



BIG IDEA

The Holy Spirit helps us.

GOD STORY

Choosing the Seven Helpers (Acts 6:1-7)

KEY VERSE

"The Holy Spirit...will help you and always be with you." (John 14:16b, CEV)

MUSIC

"Holy Spirit" (*The Meeting House Kids Music*)

1 | Start

SHARING WITH OTHERS SUPPLIES

- Food pictures

SHARING WITH OTHERS INSTRUCTIONS

- Look at the pictures together and chat about how the children would share this food with their friends.
- Ask if they would give it all to one person or share it equally with everyone.
- Remind them that **the Holy Spirit helps us** share.
- To wrap up, explain that today's story is about some women who thought food was not being shared fairly.

SEVEN! SUPPLIES

- None

SEVEN! INSTRUCTIONS

- Gather your family in an open area.
- Explain that in the Bible story they'll hear soon, seven people were chosen to do an important job. To help everyone remember that number, you're going to do everything seven times!
- Do a variety of fun actions (e.g., hops, twirls, head taps, eyelid bats, etc.) in sets of seven. Encourage the children to come up with their own ideas, too.

2 | Watch

SUPPLIES

- Media player

INSTRUCTIONS

- Watch this week's video from the Now Playing Early Years playlist on the One Story YouTube channel.

3 | Pray

SUPPLIES

- Large piece of craft paper (or the back of wrapping paper)
- Writing supplies
- People cutouts
- Glue or tape

BEFORE THE ACTIVITY

- If you aren't re-using supplies from a previous week, print the Big Idea (**The Holy Spirit helps us**) in the middle of the paper.

TIP

- Save the supplies and add more people each week during the Help series.

INSTRUCTIONS

- Remind the children that **the Holy Spirit helps us** be kind, share, help and love others, and so on.
- Ask: Do you know someone who needs help? Who is it? How could we help them?
- Write the children's replies on the people cutouts.
- Help them stick their cutouts onto the paper.
- Pray together for these people and ask for the Holy Spirit's help!
- Hang the paper where you'll be reminded to pray during the week.



4 | Craft

SUPPLIES

- Helpers activity pages
- Stickers
- Colouring supplies

INSTRUCTIONS

- a. Give each child an activity page.
- b. Place the other supplies where they can be shared.
- c. Direct the children to add the stickers to the picture and colour it. They could also draw their favourite foods on the page.
- d. Read aloud the text printed on it and explain that Stephen was one of the seven people chosen in the story.
- e. Reinforce that **the Holy Spirit helps us** be kind to others and help them, just like the seven men helped the widows.

5 | Key Verse

SUPPLIES

- Key Verse cards
- Masking tape

BEFORE THE ACTIVITY

- Create a path on the floor with the Key Verse cards. Be sure to tape down all the edges to prevent tripping.

INSTRUCTIONS

- a. Lead the children to hop along the path of Key Verse cards. Prompt them to walk, leap, jump, clap their hands, and have fun!
- b. As they move along the path, read the verse out loud.
- c. Emphasize that **the Holy Spirit helps us**.