



BIG IDEA

We know how to be faithful
because God is faithful to us.

THE LOOK OF LOVE | WEEK 2 OF 4

Faithfulness

GOD STORY

Faithfulness
Hebrews 8

KEY VERSES

The Holy Spirit produces
this kind of fruit in our lives:
love, joy, peace, patience,
kindness, goodness,
faithfulness, gentleness,
and self-control.
Galatians 5:22-23a (NLT)

LEADER TIP

The Look of Love is a two-
part series that explores
how the fruit of the Spirit are
expressions of love. Part 1
highlighted love, joy, peace,
patience, and kindness. This
second part of the series
focuses on God's goodness,
faithfulness, and gentleness.
Encourage the students to
show love through these
fruit as well as through self-
control.

My Story

1 | CONVERSATION STARTER (7 minutes)

Chat about faithfulness and introduce today's Big Idea.

2 | INTRO ACTIVITY (5 minutes)

Do a simple experiment to illustrate how gravity works, then tie in the faith
we have in it always working.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments.
Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Visit stations that highlight Bible passages about faithfulness and important
aspects of today's lesson.

5 | WRAP-UP ACTIVITY (10 minutes)

Reflect on God's faithfulness. Create a tree shape with the students' prayers
written on tape.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- Make sure the students understand that being faithful is doing what you say you'll do and showing you can be trusted.

INSTRUCTIONS

1. Welcome everyone and gather the group together.
2. Check in quickly to see how their week is going.
3. Ask:
 - What does it mean to be faithful?
 - Who is the most faithful, or trustworthy, person you know? Why do you trust them? Have they proven to be faithful in the past?
 - God is faithful to us! What does that mean to you?
4. Depending on the size of your group, have the students share their stories with the people sitting closest to them or with everyone.
5. Introduce today's Big Idea: **We know how to be faithful because God is faithful to us.**

2 | Intro Activity

SUPPLIES

- Two objects with different weights (e.g., a pen and a book)

INSTRUCTIONS

1. Hold up the two objects.
2. Let everyone know that you're going to drop them from the same height at the same time.
3. Discuss: Which one do you think will hit the ground first?
4. Drop the objects from the same height at the same time. Repeat from multiple heights.
5. Explain that gravity is constant, which is why the objects fell at the same rate. It's one of the simplest scientific concepts, and yet, we don't fully understand how it works. Even so, we trust that gravity will always do what we expect it to do. We show our faith in gravity by how we live. We don't worry that when we jump up, we won't come down!
6. Emphasize that today's focus is on faithfulness, and **we know how to be faithful because God is faithful to us.**



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Faithfulness, Hebrews 8)
 - Life Story (Kiana and Sydney are best friends who are there for each other, even though their families live far apart.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What are the Key Verses for The Look of Love series? (Galatians 5:22–23a)
 - What stood out to you in today's Life Story? How about the God Story?
 - Can you think of ways God was faithful to the Israelites? For example, how did God help them when they were enslaved in Egypt? Who did God make promises to that he kept?

My Story

4 | Application Activity

SUPPLIES

- Station instructions
- Wall-safe tape
- Bibles
- God's Faithfulness activity pages
- Pens

BEFORE THE ACTIVITY

- Spread out the instructions to create stations around your group's space.
- Place Bibles open to the following passages at these stations: Genesis 21:1–3 at station 1; Exodus 6:13 at station 2; and 2 Samuel 7:11–17 at station 4.

INSTRUCTIONS

- Give each person an activity page and a pen.
- Depending on the number of students you have, divide into smaller groups to visit the stations or go to them together.
- Guide everyone to read and follow the instructions at each station, and to complete the corresponding section of their activity pages.
- When the students have gone to all the stations, gather them back together.
- Explain that stories about God's faithfulness help us remember the many ways he has been faithful in the past. This is sometimes called sharing testimonies.
- Discuss:
 - Do you have an example of a time when God was faithful in your life or the life of someone close to you? What happened?
 - How can God's faithfulness to us help us be faithful to others?



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My Story

5 | Wrap-Up Activity

SUPPLIES

- Wall-safe tape
- Markers

LEADER TIP

- Depending on the size of your group, you could give the students multiple pieces of tape on which to write their messages.

INSTRUCTIONS

- a. Encourage the students to take a moment to reflect on and thank God for his faithfulness.
- b. Give each person a length of wall-safe tape and a marker.
- c. Invite everyone to write a way God has been faithful to them or a simple message of "Thank you, God, for your faithfulness" on their tape.
- d. Designate a clear wall in your space and direct the group to create the shape of a tree with their tape.
- e. Guide the students to read one another's contributions.
- f. To wrap up, say, "Amen!"

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verses cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.