



### **BIG IDEA**

God's peace can heal relationships.

### **GOD STORY**

Jacob and Esau (Genesis 32–33)

### **KEY VERSES**

Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight. (Proverbs 3:5–6, NIRV)

## **1 | Conversation Starter**

### **INSTRUCTIONS**

- a. To lead into today's story about Jacob and Esau, chat about:
  - Have you ever gotten into a huge fight with a friend or with a sibling? What happened? Are you friendly again?
  - Have you ever had to ask for forgiveness when someone was mad at you? Were you afraid or worried about it? Why or why not?
- b. Introduce this week's Big Idea: **God's peace can heal relationships.**

## **2 | Watch**

### **SUPPLIES**

- Media player

### **INSTRUCTIONS**

- a. Watch this week's video from the Now Playing Kids playlist on the One Story YouTube channel.

## **3 | Discuss & Pray**

### **INSTRUCTIONS**

- a. Review the video teaching together:
  - What was the God Story about in today's video?
  - What stood out to you in Maxim's story?
  - How do these stories and the Big Idea (**God's peace can heal relationships**) connect?
- b. Pray, "Holy God, please help us to be people who heal relationships through your peace. Give us love and help us forgive others. In Jesus' name, amen!"



## 4 | Activity

### SUPPLIES

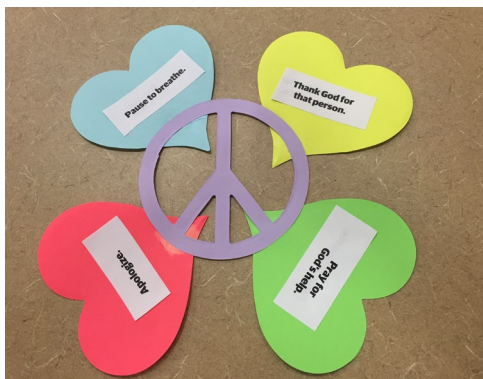
- Peace sign cutout
- Heart cutouts
- Labels
- Colouring supplies (e.g., markers, crayons, etc.)

### TIP

- You could involve kids in cutting out peace signs and hearts.

### INSTRUCTIONS

- Recap that God helped Esau forgive Jacob in today's God Story.
- Review the Big Idea: **God's peace can heal relationships.**
- Explain that sometimes we argue with our friends or family. When this happens, we can:
  - Pause and take a breath.
  - Pray for God's help.
  - Thank God for that person.
  - Apologize!
- Give each person a peace sign cutout, four heart cutouts, one of each of the labels, and some colouring supplies.
- Show the photo of the sample craft to the kids, then encourage them to make their own versions.
- To wrap up, chat about any relationships that they're having a difficult time with.
- Pray and ask God for help healing them.



## 5 | Key Verses

### SUPPLIES

- Key Verses sign

### TIP

- If a family member knows American Sign Language, ask them to teach signs to go along with the words.

### INSTRUCTIONS

- Demonstrate the following actions to go with the words of the Key Verses:

Trust [clasp your hands in front of you]

in the Lord [point upward]

with all your heart [place hands over your heart].

Do not [wag pointer finger]

depend on your own understanding [hold one hand flat and place two fingers to "stand" on it].

In all your ways [raise your pointer fingers and make circles in the air]

remember [point to your forehead]

him [point upward].

Then he will make your [point to other people]

paths smooth [make stroking action]

and straight [hold your arms parallel and

straight out in front of you].

Proverbs 3:5-6 [hold your hands like a book]

- Practise together a few times, then try saying the words and doing the actions without the sign!