

JANUARY 2014 | VOL 05 NO. 4

# THE METROPOLITAN

dÉtroit

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### Letter from the Editor

A young Polar Bear found himself awake at night unable to sleep. He tossed and turned until he finally called out for his mother. "What seems to be the matter," his mother said, as she entered the young Polar Bear's den.



"Momma?" the young bear said. "Are you sure we are Polar Bears?"

"Why, of course, we are Polar Bears," replied his mother. "What would ever make you ask such a thing?"

"All of us are Polar Bears?" the young Polar Bear asked. "You are a Polar Bear, and dad is a Polar Bear, and my brother and sister are Polar Bears?"

"Yes, of course, we are," replied his mother.

"One hundred percent?" the young Polar Bear asked.

"One hundred percent," replied his mother. " You are a polar Bear, daddy is a Polar Bear, your brother and your sister are Polar Bears."

The young Polar Bear sat still, his eyes gazing off into the distance. "What is the matter, honey?" his mother said. "What is bothering you?" Just then the young Polar Bear's father entered the den. "Hey sport, time to hit the sack," said father Polar Bear.

"Dad, can I ask you a question?" said young Polar Bear. "Of course you can," replied father. The young Polar Bear took a deep breath, then exhaled."Am I a Polar Bear?" Mother and father Polar Bear looked at one another, a look of concern on mother Polar Bear's face.

"Why would you ask such a thing?" father Polar Bear replied. "Just tell me," young Polar Bear said. "Of course, you are a Polar Bear," said father. "And, you are a Polar Bear, dad?" asked the son. "Yes," replied father. "And, mother is a Polar Bear?" asked the son. "Yes, your mother is a Polar Bear," replied the father. "And, my brother and sister? Are they both polar bears?" asked the little one. "Yes son," replied father Polar Bear. "You are a Polar Bear, your mother is a Polar Bear, your brother and sister are Polar bears, and I am a Polar Bear."

"What about grandma and grandpa?" asked little Polar. " Are they both Polar Bears as well?"

"All right, son, that will be enough. You're beginning to worry your mother," said father Polar Bear. "We are all Polar Bears, including grandma and grandpa. "Both sides?" asked little Polar Bear. "Both sides," replied father Polar Bear. "Now, are you going to tell me what's wrong?"

The young Polar Bear hung his head and stared blankly into the snow. He wiggled his nose, and raised his eyebrows, then looked into the eyes of his loving parents. "It's just that . . . I'm so cold."

*Happy January in Michigan,*

Anthony Brancaleone



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[fo2la.com](http://fo2la.com)

# THE METROPOLITAN

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If you enjoy reading The Metropolitan we ask that you share your copy with family and friends. In this way, The Metropolitan can be Read-cycled. We think that's a good thing. Of course, The Metropolitan also makes a fine gift-wrap, and burns well in the fireplace.



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Warning: This paper has not been proof read, and probably never will. Please, see 'Letter From The Editor', November 2010, online for more information.

ARCHIVES  
[TheMetDet.com](http://TheMetDet.com)



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## COMMUNIQUÉ

### Does The Metropolitan offer subscriptions?

I first picked up a copy at Slow's Barbecue in March 2013 with the eye-catching headline that read something like "...the worst city in the US." I had never heard of your publication before then. I live in Toledo, but frequent the Detroit area on average once or twice per/month for its diverse population, food, entertainment, history, art and architecture.

I download issues to read online. Although I'm a believer in saving paper, sometimes it's easier to pick up a paper copy of anything to read at my leisure rather than having to look at a screen. Plus, I sometimes forget about the Metropolitan then find myself having to catch up and read back issues.

Lisa Marinelli  
Toledo, Ohio

*Editor's Reply: Unfortunately, we still do not offer subscriptions for The Metropolitan. Hopefully, your thirst for our publication will prompt you to make more trips to our city.*

### Great Photos (November 2013)

Picked up a copy of The Met at the airport and was immediately drawn to the cover, where a model stands in the streets of Detroit beneath the title Carpe d'Etroit (very clever). Inside, she is seen in various locations of the city, a city that looks interesting and, at times, even beautiful. I went to two locations featured in that spot: 1. Fountain Bistro 2. 1515 Broadway Coffeeshop and had a great time at both. Would never have found them if not for your paper. Keep up the good work Metropolitan.

Brad Zimmerman  
Los Angeles

### McNamara Terminal

Thanks for the link to the story about the McNamara Terminal in THE METROPOLITAN - it's a terrific look back! I love how Joe Neussendorfer wove in some of the original description of the terminal's design and its main features. Nicely done!

Best regards,  
Sandra Knight, APR  
Associate, Corporate Director of Public Relations

### Hi Anthony,

I was introduced to The Metropolitan by your dad, whom I met while dining at Funistrada in Glen Arbor! Thoroughly enjoyed your publication as well as getting to know your interesting family! A great read!

Jenifer Murray  
Glen Arbor, MI

## ON THE COVER

In honor of Ford's 50 year anniversary of the Mustang, Detroit artist and designer, Camilo Pardo offered The Metropolitan his painting of a '69 Mustang GT500 for our January cover.

[Camilopardo.com](http://Camilopardo.com)

### One Thing Leads To Another

I met your brother while having a cocktail at Valentines. I learned about Valentines by reading an article in The Metropolitan that I picked up at the Detroit airport. Good paper!

Julio Benitez  
*Garr Tool - Sent from my iPhone*

### Flight Delay

Discovered The Metropolitan while delayed at DTW. The articles kept me occupied and I actually learned something about a city that isn't known for much these days. The history of McNamara was interesting, and I enjoyed the old school stories about Christmas in Detroit. Will have to venture out into the city the next time I am in town. I'll keep an eye out for The Metropolitan.

Alex Jeffries  
Atlanta

### Deliver To My Building Downtown?

I picked it up The Metropolitan at the Roasting Plant. I have only read one issue, but I loved it. Would love it if more of the advertising was Detroit based, but I know how that goes. I am really looking for a publication that focuses on the city and all it has to offer, connections between new entrepreneurs and their potential legions of fans. Musicians looking for like minded etc. I thought The Metropolitan had that rebel attitude that was befitting of Detroit. I live at 1300 and in our basement lobby we get the metro times, real detroit etc. how about The Metropolitan? I would love to pick up your paper on a weekly basis. I will talk to the management for you to find out what you need to do and I will get back to you on how The Metropolitan can find a place at 1300.

Thanks  
Sue Sulewski  
Detroit

*Editor's Reply: That is very good of you, Sue. Thank you for taking the time to email. Until The Metropolitan is inside your building I hope you will continue to look for it at The Roasting Plant, Detroit.*

### Detroit Lions

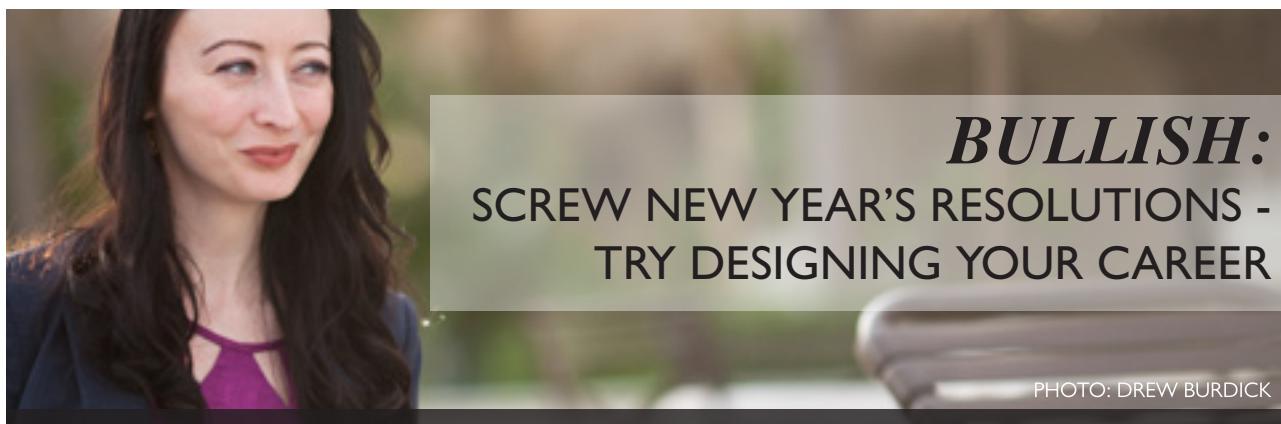
Dear editor: Will the Lions ever win a Superbowl?

Curious from Detroit

*Editor's Reply  
Dear Curious: "Ever" is a very long time*



Send emails, comments and suggestions to [anthony@themetdet.com](mailto:anthony@themetdet.com)



## BULLISH: SCREW NEW YEAR'S RESOLUTIONS - TRY DESIGNING YOUR CAREER

PHOTO: DREW BURDICK

Rather than making resolutions – or worrying about the ones you've already broken – I suggest designing your career (and life) for the New Year. Designing your near future is a bit like loading a dishwasher – there's never any room for the big stuff unless you put the big stuff in first.

What would a well-designed life look like to you? Allow yourself to think about things you would do with twice as much money and twice as much freedom. You might be surprised how many of the big things can be worked around. Here's an example:

**NO SCREENS** two days a week. I do not want to even see a computer or iPhone. I want to look at our nation's waterways and architecture, and at cappuccinos and books and naked men.

**NO SUBWAY two days a week.** As a New Yorker, you can start to feel a bit like a rat.

**Exercise three days per week.**

**Only work for clients that are respectful and pay on time.**

**Dedicate serious time to starting companies.**

**Oh, and make 25% more money.**

If you'd like to take the challenge and design your career for the upcoming year, here are some suggestions.

### Actually schedule things on a calendar

Print out pages from your calendar software so you can scribble on them. There's a reason I'm not suggesting an app for that – staring at a blank calendar page and then writing "exercise" or "creative writing class" or "study for the GRE" or "make a weeks' worth of healthy meals" on it twelve times is an excellent way to gauge your real feelings about these things (and thus help

to define what you most value).

Never vow to just do "more" of something; at least sketch it on the page, and you'll see what has to go, or how much of your valuable lifeblood it'll really cost you. Then you can make decisions deliberately. If you don't really want a six-pack enough to put in the effort, let it go without guilt. It's just not part of the life you're designing.

### If you're an employee, spin your suggestions and ask WAY in advance.

Obviously, you have much less freedom to design your career within an office. But in general, it is much easier to get the things you want if you ask way, way in advance. For instance, "I have realized that I would work better if I came in an hour earlier every morning and then took a longer break in the middle of the day, so I can come back from the gym with more energy and keep up peak productivity until 6."

### Are big changes warranted?

If it seems that the things you want will never be compatible with your 9-to-5, at least a session of serious advance planning will make that clear. Why just drag along from day to day, lamenting what you don't have, when you could outright declare your current situation unacceptable, and plan from there?

New Years resolutions are fine, but designing a better career is more sustainable, more powerful, and the way to make sure another year doesn't just "happen" to you.

Jennifer Dziura runs GetBullish.com, which provides "aggressive lady-advice" for young and ambitious women. Adapted from material originally published on The Gloss.

## JANUARY EVENTS

### 14 Jan. | MI Women's Foundation Angel Microloan Orientation

The Angel Microloan Fund is a microloan fund for women entrepreneurs who would like to obtain financing to start or grow a business in Michigan. Loans from \$2,500 to \$35,000 for both new and existing women owned businesses. TECHTOWN | 440 Burroughs Detroit | [www.miwf.org](http://www.miwf.org)

### 15-16 Jan. | NAIAS Industry Preview

Connect with automotive professionals representing almost 2,000 companies and share insights with over 28,000 of your peers. COBO Center | \$95 per person | 248.283.5169

### 17 Jan. | NAIAS Charity Preview

Proceeds directly benefit a wide range of children's charities. Funds raised will support services for children of all ages from birth to 18. Grand Riverview Ballroom | \$350 per person | 888.838.7500

### 18-26 Jan. | NAIAS Public Show

See more than 500 vehicles on display, representing the most innovative designs in the world and experience North America's largest and most prestigious automotive showcase. COBO Center | Sat, Jan 18 – Sat Jan 25 2014 | 9am – 10pm | Sun Jan 26 9am – 7pm | Adults \$13, seniors & children \$7 | 248.283.5173 | [naias.com](http://naias.com)

### 21 Jan. | Executive to Executive Series #2: Status of Healthcare Reform in Michigan

Executive to Executive is a series of affordable presentations featuring prominent leaders who are making a difference in the social sector. (\$100) Lawrence Tech University - Science Building Auditorium (\$100) 21000 West Ten Mile Rd. Southfield | 1-800-CALL-LTU or (248) 204-3095

### 22 Jan. | SharePoint User Adoption Breakfast Seminar

Microsoft Technology Center 1000 Town Center 19th Floor Southfield, MI 48075 Wednesday, January 22, 2014 from 8:00 AM to 10:00 AM (EST)



## MOT APPOINTS NEW CEO

By Michael H. Margolin

Effective now, Wayne S. Brown is the new president and CEO of Michigan Opera Theatre (MOT), a position previously held by founder David DiChiera who, after 43 years as the head of the opera company, stepped down as general manager to dedicate his talents to the role of artistic director, where he will plan, cast, and oversee productions of the Detroit Opera House without the administration concerns that has demanded so much of his time.

"I planned to do this at forty years, but I was detained by the economic meltdown," said DiChiera, who stayed in his dual position to help restore stability to the company by restructuring debt in the building of the Opera Parking Garage. "We wouldn't want to bring someone in without them knowing if the company would even exist."

Brown transitions to Detroit from the National Endowment for the Arts, the powerful federal

agency that oversees the spending of tax dollars for arts programming across the country, for which he has served as director of music and opera since 1997.

Brown, 64, has a warm, outgoing personality, and in his gray suit and tie conveys the image of businessman, albeit with one foot firmly in the arts.

"I am here to see the level of support for MOT enhanced, not maintained," Brown said. "Dr. DiChiera has been a wunderkind of fund raising – walking into a room with a crinkly smile and a warm hand, he can make frozen assets turn to hot cash, and he'll be a part of our fund development and outreach: a team, collaborative."

Brown grew up in the Russell Woods area of Detroit, a then-fashionable inner city "suburb" with large, respectable brick houses, Tudors and contemporary homes in Detroit's Northwest side. He went to Winterhalter Elementary, and it was there that Brown had his first experiences that led to a career in the arts.

"When I was in the fourth grade, we went on a field trip to the Edsel Ford Auditorium to hear the Detroit Symphony Orchestra," Brown recalled, an experience he described as a "wow moment" and the foundation for his interest in studying an instrument.

"My first vocal teacher at Winterhalter introduced me to the violin," Brown said. But, later, at Tappan Middle School, his attention turned to the cello when he wanted to get to know "a young lady cellist."

Claire Weimer was choral director at Eastern High School and she introduced Brown to Kemper Harrel, who taught the cello, and he,

in turn, brought Brown to the Brazeal Dennard Chorale, the famous Detroit based organization that promotes spiritual music of African-Americans.

"I had a supportive, nurturing environment in Detroit...Detroit was rich in experiences," Brown said. "I was one of the leading newspaper carriers in 1963 at The Detroit News and I earned a trip to Washington. I met President Kennedy two weeks before the (assassination)."

After graduating MacKenzie high school, Brown attended the University of Michigan as a vocal major. "I am a lyric baritone," Brown says, but he also minored in business.

"I have always been interested in the business side of the arts, something about making 'it happen,'" Brown says. At U of M, Brown also met a piano student from North Carolina, Brenda Kee, who would later become his wife.

After graduation, Brown went to work for the DSO and helped to establish the annual Classical Roots Concerts, which brought awareness to ethnic musicians and African-American composers. On his journey to NEA, Brown worked for orchestras in Springfield, Massachusetts and Louisville, Kentucky, where he developed Classical Roots programming.

Forty years ago there was an unacknowledged barrier in opera - black male singers were not cast opposite white divas. DiChiera openly sought and presented black female singers during his tenure at MOT. In recent years we have seen young tenors such as Noah Stewart singing opposite white sopranos. DiChiera has been a radical in pushing the envelope: MOT has presented some fine singers, from the first Rosina ("The Barber of Seville"), to Detroiter Maria Ewing, to Latonia Moore, last season's

Aida, to Denyce Graves, the heroine of the world premiere, "Margaret Garner."

Brown comes to MOT one of the first African-Americans to head a major American company, though that is not something he has sought. "There is some discrimination in some companies," Brown says, but he is more interested in the disconnect between the majority population of Detroit and MOT.

"How do you engage that population in participating not only because a person of color is performing?" Brown asks. The greater challenge that Brown has set for himself is raising MOT's already high racial bar in encouraging community collaborations. "More meaningful engagement within the community" is Brown's goal. "I have clear ideas about taking opera outside of the opera house to complement, not replace, the work on the main stage."

When DiChiera was an Oakland University music professor he established a small touring company that travelled to communities with reduced productions of works to be seen at the Masonic Temple. From there he was able to develop MOT when The Met stopped touring, and at the same time bring the Music Hall back from post-Cinerama disuse.

Brown, it would appear, is someone who follows in DiChiera's footsteps and shares similar values. "When I left some 40 years ago opera was an emerging entity in Detroit," Brown said. "I am honored to have the responsibility and excited to get to work."

To find out what's happening in professional theaters throughout Metro Detroit and elsewhere in Michigan, log on to [www.encoremichigan.com](http://www.encoremichigan.com) for free, up-to-the-minute news, reviews and ticket information!

## Tour d'Etroit

With travelers visiting the North American International Auto Show (NAIAS) this month it's a good bet they may want something to eat. The following are a few selections sure to satisfy, whether you are an exec from Germany, a designer from Tokyo, or an enthusiast from Plymouth.



### Breakfast | The Hudson Café



Yes, it is true that Breakfast is the most important meal of the day, and you could be healthy and stick only to items that are "good for you", but why? Particularly, when you have selections like Buttermilk Pancakes, Very Berry Stuffed French Toast, Cinnamon Raison French Toast, Banana Nutella Crepes, and Fried Chicken & Waffles awaiting you at the Hudson Café? Besides, it's cold out and you didn't come all this way for six egg whites scrambled among veggies. Located downtown on Woodward, right across from where J.L. Hudsons used to be, The Hudson Café also offers specialty coffee, Omelets, Sandwiches, Salads and, for that health nut, a selection of Healthy Choice meals. We, however, chose to indulge in the Very Berry French Toast.

1241 Woodward Avenue Detroit MI | 313. 237. 1000 | [Hudson-cafe.com](http://Hudson-cafe.com)

### Lunch | Town Pump Tavern



Established in 1996 by owner Sean Harrington, The Town Pump Tavern has been both a local hang for drinks and music, and a meeting spot for Tiger and Lion's fans. During the turn of the Millennium the Tavern was one of the first bars to open and aid in the revitalization of the theatre and entertainment district. For me, it was also one of the locations where I over extended my stay during last call. Now, Town Pump Tavern offers a hardy lunch menu for businesspersons and those of us fighting hangovers. Recommended selections would include the Reuben, Pom Fromage (Sliced apples, melted bleu & Swiss cheese on multi grain), The Big Tavern Breakfast (complete with British Bangers and beans), or any number of the Tavern's Burgers. Lunch Special: \$7 ½ lb Black Angus Burger & Beer (11am-2pm). Deep, dark wood décor.

100 W. Montcalm Detroit | 313. 961. 1929 | [thetownpumptavern.com](http://thetownpumptavern.com)

### Happy Hour | Michael Symon's ROAST



It's 4pm, somewhere between Monday and Friday, and I am sitting at the bar at ROAST. Select Beer & Wine is \$4, selected Pours are \$5, and at 4:30pm Select Bites are \$3-\$4. The crowd is professional, well dressed, interesting and on time. Space fills quickly. The Happy Hour menu changes, but look for Mac-n-Cheese, Roast Coney Dogs and the Roast Burger (bacon, cheddar, fried egg, pickled onion, English muffin). I also like to add a side of Rosemary Fries. And, while it's not technically on the Happy Hour menu I also prefer to order a Metropolitan Cocktail, once I've enjoyed one or two glasses of ROAST Select Wine.

1128 Washington Blvd. Detroit | 313. 961.2500 | [OpenTable](http://OpenTable.com) | [roastdetroit.com](http://roastdetroit.com)

### Dinner | Roma Café



Serving the city since 1890, the Roma Café is the oldest Restaurant in Detroit. Located in the Eastern Market District, the Roma offers classic Italian fare and ambiance. This is the real deal. Used to dine at the Roma when my grandparents were still with me, God Bless them. My father and grandfather would order Beef Tenderloin Sicilian Style (Breaded with Molio Sauce), while I did my best to keep breadcrumbs and red sauce off the linen tablecloths. So many items to choose from, steaks, veal, chicken, pasta (always loved the Lasagna), with an extensive wine list - specializing in Australian (just kidding) - and a nice dessert list (Rum Spumoni, Cannoli, Vianese Walnut Cream Cake). The Roma café is a real piece of Detroit history.

3401 Riopelle Detroit | 313. 831. 5940 | [romacafe.com](http://romacafe.com)

### Drinks | Café D'Mongo's Speakeasy



Yes, I know everyone and his brother has now been to Café D'Mongo's. After actor Ryan Gosling stumbled upon the place it has become the hang for hipsters hoping not to be seen. Every local publication has done a piece on D'Mongo's. Even that guy Zimmerman, who eats "things" on the Travel Channel, showed up to see what all the fuss was about. But, the fact is I drank there long before you. So, it's not me that's ruining D'Mongo's for you, it's actually you that has been ruining it for me. But, that's ok – either way owner Larry D'Mongo wins. And, why shouldn't he? Besides putting out some of the best ribs, chicken and sides in Detroit Larry has created an atmosphere of love and happiness that makes his Speakeasy big enough for all of us. A true Detroit treasure and a must see for anyone visiting the Motor City.

1439 Griswold St. Detroit | [cafedmongos.com](http://cafedmongos.com)

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Through winter our bodies take a beating. Freezing temps and wind sucks moisture out of skin, also causing painful muscle tension. Booking a spa day seemed like the right call for my mother and I, so we booked spa services at Deyo Studio for Face and Body, Birmingham. As a makeup and brow extraordinaire, Barbara Deyo (owner) has a fabulous reputation so I could only imagine the rest of Deyo services being on par.

Massage Therapist Nicolena Inniss-Stubbs is a real treat. Clients select from a variety of Swedish, Therapeutic and Deep Tissue Massages. As a complimentary service, Nicolena incorporates aromatherapy essential oils into each massage. My massage began with inhalations of Stress Relief Oil by Source Vital (a relaxing blend of Spanish Marjoram, lavender, pine needle, basil, jojoba, safflower, and Apricot Kernel Oils), followed by a 90 minute fusion of a Swedish and Deep tissue massage. A true healer, Nicolena addressed every trouble spot and then some. Those who require firm pressure, like me, will find relief in Nicolena's pressure point knowledge and strength. The gentle sort, who prefers lighter pressure, need not worry; Nicolena tailors every massage to each individual's needs. Tension vanished for the entire month after my appointment.

Next, I met with esthetician Karen Edwards for a Custom Organic Facial. Karen starts every facial with Stress Relief Oil. After studying my skin under a lamp for a few minutes, Karen chose products best suited to my needs. She used products from Source Vital, which are 100% holistic, organic, with a divine aroma. With each product application I encountered a new aromatic experience. Each treatment includes deep cleansing, exfoliation, steam, light extractions, gentle massage and a specialty mask for your skin type. What makes Karen's facials so exceptional is her genuine care and extra attention to detail including a multitude of hot aromatherapy towels used on the face, shoulders, and feet, which softens skin and expands relaxation. While the mask set on my face, Karen continued with a foot, leg, hand and arm massage. My skin felt instantly soft and appeared radiant and younger looking.

After my massage and facial, I was in a blissful state. I floated my way next to my mother for Barbara to work her makeup magic on the both of us. Mom had Barbara apply CryBaby Mascara, which gives the effect of a lengthening and thickening and lasts 2-3 weeks. Plus, it's water, flake and smudge proof. This was the perfect solution for my mom, who contemplated lash extensions but didn't want the commitment. For those that want longer lasting lash help, Barbara recommends lash extensions (a very popular service at Deyo Studio). My mom prefers a more natural approach, while I prefer to go full glam. Barbara gave us both perfect brows and applied our makeup beautifully. Our luxurious spa day left us feeling gorgeous and ready to hit the town for our "girls night out".

**Deyo for Face and Body** | 576 N. Old Woodward Ave. Birmingham | 248.203.1222 [deystudio.com](http://deystudio.com)



## HIGH TECH SKIN CARE

The New Year also breeds advancements in the science of beauty. Reverse the harsh damage of winter with high tech anti aging skin care products:

**1. Mito Q** – A lightweight anti-aging face cream containing mitoquinol (a breakthrough molecule) is proven to be 1,000 times stronger than other CoQ antioxidant based anti-aging products! Mito Q neutralizes free radicals where they are produced and stops the skin again process, while healing prior damage. \$185 - [MitoQ.com](http://MitoQ.com)

**2. 24K Nano Hydra Silk Mask** – This nourishing leave-on face mask is infused with flecks of 24K gold and an exclusive blend (Sodium Hyaluronate, Caprylyl Methicone, PEG-12 Dimethicone/PPG-20 Crosspolymer, Vitamin E, and Acai Fruit Extract) that leaves skin exceptionally hydrated, silky and radiant. \$1,500 - [Orogoldcosmetics.com](http://Orogoldcosmetics.com)

**3. G.M. Collin Phyto Stem Cell + Eye Contour Cream** – An advanced anti-aging eye cream that moisturizes, soothes, improves firmness, and reduces dark circles, puffiness, wrinkles and fine lines. Plant stem cells, Renovage, Orsirtine, Argireline, Myoxinol, Haloxyl, Eyeliss and Matrixyl gives increased skin cell longevity and formation along with a DNA repair. \$90 [GMCollin.com](http://GMCollin.com)

**4. G.M Collin Vital C 10% + Peptides Serum** – A vaccine-like formula that combines powerful antioxidants and anti-aging ingredients (10% Vitamin C, Globularia Cordifolia Callus Culture Extract, Artemia Extract, Peptide Q10) that immunize skin against time, protects against environmental damage and reduce the visible signs of premature aging. This unique serum promotes cell detoxification, cell lifespan extension and cell regeneration. \$84.00 at [GMCollin.com](http://GMCollin.com) and spas nationwide.

### FOR MEN

**5. Resveratrol Men's Renewal Serum by Vine Vera** – Packed with vitamins A, C and E along with Resveratrol (a powerful antioxidant found in red wine and grapes that promotes anti-aging) this serum hydrates, softens and makes skin appear younger, all while protecting against razor burn. Apply to skin prior to shaving. \$196 - [VineVera.com](http://VineVera.com)



## PRESENSE

*Resolve to Stay Well in 2014*

When the holidays are over, the cold, dark, quiet winter season finds us spending more time indoors. As a result winter, along with the beginning of a new year, fosters self-reflection and resolution to make positive changes in our lives. It also fosters the resurgence of all our favorite winter ailments, like dry skin, cold/flu bugs, and muscle tension.

When making your resolutions and trying to decide how to spend leftover holiday cash, consider choosing products that will help build healthy habits to stay well this winter. I discovered a wide variety of such products that are both functional and affordable by a company called Gaiam. The examples presented here are **under \$20** and available on [Amazon.com](http://Amazon.com) (woo hoo! free shipping!).

Winter brings with it a vulnerability to dehydration. Humidity leaves the air as it gets colder, draining moisture from our bodies, resulting in chapped, cracking skin. We may not feel as thirsty as during the hot, sweaty summer months, so we tend to drink less fluids. When we do drink, it's more likely to be things like alcohol and warm caffeinated beverages that soothe and give us a temporary boost of energy, but both have dehydrating effects on our bodies.

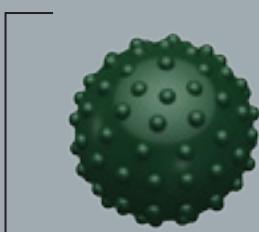
The protective mucus membranes in our sinuses and respiratory tract need to be well hydrated to adequately ward off all the bacteria and viruses we're exposed to regularly during cold/flu season.

The best way to stay hydrated is to carry a reusable, stainless steel water bottle that is BPA free (so no nasty plastic chemicals). A sturdy, portable water bottle encourages its owner to boost water intake by becoming a faithful hydrating companion that supplies our primary life-sustaining molecule, high-quality H2O.



Marrakesh Water Bottle • \$12.98

Another challenge associated with a cold winter is the stress and tension it generates. Exposure to frigid temperatures and navigating icy, snowy conditions creates a tendency to tense up neck, shoulder, jaw, and chest muscles into a hunched posture in an attempt to produce and retain internal body heat. With less exposure to sunlight, many of our bodies don't produce enough Vitamin D, a mood and energy booster, leaving us stressed and drained. Often stress manifests itself as tension and tightness in the aforementioned muscle groups, causing pain and discomfort.



Hot/Cold Trigger Point Massage Ball  
\$14.95

The Hot/Cold Trigger Point Massage Ball is one great solution to that problem. On a cold night, the Massage Ball can be heated in hot water, then used to roll out and relax tight muscles, stimulating blood flow and reducing pain. My favorite way to counteract the hunched winter posture and relieve tension plaguing the neck, shoulders, and back is to lay on top of the ball, positioned on the upper back between the shoulder blades, and allow gravity along with gentle weight shifting (left to right, up and down) to open the chest and give a targeted massage to the areas that need it most.

Go to Gaiam.com and/or Amazon.com's Gaiam store for these and more wellness boosting products to stay above the usual winter woes and kickstart a happy, healthy new year.



# CAMILO PARDO | DETROIT





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## DFT 40TH ANNIVERSARY WEEKEND!

JAN 10, 11 & 12

Come celebrate forty years of movies at the Detroit Film Theatre! The DFT series premiered in the DIA Auditorium in January of 1974, and has remained a vital part of Detroit's film culture for four decades. We invite you to join us for a weekend of ten memorable films that we've shown over the years, beginning with a screening of our very first presentation, Claude Jutra's exquisite 1971 Canadian classic, *Mon Oncle Antoine*. To make the weekend even more of a celebration, all ten films will be shown at 1974 admission prices - \$2.00 each for all seats! See reverse side for complete titles and showtimes.



JAN 19 @ 4:30PM / JAN 20 @ 2PM

## KING: A FILMED RECORD... MONTGOMERY TO MEMPHIS

(USA/1970—directed by Richard Kaplan)

Constructed from a wealth of archival footage, *King: A Filmed Record... Montgomery To Memphis* is an epic documentary that follows Dr. Martin Luther King, Jr. from 1955 to 1968, in his rise from regional activist to world-renowned leader of the Civil Rights movement. *King* was originally presented as a one-night-only special event on March 20, 1970, at a length of three hours. Newly restored by the Library of Congress, the original version can again allow viewers to witness the vast legacy Dr. King left behind. (182 min.)

"History of immense power." —*Los Angeles Times*



JAN 17, 18 @ 7PM / JAN 19 @ 1PM  
JAN 25 @ 9:30PM / JAN 26 @ 4:30PM

## THE GREAT BEAUTY

(Italy/2013—directed by Paolo Sorrentino)

Journalist Jep Gambardella has charmed and seduced his way through the nightlife of Rome for decades. Since the legendary success of his one and only novel, he has been a permanent fixture in the city's social circles, but when his sixty-fifth birthday coincides with an unforeseen shock from the past, Jep finds himself unexpectedly taking stock of his life, turning his cutting wit on himself and looking past the extravagant nightclubs and parties to find Rome in all its glory: a timeless landscape of exquisite beauty. In Italian with English subtitles. (142 min.)

"Critics' Pick! A deliriously alive movie."

—Manohla Dargis, *The New York Times*



JAN 18 @ 3PM

## PORT OF SHADOWS

(France/1938—directed by Marcel Carné)

A brilliantly evocative example of poetic realism, *Port of Shadows* is one of the most dreamlike tales in French cinema history. In a lonely flophouse at the edge of Le Havre, outsiders converge: Jean Gabin's broke, probably AWOL soldier; mysterious Michèle Morgan in iconic beret and plastic raincoat; and shopkeeper Michel Simon proclaiming his love for sacred music (but sporting one of the cinema's creepiest beards). Ultimately the choice for Gabin comes down to hopping a ship or the continuing pursuit of sudden love. This stunning digital restoration features an all-new translation. In French with English subtitles. (91 min.)

"Perfection!" —Geoff Andrew, *Time Out New York*



JAN 25 @ 7PM / JAN 26 @ 2PM

## LET THE FIRE BURN

(USA/2013—directed by Jason Osder)

On May 13, 1985, a longtime feud between the city of Philadelphia and controversial radical urban group MOVE came to a deadly climax. By order of local authorities, police dropped military-grade explosives onto a MOVE-occupied rowhouse. TV cameras captured the conflagration that quickly escalated—and resulted in the deaths of eleven people and the destruction of 61 homes. In this gripping new documentary, director Jason Osder has crafted found-footage into an experience that unfurls with the tension of a thriller. Using only archival news coverage, Osder has brought to life one of the most tumultuous clashes between government and citizens in modern American history. (95 min.)

"Ripples with urgency and moral complexity."

—*Screen International*



## ACADEMY AWARD® NOMINATED SHORTS

### LIVE ACTION & ANIMATION

JAN 31 @ 7PM / FEB 1 @ 7PM / FEB 2 @ 1 & 6PM

CONTINUED INTO FEB. CHECK FOR SHOWTIMES.

### DOCUMENTARY

FEB 8 @ 1PM / FEB 13 @ 7PM

Here's your ticket to a satisfying banquet of this year's Oscar® nominated shorts in the animated and live-action categories. The short-film nominees are among the most creative and surprising films of any, yet they're also the most difficult to find. We'll present them in one eye-popping program, with a brief intermission between the animated and live-action categories. This year, the nominated documentary shorts will also be shown in separate programs on Feb. 8 and Feb. 13. Since some years are more family-friendly than others, check the DFT website for details in mid-January. This is always the DFT's most popular annual program, so advance tickets are highly recommended! (approx. 180 min.)

## NOW PLAYING

### MAIN ART THEATRE

Royal Oak - 248.542.5198

## INSIDE LLEWYN DAVIS

Written & directed by Joel and Ethan Coen

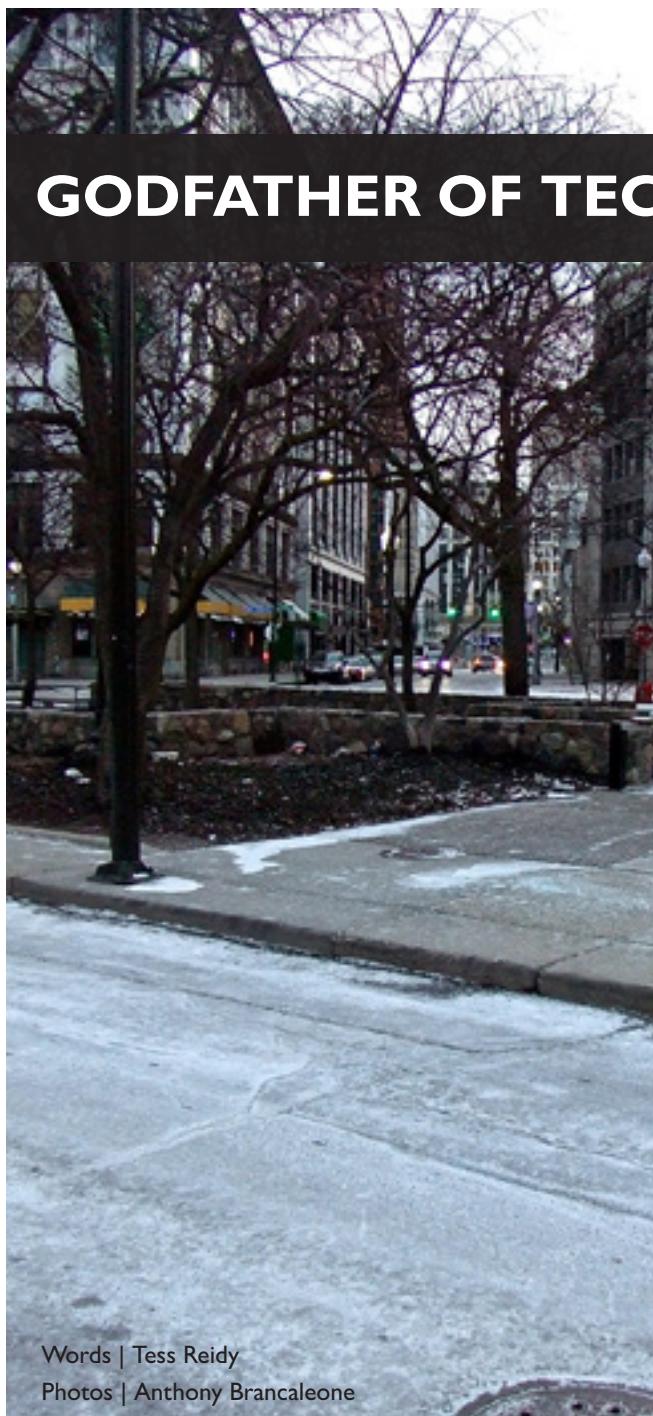
Inside Llewyn Davis follows a week in the life of talented but feckless folk singer Llewyn Davis (Oscar Isaac), as he navigates the Greenwich Village folk scene of 1961. Guitar in tow, huddled against the unforgiving New York winter, he struggles to make it as a musician against seemingly insurmountable obstacles—some of them of his own making. Living at the mercy of both friends and strangers, scaring up what work he can find, Llewyn's misadventures take him from the coffeehouses of the Village to an empty Chicago club—on an odyssey to audition for a music mogul—and back again. Brimming with music performed by Isaac, Justin Timberlake and Carey Mulligan (as Llewyn's married Village friends), as well as Marcus Mumford and Punch Brothers, Inside Llewyn Davis transports you to another time and place. An epic on an intimate scale, it is Joel and Ethan Coen's (*O Brother, Where Art Thou?*) fourth collaboration with multiple Grammy- and Academy Award-winning music producer T Bone Burnett. With John Goodman, Garrett Hedlund, Adam Driver and F. Murray Abraham.

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## GODFATHER OF TECHNO • DERRICK MAY



Words | Tess Reidy

Photos | Anthony Brancaleone

### *Derrick May: 'I stick around Detroit because it's my home No 1'*

London writer, Tess Reidy (*The Guardian*), met up with the techno pioneer to hear about the crisis in his hometown – and why the city's legends need to do more to help it.

**D**etroit is broke and failing. In 1950, the Motor City had 1.8 million residents, but by the last census, in 2010, that had fallen to 700,000. So much of the city is unoccupied that swathes of the city are reverting to the wild, and becoming what is known as "urban prairie". There are 70,000 empty buildings, including theatres, libraries and churches – even Michigan Central Station has been left deserted. What's more, nearly 40% of the inhabitants live in poverty. Almost half the street lights do not work and the city cannot even afford batteries for its parking meters. That's the background against which the city declared itself bankrupt. Despite all that, the Detroit-born techno veteran and Transmat label boss, Derrick May, 50, remains optimistic about his hometown.

**Why do you think Detroit attracts so much attention from the press?**

You know why? Because people like to marvel as it falls down. It was sensationalized to begin with, but this isn't news for the city. Detroit has been bankrupt or broke or financially in strife since I was a kid. I can't tell you anything different because it's the truth. I don't remember the city never having financial problems or not being caught up in political corruptions – it's always been that way. The sad part is that it doesn't reflect the people; the local community, these are hard working honest people. There was a time when if you spoke badly of the city, when I was in my early twenties, if you said 'Detroit is a shit city I can't stand this place, the people are stupid' somebody would punch you in the mouth, but it's different now.

**Do you think the situation is worse than it's ever been?**

The McDonalds and Burger Kings are shutting – that's a sign of the times; it reflects the level of exodus of the community that was once there. There were a million people there a year and a half ago, there were three million people there 40 years ago and now there are less than 600,000.

**Why do you think this is happening?**

I think people have left because they want to have the opportunity to raise their children in a better environment and

get a job, or people just wanted to meet a nicer girl. For young people under 45 years old, they want to get out. I understand that.

**Why have you stuck around when so many others have left?**

It's home. I stick around in Detroit because it's my home number one. That's a bit patronizing and patriotic and ridiculous – yes, of course it is – but it's cheap and I can create an environment where positive things happen and can help to reestablish a creative class – and, also the fact that I can leave when I want, I can fly out of the city. Now, if you told me, if you said Derrick, you have two weeks to make a decision where you wanna live because the gates are gonna close on Detroit and you won't be able to ever leave again, that would change my view – I would probably move to Tokyo. Seriously I would. Because I don't have that kind of alternative, I plan to stick it out as long as I can.

**From Aaliyah and J Dilla, to Stevie Wonder and Smokey Robinson, a huge list of music stars come from Detroit – why do you think there has always been so much creative talent there?**

In the past, there was such a young, vibrant generation involved in the automotive industry – people were making 70 or 80,000 dollars working on the line straight out of high school. All you got to do was work on the line when you're 19 years old and you got yourself a sweet Cadillac. All these things encouraged the creative juices. Black people in the community had the money to give their children the chance to think outside the box and based on that, it was a tribe. No other city in America produced such a community – 93 per cent of black people, there's no where else like it.

**What about New Orleans?**

New Orleans was driven by poverty, there was no way out. In Detroit this wasn't a factor. Berry Gordy was a used car salesman, the guy wasn't poor, Diana Ross went to one of the best schools in the city. They were not uneducated people, they were not your typical hip hop star, straight off the street from prison, these people had money.

**You helped set up Movement, the first electronic music festival held in Detroit, which was praised for injecting youthful energy into the city. Do you think other successful people give enough back?**

No. They haven't given anything back. A lot of people back in the 60s and 70s called Berry Gordy a pimp – the reason they said this was because he created Motown, which became the most successful black independent record label and I think for



all that he did to help create Marvin Gaye, Diana Ross, Stevie Wonder and Michael Jackson, for all he did to make them icons, he never turned around and did a lot for the community. And I think he is just one example of that situation happening. You have to look at why he did it, why did he up and take his entire business to LA to make movies? He has nothing to do with Detroit; he puts no money in the city.

**Are you optimistic about the future of the city?**

Detroit is an original city and we have got to the point of no return. We've hit the bottom of the bottom, now we're recreating ourselves, a whole new creative class, a whole new energy that will be instilled upon kids my young daughters age. We will be talking about Detroit till the day we die. It will always be something magical. People ask how did you three guys [Juan Atkins, Derrick May, and Kevin Saunderson] create techno, and why did you do it? How did three black guys from Detroit, Michigan, create this music, how did you do that?

**And what do you say?**

We say we have no f\*cking idea.

(Tess Reidy is a London based writer who contributes to *TheGuardian.com*. Follow Tess on Twitter: @tessreidy)



## DETROIT'S AMBASSADOR BRIDGE circa 1930

A Visible Expression of Friendship Between Two Countries

By Joe Neussendorfer

(Photos courtesy of National Automotive History Collection Detroit Public Library)



**O**n July 8, 1928, a great crowd attended a special public ceremony on both sides of the Detroit River to cheer the completion of "the first strand" of cable to support the new Ambassador Bridge that was under construction. What is important about this ceremony is that it recognized the genius and work of a great Polish-American Civil Engineer who really gets very little or no credit by writers and historians. His name is Ralph Modjeski and he designed the cable suspension system (in partnership with another prominent Civil Engineer Clement E. Chase.)

Civil Engineer Ralph Modjeski (neRudolphe Modzejewska) was born in Cracow, Poland on January 27, 1861. In 1878, Modjeski went to France and graduated from one of the leading Civil Engineering Schools in Europe, the Ecole des Ponts et Chausses at the top of his class. Shortly after, he travelled to the United States.

In 1920, Modjeski was involved in the planning of the Delaware River Bridge at Philadelphia, Pennsylvania. In 1921, he was appointed Chief Engineer for the project. That bridge was completed in 1926. Its span was 1,750 feet and at the time the longest suspension bridge in the world. He broke that record in 1929 with the opening of the Ambassador Bridge over the Detroit River, which then became the longest suspension bridge in the world, with a span of 1,850 feet (564m). His work was so monumental that he was awarded the John Fritz Medal by the American Society of Civil Engineer (ASCE).

The Ambassador Bridge's construction began on August 16, 1927 and was opened on November 11, 1929. The builder was the McClintic-Marshall Company of Pittsburg, Pennsylvania. The total cost of the project was \$23.5 million.

The Ambassador Bridge is made primarily of steel. The two main towers on each side of the Detroit River are made of a steel-silicon alloy on concrete piers. The towers are each 386 feet (118m) above the river and drop 115 feet (35m) below the surface of the river. The Ambassador Bridge was originally constructed with heat-treated wire cables, a new technology at the time. However, wires began breaking on another bridge recently constructed with this type of cable. McClintic-Marshall ceased construction of the bridge in March 1929 to study the problem and absorbed the cost of half a million dollars to replace the cables with the traditional cold drawn steel wires.

The bridge is made up of 21,000 short tons of steel and the roadway rises as high as 152 feet

(46m) above the Detroit River. Suspension cables support the main span over the river, while the approaches to the main pillars are held up by steel in a cantilever truss structure.

There is a striking bronze plaque on the Ambassador Bridge that was designed by Jonathan M. Swanson in 1930. At the top of the plaque is the wording "Ambassador Bridge" and it depicts a stylized, art deco formed woman holding two shields. The shield on the left displays an American Eagle, and a shield on the right displays a stylized "Union Jack" flag and a beaver.

The wording on the plaque reads: "THE VISIBLE EXPRESSION OF FRIENDSHIP IN THE HEARTS OF TWO PEOPLES WITH LIKE IDEAS AND IDEALS."

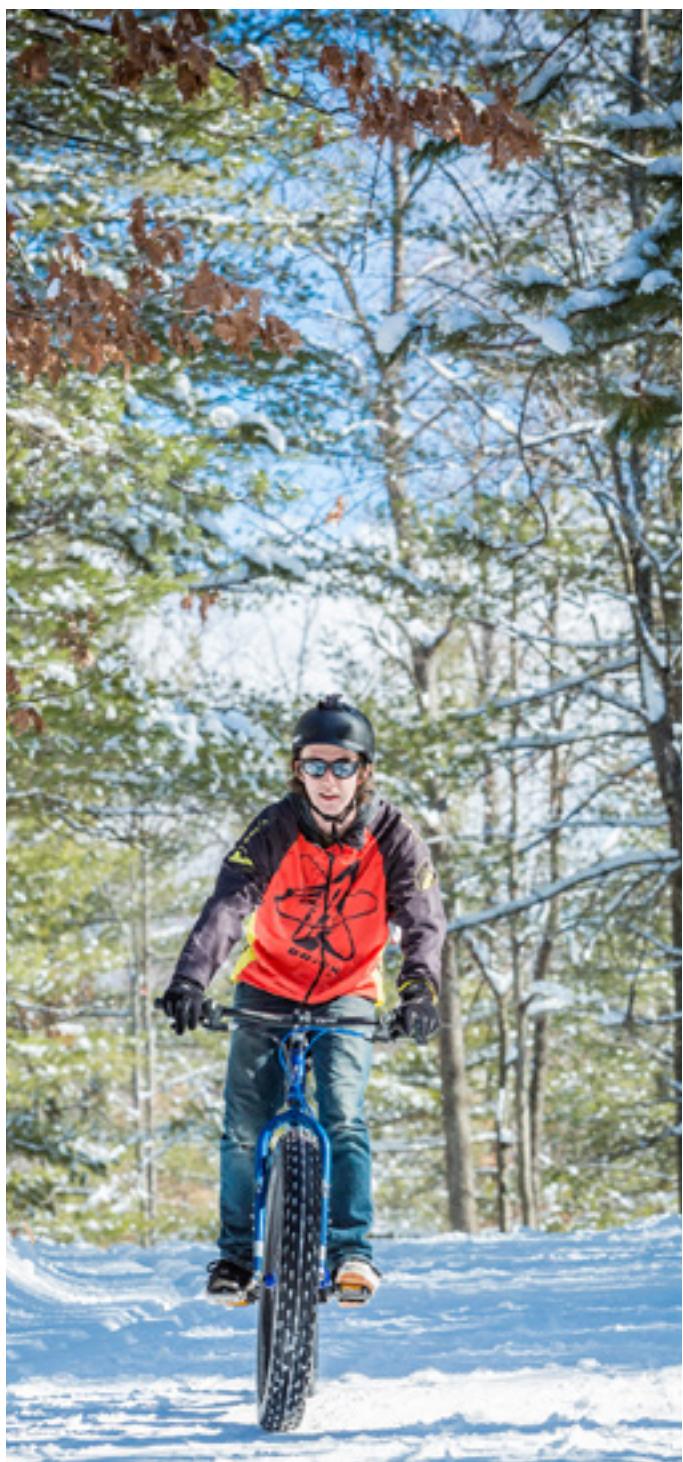
A Special Note About Livonia, Michigan born Civil Engineer Alfred Noble

In 1902, Ralph Modjeski went into partnership with Alfred Noble. The world-famous Alfred Noble was born in Livonia, Michigan (then Livonia Township) on August 7, 1844. After his service in the Civil War, he received his Civil Engineering Degree from the University of Michigan in 1870. During his career, he was appointed by U.S. President McKinley to the Isthmian Canal Commission (Panama Canal) and was later made Consulting Engineer on the building of the Panama Canal. He served as the President of the American Society of Civil Engineers (ASCE) in 1903. It is interesting to note that Alfred Noble was an early mentor of Civil Engineer Ralph Modjeski, designer of the Ambassador Bridge suspension system.

Readers interested in learning more about the Ambassador Bridge should check out the following, more comprehensive sources:

Ambassador Bridge website: [www.Ambassadorbridge.com](http://www.Ambassadorbridge.com) operated by The Detroit International Bridge Company and The Canadian Transit Company. Also, Special Collections/Library/University of Michigan/Ambassador Bridge Records 1927-1930.

Writer Joe Neussendorfer is an Affiliate Member of the American Society of Civil Engineers (ASCE) and the Southeastern Michigan Branch. He has chronicled Michigan and Detroit's construction-engineering-architecture heritage for the past 40 years. He is a 36-year Member of the Engineering Society of Detroit (ESD).



## FAT BIKING TRAVERSE CITY | by Mike Norton

When cyclist Cody Sovis wheels out his "Fat Bike" with its huge comical wheels, he always gets the same question: Where do you ride that thing?

"Everywhere!" he answers. In this bicycle-obsessed Northern Michigan town, where the winters are long and the bike trails are even longer, the Fat Bike is "the Swiss Army knife of bicycles," he says.

He's hardly alone. Fat Bikes or snow bikes – specially-adapted mountain bikes with large tires capable of cycling on snow and sand -- have turned cycling into a four-season sport in this snowy region. Over the past two years, the fat-wheeled bicycles and their riders have become a normal part of the local winter landscape.

Named for their oversized tires, which come in widths of 3.7 or 4.5 inches, Fat Bikes were developed in Alaska only a few years ago and have spread rapidly to the rest of the nation. Industry analysts expect Fat Bike ownership to double in the next year from 10,000 to 20,000. Warm-weather cyclists find them useful for riding on sandy beaches and desert trails, but their clearest advantage is on snow.

The interest has been particularly intense in Traverse City, a popular resort community on the northeastern shore of Lake Michigan and a favorite year-round destination for outdoor sports enthusiasts of all kinds. Given the opportunity to add cycling to their repertoire of winter sports, they've wasted no time embracing the Fat Bike phenomenon.

"Fat Biking is the answer for a lot of people that don't currently have a winter sport or are looking to try a new one," says Jason Lowetz, co-owner of Einstein Cycles, one of the area's biggest Fat Bike dealers. "There's no learning curve. You just get a bike and ride and have fun."

Fat Bikers tend to be a sociable group, too. Lowetz's shop sponsors weekly group rides for Fat Bikers that draw anywhere from 20 to 30 people, and there's a popular winter ride/potluck event called Friday Night Lights where cyclists ride together in the dark forest south of town and get together afterward for food. There's also the popular New Year's Day 25K Fat Bike Ride, now in its third year.

Fat Bikers have already made some major ripples in Traverse

City's cycle racing community. Last year they created the Northern Michigan Fat Bike Series – three winter races held in difference parts of the region – and in 2013 Fat Bikes had their own category in Traverse City's prestigious Iceman Cometh Challenge (the largest point-to-point race in the US).

In 2014 the venerable North American Vasa Festival of Races, usually reserved for cross-country skiers, is hosting a Fat Bike race, the Feb. 8 King Vasa, on the popular Vasa Pathway in the Pere Marquette State Forest.

Relations between skiers and Fat Bikers are not without occasional conflicts (in warm slushy conditions the cycles can damage groomed trails) but in Traverse City the two groups are trying to find ways to coexist peacefully. One fruit of that talk is a program called "Fat Bike Fridays" that opens the Vasa Pathway to Fat Bikers on Fridays in wintertime. In the long run, though, they acknowledge that the best long-term solution will be to create dedicated trails for winter cyclists.

One Fat Bike-friendly spot on the Vasa Pathway is the Timber Ridge RV Resort, which offers bike rentals and special Fat Bike passes for its own lighted trail system. But winter cyclists can be found on many other trails in the Traverse City area – from the steep but well-packed hills of the Grand Traverse Commons to the 15-mile Leelanau Trail between Traverse City and the nearby village of Suttons Bay.

The bikes don't come cheap – a 33-pound titanium-frame model will run \$1,600 to \$3,300 – but they're easy to rent in the Traverse City Area. Einstein Cycles offers Fat Bikes for \$40 for two hours or \$60 per day, Brick Wheels rents them out for \$35 per half-day or \$60 a day, Suttons Bay Bikes offers rentals for \$50 per day, and Sleeping Bear Surf & Kayak in Empire rents them at just \$10 for two hours or \$40 per day.

"Anyone who can ride a bike can ride a Fat Bike," says Lowetz. "We're still out riding every chance we get and it's never a 'weather pending' type of ride. We ride in all types of weather and have an absolute blast doing it."

To learn more about other winter attractions and events in the Traverse City area – and for a complete listing of lodging and dining options – contact Traverse City Tourism at 1-800-TRAVERSE or online at [www.TraverseCity.com](http://www.TraverseCity.com)

## FRESH SNOW and DARK PINES in SLEEPING BEAR

By Anthony Brancaleone

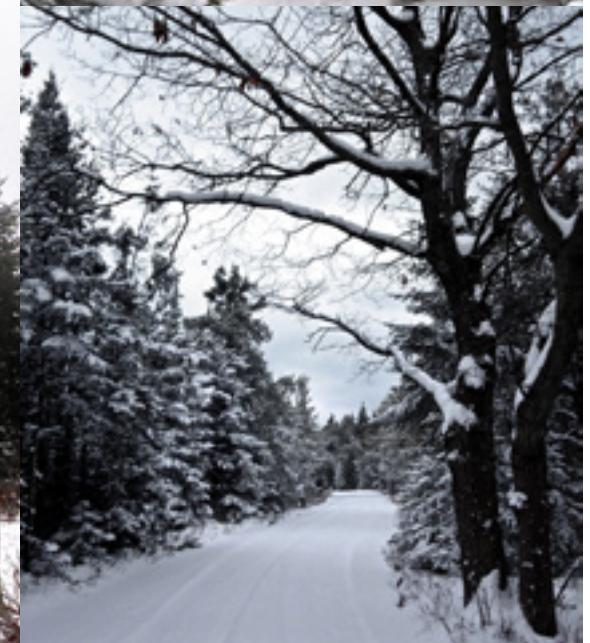
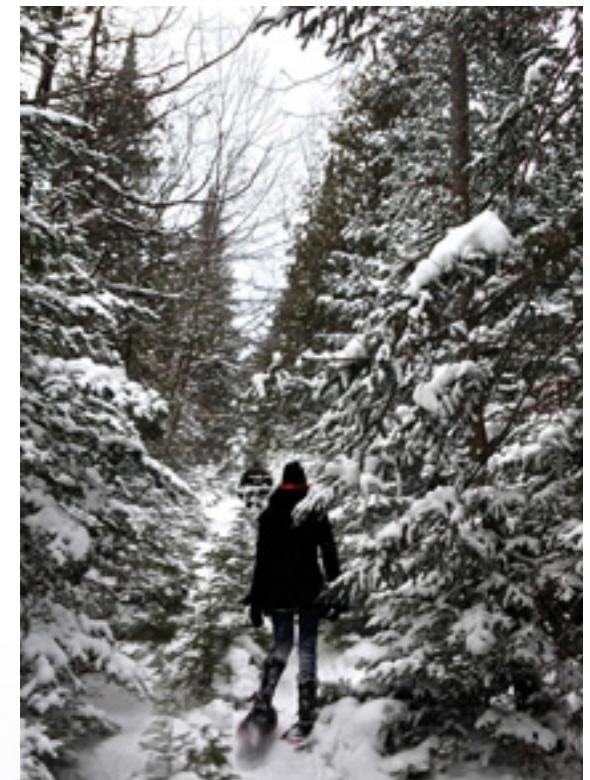
Travel about thirty minutes west of Traverse City along M-72, turn right on S. Benzonia Trail and follow in a northerly fashion for a few miles, pass over the small bridge that separates picturesque Big and Little Glen Lakes, and you will come to the little town of Glen Arbor, Michigan, nestled snugly along Sleeping Bear Dunes National Lakeshore, one of the most beautiful stretches of land and water in the country.

During the summer months, Glen Arbor is filled to capacity with tourists interested in water sports, hiking the sandy dunes, and eating their share of cherry pie. But, come winter the town is open to the more adventurous traveler; those who enjoy a little solitude among the fresh snow and dark pine of the many snow shoeing trails in the area.

Though, there are many to choose from the historic town of Glen Haven, just a mile or two outside of Glen Arbor, along 109, offers some good hiking among the evergreens and plains of Sleeping Bear Dunes. Pack a day bag with food stuffs from the little grocer in town, fill your flask with apricot brandy, dress in layers, bring a camera and prepare to burn a few calories in the wintery landscape.

While, it is warm among the trees temperatures will drop with the wind chill once you arrive in open terrain. Follow the path along the incline that pulls you up and along the ridge and experience one of the great views in the state. Chances are you won't see many people, but there just might be a few deer out there with you.

Afterwards, enjoy winter dining specials in one of the several restaurants that remain open all year long; Art's Tavern for burgers, beer and the juke box; Boondock's for two-for-one perch dinners, a woodsy interior, and a nice, warm, wood burning fireplace. Wifi and good coffee is available at Leelanau Coffee Roasting Company.





The following information is designed to help navigate the Detroit Metropolitan Airport (DTW) and its surrounding areas:



DTW has two terminals: McNamara & North. Delta and its Sky Team partners Air France and KLM Royal Dutch Airlines operates from McNamara Terminal, while all other airlines operate from North Terminal.



## BAGGAGE CLAIM

When you arrive at DTW, follow the signs toward the terminal/baggage claim. If you wish to grab a bite to eat or browse one of DTW's many shops before leaving the airport, we recommend stopping PRIOR to leaving the TSA-screened area, as food and shopping options are limited outside of security. If you have baggage to collect, take the elevator/escalator down one level to Baggage Claim. At the bottom of the escalators, check overhead monitors to find the Baggage Carousel for your flight. All baggage carousels at DTW are shared among airlines, so be sure to look for your arriving flight (listed in alphabetical order by the city you last departed).

**Missing something?** If a checked bag does not appear on the carousel assigned to your flight, or if you believe you may have left something onboard the aircraft, visit your airline's Baggage Service Office located on the baggage claim level.



## TRANSPORTATION

Luxury Sedans and Taxis are available 24/7 from each terminal's Ground Transportation Center, and no advanced reservation is required.



**North Terminal:** Both Luxury Sedan and Taxi services are dispatched from the upper level of the Ground Transportation Center. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation on Level 4.

**McNamara Terminal:** Both Luxury Sedan and Taxi services are dispatched from the center of the Ground Transportation center, located on level 4 of the McNamara Garage. Upon arrival in Detroit, and once all checked luggage has been claimed, follow signs to Ground Transportation.

All courtesy shuttles to local hotels, rental car agencies, on and off-airport parking, as well as all commercial shuttle services, pick-up and drop-off at each terminal's Ground Transportation Center. To access these shuttles upon arrival in Detroit, once you have claimed any checked luggage, follow terminal signs to Ground Transportation.



## CURRENCY EXCHANGE

ICE Currency Exchange kiosks are available for passengers at the North Terminal and the McNamara Terminal. The general public can access all Pre-Security ICE Currency Exchange areas. We suggest you call ahead for the hours of operation.

### Airport Ambassadors

Identified by their blue vests, Airport Ambassador volunteers can be found at information desks located in each Terminal or roving to assist customers throughout airport facilities. Ambassadors help the elderly, international travelers and persons with disabilities navigate their way through the airport. They help passengers make their connecting flights, find their families, or map out the next steps of their journey. They find safe lodging for stranded passengers and connect returning soldiers with their families. They assist airports and airlines with helping customers navigate the facility.



## IMPORTANT PHONE NUMBERS

### McNamara Terminal

Pre-Security at the International Arrival Level – 734.941.1231  
Post-Security Near Gate 38 – Phone: 734.941.1202

### North Terminal

Pre-Security at the Baggage Claim Area – Phone: 734.955.9414  
Post-Security near Gate D9 & D10 - Phone: 734.955.2652

### General Airport Info: 734. 247. 7678

### Parking Info: 800. 642. 1978

Terminal Paging: 734. 229. 7199 | McNamara 734. 247. 1000 | North

Airport Police: 734. 942. 5212

[www.metroairport.com](http://www.metroairport.com)



## AREA HOTELS



### WESTIN | DTW

The only upscale hotel in the Detroit Metropolitan Airport, offering guests a private security entrance, access to McNamara Terminal and 24 hr shuttle service to North terminal. Fitness Studio, indoor pool, whirlpool, 28 meeting rooms, and the quintessential hotel bar.

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### MARRIOT | ROMULUS

Detroit Metro Airport Marriott hotel is just minutes away from DTW. Rooms start at \$80 per night, with live flight information updated on the lobby monitor every 15 minutes. Fitness center, swimming pool, and complimentary airport shuttle service. Hotel pub.

30559 Flynn Drive Romulus | 734. 729. 7555

### WESTIN BOOK CADILLAC | DETROIT

Located in the heart of downtown Detroit, The Westin Book Cadillac returns legendary style and glamour to Detroit. Traditional rooms to Executive and Luxury Suites. \$200 million renovation, The Book houses ROAST Restaurant, Boulevard Room Detroit, Spa 1924 grill and The Motor Bar.

1114 Washington Blvd Detroit | 313. 442. 1600 | bookcadillacwestin.com

### HOSTEL DETROIT | DETROIT

With 4.4 out of 5 google stars Hostel Detroit should be on every young and or adventurous traveler's list of places to stay in the city. A convenient location - close to Corktown, -with a clean kitchen and room linens, the hostel also offers a computer, wifi and printer, friendly staff, directions to points of interest and bicycle rental.

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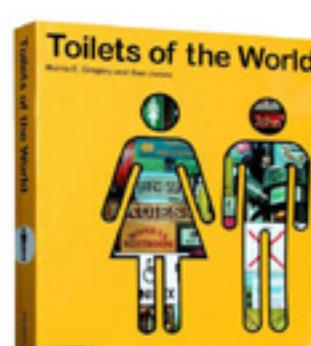
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