



**BIG IDEA**

God loves our faith in action.

DANIEL | THE FAITHFUL | WEEK 1 OF 4

# The Vegetarians

## GOD STORY

Eating Different to Stay  
Obedient  
*Daniel 1*

## KEY VERSE

Faith is being sure of what  
we hope for. It is being sure  
of what we do not  
see.  
*Hebrews 11:1 (NIRV)*

## LEADER TIP(S)

- Kids need to know what's expected of them. Encourage everyone to consider these three things and what they mean for the group:
  - Respect yourself
  - Respect others
  - Respect your space

## My Story

### 1 | CONVERSATION STARTER (2 minutes)

Lead into the lesson by discussing ways to show people you love them and how we can show others that we love God.

### 2 | INTRO ACTIVITY (5 minutes)

Compete to act out and guess actions that tie in with today's Big Idea.

## God Story | Life Story

### 3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, Key Verse, and Life Story segments. Recap and discuss them together.

## My Story

### 4 | SMALL GROUP ACTIVITY (12 minutes\*)

Review the video teaching and create calendars filled with ideas for putting the kids' faith into action in the week ahead.

### 5 | WRAP-UP ACTIVITY (8 minutes)

Highlight Hebrews 11:1 as teams race to put together the words in a puzzle.

## Our Story

### 6 | DISMISSAL

Connect with parents and give them take-home materials.

\*Extend as needed and adjust the timing for other activities.



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## My Story

### 1 | Conversation Starter

**SUPPLIES**

- None

**LEADER TIP**

- As the kids arrive, welcome them and find out how their weeks have gone.

**INSTRUCTIONS**

- Welcome the kids as they arrive and gather everyone in a group.
- Ask:
  - What's one way you could show someone you love them?
  - What's one way you could show people that you love God?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Introduce today's Big Idea: **God loves our faith in action.**

### 2 | Intro Activity

**SUPPLIES**

- Masking tape
- Action cards (2 sets)

**BEFORE THE ACTIVITY**

- Before the kids arrive, use masking tape to create a start/finish line at one end of your group's space. At the other end, place each set of action cards in a facedown stack on the floor.

**LEADER TIP**

- Some kids may need help reading their cards.

**INSTRUCTIONS**

- Divide the kids into two teams.
- Guide the teams to line up behind the taped start line on the floor.
- Direct one person from each team to crabwalk to their stack of action cards, pick up one, and crabwalk back to their team with the card.
- Without showing the card to their team, they will look at it, and then act it out without speaking.
- Encourage their teammates to guess the action.
- Once the team guesses correctly, the next person in line will take their turn.
- Continue playing until everyone gets a turn or all the actions cards are used.
- Celebrate the team who guessed the most actions!
- Remind everyone that today's Big Idea is God loves our faith in action.



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## God Story | Life Story

### 3 | Weekly Video

**SUPPLIES**

- Video file

**LEADER TIP**

- Sit with the kids and encourage them to focus on the video as needed.

**INSTRUCTIONS**

- Play the video. It includes:
  - Host segment
  - God Story (Eating Different to Stay Obedient, Daniel 1)
  - Key Verse segment
  - Life Story (Mikayla became a vegan after deciding that eating animal products wasn't right for her. It was a difficult choice but it's a lifestyle she firmly believes in.)
- Recap the video teaching. Discuss:
  - What was the Life Story about in today's video?
  - What was the God Story about?
  - Why did Daniel and his friends want to eat vegetables instead of meat?
  - Does this mean we shouldn't eat meat?
  - What happened when Daniel and his friends ate only vegetables?
  - How did God reward them for putting their faith into action?

## My Story

### 4 | Small Group Activity

**SUPPLIES**

- Faith in Action weekly activity page
- Markers/pens
- Stickers

**LEADER TIP**

- Make sure kids' names are on their own papers.

**INSTRUCTIONS**

- Gather your small group to sit together.
- Give each person an activity page.
- Place the other supplies where everyone can reach them easily.
- As a group, brainstorm ways to put faith into action.
- Direct the kids to write or draw one idea on each day of the week on their activity pages.
- Encourage everyone to decorate their pages with the stickers and markers.
- Talk about where the kids could put their papers as reminders of what they will do in the week ahead.
- To wrap up, pray with the kids. Pray they would start each day knowing that God loves them—and that they would put their love for him into action!



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## My Story

### 5 | Wrap-Up Activity

**SUPPLIES**

- Envelopes containing Key Verse puzzles

**INSTRUCTIONS**

- Divide the kids into groups of three to four people.
- Give each group an envelope containing the pieces a Key Verse puzzle.
- Direct everyone to wait until you tell them to start, and then race to put together their puzzles. The first team to finish their puzzle and say the Key Verse together out loud wins!
- Cheer on the teams as they assemble their puzzles and congratulate the winners.

## Our Story

### 6 | Dismissal

**SUPPLIES**

- Crafts
- Take-home cards
- Key Verse cards
- Key Verse colouring pages

**LEADER TIP**

- Organize the take-home materials so they're easy to access. It may be helpful to sort them before the lesson, then set out any crafts later. Consider having one leader focus on handing out everything.

**INSTRUCTIONS**

- If parents pick up their kids in your setting, take a moment to share a highlight or two from your time together today.
- Give everyone a weekly take-home card as well as the Key Verse card and colouring page for this series.
- Remind the kids to take their crafts.