



My Story

1 | Intro Activity

SUPPLIES

- Students show-and-tell items

LEADER TIP

- Have a selection of extra items in case anyone forgets or a new student attends.

BEFORE THE ACTIVITY

- Be sure to announce this activity in advance! Encourage everyone to bring something they think is “good” (e.g., a food, a favourite item, etc.).

INSTRUCTIONS

- a. Gather everyone together for show-and-tell time.
- b. Invite the students to share what they brought with the rest of the group. Play up the throwback to a childhood experience!
- c. Note that there are a variety of ways to define the word “good” (e.g., our favourites or preferences versus what is right).
- d. Introduce the Big Idea: **We can share God’s goodness with others.**

God Story | Life Story

2 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- a. Play the video. It includes:
 - Host segment
 - God Story (Goodness, Galatians 6:1–10)
 - Life Story (Alicia works at the Restoration Project, a place where adults with developmental disabilities learn woodworking skills.)
- b. Pray before dismissing to small groups.



My Story

3 | Small Groups

SUPPLIES

- Small group leader notes
- Bibles

INSTRUCTIONS

- Ensure the leaders have the necessary supplies for small group time.
- Divide into small groups and follow the Hangout, Hear, and Huddle instructions in the leader notes.

Our Story

4 | Wrap Up

SUPPLIES

- None

INSTRUCTIONS

- Bring everyone back into a large group.
- Close in prayer.
- Remind the students about any upcoming events or relevant announcements.