



Communion

This week, the students will learn that communion is something that Christ-followers have done together since the time that Christ broke bread with his disciples and shared a cup of wine with them (the Last Supper).

Big Idea: Communion helps us focus on what Jesus did for us.

Key Verse: “This is my body, which is given for you. Do this in remembrance of me.” In the same way, he took the cup of wine after supper, saying, “This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it.” | 1 Corinthians 11:24b-25 (NLT)

1. HANGOUT

Supplies:

- None

Instructions:

- Discuss:
 - What words can you think of that start with the letters c-o-m-m (e.g., community, communication, committee, communion)?
 - Consider these words. What do you think “comm” means? (“with” or “together”)
- Explain that communion is coming together to focus on what Jesus did for us with his death on the cross.

2. HEAR

Supplies:

- Bibles

Instructions:

- Review today's God Story together.
- Discuss: What were the disciples celebrating with Jesus at the meal? (Passover was a celebration of when the Jews escaped slavery in Egypt)
- Look up 1 Corinthians 11:23-26. Explain that this passage was written by Paul to the church in Corinth. They had gotten a little too messy with how they worshipped, met

together as a church, and shared in communion. Paul was reminding them of the purpose of the Lord's Supper (communion).

- Read 1 Corinthians 11:23-26.
- Encourage the students to think about Jesus doing this for the first time and discuss: What do you think the disciples thought when Jesus held up the bread and said what he said? What about the wine as his blood?
- Explain that we have the full picture of Jesus after he died and rose again, so we understand what we're focusing on and remembering during communion.
- Discuss:
 - What is your experience of communion?
 - Who do you think can take communion? (Christ-followers!)
 - Why do we take communion now?

3. HUDDLE

Supplies:

- Pita bread
- Grape juice

Leader Tip:

- Be sure to “set the table” in conversation by emphasizing that communion is for followers of Jesus. If any of the students don't identify as such, let them know it's fine to opt out. No judgment. No peer pressure.

Instructions:

- Have communion together as a small group.
- Provide each participant with a piece of bread.
- Take in the bread together.
- Provide each participant with some juice.
- Take in the juice together.
- Pray and thank Jesus for his sacrifice for us and the way that communion reminds us to focus on him.