

BIG IDEA

We can believe without seeing.

GOD STORY

Jesus Appears (John 20:19–29)

KEY VERSE

Lead a life of love, just as Christ did. He loved us.
He gave himself up for us. (Ephesians 5:2a, NIRV)

1 | Conversation Starter

INSTRUCTIONS

- a. To lead into the lesson, discuss:
 - What are things you believe in without seeing them, such as wind or Antarctica?
 - If you can't see them, how do you know these things are real?
- b. Introduce today's Big Idea: **We can believe without seeing.**
- c. Explain that faith is believing something without proof. We can have faith in Jesus—even without seeing him!

2 | Watch

SUPPLIES

- Media player

INSTRUCTIONS

- a. Watch this week's video from the Now Playing Kids playlist on the One Story YouTube channel.

3 | Discuss

SUPPLIES

- None

TIP

- Be honest if you can't answer every question the kids ask right away. Model that it's okay not to know it all!

INSTRUCTIONS

- a. Review and discuss the video teaching:
 - What stood out to you in today's Life Story?
 - What was the God Story about?
 - Is there anything about Jesus, God, or church that you have questions about?
 - What's the Key Verse for this series? (The first part of Ephesians 5:2)



4 | Activity

SUPPLIES

- Frame activity pages
- Drawing materials

INSTRUCTIONS

- a. Give each of the kids an activity page and some drawing materials.
- b. Challenge them to find the message hidden in the picture frame.
- c. Direct everyone to draw a picture inside the frame that represents something they cannot see but know is real. Encourage them to think creatively (i.e., What might wind look like? Could you draw a picture of hope, joy, or love?).
- d. When the kids are done, invite them to share their work and chat about their drawings.

5 | Pray

SUPPLIES

- Bibles

INSTRUCTIONS

- a. Guide the kids to look up John 20:29.
- b. Read it together.
- c. Discuss:
 - What did Jesus mean in this verse?
 - What does this mean for us?
- d. Lead the kids to pray with you. Pray that when doubts swoop in, they would have faith in Jesus and know that **we can believe without seeing**.