



BIG IDEA

God wants us to know him.

KNOW | WEEKS 1-4

Know

GOD STORY

Baby Moses to Ten
Commandments
Exodus 1-20

KEY VERSE

Come near to God, and he will
come near to you.
James 4:8a (NIRV)

LEADER TIPS

- Allowing the children to make choices gives them a sense of control. For example, ask which toy they would like to play with first to help put them at ease. During the lesson, invite them to choose if they want to walk or hop from one activity to the next. Providing options creates a comfortable environment for the children.

Life Story

1 | BABY IN THE NILE (Free play)

Pretend to find baby Moses floating in a basket on the Nile.

2 | FIND THE STORY (Free play)

Look for hidden pictures that show scenes from Moses's life.

3 | THE BURNING BUSH (Free play)

Make a pretend burning bush and talk about the Bible story.

4 | TOSS THE BEAN BAG (Free play)

Play with beanbags and highlight scenes from the Moses flipbook.

5 | CROSSING THE SEA (Large group)

Pretend to cross the parted waters of the Red Sea!

God Story (Circle Time)

6 | MUSIC (Large group)

Sing and dance along to "Pray Every Day" (*The Meeting House Kids Music*).

7 | BIBLE STORY (Large group)

Read "Moses" *Flipbook* or the story of Moses in a children's Bible.

My Story

8 | CRAFT (Large group)

Refer to the lesson plan for details about the crafts.

Our Story

9 | DISMISSAL

Connect with parents. Remember to give them take-home cards!



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Life Story

1 | Baby in the Nile

SUPPLIES

- Blue bed sheet
- Baby doll
- Baby blanket
- Empty supply bin

BEFORE THE ACTIVITY

- Feel free to bring in a basket from home instead of using an empty bin.
- Place the bed sheet on the floor to make a pretend Nile River.

LEADER TIP

- Read Exodus 2:1-10 to review the story of baby Moses floating in a basket in the river.
- Repeat free-play activities as long as the engage the children. Then invite a new group to do them.

INSTRUCTIONS

- a. Gather a couple of children at a time during free play.
- b. Wrap up the baby doll in the blanket and show him to the children. Tell them that the baby's name is Moses.
- c. Call the bin a basket and gently place baby Moses in it. Place the basket on the pretend Nile (bed sheet).
- d. Talk with the children about the story of baby Moses.
- e. Pretend to be the Egyptian princess who rescued him. Take the basket out of the river and pick up the baby.
- f. Encourage the children to help take care of Moses.
- g. Explain that God knew Moses, God took care of Moses, and Moses got to know God. **God wants us to know him, too!**

2 | Find the Story

SUPPLIES

- Story cards

BEFORE THE ACTIVITY

- Hide the cards around your group's space before the children arrive.

LEADER TIP

- Use the flip book about Moses from the circle time supplies as a reference for this activity.

INSTRUCTIONS

- a. During free-play time, invite a few children to help you look for the hidden cards.
- b. Instruct everyone to bring the cards to you as they find them.
- c. Once all six cards are found, put them in order for the children.
- d. Briefly tell the story of Moses's life using the cards to show some of the highlights.
- e. Explain that God knew Moses and that God was with Moses his whole life. Moses got to know God. God knows us, and he is with us for our whole lives.
- f. Emphasize the Big Idea: **God wants us to know him!**



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Life Story

3 | The Burning Bush

SUPPLIES

- Blocks
- Battery-operated tea lights
- Fire-coloured tissue paper

INSTRUCTIONS

- a. Sit with a few children during free-play time.
- b. Explain that God spoke to Moses through a burning bush because God wanted Moses to know him.
- c. Help the children build a pretend burning bush using the blocks and tissue paper (see sample photo below).
- d. Turn on the tea lights and add them to make the burning bush glow.
- e. Tell everyone that God wants us to know him, just like Moses knew God.



4 | Bean Bag Toss

SUPPLIES

- Story pictures
- Masking tape
- Beanbags

BEFORE THE ACTIVITY

- Arrange the pictures on the floor and tape them down.
- A short distance from the pictures tape a line on the floor for the children to stand behind.

LEADER TIP

- The closer together the pictures are, the easier it will be for a child to toss a beanbag onto one.

INSTRUCTIONS

- a. During free play, gather a small group of children together at the taped line.
- b. Demonstrate how to toss a beanbag underhand toward the pictures.
- c. Describe what's happening in the picture where the beanbag lands.
- d. Guide everyone to take turns tossing a beanbag onto the pictures. Describe what's happening in each scene.
- e. Continue as long as the children are interested.



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Life Story

5 | Crossing the Sea

SUPPLIES

- Blue bed sheets or blue tarp

BEFORE THE ACTIVITY

- Bunch up the sheets and place them side by side to create a pretend parted Red Sea. Leave enough space for the children to move easily between the sheets.

LEADER TIP

- Review Exodus 14:10-31 to help you set the scene.

INSTRUCTIONS

- a. During free play, gather a few children at a time by the bed sheets on the floor.
- b. Explain that in today's story from the Bible, Moses leads some people to walk across a sea. God parted its waters so they could cross safely!
- c. Lead everyone to pretend to cross the parted sea.
- d. Encourage the children to do a variety of actions (e.g., walk, run, hop, jump, crawl, etc.).
- e. Note that **God wants us to know him**, just like Moses knew him!

God Story (Circle Time)

SUPPLIES

- Media player
- Tidy up and/or circle time songs

INSTRUCTIONS

- a. Make sure the media player is easy to access.
- b. Play music while clearing space on the floor.
- c. Gather the children into a circle to do the following activities together.
- d. Change the order of the circle time activities so they work well for your group.

LEADER TIP

- If you use the video option, note that it includes the Music, Bible Story, and Key Verse activities.

6 | Music

SUPPLIES

- Song lyrics
- Wall-safe tape
- Media player
- "Pray Every Day" (*The Meeting House Kids Music*)
- (Optional) Musical instruments or scarves

INSTRUCTIONS

- a. Gather everyone together during circle time.
- b. (Optional) Give each child a scarf or instrument.
- c. Mix it up each week! Play the music and:
 - do a fun freeze-style dance.
 - wave around the scarves.
 - use the musical instruments.
 - make up fun actions that go with the songs.
- d. To wrap up, guide the children to return any supplies to the bin.



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God Story (Circle Time)

7 | Bible Story

SUPPLIES

- “Moses” Flipbook (from Exodus 1-20)

LEADER TIPS

- Read one or more of the stories each week. Note that the flip book is the core of the lesson.

INSTRUCTIONS

- a. During circle time, gather the children to sit on the floor with you.
- b. Explain that today’s stories are from the Bible.
- c. Read the stories out loud. Use an expressive voice and show everyone the pictures. Involve the children in the storytelling as much as possible!
- d. Highlight that Moses knew God, and that **God wants us to know him**, too.
- e. Pray, “Dear God, thank you for each friend who is here today [name each child if possible]. Thank you for our families and friends and that you love us so much. We love you, too! Amen.”

My Story

8 | Craft

LEADER TIPS

- Depending on what works best for your group, gather all the children at the tables, work with small groups of two to three children, or do the crafts one-on-one.
- Help them hand-over-hand if needed.
- Make sure to write the children’s names on their crafts each week.

Week 1 Craft

SUPPLIES

- Baby Moses activity pages
- Cupcake liners
- Green paper strips
- Glue sticks
- Crayons

LEADER TIP

- Depending on your group, it may be helpful to have leaders help the children one-on-one with the gluing.

INSTRUCTIONS

- a. Give each child an activity page, a cupcake liner, some green paper strips, and a glue stick.
- b. Place the crayons where everyone can reach them.
- c. Help the children glue a basket (cupcake liner) and some reeds (green paper) onto their pages.
- d. Encourage everyone to colour on their craft.
- e. Talk about baby Moses as the children work.



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My Story

Week 2 Craft

SUPPLIES

- Burning Bush activity pages
- Red, yellow, and orange dabber markers

LEADER TIP

- Help the children roll up their sleeves before they use the dabbers.
- It may be helpful to do this craft with just one or two children at a time.

INSTRUCTIONS

- a. Give each child an activity page and a dabber. Read aloud the text on the page.
- b. Guide everyone to dab gently on their page to colour it. Help them hand over hand if needed.
- c. Encourage the children to share their dabbers to get different colours.
- d. As they work on their crafts, review what happened with Moses and the burning bush.

Week 3 Craft

SUPPLIES

- Paper towels
- Plagues and the Red Sea activity pages (double-sided)
- Chalk

BEFORE THE ACTIVITY

- (Optional) Dampen some paper towels with water to wipe up chalk dust as needed.

LEADER TIP

- Roll up the children's sleeves to keep them from getting chalky.
- If anyone tries to eat the chalk, redirect them to colouring. Remind the children that chalk does not go in mouths!

INSTRUCTIONS

- a. Give each child an activity page and a piece of chalk. Read aloud the text on the page.
- b. Direct the children to colour their pages. Encourage them to share their chalk to get different colours.
- c. Point out that the page has two sides so they can flip it over and keep colouring!
- d. As they colour, review stories from the life of Moses.
- e. Help the children wipe off their hands as needed.



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My Story

Week 4 Craft

SUPPLIES

- Ten Commandments activity pages
- Crayons

INSTRUCTIONS

- a. Give each child an activity page.
- b. Place the crayons where everyone can reach them.
- c. Encourage the children to use as many colours as possible on their pictures.
- d. As they colour, talk about Moses and God's special rules called the Ten Commandments

Our Story

9 | Dismissal

SUPPLIES

- Children's crafts
- Take-home cards
- Key Verse colouring pages

BEFORE DISMISSAL

- Place any take-home materials where everyone can access them easily.

LEADER TIP

- Take a moment to share with parents about their children's experiences. Many parents will only hear about the morning from you.

INSTRUCTIONS

- a. Greet parents as they arrive to pick up their children.
- b. Give everyone take-home cards.
- c. If they have not yet gotten a colouring page for the month, offer them one.
- d. Remind them to take any crafts.