



BIG IDEA

God's way is the best way.

EXODUS | UNDERDOG | WEEK 1 OF 5

God's Way

GOD STORY

Moses Is Born
Exodus 1-2:10

KEY VERSE

[God said,] "My grace is all you need. My power is strongest when you are weak." So I am very happy to brag about how weak I am. Then Christ's power can rest on me.

2 Corinthians 12:9 (NIRV)

LEADER TIP

Students need to know what's expected of them. Encourage everyone to consider these three things and what they mean for the group:

- Respect others
- Respect yourself
- Respect your space

My Story

1 | CONVERSATION STARTER (7 minutes)

Lead into today's lesson by chatting about the best way to do a variety of things, then introduce the Big Idea.

2 | INTRO ACTIVITY (5 minutes)

Challenge the students to make paper airplanes in the best way possible. Tie in today's Big Idea that **God's way is the best way!**

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Review what it means to follow God's way. Divide into groups to read and discuss scenarios that highlight the Big Idea.

5 | WRAP-UP ACTIVITY (10 minutes)

Divide into smaller groups to share about how following God's way can be difficult. Wrap up by praying together.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- This is meant to be a casual conversation as the students arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

INSTRUCTIONS

- As the students arrive, greet them and gather everyone together.
- Ask: What is the best way to...
 - ...make a sundae?
 - ...high jump?
 - ...show kindness to a stranger?
 - ...shoot a basketball?
 - ...watch a movie (i.e., At home? At a theatre? With popcorn? With friends?)
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Introduce this week's Big Idea: **God's way is the best way!**

2 | Intro Activity

SUPPLIES

- Paper

INSTRUCTIONS

- Guide everyone to find a partner.
- Give each pair of students a piece of paper.
- Challenge them to create a paper airplane that will fly in the best way possible.
- Give everyone about two minutes to design and fold their planes.
- Ask: How can we discover who made their airplane the best way? (Fly the planes!)
- Use the same starting point for everyone and see whose plane flies the best (i.e., the furthest).
- Remind the students that today we're talking about the fact that **God's way is the best way!**



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Moses Is Born, Exodus 1–2:10)
 - Life Story (Lauren thought her music career was over after a vocal injury. But when she finally trusted God, she learned that **God's way is the best way.**)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What stood out to you in Moses's story? Why?
 - What stood out to you in the Life Story?
 - What's the connection between these stories and today's Big Idea (**God's way is the best way**)?
 - What is the Key Verse for this series? (2 Corinthians 12:9)

My Story

4 | Application Activity

SUPPLIES

- Scenarios
- Bibles

LEADER TIP

- Encourage the students to use the Bibles to help them navigate the scenarios.

INSTRUCTIONS

- Discuss: How do you think Moses's birth mom knew that **God's way is the best way**?
- Explain that she would've known the history of the Israelites, including God's promises to Abraham, Isaac, and Jacob. Also, Moses's mom trusted God—and it kept Moses alive! Later, he ended up in the Egyptian palace, where he could speak to the pharaoh.
- Discuss: How do we know that **God's way is the best way** for us? (Guide the responses to go beyond "Because the Bible tells us.")
- Divide the students into four groups of four or fewer people. If you have more than 16 students, modify your groups as needed.
- Give each group a scenario and a Bible.
- Direct the group members to read and discuss their scenario.
- After a few minutes, invite each group to share their scenario and their thoughts on it with everyone else.
- Once the groups have all presented, discuss:
 - How do we know what God's way is?
 - How does our relationship with Jesus help us know God's way?
 - How does meeting together as we are now help us follow God's way?



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My Story

5 | Wrap-Up Activity

SUPPLIES

- None

INSTRUCTIONS

- Remind the students that **God's way is the best way!** Point out that this is something we may wrestle with our entire lives, since people always seem to default back to our own ways.
- Divide the students into groups of three or four people.
- Ask them to share with one another about when they find it difficult to follow God's way over their own way or culture's way.
- Encourage the group members to pray for one another. Suggest that they pray for help staying on course and following God's way—even when it is difficult!

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verse cards

INSTRUCTIONS

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have all their take-home materials.
- Ensure the adult teaching is over before dismissing the students.