



GENESIS | RELATIONSHIPS | WEEK 2 OF 4

You and Me

Our relationship with God directly affects our relationships with others. The more we get to know God, the more we get to know his story and better understand our own.

BIG IDEA

God's peace can heal relationships.

KEY VERSE

A peaceful heart leads to a healthy body; jealousy is like cancer in the bones.

Proverbs 14:30 (NLT)

2 | Hear

SUPPLIES

- Bibles

INSTRUCTIONS

- Discuss:
 - What happened between Jacob and Esau that caused a big problem?
 - How did things change for them?
- Make sure everyone has a Bible. Share them if needed.
- Look up Philippians 4:6–7 and read the passage together.
- Discuss:
 - What do these verses tell you about worrying?
 - What does it say to you about God's peace?
 - How do you think God's peace can help you right now?

1 | Hangout

SUPPLIES

- None

INSTRUCTIONS

- Discuss:
 - Who do you have a love-hate relationship with? (e.g., a sibling, a cousin, a friend, a classmate)
 - Why is it sometimes difficult to get along with that person?
 - What do you think God wants for that relationship?

3 | Huddle

SUPPLIES

- None

INSTRUCTIONS

- Invite the students to share about a relationship in which they need God's help and peace. It may be with whomever they described during the Hangout discussion.
- After each student shares, encourage them pray for that relationship.