



EPHESIANS | FAMILY | WEEK 3 OF 4

# Blessed

The Family series focuses on how we're brought into relationship with God through the persons of the Trinity—from God's desire to adopt us into his family to Jesus' rescue to the work of the Holy Spirit.

## BIG IDEA

God blesses us as his children by giving us the Holy Spirit.

## KEY VERSES

We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.

*Romans 5:3–5 (NLT)*

## 1 | Hangout

### SUPPLIES

- None

### INSTRUCTIONS

- a. Discuss:
  - If you could have the brilliance or mind of one person while keeping your own personality, who would you choose? Why?
  - What stood out to you in today's God Story? How about the Life Story?



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## 2 | Hear

### SUPPLIES

- Bibles

### LEADER TIP

- The Holy Spirit works in us and helps us transform to be more like Jesus. For example, the Holy Spirit helps us see our sins and gives us comfort and wisdom.

### INSTRUCTIONS

- Make sure everyone has access to a Bible.
- Look up and read Ephesians 1:13–14.
- Discuss:
  - What thoughts or ideas came to mind when you read these verses? Did anything in them stand out to you?
  - In the New Living Translation, verse 14 says, “The Spirit is God’s guarantee that he will give us the inheritance that he promised...” What is an inheritance? Who receives an inheritance?
- Look up and read John 14:15–17.
- Explain that this is Jesus promising the Holy Spirit when he returns to heaven.
- Discuss: How do you think the disciples may have felt when they heard this promise?
- Assign each of the following verses to different students to look up and read: 2 Corinthians 1:21–22, Romans 5:3–5, and Romans 8:26.
- Discuss:
  - What do these passages teach us about the Holy Spirit?
  - If the Holy Spirit is God working in our lives, what do you think that looks like on a day-to-day basis? That is, what’s the role of the Holy Spirit in our everyday activities?

## 3 | Huddle

### SUPPLIES

- None

### INSTRUCTIONS

- Explain that one of the ways the Holy Spirit works in our lives is by prompting us in some way, like an internal quiet voice or nudge that encourages us towards something God wants for our lives.
- Discuss: What do you think God is saying to you through the Holy Spirit?
- Divide into groups of three people if possible.
- Direct them to huddle up with their arms over one another’s shoulders.
- Guide the students to pray that each person in their huddle would be open to God working in their lives. Pray that we would all listen to the Holy Spirit so we can live, love, and serve like Jesus.