



## 1. CONVERSATION STARTER

### Supplies:

- None

### Leader Tip:

- Use the Conversation Starter to set the tone for your group's time together.

### Instructions:

- As the students arrive, welcome them and gather everyone in a group.
- Ask: Think about the last time you went out for dinner. Who were you with? Where did you go? What did you talk about?
- Depending on the size of your group, have the students share their responses with the people sitting closest to them or with everyone.

## 2. INTRO ACTIVITY

### Supplies:

- None

### Instructions:

- Gather everyone together.
- Choose one person to leave your group's space for a moment. They must be far enough away that they cannot hear your instructions.
- Assign one-third of the students to sing "Happy Birthday," one-third to sing "Twinkle, Twinkle," and the final one-third to sing the alphabet. Tell them to start singing when the student returns to your group's space. They do not need to sing in unison.
- Choose one person to say a different phrase, such as:
  - **Communion helps us focus on what Jesus did for us.**
  - The bread represents Jesus' body, and the wine represents Jesus' blood.
  - Jesus loves me this I know for my youth coordinator tells me so!

- Bring the first student back to the group and cue everyone to begin singing or speaking. Challenge the student to focus on the one person who's saying something different from everyone else.
- Give them about 15 seconds to try to hear the message.
- Repeat the activity a couple more times using new students and new messages.
- Note that taking time to focus intentionally can be difficult amidst all the noise of our lives!
- Introduce this week's Big Idea: **Communion helps us focus on what Jesus did for us.**



## 3. WEEKLY VIDEO

### Supplies:

- Video file

### Instructions:

- Play the video. It contains:
  - Host segment
  - God Story (The Last Supper | Mark 14:12-26)
  - Life Story (If this hockey team wants to do well on the ice, they have to focus and work together!)

## Ms My Story

### 4. APPLICATION ACTIVITY

#### Supplies:

- Bibles
- Model Magic
- Markers

#### Leader Tip:

- Make sure everyone's names are written on their clay.

#### Instructions:

- Discuss:
  - What is this month's Key Verse? (1 John 3:16)
  - What was the Life Story about in today's video?
  - What was the God Story about?
  - Have any of you ever thought about the Passover/ Last Supper like that before?
  - Did anything new stick out to you?
- Make sure everyone has a Bible. Share them if needed.
- Guide the students to look up 1 Corinthians 11:23-26. Provide help with navigating the Bible as needed.
- Discuss:
  - What were the symbols Jesus used to represent what was about to happen?
  - What does it mean that this is a new covenant? What was the old covenant?
  - Why do we still take communion today?
  - What's today's Big Idea? (**Communion helps us focus on what Jesus did for us**)
  - Do you have difficulty focusing on Jesus? If yes, why?
- Give each student a package of Model Magic.
- Place the markers where everyone can reach them.
- Direct the students to create something as a symbol or a reminder to focus on Jesus. For example, they could shape the word "Jesus" or form bread, cup, or cross shapes.
- Encourage them to use the markers to decorate their creations if they wish.

### 5. ADDITIONAL ACTIVITY

#### Supplies:

- Creations from the Application Activity

#### Leader Tip:

- Set the bar high for the students' prayer time. It's important for them to have these moments together!

#### Instructions:

- Divide the students into groups of two to four people.
- Ask them to share what they made with the modelling clay and why they made it.
- Encourage everyone to describe how or when they spend time with Jesus and what that experience is like.
- After giving group members time to discuss, invite them to pray for one another.

## Os Our Story

### 6. DISMISSAL

#### Supplies:

- Take home cards
- Key Verse cards

#### Instructions:

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have their take home materials.
- Ensure the adult teaching is over before dismissing the students.