

#### **BIG IDEA**

We can show God's love with gentle words.

#### **GOD STORY**

Gentleness (Proverbs 15:1-4)

#### **KEY VERSES**

The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. (Galatians 5:22–23a, NLT)

# 1 | Conversation Starter

#### **SUPPLIES**

None

#### **INSTRUCTIONS**

- a. Chat with the kids about what they think the word "gentle" means.
- Explain that it describes things that have a calming or soothing effect. Words that are gentle are kind, thoughtful, and loving.
- c. Ask:
  - In which sorts of situations do people use gentle words?
  - What might you be aiming to do when you speak gently and with care?
  - Do you change the way you speak when you're being gentle? For example, would you shout?
- d. Clarify that gentle words show love. They are especially helpful when people are upset or disagree with each other.
- e. Introduce today's Big Idea: **We can show God's love with gentle words**.

### 2 | Watch

#### **SUPPLIES**

Media player

#### **INSTRUCTIONS**

 a. Watch this week's video from the Now Playing Kids playlist on the One Story YouTube channel.

## 3 | Discuss

#### **SUPPLIES**

None

#### **INSTRUCTIONS**

- a. Review and discuss the video teaching:
  - What are the Key Verses for The Look of Love series? (Galatians 5:22–23a)
  - What stood out to you in today's Life Story?
    How about the God Story?
  - Why is it loving to be gentle?
  - Why do you think it's sometimes difficult to be gentle?
  - Which do you use most often: gentle and kind words or harsh and inconsiderate words? Why do you think that is?
  - What could help us remember to speak gently to one another?
  - Is there anyone you've spoken harshly to recently who you need to ask for forgiveness?



# 4 | Activity

#### **SUPPLIES**

- Bible
- Show Me How It's Done cards

#### **TIPS**

- Guide the kids to come up with solutions that show God's love. Prompt them to picture what Jesus might do in the situation.
- Get creative! Your family members could participate by narrating, directing, or making props or costumes.

#### **INSTRUCTIONS**

- a. Show the kids how to find Proverbs 15:1-4.
- b. Read the passage aloud.
- c. Discuss: What do you think verses 1 and 4 mean?
- d. Invite your family to reflect this idea by acting out some scenarios together. Take turns being the main character in the scenarios outlined on the cards. Give the main character a card and help them review the scenario. Figure out how many people are needed to act it out and invite others to join in as needed.
- e. Act out each scenario two times. First, react like most people would. Then do it again in a way that highlights today's Big Idea (We can show God's love with gentle words).

# **5** | Pray

#### **SUPPLIES**

- (Optional) Egg
- (Optional) Garbage bag
- Egg Prayer activity pages
- Writing supplies

#### **INSTRUCTIONS**

- a. Point out that eggs are fragile, so we must hold them very gently. This is also true for how we use our words. We can show God's love with gentle words. When our words aren't gentle, we can seriously hurt people—just like a smashed egg!
- b. (Optional) Drop an egg over a garbage bag to show what happens when it isn't handled gently.
- c. Highlight that, unlike with a cracked egg, it's never too late to ask others for forgiveness and repair a relationship!
- d. Give an activity page and something to write with to each of the kids.
- e. Read aloud the text on the page.
- f. Write prayers to God asking him to help the kids use gentle words to show others his love.