



ROMANS | LIFE | WEEK 3 OF 5

# Sacrifice

## BIG IDEA

God wants to transform the way we think.

## KEY VERSES

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

*Romans 12:1–2 (NLT)*

## LEADER TIP

Challenge the students to consider whether their thoughts are the best, most whole version of what they could be.

## 1 | Hangout

### SUPPLIES

- None

### LEADER TIP

- When something transforms, there's a dramatic change in the ways it looks or acts.

### INSTRUCTIONS

- Discuss:
  - What have you seen transform (e.g., toys or something in nature)?
  - How would you explain the concept of transformation to someone?
  - What do you think today's Big Idea (**God wants to transform the way we think**) means? What might God want to change about how we think?



ROMANS | LIFE | WEEK 3 OF 5

---

## 2 | Hear

### SUPPLIES

- Bibles

### LEADER TIP

- As the result of hormones and life stage, students will be driven to think about insecurities, sex, social drama, etc. Be prepared for some of these conversations as you discuss God's transformative power.

### INSTRUCTIONS

- a. Make sure everyone has a Bible. Share them if needed.
- b. Look up and read Romans 12:1-2.
- c. Discuss:
  - What sticks out to you from this passage? Why?
  - In which area(s) of your life do you think God wants to transform how you think? For example, how you think about yourself or how you think about someone in particular?
  - What do you think about when your mind wanders?
- d. Look up and read Philippians 4:4-9.
- e. Discuss:
  - What sticks out to you from this passage? Why?
  - Do you find it difficult to keep your thoughts focused on the things mentioned in verse 8? Why or why not?
  - How would memorizing or meditating on verse 8 help you as God transforms the way you think?

## 3 | Huddle

### SUPPLIES

- None

### INSTRUCTIONS

- a. Reflect on your earlier discussion about how God wants to transform the way you think about something or someone. Ask your group if there's anything more they'd like to share.
- b. Pray together about what the students have discussed and shared.