

A CLIENT ASKED ME...

"Does it get easier
after school?"

Here's what I told them (and why it matters).

The question came from someone who:

"I'm working almost full-time while going to school full-time. Does the stress ever end?"

They were exhausted. Burned out. Wondering if all this effort was worth it.

My answer surprised them.

My honest answer:

Yes.

In many important ways, it absolutely does.

Here are the 3 biggest reasons why:

1

The **uncertainty** disappears.

Right now, you're grinding with one nagging question:

"Is this going to pay off?"

When you land that job, that question is answered. You made it. The "promised land" is real—and you're standing in it.

2

No more **juggling** three lives.

During School + Work

- School deadlines
- Work shifts
- Personal life
- Everything competing
- Constant context switching

After Graduation

- One primary focus
- Clear boundaries
- Evenings are yours
- Weekends are yours
- Mental space to breathe

2

The stress **peaks** flatten out.



Exams, finals, project deadlines while working = intense peaks.

Work stress is more consistent—fewer extreme highs and lows.

3

Future stress is **voluntary**.

In School

"Potential" reward

In Career

"Certain" reward

Stress for...

Hope it works out

Stress for...

Known trade-offs

Promotions come with more stress—but you **choose** it,
knowing the reward upfront.

THE MOST IMPORTANT THING TO REMEMBER:

**This too
shall pass.**

No state lasts forever.
Especially this one.

It's only a handful of years from your life.

And it will be over.

The important thing is to:

**Keep seeing the light at the end
of the tunnel.**

**Hang in there—and you'll get
exactly what you set out to get.**

To every student grinding through school + work:

You're doing one of the hardest things.

The finish line is closer than you think.

Keep going.

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