, shoulders down and back, eyes closed; we're instructed to begin to focus on our breathing. Then focus on our senses and how they're being stimulated by the world around us. Observe the sounds of the ocean waves crashing onto the shore in the distance and how the buzz of insects suddenly becomes deafeningly loud; the sweet smell of blossoming flowers; the feel of the warm, soft morning breeze. The goal is to achieve absolute presence; 'Live in the now'. Whenever a thought about anything outside of the current moment arises, allow it to pass, without judgment, and refocus on the present.

Then comes the true challenge, let go of all thought completely. Don't move, don't think, don't attend to physical sensations, just sit and breathe. Find complete stillness of the body and the mind and connect to the 'real' you.

"The goal is to be able to sit with the pain or discomfort, but separate your Self"

Each day, our yoga teacher training (YTT), at Anamaya Resort in Costa Rica, started with this meditation ritual. It may sound simple, but if you've ever tried to meditate, you know it's incredibly challenging. Add to the experience bugs getting friendly, without being able to swat them away, limbs stiffening, causing pain and numbness, and the incessant thinking of an unoccupied mind, and the act of 'just sitting still' becomes even more elusive.

Our instructor, Paula Tursi of Reflections Yoga NYC, calmly, but firmly explained, "All those sensations are on the level of your mind. If you attend to them, even to soothe them, you're still identifying your

Self with your thinking mind. The goal is to be able to sit with the pain or discomfort, but separate your Self from the thoughts and feelings of struggle and fear that your mind attaches to it."

I worked diligently, day after day, to achieve the state of total stillness being described. Some days I could find a level of extreme relaxation, while others I felt like I might go insane. Theoretically, I believed in the separation between my true Self and my thinking mind, but never experienced the space between the two first-hand.

Then, out of the blue, it happened - A moment of silence when all thoughts ceased. It was another moment of awakening. An 'ah-ha' moment, if you will. Though it was brief, when I connected to the real me, and my monkey-mind was switched off (silencing the usual howling of to-do lists, worries, and doubts), it was all I needed to completely buy into the practice of meditation.

Like every integral part of yoga, meditation teaches us lessons that apply to daily life. Through this experience, I learned that we are not our thoughts (e.g., 'I am tired, angry, or stupid'). They are truly just constructs of our minds. Once we disassociate from our thinking mind, by learning to turn it off even for brief periods, it allows us to connect with our true nature; one that is unwaveringly peaceful and always within. When we know it's there, and by making a meditation practice part of our routine, it allows us to remain calm and collected, even when difficult or painful circumstances arise.

When we face adversity, and do not immediately attempt to soothe, suppress, or run away from our mind's reactions, we are able to observe our thoughts, understand how or why they are causing struggle, and then genuinely release them, while learning a valuable lesson moving forward.

So, do your Self a favor; take 5-10 minutes out of each day to find a quiet place to 'just sit still'.

See what happens.

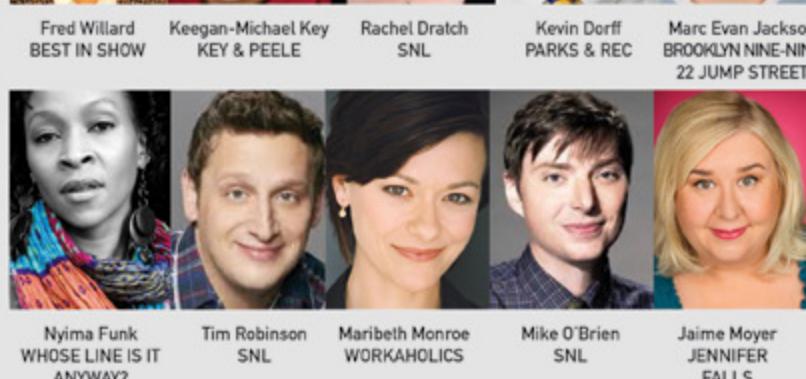
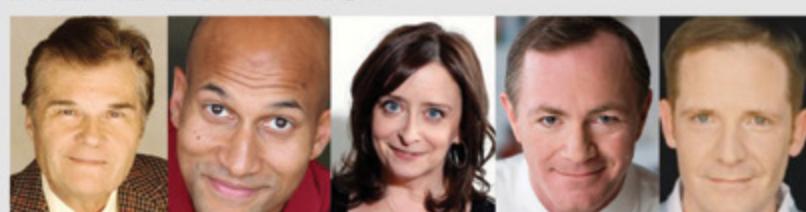
AUGUST 3-10, 2014

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GO COMEDY! the Ringwald theatre



A portion of the proceeds benefits Gilda's Club of Metro Detroit. For more information, please visit detroitimprovfestival.org



With this open-call challenge, more than 175 Detroit area artists each selected five wood pieces to use in creating the works of art featured in this end-of-summer exhibition.

"This show is about ingenuity and mystery," said DAM Director Matt Fry. "I've seen artist after artist select their wood pieces, and each time I find myself excitedly asking 'I wonder what they're going to come up with?'"

IF YOU BUILD IT treats visitors to the full spectrum of Detroit artistry, with works from local ceramicists, filmmakers, glass blowers, illustrators, jewelry designers, metal smiths, painters, photographers, printmakers, sculptors and videographers. Keeping first-time visitors and new collectors in mind, DAM has priced all artworks at under \$250 US (or 5,303,132.20 Vietnamese Dong).

Opening reception: Friday, August 1st, 2014 6–9pm. Free and Open to the public.

Detroit Artist Market August Featured Artist: Christina Galasso, collage Show card Art: Brian Spolans, "Sign Makers", pencil, pen and acrylic on wood.

DAM | 4719 Woodward Avenue, Detroit | (313) 832-8540 www.detroitartistsmarket.org



Corpus Illuminata An Anatomic Interpretation

One part exhibition of anatomic inspired artwork; one part academia of accredited presentations; one part medical antiquities and oddities bazaar; Corpus Illuminati IV is a medical exploration through the realm of anatomy and artistic interpretation.

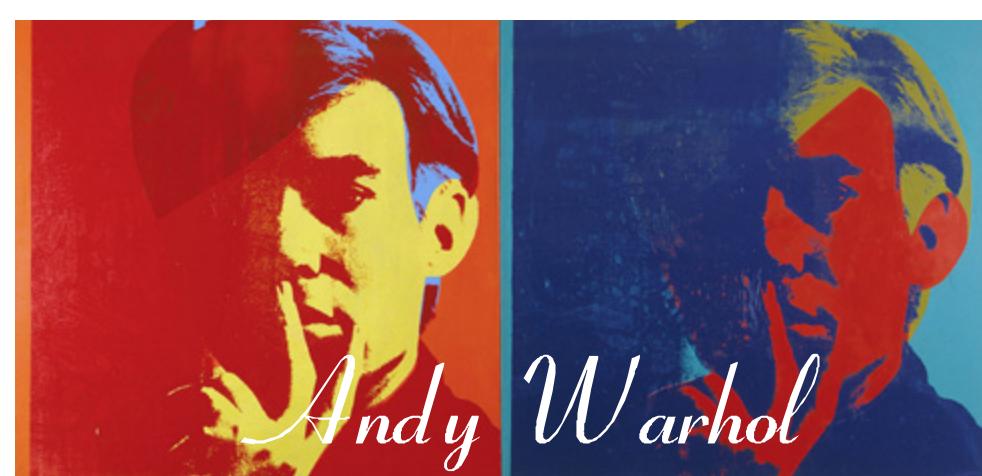
The exhibition features over 60 artistic interpretations from local and national artists, including Tina Gilbert, Mara Osuna Marcos, and Jack O. Summers. On stage, various speakers discuss a variety of topics that include human anatomy, psychology, and other intriguing subject matter. Collectors of medical antiquities, oddities and related handicrafts will present their offerings for sale and/or trade.

The opening gala begins at 6pm on both August 08-09. All ages are welcome, however discretion must be advised due to graphic medical content. A parent or legal guardian must accompany those under 18 years of age. Admission \$10 (\$5 with valid student identification). Children 12 years and under are admitted free.

Tangent Gallery/Hastings Ballroom 715 E Milwaukee St, Detroit
www.corpusilluminata.org

DIA

Did you know we have Warhol on display at the Detroit Institute of Arts? Come and see quickly, before the powers that be decide to put them up for auction!



Self Portrait, Andy Warhol, 1967, acrylic and silkscreen enamel on canvas. Detroit Institute of Arts. © 2005 Andy Warhol Foundation for the Visual Arts / Artists Rights Society (ARS), New York

5200 Woodward Ave, Detroit, MI 48202 (313) 833-7900 | dia.org



WOODWARD AVENUE

America's First Mile of Concrete Highway

Woodward Avenue, between 6 and 7 Mile Roads, in Detroit is attributed as being the "first concrete highway in the United States", circa 1909. However, the first use of concrete as a material for road-building in the world was built in Inverness, Scotland in 1865. The cement material we today call Portland cement was first manufactured in 1824 by an English brick-maker named Joseph Aspdin, who received a patent for it. In 1889, George W. Bartholomew in Bellefontaine, Ohio started the Buckeye Cement Company, and in 1891 convinced city officials to let him pave an eight-foot wide section of Main Street with Portland cement. In 1893, city officials agreed to let Bartholomew pave the entire block of Court Avenue between Main Street and Opera Street, which today remains the "oldest concrete street in America." While the first application of concrete was in Bellefontaine, its innovative use for road surfacing convinced road-builders of its practicality over other materials.

So much so that transportation officials in Detroit became very interested in using concrete for roads to service the growing automobile traffic. Before the consideration of concrete for Woodward Avenue, the old roadway from Detroit to Pontiac was made of various materials over the years. Pre-1820, the Old Saginaw Trail that it was called (as a Native American travel route) was basically compacted earth. In the 1820s, it was constructed of gravel, mud and cedar logs. In 1848, it was converted from logs to planks. In 1909, the section between 6 and 7 Mile Roads was the first mile of concrete highway in the United States. And, in 1916, the entire 27-mile length from Detroit to Pontiac was paved using concrete.

While we commonly associate the name Woodward Avenue with Michigan Territory Judge Augustus Woodward and his famous Detroit Street Plan, seemingly lost in popular history is another individual that played a big role in Woodward Avenue's history when it evolved into becoming a concrete roadway or highway. His name is John S. Haggerty, a brick manufacturer in Dearborn, Michigan. He was a close friend of Henry Ford. In 1907, Haggerty was appointed to the newly-established Wayne County Road Commission.

In 1908, the Wayne County Road Commission was planning new road work for several areas in Wayne County. One of the projects was Woodward Avenue in Highland Park. Heavy automobile traffic on this road required a hard pavement surface. The only known hard pavements at that time were concrete and brick. Brick was expensive and concrete was only used for sidewalks and alleys.

The commissioners had competing ideas on what materials to use for the planned Woodward Avenue and Michigan Avenue projects. Some of the commissioners wanted to use brick on both road projects, while John S. Haggerty wanted to use concrete because it was cheaper and less labor intensive than brick. He would have known of the strength of concrete for roadways in Bellefontaine, Ohio. What is truly admirable is that Haggerty was in the brick manufacturing business, and his company would have made a small fortune had both projects used brick. But, in the public interest, he felt that concrete would give the public better roads.

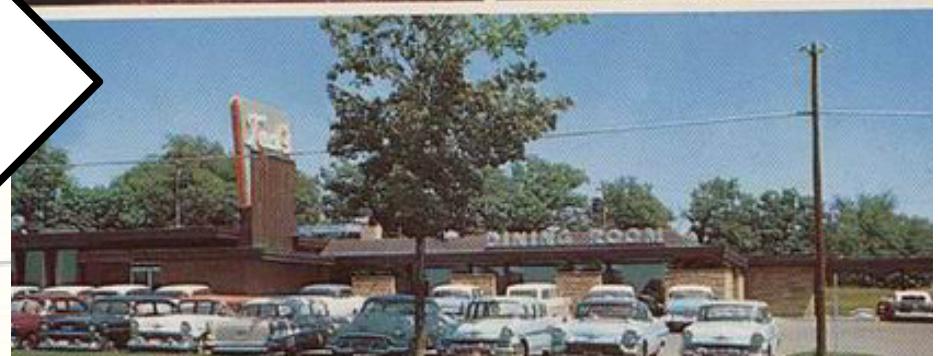
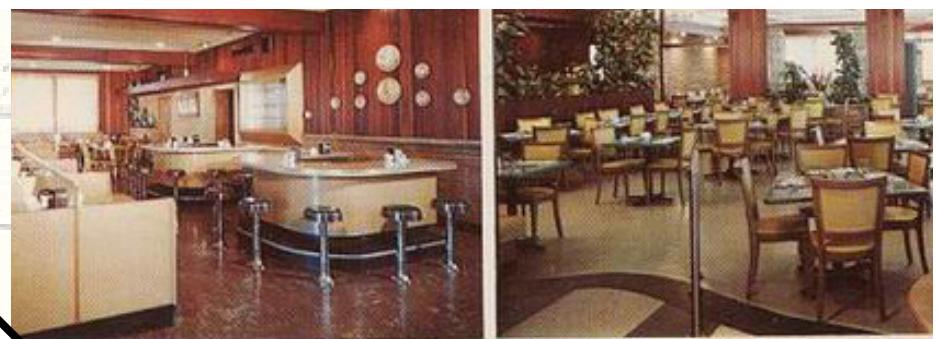
To resolve the question of brick versus concrete, the road commissioners developed a compromise plan: the two sections targeted for paving were of approximately the same length so one would be paved concrete and the other with brick. They could be compared easily with regard to cost and durability. Michigan Avenue would be paved with brick, while the experimental concrete pavement would be used on Woodward Avenue.

In the Spring of 1909, work began on both road projects. By the end of the year it became obvious to the road commissioners that concrete was just as good a paving material as brick while being much cheaper. From 1910 on, the Wayne County Road Commission made a policy of preferring to pave all county roads with concrete.

Haggerty, by the way, became chairman of the Wayne County Road Commission at the end of 1909. He then became an advisor to the State Highway Department for 20 years. He also became involved in Michigan Politics and was eventually elected Michigan's Secretary of State in 1926. He was always referred to by the public as "Good Roads Haggerty."

Resources: American Society of Civil Engineers (ASCE), Dearborn Historian John R. Stewart, State of Michigan Archives, and Wayne County Road Commission.

M
1



ALL AMERICAN ROAD

Remembering Old Woodward Avenue...

Remembering Old Woodward Avenue. The fabled Native American footpath called Saginaw Trail that became an infrastructure marvel as the first mile of concrete roadway in America, and is probably one of the most documented roads in our country besides the Old Lincoln Highway and Route 66.

Back in the 50s, I recall that my mother (who is now 90- years- old and probably the oldest living car-hop in Michigan) worked at Ted's Trailer and Drive In at Square Lake Road and Woodward Avenue. I recall that one of my high school buddy's father worked as an executive at Dodge. His father always had the latest model and always let my buddy use the car on Friday nights. We would use Woodward Avenue from Pontiac to Bloomfield Hills as a "test track."

As an unwilling passenger "law-breaker" my buddy would put the pedal to the metal and race full-throttle along Woodward Avenue. The fastest car I rode in was the latest Dodge Dart when it first came out. Fortunately, my friend made it through that time without any speeding tickets or accidents. Later on in life, I counted my blessings for being delivered from the grasp of this solo speed demon. What followed along Woodward Avenue was drag-racing between cars, and then the present-day, historic Woodward Dream Cruise.

My late friend Charley Manos (of Detroit News columnist fame) and I used to talk about the happenings on Woodward Avenue. He once published a remark that I made about it. I had once asked Charley, "Do you know why they call Woodward Avenue an artery?" I explained that it was because it had white

corpuscles (auto headlights) going north, and, red corpuscles (auto taillights) going south.

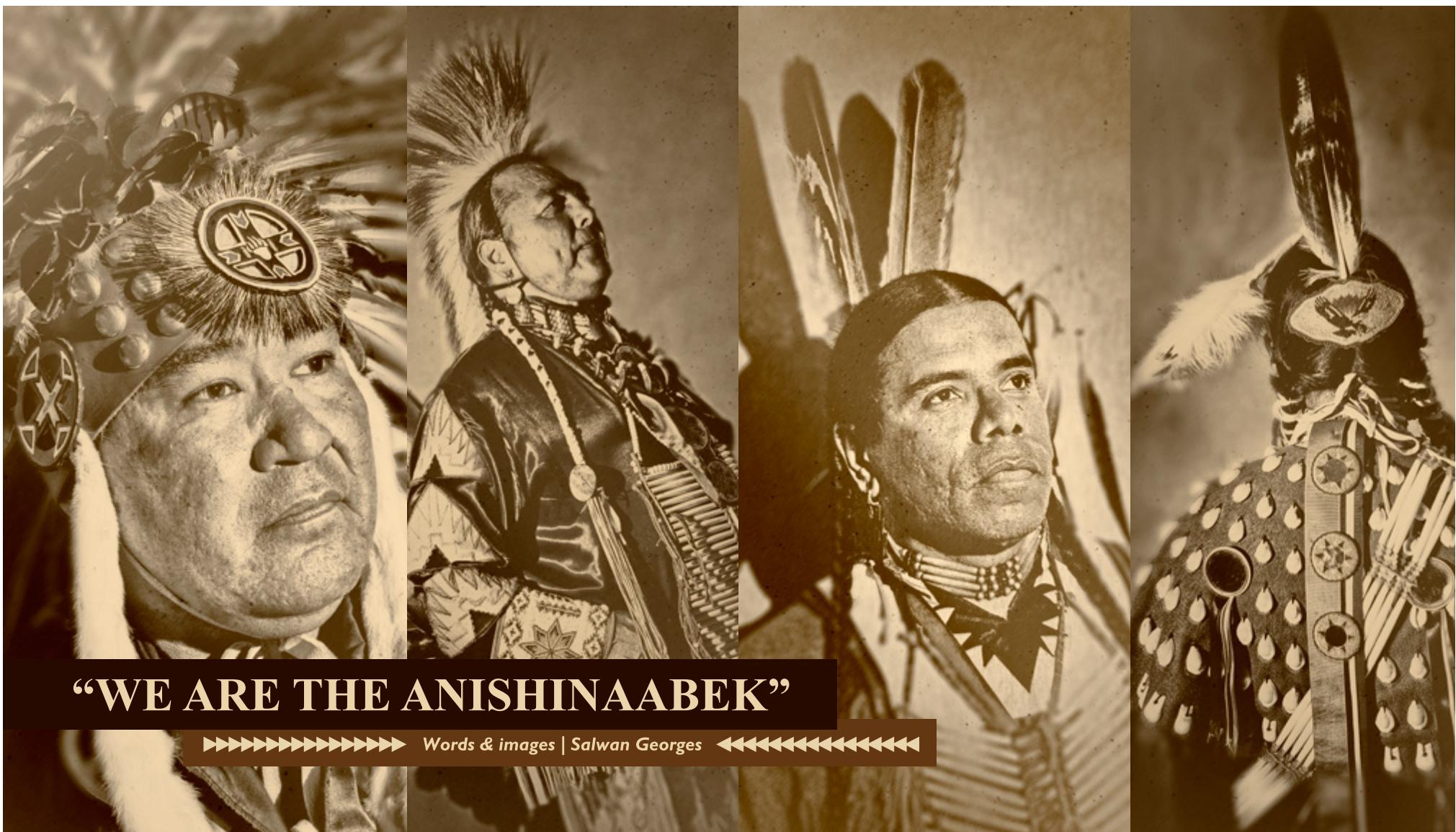
In the old days, Woodward Avenue used to flow naturally to Saginaw Street in Pontiac. Federal Urban Renewal came in and decimated the South end of downtown Pontiac. Then came the grand idea of building a roadway loop around downtown Pontiac. At first it was called "Wide Track Drive" named after the Pontiac Motor Division's auto technology (when GM actually built Pontiacs!) Then when Pontiac moved its big auto assembly operations to Lake Orion, the name Wide Track Drive was dropped. Then it was re-named "The Loop." That soon became the "Loop to Nowhere." There is now talk about opening up Pontiac back to its historical flow into Woodward Avenue. I don't know why they keep using Woodward Avenue as an experiment.

I remember, on the Detroit end, when they tore up Woodward Avenue in downtown Detroit and turned it into a pedestrian and bus traffic only. No cars, like Mackinac Island! All that failed and they had to tear it up again for regular auto traffic. A ton of money was spent on "planner's fantasies." Now we are back to experimenting again with the M-1 Rail Project. This project may have a chance for success, because it gets back to the historic use of light rail that used to be travelling along Woodward Avenue before they tore up the old rails in the pavement. It's "Back to the Future."

Images courtesy of Woodward Dream cruise | www.woodwarddreamcruise.com

Words by Joe Neussendorfer

Joe Neussendorfer is an Affiliate Member of the American Society of Civil Engineers and a 38-year member of the Engineering Society of Detroit. He has been writing architecture, engineering and construction history for the past 40 years. His email address is: jneussendorfer@mindspring.com



“WE ARE THE ANISHINAABEK”

►►►►►►►►► Words & images | Salwan Georges ◄◄◄◄◄◄◄◄

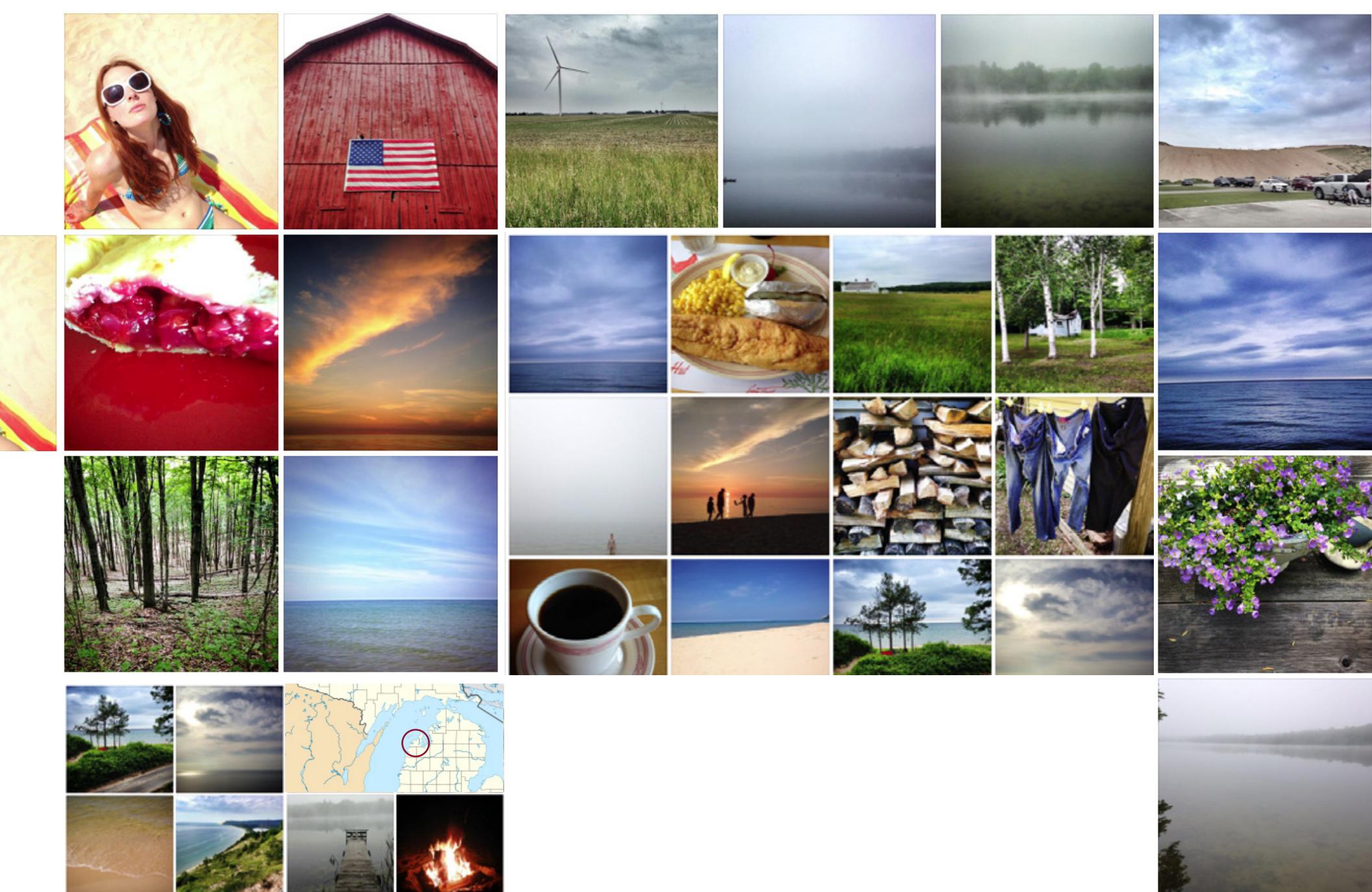
For my Native American series, inspired by the legendary photographer Edward Curtis, I traveled last August to northern Michigan and stayed on the Peshawbestown reservation near Traverse City MI, which allowed me to photograph Pow Wow dancers before their performance.

Part of the Three Fires Confederacy - Odawa (Ottawa), Ojibwa (Chippewa), Bodowadomi (Pottawatomi) – the Anishinaabek people trace their oral history back to Turtle Island, where their spiritual leaders told them to travel west until they “found food growing on the water (rice)”.

The Grand Traverse Band of Ottawa and Chippewa Indians hold its annual Pow Wow, featuring native singers, dancers, artists, artisans and food booths this **August 16th –17th, 2014** in Peshawbestown, MI.

231. 534. 8410

For more information on the history of The Anishinaabek please visit www.gtbindians.org/





The following information is designed to help navigate the Detroit Metropolitan Airport (DTW) and its surrounding areas:



DTW has two terminals: McNamara & North. Delta and its Sky Team partners Air France and KLM Royal Dutch Airlines operates from McNamara Terminal, while all other airlines operate from North Terminal.



BAGGAGE CLAIM

When you arrive at DTW, follow the signs toward the terminal/baggage claim. If you wish to grab a bite to eat or browse one of DTW's many shops before leaving the airport, we recommend stopping PRIOR to leaving the TSA-screened area, as food and shopping options are limited outside of security. If you have baggage to collect, take the elevator/escalator down one level to Baggage Claim. At the bottom of the escalators, check overhead monitors to find the Baggage Carousel for your flight. All baggage carousels at DTW are shared among airlines, so be sure to look for your arriving flight (listed in alphabetical order by the city you last departed).

Missing something? If a checked bag does not appear on the carousel assigned to your flight, or if you believe you may have left something onboard the aircraft, visit your airline's Baggage Service Office located on the baggage claim level.



TRANSPORTATION

Luxury Sedans and Taxis are available 24/7 from each terminal's Ground Transportation Center, and no advanced reservation is required.



North Terminal: Both Luxury Sedan and Taxi services are dispatched from the upper level of the Ground Transportation Center. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation on Level 4.

McNamara Terminal: Both Luxury Sedan and Taxi services are dispatched from the center of the Ground Transportation center, located on level 4 of the McNamara Garage. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation.

All courtesy shuttles to local hotels, rental car agencies, on and off-airport parking, as well as all commercial shuttle services, pick-up and drop-off at each terminal's Ground Transportation Center. To access these shuttles upon arrival in Detroit, once you have claimed any checked luggage, follow terminal signs to Ground Transportation.



CURRENCY EXCHANGE

ICE Currency Exchange kiosks are available for passengers at the North Terminal and the McNamara Terminal. The general public can access all Pre-Security ICE Currency Exchange areas. We suggest you call ahead for the hours of operation.

Airport Ambassadors

Identified by their blue vests, Airport Ambassador volunteers can be found at information desks located in each Terminal or roving to assist customers throughout airport facilities. Ambassadors help the elderly, international travelers and persons with disabilities navigate their way through the airport. They help passengers make their connecting flights, find their families, or map out the next steps of their journey. They find safe lodging for stranded passengers and connect returning soldiers with their families. They assist airports and airlines with helping customers navigate the facility.



IMPORTANT PHONE NUMBERS

McNamara Terminal

Pre-Security at the International Arrival Level – 734-941-1231
Post-Security Near Gate 38 – Phone: 734-941-1202

North Terminal

Pre-Security at the Baggage Claim Area – Phone: 734-955-9414
Post-Security near Gate D9 & D10 - Phone: 734-955-2652

General Airport Info: 734. 247. 7678

Parking Info: 800. 642. 1978

Terminal Paging: 734. 229. 7199 | McNamara 734. 247. 1000 | North

Airport Police: 734. 942. 5212

www.metroairport.com



AIRPORT PR

DTW RANKED NATION'S FASTEST IN WI-FI CONNECTIVITY

Detroit Metropolitan Airport (DTW) was recently ranked as the fastest airport in Wi-Fi connectivity in the U.S. by mobile network management company, wefi. The average Wi-Fi speed over a period of 45 days was collected at airports, hotels, and beaches attempting to determine the best Wi-Fi connectivity during the summer travel season.

"With the demand for wireless connectivity stronger than ever, enhancing our airport's public Wi-Fi service has been a priority for our airport management team," said Airport Authority CEO Tom Naughton. "Customers are enjoying the increased network speeds, and we view this as one more way we can help create a seamless and enjoyable airport experience for our travelers."

Detroit Metropolitan Airport embarked on a significant upgrade to its wireless network last fall, including expanded, complimentary, high-speed, Wi-Fi services.

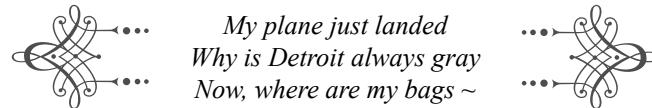
U.S. MARINE CORPS COLONEL (RET.) CHRISTOPHER MULLIN NAMED WILLOW RUN AIRPORT DIRECTOR

Wayne County Airport Authority (WCAA) CEO Thomas Naughton has appointed Christopher J. Mullin USMC Colonel (Ret.) to the position of Director, Willow Run Airport (YIP). Colonel Mullin has an extensive association with aviation in numerous assignments with the United States Marine Corps.

"Colonel Mullin has wide-ranging experience in strategic planning and an impressive background in aviation," said Naughton. "We are very pleased to have him on board."

Serving as a reliever airport for Detroit Metropolitan, Willow Run Airport handled nearly 80,000 aircraft landings and takeoffs and more than 83,000 tons of cargo last year.

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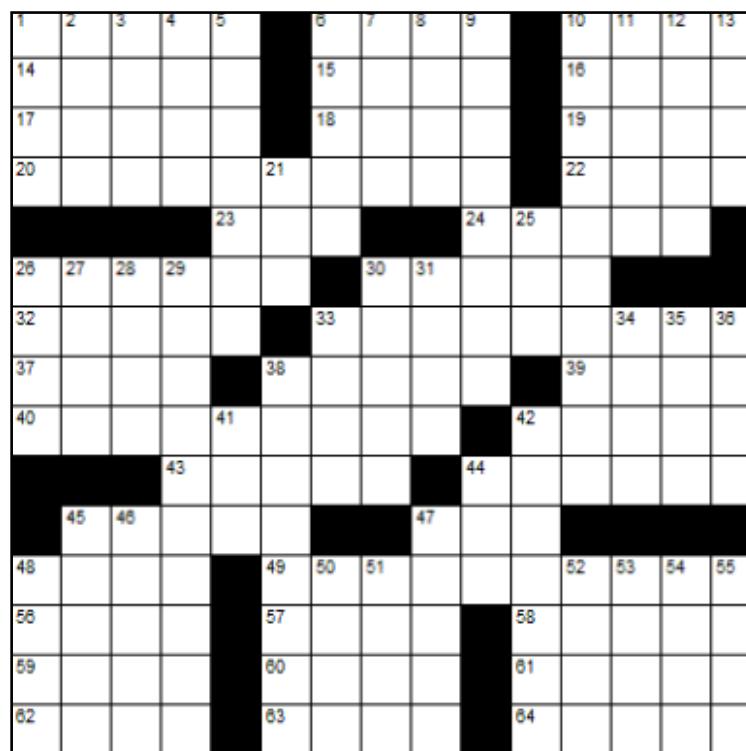
CROSSWORD

Across

1. Mayhem
6. Pear-shaped instrument
10. A pioneer in electrochemistry
14. High society
15. Dry
16. Bright thought
17. Kino gum
18. Jewelry
19. Gone under
20. Make inactive
22. Add
23. Ribonucleic acid
24. Produce a literary work
26. A hussar's jacket
30. Less friendly
32. Utilize
33. Short-tempered
37. Adult male sheep
38. Pueblo brick
39. Blue-green
40. Votes
42. Skin layer
43. Not late

Down

44. Maniac
45. Diacritical mark
47. Craggy peak
48. Shopping center
49. Careful
56. Dogfish
57. Cain's brother
58. Hoarder
59. Low-fat
60. Solitary
61. Ancient Greek marketplace
62. Countercurrent
63. Terminates
64. Pandiculations
1. Iron oxide
2. Chocolate cookie
3. Place
4. Generous gifts
5. Ancient ascetic
6. Sun
7. 2,000 pounds
8. Arab chieftain
9. Be worthy of
10. Not earlier
11. All excited
12. Cache
13. Sharpened
19. Daisylike bloom
21. Expect and wish
25. Harbor
26. Black, in poetry
27. A musical pause
28. Adhere
29. Coach
30. Absurd
31. Delivery vehicle
34. Untidy one
35. Small mountain



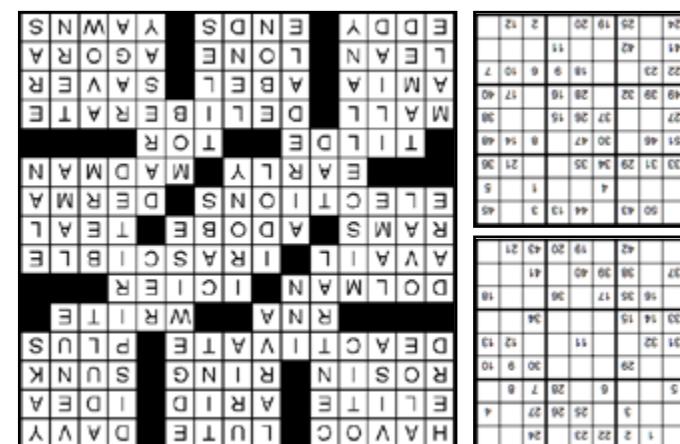
SUDOKU

8				1	5	3
7	4	5			1	
	1	2	3			9
9	8	6	1	2		
	6	9	3	7		
	8	4	7		2	6
2		9	5	3		
9			5	6	7	
6	3	7			2	

8		7		5
1	7	5	8	6
			4	7
	2		1	
1	8		4	6
		4		2
	7	1		
9	8	7	1	2
5			2	8

Fill in the blank squares so that each row, each column and each 3x3 block contain all of the digits 1–9.
If you use logic you can solve the puzzle without guesswork.

ANSWERS



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