

WELCOME TO DETROIT "THE MOST MISERABLE CITY IN AMERICA"

~ FORBES MAGAZINE

INSIDE | Miserable Stories, About Miserable People, Living Miserable Lives... & Sudoku!

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Letter From The Editor

LES MISERABLES | The Miserable Ones

Funny, I don't feel miserable. At least I don't think so. But, after years of everyone telling Detroiters that we are, maybe it's time for me to begin - but where?

Sure, I could use a few more bucks, but I am blessed with a wonderful wife, family, and some very good friends. I see exciting and new endeavors going on all around me. I visit art museums in the city, and chat up neighborhood folks in the markets. I hit my favourite breakfast spots, and take my coffee in interesting coffee houses. I meet friends for drinks in numerous Metropolitan locations, and dine out from time to time. I have a small crew that I work out with at the gym. I watch movies, read, catch live music, maybe a game or two, and travel a little.



I laugh a lot (but never enough).

Still, I can see the point Forbes is making. Detroit's been hit hard, we have suffered from a poor economy, and decades of just plain horrible leadership on the city level. Our population and housing is down, crime is up, schools and parks are closing and, perhaps, if we are honest with ourselves, as a community we've yet to come together well enough to fix our problems. But, does that make us miserable?

Actually, I find it inspiring just how optimistic Detroiters are, despite its latest title. There are many factions that have decided to move forward regardless of city government. The greening of Detroit has been underway for some time, complete with gardens, and bike-riding organizations, for example - and, it doesn't seem they are in just for the dollar. Great music and art is being made. Food trucks, distilleries, breweries, tech companies, letter press, the list goes on, for as one classic philosopher said, "Necessity is the mother of invention."

Put another way, I offer this quote from director Carol Reed's, The Third Man (1949) ~

"Don't be so gloomy. After all it's not that awful. Like the fella says, in Italy for 30 years under the Borgias they had warfare, terror; murder, and bloodshed, but they produced Michelangelo, Leonardo da Vinci, and the Renaissance. In Switzerland they had brotherly love - they had 500 years of democracy and peace, and what did that produce? The cuckoo clock!"

~ Harry Lime [Orson Welles]


Enjoy Detroit,
Anthony Brancaleone

12th Annual

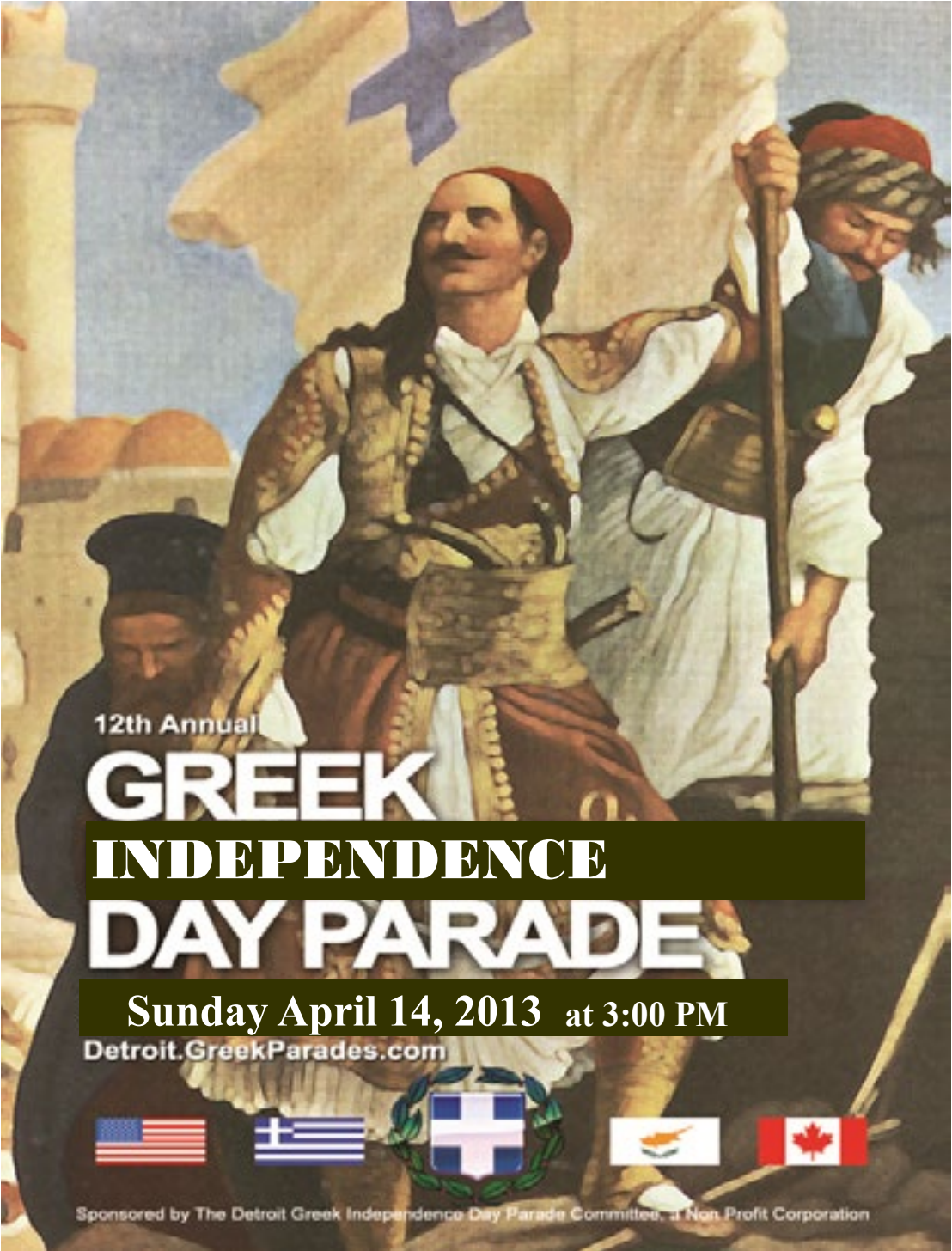
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If you enjoy reading The Metropolitan we ask that you share your copy with family and friends. In this way, The Metropolitan can be Read-cycled. We think that's a good thing. Of course, The Metropolitan also makes a fine gift-wrap, and burns well in the fireplace.



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Warning: This paper has not been proof read, and probably never will. Please, see 'Letter From The Editor', November 2010, online for more information.

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TheMetropolitanDetroit.com



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Communiqué

Delta Sky Club [cc'd in email]

Most of you are acquainted with Anthony (Tony) Brancaleone - Editor of The Metropolitan. You gotta love him - great guy! If you pick up the latest edition - 150 Things We Love About Detroit! - Read #57... Delta Skyclub, DTW...

"Sit back, relax, have a cocktail, watch some CNN, Fox News or MSNBC, pick up a magazine, read The Metropolitan or plug into the world wide web; you're in the hands of professionals dedicated to making your day a little better."

How nice is that?!

Enjoy our 15 minutes... and thank you Tony!

Nancy Harvey, Delta

Everyone's a critic ;)

Such a great February issue [150 Things We Love About Detroit] - caught some errors:

- the R in royal oak is a different typeface
- Red Wings should be two words
- Should the brackets end with "&c]" ..not sure about this one, I could be wrong
- should love be loves? not sure
- fail.And needed a space

Everyone's a critic ;)

I just have an eye for that stuff:) I'm always noticing off-centered pictures, too. It's the nerd in me. I love it! y'all gave me some excellent ideas in courting this new girl.

Great issue,
Stephen Maiseloff, Bloomfield MI

Editor's response: I appreciate your attention to detail, Stephen and hope our error did not prevent you and your 'new girl' from enjoying our suggestions.

King

"It will surely be better when I am appointed king!" [Feb 2013] Lol. I like it.

Chris Best, Ferndale

150 Things

So, apparently I haven't been anywhere in Detroit. Thanks to The Metropolitan I need to make a visit soon. Nice work [Feb 2013 Issue].

Whitney Krusniak, Grand Rapids MI

YOGA



Even in Costa Rica, while on a 30 day Yoga retreat, I needed my Metropolitan!

Colleen Badgero, Ferndale

Going Green

Checking out at the store, the young cashier suggested that I should bring my own grocery bags because plastic bags weren't good for the environment. I apologized and explained, "We didn't have this green thing back in my earlier days." The clerk responded, "That's our problem today. Your generation did not care enough to save our environment for future generations." She was right - our generation didn't have the 'green' thing in its day.

Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycled. But we didn't have the 'green' thing back in our day.

Grocery stores bagged our groceries in brown paper bags that we reused for numerous things, most memorable, besides household garbage bags, was the use of brown paper bags as book covers for our school books. This was to ensure that public property, (the books provided by the school) was not defaced by our scribbles. Then we were able to personalize our books. But we didn't do the 'green' thing back then.

We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks. But she was right. We didn't have the 'green' thing.

Back then we washed the baby's diapers, because we didn't have the throw-away kind. We dried clothes on a line, not in an energy-gobbling machine, burning up 220 volts - wind and solar dried our clothes. Kids got hand-me-downs from their brothers or sisters, not always brand-new clothing. But that young lady is right; we didn't have the green thing back in our day.

Back then we had one TV, or radio, in the house - not a TV in every room. And the TV had a small screen the size of a handkerchief, not the size of the wall. In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity. But she's right - we didn't have the 'green' thing back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull. But we didn't have the 'green' thing back then.

People took the streetcar or a bus and kids rode their bikes to school or walked instead of turning their moms into a 24-hour taxi service. We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest burger joint. But, she was right; we didn't have the 'green' thing back then.

Pamela Stromaiher, Troy

iQ & A





Recently, Forbes Magazine named Detroit “America’s Most Miserable City”, citing violent crime -1,052 crimes per 100,000 - and a 35% decline in home prices over the past three years. We looked up the word Miserable in the current Merriam-Webster dictionary and found the following entry:

mis·er·a·ble

1: being in a pitiable state of distress or unhappiness (as from want or shame) <miserable refugees> 2a: wretchedly inadequate or meager <a miserable hovel> b: causing extreme discomfort or unhappiness <a miserable situation> 3: being likely to discredit or shame <his miserable neglect of his wife>

Curious, we decided to ask our friends on FaceBook for their opinions; this is some of what they had to say ~

Victor I Royal Oak

My thoughts are it's sad and disappointing to see what Detroit has become. There seems to be more bad things in Detroit than good things. Detroit was once the best city in America. Detroit is now the worst city in America. It's a combination of things that ruined Detroit; the breaking point was the riots in the late 60s, and it seems Detroit has been in a downward spiral since then for decades. If and when Detroit makes a come back, it will have to start all over again, build factories, businesses and houses and apartments to bring people from around Michigan, and from around America, to work and live in Detroit. And, if all that were to happen some way, I don't think Detroit will ever be what it once was - the best city in America. Detroit's best days are behind it...

Laura Vandenheede

eh. Who cares? Let them think what they want to. A part of me feels rotten for them, though, because anyone who thinks this city is 'over' or miserable obviously never enjoyed a sunset over the cityscape, or drank delicious beer in a downtown pub, or cheered for the Tigers in the warm evening twilight of a summer night. For every person who chooses only to see the dark, I can find two others who appreciate Detroit's light. It is a wonderful place, this city, and it's only going to be what you make of it, as all of life is.

Nia Lynn Scott I Ypsi

Did anyone actually read the article or did you just read the title and think it's people's opinions? They measured factors onlarge urban cities such as weather, cost of living, etc. It isn't opinion based. The word "miserable" is a stretch for sure though.

Forbe’s Top 10 Most Miserable Cities – 1. Detroit 2. Flint Mi 3. Rockford Ill 4. Chicago Ill 5. Modesto Ca 6. Vallejo Ca 7. Warren MI 8. Stockton Ca 9. Lake County Ill 10. New York, NY

What Is Your Opinon Of Detroit City Council?

Cheryl Salinas-Tucker I Ferndale
seriously?

Lawrence James I Oakland University
Clowns.

David Anthony Wade I Detroit
An astute, professional, and articulate group of civic leaders.

Victor I Royal Oak
They should all be fired!



DETROIT BIKE SHARE | Is the City Ready for Community-Run Bicycle Programmes?

Bike sharing is a concept that has been around for nearly four decades. It's come a long way, though, since early iterations like Vélos Jaunes (Yellow Bikes), a concept launched in La Rochelle, France in 1974 that depended on distinctive paint color and the honour system for an operational mandate.

Several iterations later, bike sharing has evolved into a system that utilizes solar-powered bike docking stations that can be repositioned to meet real-time demand, anti-theft devices and mobile-phone payment options. Having met with great success in Paris, Montreal and Washington, DC among other cities, bike sharing has emerged as one marker of a city's inherent livability: it's convenient, healthy transportation in the urban core that mitigates air quality and traffic concerns. Beyond all that, it is fun and adds visible vibrancy to streets.

But, is Detroit capable of handling the logistics of Bike Share? That's what the Detroit Bike Share Feasibility Study, aims to discover.

The study is spearheaded by Wayne State University and funded by various entities including Quicken Loans, Next Energy, Henry Ford Health System and Blue Cross Blue Shield of Michigan. It will be released in early April and is being undertaken by nationally-recognized Alta Planning and Design - based out of Portland - in partnership with a local planning firm Living Lab.

According to Lisa Nuskowski of Wayne State's Office of Economic Development, the study's initial phase focuses primarily on feasibility. "We're looking at what factors could cause success or be a barrier for success," she says. Alta and Living Lab are focusing on developing general background information about how bike sharing works and its benefits alongside local context that will include specific barriers to success (density, wealth, etc.) that may exist here in Detroit.

The study includes public input as to where bike share stations might be located in Greater Downtown Detroit (considered Downtown, Corktown, Mexicantown, Midtown, Woodbridge New Center, North End, Eastern Market, Lafayette Park and the Riverfront).

The next phase of the study develops a system plan that posits a size and geographical extent of a first phase of bike share, including number of bikes and station locations. The inclusion of traditionally underserved communities will be discussed, as will various funding models. "It will be a broad brush stroke of what bike share could look like in Detroit, a tangible look at what this could be," says Nuskowski. "It's intended to be a conversation starter, not a final decision."

If, and only if, bike sharing continues to look like something reasonably sustainable here in Detroit, will the next step be taken: raising

the funds needed to get bike sharing off the ground. "If we do this, how do we raise the money?" asks Nuskowski. "There are a lot of questions we need to answer in order to proceed."

Doing it right can take time, but in the case of bike sharing it is pretty important. Systems do fail - Chicago's current system is being scrapped in favor of a new one; they are operationally complicated - New York's has been delayed for about a year so that backers can be convinced that they have logistics figured out *prior* to launch; and maintenance is complicated - Paris had 80 percent of its program's initial 20,600 bicycles stolen or

damaged.

But Nuskowski and her cohorts on the Detroit Bike Share Partnership are making steady progress on what hopefully will be a smartly operated, robust bike sharing system that contributes to Detroit's vitality, while making life easier on its residents, workers and visitors.

Interested in more details? Visit detroitbicycleshare.com. Original content powered by Pure Detroit, the original local culture shop & authentic Detroit apparel since '98.



FOOD | WINE | SPIRIT

With Dario Chiarini

This column was conceived to explore food and drink from around the world and right here in Detroit. It’s an exciting time to be a food and beverage consumer. Today you can find imported delicacies from numerous countries and enjoy artisan food and beverage products produced locally.

With so many options available, it was difficult to narrow the universe to just two products for the purpose of this column. For this first foray, I decided to focus on two offerings from Sicily, the island that juts out into the Mediterranean off the ‘toe’ of the Italian boot. While Sicily might seem like a world away from Detroit, there is actually a much closer link than one might think. Detroit was for a long time a sought-after destination for many Italians - especially from Southern Italy - due in large part to the automotive industry. The Italian-American community in Detroit has always had a strong Sicilian component, which is evident in many local bakeries and specialty shops.

If I asked you what you knew about Sicily, you might say nothing. However, if you’ve ever had a cannoli, then you’ve experienced one of Sicily’s many culinary gifts. Cannoli originated in Palermo, Sicily and were historically prepared as a treat during ‘Carnevale’. The dessert eventually became a year-round staple throughout Italy and as more Italians emigrated from Sicily, the reach of Cannoli expanded to the US and beyond.



Cannoli found in Italian-American bakeries are mostly adaptations of the original recipe. True Sicilian Cannoli are made with ‘Ricotta Impastata,’ one of the highest quality ricotta cheeses that is very difficult to find in the US and very expensive. While variations of the original, most of the Cannoli we enjoy today still contain ricotta cheese.

A Sicilian-inspired dessert like cannoli might seem like the ideal way to finish a meal but Sicily has another export to add to the mix. *Averna Amaro* is an Italian *digestivo*, or after-dinner drink that helps settle the stomach and aid in digestion. The story goes that centuries ago Benedictine friars in the San Spirito Abbey in Caltanissetta, Sicily created a recipe for a herbal tonic that gained notoriety for its extraordinary healing powers. In 1854, the friars offered to share the secret recipe with Salvatore Averna and shortly after, 1868 *Fratelli Averna* was founded. Made from natural ingredients, Averna is distilled from a blend of flowers, herbs, dried fruits, spices and licorice.



Averna’s traditional consumption as a *digestivo* was typically favored by an older demographic and appreciated almost exclusively by Sicilian expats. That changed in recent years when expert American bartenders discovered the versatility of Averna in mixing cocktails. Much to the shagrin of Sicilian expats and cocktail enthusiasts alike, Averna has recently landed on store shelves and cocktail menus in Metro Detroit. Whether you opt for Averna neat or mixed as a cocktail, you can’t go wrong. Here’s to a little slice of Sicily in Detroit.

Where to find.

Cannoli
Josef’s European Pastry Shop
21150 Mack Avenue
Grosse Pointe Woods, MI 48236
Tel: 313-881-5710

Cantoro Italian Market
19710 Middlebelt Road
Livonia, MI 48152
Tel: 248-478-2345

Averna
The Great Lakes Coffee Roasting Company (Midtown location)
3965 Woodward Avenue
Detroit, MI 48201
Tel: 313.831.9627

Vince & Joe’s
41790 Garfield
Clinton Township, MI 48038
Tel: 586-263-7870

Dario Chiarini writes about food, wine and spirits for the Metropolitan. He has worked with Michelin rated chefs, dined in world renowned restaurants and sampled culinary delights from Europe to Asia , and many points in between. Follow him @dariochia to learn more.

BASTONE | Royal Oak

Anthony Brancaleone

A Belgian influenced menu, featuring Award-Winning Pomme Frites (true Belgian Fries), the finest Soft Warm Pretzels - with five-cheese dipping sauce - you are ever likely to find, Moules [mussels], cheeses, meats, olives, nuts, and I have yet to leave the section reserved for Hors d’Oeuvres.



On most occasions, I stick to the Salad Nicoise (mixed greens, redskin potatoes, Nicoise olives, in a lemon vinaigrette), with rare tuna, or the Steak Salad (warm greens, fingerling potatoes, dried cranberries, crumbled blue cheese) with a nice size hanger steak cooked medium rare. But, I am a sucker for quality Fish & Chips and this lively brewpub does not disappoint. And, while I have yet to order Steak Frites I have sat across the table from those who refuse to order anything but.

Plenty of other European items on the menu but allow me to let you in on this little secret - The Two-Bite Desserts (\$1.75) are delicious, and large enough to satisfy two diners after a meal.

Bastone offers a range of craft ales and lagers, all brewed on premises by master Brewer, Rockne VanMeter. With over 70 awards to his name, the man is after everyone’s heart. May I suggest the Witface (Belgian style white ale, with orange, lemon, coriander 5.25% ABV), or the Nectar des Dieux Triple (Belgian style strong ale, light fruity notes, 9% ABV).

Have yet to experience an evening without good service in this casual chic establishment. Prefer to sit at a booth in the bar, but there are more intimate tables available.

419 South Main Street Royal Oak | 248. 544. 6250 | www.bastone.net

O’CONNER’S PUBLIC HOUSE | Rochester

Gwen Joy

Are you in the mood for an old fashioned taste buds trip? After sampling the drinks and fare at this restaurant I came to two strong conclusions. One, the atmosphere at O’Conner’s is unassuming and homey, like a cross between a [Norman] Rockwell pub and Cheers. Two, the menu is exceptional in both its traditional Irish fare and more unusual cuisine. O’Conner’s also excels at crafting high-end cocktails. I recommend the Irish sour, which is a lot like a whiskey sour but with bitters, a lemon ring and an egg white - I relished in its frothiness. I also enjoyed a traditional Irish potato dish called the veggie boxtey, the decadent chocolate lava cake, with one scoop of Guinness ice cream and one scoop of vanilla bean, and a creation consisting of mashed potatoes, with white truffle sauce, a mushroom ragu’, broccoli, celery, and asparagus. For the not-so-vegan, try the Bangers and Mash, Fish & Chips, or authentic Braizen Head Beef Brisket.



O’Conner’s celebrates the public house culture of hospitable surroundings, good food, good drinks and friendly conversation. Built by one of only five Guinness approved authentic Irish pub builders, O’Connors offers plenty of Irish whiskey and beer on tap.

324 South Main Street Rochester | 248. 608. 2537 | oconnerspublichouse.us

GRAND TRUNK PUB | Detroit

Anthony Brancaleone

This fine drinking establishment alone moves Detroit out of the Top 10 of America’s most miserable cities. But then the author who penned that Forbes article probably didn’t remove his nose from all those charts and graphs, filled with all that economic data, long enough to realize that life is comprised of more than just dollars and cents. Sure, we’d all like to be millionaires, but even if we were we’d still pop a stool inside this architectural gem, order up a round of Irish Tullamore Dew, some Detroit GhettoBlaster beer battered cod, fries, coleslaw, and spend the night tellin’ lies. If hanging out in the heart of Detroit, in a structure dating back to 1879, with 25 foot vaulted ceilings, brass chandeliers, exposed brick walls and hard wood floors - filled with history and beautiful people - doesn’t interest [Forbes] you then, perhaps, it’s best you stick to 5th Avenue, where things are less Spartan.



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who what wear

Fotoula Lambros

who :: Rachel Marie Iwanyszyn
BUSINESS :: Jag Lever
TYPE :: Lifestyle & Fashion Blogger, Online Shop owner, and Style hound.



Born and raised a Detroit girl, with an eye for style, Rachel's journey began as photography major at Columbia College, followed by a venture into social media, where her most notable presence, LookBook is still visible. After graduation, this emerging fashion starlet spread her wings across the pond. Rachel was offered a Top Shop position in London, where "things really started to take off". In 2009, Rachel upped her presence in the international fashion community with the creation of Jag Lever (pronounced YAH-LEHVER), a lifestyle and fashion blog sharing Rachel's most coveted clips of fashion, music, art and décor. She feels blogging is an important part of the tapestry that she builds her style upon. Jag Lever is a Swedish saying that means "I Live". Rachel recently moved to the big apple; Brooklyn, NY, and had been selected to attend some of the industries leading fashion shows for NYFW in February. Stay in touch with her feed, as she will surely share up and coming adventures in style on her site and online everywhere. www.jaglever.com

what :: DETROITXSW @ SXSW (MUSIC, FILM, INTERACTIVE, FASHION)
DATES :: March 8-17
TICKETS ::Varied
LOCATION ::Austin, Texas



Something major is coming, fusing many of the industries that work with or around Fashion. This event brings Detroit into the core of SXSW activities. The festival runs from March 8-17, with hundreds of bands, films, workshops, panels, and of course, RETAIL! Detroit based brands and bands FO2LA, Peace Love Spandex, Aptemal Detroit, Camilo Pardo, Flashclash, and other artists are taking their talents from the Motor City, and representing the D down South in the Lone Star State. First up is 3/13 (Detroit area code 313), and rumor mill has it that Detroit should be well represented on this particular day. The Market at Auditorium Shores will feature the latest up and coming indie bands, as well as vendors of all sorts. The streets of Austin are planned to be filled with people and things to do and see, with the most recent style savvy event announced: The Neighborhood (3/11-3/14) will take place and host one of American's leading menswear designers (and Detroit native), John Varvatos and other industry movers and shakers for this 3-day event. More info on SXSW, The Market, and workshops are on the site. www.sxsw.com

wear :: NORA
TYPE :: Gift Shop, Home Décor, Housewares
LOCATION :: 4240 Cass Avenue Detroit 48201
HOURS :: Tues-Sat 11a-7p Sun 12-5p
PHONE :: 313.831.4845



The latest craze in Midtown's retail district is Nora. A quaint gift-like shop nestled in the new Auburn development on Cass and Canfield. At a glance, the space overwhelms you with clean lines, character, and most of all, uniquely curated collections. The essence of the space is minimal, but the statement is made with the selections found in store. Nora features Scandinavian housewares, Japanese pottery, Detroit Jewelry and more. The owners share their space with many other creatives in the area, and feature occasional events pertaining to the art and design communities in metro Detroit. Nora's site is currently under development, but a trip in to see the latest is a must, as quantities are limited, which makes each purchase even more special. You can check in to Facebook to receive the latest updates from the evolving entity. www.noramodern.com

For the latest in Detroit style visit fo2la.com

BEAUTY • MARK

By Pro Makeup Artist Jeanette Frost

Product Spotlight: Eclos Plant-Based Beauty

Eclos is high-tech anti-aging skin care that stems from nature. Unique Apple Stem Cells, extracted from a rare Swiss Apple (Uttwiler Spatlauber), is clinically proven to rejuvenate skin and delay the signs of aging.

Plant-based Apple Stem Cells unite with an age-delaying blend of antioxidant vitamins and plant extracts, which awaken dormant skin cells, increase skin cell longevity, minimize wrinkles and improves firmness. Eclos products visibly reduce the appearance of wrinkles, dark spots and signs of aging. All Eclos products are formulated without parabens, sulfates, synthetic fragrances, synthetic dyes, mineral oil or petroleum.

Eclos 6-Piece Anti-Aging Starter Kit has everything you need to get you started. Consistent use of the Eclos Anti-Aging Starter Kit delivers visibly repaired and renewed skin. Clinically proven to significantly reduce wrinkles and improve skin texture in 2 weeks.

Starter Kit contains:

- Facial Cleanser Skin Prep (rejuvenate and clean)
- Skin Renewal Clay Mask (purify and tone)
- Restorative Eye Cream (fortify and correct)
- Cellular Activator Facial Serum (regenerate and rebuild)
- Instant Radiance Facial Scrub (smooth and renew)
- Moisture Therapy Regenerative Cream (hydrate and strengthen)
- Includes a headband



The Eclos skincare line really lives up to its claims. Based on my personal experience, I am impressed with the results and wowed by how affordable this line of skincare is, only \$19.99! Find Eclos products at Target, Walgreens, Rite Aid, Ulta and online at freemanbeauty.com

This month, Eclos is launching its Daily HydrPrimer SPF 30. This silky, skin-correcting primer creates a seamlessly smooth finish with its tone-balancing tint exclusively formulated with Eclos Apple Stem Cell technology, also clinically proven to significantly reduce wrinkles and improve skin texture in 2 weeks. This primer gives additional hydration while extending the life of your makeup and would be ideal for summer beach wear instead of greasy facial sun block or heavy foundation. Available at Target stores nationwide and at freemanbeauty.com



For more beauty industry tips and trends, like Jeanette on Face Book at [Jeanette Frost Modell/Makeup Artist](http://JeanetteFrostModel.com) or visit jeanettefrost.com

HOMMES

BLACK TIE [THOUGH PESKY WEDDINGS ARE UPON US]

Matt Counts

Some of you are well prepared and properly versed in all things black tie. Others may immediately begin tweeting about #wedding #swag #yolo. For those of us who have limited experience with such things as black tie weddings, benefits, or charities, here are some simple rules to follow.



A black tie event is a time-honored tradition, with rather specific dress and accompanying attitude. I would like to focus on the dress [with a nod to the following sample from the Beastie Boys, in regard to attitude: If I knew it was going to be that kind of a party I'd a put my dick in the mashed potatoes]. As all proper gentlemen know, the wardrobe should consist of an all black tuxedo with matching black bowtie [though sometimes white], and properly shined black shoes.



Now, many people will ask if it would be fine to just wear a nice suit. This is, of course, contingent on what one can afford. It is commonly frowned upon to wear anything other than black, and a rule of thumb is to "leave the necktie for Hollywood". However, in the year of our lord 2013, it has become acceptable to see one with a necktie at a black tie event. Should one be in a position to need a suit as opposed to a tuxedo, it is highly suggested the suit be uniform black, with a conservative tie. Please, leave the Garfield tie for casual Fridays at the office. A side note from the pros: Never wear both a cummerbund and a vest, it is one or the other. Also, a shirt with proper studs is suggested as well.

Finally, there is also some confusion as to what "black tie optional" means. It means it is a black tie event. Do not let the cordial wording fool you. Should one end up at a black tie event, remember to enjoy oneself and to, dare I say, embrace the practice of uniformity. In a world of individuality, where we are all beautiful on the inside, one can also prove it possible to look damn good on the outside as well.

For more ideas of how to be a man, please visit www.themetropolitandetroit.com to review past Hommes articles [formerly Gentlemen's ¼] or check out www.artofmanliness.com



N **etroit**
odel
nicole rayis

Modeling was something I always wanted to pursue. The interest first set in during the summer of 96' when, as a 7 year old, cover girl model Niki Taylor became my inspiration. Modeling has gone above all expectations. Each shoot and event has provided me a learning experience. Things don't always go as planned in the industry; there have been long days, disasters during a photo shoot, and inclement weather threatening the events – none of which have affected my love for modeling.

Having the chance to work with so many great local photographers, designers, and makeup artists has pushed me beyond what I could have imagined on my own. Each brings a different style, and I actually feel as if I have learned from all of them, whether it's minor or major, to help myself develop into a better model. The modeling world is dynamic, growing, and diverse. I am excited to continue to be a part of that exciting world as I go on with my life in the air force, and hopefully find time in new countries and places to do what I love on the side.

Photography: Jarod Lew

VINYL ANSWER

This Month We Ask Laura Klein [Found Sound] To Drop The Needle

Herb Alpert & the Tijuana Brass – Whipped Cream & Other Delights
Year Released: 1965

Whipped Cream & Other Delights is Easy Listening for those with a sense of humor. While this album mainly consists of song covers, Herb Alpert & the Tijuana Brass add their thumbprint by incorporating just the right touch of their traditional Mexican-themed sound. If you haven't already been reeled in by its iconic cover art, the particularly saucy, burlesque-style rendition of Love Potion No. 9 is reason enough to own this record. We simply can't get enough!



Billy Joel – Glass Houses
Year Released: 1980

Having received both Pop and Rock awards, Glass Houses can be enjoyed by each genre's respective followers. Regardless of where you fit into the musical spectrum, and whether you like it or not, this record guarantees physiological effects ranging from slight toe-tapping to full blown rocking out (think Tom Cruise in Risky Business). Billy Joel hit it out of the park with this album, and we are glad to give it endless spins on our turntable.



Cyndi Lauper – She's So Unusual
Year Released: 1983

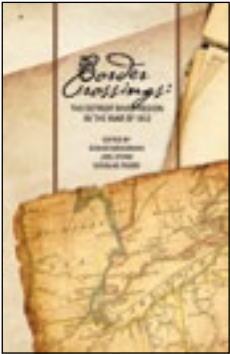
Before Lady Gaga's wild outfits, and before Hayley Williams of Paramore paraded across stages with her mane of flames, there was Cyndi Lauper. She's pop, she's punk, and she's rock and roll. Cyndi's debut album, She's So Unusual, is a timeless classic that every new generation can relate to at one point or another during the journey into adulthood. Young alternachicks and pop princesses (and princes!) looking to grow into their own musical identity definitely need to spend time with this record. Time After Time, we will never sick of She's So Unusual.



Found Sound | W. 9 Mile Rd Ferndale MI 48220 | 248.565.8775

Brunsman | Stone | Fisher

Border Crossings: The Detroit River Region in the War of 1812



This riveting 302-page essay collection, edited by Denver Brunzman, Joel Stone and Douglas Fisher, explores the changing political allegiances and sweeping human narratives that shaped the Detroit River region during the War of 1812. For more than a generation, American citizens, British subjects, French settlers, Native Americans and African slaves and freed-men routinely crossed the border while living and working together in one of the most diverse regions in North America. That tranquility ended suddenly with the War of 1812.

The result of a year long community history project by the Detroit Historical Society and Wayne State University, *Border Crossings* uncovers the personal and group interactions often ignored in standard histories of the War of 1812. As the Detroit River region shifted between American and British control, "border crossings" had profound new implications for its diverse inhabitants, including widespread privation, imprisonment, enemy attacks, and dispossession of homes and land. Ultimately, this ugly conflict produced a surprising outcome: The War of 1812 molded a region, divided between two nations, that today hosts the busiest crossing of the longest peaceful border in the world.

Available at The Museum Store at the Detroit Historical Museum For more information, call the Store at (313) 833-7911 or visit www.detroithistorical.org.

Director Malik Bendjelloul Discusses SEARCHING FOR SUGAR MAN



When I was about 20 years old I wrote a short synopsis for a fiction film about an unknown author who writes a book, gets into a car accident, goes into a coma and wakes up ten years later to discover he is one of the most famous authors in the world. Unfortunately, the script didn't work, there was no action, the guy was just in a coma, and the whole thing was pretty dull and empty. Ten years later I found out about Rodriguez and realized what a really good story looks like...

Everything and everyone involved in the story has a little story of their own. It is a great big story made of 40 smaller stories. There were many decent stories that even didn't make it into the final cut of *Searching for Sugar Man*. Like this one: One of the big mysteries in the story about Rodriguez is why he never became famous in America. Not just that he wasn't famous, but he didn't even make it onto the Billboard 200 chart. There are thousands of artists that no one remembers who still sold more than Rodriguez. His American failure was, in every respect, extreme. While at the same time, his South African fame was extreme; he was on par with the Rolling Stones, he was a household name as only a handful great artists get to become.

So how could that be?

One explanation could be the story of Sussex Records. Clarence Avant's Sussex Records started out in 1969, and the first artist they signed was Rodriguez, the first album they released was his "Cold Fact." The marketing strategy was, as usual, to promote the album with a single, and the track chosen was a blues song about the hard life of the streets, a song called "Inner City Blues." On the B-side there was a beautiful love song, "Forget It."

The single was released in 1970 and it sank like a stone, it failed to chart, it didn't get any radio airplay. Then, one day, another artist steps into Sussex Records office with his demo, an artist named Bill Withers. Sussex decides to sign him, and the marketing strategy is the same: The A-side is a blues song about the hard life in the streets, "Harlem." The B-side is a beautiful love song called "Ain't No Sunshine." The single is released in 1971 and it faces the same reception as "Inner City Blues" - It doesn't get played on the radio, it doesn't sell. Then one day a radio DJ plays the B-side by accident.

In 1972 "Ain't No Sunshine" wins the Grammy for best R&B song, and Bill Withers is today in the songwriters' hall of fame.

Maybe it was just a flip of a coin, one artist is lucky, one artist is not, one man's life changes forever; the other man's doesn't. Until 40 years later....

www.sonyclassics.com/searchingforsugarman



JOYRIDE

w/ gwen joy

March is an amusing month; one made for enjoying cozy comforts and stepping out a bit in anticipation of spring. There are plenty of unique and provocative events to enjoy this month.

Hell As A Room | a solo show by Justin Aerni at Funhouse Gallery 1600 Clay Avenue Building 2 Detroit | March 2nd 7pm - 11 pm on view until March 31st | funhousedetroit.com

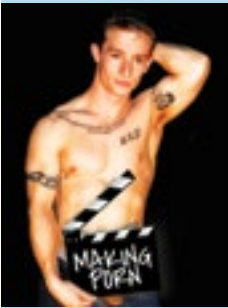


This is bound to be a memorable event. Justin's art is primitive and twisted. He is uber prolific. He is an art star of ebay. Expect to be dazzled by his gritty nightmarish view of human nature. The first 100 guests will receive a signed print by Justin. Musical guests include The Mike Hard Show, Knives are Quiet, and Justin Walker's psychedelic project Isles of Esp. The artwork of Matt Paw will be shown in the sideshow gallery.

Detroit St. Patrick's Parade | The **55th** Detroit St. Patrick's Parade, sponsored by the **United Irish Societies** (UIS), will be held on **Sunday, March 10, 2013!** It will start at 2:00 pm on Michigan Avenue and 6th Street, continuing down to 14th Street.



Making Porn | The Ringwald Theatre thru March 18th | 22742 Woodward Ave Ferndale | 248.545.5545 | www.theringwald.com/current



Making Porn is set in San Francisco in the early 80's and centers around six people in the gay porn industry. Complications arise and things get messy in work and real life. Expect to be entertained, amused, and to learn about the dicier side of the entertainment biz. This play is definitely for a mature crowd due to nudity.

The Fountain Bistro | 800 Woodward Ave Detroit | (313) 237-7778 | fountainbistro.com



The Fountain Bistro is in the heart of downtown Detroit. You can watch folks ice skate and enjoy the varied cosmopolitan scenery this setting affords. Chef Robert Boekema is adventurous and handles meat with the greatest care and precision. My dining companion was delighted with his seared duck breast set atop wild rice and accented with pomegranate and pear glaze. He also rated the apple bacon cheesecake "a 10!", and he is not into cheesecake at all typically. Appetizers included the iconic French onion soup, seared ahi tuna salad, a warm goat cheese salad, the delightful house cocktail named the fountain fizz, and a bottle of Tinto Carezza wine, which was dry and light. My main course was a vegetable medley accented by an orange glaze. The visit ended on a rich and decadent note; the sampling of many of the nineteen top notch and distinctive hot chocolate drinks. I recommend the Cafe del Capitano, which is a blend of coco, rum, butterscotch, whipped cream and cinnamon. In the spring and summer top grade gelatos are also featured at the bistro.

Find artist Gwen Joy at www.gwenjoy.com

DETROIT URBAN LEGEND

The Nain Rouge

French for "red dwarf" or "red gnome", the Nain Rouge is a mythical creature that originated in Normandy, France, as a type of lutin. In the United States, it haunts Detroit, Michigan, and is feared by its residents as "the harbinger of doom. Its appearance is said to presage terrible events for the city. The Nain Rouge appears as a small childlike creature with red or black fur boots. It is also said to have "blazing red eyes and rotten teeth." (Skinner 1896).

The creature is said to have attacked the first white settler of Detroit in 1701, Antoine de la Mothe Cadillac who, soon after, lost his fortune. The creature is also said to have appeared on July 30, 1763 before the Battle of Bloody Run, where Native Americans from Chief Pontiac's tribe killed fifty-eight British troops. The small tributary of the Detroit River, which still flows through what is now Elmwood Cemetery, turned red with blood for days after the battle. It is said the Nain Rouge was seen dancing on the banks of the Detroit River.

Multiple sightings occurred in the days before the 1805 fire, which destroyed most of Detroit. General William Hull reported a "dwarf attack" in the fog just before his surrender of Detroit in the War of 1812. A woman claimed to have been attacked in 1884, and described the creature as resembling, "a baboon with a horned head...brilliant restless eyes, and a devilish leer on its face."

Other sightings include the day before the 12th Street Riot in 1967, and in 1971 independent Detroit filmmaker, Tom Brank claims to have caught the Nain Rouge on 16mm black and white film, while he was shooting footage for his award winning short, Citizens, which later screened at the '72 Cannes Film Festival. The footage of the Nain Rouge was lost, however, after four men claiming to represent the Mayor's office entered Brank's Grand Boulevard studio (Cinema 1976), and confiscated it in the name of "Detroit security."

According to an article in the *Michigan Believer*, two admittedly drunken nightclub patrons spotted the Nain Rouge in the autumn of 1996. Both heard a strange "cawing sound, similar to a crow," coming from a "small hunched-over man" who was fleeing the scene of a car burglary. The creature was described as wearing "what looked like a really nasty torn fur coat."

Detroit Beer Co., a brewpub in downtown Detroit, has as its signature brew a "Detroit Dwarf" lager, named in honor of the Nain Rouge, and in 2010 a community-based movement began the tradition of a costumed parade in the Midtown/Cass Corridor neighborhood.

Called the Marche Du Nain Rouge, the event is a revival of an early tradition in the legend of the Nain Rouge. At the conclusion of the parade, an effigy of the imp is destroyed, thus banishing the evil spirit from the city for another year.

Parade participants and spectators wear costumes so that when the Nain Rouge next returns, he will not recognize the persons who once again ousted him from the city limits, and thus will not be able to seek personal vengeance.

"The idea with the Marche was to tap into Detroit's rich history and use the Nain Rouge story as a way for Detroiters to come together in common purpose," said Francis Grunow, co-creator of the Marche. "Of course it's supposed to be silly and fun, but it's also supposed to be positive and meaningful."

The Marched du Nain Rouge returns to banish the Red Dwarf on Sunday, March 24, beginning at 1pm and running until 7pm. Over 2,000 revelers are expected to gather in the Cass Corridor, donning costumes and partaking in adult libations.

Pre -event, the Traffic Jam & Snug will host a crawfish boil, and City Bird will host a costume making party, with several Midtown bars offering specialty drinks, such as the Bronx Bar's infamous Bloody Mary.

Opening Ceremonies are held in the Traffic Jam Parking Lot, where community created chariots will carry the revelers along North Cass Corridor, and then south down Cass Avenue. The Detroit Party Marching band leads the procession that will conclude on Temple Street, where Detroiters will banish the Nain Rouge and rid the city of its woes.

An ad hoc organization calling itself The Friends of the Nain Rouge protest the banishment parade, arguing that the Nain Rouge is not to blame for the city's ills, and that considering Detroit's population loss, no one should be banished from the city, particularly those who have been there the longest.

Source: Detroiters | For info marchedunainrouge.com

Van Gogh's Bedroom in Arles on loan from Musée d'Orsay

At the DIA Through May 28, 2013

Van Gogh produced three almost identical paintings on the theme of his bedroom. The first, in the Van Gogh Museum in Amsterdam, was created in October 1888. It was damaged during a flood that occurred while the painter was in the hospital in Arles. Almost a year later, Van Gogh made two copies of it: one, the same size, is now in the Art Institute of Chicago; the other, in the Musée d'Orsay in Paris, produced for his family in Holland, is smaller.

In a letter to his brother Theo, Vincent explained what inspired him to paint such a picture: he wanted to express the tranquility and simplicity of his bedroom using the symbolism of colors. He wrote: "the pale, lilac walls, the uneven, faded red of the floor; the chrome-yellow chairs and bed, the pillows and sheet in very pale lime green, the blood-red blanket, the orange-colored wash stand, the blue wash basin, and the green window...I wanted to express absolute repose with these different colors."

Van Gogh's Bedroom at Arles will anchor three of the DIA's Van Gogh paintings: *The Diggers*, an interpretation of a painting by Jean-François Millet (*The Diggers*) that appears to have been painted at the same time as this version of *Van Gogh's Bedroom in Arles*. He was then at the asylum of Saint Remy de Provence and was making copies of works by other artists and re-evaluating his own work; *The Portrait of the Postman Roulin*, painted in Van Gogh's house at Arles; and *Self-Portrait*, painted just before he moved to Arles to become a "peasant painter" and found a community of artists.

5200 Woodward Avenue Detroit, Michigan 48202 | 313.833.7900 | www.dia.org



Van Gogh's *Bedroom in Arles*, Vincent van Gogh, 1889, oil on canvas. Photo: Hervé Lewandowski. Photo Credit: © RMN-Grand Palais / Art Resource, NY

Rediscovering Hemingway's Paris

Ashley Fleckenstein

Let's face it- Hemingway's Paris of the 1920s is long-gone. The franc is no longer, and the brasseries and cafés where Hemingway and his writer friends once dined are now touristy and overpriced.

As a native Michigander, I had always been interested in Hemingway's life, one that possessed a deep connection to the wilds of Michigan. While he was born in Oak Park, Illinois, Hemingway spent his childhood summers on the shores of Walloon Lake, hunting, fishing and camping with his father.

And as an aspiring writer, who like Hemingway moved to Paris at the age of 22, I have often wondered where Hemingway would frequent if he lived in the city today. Given their meager writers' budgets, Hemingway and his writer friends preferred casual and inexpensive locales. And as his many biographies recount, Hemingway was always one to seek out a full bar.

Le Temps de Cerises



Le Temps de Cerises is a delightful little bistro located in Paris' trendy Jewish neighborhood, Le Marais. Walking in past the sweet

yellow mosaic exterior and germanium window-boxes you will feel you have stepped back in time to prewar Paris. And despite being located in a trendy neighborhood, you will find no kind of fusion on the menu; the menu consists of hearty, workingman's bistro dishes at very reasonable prices.

31 rue de la Cerisaie, 4th, Tel. 01-42-72-08-63. Métro: Saint Paul. Open daily 8am-2am. Lunch menu 13 Euros, Sunday brunch 22 Euros, Average dinner a la carte 30 Euros.



Les Piétons

It's no secret that Hemingway fostered a lifelong fascination for Spain; his first and oft-considered best novel, *The Sun Also Rises*, took place in Pamplona and recounted the thrill of the corrida which Hemingway experienced first-hand. From the tables covered in blue Spanish tile to the *croquetas de jamón* on served in terracotta, Los Piétons serves up Paris' most authentic tapas. Come here for the homemade sangria and *tortilla de patatas*.

La Rhumerie

Paris is not just the city of *pernod* - for more exotic liquors head over to La Rhumerie, a bar and restaurants that specializes in all drinks rum. Located in the now upscale left-bank neighborhood, Saint-Germain-de-Pres, where Hemingway first made his home in Paris, La Rhumerie also makes a mean mojito, Hemingway's favorite cocktail.

Coffee Parisien

Coffee Parisien, an unassuming coffee shop and diner, has been an American hang-out in Paris since 1990; expats flock here for American classics like BLTs, burgers and eggs Benedict. Coffee Parisien stays open until midnight and stocks a full bar, just as Hemingway would have wanted.

Ashley Fleckenstein is a Michigan-born food and travel writer who is currently living in Paris. She is quite partial to late dinners, street art and baguettes. Read about her Paris adventures on her blog, [AshleyAbroad.com](#).



DTW

Whether you're planning to travel for work or play, there isn't a one size fits all solution in choosing a toiletry bag. Here are 6 toiletry bags that fit every traveler's needs without sacrificing space or your beauty routine.



First Class Flyer:
The roomy **F1 Jumbo Window Seat Bag** is for the traveler who doesn't stray far from their beauty regimen and is large enough for full sized bottles and hair styling appliances.



Modern Nomad:
Its shape might be stolen from the guys, but **See Design's** pretty patterns are anything but masculine. Made from cotton canvas with a waterproof lining, this case will tote makeup or toiletries with ease.



Day-Tripper:
The no-fuss leather pouch by **Beagu** not only holds all the essentials for a short stay, it's chic enough to double as a clutch.



In Vogue Voyager:
The roomy **F1 Stewardess Toiletry Bag** inspired by the retro airline hostess, has a rigid enough shape to stand up on the bathroom counter but soft enough to fit into the last free space in your suitcase.



Globetrotter:
F1 Spacepak Hanging Toiletry Bag packs small, but once at your destination unfolds and hangs for easy access, keeping your toiletries organized and your hotel room neat.



Urban Trekker:
The **Herschel Token Wash Bag** is the epitome of mens grooming efficiency. This handsome case has a classic shape with ample space for toiletries and shaving accessories.

flight001.com

TSA Releases Clarification on the recent Screening of 3-Year-Old Girl at Lambert-St. Louis International Airport

An incident involving a girl in her wheelchair has been getting a lot of attention. I've been reading a lot of articles, tweets, and posts about this and I feel some clarification is needed. First off, we regret that this happened and TSA has apologized directly to the family for their inconvenience at the airport.

What we did:

Our officer did initially mention a pat-down. We admit this was confusing, and contributed to a stressful situation. Very quickly, a manager was able to step in and give guidance. Also, our officer told the passenger that it was illegal to film at the checkpoint. This is not the case, and you can take a look at our film policy by visiting the [tsa.gov](#) website.

TSA's Federal Security Director at Lambert-St. Louis International Airport (STL) reached out to personally apologize for the incident. He also offered to assist the family the next time they traveled through the airport.

What we didn't do:

The child did not receive a pat-down. Again, you can read our new procedures for children 12 and under by visiting [tsa.gov](#). Neither the child nor the parent was detained. TSA does not have the authority to detain passengers. Only Law Enforcement Officers can detain passengers.

The child's stuffed animal was not confiscated. It was screened and handed back to the child after being screened. All accessible property is screened prior to traveling to your departure gate. Incidents like this can trigger a lot of emotions, but please keep the TSA's mission in mind. We are committed to maintaining the security of the traveling public. This will be addressed with our workforce so we can continue to treat all passengers with the dignity and respect they deserve.

We continue to receive overwhelmingly positive reports about our TSA Cares Help Line and strongly suggest that passengers with disabilities and medical conditions call this number if they have questions or are concerned about their upcoming travel through a TSA checkpoint.

TSA Cares is a helpline to assist travelers with disabilities and medical conditions. TSA recommends that passengers call 72 hours ahead of travel to for information about what to expect during screening.

Travelers may call TSA Cares toll free at 1-855-787-2227 prior to traveling with questions about screening policies, procedures and what to expect at the security checkpoint. TSA Cares will serve as an additional, dedicated resource specifically for passengers with disabilities, medical conditions or other circumstances or their loved ones who want to prepare for the screening process prior to flying.

The hours of operation for the TSA Cares helpline are Monday through Friday 8 a.m. – 11 p.m. EST and weekends and Holidays 9 a.m. – 8 p.m. EST. Travelers who are deaf or hard of hearing can use a relay service to contact TSA Cares or can e-mail [TSA-ContactCenter@dhs.gov](#).

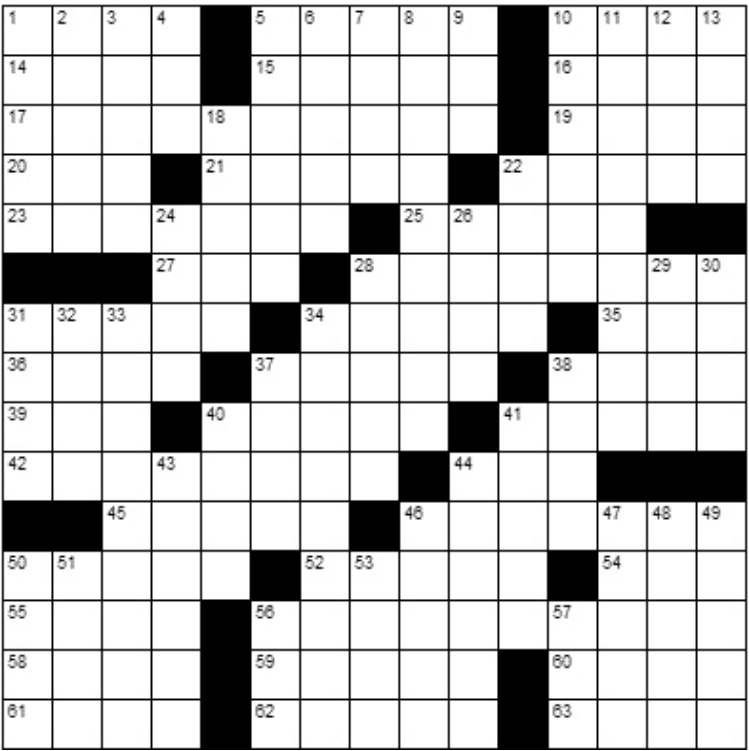
When a passenger with a disability or medical condition calls TSA Cares, a representative will provide assistance, either with information about screening that is relevant to the passenger's specific disability or medical condition, or the passenger may be referred to disability experts at TSA.

TSA recommends that passengers call approximately 72 hours ahead of travel so that TSA Cares has the opportunity to coordinate checkpoint support with a TSA Customer Service Manager located at the airport when necessary.

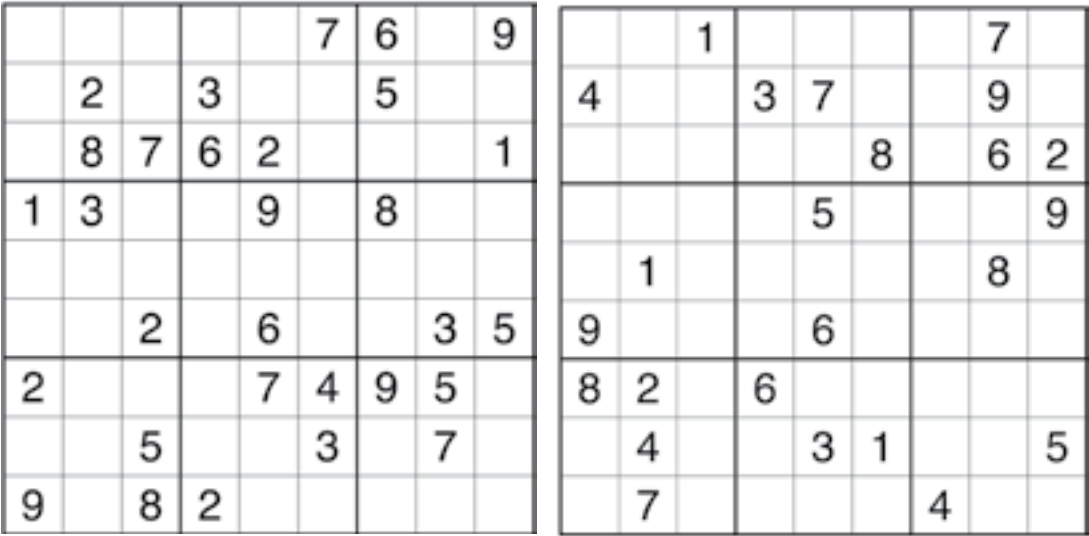
Bob Burns , TSA Blog Team

CROSSWORD

- ACROSS**
1. Guy
5. A dish of tomatoes and greens
10. Docile
14. Cain's brother
15. High society
16. By mouth
17. Candy
19. Nile bird
20. Possesses
21. Waste pipe
22. Without company
23. Artist's workroom
25. Fruity-smelling compound
27. ____ober
28. Powerless
31. A garment
34. Someone unpleasantly strange
35. Plaything
36. A division of a hospital
37. Leaf
38. Darkness
39. "Eureka!"
40. Spook
41. French of "Woman"
42. Genesis
44. Snagged
45. Welsh dog
46. Family of a monarch
50. Not first or second
52. Mountain crest
54. Genus of macaws
55. Steals
56. Powered by electricity
58. Small island
59. Gladden
60. Strip of wood
61. Encounter
62. Man-made fiber
63. Weight loss plan
- DOWN**
1. Russian country house
2. Submarine
3. Compacted
4. Santa's helper
5. Hush-hush
6. Communion table
7. 53 in Roman numerals
8. Amends
9. Lair
10. Commode
11. Botanical garden
12. Principal
13. If not 18. Decree
22. At the peak of
24. A titled peer of the realm
26. Hurried
28. Sarcasm
29. Standard
30. Kid
31. An aquatic bird
32. Laugh
33. Short-tempered
34. Importantly
37. Canine tooth
38. Anagram of "Meat"
40. Group of cattle
41. Vestibule
43. Girdle
44. Obtained
46. Odd-numbered page
47. Hawaiian veranda
48. Hackneyed
49. Luxury boat
50. Snip
51. A flexible pipe
53. Genuine
56. Poetic dusk
57. Not young

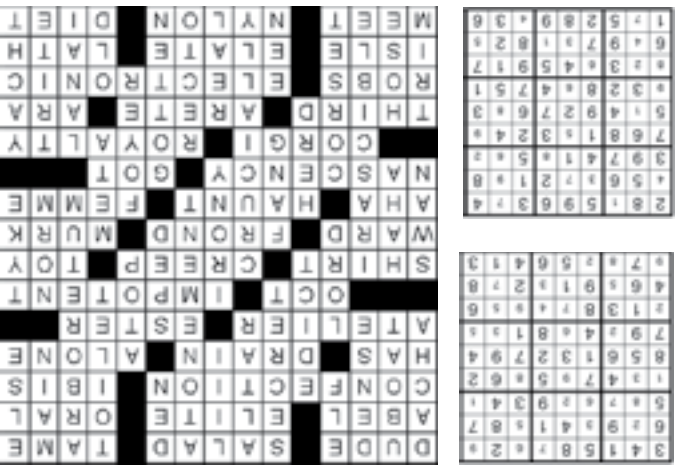


SUDOKU



Sudoku Instructions: Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9. If you use logic you can solve the puzzle without guesswork.

ANSWERS



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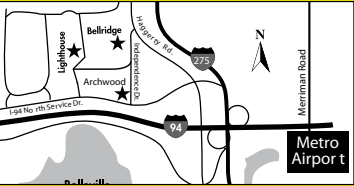
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94 Points, *Anthony Dias Blue*, The Tasting Panel Magazine



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