



BIG IDEA

Jesus in us lights up the world around us.

GOD STORY

Salt and Light (Matthew 5:13–15)

KEY VERSE

“Those who are peacemakers will plant seeds of peace and reap a harvest of righteousness.”
(James 3:18, NLT)

1 | Conversation Starter

INSTRUCTIONS

- a. To lead into today’s story, ask:
 - Have you ever used a nightlight? What did it look like? What did you like about it?
 - Do you like things that glow in the dark? Why or why not?
- b. Introduce today’s Big Idea: **Jesus in us lights up the world around us.**
- c. Explain that when we get to know Jesus and the way he gives us light, we can be a light for others!

2 | Watch

SUPPLIES

- Media player

INSTRUCTIONS

- a. Watch this week’s video from the Now Playing Kids playlist on the One Story YouTube channel.

3 | Discuss

SUPPLIES

- Bible

INSTRUCTIONS

- a. Review the video teaching together:
 - What’s the Key Verse for this series? (James 3:18)
 - What was the Life Story about in today’s video? What did you learn from Radioactive Rob?
 - What was the God Story about? What stood out to you in this story from Matthew 5?
 - Did you learn anything new about salt or light?
 - What do those things mean for us as followers of Jesus?
- b. Pray that the kids would be lights in the world around them!



4 | Activity

SUPPLIES

- Cardstock
- Glow-in-the-dark duct tape
- Scissors
- Writing supplies

INSTRUCTIONS

- a. Give each person a piece of cardstock.
- b. Place the other supplies where everyone can share them.
- c. Help the kids use the duct tape to make a cross in the centre of their cardstock.
- d. Ask them to write today's Big Idea (**Jesus in us lights up the world around us**) around the duct-tape cross and/or ways that they can shine for Jesus at school, at home, with friends, etc.
- e. Encourage them to find a spot to display their craft where they'll see it light up after dark!

5 | Pray

SUPPLIES

- Candle

INSTRUCTIONS

- a. Explain that in the past, the church often used candles as symbols during prayer times. Light is a sign of hope for us today, too.
- b. Turn off the lights and light the candle.
- c. Prompt the kids to repeat each line of the prayer below after you say it:

Dear God,

Thank you for Jesus.

Thank you that we can know your peace because of Jesus.

Help us light up the world around us because of Jesus in us.

Help us show peace to others at home, at school, and everywhere in between.

Help us be a friend to the lonely.

Help us be loving with our words.

Help us be kind with our actions.

Help us see others' needs first.

Help us show peace to others even when it's hard.

Help us be your hands and feet in the world.

Help us show your light to all.

Help [name each group member].

In Jesus' name we pray, amen!