

BIG IDEA

God uses us despite our weaknesses.

EXODUS | UNDERDOG | WEEK 4 OF 5

Weakness

GOD STORY

Moses Returns to Egypt
Exodus 4:18–7:13

KEY VERSE

[God said,] “My grace is all you need. My power is strongest when you are weak.” So I am very happy to brag about how weak I am. Then Christ’s power can rest on me.

2 Corinthians 12:9 (NIRV)

LEADER TIP

Students need to know what’s expected of them. Encourage everyone to consider these three things and what they mean for the group:

- Respect others
- Respect yourself
- Respect your space

My Story

1 | CONVERSATION STARTER (7 minutes)

Share about things the students wish they were better at, then discuss how **God uses us despite our weaknesses.**

2 | INTRO ACTIVITY (5 minutes)

Review the Key Verse for this series and come up with ideas for how to teach it to other people.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Visit five story stations to learn about how God used a variety of real people despite their weaknesses.

5 | WRAP-UP ACTIVITY (10 minutes)

Use the My Prayer activity page to help the students pray.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.

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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- As the students arrive, welcome them and find out how their weeks have gone.

INSTRUCTIONS

- Gather everyone together.
- Ask: What's something that you're not good at that you wish you were good at? Why do you wish you were good at it?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Introduce this week's Big Idea: **God uses us despite our weaknesses.**
- Discuss: How could God use us despite our weaknesses?

2 | Intro Activity

SUPPLIES

- Key Verse sign
- Wall-safe tape

BEFORE THE ACTIVITY

- Place the Key Verse sign where everyone can see it easily.

LEADER TIP

- Memorization is like planting a seed: the fruit grows over time. Students can memorize a verse now and recall it when it's helpful to them in the years to come.

INSTRUCTIONS

- Review 2 Corinthians 12:9 line by line. After each line, discuss:
 - What does this mean?
 - What does this mean for your life?
- Guide the students to find a partner or get into small groups.
- Challenge them to create a way to teach or learn this verse. For example, they could set the words to a tune.
- After a couple of minutes, invite the students to share their ideas with the other groups.
- Encourage everyone to teach this verse to someone this week!



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Moses Returns to Egypt, Exodus 4:18–7:13)
 - Life Story (Nadia and her mom, Marianna, share about how they've been loved and embraced by the church community.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What stood out to you in today's God Story? Why?
 - What stood out to you in the Life Story?
 - What's the connection between the God and Life Stories and today's Big Idea (**God uses us despite our weaknesses**)?



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My Story

4 | Application Activity

SUPPLIES

- Story signs
- Wall-safe tape

BEFORE THE ACTIVITY

- Hang up the five story signs. Arrange them so there's some distance between the signs and the students move from place to place.

LEADER TIP

- If there's a leader or someone from within your church community with a great story to tell about how God used their weakness for his glory, make an additional station with them sharing their story.

INSTRUCTIONS

- Discuss:
 - What weakness did Moses have?
 - How did God use Moses despite this weakness?
 - How could others see how amazing God was through today's God Story?
- Point out that some things in our lives could be seen as weaknesses, but God may use them for his kingdom purposes. If possible, share your own age-appropriate example.
- Explain that the students will have the opportunity to learn some well-known peoples' real-life stories.
- Divide the students into five groups.
- Direct each group to a different story sign.
- Instruct the group members to take turns reading the story on their sign.
- Give the groups time to discuss the question(s) that go along with each story.

- After a few minutes, guide the groups to move to another story sign.
- Once the students have discussed each story, gather everyone back together to sit in a circle.
- Discuss:
 - How did God use these peoples' weaknesses?
 - What's something you learned about God as you heard these peoples' stories?
- Pray for each person in your group by name.
Thank God that when we are weak, he is strong.



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My Story

5 | Wrap-Up Activity

SUPPLIES

- My Prayer activity pages
- Pens

INSTRUCTIONS

- a. Give each student an activity page and a pen.
- b. Remind them that we all have weaknesses, but the awesome thing is that God can show his strength even more clearly when we are weak.
- c. Give everyone a couple of minutes to write a prayer to God on their activity pages. Encourage the students to share the areas in which they feel weak and ask God to work with them to show his strength.
- d. Let the students know that they don't need to share this prayer with anyone. However, they may choose to keep it somewhere as a reminder of what they learned today.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verse cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.