



BIG IDEA

We can share God's goodness with others.

THE LOOK OF LOVE | WEEK 1 OF 4

Goodness

GOD STORY

Goodness

Galatians 6:1-10

KEY VERSES

The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23a (NLT)

LEADER TIP

The Look of Love is a two-part series that explores how the fruit of the Spirit are expressions of love. Part 1 highlighted love, joy, peace, patience, and kindness. This second part of the series focuses on God's goodness, faithfulness, and gentleness. Encourage the students to show love through these fruit as well as through self-control.

My Story

1 | CONVERSATION STARTER (7 minutes)

To lead into the lesson, chat about the meanings of the word "good" and God's goodness. Introduce today's Big Idea.

2 | INTRO ACTIVITY (5 minutes)

Emphasize the idea of sharing God's goodness through a team challenge.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

My Story

4 | APPLICATION ACTIVITY (12 minutes*)

Share some candy and describe what's good about the flavour, then read and discuss Psalm 145:1-13.

5 | WRAP-UP ACTIVITY (10 minutes)

Reflect on a prayer together and write personal reflections.

Our Story

6 | DISMISSAL (2 minutes)

*Extend as needed and adjust timing for other activities.



BIG IDEA

We can share God's goodness with others.

THE LOOK OF LOVE | WEEK 1 OF 4

My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- This is meant to be a casual conversation as the students arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

INSTRUCTIONS

- Welcome the students and gather them together.
- Check in quickly to see how their week is going.
- Ask:
 - What are some of the meanings of the word "good"? For example, we mean different things when we say a certain food is good, or it's good to spend time with friends, or how good it is to help others.
 - What does it mean when we describe God as good? Is it different from the meanings we just talked about? If so, how?
 - How does Jesus show us God's goodness?
- Depending on the size of your group, have the students share their stories with the people sitting closest to them or with everyone.
- Introduce today's Big Idea: **We can share God's goodness with others.**

2 | Intro Activity

SUPPLIES

- Small, passable items (e.g., ball)
- (Optional) Prizes

INSTRUCTIONS

- Divide everyone into at least two teams.
- Guide the teammates to line up one behind the other. Ensure there's room to run beside and between the lines.
- Give the first person in each line an item.
- Let the students know they need to pass it over their head to the person behind them, who will pass it under their legs to the person behind them. Both teams should alternate over/under until the item reaches the end of the line. When the final person receives it, they'll run to the front of the line and begin the process again. The race is over when the person you first gave the item to makes it back to the front of the line.
- (Optional) Award prizes to the winning team.
- Gather everyone back together.
- Remind the students that **we can share God's goodness with others**. Explain that the object the teammates passed is like God's goodness. We can pass it on to others and others can pass it to us.



BIG IDEA

We can share God's goodness with others.

THE LOOK OF LOVE | WEEK 1 OF 4

God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

INSTRUCTIONS

- Encourage the students to think about how they decide whether something is good. Encourage them to consider where their ideas about goodness come from.
- Play the video. It includes:
 - Host segment
 - God Story (Goodness, Galatians 6:1–10)
 - Life Story (Alicia works at the Restoration Project, a place where adults with developmental disabilities learn woodworking skills.)
- Invite the students to give a quick recap of what happened in the God and Life Stories.
- Discuss:
 - What are the Key Verses for The Look of Love series? (Galatians 5:22–23a)
 - What stood out to you in today's Life Story? How about the God Story?

My Story

4 | Application Activity

SUPPLIES

- Candies
- Bibles

INSTRUCTIONS

- Give each student a candy. Encourage them to taste it and think about the flavour. Ask if they think it's good.
- Invite whoever likes it to describe its goodness.
- Point out that God gave us tastebuds for the sole purpose of experiencing the flavours he created!
- Make sure everyone has access to a Bible.
- Guide the students to look up Psalm 145:1–13.
- Ask a volunteer to read aloud verses 1–3.
- Discuss: Have you ever felt like praising God in this way? What would you say to God?
- Ask another volunteer to read verses 4–7.
- Discuss:
 - When you read verse 7, what do you think is the story of God's wonderful goodness?
 - How would you share about God's goodness with someone else?
- Ask another volunteer to read verses 8–9.
- Discuss: How do we see this in real life?
- Ask another volunteer to read verses 10–13.
- Discuss:
 - How does this passage point to God's goodness?
 - When you think about God, do you think about his goodness? Why or why not?
- Explain that we don't need to be afraid to tell God when we're hurting or disappointed. We can tell him when we've messed up and ask for forgiveness and help. We can always receive God's goodness and **we can share God's goodness with others!**

**BIG IDEA**

We can share God's goodness with others.

THE LOOK OF LOVE | WEEK 1 OF 4

My Story

5 | Wrap-Up Activity

SUPPLIES

- God's Goodness Prayer activity pages
- Pens

INSTRUCTIONS

- a. Give each student an activity page and a pen.
- b. Direct everyone to take a moment to reflect quietly on the prayer printed on the page.
- c. Encourage the students to write their thoughts or use the page as a guide to pray.
- d. As they wrap up, invite them to share their prayers or reflections.
- e. Pray that your group would share God's goodness with others in the week ahead.

Our Story

6 | Dismissal

SUPPLIES

- Take-home cards
- Key Verses cards

INSTRUCTIONS

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have all their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.