



BIG IDEA

When we follow God's way, it sets us apart.

GENESIS | AFTERMATH | WEEK 3 OF 4

Follow

GOD STORY

Noah

Genesis 6–8

KEY VERSES

God, see what is in my heart...Help me live in the way that is always right.

Psalm 139:23–24 (NIRV)

LEADER TIPS

- When students join your group, introduce yourself and learn their names. The Conversation Starter is a great time to do this and make everyone feel welcome! Encourage the students to learn one another's names, too.
- Remember that being prepared allows for smoother transitions and a better overall experience for everyone.

My Story

1 | CONVERSATION STARTER (7 minutes)

Introduce this week's Big Idea. Chat about living according to God's way versus our own way.

2 | INTRO ACTIVITY (5 minutes)

Team up the students to work together and decide whether a variety of scenarios describe God's way or their way.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Review Genesis 6:9 and talk about Noah. Then work in pairs to look up Bible passages and go through an activity page together.

5 | WRAP-UP ACTIVITY (10 minutes)

Reflect on the Key Verses and use them as a guide for prayer.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- This is meant to be a casual conversation as the students arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

INSTRUCTIONS

- As the students arrive, greet them and gather everyone together.
- Introduce today's Big Idea: **When we follow God's way, it sets us apart.**
- Ask:
 - What do you think God's way is? (His perfect plan for us, which is carried out with kindness, love, joy, peace, patience, faith, hope, love for enemies, serving others, etc.)
 - Do you think most people live according to their own way or according to God's way?
 - Why is God's way a better choice? (For real—not just because we're at church and that's what you'd expect us to say!)
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.



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My Story

2 | Intro Activity

SUPPLIES

- Buzzers

INSTRUCTIONS

- Divide the students into two teams.
- Guide each team to line up in single file.
- Give the person at the front of each line a buzzer.
- Explain that you will read a series of statements that describe "my way" or "God's way". After you finish reading each statement, the teams must race to buzz in and answer either "my way" or "God's way". Buzzing early will result in losing a point!
- Read the following statements, pausing after each one for the students to buzz in. Encourage the students to suggest solutions to change "my way" scenarios to "God's way".
 - A friend is sad, so you stay away from her until she's more fun to be around. (My way)
 - Your teacher looks frustrated. You encourage your friends to sit quietly. (God's way)
 - A friend's grandma is really sick. You ask if you can pray with them. (God's way)
 - Someone is really bugging you. You call them a bad word. (My way)
 - Someone is really bugging you. You ask them if they want to hear a new song you've been listening to. (God's way)
 - Your dad is making dinner when the dog knocks its bowl of food all over the floor. You clean it up without being asked. (God's way)
 - Your mom is driving you to a friend's house when you see a person holding a sign that says, "Hungry. Need food." You ask your mom if you can get some food and give it to the person. (God's way)

- You and your friends are walking to the park when one of them points out an abandoned house and suggests you throw rocks at its windows. You pick up two big rocks right away. (My way)
 - Your brother comes out of nowhere and punches you. You start to punch and kick him back. (My way)
 - You have a half hour until bedtime. Your parent tells you that you can do whatever you want. You decide to read your Bible. (God's way)
- f. To wrap up, remind the students that **when we follow God's way, it sets us apart.**



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Noah, Genesis 6–8)
 - Life Story (Sam is part of a “move-in” group that lives together and combines resources to help those in need.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss: What's the connection between these stories and today's Big Idea (**When we follow God's way, it sets us apart**)?

My Story

4 | Application Activity

SUPPLIES

- Bibles
- Set Apart activity pages
- Pens

LEADER TIP

- If you have a large group, direct the students to share their three descriptive phrases with someone sitting near them.

INSTRUCTIONS

- Make sure everyone has a Bible. Share them if needed.
- Help the students look up Genesis 6:9.
- Ask one of them to read aloud the description of Noah in the verse.
- Discuss:
 - How is Noah described in this verse?
 - Which three phrases would best describe you?
 - Based on how Noah is described, what would you expect him to be like if you met him in person?
 - How do you think people who lived at the same time as Noah viewed him?
- Guide everyone to find a partner.
- Give each student an activity page and pen.
- Review the page together.
- Direct everyone to look up the Bibles passages on the page. Partners may talk about and/or write their answers.
- Direct the students to hold onto their pages for the next activity.



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My Story

5 | Wrap-Up Activity

SUPPLIES

- Set Apart activity pages from the Application Activity

INSTRUCTIONS

- a. Encourage everyone to read and really think about the Key Verses printed on their activity pages.
- b. Explain that they will have a couple minutes of quiet time to use the verses as a prayer. Encourage them to consider the words as they pray, then to be still and listen to God—he may have something important to say to them!
- c. To wrap up, pray for your group.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verses cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.