

BIG IDEA

God's peace can heal relationships.

GENESIS | RELATIONSHIPS | WEEK 2 OF 4

You and Me

GOD STORY

Jacob and Esau
Genesis 32–33

KEY VERSES

Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight.
Proverbs 3:5–6 (NIRV)

LEADER TIP

Remember to pray for the students in your group before they arrive!

My Story

1 | CONVERSATION STARTER (7 minutes)

Lead into today's lesson by chatting about relationships. Introduce today's Big Idea.

2 | INTRO ACTIVITY (5 minutes)

Act out scenarios and solutions with the twist that any student can replace any actor at any time.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Re-use the scenarios from the Intro Activity to spark discussions. Introduce a series of steps that can end a conflict peacefully.

5 | WRAP-UP ACTIVITY (10 minutes)

Identify relationships the students need help with and pray for healing.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- Use this quick activity to welcome everyone, build community, and set the tone for your group.

INSTRUCTIONS

- As the students arrive, gather them together.
- Ask:
 - What are some different kinds of relationships? (e.g., parent-child, husband-wife, God-us, friend-friend, boss-employee, teacher-student, etc.)
 - Which relationships do you think have the most arguments? Why?
 - Which relationships do you think are the easiest? Why?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Introduce the Big Idea: **God's peace can heal relationships.**

2 | Intro Activity

SUPPLIES

- Buzzer
- Scenario cards

LEADER TIP

- If the acting starts to get out of hand, hit the buzzer and start a new scenario.

INSTRUCTIONS

- Place the buzzer in a central spot.
- Invite two student volunteers to join you at the front.
- Explain that you will read aloud an introduction to a scenario and the students will act it out. Then they will create and act out a solution to end it.
- Add a fun twist! After you read the card, anyone may hit the buzzer and the actors must freeze. The person who buzzed takes the place of an actor who moves out of the scenario. Buzz again to resume the acting.
- Repeat until the students have acted out all the scenarios and presented solutions.
- To wrap up, explain that in today's God Story there's a strained relationship between two brothers.
- Set aside the cards to re-use after the video teaching.



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Jacob and Esau, Genesis 32–33)
 - Life Story (When Maxim went to a new school, he struggled with relationships and acted out against his parents. He prayed and God gave him peace to change things for the better.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What are the Key Verses for this series? (Proverbs 3:5–6)
 - What stood out to you in today's God Story? How about in Maxim's story?
 - How do these stories and the Big Idea (**God's peace can heal relationships**) connect?

My Story

4 | Application Activity

SUPPLIES

- Scenario cards from Intro Activity

INSTRUCTIONS

- Guide the students to pair up.
- Give each set of partners a scenario from the Intro Activity.
- Ask them to consider how their scenario might play out differently if they did the following:
 - Pause and take a breath.
 - Pray for God's help to bring peace.
 - Thank God for that person.
 - Apologize for your part in the conflict.
- After a few minutes, invite each pair to share their thoughts with the rest of the group.



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My Story

5 | Wrap-Up Activity

SUPPLIES

- Scrap paper
- Pens
- Empty supply bin

INSTRUCTIONS

- a. Give each student a piece of scrap paper and a pen.
- b. Direct them to write the name of a person or describe a relationship that they need God's help with (e.g., a friend, a parent, a teacher, etc.). Assure them that whatever they write will remain private if they wish.
- c. If anyone feels comfortable sharing with the group, invite them to do so.
- d. Ask the students to crumple up their papers.
- e. Invite everyone to release trying to solve this problem on their own. Instead, they can ask God for his help to bring peace to the relationship.
- f. Pass around the bin and invite each student to say, "God help me!" as they toss their crumpled paper into it.
- g. Wrap up by praying for each of the students and thanking God that his peace can heal relationships.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verses cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.