



BIG IDEA

God is with me.

GOD STORY

David and Goliath (1 Samuel 17)

KEY VERSE

The Lord is with me. I will not be afraid.
(Psalm 118:6a, NIRV)

MUSIC

"Jesus Gives Us Peace" (*The Meeting House Kids*)

1 | Start

SUPPLIES

- Measuring tape and/or ruler

INSTRUCTIONS

- Measure the heights of your family members. You could also measure the lengths of their feet, arms, and legs.
- Explain that in today's Bible story David meets a man named Goliath. Goliath was very, very tall—almost three metres (nine feet) tall!
- Emphasize that David was afraid of Goliath, but God was with David. **God is with me** and with you, too!

2 | Watch

SUPPLIES

- Media player

INSTRUCTIONS

- Watch this week's video from the Now Playing Early Years playlist on the One Story YouTube channel.

3 | Pray

SUPPLIES

- Coloured paper
- Scissors
- Writing supplies (e.g., pens, markers, etc.)
- Tape or stapler

BEFORE THE ACTIVITY

- If you did not prepare a prayer chain last week or if you want to add chains, cut the paper into strips.

TIPS

- Keep the prayers to use each week.
- Consider colour-coding the prayers (e.g., use yellow strips for praises, green strips for requests, blue for needs, etc.).

INSTRUCTIONS

- If you have not already made a paper-chain prayer, encourage everyone in your family to write (or draw) their prayers and praises on the strips of paper.
- Loop the strips together and fasten them to create a paper chain. Depending on the number of prayers, assemble chains for each person or make one family chain.
- Remind the children that Jesus prays on our behalf, too.
- Hang the prayers in a spot where you'll see them and be reminded to pray.



4 | Craft

SUPPLIES

- Paper plate
- Scissors
- Stickers
- Key Verse cutout
- Glue
- Colouring supplies (e.g., crayons, markers, etc.)
- Hole punch
- Yarn

BEFORE THE ACTIVITY

- Cut out the middle of a paper plate to make a wreath shape.

INSTRUCTIONS

- Give each child a paper-plate wreath, some stickers, and a Key Verse cutout, as well as glue and colouring supplies.
- Guide them to glue the verse onto their wreath, then decorate their craft.
- Highlight that God is always with us, so we don't need to be afraid.
- Punch a hole into the wreath and tie on a yarn hanger (see sample below).



5 | Key Verse

SUPPLIES

- Key Verse sign

INSTRUCTIONS

- Slowly read aloud the Key Verse for this series, pointing to each of the words as you say them.
- Repeat Psalm 118:6 together in a variety of fun ways (e.g., whispering, shouting, as a squeaky mouse, gruffly, quickly, slowly, etc.).