

BIG IDEA

God's kindness brings people together.

EXODUS | UNDERDOG | WEEK 2 OF 5

Kindness

GOD STORY

Moses in Midian
Exodus 2:11-22

KEY VERSE

[God said,] "My grace is all you need. My power is strongest when you are weak." So I am very happy to brag about how weak I am. Then Christ's power can rest on me.
2 Corinthians 12:9 (NIRV)

LEADER TIP

Students need to know what's expected of them. Encourage everyone to consider these three things and what they mean for the group:

- Respect others
- Respect yourself
- Respect your space

My Story

1 | CONVERSATION STARTER (7 minutes)

Chat about times in the students' lives when kindness brought people together. Introduce the Big Idea.

2 | INTRO ACTIVITY (5 minutes)

Go straight to the video teaching so you have enough time for the Application Activity.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Write thank-you notes for volunteers who are serving at church today, then deliver them.

5 | WRAP-UP ACTIVITY (10 minutes)

Debrief about the students' experiences delivering their notes. Wrap up by praying together.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- (Optional) A treat for your group to share

LEADER TIP

- Consider bringing in donuts or another treat to share with the students today.

INSTRUCTIONS

- a. As the students arrive, greet them and gather everyone together.
- b. Ask: Can you think of a time in your life when kindness brought people together? (e.g., someone handed out donuts, which everyone enjoyed as they hung out together)
- c. Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- d. Introduce this week's Big Idea: **God's kindness brings people together.**

2 | Intro Activity

SUPPLIES

- None

INSTRUCTIONS

- a. Today's Application Activity will take a little longer than usual so go straight to the video teaching!



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Moses in Midian, Exodus 2:11–22)
 - Life Story (Brooke and Miranda are best friends. When Miranda's grandma got sick, Brooke's family took her in and began taking care of her. They showed great love and kindness to Miranda's whole family.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What's one thing that stood out to you in today's Life Story?
 - What kind thing did Moses do for the seven sisters in the God Story?
 - How do you think the sisters felt when Moses was kind to them?
 - How did Reuel (Jethro) show kindness to Moses in return?
 - What's the connection between today's God and Life Stories?
 - What is the Key Verse for this series? (2 Corinthians 12:9)



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My Story

4 | Application Activity

SUPPLIES

- Card stock
- Pens
- Markers
- Candies
- Tape
- Bibles

BEFORE THE ACTIVITY

- Before Sunday, prepare a list of people who are volunteering in various ministries this week (e.g., Set Up, Music, Welcome, etc.).

LEADER TIP

- Send out two to four students at a time so that groups of them aren't roaming around. Instruct everyone to return quickly when they're done their deliveries.

INSTRUCTIONS

- Discuss:
 - Why do you think God wants us to be kind to one another?
 - Why does God's kindness bring us together?
 - What's the opposite of kindness? How does it keep us apart?
- Highlight the examples from today's God Story of Moses' kindness to the sisters (situational) and Reuel's kindness to Moses (out of gratitude).
- Explain that the students will have the opportunity to show kindness to people serving at church today.
- Place the supplies where everyone can share them.

- Assign each student a different volunteer to thank. If anyone knows a volunteer personally, have them write a card for that person. Guide everyone to be specific, encouraging, and kind in what they write. Suggest that they include a Bible verse such as 2 Thessalonians 3:5 in their note.
- If they wish, students may attach a candy to their thank-you note.
- As they complete their cards, send the students out to deliver them to the volunteers (if they aren't in the "grown-up" teaching). Encourage the students to introduce themselves as well as give the card instead of just dropping off the card.
- Ensure any leftover thank-you notes get delivered after the service.



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My Story

5 | Wrap-Up Activity

SUPPLIES

- None

INSTRUCTIONS

- Invite the students to huddle together with their arms on one another's shoulders.
- Discuss:
 - What was it like delivering those cards?
 - How did people respond?
 - Did anything surprise you?
 - How did God's kindness bring people together in this experience?
- Close in prayer for your group.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verse cards

INSTRUCTIONS

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have all their take-home materials.
- Ensure the adult teaching is over before dismissing the students.