



**DANIEL | THE FAITHFUL | WEEK 1 OF 4**

# The Vegetarians

## **GOD STORY**

Eating Different to Stay  
Obedient  
*Daniel 1*

## **KEY VERSE**

Faith is being sure of what  
we hope for. It is being sure  
of what we do not  
see.  
*Hebrews 11:1 (NIRV)*

## **LEADER TIP(S)**

- Use round bullets for multiple tips.
- Tips may be the same for the whole series or change weekly.

## **My Story**

### **1 | CONVERSATION STARTER** (7 minutes)

Talk fine dining and vegetables.

### **2 | INTRO ACTIVITY** (5 minutes)

Faith in action...in a weird drawing game? Why not!

## **God Story | Life Story**

### **3 | WEEKLY VIDEO** (12 minutes)

Watch the video, which includes host, God Story, and Life Story segments. Recap and discuss the teaching.

## **My Story**

### **4 | APPLICATION ACTIVITY** (12 minutes\*)

Write an article of what "God Recommends"

### **5 | WRAP-UP ACTIVITY** (10 minutes)

Invite students to dig deeper into some of the stories within the Key Verse book of Hebrew.

## **Our Story**

### **6 | DISMISSAL** (2 minutes)

\*Extend as needed and adjust timing for other activities.



**BIG IDEA**

God loves our faith in action.

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## My Story

### 1 | Conversation Starter

**SUPPLIES**

- None

**LEADER TIP**

- This is meant to be a casual conversation as the kids/students arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

**INSTRUCTIONS**

- Welcome the students as they arrive and gather everyone in a group.
- Ask:
  - What's your least favourite vegetable? What's your favourite?
  - What restaurant would you most recommend someone? Why?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with everyone.
- Let students know that in today's God Story, some really great guys go vegetarian for God!

### 2 | Intro Activity

**SUPPLIES**

- Paper
- Pens
- Pictures

**INSTRUCTIONS**

- Give each student a piece of paper and a pen.
- Show one of them a picture. Make sure no one else can see it.
- Direct the student who sees the picture to instruct the other on how to draw it (e.g., draw a square and then draw a triangle on top of the square).
- Challenge the students who are drawing to guess what the object is.
- Invite the first person who guesses correctly to be the next one to provide the drawing instructions.
- Repeat until all the objects have been drawn and guessed.
- Discuss:
  - How did it feel to draw when you weren't sure what you were doing? Did you place your faith in the person describing the picture?
  - How did it feel when your peers listened to your instructions and put them into action?
- Note that this experience is similar to what it's like when God sees us put our faith in action. Introduce this week's Big Idea: **God loves our faith in action.**



## God Story | Life Story

### 3 | Weekly Video

**SUPPLIES**

- Video file

**INSTRUCTIONS**

- Play the video. It includes:
  - Host segment
  - God Story (Eating Different to Stay Obedient | Daniel 1)
  - Life Story (Mikayla became a vegan after deciding that eating animal products wasn't right for her. It was a difficult choice but it's a lifestyle she firmly believes in.)
- Recap the video teaching. Discuss:
  - What's this series' Key Verse? (Hebrews 11:1)
  - What was the Life Story about in today's video?
  - What was the God Story about?
  - How does being reminded of what we prayed about in the past help us see the ways God is at work in our lives now?
  - Have you ever recommended a movie or band to someone? If they tried it, how did you feel?
  - Who gives you recommendations? (e.g., friends, parents, YouTube, teachers, God, etc.)
  - What makes you listen to them? (e.g., I respect them, they've never let me down, they have good recommendations, etc.)
  - What makes you ignore someone's recommendations? (e.g., they recommend bad stuff, I don't like them, they let me down, etc.)

## My Story

### 4 | Application Activity

**SUPPLIES**

- Paper
- Pens

**INSTRUCTIONS**

- Share about a time when you listened to God.
- Discuss: Why should we listen to God's recommendations?
- Talk about some of the things that God recommends or urges his people to do in the Bible.
- Give each student a piece of paper and pen – allow students to pair up if desired.
- Invite students to write a short "God Recommends" type of review on something in their own lives. E.g. "God Recommends...not intentionally blowing people up in Minecraft. Loving people online and offline is meant to be the same. God's recommendation? 10/10!"
- Invite students to share their recommendations with the group.
- Emphasize that God doesn't force us to follow him. When we trust him and put our faith into action by doing what he says, he loves it—just like we love it when people try out what we recommend!



## My Story

### 5 | Wrap-Up Activity

**SUPPLIES**

- Faith in Action Activity pages
- Pens
- Bibles

**INSTRUCTIONS**

- Guide the students to form pairs or small groups.
- Give each group a Bible, an activity page, and some pens.
- Explain that in the book of Hebrews we get a glimpse of people who put their faith into action.
- The students are going to look at how they did it.
- Assign each group one of the following passages/people from Hebrews:
  - 11:5-6 (Enoch)
  - 11:7 (Noah)
  - 11:8-10 (Abraham)
  - 11:11 (Sarah)
  - 11:23-28 (Moses)
  - 11:31 (Rahab)
- Direct the groups to read their assigned verses and then answer the questions on the page.
- When they're done, invite the groups to share their answers with one another.
- Read Hebrews 11 verses 6 and 13.
- Discuss:
  - How does God respond to these people's faith?
  - How can we put our faith into action? Is there anything you could do today or this week?

## Our Story

### 6 | Dismissal

**SUPPLIES**

- Take-home cards
- Key Verses cards

**INSTRUCTIONS**

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have all their take-home materials.