

Being Thankful for our Water



Did You Know?

The average person uses 250 litres of water each day. That's 500 water bottles worth!

We use that water for things we need, like drinking, cooking, bathing, and washing. We have all the water we need in order to do those things, wow! We can thank God that we have what we need, and ask God how he wants to use us to help people who don't have access to water like we do.



Reflect.

Use the activity page and prayer prompts on the next two pages to help your family intentionally notice and respond to how much water we use in our regular daily lives.

Continue Learning:

Sometimes we think of water insecurity as something that happens in other parts of the world. Please spend some time with Water on Wheels to learn how our experience with water isn't the same as that of our brothers and sisters in Northern Ontario. Take a moment to sit in gratitude for the lavish resource of fresh water that we get to experience in this part of our province.

We'd love to hear about your family's experience with this activity. Tag @tmhkidmax on instagram to share!

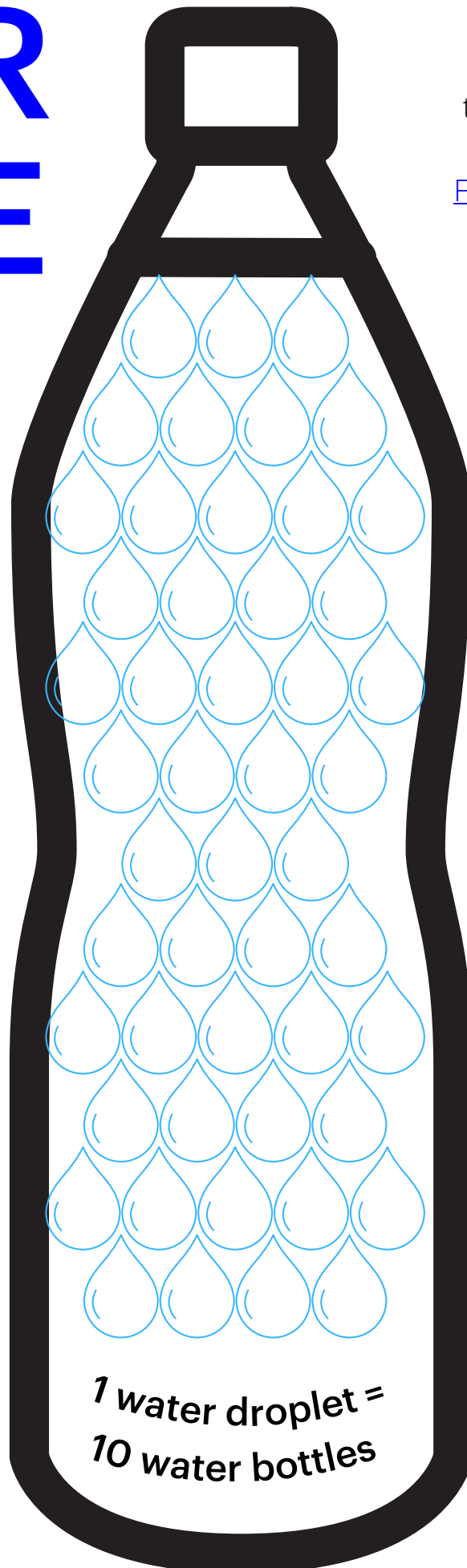


WATER USAGE

For more detailed
tracking, check out:
[Personal Water
Footprint Calculator](#)

Colour in the water droplets to track your own daily water usage!

- For flushing the toilet, colour in 13 water droplets to represent 65 litres of water.
- For taking a shower, colour in 16 water droplets to represent 80 litres of water.
- For a bath, colour in 26 water droplets to represent 130 litres of water.
- For a load of laundry, colour in 20 water droplets to represent 100 litres of water.
- For washing dishes, colour in 6 water droplets to represent 30 litres of water.



Talk to Jesus

- What do you want to say to God about the water you were able to use today?
- What do you want to say to God about having all the water you need?
- What do you want to say to God about knowing that not everyone has all the water they need?
- What do you think God is answering back to you?