



BIG IDEA

Communion helps us focus on what Jesus did for us.

GOD STORY

The Last Supper (Mark 14:12–26)

KEY VERSE

We know what love is because Jesus Christ gave his life for us. (1 John 3:16a, NIRV)

1 | Conversation Starter

INSTRUCTIONS

- a. To lead into today's story, ask:
 - What's something you must remember to do every day that not everyone else has to do (e.g., practise piano, feed a pet, check your blood-sugar level, etc.)?
 - What are some tricks you use to help you focus on important things?

2 | Watch

SUPPLIES

- Media player

INSTRUCTIONS

- a. Introduce today's Big Idea: **Communion helps us focus on what Jesus did for us.**
- b. Watch this week's video from the Now Playing Kids playlist on the One Story YouTube channel.

3 | Discuss

INSTRUCTIONS

- a. Review the video teaching together:
 - Did anything in today's Life Story stand out to you?
 - In the God Story, what did the bread and wine represent?
 - Why do you think Jesus used physical symbols instead of just asking his disciples to remember him?
 - What are some ways that we can focus on Jesus? Why is it so important to take the time to do it?



4 | Activity

SUPPLIES

- Modelling clay
- Markers

INSTRUCTIONS

- Remind everyone that **communion helps us focus on what Jesus did for us**. Christians have had communion for 2,000 years! The bread symbolizes Jesus' body that he gave up for us when he died on the cross. The wine symbolizes Jesus' blood that he shed on the cross. Christians all over the world are familiar with these symbols.
- Give each person some clay and a paper plate.
- Place the markers where they can be shared.
- Direct the kids to use the clay to shape little models of bread and a cup.
- Encourage them to use the markers to colour on the clay if they wish.
- Display these creations as reminders of what Jesus did for us!

5 | Key Verse & Pray

SUPPLIES

- Key Verse sign
- Bibles

TIP

- Read Exodus 12 to familiarize yourself with the story of the first Passover sacrifice.

INSTRUCTIONS

- Remind the kids that the first communion (the Last Supper) took place just before Jesus died.
- Ask:
 - Which festival were the Jews celebrating at the time? (Passover)
 - What was Passover? (A celebration of when the Jewish people escaped slavery in Egypt)
- Explain that they sacrificed lambs and put the animals' blood on their doorframes as a sign. God passed over these homes when he struck down all the firstborn people and animals in Egypt, which was the last plague.
- Help the kids look up Exodus 12:5.
- Read the verse together.
- Guide everyone to look up 1 Peter 1:19.
- Read the verse together.
- Highlight the connection between the Old and New Testament verses. Jesus was our Passover lamb, sacrificed so we could be saved from sin!
- Read 1 John 3:16a printed on the Key Verse sign.
- Invite the kids to say short "popcorn prayers" of thankfulness to Jesus.