



BIG IDEA

God knows who we really are and wants us to know too.

GENESIS | RELATIONSHIPS | WEEK 3 OF 4

Inside Out

GOD STORY

Jacob Becomes Israel
Genesis 35:1-15

KEY VERSES

Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways remember him. Then he will make your paths smooth and straight.
Proverbs 3:5-6 (NIRV)

LEADER TIP

Remember to pray for the students in your group before they arrive!

My Story

1 | CONVERSATION STARTER (7 minutes)

Lead into today's lesson by chatting about who the students know best and who knows them best.

2 | INTRO ACTIVITY (5 minutes)

Guess which unique descriptions match each student. Introduce today's Big Idea.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Break into smaller groups to brainstorm how the students view themselves and how God sees them, then look up related Bible passages.

5 | WRAP-UP ACTIVITY (10 minutes)

Invite the students to come up with personal challenges based on what they discussed in the previous activity.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- Be prepared to share your own age-appropriate answers to the questions.

INSTRUCTIONS

- As the students arrive, greet them and gather everyone together.
- Ask:
 - Who knows you best?
 - Whom do you know best?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.

2 | Intro Activity

SUPPLIES

- Scrap paper
- Pens
- Empty supply bin

LEADER TIP

- If there are more than 12 students in your group, divide into smaller groups for this activity.

INSTRUCTIONS

- Give each student a piece of scrap paper and a pen.
- Direct everyone to write three words that describe themselves—and no one else in the group.
- Collect all the papers in the bin.
- Invite a student to pick a paper out of the bin and read aloud the three descriptors. If they choose their own paper, they should toss it back into the bin and select another one.
- Encourage the student to guess who the words describe. If they guess correctly, they can play again. If they guess incorrectly, it becomes someone else's turn.
- Declare whoever has the most correct guesses at the end the winner.
- To wrap up, introduce today's Big Idea: **God knows who we really are and wants us to know too.** Highlight that we may describe ourselves in many ways, but God knows us best!



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Jacob Becomes Israel, Genesis 35:1–15)
 - Life Story (Marianna describes how she felt God had a purpose for her when she was ill.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What are the Key Verses for this series? (Proverbs 3:5–6)
 - What stood out to you in the God Story?
 - Do you have any questions about Marianna's story?
 - How was God with Marianna and Jacob? In what ways was this evident?
 - How do these stories connect with the Big Idea (**God knows who we really are and wants us to know too**)?

My Story

4 | Application Activity

SUPPLIES

- Identity activity pages
- Pens
- Bibles
- Wall-safe tape

LEADER TIPS

- If you only have one guy or one girl in your group, divide the students by grade or age.
- Be sure that you leave enough time for the next activity, so that the students can personalize what they've learned.

INSTRUCTIONS

- Divide the students into guys and girls.
- Give each group an activity page, pens, and Bibles.
- Encourage them to brainstorm how they view themselves and how God views them. The groups should also look up the Bible passages listed on the page.
- After the students have had time for a discussion, gather as a large group and review their ideas.
- Hang the completed activity pages where everyone can see them for the next activity.

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My Story

5 | Wrap-Up Activity

SUPPLIES

- Challenge cards
- Pens

LEADER TIP

- If you run out of time, send the challenge cards home with the students, and give them clear instructions.

INSTRUCTIONS

- a. Give each student a challenge card and a pen.
- b. Direct them to review the completed Identity activity pages from the previous activity and silently consider:
 - What does this mean for me?
 - What does God want me to know?
- c. Based on their personal responses, invite the students to write a challenge for themselves on their card.
- d. Encourage them to keep the challenge card and refer to it in the weeks and months ahead.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verses cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.