

Ms My Story

1. INTRO ACTIVITY

Supplies:

- None

Instructions:

- Gather the students together.
- Highlight the reality that we have a hard time focusing on things. We live in a culture with an increasingly short attention span. So, when we want to focus on Jesus, we're already swimming upstream!
- Invite everyone to practise focusing...on one another.
- Guide the students to divide into pairs.
- Challenge them to a staring contest!
- Direct the winners to pair up with one another. Instruct the losers to stand behind the person who beat them.
- Keep playing new rounds until everyone is standing in a line behind one of the two finalists.
- Challenge them to a final stare off!

Gs God Story Ls Life Story

2. WEEKLY VIDEO

Supplies:

- Video file

Instructions:

- Introduce this week's Big Idea: **Communion helps us focus on what Jesus did for us.**
- Play the video. It contains:
 - Host segment
 - God Story (The Last Supper | Mark 14:12-26)
 - Life Story (If this hockey team wants to do well on the ice, they have to focus and work together!)

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3. SMALL GROUPS

Supplies:

- Small group leader notes
- Bibles
- Pita bread
- Grape juice

Instructions:

- Ensure the leaders have the necessary supplies for small group time.
- Divide into small groups and follow the Hangout, Hear, and Huddle instructions in the leader notes.

Os Our Story

4. WRAP UP

Supplies:

- None

Instructions:

- Bring the students back together as a large group.
- Close in prayer.
- Remind everyone about any upcoming events or relevant announcements.