

Danger

Safety

Rescued

God wants to rescue everyone through Jesus.

"He is so rich in kindness and grace that he purchased our **freedom** with the **blood** of his Son and forgave our sins. He has showered his kindness on us, along with all **wisdom** and **understanding**."

Ephesians 1:7-8, NLT

A. Talk to the person beside you about this question: When we say YES to following Jesus and living his way, does it mean that we are rescued from pain or tough times in life? Why or why not?

Hint: Read Ephesians 1:9-10

B. Talk to a person with the same colour of shoes as you about this question: Jesus died for us—for you and for me. He lived in human flesh just like you and me. Imagine the pain and hurt he went through for you. How does that make you feel? What do you think we need to do?

Look up John 15:12-17

C. Talk to a person who is nearest to your height about this question: We have heard the good news of Jesus. We know what God has rescued us from and to, through Jesus. If God wants to rescue everyone through Jesus, what is your role in the rescue mission?

Read Matthew 28:18-20

D. Get into a group of two or three. Figure out a creative way together to memorize the verse below. If time permits, have your group share it with the large group.



"We have been set free because of what Christ has done. Because he bled and died our sins have been forgiven. We have been set free because God's grace is so rich."

Ephesians 1:7, NIRV

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Monday

Read Galatians 1:1-10

This passage is from a letter written by Paul to the churches of Galatia. What was Paul's purpose in writing? What part of this passage sticks out to you? Take some time and talk to God about what part sticks out to you and why.

Tuesday

Read Isaiah 41:10

This passage, from the book of the prophet Isaiah, was for the Israelites. Why do you think this would have been important for them to hear? Why might this be important for you to hear? Take some time and talk to God about this.

Wednesday

Read Ephesians 2:4-10

This passage is from a letter written by Paul to the churches of Ephesus. Look back to Ephesians 1:7-12. How is this passage similar? How does it build upon that passage? What sticks out to you or feels important? Take some time and talk to God about this.

Thursday

Read Psalm 71:1-5

This passage is from the book of Psalms, most likely written by David in his old age. What words or phrases stick out to you in this passage? Have you ever felt a little bit like the author? Take some time and talk to God about this.

Friday

Read Hebrews 13:1-8

This passage has some great reminder words for us in our every day. Re-read verse 6. When do you need to be reminded of this? Take some time and talk to God about it.



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Ephesians 1:7a