



## My Story

### 1 | Intro Activity

#### SUPPLIES

- Eggs (one for every four students)
- Towels (one for every four students)

#### INSTRUCTIONS

- Gather everyone outdoors.
- Divide the students into teams of about four people.
- Give each team an egg and a towel.
- Explain that the object of this game is to see how high they can launch their egg in the air and catch it gently enough that it doesn't crack.
- Encourage everyone to work slowly toward throwing their eggs higher and higher.
- To wrap up, note that eggs are fragile, so we must handle them gently. This is also true of how we treat other people! We can hurt them when we don't choose gentleness.
- Introduce today's Big Idea: **We can show God's love with gentle words.**

## God Story | Life Story

### 2 | Weekly Video

#### SUPPLIES

- Video file

#### INSTRUCTIONS

- Play the video. It includes:
  - Host segment
  - God Story (Gentleness, Proverbs 15:1-4)
  - Life Story (Visit a humane society that rescues animals who have been abused, neglected, and abandoned. They are nursed back to health and placed in caring homes.)
- Pray before dismissing to small groups.



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### 3 | Small Groups

#### SUPPLIES

- Small group leader notes
- Bibles

#### INSTRUCTIONS

- Ensure the leaders have the necessary supplies for small group time.
- Divide into small groups and follow the Hangout, Hear, and Huddle instructions in the leader notes.

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## Our Story

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### 4 | Wrap Up

#### SUPPLIES

- None

#### INSTRUCTIONS

- Bring everyone back into a large group.
- Close in prayer.
- Remind the students about any upcoming events or relevant announcements.