# THE METROPOLITAN détroit



# Petals and Leaves By Nette Kovacs



There is no better way to celebrate the arrival of spring than adorning our lives with flowers. We plant flowers

outdoors, decorate our homes with bouquets and indulge ourselves with perfumes. But why do we deprive our taste buds from the splendor of their petals? . Aside from the staggering health benefits, drinking tea is also a fine way to taste spring's essence. What are some of those health benefits you ask?

- The antioxidant properties of tea flavonoids may play a role in reducing the risk of cardiovascular disease by decreasing lipid oxidation, reducing the instances of heart attacks and stroke, and may beneficially impact blood vessel function, an important indicator of cardiovascular health.
- Tea flavonoids may lower the risk of certain cancers by inhibiting the oxidative changes in DNA from free radicals and some carcinogens. Tea

may also promote programmed cell death, or apoptosis, and inhibit the rate of cell division, thereby decreasing the growth of abnormal cells.

- Tea-drinking has been associated with oral and bone health.
- Compounds in tea other than flavonoids have been shown to support the human immune system.

"Tea is a work of art and needs a master hand to bring out its noblest qualities."

- Okakura Kakuzo, Author "The Book of Tea" published 1906

Tea becomes a fine art with Great Lakes Tea and Spice Flowering Teas, which are made with single origin green and white "silver needle" tea and drinkable flowers. To get the full experience, the flowering tea must be placed in a clear teapot to view the magnificent show. As the tea steeps it unfolds revealing beautiful floral structures.



## **GREEN BY NATURE**

Tropical Conservatory Planterra Blossoms In West Bloomfield By Anthony Brancaleone

Judging by the number of companies currently positioning themselves as 'green', through advertisements that delightfully convey their concern for the environment, in order to sell everything from fabric softener to 'clean coal', it has become clear that going 'green' is today's new black. But, for West Bloomfield based tropical conservatory, Planterra, being 'green' has been a natural way of life ever since it's inception in 1973.

Founded by Larry Pliska, a self-proclaimed flower child of the 60's, Planterra has grown from humble beginnings into a multi million-dollar family business, servicing some of the areas most visible accounts. Chances are, if you have shopped Somerset Mall, spent any time in Henry Ford Health Systems or traveled through DTW and the Delta Sky Clubs you have seen some of the conservatory's work

Providing tropical plants and flowers for both business and residential customers, Planterra has recently opened the doors of its new facility, located on Drake road just north of 14 mile, for retail shopping and events - presenting itself as

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Continued on Page 4

## **ROYAL OAK FARMER'S MARKET**



## Farm fresh Produce

- Now Open Fridays 7am 1pm
- Saturdays 7am-1pm
- -Sundays (antiques & collectables) 7am - 3pm







## //ay Letter from the Editor hi mom!

If your mother is anything like mine then you have been reminded about Mother's Day since Thanksgiving. Not that she wants anything, mind you other than to spend a little time with her children. And, what's wrong with that? After all she is the one who gave you life. Well, Mom, don't worry, your boys haven't forgotten. We love you and the day is yours - so long as we don't have to go to another 'chick flick'.

Now, before you accuse me of being a bit cheeky, let me tell you that I'm not. Mother's are very special and they deserve all the love we have. In fact, Mother's Day should probably come quarterly. So for mothers everywhere, please allow me to wish you a very happy day. And, for those who may have some patching up to do with their own, why not do it now? Life is short.

While I'm on a roll, telling everyone what to do, let me offer this for your consideration: Try to remember our fallen service men and women on Memorial Day - they gave their lives defending others - it is the very least we can do. But, you know what more we can do? We can thank a person in the military any time we see them. We can buy them a meal, a cup of coffee or a drink. Give it a try; it will make you feel good - and, it might give them a well-deserved buzz.

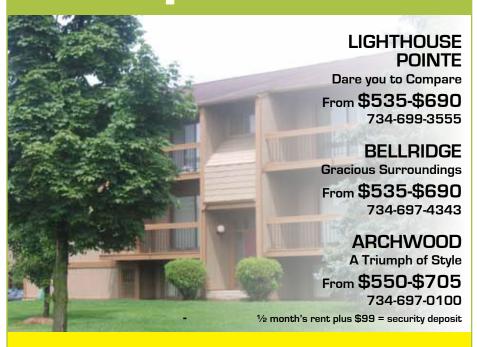
Formalities aside, it is my pleasure to introduce our new head of design, Joell Leining, and to bid adieu - for a little while anyway - to our founding designer, Marina Savic, who has taken leave because I have probably driven her out of her mind. Though, I am already enjoying life with Joell I cannot help but miss the pleasure I received waiting for Marina to make me look good month after month. You are an asset to any project.

Enough with the esoteric drivel - spring is in bloom and we want you to read all about it in this month's edition of The Metropolitan. So enjoy. By the way, I've lost ten pounds since the beginning of the year (see Cookie Time is Over, Jan '11) - time to start looking for a Euro thong!





# Ask About Our **Specials**



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What We Do

For more than 33 years, Gleaners Community Food Bank has been "nourishing communities by feeding hungry people." Last year, Gleaners

distributed more than 36 million

4.2% Management and Fund Raising 9.3% Program Services 95.8% for Feeding

pounds of emergency food to over 484 partner soup kitchens, shelters and pantries in Wayne, Oakland, Macomb, Livingston and Monroe counties. Of every dollar donated, Gleaners uses 96 cents for food and food programs. One dollar provides three meals for a hungry neighbor.









To See How You May Help Visit: www.gcfb.org

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Warning: This paper has not been proof read! And probably never will be...Please see Letter from Editor in our November 2010 issue online.

#### ADVERTISE WITH THE METROPOLITAN

The Metropolitan d'Etroit is a monthly lifestyles paper distributed each week throughout the Detroit Metropolitan area. Our distribution locations include the Detroit Metropolitan Airport, both North and McNamara Terminals and the Delta Skyclubs.

In addition, The Metropolitan can be found in select bars, boutiques, businesses, motels, hotels and restaurants in the following communities: Ann Arbor, Birmingham, Berkley, Clawson, Dearborn, Dearborn Heights, Detroit, Farmington, Ferndale, Hamtramck, Hazel Park, Lincoln Park, Novi, Oak Park, Pleasant Ridge, Plymouth, Royal Oak, Southgate, Taylor, Wayne, Warren, Wyandotte and Ypsilanti.

If you wish to take advantage of the advertising opportunities available through The Metropolitan, or become a point of distribution for The Metropolitan please email adsales@themetropolitandetroit.com

## MAY Emails to the Editor

#### **FaceBook Love**

Love the Metropolitan, Liss and I especially enjoyed the 10 things to love about Detroit in the February issue from all the various writers, and we are already planning to check out so many of the places that we haven't been to in Detroit. Thanks for a paper that a mom and her 18-year-old daughter can enjoy together!!

Keep up the great work!!

Pamela Dujmovich Demos Oak Park, Mi.

#### Flat Stanley

Regards on your article on Mr. Roddy: (Meet The Concierge Of Detroit, April 2011) he was kind enough to pose for me with "Flat Stanley" for a photo for my grandsons class project. See "Flat Stanley: Imported from Detroit" on Facebook.

William D. Watt, Ph.D., CIH Associate Professor Occupational & Environmental Health Sciences Eugene Applebaum College of Pharmacy & Health Sciences Wayne State University

#### **Who Wants Cake?**

We Love The Metropolitan d'Etroit!!! Thank you for always featuring pictures and articles regarding our upcoming production! (Everyone "like" and check out this local paper on their Facebook page and through local places like the WAB!)

Who Wants Cake? @ The Ringwald Theatre, R.O.

#### **Detroit-Centric**

I just saw your publication mentioned on Who Wants Cake? Theatre's Facebook, and I'm so happy to know about what you're doing! I'm Artistic Director of Magenta Giraffe Theatre Company, operating out of 1515 Broadway in downtown Detroit. We're a very Detroit-centric company with lots of productions, programs and events going on all the time. I think your readership would be very interested to know what we're up to. Check us out at www. magentagiraffe.org. Thanks, Frannie

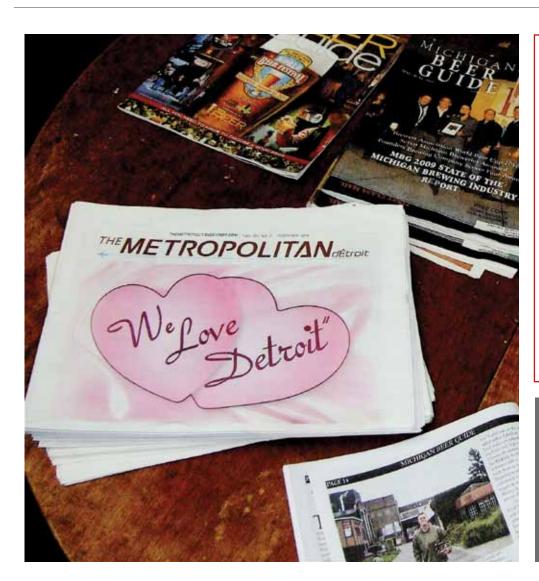
#### **Tips By Text**

Go to Monty's Grill (Woodward, Royal Oak) for fish and chips. The BEST! Ask for Alex.

Willie Whan, Birmingham



The Metropolitan d'Etroit is now on Facebook! Look for additional content, images and advertising specials by becoming a fan.



An Old Gardner's Joke

An old snake goes to see his Doctor. "Doc, I need something for my eyes, I can't see very well these days."

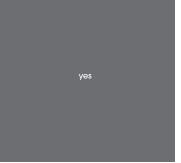
a pair of glasses and tells him to return in 2 weeks. The snake comes back in

The Doc fixes him up with

2 weeks and tells the doctor he's very depressed.

Doc asks, "What's the problem? Didn't the glasses help you?"

"The glasses are fine doc, but I just discovered I've been living with a garden hose the past 2 years!"



## Planterra... (cont.) Continued from Front Page

a destination location for those with either a tropical green thumb or a love of exotic botanicals.

"I began by doing interior sculpting for business offices and now we are hosting art exhibits, wine tastings and events - it has become a whole lifestyle," Pliska says. "And, I believe in that lifestyle. I feel I'm an ambassador for plants, representing them whenever I place them in offices and I'm able to teach others about their health benefits."

"Americans don't breath properly and breathing is vital," Pliska adds. "We're only half breathing and that means we 're living half a life. I don't get sick that much because I am around all these plants, it's all that oxygen."

Pliska's lifestyle became his business when he opened shop on "old lady Sanders estate" - of Sanders Candy fame - and received his first inventory of plants when Pliska's prior boss offered to pay his final wages in green plants instead of greenbacks.

"I rented the greenhouse for two years, after a guy named Dr. Schecter bought the estate. It had an orchard on it," Pliska remembers. "But, I got booted because I hired an inexperienced semi truck driver who kept running over the neighbors lawns."

Pliska moved into his current location in 1982, where he worked from a rustic greenhouse built fiffy years earlier, and for nearly three decades nurtured the company and earned numerous industry awards for design and service along the way.

At one point, Pliska constructed a vineyard on the property and harvested grapes for six years, turning down offers from larger corporations who wanted the land to build everything from condos to strip malls.

When he attempted to modernize, bringing everything up to code, he discovered he wouldn't be able to do so under the current laws of the city. Though, the greenhouse was 'grandfathered' in, allowing Planterra to continue doing business as usual, Pliska decided it was time to construct a new conservatory - the only one of its kind in the Midwest.

"If you have a dream and you follow your dream, and you put passion into it, you will succeed," Pliska says. "And, now my whole family is involved. They bought into my dream and have really made it more than a business. In fact, I don't even call what I do work - I call it paradise."

"It's what makes communities interesting," says Shane Pliska, President of Planterra Corporation and Larry's eldest son, regarding the new facility. "We're an attraction now, a hospitality business, as well as a plant service, and we believe it's refreshing to offer something other than an office plaza or cookie cutter warehouse."

A member of this generation's young, tech savvy professionals, Shane discusses Planterra while texting on his blackberry. "Planterra is a destination worth the drive; we have the best inventory of tropical plants, orchids, a nursery of herbs and vegetables and we believe we'll be a top venue for parties and weddings - particularly in the winter, as we are completely encased in glass."

It's good theatre watching the father and son duo share perspectives on business. Larry, the 60's hippie cum entrepreneur, sporting curly gray hair and beard, could easily pass for Dos Equis' 'World's Most Interesting Man'. While Shane,



caught somewhere between young Orson Welles and Facebook's Zuckerman, markets Planterra equally well but with a style discernibly more highbrow.

"The economy is slowly improving," says Shane. "And businesses are beginning to better understand the importance of plant life in an office space."

"When you go into an office and you get a sense that it is sterile, the air is dry and the atmosphere is cold, you find yourself asking, 'do I really want to do business here?'" Larry adds. "Plants help to keep employees motivated and healthy. They support humanity."

"Now that 'green' is mainstream it's harder to be recognized with all that noise," says Shane. "It must be getting difficult to distinguish as a customer or consumer. Howard Shultz once said of Starbuck's competition that their coffee was just brown water masquerading as coffee. Well, a lot of companies today are masquerading as 'green'."

"I've been green for thirty years," Larry interjects, as the two continue to build their point.

"We are physically and visibly green," continues Shane, fielding another text. "There is not a single device or product that will genuinely produce oxygen other than a plant. Plants actually do something, a process is occurring. Machines don't photosynthesize."

"lonic breeze is a gimmick,"Larry quickly adds with a smile.

I find myself wondering when these two will have their own reality show and ask about the climate of their family working conditions. Larry smiles and seems open to share his thoughts while Shane receives another message on his phone.

"It's a challenge at times but we're a good team and we're on the same side," Larry says. "Shane has good ideas; he brought us into Las Vegas and had us expand through the acquisition of an Ohio company, he knocks me out of my comfort zone."

The account in Las Vegas Larry refers to is MGM Casino, where Planterra designed and constructed an enormous 'living wall', serving both form and function by adding to the aesthetic of the space and providing fresh oxygen to casino guests and employees. "Let's just say, we have a very 'interesting' relationship," offers Shane. The dynamic between the two seem a playful yin and yang. "He doesn't like my laid back management style," Larry replies.

But, it's the health benefits of their business that excites them most, with Larry drawing on his roots in flower power philosophy and Shane attempting to extrapolate likely reasons for the need to go 'green', citing data from the scientific world.

"Biophilia describes our innate appreciation and love for nature - it's part of being human. Which is why, in the world of real estate, a site near water, a park or a view of nature is of more value," explains Shane. "The reptilian brain, which is the oldest part of our brain stem, regulates our heat and vitals, our emotions, the 'fight or flight' mechanism and our breathing . . ."

"Back to breathing again," points out Larry.

"Anyway, the environment influences our emotions, which is why hospitals have been spending money designing rooms for patients that include elements of nature. In fact, studies in the 80's, by Dr. Roger S. Urlich, seem to suggest less pain meds are needed by patients who have access to views of nature."

"Years ago," Larry interjects, "doctors would say, 'go to the country for two weeks'."

"In modern life, we don't experience much of nature at all. There's no walking, no labor, we're on the computer and it affects our safety and reproductive success," Shane continues, while simultaneously communicating through his smart phone.

"We work in high rise buildings, that sway in the wind, with no fresh air, nothing natural and, innately, we feel like we're going to die. But, when plants are introduced, our reptilian brain says, 'Ok - we're going to be alright, life can be supported here."

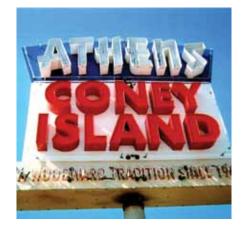
"I get to make a living out of making people feel good," Larry says, as we wrap our discussion.
"Which is a lot better than these insurance companies living off of those who are ill."

"Dad," Shane says. "We sell plants to some of those insurance companies."

"Well then, at least we don't sell cigarettes," dad replies. "You know what I mean."

Planterra is located at 7315 Drake Road in West Bloomfield and is open to the public Mon-Fri 10am-6pm, Sat 10am-5pm and Sun 11am-4pm - 248. 661. 1515





## ATHENS CONEY ISLAND ROYAL OAK, MI

Athens Coney Island is a mainstay on Woodward Avenue in Royal Oak between 13 and 14 Mile Roads, and that's putting it lightly. With a menu that brags about all kinds of goodies - many with a Greek edge to them, such as gyros and salads, not to mention all sorts of sides and main dishes, including deluxe Coney's with chili cheese fries on the side - one can only imagine the possibilities of filling one's tummy to the brim with all these, and more, delectable treats.

The décor is smashing, reminiscent of your greatest Dream Cruise experience ever, streets packed with friends and family from all across the U.S.A. Greece? Meet Grease! They don't have pizza, but they do have good times and more choices on the menu than any of the local fast food establishments in town. Not that we don't like sliders. We do. But that's a story for another day. Capiche? Capiche.

## THE ONION ROLL DELI

ROYAL OAK, MI by Jack Doline



Ladies and gentlemen, the Onion Roll Deli is here to stay. First established in 1971, the original gigantic spellbinding neon sign says it all. Located on the east side of Woodward Avenue between Eleven and Twelve Mile roads, the place is a sure shot at pleasing your taste buds time and time again. With a menu for both dine-in and carry-out, you can be rest assured that this is not only a place to bring the family or a date, but also a not too shabby joint to just stop in while crusin' the lanes of Woodward Ave!

Available are fresh salads, hot side dishes, hot dogs and barbequed beef from the grill, delicious sandwiches and leading role Deli Builders such as the well-known corned beef Reuben and the always-tasty Dinty Moore.

So stop on in. Take a load off. Observe your surroundings. Absorb the ambiance with all five senses and have at it. With prices ranging from \$1.25 for soft drinks, including all Dr. Brown sodas, to \$10.25 large Deli Builders with French fries, you can be rest assured that you're getting a good deal. The Onion Roll is a Detroit Classic and parking is always free. So bring a newspaper. Bring a friend. Heck, bring a newspaper and a friend, because tasty times await all at the Onion Roll Deli. Yeah!

27302 Woodward Ave. Royal Oak, Michigan (248) 545-4880

## **BREAKFAST SPECIAL**



## Becky's Nip n Tuck Diner

BERKLEY MI by Anthony Brancaleone

"Restaurant," Becky says, whenever she answers the phone. The owner of Becky's Nip n Tuck Diner, located on 11 mile road in Berkley, is usually taking lunch orders when this happens; hamburgers, fries, soups and hot sandwiches etc. But, I'm a breakfast guy and when I sit at the counter of the Nip n Tuck it's usually breakfast that I get.

Though the Nip advertises a 'Breakfast Special', hand-written on a paper plate, consisting of two eggs, meat, potatoes, toast, juice and coffee (\$5.50), I usually order my . . . usual; two poached eggs (well), sausage (delicious), rye toast (real butter, please) and coffee (black).

The grill cook, Ryan, is one of the best short order men in the business. Quick and good. The 'delicious' sausage that I previously mentioned is some of the best in town. I've personally heard people at tables discuss it over plates of food in other restaurants. Not that I need their validation - I know good sausage when I eat it - but it does speak to my point.

Open 5am to 3pm, Monday through Saturday, the diner has its series of rushes - floods of students from Berkley High - breakfast clubs, regulars and passersby, who joy in participating in an authentic place where 'locals' come to meet. If you like breakfast like I do put Becky's Nip n Tuck on your list.

Of note: Small countertop diner, no booths (only stools), breakfast special \$5.50.



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- 1. Eminence Handmade Organic Skincare
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- 4. Sephora Soothing Primer
- 5. Alpha Hydrox Souffle
- 6. Aztec Secret Indian Healing Clay
- 7. Trader Joes Gentle Facial Cleanser



# SKINDEEP Anti-Aging Beauty Guide by makeup artist Jeanette Frost

Ok, here are the no brainers: eating a healthy diet, exercise and drinking lots of water. Now that we got that out of the way let's go skin deep, shall we?

## VITAMIN C

According to Sheldon Pinnell, MD, professor of dermatology, Duke University Medical Center, "A prescription skin cream containing 10% vitamin C significantly reduced wrinkling and age spots in patients who used it for 8 months. The vitamin 'instructs' skin cells to produce new collagen, plumping the skin slightly."

Trader Joe's Gentle Facial Cleanser (\$3)

Combines the antioxidant benefits of vitamins C, E and orange fruit extract. Trader Joe's Regenerating Antioxidant Moisturizing Face Lotion (\$3) contains Ester C, a collagen stimulating and cell renewing formula. May help reverse sun damage and reduce appearance of fine lines. My skin instantly felt softer and supple after the first use!

Boscia Antioxidant Recovery Treatment C (\$48)

This powerful blend of vitamin C, parsley and jojoba leaf fights blemishes and helps prevent and repair the appearance of aging skin. An infusion of anti-irritant willow herb soothes skin, as peony root and licorice hydrate and revive sun-damaged skin and fight free radicals. (www.bosciaskincare.com)

## ALPHA HYDROXY ACID

Gerald Imber, MD, clinical assistant professor of surgery at New York Hospital-Cornell Medical Center states, "creams containing Alpha Hydroxy Acids (AHAs) are the first over-the-counter anti-aging preparations that really work. AHAs act as exfoliants, encouraging new cell growth, fading discoloration and reducing or eliminating fine lines. Be sure the concentration of AHAs is at least 10%, that's the minimum strength capable of really smoothing the skin."

Caution: It is common to have tingling or slight burning feeling when applying AHA products. Overuse of AHA cream can cause severe skin irritation.

Alpha Hydrox Souffle (\$15.49)

This lightweight, non-greasy anti-wrinkle soufflé with 12% AHA is the ultimate in powerful, natural AHA exfoliation. Reduces the appearance of fine lines & wrinkles, smoothes, softens & restores skin without the use of abrasives. Peptides & Green Tea preserve firmness and prevent free radicals from breaking skin down. http://www.neotericcosmetics.com/alpha-hydrox/products.html)

Peter Thomas Roth Un-Wrinkle Night (\$110) Clinical studies show a 72% reduction in wrinkles in just 28 days! Designed to assist in cellular renewal, repair daily environmental damage, minimize pores, restore moisture and revitalize the skin while you sleep. Visibly reduces the appearance of deep wrinkles and fine lines from the first application, while helping to relax and diminish the appearance of facial expressions that may lead to crows feet, brow furrow wrinkling, laugh lines, frown lines and other skin creases. (www.peterthomasroth.com)

Fresh Sugar Acai Age-Delay Body Cream (\$65) Enriched with Açaí oil, this cream provides unprecedented antioxidant

protection and helps to maintain elasticity. It also includes skin-softening sugar and citrus fruit acids (natural AHAs) that gently remove dull, dry skin cells. The formula is further enriched with sugar apple extract to enhance collagen production and improve intercellular cohesion, as well as sweet almond protein to naturally firm, lift and smooth the skin's surface. (www.fresh.com)

## MASKS & TREATMENTS

Eminence Handmade Organic Skincare of Hungary (\$59-\$69)
A superb line of products adored by professional spas worldwide.
Eminence has a Detox Collection that makes skin radiant upon first use. The Detox Collection eliminates the need for a spa facial.
Eminence also has an Anti Aging Gift Box that is simply amazing. I love love love Eminence. (www.buynaturalskincare.com)

Aztec Secret Indian Healing Clay (\$8.95)

Contains a single ingredient: 100% natural calcium bentonite (green clay). This clay mask deep cleans impurities from pores leaving skin feeling more firm and supple. Found at most health stores. (www. aztec-secret.com/Clay.htm)

## MAKEUP PRIMERS

Primers even skin tone and force makeup to last all day and night. As with most things, preparation is key to perfection. Apply primer after your moisturizer and prior to your makeup.

Makeup For Ever HD Microperfecting Primer (\$32)

Deeply nourishes moisturizes and softens the skin, creating a glowing effect. Leaves a protective layer on the skin allowing foundation to glide on easily and last longer. (www.sephora.com)

#### Sephora Soothing Primer (\$15)

Improves foundation application while minimizing skin imperfections. Makeup lasts longer and skin is left velvety smooth with a matte finish. Glide this wonder gel over skin before applying foundation to matify, smooth, perfect, and prep your skin for perfect foundation application. It can be mixed with a liquid foundation for a lighter coverage and to create an even skin tone. (www.sephora.com)

Air 🕲 Travel

## 8

# Westin DTW Hotel Top 3 in North America

The Westin Detroit Metropolitan Airport has been recognized among the top three airport hotels in North America, according to Skytrax World Airport Awards™ 2011. "It is a pleasure and honor to be recognized in the top 3 of all airport hotels in North America by the world's largest airline and airport review site," said Westin Detroit Metropolitan Airport General Manager John Reed. "We are extremely proud of our associates' ongoing commitment to delivering an exemplary guest experience, as well as our stylish and refreshing hotel environment, that allows each guest to enjoy both a productive and renewing visit to Michigan and the Detroit area. The AAA Four-Diamond Westin Detroit Metropolitan Airport is located adjacent to the Airport's award-winning McNamara Terminal and is connected to the terminal via its own Transportation Security Administration (TSA) passenger-screening checkpoint. In addition to its unrivaled location, the hotel features an eight-story atrium, a 7,600 sq. ft. ballroom and 28 meeting rooms--all fully equipped with the latest productivity technology.

Hotel guests are also provided with a Westin Workout® fitness center, pool and sauna and the hotel's lobby boasts the DEMA restaurant, a fine dining spot for hotel guests and other travelers alike.

The annual Skytrax World Airport Survey collected responses from more than 11 million questionnaires distributed to passengers around the world, representing over 100 nationalities and covering more than 240 airports worldwide. Airline travelers voted for the world's top 10 airport hotels, with over 860,000 guests rating their hotel experiences. The Skytrax survey was established in 1999, and is highly regarded for the clarity of the process and rigorously applied rules of total independence. The results are based on unsolicited customer survey responses. www.westindetroitmetroairport.com.

## Spirit Airlines Launches All New Credit Card

with Two Miles Earned Per Dollar on All Purchases

The new Spirit credit card program offers two miles per dollar on all purchases, access to reduced mileage redemption thresholds, and annual bonus mile opportunities

Miramar, Florida - Spirit Airlines' introduces what they term a 'fast and easy way' to earn airfares with their new Spirit credit card. Those who apply for and are issued the new card will have access to key features, such as earning 2 miles for every \$1 spent on all purchases, earning 15,000 bonus miles after the first qualifying purchase, which is enough for three free off-peak tickets, earning a 5,000 mile anniversary bonus when making at least \$10,000 in purchases and paying normal annual fees and redeeming miles at reduced levels for off-peak round trip tickets, beginning at 5,000 miles - half the amount required for non-cardholders.

In addition to these features, Spirit benefits include domestic priority check-in, priority boarding and miles that never expire as long as at least one purchase is made on the card each month. For additional information about rates and fees and to apply for the new Spirit credit card, visit www.doublizer.com.

## Lufthansa Curbside Check-In Service

First of its kind service allows int'l customers to skip the check-in counter

Lufthansa German Airlines now offers a unique curbside check-in and baggage check service for customers departing from Detroit Metropolitan Airport (DTW)'s North Terminal to Frankfurt and beyond. This new, free service is available for customers in First and Business Class, Senator and HON Circle Members, and Star Alliance Gold Members.

Lufthansa becomes the only airline allowing international customers departing from Detroit to check their bags and receive a boarding pass directly at the curb, while Detroit becomes Lufthansa's first North American gateway to feature curbside check-in service.

Eligible customers may now conveniently conduct the entire check-in process at the curb and proceed directly to security screening, speeding travel through the airport by bypassing the check-in counter. Additionally, eligible customers, who have already checked in for their flight online, may now drop their checked luggage directly at the curb.

"With Frankfurt ranked as one of Detroit's top markets for international travel and Germany accounting for about 25 percent of all traffic between Detroit and Europe, Detroit is a very important market for Lufthansa," said Ümit Menemenci, Lufthansa Station Manager for Detroit.

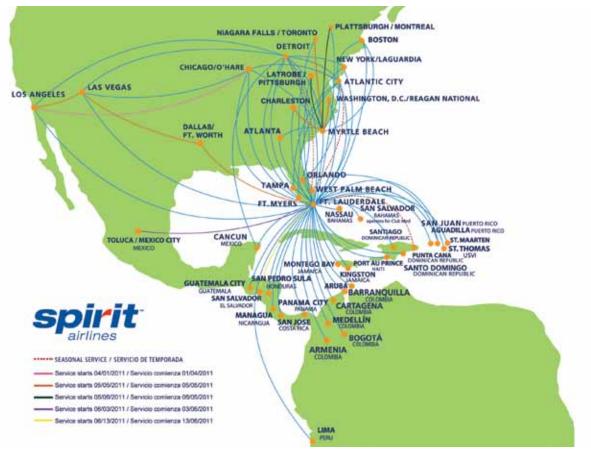
In November 2010, Detroit was selected as one of three introductory markets for the re-launch of Lufthansa's FlyNet<sup>TM</sup> in-flight broadband internet service, which will be gradually introduced on all North American routes by the end of this year.

Customers on Lufthansa's flights between Detroit and Frankfurt were among the first to surf the internet and use mobile data communication services from their WLAN-enabled device while in flight over the Atlantic.

From 2007, Lufthansa has also featured its Lufthansa Automotive program exclusively for U.S.-based automotive business travelers. The program allows members to qualify for Frequent Traveler status in Miles & More, Europe's largest frequent flyer program, as well as other special privileges and exclusive offers from Lufthansa and other Star Alliance partners.

"Lufthansa continues to be a strong partner in providing non-stop, competitive air travel options between Southeast Michigan and Europe, and onward to Asia, the Middle East, and beyond," said WCAA Interim CEO Genelle M. Allen. "We are delighted that Lufthansa has once again chosen Detroit as their North American launch market for their latest investment in the travel experience." One of the world's largest airlines, Lufthansa currently flies to 211 destinations in 84 countries, with hubs in Frankfurt, Munich, Vienna and Zurich. Recently, voted by Fortune as one of the four most admired airlines in the world, Lufthansa serves over 400 destinations in more than 100 countries. Considered an industry innovator, the airline has been committed to environmental care and sustainability, operating a technically advanced and fuel-efficient fleet. Lufthansa plans to spend more than \$1.4 billion in new onboard products and services by 2015.

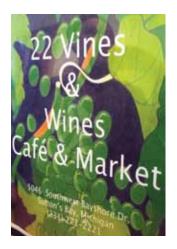




# Air & Travel What's Up North Traverse read

#### NOTES FROM THE GRAND TRAVERSE

Traverse City correspondent Mike Norton brings our Metropolitan readers great travel ideas for the month of April and beyond!



## **Upcoming Events in May**

May 14-15 Old Mission Blossom Days: A Celebration of Blossoms, Beauty and Bounty on Old Mission Peninsula, Old Mission winemakers invite you to their tasting rooms to give you a sample of unreleased wines! Barrel and Reserve wines are showcased in addition to each winery's standard tasting list. The \$15 price includes a souvenir glass and tasting at all seven wineries. www.wineriesofoldmission.com

May 20-22 Empire Asparagus Festival: The lakeshore village of Empire greets the arrival of asparagus season with games, dinners and - of all things - an annual oral poetry contest for the best "Ode to Asparagus."

May 28 Bayshore Marathon: An annual spring run up the Old Mission Peninsula - one of the world's most beautiful marathon settings - that attracts more than 3,000 runners. Half-marathon and 10k runs are also offered. bayshoremarathon@charter.net

May 28 Antrim County Petoskey Stone Festival: Celebrate Michigan's state stone with a day of stone-hunting, stone-skipping, demonstrations, prizes, and other fun at Barnes Park near Eastport.



May 28 **Bayshore** Marathon An annual spring run up the Old Mission **Peninsula** 

## **Arnold Palmer's "The Legend" Celebrates 25 Years**

Twenty-fi ve years ago, Arnold Palmer launched The Legend at Shanty Creek Resorts, a course that helped launch the Traverse City area into the national spotlight as one of the most sought-after golf destinations in the country. This year, the resort is celebrating that birthday with special rates (\$25 anytime through May 12, and after 4 p.m. throughout the entire golf season.)

"I feel strongly we should build courses that everyone can enjoy, not just low amateurs and professionals," Palmer said during construction of The Legend, his first course in the Midwest. Its scenery and playability make it one of the most popular resort courses in the country; Golf Digest quickly ranked it among the top 50 resort courses in the nation when it opened, and it is still considered one of the top courses in Michigan, weaving its way through beautiful hills and ridges with stunning views of Lake Bellaire and the surrounding forests.



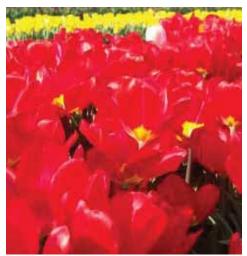














## TULIP TIME FESTIVAL

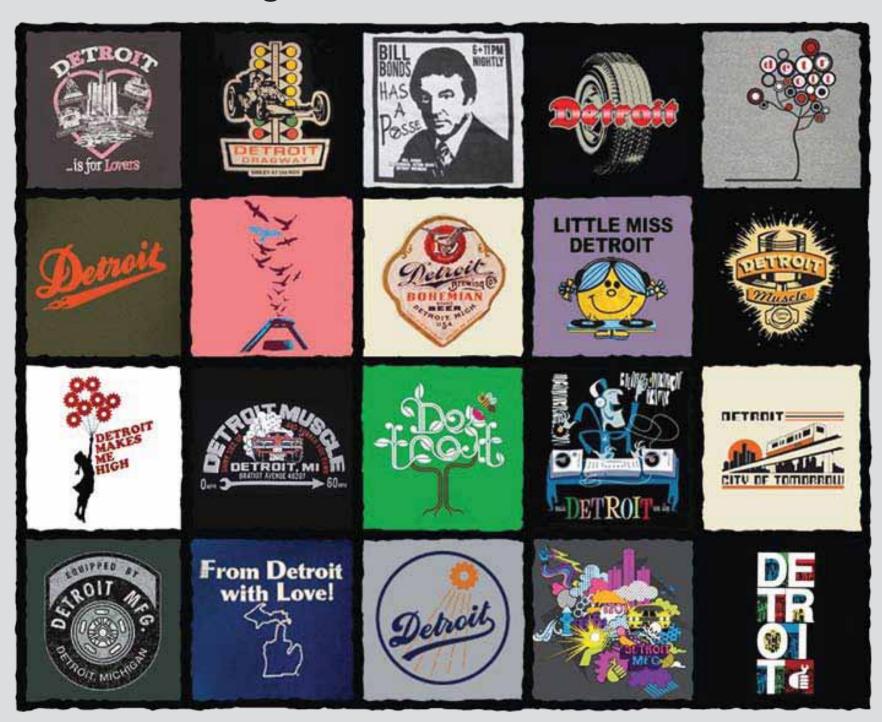
Holland MI • Tuliptime.com

## **BOUQUETS OF FUN!**

Directions From Detroit:

Take I-96 (from Detroit/Lansing) West to Grand Rapids. In Grand Rapids, take I-196 West to Holland. Take exit #52 (16th Street) west into Holland.

## 2010 Make Magazine Editor's Choice award winner!



**Designed in (the City of) Detroit.** Assembled in (the City of) Detroit. Not available at a mall near you.



## **DETROIT MANUFACTURING**

**INSIDE DETROIT DETROIT** 

**ROYAL OAK** 248-398-6700 313-268-6562

**FUNKY 7 CORKY'S** 

ROSEVILLE 586-775-8270 248-545-5245

LIFT **ROYAL OAK**  **DEARBORN MUSIC** 

**DEARBORN** 313-561-1000

WWW.DETROITMFG.COM

## Film (& Theatre



40TH SPRING SEASON OPENS WITH SEDUCTIVE TALE OF DECEPTION & REVENGE With Giuseppe Verdi's

## RIGOLETTO

May 14-22 @ the Detroit Opera House by Gay Paris'

Rigoletto follows the razor tongued court jester as he is fooled into the assisting of the abduction of his own daughter, Gilda. A paternal curse renders him powerless against his enemies, and he must watch her suffer at the hands of his licentious master, the Duke of Mantua.

His rage inspires cold-blooded revenge - death for the Duke and retribution for his daughter. But when Gilda expresses her love to the womanizing Duke, the audience learns that she loves him despite her abduction and resolves to sacrifice herself to save him.

As the plot twists and turns, Verdi provides a unique depth to his characters by exploring the vast range of human emotion with stirring choruses and arias.

Like all good opera, Rigoletto teaches us that what appears at the surface is rarely the same as what lies beneath.

This year, The Duke of Mantua will be performed

by acclaimed American tenor James Valenti (14, 18, 21). Considered one of his generation's brightest rising stars.

American baritone Todd Thomas (14, 18, 21) returns to perform the title role after making his MOT debut last spring in Tosca and recently earning critical acclaim as Rigoletto in Palm Beach and Austin. He alternates with Canadian baritone Gaétan Laperrière (20, 22), who most recently created the role of Le Bret for the company in the world premiere of Cyrano in 2007.

Two American sopranos make their company debuts alternating in the role of Gilda. Coloratura Rachele Gilmore (14, 18, 21) appears following recent debuts with the Met and Grand Théâtre de Genève. Los Angeles native Sarah Joy Miller (20, 22) counts among her performances the role of Mimi in Baz Luhrmann's La Bohème on Broadway.

Internationally renowned maestro and Detroit favorite Steven Mercurio marks his sixteenth production leading the Michigan Opera Theatre Orchestra and French director Bernard Uzan stages the opera, after last directing Tosca last spring.

According to this reviewer, last year's Tosca was the high point of the season; beautifully executed, staged and offering performances that continue to play hide and seek with my mind. Director Bernard Uzan is anxiously awaited here in d'Etroit for that reason.

Let us hope Verdi's Rigoletto, in what appears to be finely cast, is more exciting and inspired than the wanting and unimaginative performances that graced the stage in last month's, The Magic Flute. Is it I or did some performers seem to be resting on the laurels of Mozart and the jejune cuteness of little children dancing across the stage?

Ticket prices for Rigoletto range from \$29 - \$121 and may be purchased in person at the Detroit

Opera House box office (1526 Broadway, Detroit), by calling 313-237-SING, or online at www.MichiganOpera.org.



"GROWN IN DETROIT"

MAY 7 & 8 AT THE DETROIT HISTORICAL MUSEUM

**DETROIT** - Produced by Dutch filmmakers Mascha and Manfred Poppenk, "Grown In Detroit" focuses on the urban gardening efforts managed by a public school of 300 pregnant and/or parenting teenagers. The Catherine Ferguson Academy in Detroit is one of only three schools in the U.S. for pregnant and parenting teens. Under the inspiring leadership of their principal, Ms. G. Andrews, the

work hard to get their diploma.

One of the more unique courses offered at the Ferguson Academy is urban farming. The city and its many vacant lots allow schools and residents to have farms where houses, shops and factories once stood. Taking care of animals, growing produce and earning money helps shape the Ferguson students into strong and independent women. The run time for the film is 60 minutes. For show time and ticket information call The Detroit Historical Museum, 5401 Woodward Ave.

(313) 833-1805 or online at www.detroithistorical.org. information about rates and fees and to apply for the new Spirit credit card, visit www.doublizer.com.



## A SUMMER OF LOVE!

Who Wants Cake? closes season w Terrence McNally's 'Love! Valour! Compassion!' by Gay Paris'

Spend a weekend in the country with Terrence McNally's hilarious and touching dramedy, Love! Valour! Compassion! Opening Friday, May 13th, the Tony and Drama Desk award winning play runs exclusively at Ferndale's feisty Ringwald Theatre, ending Monday, June 6th.

At a beautiful Dutchess County farmhouse, two hours north of New York City, eight gay friends hash out their passions, resentments and fears over the course of three summer weekends. Infidelity, flirtations, soul-searching, and skinny-dipping mix with monumental questions about life and death.

\*Sounds hot, hot, hot but really isn't all that different from any number of Happy Hours at my hidden-in-the-dales, uh oh seasonal Tudor.

Terrence McNally is author of the 2008 Ringwald hit, Some Men. Other plays include Master Class, The Ritz, Lips Together, Teeth Apart, and Frankie and Johnnie in the Claire de Lune. His musical triumphs have included The Rink, Kiss of the Spider Woman, Ragtime, The Full Monty and the libretto for the contemporary opera Dead Man Walking.

Who Wants Cake? opened the doors to their resident home, The Ringwald, in May of 2007 with Fatal Attraction: A Greek Tragedy. Quickly and have been laughing all the way to the bank ever since.

Love! Valour! Compassion! opens Friday, May 13th and plays through June 6th at 8pm on Friday, Saturday and Monday nights with 3pm Sunday matinees. Ticket prices are \$20.00 for Friday and Saturday performances, Sunday performances are \$15 and Monday nights are HALF OFF normal ticket price at only \$10 a ticket. Please note that the first Sunday performance at 3pm on May 15th is PAY WHAT YOU CAN! - do you hear that? PAY WHAT YOU CAN!

\*Look for me, Gay Paris', at Dino's for cocktails and lies before the opening night performance and on the deck of Como's after the show for more of the same.

Reservations may be made by phone at 248-545-5545 or online at www.WhoWantsCakeTheatre.com. The box office opens 45 minutes before performances and tickets can be purchased at the door with cash or Visa/Mastercard. Please Note: Love! Valour! Compassion! contains nuality and adult situations.

Petals... (cont.)
Continued from Front Page

Originating in
Glen Arbor, MI, an area famous for it's
Seafaring past and European trading history,

Great Lakes Tea and Spice seek out superior quality teas, bringing home some of the world's richest aromas and most exotic flavors the world has to offer. No matter what kind of tea you prefer, hot or iced, caffeinated or not, GLTS has a wide range of selections of to choose from. Some of my favorite floral and loose tea recommendations are as follows:

Herbal Tea/Tisane - Campfire
Chamomile (Egyptian Chamomile)
Aurora Borealis (Chamomile, citrus,
orange blossoms, mint,
lemongrass, rosehips, orange
blossoms, and hibiscus)
Green Rooibos Sunsplash (Mango,
peach, papaya, citrus, green
rooibos, rose petals
and Marigold Petals)
White Tea - Jasmine White Rose Tea
(White tea with jasmine and rose
petal. Floral & Sweet)
Organic Persian Peach White
(Organic white tea, peach,

Osthmanthus flowers, orange and tangerine essential oils, jasmine flowers)
Green Tea – Freshwater Pearls
(Hand-rolled dragon green tea jasmine pearls)
Oolong Tea – Snowbird Citron
Oolong (Fragrant with jasmine flower, citrus, lemon myrtle, & rose)
Black Tea – French Breakfast Tea
(Earl Grey with lavender and blue cornflowers. Very Fragrant)

You can order Great Lakes Tea and Spice products at www.teaandspice. com or visit the GLTS Kiosk inside the ultra-chic Henry Ford Hospital in West Bloomfield. Surrounded by a serene atrium garden, the kiosk is served by friendly tea aficionados who love to share their knowledge of the health benefits, individual flavors and natural art of these beautiful petals and leaves. www.gltskiosk.com \*For more health studies on tea visit www.teausa.org

# Art 🕲 Exhibition

## **Honegger's King David**

Presented by Fort Street Chorale, May 15 @ 3pm by Gay Paris'

The brilliant 1921 musical masterpiece by Swiss-French composer Honegger brings the listener to numerous events in the life of the Biblical second king of Israel. "Honegger's King David in many ways resembles a 20th century movie soundtrack, telling the story from David's days as a shepherd boy to his death – through his greatness and his crimes," said Fort Street Chorale Musical Director Edward Kingins.

"Some of the music is lyrical, some is cinematic, and some is startlingly chromatic and modern," Kingins added. "An orchestra of almost no strings but much brass, woodwind, and percussion is used, and, besides three vocal soloists, there is a narrator and an eerie appearance by the only witch named in the Bible."

Noted Canadian conductor Richard Householder, professor emeritus, University of Windsor, will conduct. Guest soloists will include Peggy Dwyer, soprano; Catherine McKeever, alto; Pablo Bustos, tenor; Steven Henrikson, narrator; and Milfordean Luster of the Detroit Repertory Theatre in a special appearance as the Witch of Endor.

King David will be performed in the beautiful neo-Gothic sanctuary of Fort Street Church, which has stood at the corner of Fort and Third in downtown Detroit for more than 150 years. In its 32nd season, the Fort Street Chorale has grown from a handful of singers to a musically proficient ensemble of some 50 voices.



Tickets are \$20 for general admission. Patron seating, group, student and senior rates also are available. For directions and tickets information call

(313) 961-4533 or visit www.fortstreet.org.



# HONKY TONK THROWDOWN II

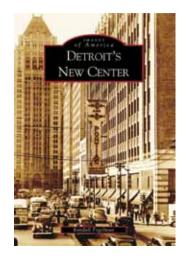
Friday, May 14 - Sunday May 16 PJ's Lager House, Detroit 313.961.4668 www.pjslagerhouse.com

Yeeee-Haw! For the second year, PJ's Lager House side-lines the pop-country "Hoedown" by bringing roots music back to its roots! Friday, Saturday, and Sunday, PJ's hosts national alt-country acts along with local favorites of Detroit twang. \$10 per day.

Friday, May 13th
Whitey Morgan and the 78s 12:30am
Doop and the Inside Outlaws 11:35pm
Rachel Brooke 10:55pm
Ryan Racine and Gas for Less 10:05pm
Rodney Henry 9:25pm
Bull Halsey 8:35pm
Jeremy Porter and the Tucos 7:30pm

Saturday, May 14th Whitey Morgan and the 78s 12:30am Brandon Calhoon 11:40pm Horse Cave Trio 10:45pm
Eddy Francis and Freight Train 9:55pm
Doc Ellis Band 9:00pm
Billy Don Burns 8:10pm
Eric Kelly and the Dirty Johns 7:20pm
Rodney Henry 6:35pm
John Holk and the Sequins 5:30pm

Sunday, May 15th
The Orbitsuns 12:05am
Billy Don Burns 11:15pm
Katie Grace 10:25pm
GS Harper 9:20pm
Rodney Henry 8:35pm
Afternoon Round 7:40pm
Doc Ellis Band 6:50pm
Nick Pivot 6:00pm
Motor City Rebels 5:15pm



## AUTHOR RANDALL FOGELMAN DISCUSSES DETROIT'S NEW CENTER

Wednesday, May 11, at the Detroit Historical Museum by Marquis d'Etroit

During the early 1920s, Detroit's automobile production and the city's economy began to boom. General Motors, one of the largest producers of automobiles, was growing fast. The company needed land and a place to build their corporate headquarters. GM President William C. "Billy" Durant settled for a spot on West Grand Boulevard, just one block west of Woodward Avenue.

Shortly after General Motors built their new headquarters, the Fisher Brothers conceived the idea of a "new center." They built the Fisher and New Center Buildings in what was at the time the true geographical center of the city. Having suffered years of struggle, Detroit's New Center is attempting to rebuild itself as a diverse and vibrant neighborhood offering shopping, entertainment and dining among landmark architecture, historic districts and contemporary homes and businesses.

Fogelman is the owner of the Detroit Spice Co., a product line that reflects Detroit's rich ethnic heritage. He is also the former Marketing Director for the New Center Council, Inc., a non-profit business organization that was dedicated to the development and management of New Center (now merged with the University Cultural Center Association and known as Detroit Midtown, Inc.). He holds degrees in art history and urban planning.

The cost to hear Fogelman discuss his thoughts on New Center and to possibly ask him questions concerning his tenure as Marketing Director is free for Detroit Historical Society members and \$10 for the public.

For more information or to register for the event, please call (313) 833-1801 or visit www.detroithistorical.org.



## **ARTIST PROFILE**

## Diana Jellinek

Every day I am so grateful that fashion is in my life and I am here in Detroit. I am also grateful that I was able to travel the world to learn about fashion and have been able to bring what I've learned back home to the Motor city.

It is a wonderful and fulfilling position I am in to be able to teach and cultivate young minds in fashion. For twelve years, I have taught classes ranging from Fashion Design, Pattern Drafting, Draping, Sewing, Fashion Theory, Fashion Illustration, Fashion Merchandising, Fashion & Function (a class name I coined) and Fashion Portfolio, and I loved the entire process of watching young students gain the confidence to work independently.

I have also watched my students feel contented with gaining school credits for job shadowing, apprenticeships, assistant designer positions and build their knowledge of the field-of-fashion working directly with a fashion designer.

If we stop and think, it is very rare to have the opportunity to work one-on-one with a designer in Detroit and I have always encouraged other designers

Every day I am so grateful that fashion is in my life and I am here in Detroit. I am also grateful that I was a win-win situation.

Out of the 400 plus students I have taught a unique learning experience is gained with each one. My students have inspired me to really stick with fashion too. As we may all know from doing any kind of job, whether we like it or not, it gets tough sometimes, so what do we do? Well, I know what I promote and that is not giving up and to work through it all.

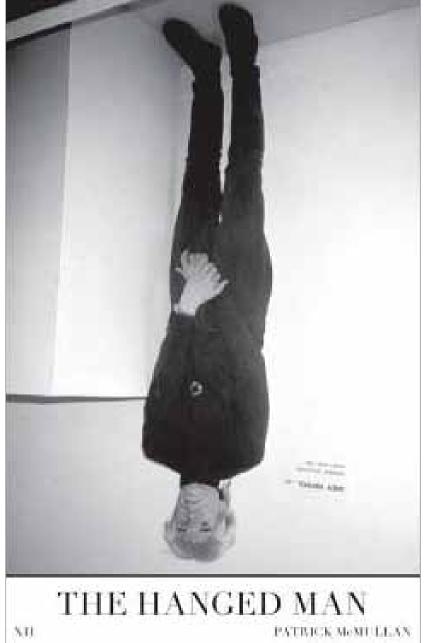
My story is just that, I keep working through it all and still am very much a working designer here in Detroit - with the guts it takes to weather any storm, any fashion and any opportunity.

Detroit = Diana Jellinek :)

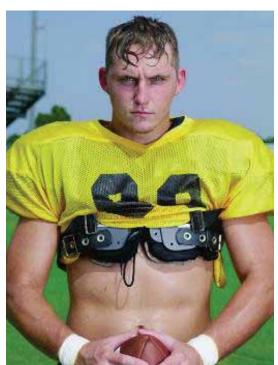
\*Diana's 'Fashion Babies' include Amanda Gyuran, Target Teen Vogue Designer of the Year 2010/11 and Christian Choy, assistant designer to Tom Ford.

Diana@EFashion Consultants.com

## Art & Exhibition







## ANDY WARHOL MUSEUM

117 Sandusky Street Pittsburgh PA 412. 237. 8339 www.warhol.org

## Youth Invasion 2011

May 6 – 13, 2011

A yearly exhibition featuring a youth curated art exhibition of their peers latest works. Youth Invasion is created by a team of high school students with the Museum's Artist-Educators

## The Word of God: Helène Aylon's The Liberation of G-d and The Unmentionable

May 8- June 26, 2011
Helène Aylon (born 1931) is a New York based
eco-feminist artist. Aylon's career spans over four
decades and she has primarily addressed biological,
ecological and theological issues from a feminist
perspective. Aylon refers to these decade-long subjects
encompassing the 70s, 80s, and 90s respectively as
Body – Earth – G-d. Her work in The Word of God
series features commentary on the Hebrew Bible. The
Word of God: Helène Aylon's The Liberation of G-d and
The Unmentionable, continues Aylon's ideas of how
G-d has been confined by human translation.

## My Mommy is Beautiful an installation by Yoko Ono

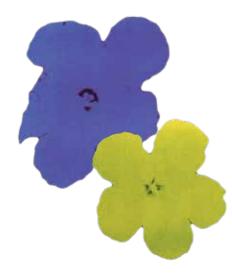
May 8 – June 5, 2011
Started in 2004, My Mommy is Beautiful is one of Yoko Ono's ongoing art projects. This project features the public's participation, which is a significant portion of the work. This installation of My Mommy is Beautiful is to bring awareness to the relief effort for the earthquake disaster in Japan. In collaboration with the Japan-America Society and funded by the Toshiba International Foundation.

# Tailgate and Tarot Card Party & Opening Celebration Thursday, May 26, 2011, 7 - 11 pm

Thursday, May 26, 2011, 7 - 11 pm
A tailgate and tarot card reading party, featuring DJ
Huck Finn and DJ Pete Spynda (Pandemic), tarot card
readings, scantily clad sports models, and outdoor
grilling and beer. Celebrating the opening of two new
exhibitions, Mixed Signals: Artists Consider Masculinity
in Sports and Contemporary Magic: A Tarot Deck Art
Project

Tickets \$18/\$15 CMP Members & students; visit warhol.org or call 412.237.8300







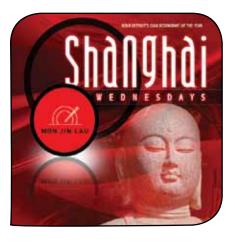




VALENTINE
DISTILLING CO
- Ferndale -

We've featured Valentine Distillery in our March issue (2011) but now that we have had the opportunity to try several handcrafted cocktails, martinis and infused vodkas we are convinced that what Rifino Valentine and team have created not only the perfect choice for business or pleasure but a much needed addition to the metropolitan area. Like Martinis? Try Scarlette's Passion (vodka and sparkling cherry juice from Tabone Vineyards, Mission Peninsula), the Cadillac Shaker (featuring Cadillac coffee) or the Detroit Dirty (McClures pickle brine). For the purist enjoy the Valentine Martini straight up. Valentine also offers fresh press cocktails, featuring orange & lemon and several infused vodkas; Cucumber, pineapple, ginger and cherry, with seasonal fruit & florals. The handcrafted cocktails are a refreshing take on what passes for mixology in many a bar and lounge; Dark Chocolate Cherry Coke, Motor City Mary (with McClures pickle chub and Bloody Mary mix) and the surprising delicious Cucumber Chill - Metropolitan's choice for best new cocktail in town. Bottle to go license. Open Wed-Sat.

161 Vestor StreetFerndale248. 629. 9951



MON JIN LAU - Troy -

Asian cuisine, Sushi, sake and cocktails in a sophisticated atmosphere, Mon Jin Lau continues to be one of the metropolitan areas hottest spots for an evening out. The Chin family has owned Mon Jin Lau -House of Ten Thousand Jewels - since 1969 and has done a remarkable job of changing tastefully with the times. Shanghai Wednesdays find sexy young professionals cocktailing and dining alongside Geisha, lush palms and Chinese lanterns. Ladies with 8 or more in their party receive a complimentary bottle of Belvedere vodka. Finding a table in the bar for late night sushi and martinis is always a good time; plenty of sights and sounds to enjoy but also a perfect romantic spot for getting to know one another. Great for a business lunches, professional dinners, Mon Jin Lau's menu offers flavourful Asian food and will surprise with their Asian Filet and steaks. Serving 11am -11pm Mon-Thurs and until midnight Fri-Sun.

> 1515 East Maple Rd. Troy 248. 689. 2332



## CORK WINE PUB - Pleasant Ridge -

As we understand it, Cork, the relatively new wine pub, located in Pleasant Ridge, originally wanted to open on the west side of Woodward but the powers that be would have none of it. That's ok, because it seems those Pleasant Ridge 'westerners' are now crossing the street to enjoy the over 150 bottles of wine Cork is now offering. Beverage director, Jeffrey Mar, CSW is pleased to share his knowledge with those who are interested in exploring the wonderful, sometimes intimidating world of wine, while connoisseurs of the grape with thrill in the extensive list of red, white, rose and sparkling wines from around the world. Enjoy with small plates, selected main courses or live like the locals and go straight for the butterscotch pudding. Prefer cocktails instead? Cork's cocktail list is as appealing as any in the city; Hemmingway Daiquiris, Satsuma Sidecars, Caipirinhas, Kir Royals and the Brooklyn (Maker's Mark, Cinzano Roso & Noilly Prat) are certain to satisfy. Ask for Cork's 'Barrel Aged' cocktails - available in limited quantities. Open 4-10pm Tues-Th, 4-midnight on the weekends.

> 23810 Woodward Ave . Pleasant Ridge 248. 544. 2675



### DEMA BAR

-Westin Hotel (DTW) -

Nothing quite like the feeling of enjoying a cocktail, closing a deal or spotting an alluring beauty across the way in a hotel bar. Even better when said bar is attached to an airport. Oh, the possibilities! DEMA Bar, located in the fabulous lobby of the Westin Hotel - DTW - is appropriate for all three. A sleek, contemporary setting, DEMA speaks to the world traveler in all of us. The bar is finely lit, boasts a bamboo forest and the sounds of the water fountain dancing in the background create a calm, rejuvenating, even sensual ambiance. Cocktails and dining in this airport are actually surprisingly good. Now, if those flight attendants in the Korean Airlines ads would just enter the lobby we would all be better off. Here here! The DEMA Bar is open between 11am and 1am Monday through Saturday and opens at noon on Sundays - just in time for Bloody Marys! Meet you in the hotel bar.

> Westin hotel lobby DTW Romulus 734. 229. 6782



The Pogues blast out of my laptop as I enjoy yet another wonderful glass full of the rare old stuff that's made near Galway Bay. Yes, whiskey, real Irish whiskey. I have found through many conversations and travels that this is a severely underappreciated beverage, and that is very upsetting to me. So many people I meet, when I mention I love whiskey immediately think Jack Daniels. Although great in its own way, this writer feels that there is no better than Irish.

What makes it so special you ask? Let's look at its history. The term whiskey comes from the old Scotch Irish languages and roughly means "water of life". There are tons of arguments as to what was the first distilled

**Know Your Whiskey** 

Irish edition by Matt Counts

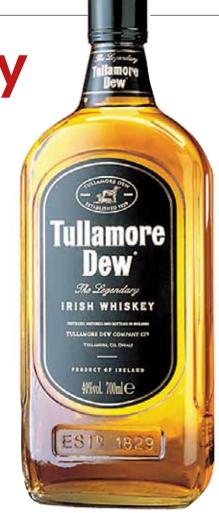
alcohol in Europe. Many say it is Irish whiskey, but the only proof is a license to distill, given to the old Bushmills distillery by King James in 1608. If that's not old enough for you, I really don't know what to say.

To be considered an Irish whiskey, the distillery must be in Ireland, less that 94.8% alcohol, and aged for 3 years in wooden casks. Similar to how Bourbon can only be distilled in Kentucky, or how Scotch is only from Scotland.

My personal favorite is Tullamore dew, the only Irish whiskey distillery of the remaining four that is still owned and operated completely by the Irish. Honorable mention must be Jameson, Michael Collins and Bushmills. All deliver the wonderful Smokey, campfireesque feel and taste, along with that subtle caramel sweetness that you can only get with the Irish whiskeys. Michael Collins is unique because of its nice vanilla undertone that the others don't have

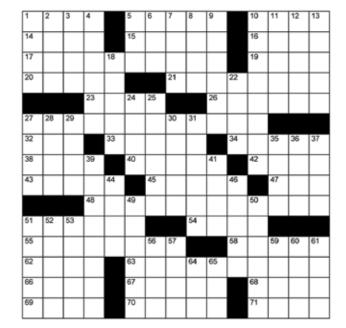
Maybe I'm bias, being that I am a 3rd generation Irish American, or Irish whiskeys are really that good. Do yourself a favor and pick up a fine bottle. Have it on the rocks or neat. Sit back with a good book, preferably by James Joyce, put on the Dubliners and have yourself a grand ol' time. "The water of life" is not just for St. Patrick's Day anymore.

\* As always drink responsibly and pogue



#### Across

- 1. Football Hall of Famer Dickerson
- 5. Big copier company
- 10. Food fish known for its roe
- 15. Hole-\_(ace)
- 16. Melodic subject
- 17. Gen Xer's mom, maybe
- 19. "Mourning Becomes
- Electra" man 20. Protection for Sir Galahad
- 21. Least loaded
- 23. Program recording device
- 26. Poker table declaration
- 27. Artist of the ridiculously complex
- 32. Spanish cheer
- 33. "Me, too!"
- 34. Paris legislature
- 38. "The \_\_\_ lama, he's...": Nash
- 40. Like some ancient Mexican architecture
- 42. R.I. rebel in the 1840's
- 43. Mouth-watering
- 45. Sartre contemporary
- 47. Spiritual path
- 48. "Billy Budd" Oscar
- 51. Paper used for envelopes
- 54. Biblical wife
- 55. Kind of bachelor
- 58. Born to the purple
- 62. Funnyman Carvey
- 63. Cafe Carlyle singer
- 66. Knowledgable about 67. "\_\_\_the news today..."
- (Beatles lyric)
- 68. Moroccan tree 69. Helper, in brief
- 70. Maryland hoopsters, in
- headlines
- 71. Bush and Stuart



- 1. Island off Italy
- 2. Safari sound
- 3. Weapon in a silo, for short
- 4. Cousin of the gray wolf
- 5. Carnaval city 6. Odysseus's rescuer, in myth
- 7. Dot-\_\_\_: e-businesses
- 8. "\_\_\_'Clock Jump"
- 9. Disney's 'Love Bug'
- Warehoused.
- 11. "Ready or not,\_\_\_come!"
- 12. Not proper
- 13. "The Divine Comedy"
- 18. Sea cells
- 22. Bobbles
- 24. "Va va \_\_\_!"
- 25. Senior years

- 28. It's longer than the radius
- 29. Physician's alert
- 30. Respected man
- Jagger
- 35. "I am \_\_\_ crook!"
- 36. Comoser

- 50. 1984 Leon Uris novel set in
- 51, Newspapers, TV, radio,
- 52. Thicke and Bates
- 53. Tijuana tykes
- 27. Aussie bounders

59. Writer Vidal 60. Spirited horse

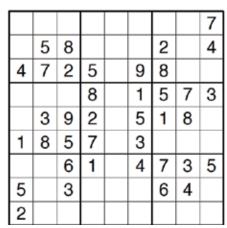
64. Bill Clinton's relig.

65. Football distance units:

- 61. Items in a P.O. box
- 31. Environmental activist

- 37. Too much: Fr.
- 39. Suer
- 41. Dearth
- 44. Hot dog server
- 46. Bygone dictators
- 49. Item in a magician's hat
- Palestine

- 56. Tribal stories and such
- 57. Celebrity hairstylist Jose



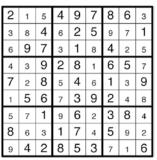
_	_		_	_				
				2		4		
		7			4			
1			6			3		5
9				1			6	4
8 5	5			7				2
5		4			9			1
			2			8		
		3		8				

#### Sudoku Instructions

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1thru 9. If you use logic you can solve the puzzle without guesswork.

## LAST MONTH'S ANSWERS

Look for answers for this month's games in next month's issue of The Metropolitan

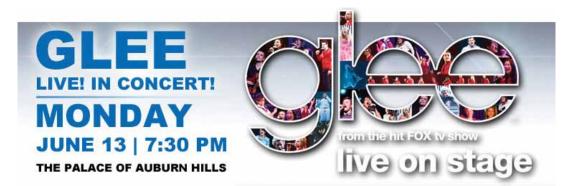


9	5	4	3	7	1	8	6	2
2	8	3	5	6	4	9	1	7
60	7	1	9	2	8	5	4	3
3	6	2	8	5	7	4	9	1
4	1	5	2	9	3	6	7	8
7	9	8	4	1	6	2	3	5
1	2	9	7	4	5	3	8	6
8	4	7	6	3	2	1	5	9
5	3	6	1	8	9	7	2	4

this month's games in next month's issue of the Metropolitan														
H	2	<sup>З</sup> Р	<sup>4</sup> E		<sup>5</sup> S	Ū	M	<sup>8</sup> P	ຶຣ		10 <b>R</b>	0	12 <b>T</b>	13 <b>C</b>
14 <b>A</b>	R	Α	М		15 <b>A</b>	М	N	0	Т		16 <b>A</b>	s	Е	Α
17 <b>N</b>	ı	N	С	18	М	Р	0	0	Р		<sub>9</sub> D	ı	R	Т
20 <b>S</b>	N	Е	Ε	R			<sup>21</sup> <b>P</b>	R	Е	22 <b>M</b>	ı	Ε	R	Ε
			23 <b>E</b>	L	<sup>24</sup>	25 			26 <b>T</b>	Е	Α	R	Ε	R
27 <b>H</b>	28	29	D	0	R	N	30 <b>A</b>	31 <b>M</b>	Ε	N	Т			
32 <b>A</b>	R	Κ		33 <b>P</b>	0	D	ı	Α		34 <b>D</b>	Ε	35 	36 <b>S</b>	37 <b>M</b>
38 <b>E</b>	A	R	39 <b>L</b>		40 <b>S</b>	1	М	Κ	41 <b>A</b>		42 <b>S</b>	0	ı	L
43 <b>C</b>	L	Α	Ε	<sup>44</sup> S		45 <b>C</b>	ı	Ε	R	46 <b>A</b>		47 <b>T</b>	Α	L
			48 <b>W</b>	Н	49 <b>A</b>	Т	s	ı	N	A	50 <b>N</b>	A	М	Ε
51 <b>S</b>	52 <b>N</b>	53 <b>Y</b>	D	Ε	R			54 <b>T</b>	Ε	R	Α			
55 <b>L</b>	0	A	N	w	0	56 <b>R</b>	57 <b>D</b>			58	s	59 <b>L</b>	60	61 <b>N</b>
0	R	L	Ε		63 <b>M</b>	A	Υ	0	65 <b>N</b>	N	Α	ı	s	Ε
0	A	Т	s		67 <b>A</b>	R	Е	s	0		L L	ı	М	В
<sup>69</sup>	D	A	s		<sup>70</sup> S	Е	R	0	w		71 <b>S</b>	ı	s	s









THE PALACE OF AUBURN HILLS



## **KEITH URBAN**

WITH SPECIAL GUEST JAKE OWEN

**JULY 23 | 7:30PM** 

THE PALACE OF AUBURN HILLS







Public tickets on sale this Friday at 10AM



**BOB SEGER & THE SILVER BULLET BAND** 

The Palace of Auburn Hills, May 17, 19 & 21 @ 7:30 PM

**DOOBIE BROTHERS** 

DTE Energy Music Theatre, May 25 @ 7:30 PM

**EDDIE MONEY** 

DTE Energy Music Theatre, May 27 @ 7:30 PM

**PHISH** 

DTE Energy Music Theatre, June 03 @ 7:00 PM

**RAY LAMONTAGNE & THE PARIAH DOGS** 

Meadow Brook Music Festival, June 06 @ 7:00 PM

**HUEY LEWIS AND THE NEWS** 

DTE Energy Music Theatre, June 12 @ 7:30 PM

**NKOTBSB** 

The Palace of Auburn Hills, June 16 @ 7:30 PM

TIM MCGRAW AND THE DANCEHALL **DOCTORS' 'EMOTIONAL TRAFFIC' TOUR** 

DTE Energy Music Theatre, June 24 @ 7:00 PM

KATY PERRY - CALIFORNIA DREAMS 2011 WORLD

**TOUR** 

The Palace of Auburn Hills, June 28 @ 7:30 PM

MOTLEY CRUE WSG POISON AND NEW YORK DOLLS

DTE Energy Music Theatre, June 29 @ 7:30 PM

JOSH GROBAN, 'STRAIGHT TO YOU' TOUR

The Palace of Auburn Hills, July 16, @ 8:00 PM

JIMMY BUFFETT'S 'WELCOME TO FIN LAND TOUR

2011'

DTE Energy Music Theatre, July 21 @ 8:00 PM

**SLAYER / ROB ZOMBIE** 

DTE Energy Music Theatre, July 22 @ 7:00 PM

**CREEDENCE CLEARWATER REVISITED** 

DTE Energy Music Theatre, July 23 @ 7:30 PM

**JOURNEY WSG FOREIGNER AND NIGHT RANGER** 

DTE Energy Music Theatre, July 31 @ 7:00 PM

**COMEDIAN JIM GAFFIGAN** 

Meadow Brook Music Festival, August 06 @ 8:00 PM

**SELENA GOMEZ & THE SCENE WITH ALLSTAR** 

**WEEKEND** 

DTE Energy Music Theatre, August 10 @ 7:30 PM

**DEF LEPPARD WSG HEART AND EVAN WATSON** 

DTE Energy Music Theatre, August 17 @ 7:30 PM

ALICE COOPER WITH SPECIAL GUEST ACE FREHLEY

DTE Energy Music Theatre, August 27 @ 8:00 PM

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