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# THE METROPOLITAN

*d'Etroit*

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## CARPE *d'Etroit!*



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## Letter From The Editor



### CARPE d'Etroit

Seatbelts are a bother, refuse to neuter or declaw my cat, and I eat peanut butter & jelly after midnight. Wake up to Hindu bells, in bed to drum & bass, and fall asleep with black & white movies. Think our educational system is in the outs, drink French Press all afternoon, enjoy the gym, but swear there is nothing like the feeling between your second and third martini.

Tired of all the "isms", champion the concept of "team" [so long as players understand their position], and believe Picasso was right about the rules. In love with our city, when I'm not frustrated with it, cheer the individual, and wonder why those who claim to be living for a higher cause are usually the same who speak most about money.

Enjoy the rain and love the snow, avoid rush hour, and clean the dishes while I cook. Get along well with others - so long as they are not my age - believe the best is yet to come, and would trade it all in to be young again. Hate whining, believe pain is necessary to life, and have a certain affinity for teacups.

The left doesn't like me, the right doesn't understand me and I lose no love for those who hide in the middle. Things will never be what they were, so be thankful for what they are, always with the knowledge that the future is uncertain, and an understanding that Now is the time for everything.

Safe Travels,

Anthony Brancaleone

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If you enjoy reading The Metropolitan we ask that you share your copy with family and friends. In this way, The Metropolitan can be Read-cycled. We think that's a good thing. Of course, The Metropolitan also makes a fine gift-wrap, and burns well in the fireplace.



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**Warning:** This paper has not been proof read, and probably never will. Please, see 'Letter From The Editor', November 2010, online for more information.

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- 4 Social**
- 5 dHistory**
- 6 Eat I Drink**
- 7 Style I Beauty**
- 10 Carpe d'Etroit**
- 14 Art I Exhibition**
- 16 Thanksgiving Special**
- 17 Travel**
- 18 DTW**
- 19 Gaming**

## COMMUNIQUÉ

### YOU SAY d'Etroit I SAY DETROIT

Dear Mr. Brancaleone,

I enjoy reading the Metropolitan and am glad that it has introduced a new, somewhat unorthodox, perspective to the cultural and entertainment scene in Detroit. Thanks for producing it.

I would like to bring to your attention that Detroit's original French name is usually mangled beyond belief, a situation that is easily rectified when one understands the French language. The masculine noun *detroit* means a strait, channel, sound, or narrow firth according to Cassell's French Dictionary. The preposition *de* means *of* or *at/in general*, and becomes *du*, *de la*, *des*, or *d'* depending upon what it precedes in the phrase. It is pure coincidence that the preposition *de* and the first two letters of *detroit* are the same and they should not be confused or unnecessarily combined in this context.

The original foundation at what is now the City of Detroit was Fort Pontchartrain, named for Louis XIV's Minister of the Marine/Finance who sponsored Cadillac's strategic foundation at the narrow body of water, which gave the French control of the Upper Great Lakes to thwart British expansion, and gave the City its beginnings as a globally engaged community of strategic importance. (A tradition of naming fine hotels after Count Pontchartrain has been a thread in the City's history since the nineteenth century.) As such the French foundation's formal name was Fort Pontchartrain du Detroit or Fort Pontchartrain at the Strait. *De* becomes *du* before a masculine noun such as *detroit*. There is an 'accent aigu' on the e' in *detroit* causing the e\_ to be pronounced long as an 'A' in English, and giving the pronunciation: Day'twa. Le D'etroit is the shortened form. So, I'm not sure if your somewhat irreverent publication is playing with the words in your title *\_The Metropolitan d'Etroit\_* or not, but for your information it is not grammatically or historically correct. It should be *The Metropolitan D'etroit* or *The Metropolitan du D'etroit*.

As I was reading the article *"Henry Ford Scales Up the World"* in the October issue and saw that the author was presenting *Fort Pontchartrain d'Etroit* as the linguistically and historically accurate origin of the City's name, and using a Wikipedia link for verification, I thought I would bring this to your attention as the editor.

Best and good luck for the future success of the 'au courant' publication,

Douglas M. Haller

Director | Board of Directors | Preservation  
Detroit (formerly Preservation Wayne)  
4735 Cass Ave. Detroit, Michigan 48201



### Editor's reply

Mr. Douglas Haller,

Thank you for your email and for your thoughtful concern.

One of my favorite books on the history of Detroit is the two volume, *Tonguish Tales* by Helen Francis Gilbert, Pilgrim Heritage Press publishers, Plymouth MI, 1984. In it, Gilbert describes Antoine Laumet's arrival and his naming of Fort Ponchartrain d'Etroit. Gilbert's bibliography includes over 100 sources.

She continues to provide the thread from Cadillac's quill(?) to Detroit's current spelling, a moniker that has gone from De Troeit, to La Ville d'Etroit, to Ville d'Etroit, to d'Etroit, to D'Etroit, to du D'etroit, to detroit [with accent] to de Troit, to Detroit. Similar spellings have been found in several other sources that I have read and enjoyed over the years, all describing Cadillac's d'Etroit, in the vernacular of his day, as something between a village and hamlet.

Regardless of debate, confusion, change in French language, dialect, proper grammar or current acceptance, I had made the decision to go with Cadillac's spelling. I had also hoped to provide more historical coverage of Cadillac in each issue than we have, and to make the change around the 5 year mark to "Detroit", with explanation of how the area changed hands from Native, to French, to English, to American. Perhaps, we will still be able to do so.

As far as the writer of the piece in question, I am to blame for changing his spelling from Detroit to d'Etroit, as I sometimes like to keep consistent with the name of the publication. In hindsight, I should have left it alone, as he was discussing events during the time of Ford.

Thank you once again for your note,  
Anthony Brancaleone  
The Metropolitan

### YOU SAY d'Etroit I SAY DETROIT II

Thanks for the rapid and interesting reply. I don't believe that Gilbert can be correct, however.

Cadillac did not name Detroit. He established and named a fort at the already named site. From the recent Michigan Historical Society article "Sacre Bleu! The French are Still Here" in the Spring, 2012 issue of MHS Chronicle 35, I I quote: "The name 'le d'etroit' was coined by the French missionaries Rene' Brehant de Galine'e and Francois Dollier de Casson, who were the earliest known Europeans to traverse the river in 1670. Additionally, Galine'e drew some of the first maps of the area."

In W. Hawkins Ferry's *The Buildings of Detroit* he reproduces the famous 1764 map of the area by deLeiry (the most prolific cartographer of Detroit during the French period) that is in the Burton Historical Collection. It is titled "La Riviere du Detroit et Plan du Fort du D'etroit." In the recent publication *Frontier Metropolis: Picturing Early Detroit 1701-1838* by Brian Leigh Dunnigan several of the earliest maps are reproduced, all having the title "Plan du Fort du D'etroit."

That being said, I looked at a 1993 program printed in France for the Madame Cadillac Dance Theatre of Detroit which was performing there, and it gives as the title *Madame Cadillac Premiere Dame de Detroit* which I would have thought should be du Detroit, but might change to de in modern French as Detroit is now a proper name rather than a common noun.

Also in a brief history of the City it reads:

*1701- "Cadillac fonde Fort Pontchartrain ville d'Etroit (qui deviendra Detroit), situe'e sur la riviere d'Etroit qui relie le lac Huron au lac Erie en passant par le lac Sainte-Claire."*

This is very puzzling indeed as City of Detroit should be written La Ville du Detroit or La Ville de Detroit at least. Somewhere along the line the double \_e\_ in de Detroit has elided to d'Etroit but this is nonsensical as the noun is *detroit* not *etroit* and even with elision in French it would be Ville de Detroit or maybe Ville d'Detroit. So I am greatly puzzled by that. Perhaps, the modern French are confused about the historical origins of the name?

It appears that the official historical sources give the city as Le Detroit or Fort Pontchartrain du Detroit. One could check with the History Dept. at WSU or other local universities where they have professors of Michigan history, and of course there are French Departments in each of them as well for grammar veracity.

Thought I had cleared this up but it looks like there is more than meets the eye, although I think my historical explanation is accurate and I would use the official maps myself as authoritative as they were prepared for the King.

Best and good luck,

Douglas

## ON THE COVER

See the entire CARPE d'Etroit series starting on PG 10

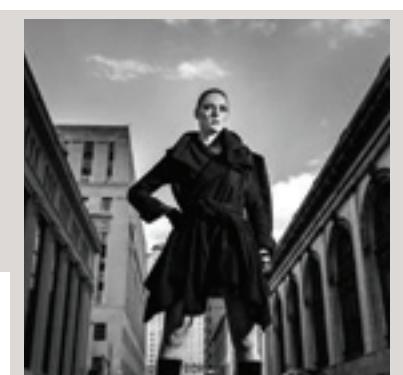
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METROPOLITAN EXCLUSIVE

A Word From The Prince of Wales On A Book Authored by Tony Juniper . . .

## WHAT HAS NATURE EVER DONE FOR US?

**ONE** OF THE GRAVEST misconceptions of the modern age, and one which has concerned me for more years than I care to remember, is the presumption that Nature can be taken for granted and her needs ignored. There are some who seem to think that only when times are good should we afford the cost of nurturing the natural environment. There are plenty more, I am afraid, who see the process of protecting natural systems as the sort of cost that should be avoided altogether, simply because it actively interferes with development, job creation and economic growth.

This prevailing attitude could not be further from the truth. Nature is, in fact, the source and very basis of our welfare and economic prosperity. For me, this is so self-evident as to seem ridiculous even to say it. But as countries struggle to meet the enormous economic challenges they face, the biggest one of all remains largely hidden from view.

The services and countless benefits to the human economy that come from Nature have an estimated value every year of around double the global Gross Domestic Product, and yet this colossal contribution to human wellbeing is hardly ever mentioned when countries consider how to create future growth. As I have long been trying to point out, this situation cannot remain the case for very much longer.

**"We are reaching a critical turning point when humankind has to realize that people and the human economy are both embedded within Nature's systems and benevolence."**

To some extent, this awareness is slowly starting to gain ground in the mainstream of our collective thinking. In part, this is the result of recent scientific studies and discoveries, which are being translated into many inspiring examples of practical action. Our dependence on Nature is also slowly being reflected more confidently in those economic policies which enable people to achieve a better balance between keeping Nature's systems intact and creating economic development that results in more jobs. But if we are to deepen this commitment to Nature's needs, it is paramount that we adopt a different mindset; one that veers away from the focus that has dominated the past half century or so. Essentially, we have to become far more joined up in our thinking and behavior.

For example, the so-called "Green Revolution" which began in agriculture during the 1960s and quickly enabled global food production to expand and keep pace with the accelerating growth in population has also, among other things, caused the dangerous depletion of freshwater around the world, made a huge contribution to climate change, caused a massive loss of biodiversity and damaged soils worldwide. Biodiversity is absolutely crucial. You cannot simplify Nature's system and expect it to carry on operating in the way it did before. There is nothing in Nature's elaborate system that is not necessary, so to take one participant out of the dance leads to the dance breaking down and, sooner or later, this will have a serious impact on the state of human health. This is why these costs have to be taken into account if we are to see what we do in its proper context, and then an approach to food production that avoids these disastrous side effects has to take its place. It is far too easy to believe what we see at first glance – that is, that there are huge economic benefits if we use

modern farming techniques and that no alternative which does not have efficiency and profit as its priorities can possibly replace it. But if we stand back, the picture quickly looks a lot less positive. In fact, it looks frighteningly bleak because the predominant approach is effectively cannibalizing its own future by degrading the natural systems it absolutely depends upon.

The same picture emerges if you look at the way we regard the economic benefits derived from destroying the world's tropical rain forests. The soils and minerals that lie beneath the forest and the timber that comes from the trees certainly all have tremendous market values, but what about the huge role they play in soaking up the vast quantities of carbon dioxide produced by power stations, factories, cars and planes? It is a natural service, which has recently been calculated to be worth literally trillions of dollars. Take the forests out of the equation and you very quickly affect how much rain falls from the skies – which, of course, have very serious implications for our ability to generate power and produce food. And yet, we conclude that the forests are worth more to us dead than they are alive! This is an insane example of the kind of short-termism that dominates the present economic worldview that, by definition, is obviously not going to help us succeed as a species in the long term.

**"There are a wealth of examples of how Nature sustains our civilizations and economies – from the oxygen we breathe, to the soil, water and pollinating insects that produce nearly all of our food to the scavengers that help control disease to the oceans that replenish fish stocks."**

Yet, as I say, these and other natural assets continue to be liquidated as if they are inexhaustible. What has perplexed me for so many years is why we fail to put two and two together and see how dangerous this is. It is surely not for want of good science and reliable information.

It is in part to do with that ancient, instinctive human tendency to grasp the short-term solution because, as hunter-gatherers, this was once necessary in order to stay alive. It is also perhaps to do with the seemingly impossible task of finding consensus on the kinds of national and international laws and policies that protect Nature, especially when the task depends upon a multilateral or global process. Some of the reasons are to be found on a much deeper level of human experience where there now abounds a disturbing lack of a sense of the sacred. This is very important. If nothing is sacred, most of all Nature, then we create the potential for the perfect kind of storm, to which it will be virtually impossible to adapt, let alone mitigate. **CONTINUED ON 17**

### Detroit Expat



### TAKING DETROIT FOR GRANTED

Jamel Dado | Chicago, IL —

Through the marvels of modern social networking, I was recently made aware of Detroit's own indie rockers, Pewter Cub, when they made a visit to Chicago over the summer. I don't get back to the mitten very often so any chance for something "non windy" that sounds like home and I'm in.

My wife, Liz and I made our way up to Cole's bar in Logan Square and I started to get a sweetly sour feeling of nostalgia. Somehow, it felt like we were heading to The Lager House, or The Belmont, or [insert your favorite venue in Metro Detroit here]. Chicago may be geographically close to Detroit, but the music scene could not be farther away; not a judgment, mind you, just an observation.

Having never been to Cole's, I was pleased to see that it seemed like a good place for Pewter Cub to play - comfortable, understated, without crossing the threshold into "dive." Most of the venues in Chicago feel it's necessary to have a massive sound system and an even more massive lighting rig. I can appreciate the sound thing, but the lights tend to be comical. Happily, Cole's does not suffer this problem.

Pewter Cub's performance was everything that I wanted it to be - beautifully simplistic, emotionally

powerful and, above all, raw. The sort of unabashed moment that brings a bit of truth to the make believe that is rock and roll music. Really, if you have not seen this band, do yourself a favor and check them out. And, while you're at it, listen. They are worth it.

The meandering point is that Pewter Cub reminded me about what I miss most about Detroit - its music scene. I took for granted that being in a rock band did not require a degree - but it does ask for your entire heart and soul. I took for granted that being in a rock band meant being a part of a family, not being part of a business, and that family extends to everyone that does something creative, that they love, just for the sake of doing it, and not for the sake of what it will bring.

I miss a lot of things about Detroit. I miss all the normal things like Coney dogs and decent Middle-Eastern food, but what tears at me like a bad cliché is that intangible creative energy that Detroiters feed off, and then redistribute to everyone around them. What I miss most about Detroit is the concept of Detroit; that wonderfully creative, anything that's fun is worth doing concept.

I will always miss that.

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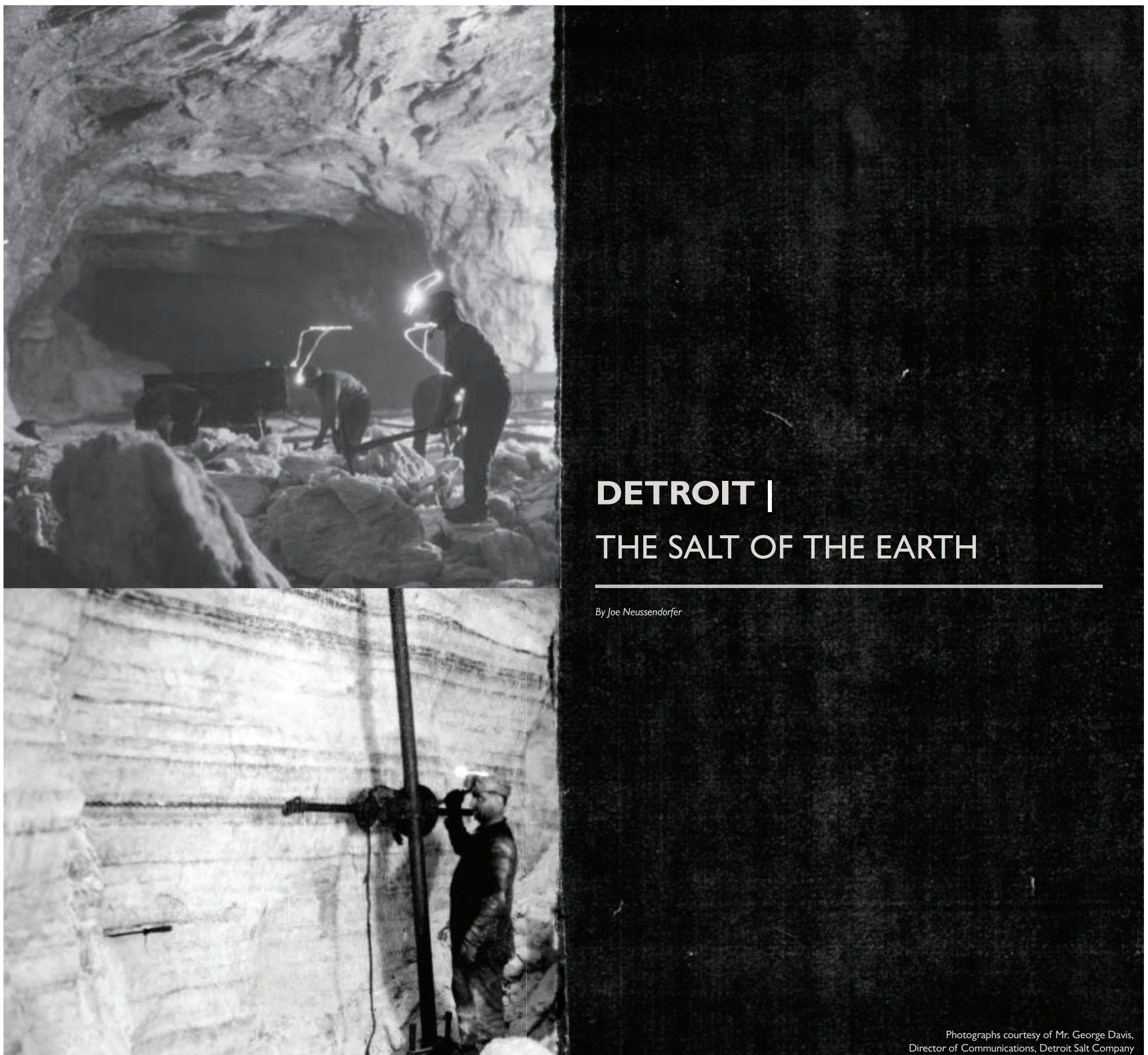
WHAT HAS NATURE EVER DONE FOR US?

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WHAT HAS NATURE EVER DONE FOR US?

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## DETROIT | THE SALT OF THE EARTH

By Joe Neussendorfer

Photographs courtesy of Mr. George Davis,  
Director of Communications, Detroit Salt Company

Detroit is "the salt of the earth." Literally. Below ground, in the bowels of the Motor City, is a vast deposit of salt. Deep below southwestern Detroit is a "city of salt" with some 50 miles of byways, some as wide as four-lane highways.

From 600 to 280 million years ago, marine seas advanced and retreated leaving huge deposits of salts and thick salt formations underneath the City of Detroit, according to a guidebook published by Michigan's old Department of Natural Resources (DNR).

A historical overview published by the Detroit Salt Company, LLC, states: "Buried deep beneath Detroit, sediments, in the area known as the Michigan Basin, deposits formed as horizontal salt beds when ancient bodies of water receded and evaporated. The basin was an arid area of Michigan's Lower Peninsula separated from the ocean by a natural bar of land. As the basin continued to sink lower into the earth, salt-laden ocean water repeatedly poured into the depression, where it gradually evaporated, forming miles of salt beds."

Before modern man discovered Detroit's vast salt resources, Michigan's early pioneers obtained their salt from the Scioto Salt Springs in Ohio. Salt from the Ohio source cost from four to six dollars a bushel in the Northwest Territory in 1803. With the opening of the Erie Canal in 1825, a greater supply of salt came from the East. There were salt springs in Onondaga County, New York that produced huge amounts of salt from large evaporation vats.

The existence of rock salt in the Detroit area was discovered in 1895. By 1906, the Detroit Salt and Manufacturing Company began the creation of a local rock salt mine. The task of getting the salt out of the mine was "one of the most impressive engineering accomplishments of its time," according to the Detroit Salt Company.

From the sinking of the first shaft, construction crews were faced with many challenges. Hydrogen sulfide gas and hundreds of feet of stone and glacial drift proved to be large impediments to their progress.

Sinking the shaft was also a costly undertaking, causing the Detroit Salt and Manufacturing Company to go bankrupt before ever reaching the prize of its efforts-salt. Following business reorganization, the new Detroit Salt Company completed the 1,060-foot shaft in 1910. Two years later, the mine changed hands again following an acquisition by the Watkins Salt Company, which incorporated the new organization under the name Detroit Rock Salt Company. After sinking the shaft another 100 feet, miners began working a second salt bed. The success of the Detroit mine caught the attention

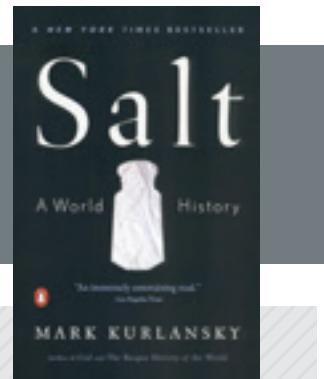
of a competitor, the International Salt Company, who purchased it, according to the Detroit Salt Company history.

By 1914, the Detroit mine was producing 8,000 tons of rock salt each month. In 1922, the company began to dig a larger, second shaft to increase the rate of hoisting rock salt to the surface. In 1983, International Salt closed the mine's operations. Two years after the closure, Crystal Mines, Inc. purchased the mine as a potential storage site. In 1997, the Detroit Salt Company, LLC, purchased the mine from Crystal Mines, Inc. and began salt production in the fall of 1998.

In 2010, The Kissner Group purchased the Detroit Salt Company, LLC, along with ownership of the mine. Today, the two companies work synergistically to provide North America with a full line of ice melter products ranging from bulk rock salt to bagged rock salt and premium based formulations.

Years ago, your writer was fortunate enough to go on an underground tour of the Detroit Salt Mines. The Greater Detroit Chapter of the Associated General Contractors of America (AGC) sponsored the tour; those old-timers who went on the tour still talk about it. While tours are no longer conducted, The Metropolitan d'Étroit readers may want to take an internet-based tour of the Detroit Salt Mines by visiting the Detroit Salt Company's web-site: [www.detroitsalt.com](http://www.detroitsalt.com)

Readers who are really interested in the subject of salt might want to read an outstanding book on it: *Salt: A World History* authored by Mark Kurlansky and published by Penguin Books.



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## FOOD | WINE | SPIRIT

WITH DARIO CHIARINI



### Eat (this) Beef.

Making a stark departure from last month, we're going to move to the opposite end of the vegan spectrum and talk about beef. If you are a meat eater, you know there is nothing as satisfying as a nice steak. And a good cut of beef doesn't need A1 sauce; just some salt and pepper, while allowing the natural juices of the meat do the work. The good news for meat eaters, I suppose, is you can find an array of cuts at relatively low prices. And while I recently saw beef for sale at the (gasp) Dollar Store, meat, like fish, is a purchase that should not be predicated on price. Once upon a time eating meat was a treat because typically it was the more expensive food option. It doesn't take a genius to realize that raising animals is a time and labor-intensive process, both of which affect the price to the final consumer. What the animal eats and how much they roam impacts the taste. Without pontification, today's industrialized food processing has diminished the physical space where animals can roam while feeding them a low quality diet. This has lowered costs and price but has also lessened quality, taste and basic natural nutrients.

Now, before you stop reading, because you thought this was an economic dissertation on global food supply, let's get back to eating.

The good news is that more people are actively seeking humanely raised - and better quality - meat. Slowly we're taking a step back and placing a value on quality, realizing animals need to roam in a natural habitat and not feedlots. This is not a flashy trend happening in Austin or Portland - a few people right here in Detroit are helping redefine eating habits. **Fairway Packing** has been diligently serving Metro Detroit for the last 55 years. They sell several high quality cuts like **Piedmontese** and **Kobe Beef** and also manage a custom dry aged program at their facility in **Eastern Market**. "Piedmontese" is a reference to the Northern Italian region of Piedmont where the cattle originated. Lean and tender with little marbling, Piedmontese beef is high in protein and essential fatty acids. Another local innovator is **Monty's Beef**. They decided to vertically integrate, raising Piedmontese beef without hormones or antibiotics on their two hundred acre pasture in **Michigan** and selling it out of a sleek storefront in **Royal Oak**.

Both Fairway and Monty's will deliver delectable cuts of beef directly to your front door. Of course, part of the pleasure of eating beef is doing so while soaking up the ambience of a steakhouse. Big name chefs like **Wolfgang Puck** and **Michael Simon** have opened up shop in **Detroit** but for a real treat take a step back in time and visit the **Clawson Steak House**.

In business for over fifty years, the Clawson Steak House delivers great steaks served up with that old school steak house feel. The upside to enjoying a nice cut of beef is that you can also indulge in stronger wines and spirits. You can sip a nice brown spirit like whiskey, scotch or bourbon. And, of course, you can pair your beef to a robust red wine like **Barolo**, Cabernet or Merlot.

Go ahead - eat some beef!

### WHERE TO FIND

#### FOOD

##### Clawson Steak House

56 Rochester Road  
Clawson, MI 48017  
Tel: 248-588-5788

##### Monty's Beef Company

324 East 4th Street  
Royal Oak, MI 48067  
Tel: 248-439-0895  
[www.montysbeefco.com](http://www.montysbeefco.com) (order online)

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#### DRINK

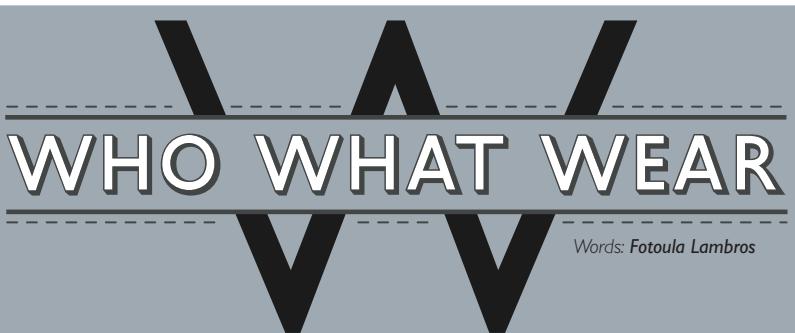
##### Papa Joe's Birmingham

34244 Woodward Ave.  
Birmingham, MI 48009  
tel: 248-723-9400

##### Elie Wine Co.

405 South Main Street  
Royal Oak, MI 48067  
tel: 248-398-0030  
Tel: 248-543-5763

Dario Chiarini writes about food, wine and spirits for the *Metropolitan*. Dario has worked with Michelin rated chefs, dined in world renowned restaurants and sampled culinary delights from Europe to Asia and many points in between. Follow him @dariochia to learn more.



**WHO:::** Matthew Harubin

**BUSINESS:::** Owner/Le Vrai Clothing

**TYPE:::** Street Wear Brand



Detroit's latest lifestyle brand has entered a new dimension of expression. Owner Matthew Harubin creates all of the design graphics, paintings, and photos taken and applied to staple pieces in his collection. The name Le Vrai is a French statement meaning "the truth" or "the real" depending on its use. Harubin makes use of it like the phrase, "there are 3 sides to every story, her side, his side, and 'the truth'. The clothes are made to represent

what we believe is true and something everyone should believe in amidst truth. Wrap up in a satirical sweatshirt with the meme "we even lie to grandma"; sure to make most wearers find their middle ground of purpose. Find @levraiclothing on all social media networks to see more of what's in store.

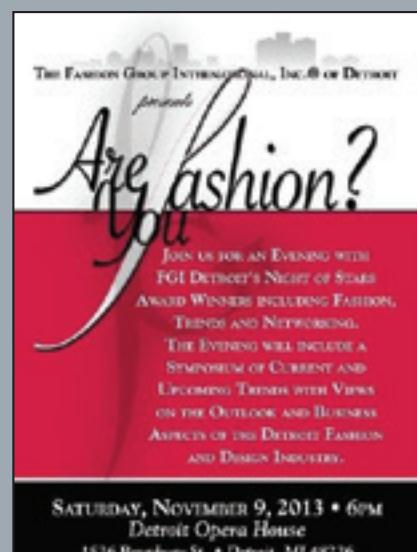
[www.BeLeVrai.com](http://www.BeLeVrai.com)

### WHAT::: FGI-DETROIT "ARE YOU FASHION?"

#### Awards Ceremony

**DATE:::** Nov. 8, 6PM

**LOCATION:::** Detroit Opera House



This year marks the 2nd Annual "Night Of Stars Awards" Ceremony for at the Detroit Opera House located in the center of Detroit's theatre district. Nominees of the "Are You Fashion?" awards represent the Metropolitan area fashion, trends and networking categories. Amidst the ceremonial awards, sampling hors' doeuvres and cocktails, attendees will enjoy a symposium of current and upcoming trends that make the transition into the next season simple and well orchestrated. Detroit Opera House makes the

perfect backdrop for the quality and attention to detail reflected in the above categories and its winners. Tickets are \$25 for members, and \$40 for non-members. If you have a business that wants to attend, large group reservations are also available via email only.

[rsvp@fgidetroit.org](mailto:rsvp@fgidetroit.org) | [www.fgiareyoufashion.eventbrite.com](http://www.fgiareyoufashion.eventbrite.com)

### WEAR::: Holiday Market / Tree Lighting Ceremony

**LOCATION:::** Campus Martius Park 800 Woodward Ave. Detroit 48226

This is the season to fill your hearts with joy and love, good times with family and friends, and to find endless reasons to celebrate the holidays and to shop locally. The Holiday Market is back at Campus Martius Park and takes place for five consecutive weekends starting November 22, and will feature the retailers, artists, designers, crafters, vintage/antique dealers, craft-prepared food products, distinctive apparel, home goods, and accessory brands that represents the city's creative spirit and quality. The kick-off weekend also celebrates the Tree Lighting Ceremony and runs throughout the busy holiday shopping season. Get out into the crisp winter weather and enjoy the many unique activities that make Downtown Detroit feel even more magically filled with holiday cheer.

[www.campusmartiuspark.org/](http://www.campusmartiuspark.org/)



Located inside The MotorCity Casino Hotel, D.Tour Spa is a remarkable 13,000-square-foot facility featuring dedicated lounges that include thermal whirlpools, large eucalyptus infused steam rooms, dry saunas and Rain shower facilities complete with separate men's and women's quarters (spa clients are encouraged to arrive an hour prior to their scheduled appointment to enjoy these amenities). D.Tour offers 10 private treatment rooms with a specialized selection of massage and body treatments featuring products from La Maison Clayton Shagal.

The décor is modern, warm and inviting, with natural stone and wood accents. Relaxing spa music follows you throughout every room. The first lounge has a citrus water station, selection of teas and fruit basket for guests to enjoy. Individual lockers are provided for clothes and personal items (install your own 4 digit pin) as you are given comfy robe and slippers for use throughout the spa. Cushy extra large towels and water drinking stations seem to be found around every turn. Friendly attendants check in on guests periodically and are very accommodating. Restrooms and showers are fully stocked with anything one could

need (brushes, hair and skin products, toothpaste, etc...) so you need not bring anything but yourself. I personally love the D.Tour line of bath and body products designed exclusively by Body Bliss, formulated with Ylang Ylang and mint, creating a fresh scent that's sure to please both sexes.

Clients relax in the waiting lounge before meeting their spa professional, equipped with cozy chairs, ottomans, soft chenille blankets, more fruit baskets and citrus water. In case you haven't figured it out, hydration is strongly encouraged because it is vital in the detoxification process. My overall experience left me completely relaxed and feeling like royalty.

Service Recommendations- La Maison Clayton Shagal's skin care belief is simple: cleanse to prepare the skin, nourish to stimulate cell regeneration, and moisturize and protect the skin. D.Tour Spa offers a luxurious selection of fine treatments that will leave you feeling amazing!

## FAVORITES

#### TURQUOISE SAGE BODY WRAP

An aura-cleansing body scrub of fine ocean sage infused with wild and organic sages and lavenders to ease and relax body tension. Warm healing clays are then added to soothe the skin and draw toxins from the body. As you relax in a warm wrap, you're treated to a soothing scalp massage, leaving you energized and centered, followed by a hydrating application of Turquoise Sage Shea Butter Cream. My skin felt soft and had radiance that whole week after my wrap!

60 minutes - \$165

#### URBAN ESCAPE FACIAL

An excellent introduction to Clayton Shagal's specialized active based gels; Collagen, Elastin, and Hyprocil. Ideal for all skin types. My skin looked brighter and felt supple the rest of that week. This facial definitely sets your skin on the right track.

50 minutes - \$125 (facial only)

80 minutes - \$155 (incl. foot massage and a professional mask)

Jeanette Frost Model/Makeup Artist on Facebook.

#### PINK CADILLAC MANI OR PEDI

A sugar scrub blend of Rose, Geranium, Rosewood and Evening Primrose invites healing and regeneration. Cuticles are trimmed; nails are then buffed and polished with your choice of OPI nail lacquer.

Manicure: \$55 Pedicure: \$75

My favorite pre-service amenity is the steam room. In just a few minutes your pores will be opened and prepped for soaking in all the botanicals and nutrients your service provides. I also loved how the eucalyptus aroma cleared my sinuses and instantly set me in relaxation mode. Don't cheat yourself; arrive early to fully enjoy the pre-service amenities.

**Pro Tip-** "Take a relaxing bath, either at home or while traveling, using detoxifying and remineralizing bath salt. Soaking not only aids in relaxation, but can also condition skin that is commonly neglected. Be sure your bath salts are made with high quality ingredients to moisturize skin. These products can aid in significantly protecting and improving your skin." -Elizabeth Goddard, Spa and Fitness Manager, Licensed Esthetician and Licensed Esthetician Instructor at D.Tour Spa.

\*\*Metropolitan Readers receive 10% off any service or product at D. Tour Spa by mentioning promotion code "PR-200". Metropolitan Readers Promotion expires Dec. 30th 2013. 2901 Grand River Ave, Detroit MI 48201 (313)309-4595 [www.dtourspa.com](http://www.dtourspa.com)

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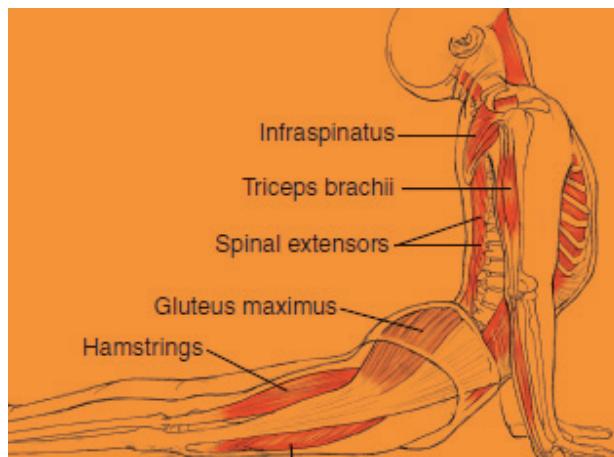
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**PRESENCE** | *Yogi Colleen Badger Explores Midtown's BE NICE Yoga Studio*

**W**hen the topic of yoga emerges in conversation, typical testimony goes something like, "I had [insert body part here] problems for years, then I started doing yoga and I felt great!" Most people are drawn to yoga initially for the physical benefits, including but not limited to: lowering blood pressure, promoting weight management, reducing pain, strengthening and toning muscles, enhancing joint health and flexibility, and aiding digestion.

From an evolutionary standpoint, our bodies were designed to be active and agile to support a lifestyle focused on hunting and gathering food for survival. Our modern sedentary culture, which typically involves hours of sitting at a desk, in a car, or on a couch each day, creates significant wear and tear on our bodies because we weren't constructed for prolonged periods in that position. It causes muscles in the legs and core to become weak and shorten, which in turn causes the spine, pelvis, and knees to be pulled out of alignment, leading to a high prevalence of back problems (herniated discs, sciatica, chronic pain), tightness or inflexibility in the hip joints, and greater risk for injury in general.

Elements of standard yoga classes work together to rectify the negative effects of our current lifestyle.

The physical branch of yoga, known as the 'Asana' practice, consists of a collection of poses developed thousands of years ago to engage and align every part of our bodies for functional use and overall health. Breathing practice, called Pranayama, which plays a central role in any yoga class, provides the benefits of calming the nervous system, improving oxygen exchange in the bloodstream feeding vital organs, and generating heat in the body making muscles become more pliable so they can move and stretch without straining or tearing. With the added layer of yoga's focus on turning off the thinking mind and attending to the present moment, one develops an

enhanced level of body awareness which helps to sharpen sensation and gain control of intricate musculature in order to refine movement and prevent injury.

During my recent exploration of BE NICE Yoga Studio in Midtown Detroit, the well-rounded instruction of owner Monica Breen, along with her carefully chosen eclectic group of experienced teachers, provided an all over feeling of physical harmony after each class. Instructors provided details about how to locate and activate specific muscle groups to support proper alignment in yoga poses and in everyday life (e.g., how to utilize shoulder and core muscles to improve posture). They also took care to explain how and why to modify poses, encouraging the use of props like blocks, straps, and blankets to attain the intended anatomical and physiological benefits, rather than pushing the body beyond its limits leading to injury.

Even with hundreds of classes and a 200-hour teacher training certification under my belt, I learned something new and valuable each time I visited BE NICE. Appropriately located in proximity to a University campus (Wayne State), Monica and the BE NICE staff do an incredible job of educating yoga students about the intricacies of the body and how the Asanas (poses), breath work, and philosophical underpinnings of the practice promote comprehensive health and wellness.

To discover how and why yoga feels so good, I offer BE NICE as an excellent place to study.

**BE NICE Yoga Studio** | [yogindetroit.com](http://yogindetroit.com) | 4100 Woodward Avenue (at Alexandrine)

Detroit, MI 48201 (313) 544-9787 | [info@beniceyoga.com](mailto:info@beniceyoga.com)



## WORKIN' IT AT THE 'Y'

**A Brief Historical Breakdown of the YMCA**

Words by Matt Counts

1844 was a big year. Not only in the literal sense, being a leap year, but also that many great happenings for humanity occurred. The Dominican Republic won its independence from Haiti, The first electronic telegram was sent, and the YMCA (Young Man's Christian Association) was formed.

It was the industrial age for England, and people from across the entire British Isles were flocking to London for work. They were met with a harsh work environment and overwhelming despair. It was that year George Williams, then twenty-two years old, got fed up with the entertainment available in Industrial London, typically limited to bars and brothels. He craved healthier activities and spiritual growth. So, he and eleven friends started the Y with little more than the ideas of caring, honesty, respect, and responsibility.

By 1851, there were 99 YMCA's across Europe. This was also the year Captain Thomas Sullivan, a sailor missionary, brought the concept to the United States. He wanted to create a safe haven for sailors and merchants, a proverbial home away from home, so he started a YMCA in Boston. This was the gateway that led the YMCA to cover the entire globe, and it wouldn't be the first time Boston and the YMCA would change the world.

Things always seemed to move fast for the Y. In 1881, Robert J. Roberts, using the Boston YMCA's gymnasium, began using the term "bodybuilding" and set the standard for all modern work out regiments. Ten years later, a Y instructor - also in Massachusetts - invented Basketball. Yes, I said he invented Basketball. And then again in 1895, a Massachusetts YMCA gave us volleyball. The Y was unstoppable, at least in the New England area.

The Y took a break from inventing sports and decided to dig deep into helping every man and boy in the country. In 1909 the Y vowed to teach every man how to swim. This bold effort began at the Detroit location and has since led to many different aquatic classes, which eventually peaked in 1959, when the Y was leading the way in SCUBA instruction.

And here we are now, over 160 years of YMCA helping and responding to literally every community where it appears. The Y has changed its goal from helping only young men become the strongest they can be, physically, mentally, and spiritually, to helping entire families grow closer and stronger - a long way from the old, ash covered, industrial cobblestone streets of London Town.

Your writer offers his appreciation to the 'Y' for its part in the physical development that has allowed him to complete the Warrior Dash, the Tough Mudder, and through screening countless episodes of My Little Pony whenever his lovely wife gets fully animated.

YMCA | 1401 Broadway St Detroit 48226 | 313. 267. 5300 or to find a YMCA location in the Metropolitan area visit [ymcadetroit.org](http://ymcadetroit.org)

YMCA | 1401 Broadway St Detroit 48226 | 313. 267. 5300 or to find a YMCA location in the Metropolitan area visit [ymcadetroit.org](http://ymcadetroit.org)

# CARPE d'Etroit!

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photography | Salwan Georges

make up & hair | Jeanette frost

styling | Fotoula Lambros

mise en scène | Anthony Brancaleone



Black Trench | FO2LA  
Patent leather peep toe boots | NOIR Leather (Royal Oak)



#### 1515 Broadway

Established in 1987, the space includes a coffee house - serving up breakfast sandwiches, lunches, desserts and a gourmet selection of coffee and teas, as well as a 115-seat black box performance theatre. Owner, Chris Jaszcak is responsible for beginning the revitalization that is now the Theatre District. 1515 sits directly across the street from the Detroit Opera House and is also open to all Chess enthusiasts.

1515 Broadway Detroit | 313. 965. 1515



#### Museum of Contemporary Art Detroit

MOCAD's mission is to "present art at the forefront of contemporary culture. As a non-collecting institution, MOCAD is responsive to the cultural content of our time, fueling crucial dialogue, collaboration, and public engagement." We think the 22,000 sq ft space is a great place to spend the afternoon, rain or shine!

Vintage corduroy jacket  
Jewelry | Deyo Studio  
Opaque Spandex Cut Out Thigh Highs / Noir Leather

4454 Woodward Ave Detroit | 313. 832. 6622 | Mocadetroit.org

# Sculpture | TRANSCENDING

David Barr & Sergio De Giusti



Standing 63 feet above street level in the form of two stainless steel arcs, the sculpture named Transcending, located in Detroit's Hart Plaza is, according to Barr and Giusti, "geared on the inside to reflect Detroit's industrial might, and open at the top to symbolize labor's unfinished work."



**High Neck Cap Sleeve Dress | NOIR Leather (Royal Oak)**



## FOUNTAIN BISTRO

Open for lunch and dinner, the Fountain Bistro is a chic location for business or pleasure. Located in Campus Martius Park, the Bistro offers a casual fine dining experience, with one of the city's finest year round views. Manager, Anthony Giannola is excited to provide a heated outdoor patio throughout the winter for guests to enjoy drinks & dining alongside the skating rink. Happy Hour runs Monday-Friday between 4-7pm. Open 11am-11pm Mon-TH and 11am-12am Fri-Sat. Sunday Brunch 11am-4pm.



Embedded in the walkway are milestones telling labor's achievements for the public good. A raised dais, intended as a speaker's stand, includes quotations from prominent activists for labor rights and social justice. Beneath the dais is a time capsule holding letters, badges, newspapers, and other labor mementos of the 21st Century.

"All skilled labor in Detroit is organized into trade unions, and through the efforts of those unions we have bettered our conditions, reduced the hours of labor, and increased wages so that we now can find time to educate ourselves and our children and take the place in society which has been denied them."

~Malcolm McLeod, head of the Street Railway Workers Union, 1901

Source: Labor's Legacy, A Landmark For Detroit



Lafayette 5 in 1 Jumper | FO2LA  
Necklace & Clutch | Deyo Studio  
Mesh Teddy | NOIR Leather (Royal Oak)  
Peep Toe Boots | NOIR Leather  
Vintage Suede & Mongolian Lamb Jacket

#### LONDON CHOP HOUSE

Established in 1938 by the Gruber Brothers, The London Chop House was the premiere bar & restaurant in Detroit. If Don Draper and the Mad Men crew were in the city they enjoyed their Old Fashioned and Martinis here. Located in the business district. Dining, Bar, Cigar Lounge, Entertainment & Happy Hour. And, please, do yourself a favour - make a call from one of the phone booths! Lunch: Mon-Fri – 11am-3pm | Dinner: Mon-TH – 5pm-10pm | Fri-Sat – 5pm-11pm.

# THE QUIRK FACTOR

By LiLi Dreadz

## **Animated at Heart | WATCH ME MOVE: The Animation Show**

DIA through Jan 06, 2014

I believe that deep down, everyone loves cartoons. They may not say it out loud. They may even try to verbally deny it, but in their heart of hearts they find animation intriguing. Heck! We have multiple cable channels today solely devoted to cartoons! Is it because we as a society refuse to grow up? Maybe. Or maybe it's because we realize that the animated world is one filled with limitless possibilities.

If the mere thought of animated history peaks your interest, then I suggest heading over to the DIA for their current exhibit, Watch Me Move: The Animation Show. The exhibit, which opened October 6th and will be running through January 5th, is the most detailed animation show ever displayed. It boasts over 11 hours of animated footage, chronicling the history of animation, and even shows glimpses of what the future has in store for the colorful cartoon world.

Families will find the exhibit fascinating, and kids will be just as entertained as their parents. The cartoon-loving adult will delight in the early stages of animation, as well as lesser-known pieces from around the globe. There are even parts of the exhibits that are for adults only, so that they may view some of the more groundbreaking (albeit not light-hearted) works.

There really is something for everyone in this show, and more than enough to fill a whole day. Knowing that folks would probably want to go multiple times to try and see all there is to see, the DIA has offered a Super Pass, which will give people unlimited access to the exhibit through the end of its run. On a budget? Now until November 16th, the DIA is even offering discounted passes. Get down there as soon as possible! You will not be disappointed.

DIA | 5200 Woodward Ave. Detroit, MI | (313) 833-7900



# MUSIC

LIVE IN DETROIT

## **STEVE AOKI | NOVEMBER 06 | Fillmore, Detroit**



Grammy-nominated international producer/DJ, electronic dance music entrepreneur, and founder of the trendsetting record label, events/lifestyle company, and apparel line Dim Mak, Aoki has broken bands such as Bloc Party, The Bloody Beetroots, Klaxons, and The Gossip. In 2012, Aoki released Wonderland (Ultra Music/Dim Mak), followed by Wonderland Remixed, and his live concert DVD Deadmeat: Live at Roseland Ballroom, along with various singles, remixes and EPs. Currently, Aoki is working on his follow-up album Neon Future, scheduled for release in 2014 via Ultra Music/Dim Mak, and is touring on his Aokify America North American Tour, featuring Borgore, Waka Flocka Flame, and special guest Pharrell Williams (on select dates).

Catch Aoki at The Fillmore, Detroit. [Thefillmoredetroit.com](http://Thefillmoredetroit.com)

## **BIG SEAN | NOVEMBER 20 | EMU, Ypsilanti**



Detroit's own Big Sean hits the stage at Eastern Michigan University's Convocation Center on Wednesday, November 20. His debut album Finally Famous earned Sean the Best New Artist award at the 2012 BET Awards, GQ's 2012 Hottest Rookie award and two Grammy nominations. Big Sean got his start in Detroit at the age of 12; In high school he was showing his skills on 102.7FM every Friday night for a year. This opportunity gave him the chance to meet his mentor Kanye West and led to his record deals with G.O.O.D. Music and Def Jam. With millions of followers on Twitter and Facebook and over 46 million YouTube views, Big Sean has won praise from MTV, Rolling Stone, USA Today and the New York Times. They have called his music both "clever" and "confident".

Doors open at 7:00 PM. All ages welcome. Tickets online at [www.emutix.com](http://www.emutix.com) or by phone at 734-487-2282. The Eastern Michigan University Convocation Center is located at 799 N. Hewitt Road in Ypsilanti.

## **ALESSO | NOVEMBER 21 | Fillmore, Detroit**



One of the major names of the next wave of massive Swedish electronic music producers, Alessio hits Detroit, MI Thursday, November 21 at Fillmore on his first headlining North American national tour. The date is part of his UPRISING Tour, which covers most major cities with stops at such landmark venues as Sound Academy in Toronto, Aragon Ballroom in Chicago and a major New Years Eve show at Pier 94 in New York City.

## **BONE THUGS-N-HARMONY | NOVEMBER 23 | Garden Theatre, Detroit**



Embarco presents rap legends Bone Thugs-N-Harmony with special guest Quest Mcody and Splash-A-Holics at the Garden Theatre in Midtown Detroit on Saturday, November 23. The early '90s saw the rise of Bone Thugs-N-Harmony when they were signed by Eazy-E. Cleveland natives, Thugs first saw success with the release of "Thuggish Ruggish Bone" in 1993 and a string of hits including the Grammy winning single "The Crossroads" - a tribute to Eazy-E after his death. Bone Thugs-N-Harmony were named the #12 best hip-hop group of all time by About.com on their list of the Top 25.

Saturday, November 23 catch Bone Thugs-N-Harmony. Tickets at [www.ticketweb.com](http://www.ticketweb.com). The Garden Theatre is located at 3919 Woodward Avenue, for more information visit [www.gardensatmidtown.com](http://www.gardensatmidtown.com).



## **PROFESSIONAL THEATRE | WAYNE & WASHTENAW COUNTIES**

Words by Donald V. Calamia

Although much of the area's professional theaters are concentrated within the Detroit city limits and the suburbs to the north, Western Wayne County and Washtenaw County are home to a handful of the state's most celebrated companies.

Likely, the best-known local theater nationwide is The Purple Rose Theatre Company, located in the picturesque town of Chelsea. Founded in 1991 by noted film and television actor (and Chelsea native) Jeff Daniels, The Purple Rose excels at both re-imagining the classics and developing and staging new American plays, which includes many scripts crafted by Daniels himself. One such play, "The Vast Difference," is an early work of Daniels' that returns to the stage this fall to commemorate its 20th anniversary.

Another of the state's most celebrated theaters resides in nearby Downtown Ann Arbor. Performance Network Theatre, founded in 1981 as an artists' cooperative, has grown and matured into what is likely the most award-winning professional company in the state. Reaching 40,000 patrons a year through its Professional Series and the Children's Theatre Network, Performance Network produces the hottest new plays available and pairs them with best talent the region has to offer.

Much newer to the game is The Encore Musical Theatre Company, snuggled between the two juggernauts in the

small, but beautiful town of Dexter. Now in its fifth season, The Encore's magic formula is simple to explain: "Bring in my friends from Broadway, mix them with local talent, and keep it bare-bones simple," executive and artistic director Dan Cooney said prior to the opening of its first show in 2009. Add to that a family-friendly slate of musical favorites, and it's easy to understand why The Encore continues to grow in popularity.

The western regions of Metro Detroit are also home to a handful of small, professional troupes that stage their shows in rented theaters and store fronts and offer a wide variety of programming not seen or offered elsewhere. Such troupes include The AKT Theatre Project (Wyandotte), Comic Opera Guild (Ann Arbor), Threefold Productions (Ypsilanti), and Wild Swan Theater (Ann Arbor).

Plus, theatergoers are treated to national tours or specialty programming courtesy of the 134-year-old University Musical Society (Ann Arbor), the Ford Community & Performing Arts Center (Dearborn), the Michigan Theater (Ann Arbor), and The Village Theatre at Cherry Hill (Canton).

To find out what's happening in professional theaters throughout Metro Detroit and elsewhere in Michigan, log on to [www.encoremichigan.com](http://www.encoremichigan.com) for reviews and ticket information!



## VERDI'S LA TRAVIATA

November 16-24 | Detroit Opera House

Words by Gay Paris

The tragic and musically stunning opera, the art form's most performed, *La Traviata* was programmed in tribute to Verdi's 200th birthday, perhaps the most preeminent of opera composers during the nineteenth century.

Eighteenth Century Paris is the setting for Verdi's masterpiece about forbidden love between a courtesan and nobleman. *La Traviata* (The Strayed Woman) is the last of Verdi's treasured "trilogy," which also includes *Rigoletto* and *Il Trovatore*. The opera includes the famous Brindisi (drinking song), "Libiamo ne'leiti calici" which is prevalent in popular culture, including TV shows, commercials, and movie scores.

The production will be under the baton of Italian conductor **Leonardo Vordonì**, who is making his company debut following engagements across the U.S., conducting for companies such as Houston Grand Opera, Opera Colorado, and Minnesota Opera. Stage direction will be under MOT favorite, **Mario Corradi**.

Soprano **Nicole Cabell** (16, 20, 23) returns to MOT in the title role of Violetta. She alternates with soprano **Corinne Winters** (22, 24), who makes her MOT debut. Among the artists making their debuts with the company for this production are Italian tenor **Leonardo Caimi** (16, 20, 23) and tenor **Zach Borichevsky** (22, 24), who alternate in the role of Violetta's lover, Alfredo. Other debuts include baritone **Stephen Powell** as Germont, tenor **Jonathan Riesen** as Gastone, and bass-baritone **Evan Ross** as Marchese D'Obigny. Bass-baritone **Mark E. Watson** returns to MOT's stage after 10 years to perform the role of Doctor Grenvil.

Young Artist **Danielle Wright** returns as Annina, while Young Artist **Jonathan Christopher** debuts as Baron Douphol, and **Ashley Maria Bahri Kashat** debuts as Flora Bervoix.

Anticipating a much better production here than with the Detroit Opera House season opener, *Wager's The Flying Dutchman*, which, for me, felt flat and lackluster. Despite a standing ovation - and a few overzealous "Bravos" belted out from what seemed parents of certain performers - I found the sets to be boring, the acting performances below average, with voices that left me wondering if it were not the cold and flu season. This is the Detroit Opera House, after all, and we should not allow productions to consider our city a rest stop on the road to other venues.

*La Traviata* will be sung in Italian with English supertitles projected above the stage. A free opera talk begins one hour prior to each performance, and if ol me, Gay Paris, will be cocktailing in the Cadillac Café, bells and Boa on, Martini in hand, shaken, not stirred, please ...

Tickets for students and young professionals, ages 18-40, are available for the performance on Wednesday, Nov. 20, at a reduced price, with a reception following the performance. Ticket prices range from \$25 to \$125. Tickets may be purchased online at [www.MichiganOpera.org](http://www.MichiganOpera.org), by calling (313) 237-SING, or in person at the Detroit Opera House (1526 Broadway, Detroit).



### La Traviata on DVD

Not everyone has the chance to go out and see an opera. Luckily, there are DVDs. Franco Zeffirelli produced a cinematic version of Verdi's *La Traviata*, featuring Plácido Domingo and Teresa Stratas, and it is a masterpiece. Call friends & family over for a black tie Opera party! Bring out the cocktail weenies, the cheese balls, and pull out the fine crystal for a little bubbly! Bravo! Bravo! Bravo!

## ARTIST PROFILE | Leander Johnson

By Anthony Brancaleone • Images Salwan Georges

Leander Johnson was born in Eugene, Oregon in 1996. He is currently living in and working from the Salt & Cedar studio located in Detroit's Eastern Market District. After a year of being home schooled, Leander now attends a public school in the city, and is a recent recipient of the Knight Arts Foundation for work that explores Detroit's people and places through the art of the 'Zine.

Born from his earlier work, We'll miss the dream, Leander's new project entitled, 12 'Zines is a series of publications that "examine objects, ephemera, and cultural and geographic sites from Detroit's (and America's) past that have been contested, valued, under valued, ignored, destroyed or disfigured, but linger in some tangible form in the present."

We began a conversation in May of this year that led Leander and I from Salt & Cedar, through the streets and shops of Eastern Market, through the produce stands, over to the Mac-n-Cheese truck, and continued for months; Trinosophes, Red Bull Art House, the old Atlas Building (what is it called these days?), and inside the studio where Leander does most of his research, work, and spends time with his family.

### "The Present Is A Harder Sell"

"We'll miss the dream comes from an Apollo mission," says Leander. "Time progressing. It's a statement in the present; cracks of the present exposing the past. It represents the last remnants of the past in every day life; past as a home."

Technically, Leander did all of the work; staples with heavy stock, hand monastery stitch, archival glue, and he either found or photographed the items that appear within the Zine's pages, alongside poems, prose and the use of perfectly nonrandom words. He sold out of his signed and numbered limited issues [I own #8] and continued working in music, photography and assisting around the studio until he was awarded \$6,000 from Knight Arts in matching grant funds.



**Find Leander Johnson** | [maryonpark.tumblr.com](http://maryonpark.tumblr.com)

"I believe a lot in amateurism. Instagram is easy; it's the Polaroid of today. Warhol is famous for using the Polaroid. He would definitely be using it," says Leander. "But, I like to go back to analogue. There is a lot more decision-making."

Inspired by the work of Alan Lomax recordings of blues & gospel musicians,

William Eggleston photography, and Jack Kerouac, Leander has also been learning a great deal through David Byrne's How Music Works - though he claims not to be much of a fan of the Talking Heads. He also finds inspiration from the photography of Robert Frank. "We can't understand Robert Frank's photographs today because we see it with a vintage lens, and that's why we like it."

### "Art Is being Confused With Good Intention"

"No one is dwelling on the here and now, the present, the ephemeral. The present is just kind of passing. It's not looking toward the future. It's grounded in the past, focused on the present; the present is a harder sell," says Leander.

Leander's 12 'Zines are, therefore, a form of documentation. A young man's take on the city around him, which he will produce within the space of the next calendar year, in a present that finds Detroit quite possibly in epoch. Should make for an interesting series.

"Everything we do here [Salt & Cedar] is intentional. Art is being confused with good intention in a world where good intention is everything," says Leander. "I wouldn't call 12 'Zines art or documentation . . . (smiles). I guess it's leaning more toward documentation."



## FILM: RAISING THE ANCHOR OF THE EDMUND FITZGERALD

NOVEMBER 9 & 10 | DETROIT HISTORICAL MUSEUM

The Detroit Historical Society continues its monthly film series commemorating the 38th anniversary of the sinking of the Edmund Fitzgerald with "Raising the Anchor of the Edmund Fitzgerald."

Named after the President & Chairman of the Board of Northwestern Mutual Life Insurance Company, who conceived the ship as a business enterprise, the Edmund Fitzgerald was launched June 8, 1958 at River Rouge, Michigan. At 729 feet and 13,632 gross tons, she was the largest ship on the Great Lakes for 13 years, until 1971.

The Edmund Fitzgerald was lost with her entire crew of 29 men on Lake Superior on November 10, 1975, 17 miles north-northwest of Whitefish Point, Michigan. View actual footage of the Detroit River dive that brought up the anchor of the ill-fated Edmund Fitzgerald. The ship's launch and history are also portrayed throughout the film. Running time for this film is 48 minutes. Show times 1pm and are FREE to the public.

[Detroithistorical.org](http://Detroithistorical.org)



Over the past century, film has been our most wonderful view into new and fantastical worlds. It can bring us to tears, start a rebellion, or give us a break from the mundane, daily ritual of eat, sleep, work. Movies can show the depths of human psyche and, dare I say, the soul. Infinite beautiful landscapes, or burning hellfire infernos, have all been displayed on the revered silver screen. One hundred years of the most heartwarming tales, terrifying suspense thrillers, and dramatic dramas, however, were all just preparation for one film in particular. That Film Incredibili - "ThanksKilling"

When I first saw the poster for ThanksKilling I was taken aback. The simple title - so truly complex the more one meditates on it - was not to be taken lightly. It evoked a surreal spiral of wonderful home cooked meals, juxtaposed against a mélange of quixotic slashers, that deftly filled my imagination.

I believe it was Swami Sivananda who said, "Meditation is painful in the beginning but it bestows immortal Bliss and supreme joy in the end."

This is so true to the nature of this film. The meditation I experienced when I placed the coveted DVD in the player, may have lasted several moments, or perhaps hours. While in contemplative states of understanding, it is hard to keep track of time.

The atmosphere was right for such an opus; a dark, cold fall evening. Our cozy apartment was dimly lit; my wife, a few select family members, and friends, all proper film aficionados, gathered for cinematic edification. Blowing the last few leaves of fall from naked tree boughs, the harsh wind compelled me to open a fine bottle of Merlot '11, before screening the work of mastermind director, Jordan Downey.

"ThanksKilling" opens with back-story. Taking place in "The olden days, 1621", a disgraced and dishonored native American necromancer curses the foreign invaders, by having a demonic presence attack on the eve of Thanksgiving every five-hundred and five years. That demon is a reincarnated turkey, named Turkie

In a true Kubrick meets Troma escapade of filmmaking genius, five good friends are thrown into the oldest, most potent of story motifs - revenge. Also, layered within the more modern, edgy

#### THE CYNIC NEXT DOOR by Julianna Counts | Thanks for Nothing



motif of survival, as depicted in such movies as Blade Runner, Children of Men, and Lord of the Rings, ThanksKilling works as a thinking man's Rocky. The characters and dialogue in this film are second to none. Drawing from the likes of Tarantino and Scorsese, every piece of script is a jagged poem, flowing seamlessly, scene-to-scene, ever engaging, provoking thought, eloquently challenging the boundaries of man vs. beast.

Cinematography is Bellissimo! Each shot a Matisse. It's as if director Downey had channeled both the eye of Lynch and the mise en scène of Welles. The brooding chiaroscuro shading, married to the unsettling, depraved worldview of Eraserhead, whether on location or set, are all exquisitely hand-crafted with such photographic aplomb that Jean-Luc Godard would change his statement "Cinema is truth twenty-four frames per second" to "Cinema has never been more true than now".

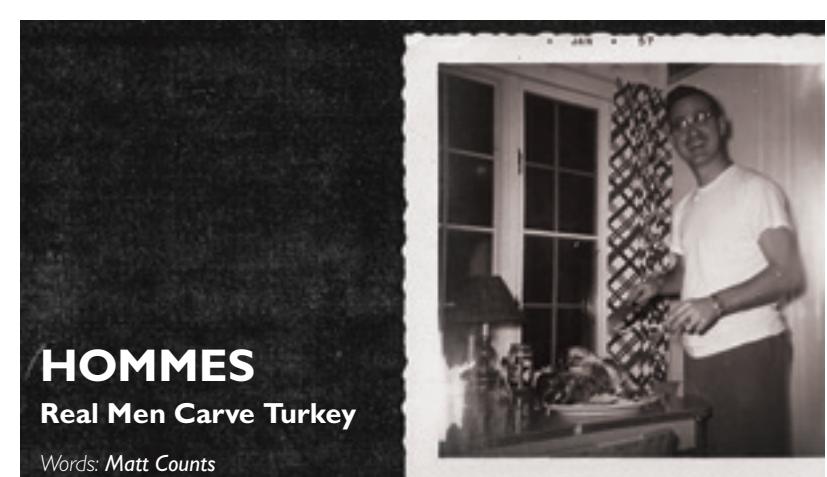
An emotional waterfall of drama, sex, suspense, terror, and loss, all so very present, so very real, forced answers to questions one shouldn't ask. Never could I leave this film. Never did I wander [Except once to use the bathroom and once to make popcorn]. The skillful storytelling and interweaving plot, seamless, smooth, with Kafka-like twists, toying with subtle innocence, followed by the hint of dry, horrific despair; made love to the genre known as the Midnight film.

But, one does not need to believe just me. "ThanksKilling" ranks as one of the top sellers on the Playstation Online store, besting the likes of Titanic, Jurassic Park, and all of the Marx Brothers films, combined.

As Groucho Marx once said, "Well, Art is Art, isn't it? Still, on the other hand, water is water. And east is east and west is west and if you take cranberries and stew them like applesauce they taste much more like prunes than rhubarb does. Now you tell me what you know."

Well, dear reader, I'll tell you what I know: "ThanksKilling" peut être le meilleur film jamais dirigé, POUR c'est l'amour et la haine, jour et nuit tout emballé dans l'un.

**Rated R - Adult Themes, Violence, Language**



With the changing of the leaves comes a change in the heart. Gone are the heady days of beach combing and surf riding. Allow the colors of the season to take you away. Become lost in fields of gold, rust, ruby and earth.

Speaking of earth, as a modern man, living in the most delicious of seasons, let it speak through you, and of your skills, honed throughout years of survival. The earth-brown tone of turkey is calling. Imagine now, if you will, the cool bite of wind just before entering home in late evening - a warm hearth greeting, as you are overwhelmed by fowl scent. Allow that fowl aroma to envelope you now; embrace it . . . the allure of turkey.

Now that you have imagined turkey you should purchase turkey. Big turkey. Also, you should roast turkey. No deep-frying. Though, one can

argue about the finer points of turkey preparation, I am here to instruct on the age-old art of carving turkey, so listen up.

Just like finding a mate at a cocktail party, start with the legs. Once a proper cut has been made through the ball-joint you now have an important choice to make: Do you give that savory leg meat to someone else? If you are a leg man, probably not. Don't feel bad; it's your house.

Now, moving to the center of the breast, cut down along the bird to obtain the most meat. Continue with the opposite side. Never over think carving: Let knife and hand and bird be one fluid moment. And, don't embarrass yourself by use of a serrated blade. It ruins the meat. Now, all you must do is determine whether or not you are a breast man.



**Antiquities Wellington Inn** Traverse City, MI

## THE BED & BREAKFASTS OF TRAVERSE CITY

by Mike Norton

When Ron & Barb Steury travel, they try to avoid staying in what Ron calls "cookie-cutter motels." Instead, they frequently seek out a bed & breakfast.

"I think B&Bs are more romantic, for one thing," he says. "Every one is a little bit different. They almost always have an interesting history of some kind, and it's fun getting to know the owners and learn their stories, too."

The Steurys aren't alone. Many other travelers to this Lake Michigan resort community seem to revel in the diverse experiences offered by local bed & breakfasts. They include the palatial townhouse of a turn-of-the-century lumber baron, a historic country inn whose guests once arrived by steamship, and a laid-back "Up North" retreat surrounded by miles of wilderness.

"There's certainly a lot of varieties in this area," says Dave Olson. He and his wife Melanie own the rustic **Lake N Pines Lodge**, tucked away on a nearly uninhabited lake 15 miles from downtown Traverse City that's surrounded by 6,000 acres of state forest – a designated wildlife sanctuary where loons, swans, beaver, eagles and osprey are frequently spotted. "We're all about the nature experience; wives bring their husbands here to show them that B&Bs don't have to be allfrou-frou."

A pair of "urban refugees" from the Detroit area, the Olsens have operated the Lodge since 2009. Its five units range from a two-bedroom cottage to a 900 square-foot suite – and in keeping with their wilderness theme, they offer guests the free use of their fleet of canoes and kayaks. (They're also proud of their unique "made to order breakfast" menu.)

Gary and Jamie Creason had much the same idea in mind when they moved from California three years ago to take over the **Applesauce Inn**, in the picturesque Chain of Lakes region northeast of Traverse City: a combination of great cooking, a relaxed atmosphere and easy access to a wealth of outdoor activities, from hiking, cycling, golf and fishing to skiing and snowshoeing. A converted farmhouse built in the American Foursquare style, the Inn benefits from its nearness to the golf courses and ski slopes of Shanty Creek Resorts – but it's also becoming a favorite haunt of craft beer lovers on pilgrimage to the home of Short's Brewing in nearby Bellaire.

"We're just extremely cozy and casual," says Jamie. "And really, if I say so myself, the food is good."

At the other end of the scale is Traverse City's most "urban" B&B: the historic **Antiquities Wellington Inn**, where Ron and Barb Steury like to stay when they're in town. A magnificent neoclassical mansion built in 1905, it stands in a quiet residential neighborhood just outside the city's bustling little downtown. Owners Hank and Barb Rishel spent the better part of five years restoring, redecorating and refurbishing its nine guestrooms, common areas and third-floor ballroom.

The results are spectacular: intricately hand-painted and stenciled walls, elegant draperies and soaring ceilings, with every piece of furniture carefully chosen for its authenticity. This isn't for visitors who've come north to



**The Applesauce Inn**  
Traverse City, MI

listen to the coyotes howl at the moon -- it's for people who prefer to be close to the boutiques, galleries, restaurants and nightlife of downtown Traverse City.

Just as passionate in their pursuit of historic authenticity – in a very different setting – are Bruce and Angie Jensen of the 1869 **Old Mission Inn**, the region's oldest continuously operating hotel. Located in the picturesque harbor town of Old Mission, the rustic green-and-white hotel with its long veranda and gabled windows is a rare surviving example of 19th century vernacular-style resort architecture.

The Jensens spent years restoring the hotel, and today its 13 guestrooms are filled with reminders of its former life as the village post office, telephone company and stagecoach stop. But in spite of its impressive pedigree, the Inn is still very much a relaxed and informal place where guests laze under the broad veranda on hot afternoons and gather around the bonfire to share s'mores and stories on summer nights.

For more information visit [www.traversecity.com](http://www.traversecity.com)

## NATURE CONTINUED FROM PAGE 4

This is why I was so pleased to see Tony Juniper's new book as, for me, it hits the nail firmly on the head when it explores how our economic system is so disastrously misaligned with the realities that enable it to exist in the first place.

Not only does it provide readers with a clear and compelling explanation as to what Nature does for us, it also offers some very strong examples of how that misalignment can be rectified – and that includes ways in which Nature's value can be harnessed even within our existing economic approach.

"Simple things, like planting trees in city centers, which would help to cool the air, while giving city dwellers that contact with Nature, has such immediate psychological benefits."

Thus, they would improve wellbeing and reduce the need for expensive air conditioning. On a larger scale, it also describes radical schemes like the one in New York, where the city has been given a modern water treatment system that relies upon water-friendly farming and good forestry practice. This is no small scheme and it depends upon the integrated cooperation of many thousands of stakeholders. The result of such joined-up thinking is the biggest unfiltered public water supply system in the United States, one that initially saved the city some eight billion dollars and has since dramatically slowed down the rise in consumers' water bills. They have gone up by just nine percent whereas had the city installed conventional treatment systems, that figure would now be nearer one hundred percent.

On a larger scale still, the book explains how some countries have begun to integrate natural values into their national accounts. One of the pioneers is the Central American country of Costa Rica which has taken a much more integrated view of how Nature and the economy interact, seeing them as two sides of the same coin. As a result, since the 1980s, not only has Costa Rica more than doubled its forest cover, it has also doubled the per capita income of its citizens. Dramatic examples like this should encourage us to see the tremendous opportunities there are in approaching things in a much more joined up way. All it needs is the inspiration and unlimited capacity of the human imagination to do so.

One very positive development I have been greatly moved by in recent years, and towards which I hope I have made some small contribution via the activities and projects I have initiated, is the increasingly prominent discussion about what is known in the jargon as "natural capital." This idea defines Nature as, among other things, a set of economic assets which, if managed well, can produce dividends that flow from those assets indefinitely. This is not what generally happens at the moment. Assets such as soils and forests are often simply liquidated as if they do not need to be maintained or replenished, and it surely does not require a financial expert to point out that this is the fastest way to bankruptcy!

This shift towards seeing Nature as the provider of a set of economically vital services, rather than resources that can be used up to fuel economic growth is, for me, one of the most important conceptual shifts in history. I am pleased to say that the shift is already underway, but it needs to go much further and happen much faster. I am not so naïve as to imagine this is an easy transition to achieve, especially in such economically challenging times, but perhaps our very fraught economic circumstances at the moment offer exactly the right moment for the world to force this new attitude to break through into the mainstream.

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#### Detroit Metropolitan Airport has two terminals: McNamara & North

Delta and its SkyTeam partners Air France and KLM Royal Dutch Airlines operate from McNamara Terminal, while all other airlines operate from the North Terminal.



When you arrive at DTW, follow the signs toward the terminal/baggage claim. If you wish to grab a bite to eat or browse one of DTW's many shops before leaving the airport, we recommend stopping PRIOR to leaving the TSA-screened area, as food and shopping options are limited outside of security. If you have baggage to collect, take the elevator/escalator down one level to Baggage Claim. At the bottom of the escalators, check overhead monitors to find the Baggage Carousel for your flight. All baggage carousels at DTW are shared among airlines, so be sure to look for your arriving flight (listed in alphabetical order by the city you last departed).

**Missing something?** If a checked bag does not appear on the carousel assigned to your flight, or if you believe you may have left something onboard the aircraft, visit your airline's Baggage Service Office located on the baggage claim level.



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**North Terminal:** Both Luxury Sedan and Taxi services are dispatched from the upper level of the Ground Transportation Center. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation on Level 4.

**McNamara Terminal:** Both Luxury Sedan and Taxi services are dispatched from the center of the Ground Transportation center, located on level 4 of the McNamara Garage. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation.

All courtesy shuttles to local hotels, rental car agencies, on and off-airport parking, as well as all commercial shuttle services, pick-up and drop-off at each terminal's Ground Transportation Center. To access these shuttles upon arrival in Detroit, once you have claimed any checked luggage, follow terminal signs to Ground Transportation.



#### ICE Currency Exchange

ICE Currency Exchange kiosks are available for passengers at the North Terminal and the McNamara Terminal.

The general public can access all Pre-Security ICE Currency Exchange areas. We suggest you call ahead for the hours of operation.

#### McNamara Terminal

Pre-Security at the International Arrival Level – 734-941-1231  
Post-Security Near Gate 38 – Phone: 734-941-1202

#### North Terminal

Pre-Security at the Baggage Claim Area – Phone: 734-955-9414  
Post-Security near Gate D9 & D10 - Phone: 734-955-2652

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**Terminal Paging:** 734. 229. 7199 | McNamara

734. 247. 1000 | North

**Airport Police:** 734. 942. 5212

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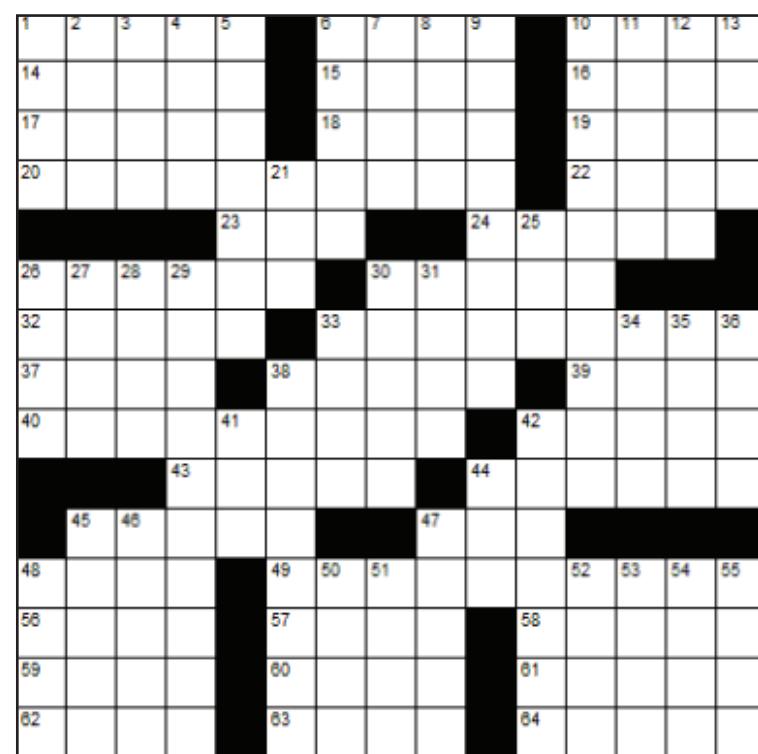
**CROSSWORD****Across**

1. Mayhem  
6. Pear-shaped instrument  
10. A pioneer in electrochemistry  
14. High society  
15. Dry  
16. Bright thought  
17. Kino gum  
18. Jewelry  
19. Gone under  
20. Make inactive  
22. Add  
23. Ribonucleic acid  
24. Produce a literary work  
26. A hussar's jacket  
30. Less friendly  
32. Utilize  
33. Short-tempered  
37. Adult male sheep  
38. Pueblo brick  
39. Blue-green  
40. Votes  
42. Skin layer  
43. Not late

**Down**

44. Maniac  
45. Diacritical mark  
47. Craggy peak  
48. Shopping center  
49. Careful  
56. Dogfish  
57. Cain's brother  
58. Hoarder  
59. Low-fat  
60. Solitary  
61. Ancient Greek marketplace  
62. Countercurrent  
63. Terminates  
64. Pandiculations

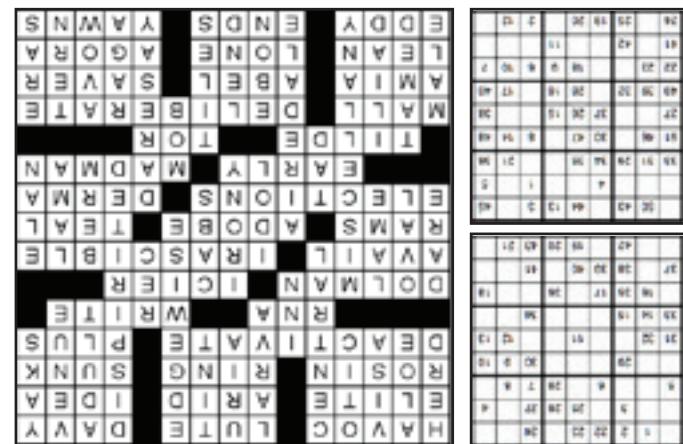
1. Iron oxide  
2. Chocolate cookie  
3. Place  
4. Generous gifts  
5. Ancient ascetic  
6. Sun  
7. 2,000 pounds  
8. Arab chieftain  
9. Be worthy of  
10. Not earlier  
11. All excited  
12. Cache  
13. Sharpened  
19. Daisylike bloom  
21. Expect and wish  
25. Harbor  
26. Black, in poetry  
27. A musical pause  
28. Adhere  
29. Coach  
30. Absurd  
31. Delivery vehicle  
34. Untidy one  
35. Small mountain

**SUDOKU**

8			1	5	3
7	4	5		1	
1	2	3			9
9	8	6	1	2	
6	9	3	7		
8	4	7		2	6
2		9	5	3	
9		5	6	7	
6	3	7			2

8		7		5
1	7	5	8	6
			4	7
	2		1	
1	8		4	6
		4	2	
	7	1		
9	8	7	1	2
5		2		8

Fill in the blank squares so that each row, each column and each 3x3 block contain all of the digits 1–9.  
If you use logic you can solve the puzzle without guesswork.

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