

Joy

Rejoice! | Galatians 5:22-23; Psalm 100

Big Idea

Joy comes from a thankful heart.

Conversation Starters:

Get ideas flowing by sharing some of your own ideas too!

Use these questions to get your kids thinking about the Big Idea.

- What or who makes you feel joy?
- Is there anyone that when you know you are going to see them, makes you feel joyful right away?
- Do you think you make anyone else feel joyful?

Introduce the big idea: joy comes from a thankful heart.

Video:

Watch this week's video.

Pray & Discuss:

Take time to talk about the video together.

- What verses from the Bible were a part of the God Story?
- What is a psalm? What was Psalm 100 all about?
- What was the Life Story about?
- **Pray:** Dear God, please help us to love one another because you loved us first. Teach us how to love others in the very best ways. In Jesus' name we pray, Amen.

Craft Activity

Invite your child to do one or more of the following:

Supplies:

- Paper
- Pen/pencil
- Makers/pencil crayons
- Envelope
- Stickers
- Write a song or poem of thanks to God.
- Make a list of all the people in your life you are thankful for and why.
- Draw a picture or comic about giving thanks to God.
- Choose one person in your life that you are especially thankful for, who gives you joy, and write a letter of thanks to them.



Additional Activities

Key Verse Activity

Supplies:

- Die
- Key verse sign

Review the key verse together. Discuss:

- Is there anything in that verse that you don't understand?
- What do you think the verse is saying?

As a family, have each person take a turn rolling the die. Whatever number the die lands on will decide how that person will say the Key Verse.

Key Verse:

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Romans 8:38

Die roll:

1. Hold your tongue and say the verse.
2. Whisper the verse.
3. Shout the verse.
4. Say the verse like you are underwater.
5. Say the verse while running on the spot.
6. Roll again!

Key Verse Add-On

On sticky notes, write one "fruit" of the Spirit on each one. Then, as a family, have each family member write their name under one or two of the fruit of the Spirit they really need God's extra help with this week. Stick them somewhere in plain sight so family members can pray for one another this week.