



My Story

1 | Intro Activity

SUPPLIES

- (Optional) Science experiment materials

BEFORE THE ACTIVITY

- Look up some neat facts about the human body to share with the students.

INSTRUCTIONS

- Invite a science enthusiast in your group to talk about the organisms in our bodies that we cannot see but which are super active. For example, describe what red blood cells do in our bodies. What would we see if we could view them doing their work? If possible, they could do an experiment to illustrate the topic.
- To wrap up, tie in today's Big Idea: **The Holy Spirit is active in all Christ-followers.**

My Story

3 | Small Groups

SUPPLIES

- Small group leader notes
- Bibles

INSTRUCTIONS

- Ensure the leaders have the necessary supplies for small group time.
- Divide into small groups and follow the Hangout, Hear, and Huddle instructions in the leader notes.

God Story | Life Story

2 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Briefly share about your understanding or experience of the Holy Spirit. (Has the concept of the Holy Spirit ever confused you? Surprised you? What is the mystery that is the Holy Spirit?)
- Play the video. It includes:
 - Host segment
 - God Story (The Holy Spirit in You, Romans 8:1-17)
 - Life Story (Christ-followers from around the world share how the Holy Spirit is working through them.)
- Pray before dismissing to small groups.

Our Story

4 | Wrap Up

SUPPLIES

- None

INSTRUCTIONS

- Bring everyone back into a large group.
- Close in prayer.
- Remind the students about any upcoming events or relevant announcements.