





## Adult psychiatric morbidity in England, 2007

Results of a household survey

Appendices and Glossary

Edited by Sally McManus, Howard Meltzer, Traolach Brugha, Paul Bebbington, Rachel Jenkins

A survey carried out for The NHS Information Centre for health and social care by the National Centre for Social Research and the Department of Health Sciences, University of Leicester Adult psychiatric morbidity in England, 2007 Results of a household survey

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### Appendix A

### Assessment of psychiatric disorders – additional detail



### **Contents**

For most of the disorders and behaviours covered in this report the methods section of the relevant chapter fully describes the assessment variables and process. Additional details are provided in this Appendix for three chapters. These are where the number of questions involved in the scoring was too great to list in the substantive chapter or where detailed algorithms were involved.

- A1 Common mental disorders (Chapter 2)
- A2 Antisocial and borderline personality disorders (Chapter 6)
- A3 Alcohol misuse and dependency (Chapter 9)

### **A1 Common mental disorders**

The process of assessment of common mental disorder (CMD) is given in the methods section of Chapter 2. The information below supplements this description with details of the items and the combinations required for:

- · calculation of CIS-R symptom scores;
- · calculation of total CIS-R scores;
- · algorithms for production of ICD-10 diagnoses; and
- grouping ICD-10 diagnoses into broad categories.

### **A1.1 Calculation of CIS-R symptom scores**

### Calculation of symptom score for somatic symptoms

Score one for each of:

- Noticed ache or pain/discomfort for four days or more in the past seven days.
- Ache or pain/discomfort lasted more than three hours on any day in the past week/on that day.
- Ache or pain/discomfort has been very unpleasant in the past week.
- Ache or pain/discomfort has bothered you when you were doing something interesting in the past week.

### Calculation of symptom score for fatigue

Score one for each of:

- Felt tired/lacking in energy or four days or more in the past seven days.
- Felt tired for more than three hours in total on any day in past week.
- Felt so tired/lacking in energy that you've had to push yourself to get things done on at least one occasion during the past week.
- Felt tired/lacking in energy when doing things you enjoy or used to enjoy at least once during past week.

### Calculation of symptom score for concentration and forgetfulness

Score one for each of:

- Noticed problems with concentration/memory for four days or more in the past week.
- Could not always concentrate on a TV programme, read a newspaper article or talk to someone without mind wandering in past week.
- Problems with concentration actually stopped you from getting on with things you used to do or would like to do.
- Forget something important in past seven days.

### Calculation of symptom score for sleep problems

Score one for each of:

- Had problems with sleep for four nights or more out of past seven.
- Spent at least a quarter of an hour trying to get to sleep on the night with least sleep in the past week.
- Spent at least one hour trying to get to sleep on the night with the least sleep.
- Spent three or more hours trying to get to sleep on four nights or more in the past week.
- Slept at least for a quarter of an hour longer than usual sleeping on the night you slept longest.
- Slept for one hour or more longer than usual sleeping on the night you slept longest.
- Slept for more than three hours longer than usual on four nights or more in past week.

### Calculation of symptom score for irritability

Score one for each of:

- Felt irritable or short tempered/angry on four days or more.
- Felt irritable or short tempered/angry for more than one hour on any day in past week.
- Felt so irritable or short tempered/angry that you wanted to shout at someone in past week (even if you hadn't actually shouted).

• Had arguments, rows or quarrels or lost your temper with someone in past seven days and felt it was unjustified on at least one occasion.

### Calculation of symptom score for worry about physical health

Score one for each of:

- Worried about physical health/serious physical illness on four days or more in past seven days.
- Felt that you had been worrying too much, in view of actual health.
- Worrying had been very unpleasant in past week.
- Not able to take mind off health worries at least once by doing something else in past week.

### Calculation of symptom score for depression

Score one for each of:

- Unable to enjoy or take an interest in things as much as usual in past week.
- Felt sad, miserable or depressed/unable to enjoy or take an interest in things on four days or more in the past week.
- Felt, sad, miserable or depressed/unable to enjoy or take an interest in things for more than three hours in total on any day in past week.
- When sad, miserable or depressed you did not become happier when something nice happened, or when in company.

### Calculation of symptom score for depressive ideas

Score one for each of:

- Felt guilty or blamed yourself when things went wrong when it hasn't been your fault at least once in past seven days.
- Felt that you are not as good as other people during past week.
- Felt hopeless, for instance about your future, during the past seven days.
- Felt that life isn't worth living in past week.
- Thought of killing yourself in the past week.

### Calculation of symptom score for worry

Score one for each of:

- Been worrying about things other than physical health on four or more days out of past seven days.
- Have been worrying too much in view of your circumstances.
- Worrying has been very unpleasant in past week.
- Have worried for more than three hours in total on any of past seven days.

### Calculation of symptom score for anxiety

Score one for each of:

- Felt generally anxious/nervous/tense on four or more of past seven days.
- Anxiety/nervousness/tension has been very unpleasant in past week.
- When anxious/nervous/tense, have had one or more of following symptoms:
  - heart racing or pounding;
  - hands sweating or shaking;
  - feeling dizzy;
  - difficulty getting your breath;
  - butterflies in your stomach;
  - dry mouth; or
  - nausea or feeling as though you wanted to vomit.
- Felt anxious/nervous/tense for more than three hours in total in any one of past seven days.

### Calculation of symptom score for phobias

Score one for each of:

• Felt nervous/anxious about (situation/thing) four or more times in past seven days.

- heart racing or pounding;
- hands sweating or shaking;
- feeling dizzy;
- difficulty getting your breath;
- butterflies in your stomach;
- dry mouth; or
- nausea or feeling as though you wanted to vomit.
- Avoided situation or thing because it would have made you anxious/nervous/tense once in past seven days.
- Avoided situation or thing four times or more because it would have made you anxious, nervous or tense.

### Calculation of symptom score for panic

Score one for each of:

- Anxiety or tension got so bad you got in panic (e.g. felt that you might collapse or lose control unless you did something about it) once in past week.
- Anxiety or tension got so bad you got in panic more than once.
- Feelings of panic have been very unpleasant or unbearable in past week.
- This panic/worst of these panics lasted longer than 10 minutes.

### Calculation of symptom score for compulsions

Score one for each of:

- Found yourself doing things over again (that you had already done) on four days or more in past week.
- Have tried to stop repeating behaviour/doing these things over again during past week.
- Repeating behaviour/doing these things over again made you upset or annoyed with yourself in past week.
- Repeated behaviour three or more times during past week.

### Calculation of symptom score for obsessions

Score one for each of:

- Unpleasant thoughts or ideas kept coming into your mind on four days or more in past week
- Tried to stop thinking any of these thoughts in past week.
- Became upset or annoyed with yourself when you have had these thoughts in past week.
- Longest episode of having such thoughts was a quarter of an hour or longer.

### A1.2 Calculation of total CIS-R scores

The total CIS-R score used in this report was obtained by summing the symptom scores described above. This total score reflects the overall severity of neurotic symptoms and can range from zero to 57. For the presentation of data in this report the scores are grouped into four groups: 0-5; 6-11; 12-17; 18 and over. A score of 12 and over indicates significant levels of neurotic symptoms and can be considered the threshold score for assigning an assessment of neurotic disorder. A score of 18 and over suggests a level of symptoms likely to require treatment.

### A1.3 Algorithms for production of ICD-10 diagnoses

The common mental disorders reported in Chapter 2 were also produced from the CIS-R schedule (reproduced as part of the questionnaire in Appendix D). The production of the six categories of disorder shown in Chapter 2 occurred in two stages: first, the respondents' responses to the CIS-R were used to produce specific ICD-10 diagnoses of neurosis. This was done by applying the algorithms described below. Second, the range of ICD-10 diagnoses were grouped together to produce the six categories used in the calculation of prevalence. No hierarchical rules were applied.

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### F32.00 Mild depressive episode without somatic symptoms

- 1. Symptom duration ≥2 weeks
- 2. Two or more from:
- · Depressed mood
- · Loss of interest
- Fatigue
- 3. Two or three from:
- Reduced concentration
- Reduced self-esteem
- · Ideas of guilt
- · Pessimism about future
- · Suicidal ideas or acts
- Disturbed sleep
- Diminished appetite
- 4. Social impairment
- 5. Fewer than four from:
- Lack of normal pleasure /interest
- · Loss of normal emotional reactivity
- A.M. waking ≥2 hours early
- Loss of libido
- · Diurnal variation in mood
- Diminished appetite
- Loss of ≥5% body weight
- Psychomotor agitation
- Psychomotor retardation

### F32.01 Mild depressive episode with somatic symptoms

- 1. Symptom duration ≥2 weeks
- 2. Two or more from:
- · Depressed mood
- · Loss of interest
- Fatigue
- 3. Two or three from:
- Reduced concentration
- Reduced self-esteem
- · Ideas of guilt
- · Pessimism about future
- Suicidal ideas or acts
- Disturbed sleep
- Diminished appetite
- 4. Social impairment
- 5. Four or more from:
- · Lack of normal pleasure/interest
- Loss of normal emotional reactivity
- A.M. waking ≥2 hours early
- Loss of libido
- Diurnal variation in mood

- · Diminished appetite
- Loss of ≥5% body weight
- · Psychomotor agitation
- Psychomotor retardation

### F32.10 Moderate depressive episode without somatic symptoms

- 1. Symptom duration ≥2 weeks
- 2. Two or more from:
- · Depressed mood
- · Loss of interest
- Fatigue
- 3. Four or more from:
- Reduced concentration
- Reduced self-esteem
- Ideas of guilt
- · Pessimism about future
- · Suicidal ideas or acts
- Disturbed sleep
- · Diminished appetite
- 4. Social impairment
- 5. Fewer than four from:
- Lack of normal pleasure /interest
- · Loss of normal emotional reactivity
- A.M. waking ≥2 hours early
- Loss of libido
- Diurnal variation in mood
- Diminished appetite
- Loss of ≥5% body weight
- Psychomotor agitation
- Psychomotor retardation

### F32.11 Moderate depressive episode with somatic symptoms

- 1. Symptom duration ≥2 weeks
- 2. Two or more from:
- · Depressed mood
- · Loss of interest
- Fatigue
- 3. Four or more from:
- Reduced concentration
- Reduced self-esteem
- Ideas of guilt
- Pessimism about future
- Suicidal ideas or acts
- Disturbed sleep
- Diminished appetite
- 4. Social impairment

- 5. Four or more from:
- Lack of normal pleasure /interest
- · Loss of normal emotional reactivity
- A.M. waking ≥2 hours early
- · Loss of libido
- · Diurnal variation in mood
- Diminished appetite
- Loss of ≥5% body weight
- Psychomotor agitation
- Psychomotor retardation

### F32.2 Severe depressive episode

- 1. All three from:
- Depressed mood
- · Loss of interest
- Fatigue
- 2. Four or more from:
- Reduced concentration
- Reduced self-esteem
- · Ideas of guilt
- Pessimism about future
- · Suicidal ideas or acts
- Disturbed sleep
- · Diminished appetite
- 3. Social impairment
- 4. Four or more from:
- Lack of normal pleasure /interest
- · Loss of normal emotional reactivity
- A.M. waking ≥2 hours early
- Loss of libido
- · Diurnal variation in mood
- · Diminished appetite
- Loss of ≥5% body weight
- · Psychomotor agitation
- Psychomotor retardation

### F40.00 Agoraphobia without panic disorder

- 1. Fear of open spaces and related aspects: crowds, distance from home, travelling alone
- 2. Social impairment
- 3. Avoidant behaviour must be prominent feature
- 4. Overall phobia score ≥2
- 5. No panic attacks

### F40.01 Agoraphobia with panic disorder

- 1. Fear of open spaces and related aspects: crowds, distance from home, travelling alone
- 2. Social impairment
- 3. Avoidant behaviour must be prominent feature
- 4. Overall phobia score ≥2
- 5. Panic disorder (overall panic score ≥2)

### F40.1 Social phobias

- 1. Fear of scrutiny by other people: eating or speaking in public etc.
- 2. Social impairment
- 3. Avoidant behaviour must be prominent feature
- 4. Overall phobia score ≥2

### F40.2 Specific (isolated) phobias

- 1. Fear of specific situations or things, e.g. animals, insects, heights, blood, flying etc.
- 2. Social impairment
- 3. Avoidant behaviour must be prominent feature
- 4. Overall phobia score ≥2

### F41.0 Panic disorder

- 1. Criteria for phobic disorders not met
- 2. Recent panic attacks
- 3. Anxiety-free between attacks
- 4. Overall panic score ≥2

### F41.1 Generalised anxiety disorder

- 1. Duration ≥6 months
- 2. Free-floating anxiety
- 3. Autonomic overactivity
- 4. Overall anxiety score ≥2

### F41.2 Mixed anxiety and depressive disorder

- 1. (Sum of scores for each CIS-R section) ≥12
- 2. Criteria for other categories not met

### F42 Obsessive-compulsive disorder

- 1. Duration ≥2 weeks
- 2. At least one act /thought resisted
- 3. Social impairment
- 4. Overall scores: obsession score=4, or compulsion score=4, or obsession + compulsion scores ≥6

### A1.4 Grouping ICD-10 diagnoses into broad categories

### Depression

As with the preceding survey, F32.00 and F32.01 were grouped to produce mild depressive episode (i.e. with or without somatic symptoms). F32.10 and F32.11 were similarly grouped to produce moderate depressive episode. Mild depressive episode, moderate depressive episode and severe depressive episode (F32.2) were then combined to produce the final category of depressive episode.

### All phobias

The ICD-10 phobic diagnoses F40.00, F40.01, F40.1 and F40.2, were combined into one category of phobia. This is in line with the preceding surveys.

### Categories for analysis

This process produced six categories of CMD for analysis:

Mixed anxiety and depressive disorder;

- Generalised anxiety disorder;
- Depressive episode;
- All phobias;
- Obsessive compulsive disorder; and
- Panic disorder.

### **A2** Antisocial and borderline personality disorders

Full details of the assessment of borderline personality disorder (BPD) and antisocial personality disorder (ASPD) are given in the methods section of Chapter 6. The tables below supplement this description with details of the phase one items used to produce the personality disorder screening scores, which informed the assignment of phase two sampling fractions.

### Phase one SCID-II self-completion screen

The question names shown in the tables below (e.g. 'pd73', 'pd74') refer to the question names used in the phase one questionnaire (reproduced in Appendix D). These are the questions used to assess each diagnostic criterion for BPD, conduct disorder and adult antisocial personality. A diagnosis of ASPD required both conduct disorder and adult antisocial personality to be present.

_	OD: seeved items in the CCID II self completion (phase and)	
В	PD: scored items in the SCID-II self-completion (phase one)	
1	Frantic efforts to avoid real or imagined abandonment	pd73
2	A pattern of unstable and intense interpersonal relationships characterised by alternating between extremes of idealisation and devaluation	pd74
3	Identity disturbance: markedly and persistently unstable self-image or sense of self	All of pd75, pd76, pd77, pd78
4	Impulsivity in at least 2 areas that are potentially self-damaging (e.g. spending, sex, substance abuse, reckless driving, binge eating)	pd79
5	Recurrent suicidal behaviour, gestures, or threats, or self-mutilating behaviour	pd80 and pd81
6	Affective instability due to a marked reactivity of mood (e.g. intense episodic dysphoria, irritability or anxiety, usually lasting a few hours and only rarely more than a few days)	pd82
7	Chronic feelings of emptiness	pd83
8	Inappropriate, intense anger or difficulty controlling anger (e.g. frequent displays of temper, constant anger, recurrent physical fights)	2+ of pd84, pd85, pd86
9	Transient, stress-related paranoid ideation or severe dissociative symptoms	pd87

1	Before age 15 often bullied, threatened or intimidated others	pd88
2	Before age 15 often initiated physical fights	pd89
3	Before age 15 has used a weapon that can cause serious harm to others (e.g. a bat, brick, broken bottle, knife or gun)	pd90
4	Before age 15 has been physically cruel to people	pd91
5	Before age 15 has been physically cruel to animals	pd92
6	Before age 15 has stolen while confronting a victim (e.g. mugging, purse snatching, extortion, armed robbery)	pd93
7	Before age 15 has forced someone into sexual activity	pd94
8	Before age 15 has deliberately engaged in fire setting with the intention of causing serious damage	pd95
9	Before age 15 has deliberately destroyed other's property (other than by fire setting)	pd96
10	Before age 15 has broken into someone else's house, building or car	pd97
11	Before age 15 often lies to obtain goods or favours or to avoid obligations (i.e. cons others)	pd98
12	Before age 15 has stolen items of non trivial value without confronting a victim (e.g. shoplifting, stealing but without breaking and entering, forgery)	pd 99
13	Before age 15 has run away from home overnight at least twice while living in parental home or parental surrogate home (or once without returning for a lengthy period)	pd100
14	Before age 13 often stayed out at night despite parental prohibitions	pd101
15	Before age 13 often truant from school	pd102

A	dult antisocial personality: scored items in the SCID-II self-completi	on (phase one)
1	Since age 15 failure to conform to social norms with respect to lawful behaviours as indicated by repeatedly performing acts that are grounds for arrest	2+ of pd110, pd111, pd112, pd113
2	Deceitfulness, as indicated by repeated lying use of aliases or conning others for profit or pleasure	pd114 and pd115
3	Impulsivity or failure to plan ahead	pd103 and/or pd104
4	Irritability and aggressiveness, as indicated by repeated physical fights or assaults	2+ of pd105, pd106, pd107, pd108
5	Reckless disregard for safety of self or others	pd116
6	Consistent irresponsibility, as indicated by repeated failure to sustain consistent work behaviour or honour financial obligations	yinact = 6
7	Lacks remorse as indicated by being indifferent to, or rationalising having hurt, mistreated or stolen from another	pd109

### A3 Alcohol misuse and dependence

Details of the assessment of alcohol misuse and dependence are given in the methods section of Chapter 9. The information given below provides additional detail on the questions and scoring of the tools used to assess for alcohol misuse and dependence.

### A3.1 Scoring the Alcohol Use Disorders Identification Test (AUDIT)

The Alcohol Use Disorders Identification Test (AUDIT) was used for the assessment of alcohol misuse. This provides a score based on a series of questions covering different aspects of drinking behaviour as shown below.

1. How often do you have a drink containing alcohol?

Never (0)

Monthly or less (1)

Two to four times a month (2)

Two to three times a week (3)

Four or more times a week (4)

```
2. How many drinks containing alcohol do you have in a typical day when you are drinking?
    1 or 2 (0)
   3 or 4 (1)
    5 or 6 (2)
    7 to 9 (3)
    10 or more (4)
3. How often do you have six or more drinks on any one occasion?
    Never (0)
    Less than monthly (1)
    Monthly (2)
    Weekly (3)
    Daily or almost daily (4)
4. How often during the last year have you found that you were not able to stop drinking
  once you had started?
    Never (0)
    Less than monthly (1)
    Monthly (2)
   Weekly (3)
    Daily or almost daily (4)
5. How often during the last year have you failed to do what was normally expected of you
  because of drinking?
    Never (0)
    Less than monthly (1)
    Monthly (2)
    Weekly (3)
    Daily or almost daily (4)
6. How often during the last year have you needed a first drink in the morning to get yourself
  going after a heavy drinking session?
    Never (0)
    Less than monthly (1)
    Monthly (2)
    Weekly (3)
    Daily or almost daily (4)
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
    Never (0)
    Less than monthly (1)
    Monthly (2)
    Weekly (3)
    Daily or almost daily (4)
8. How often during the last year have you been unable to remember what happened the
  night before because you had been drinking?
    Never (0)
    Less than monthly (1)
    Monthly (2)
    Weekly (3)
    Daily or almost daily (4)
9. Have you or someone else been injured because of your drinking?
    No (0)
    Yes, but not in the last year (2)
    Yes, during the last year (4)
```

No (0)

Yes, but not in the last year (2)

Yes, during the last year (4)

### Scoring

The total score is computed across all 10 items and the threshold score to indicate hazardous drinking behaviour was deemed to be 8.

### A3.2 Assessment of alcohol dependence using the SADQ-C

People who scored 10 or more on the AUDIT questionnaire then completed the Severity of Alcohol Dependence Questionnaire – Community (SADQ-C). This was completed using computer assisted self interviewing. The SADQ-C is comprised of 20 questions, the exact wording of which can be found in the survey questionnaire reproduced in Appendix D. It is a modified version of the SAD-Q, which was used in the APMS 2000 survey.

Responses to each question are given a score from 0 to 3. A total score is then computed by adding the scores for all items. An assessment of level of alcohol dependence is then made based on the total score as follows:

- Score 0 to 3 = no dependence;
- Score 4 to 19 = mild dependence;
- Score 20 to 34 = moderate dependence; and
- Score 35 to 60 = severe dependence.

People who did not complete the SADQ-C because they had an AUDIT score of less than 10 were assessed as having no dependence and assigned an SADQ-C score of zero.

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## Appendix B Comorbidity analysis additional detail



### **B1.1** About Latent Class Analysis

Latent class analysis (LCA) is a statistical technique for finding subtypes of related cases (latent classes) from multivariate categorical data. The analysis fits a model to the data that (a) identifies a given number of latent classes, and (b) generates probabilities, for each respondent, of their being in each class (one probability per class). Respondents are then assigned to the class for which they have the highest probability. In this way, as with cluster analysis, it divides individual cases in a dataset into discrete non-overlapping groups.

Applied to the APMS dataset, LCA allows us to investigate whether there are discrete groups of people who share recognisable combinations of psychiatric conditions. Once groups such as these are found, the analysis generates a probability for each respondent of their being in each class and assigns them to the class for which they have the highest probability of membership. Once this is done it is straightforward to relate membership of each class to respondents' answers to these and other survey questions.

The data was modelled using the package Latent GOLD. A typical analysis involved fitting several models with different numbers of classes. It was then possible to write SPSS syntax to compare different models – for example to compare a model containing five classes with one containing six. This allowed us to identify the most useful model.

In Chapter 12 we describe the findings of the LCA modelling.

### **B1.2** Modelling the data

Fifteen binary variables were used as input to the LCA. They each defined the presence/absence of one the following conditions:

- · Generalised anxiety disorder in the past week;
- Mixed anxiety/depressive disorder in the past week;
- Obsessive compulsive disorder in the past week;
- Depressive episode in the past week;
- Panic disorder or any phobia in the past week;
- Alcohol dependency in the past six months;
- Drug dependency in the past year;
- · Psychotic disorder in the past year;
- Borderline personality disorder (BPD) in the past year;
- Antisocial personality disorder (ASPD) in the past year;
- Posttraumatic stress disorder (PTSD) in the past week;
- Attention deficit hyperactivity disorder (ADHD) in the past six months;

- Eating disorder in the past year;
- · Problem gambling in the past year; and
- · Suicide attempt in the past year.

This dataset is sparse: there are 2<sup>15</sup> (32,768) possible patterns of answers but only 7,404 respondents, the majority of whom have no psychiatric conditions, therefore only a small proportion of the possible response patterns are attained. A consequence of this is that many of the standard test statistics produced by LCA packages to evaluate and compare models with different number of classes are not valid. We therefore had to rely more heavily on subjective criteria in choosing the number of classes for our final model.

### **B1.3** Dealing with missing cases

LCA does not allow cases with any missing data to be used in the modelling. Of the 7,404 respondents in total, just over 85% (6,346 respondents) had complete data (i.e. were non-missing on all fifteen analysis variables). The remaining respondents were missing data for between one and seven conditions (with most respondents missing either on one or two conditions with decreasing frequency thereafter so that only a handful were missing on six or seven conditions).

In some types of multivariate analysis losing 15 percent of your sample might not be considered problematic in drawing adequate conclusions about relationships in a dataset. However, in this case it was clear that the removal of cases with missing values would reduce the available response patterns thereby compromising our search for patterns of comorbidity.

Respondents had missing values for a variety of reasons such as: being a partial respondent (i.e. not completing the full interview, including those who did not do the self-completion component), or responding 'don't know' or refusing to answer a question required for a diagnostic outcome.

It was decided that those with missing values on four or more conditions (26 respondents in total) should be excluded from the analysis, whilst reasonable steps should be taken to replace the missing values on the remaining cases.

While there are many possible approaches to imputing missing data, any approach which predicts the presence, rather than absence of a condition, would be difficult to defend. We felt it more prudent to err on the side of assuming the absence of a condition where information was missing. Therefore, where a condition has very low prevalence in the data for example, BPD and ASPD - it seemed reasonable to recode a missing value as 'not present'. However, we needed to find an appropriate prevalence 'cut-off' for applying this rule.

In replacing missing values in this way, there is clearly a trade-off between including more cases on the one hand and imputing 'incorrectly' on the other. A cut-off of one percent seemed to achieve an ideal balance between these two competing criteria: there was little to be gained - in terms of the number of additional respondents – by increasing this cut-off to two percent, while decreasing it to 0.5 percent would have involved losing nearly 400 extra cases.

The following conditions had a prevalence of less than one percent:

- BPD;
- ASPD:
- Suicide attempt;
- Problem gambling;
- · Psychosis; and
- ADHD.

Therefore we replaced all missing values on these variables with zero, indicating absence of the condition. Additionally, although it's prevalence was around 3 percent, we also replaced some of the missing values on PTSD in the same manner. This was done for respondents who answered 'don't know' to the question on whether they had had a major trauma, on the assumption that if they did not know whether or not they had had one, then they had probably not.

Replacing missing values where possible in this way increased the percentage of our sample available for LCA from 85% to 99% of all respondents.

### **B1.4** Identifying the number of classes

As part of a latent class analysis we need to identify the number of classes. In practice, it is unlikely that there will be a single 'correct' model so it is usual to consider a range of possible models containing different numbers of classes and choose the most appropriate using some criteria.

A general approach to statistical model fitting is to try to balance the fit and the parsimony of a model – generally if two models fit a data set equally well the one with fewer parameters will be chosen. Under this principle, in LCA, if a model with k+1 classes fits the data just as well as one with k classes the k-class model will be chosen.

LCA software packages such as Latent GOLD provide the analyst with statistics to help in the choice of the correct number of classes in the data. In particular it provides several goodness-of-fit statistics to help decide on an appropriate model; a formal hypothesis test can also be performed to see if a k+1-class model is an improvement on a k-class model.

However, as mentioned above the p-values calculated by the package are not valid when analysing a dataset as sparse as the APMS data. Furthermore, the size of the dataset (15 variables) is large enough to mean that the significance tests might not be very powerful. Even when classes display a large difference on one or two variables the overall significance test will be found to be "not significant" if the classes are similar on the other variables.

This means that rather than choosing a model on the basis of the p-values obtained from a formal hypothesis test, we used a more informal method of assessment.

First, Latent GOLD was used to fit models with varying numbers of classes, in this case those with between two and eight classes. Goodness-of-fit statistics were then examined for each of the models. These statistics allowed us to rule out certain models as having too poor a fit to be considered, and also gave an approximate upper limit for the number of classes that needed to be considered.

The choice between these was then made on the basis of several less formal considerations:

- The most important of these was interpretability of the classes. A model with k interpretable classes was preferred to one with (k+1) classes where one or more of the classes was not recognisable in clinical terms.
- We assigned respondents to clusters (using modal assignment) and examined how the composition of the clusters changed as we moved from one solution (with k clusters) to the next (k+1 clusters). This allowed us to examine the stability of the models and to understand how new clusters formed and from which clusters in the previous solution.
- We considered the sizes of the clusters. In this case we expected to have one or two
  relatively small groups comprising those with multiple conditions. However, a model with
  several very small groups would be neither stable nor interpretable.
- We examined membership probabilities, in particular the probability that a respondent belongs to the cluster to which he/she has been assigned. Ideally each individual would have a fitted probability of 1 of being in their assigned group but in reality this figure is lower.

We found that all clusters in all models with up to six clusters were interpretable but once seven clusters was reached, the "new" cluster was not recognisable. We also found that when we looked at the seven cluster solution, the new cluster which appeared was much less robust than the rest in terms of the average probability of membership. Again this suggested that a six cluster solution was more appropriate for the data.

When we looked at the change in the composition of cluster membership we found that each successive solution added a new cluster from the remnants of one or more of the previous clusters but apart from this the remaining clusters were relatively stable. The six cluster solution produced a new cluster (not present in the five cluster solution), which, although very small, clearly represents those individuals with very high levels of comorbidity who would otherwise be subsumed into cluster four. For this reason, having ruled out the seven cluster solution, six clusters was preferred to five.

### **B1.5** Classifying individuals and describing classes

Once a working model has been chosen, the analyst will usually try to relate membership of each class with the respondent's answers to each question and thus describe each class.

One method of doing this is to examine the parameter estimates obtained by the model. Latent GOLD estimates the probability associated with each class for its answers to each question. For example, a member of cluster four has a 22% probability of having alcohol dependency, whereas a member of cluster two has only a 5% probability of this. Thus, cluster four will be more associated with alcohol dependency than cluster two.

Another method is to examine the responses rather than the parameters. This method requires respondents to be assigned to their modal class and hence does not take into account the uncertainty concerning class membership.

Either of these methods can be used to help describe classes. The first method has the advantage that it does not require that individuals are assigned to clusters. On the other hand, the second method might be preferable as its class labels are based on descriptions of a real sample rather than estimates of parameters (many of which could have quite large standard errors).

We used the first method when comparing the interpretability of solutions with different numbers of classes. However, once we had chosen our final solution we assigned respondents to clusters and treated the resulting variable like any other analysis variable when comparing the characteristics of each cluster.

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## Appendix C Derived variables used in the main report



### **Contents**

- C1 Socio-demographic variables
- C2 Neurotic symptoms and common mental disorders
- C3 Trauma and posttraumatic stress disorder
- C4 Suicidal thoughts, suicide attempts and self-harm
- C5 Psychosis
- C6 Antisocial and borderline personality disorders
- C7 Attention deficit hyperactivity disorder
- C8 Eating disorders
- C9 Alcohol misuse and dependence
- C10 Drug use and dependence
- C11 Gambling behaviour
- C12 Psychiatric comorbidity
- C13 Methods and other variables
- C14 Psychoactive medication currently used
- C15 Talking therapies and service use
- C16 Variables accounting for survey method

Detailed and current documentation for all the archived variables will be available from the UK Data Archive when the APMS 2007 dataset is deposited (see www.data-archive.ac.uk/).

Strategic Health Authorities (new)
Label
North East
North West
Yorkshire & The Humber
East Midlands
East Midlands
East of England
London
London
South East Coast
South Central

Government Office Region Label North East North West Yorkshire and Humber East England East Midlands West Midlands

London South West South East

NEWSHA Value

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APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

NEUROTIC SYMPTOMS AND COMMON MENTAL DISORDERS	CISRFOUR CIS-R score in four groups  Value Label 1 0–5 2 6–11 3 12–17 4 18 and over	PANIC Panic disorder in past week Value Label 0 not present 1 present	GAD Generalised anxiety disorder in past week Value Label 0 not present 1 present	MADD Mixed anxiety/depressive disorder in past week Value Label 0 not present 1 present	OCD Obsessive compulsive disorder in past week Value Label 0 not present 1 present	PHOB Any phobia in past week Value Label 0 not present 1 present	DEP Depressive episode in past week Value Label 0 not present 1 present	NEUROTIC Any neurotic disorder in past week Value Label 0 Not present 1 Present	NOSYMP Any neurotic symptoms in past week Value Label 0 Has symptoms 1 No symptoms	NUMBIS Number of CMD in past week
NEUROTIC	CISRFOUR Val 1 2 3 3	PANIC Par Val 0		MADD Mix Val 0				NEUROTIC Val 0	NOSYMP Val 0	NUMDIS
C5										

TSQ Score 6 or more: screen positive for probable PTSD Label Yes No

TSQ (Trauma Screening Questionnaire) total score

PTSDCOM

Major traumatic event experienced since the age of 16 Label Yes No

MAJORT16
Value
1

Major traumatic event experienced in lifetime Label Yes No

PTSDEVER Value

TRAUMA AND POSTTRAUMATIC STRESS DISORDER

ខ

APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

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- Kes	<ul> <li>Beceived help from friends/family/neighbours following last suicide attempt</li> <li>Value Label</li> <li>No</li> <li>Yes</li> </ul>	Y     Attempted suicide ever (self-completion question)       Value     Label       0     No       1     Yes	IIF Attempted suicide ever (face to face question) Value Label 0 No 1 Yes	YR Attempted suicide in past year (face to face question) Value Label 0 No 1 Yes	NWK Attempted suicide in past week (face to face question) Value Label 0 No 1 Yes	<ul> <li>Thought about suicide ever (self-completion question)</li> <li>Value Label</li> <li>No</li> <li>No</li> <li>Yes</li> </ul>	IIF Thought about suicide ever (face to face question) Value Label 0 No 1 Yes	HYR     Thought about suicide in past year (face to face question)       Value     Label       0     No       1     Yes	www. Inougnit about suicide in past week (face to face question)  Value Label  No No  Yes		SUICTHIR Thought about suicide ever (face to face question)  SUICTHIR Thought about suicide ever (face to face question)  No No  SUICTHIR Thought about suicide ever (face to face question)  Value Label  No No  No No  SUICATR Attempted suicide in past year (face to face question)  Value Label  No No  SUICATR Attempted suicide in past year (face to face question)  Value Label  No No  No No  SUICATR Attempted suicide ever (self-completion question)  Value Label  No No  No
	Received help from hospital/specialist medical/psychiatric service following last suicide attempt.  Value Label  No No No Yes	Received help from friends/family/neighbours following last suicide attempt     Value Label     No     No     Received help from hospital/specialist medical/psychiatric service following last suicide attempt.     Value Label     No     No	<ul> <li>Y Attempted suicide ever (self-completion question)</li> <li>Value Label</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>Received help from friends/family/neighbours following last suicide attempt</li> <li>Value Label</li> <li>No</li> <li>No</li> <li>No</li> <li>T</li> <li>Received help from hospital/specialist medical/psychiatric service following last suicide attempt.</li> <li>T</li> <li>Received help from hospital/specialist medical/psychiatric service following last suicide attempt.</li> <li>Value Label</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> <li>No</li> </ul>	SUICATIF Attempted suicide ever (face to face question)  Value Label  DSHTRY Attempted suicide ever (self-completion question)  Value Label  No  No  No  No  No  No  No  No  No  N	ry Attempted suicide in past year (face to face question)  Value Label  Value Label	Number 1	Thought about suicide ever (self-completion question)  Value Label  No  Attempted suicide in past week (face to face question)  Value Label  No  Attempted suicide in past year (face to face question)  Value Label  No  Attempted suicide ever (face to face question)  Value Label  No  No  Attempted suicide ever (self-completion question)  Value Label  No  No  Attempted suicide ever (self-completion question)  Value Label  No  No  Attempted suicide ever (self-completion question)  Value Label  No  No  No  No  No  No  No  No  No  N	Hiff Thought about suicide ever (face to face question)  Value Label  No  Thought about suicide ever (self-completion question)  Value Label  No  TY es  TY es  TY es  TY Attempted suicide in past week (face to face question)  Value Label  No  Attempted suicide ever (face to face question)  Value Label  No  Attempted suicide ever (face to face question)  Value Label  No  Attempted suicide ever (face to face question)  Value Label  No  No  TY Attempted suicide ever (face to face question)  Value Label  No  No  No  No  No  No  No  No  No  N	ry Thought about suicide in past year (face to face question)  Value Label  No  No  No  No  No  No  No  No  No  N	SUICTHWK Thought about suicide in past week (face to face question)  Value Label No No No Value Label No	Received help from community/local authority service following last suicide attempt alue Label No
Received help from community/local authority service following last suicide attempt Nature Label			Attempted suicide ever (self-completion question)     Value Label     Received help from friends/family/neighbours following last suicide attempt     No     N	TF Attempted suicide ever (face to face question)  Value Label  No  Attempted suicide ever (self-completion question)  Value Label  No  No  Received help from friends/family/neighbours following last suicide attempt  Value Label  No  No  No  No  No  No  No  No  No  N	YR Attempted suicide in past year (face to face question) Value Label	Value Label  No  No  No  No  No  No  No  No  No  N	Thought about suicide ever (self-completion question)  Value Label  No  Value Label  No  TR Attempted suicide in past week (face to face question)  Value Label  No  Attempted suicide ever (face to face question)  Value Label  No  Attempted suicide ever (self-completion question)  Value Label  No  Attempted suicide ever (self-completion question)  Value Label  No  Value Label  No  No  Attempted suicide ever (self-completion question)  Value Label  No  No  No  No  No  No  No  No  No  N	Thought about suicide ever (face to face question)   Value   Label     No	ryR Thought about suicide in past year (face to face question)  Value Label  No  Thought about suicide ever (face to face question)  Thought about suicide ever (self-completion question)  Value Label  No  Thought about suicide ever (self-completion question)  Value Label  No  No  TR  Attempted suicide in past week (face to face question)  Value Label  No  No  The Attempted suicide ever (face to face question)  Value Label  No  No  Attempted suicide ever (face to face question)  Value Label  No  No  Attempted suicide ever (self-completion question)  Value Label  No  No  The Attempted suicide ever (self-completion question)  Value Label  No  No  The Attempted suicide ever (self-completion question)  Value Label  No  No  No  No  No  No  No  No  No  N	NWK Thought about suicide in past week (face to face question)  Yelue Label No	Received help from hospital/specialist medical/psychiatric service following last sulcide attempt.  I alue Label  No  Yes

Sought help from psychiatric services following (last) occasion of self-harm Label No Yes

DSH9 Value
0
1
1
DSH10
Value
0
1

Sought help from medical services following (last) occasion of self-harm Label No Yes

Received help from someone else following last suicide attempt Label No Yes

**DSH4C10**Value
0

Ever self-harmed (face to face question)

No
Yes

Ever self-harmed (self-completion)

Label
No
Yes

DSH5
Value
0
1
1
DSHHARM
Value
0
1

Probable psychosis: approach consistent with 2000 survey Label No probable psychosis Probable psychosis

PSYCPROB Value

**PSYCHOSIS** 

C2

PSYCDIS\_WT Weighting variable to use with PSYCHDIS

Value

PSYCDIS

APMS 2007 | APPENDIX C. DERIVED VARIABLES USED IN THE MAIN REPORT

ATTENTION DEFICIT HYPERACTIVITY DISORDER

C2

DVADHD1 Value

ALCOHOL USE

AUDITGP Value

7 C C

AUDITSC

DRNKPROB Value

SADQGP Value

SADQCSC

APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

Ever used crack

CRACEVER Value 1

APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

AUDSAD2 Value

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Dependent on heroin / methadone or not Label Yes No

HEMEDEP Value

Ever used tranquillisers Label Yes No

TRANEVER Value

TRANYEAR Value

Heroin / methadone dependence score

HEMEDPSC

Used methadone in past year Label Yes

METHYEAR Value

Ever used methadone Label Yes No

Ever used glues, solvents, gas, aerosols Label Yes No Used anabolic steroids in past year Label Yes No Dependent on tranquillisers or not Label Yes No Used tranquillisers in past year Label Yes No Tranquilliser dependence score Used amyl nitrite in past year Label Yes No Ever used anabolic steroids e Label Yes No Ever used amyl nitrite Label Yes No **GLUEYEAR** Used glue in past year Value Label ANABYEAR Value TRANDEP Value AMYLYEAR Value GLUEEVER Value TRANDPSC Value L Value AMYLEVER ANABEVER

GLUEDESC Glue dependence score GLUEDEP Dependent on glue or not Value Label 1 Yes 2 No DRUGEVER Ever used any drug 1 Yes 2 No DRUGGPEP Dependent on any drug or not Value Label 1 Yes 2 No DRUGGPEP Dependent on any drug or not Value Label 1 Yes 2 No DRUGGPEP Dependent on any drug or not Value Label 2 No DRUGGPEP Dependent on any drug or not Value Label 2 No DRUGGPEP Dependent on any drug or not Value Label 1 Yes 2 No DRUGGPEP Dependent on any drug or not Value Label 1 Yes 2 No DRUGGPEP Dependent on any drug or not Value Label 1 Aes	1 Dependent on cannabis only 2 Dependent on other drug with or without cannabis
---	---

APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

Membership of Cluster 6 - Highly comorbid Label No Yes Membership of Cluster 5 - Externalising Label CLUSTER6
Value
0
1 CLUSTER5 Value

Drugs used in the treatment of ADHD (two types, currently taken) Value Label Value Label T Yes 2 No

MEDADD

Current use of any psychoactive medication Value Label 1 Yes 2 No

ANYMED

Drugs used in the treatment of psychosis (currently taken) Value Label 1 Yes 2 No

C13 PSYCHOACTIVE MEDICATION

MEDPSYC

Antidepressants (currently taken) Value Label 1 Yes 2 No

MEDDEP

Hypnotics (currently taken)
Value Label
1 Yes
2 No

MEDHYP

Anxiolytics (currently taken)
Value Label
1 Yes
2 No

MEDANXI

APMS 2007 | APPENDIX C: DERIVED VARIABLES USED IN THE MAIN REPORT

Currently in receipt of any medication, counselling, or therapy treatment Label Yes

TRTMENT Value Used a day activity centre in past year Label Yes No

DAYCOMYR Value Seen a psychiatrist in the past year Label Yes No

PSYTRTYR
Value
1
2

Seen a psychologist in past year Label Yes No

PSYLGTYR Value

Currently having any counselling or therapy Label Yes No

ANYTHER Value

C14	TALKING THE	TALKING THERAPIES AND SERVICE USE	
	DOC2WKS S Value L	Spoken with GP in past two weeks about a mental or emotional problem Label Yes No	
	DOCPSYC	Spoken with GP in past year about a mental or emotional problem Label Yes No	
	INQTRMEN Value  2	Inpatient stay in past quarter for a mental or emotional problem Label Yes No	
	OUTQTRME Value 1	Outpatient visit in past quarter for a mental or emotional problem Label Yes No	
	PSYCTHER Value 1	Currently having psychotherapy, psychoanalysis, individual or group therapy Label Yes No	
	COGTHER Value 1	Currently having behaviour or cognitive therapy Label Yes No	
	ARTTHER Value 1	Currently having art, music or drama therapy Label Yes No	
	SOCTRAIN Value	Currently having social skills training Label Yes No	
	MARITHER Value 1	Currently having marital or family therapy Label Yes No	
	SEXTHER C Value L: Y Y	Currently having sex therapy Label Yes No	
	COUNSEL C	Currently having counselling Label Yes No	
	OTHTHER COVAIUM LE VAIUM LE VAIUM LE VAIUM LE VAIUM LE VAIUM LE VAIUM LE VAIME LE VA	Currently having other therapy for a mental or emotional problem Label Yes No	
APMS	\$ 2007   APPEND	APMS 2007   APPENDIX C. DERIVED VARIABLES USED IN THE MAIN REPORT	APMS

Seen a community learning difficulty nurse in past year Label Yes No

CLDNYR Value Used other nursing services in past year Label Yes No

OTHNSEYR Value

CPNYR Seen a community psychiatric nurse in past year Value Label 1 Yes 2 No

Used outreach workerfamily support in past year Label Yes No

OREACHYR
Value
1
2

Used home help/home care worker in past year Label Yes No

HMHELPYR Value

Used self help/support group in past year Label Yes No

SFHELPYR Value

Seen a social worker in past year Label Yes No

SOCWRKYR
Value
1

Received any health care for mental health or emotional reason (past year from GP, past from hospital)
Label
Y es
No
No
Received any day care service in past year
Label
Y es
No

Any community care service in past year Label Yes No APMS 2007 | APPENDIX C. DERIVED VARIABLES USED IN THE MAIN REPORT

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### Appendix D

### Phase one questionnaire and phase two contents



### **Contents**

Phase one questionnaire

Phase two contents

APPENDIX D. APMS 2007 phase one questionnaire documentation and phase two contents

# APMS 2007: phase one questionnaire and phase two contents

### PHASE ONE

# Household information

### StartDat

Date interview with respondent was started. Press <Enter> to confirm date.

# ASK FOR EACH PERSON THE HOUSEHOLD:

RECORD THE NAME FOR RESPONDENT FIRST, THEN A NAME FOR EACH MEMBER OF THE HOUSEHOLD.

What is name/your date of birth? DATE

# IF Birth = Don't know OR Refusal THEN

What was name/your age last birthday? 98 or more = CODE 97 HELP<F9> Range: 0...97

DVage AGE FOR THE WHOLE SAMPLE, FROM BIRTH AND AGE IF Range: 0...120

## IF DVage >=16 THEN MarStat

CODE FIRST THAT APPLIES.
What is name/your legal martial status?
Are you/is HELP<F9> Single, that is never married

Married and living with your husband/wife Married and separated from your husband/wife Divorced

Widowed?
Spontaneous only: in a legally-recognised Civil partnership and separated from civil partner
Partner
Spontaneous only: formerly a civil partner, the Civil partnership now legally dissolved Spontaneous only: a surviving civil partner his/her partner having since died

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

# IF (Dvage>=16) AND (No. in Household>1) AND (MarStat = Not married) THEN LiveWith

May I just check, are you living with someone in the household as a couple? HELP<F9> This would include as a same sex couple.

No Spontaneous only: same sex couple

# Respdnt ENTER THE PERSON NUMBER OF THE RESPONDENT. Range: 1...14

IF (DVage >=1) AND (No. in Household>1) THEN

In whose name is the accommodation owned or rented? CODE ALL THAT APPLY.

IF HhIdr = more than 1 person THEN
HIHNum
You have told me that (name) and (name) jointly own or rent the accommodation. Who has the highest income (from earnings, benefits, pensions and any other sources)?
ENTER PERSON NUMBER.

HRP
The Household Reference Person is:
Name of HRP

Continue

# I would now like to ask how the people in your household are related to each other. CODE RELATIONSHIP HELP<F9>

Spouse (including civil partner Cohabitee

Son/daughter (incl. adopted) Step-son/daughter Son in-law/daughter in-law Parent/guardian Foster child

Step-parent

Foster parent Parent-in-law

Brother/sister (incl. adopted) Step brother/sister Half brother/sister

Foster brother/sister Brother/sister in-law 

Other relative Other non-relative Grandchild Grandparent

### Proxy

7

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```
SF5

And during the past 4 weeks, were you limited in the kind of work or other activities you could do as a result of your physical health?

1 Yes
2 No
                                                                                                                                                                                                                                                                                                                                                                                                                                                                      SF2
These questions are about activities you might do during a typical day.
Does your health now limit you in moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          SF4

During the past 4 weeks, have you accomplished less than you would like with your work or other regular daily activities as a result of your physical health?
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 SF3
And does your health now limit you in climbing several flights of stairs?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             IF SF2 = Yes THEN
SF21
And how much does your health now limit you with these activities...
RUNNING PROMPT
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        SF31
And how much does your health now limit you with this activity...
RUNNING PROMPT
1 a little
2 or, a lot?
                                                                                General health & wellbeing
                                                                                                                                         ASK IF SELECTED RESPONDENT
                                                                                                                                                                                                                 How is your health in general?
Would you say your health is...
RUNNING PROMPT
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   IF SF3 = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           or, a lot?
                                                                                                                                                                                                                                                                                                                       very good
good
fair
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   a little
                                                                                                                                                                                                                                                                                               Excellent
                                                                                                                                                                                                                                                                                                                                                                                                   or, poor?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       IF SF2 = No
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          ž
                                                                                                                                                                                            SF1
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     Language
INTERVIEWER RECORD:- IS ENGLISH THE RESPONDENTS FIRST LANGUAGE?
IF UNSURE ASK THE FOLLOWING QUESTION
May I ask, is English your first language?
                                                                                                                                                                                                                                 IF Proxy = a proxy respondent
INTERVIEWER: ASK OF THE PROXY RESPONDENT
(2n just check) What is your relationship to (name of responding person)?
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                        CODE WHETHER INTERVIEW IS TO BE CONDUCTED WITH:

1 the selected respondent
2 or, a proxy respondent
                                                                                                                                                                                                                                                                                                                                  Conabitee
Sondaughter (inc. adopted, step, foster)
Son-in-law/daughter-in-law
Parent/guardian (inc. adopted, step, foster)
Parent-in-law
Bother/sister (incl. adopted, step, half, foster)
Brother/sister in-law
Grandchild
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    Friend
Support worker/personal assistant/paid carer
Other non-relative
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   IF ProxRel = OthRel OR Other non-relative THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           XProxRel
Please specify relationship to selected respondent.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  က
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         IF Proxy = a proxy respondent THEN
ProxNam
What is your full name?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            Grandparent
Other relative
Neighbour
```

SF8
SHOWCARD A
During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)...
RUNNING PROMPT SF7
And during the past 4 weeks, did you work or do other activities less carefully than usual as a result of your emotional health? **SF6**During the past 4 weeks, have you accomplished less than you would like with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or SF9
SHOWCARD B
For each of the following questions, please look at this card and give the one answer that comes SF11
SHOWCARD B
And how much of the time during the past 4 weeks have you felt downhearted and low?
And not we time
Most of the time
Some of the time
Some of the time
Simple of the time SF10
SHOWCARD B
And how much of the time during the past 4 weeks did you have a lot of energy? closest to the way you have been feeling. How much of the time during the past 4 weeks have you felt calm and peaceful? APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 2 All of the time
Most of the time
A good bit of the time
Some of the time
A fittle of the time
None of the time A good bit of the time Some of the time A little of the time None of the time All of the time Most of the time not at all,
a little bit,
moderately,
quite a bit,
or, extremely? Yes No Yes No anxious)?

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Slightly agree Moderately agree Strongly agree

3. Activities of Daily Living (ADL)

ASK ALL

ACRIT

ACRIT

His section is about practical activities.

Locking at shown and a section is about practical activities.

Locking at shown and a shown and a section is about practical activities.

Locking at shown and a shown and by your locking at the bolles?

Locking at shown and by your practical activities.

Locking at shown and by the section is about practical activities.

Locking at shown and by the section is about practical activities.

Locking at shown and by your practical activities.

Acritical and by pour instruction of proxy respondently have any difficulty with...

Acritical and by pour practical activities and and about and about and about and about and activities.

Acritical activities and any activities are set any activities and activities and activities.

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Activities activities and activities an

Do you look after, or give help or support to family members, friends, neighbours or others because they have a long-term physical or mental ill-health or disability, or problems related to age? Please do not count anything you do as part of your paid employment. The following questions are about your caring responsibilities. Looking at showard F please indicate for each of the following statements how far they reflect your caring responsibilities. In the following the pressure due to having too much to do... Cared
SHOWCARD F
Over the past few years, my caring responsibilities have become more demanding...
1 Strongly agree
2 Slightly agree
3 Slightly disagree
4 Strongly disagree My caring responsibilities rarely let me go, they are still on my mind when I go to bed About how many hours a week do you spend looking after or helping them? Please include any time you spend travelling so that you can do these activities. APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF (Proxy = selected respondent) AND (Care1 = Yes) THEN Care2 IF ((Proxy = selected respondent) OR (AcHelp = No)) THEN 0.4 hours a week
5-9 hours a week
7-9 hours a week
20.34 hours a week
8-6-90 hours a week
10 or more hours a week
10 or more hours a week
VARIES - usually under 10 hours a week 9 IF Care2 = >10 hours a week THEN Care3
SHOWCARD F IF Care2 = >10 hours a week THEN IF Care2 = >10 hours a week THEN Caring responsibilities Strongly agree Slightly agree Slightly disagree Strongly disagree Slightly agree Slightly disagree Strongly disagree Strongly agree Care5 SHOWCARD F 0 m 4 26450780

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APPENDIX D. APMS 2007 phase one questionnaire documentation and phase two contents

Yes, a lot of difficulty

Who helps you/(name of proxy respondent) with (name of activity) the things that you have difficulty with? CODE ALL THAT APPLY

IF AcHelp = Yes THEN

Xes No SHOWCARD E

Spouse/cohabitee
Brother/sister (incl. in-law)
Son/daughter (incl. in-law)
Parent (incl. in-law)
Grandparent (incl. in-law)
Grandparent (incl. in-law)

No one

**AcHelp**Do you/(name of proxy respondent) need anyone to help you with (name of activity)?

Home care worker/home help Voluntary worker Landlor/landlady Paid domestic help Paid nurse Bank manager Solicitor Other person

Occupational Therapist Social Worker

Other relative Boyfriend/girlfriend Friend CPN/Nurse

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Health conditions

### ASK ALL

### Health

SHOWCARD G Now please look at the health conditions listed on this card. Have you/(name of proxy respondent)

ever had any of them since the age of 16?
INTERVEWER: ONLY INCLUDE CONDITIONS EXPERIENCED IN ADULTHOOD.
PROBE - "What others?"
CODE ALL THAT APPLY

Diabetes Epilepsy/fits Migraine or frequent headaches Dementia or Alzheimer's disease

Anxiety, depression or other mental health issue Cataracts/eyesight problems (even if corrected with glasses or contacts) Earthearing problems (even if corrected with a hearing aid) Stroke

Heart attack/angina High blood pressure Bronchitis/emphysema

Asthma

Stomach ulcer or other digestive problems Liver problems Bowel/colon problems

Arthritis Bone, back, joint or muscle problems Bladder problems/incontinence Skin problems Other, please specify None of these Infectious disease 

Health = Other THEN

INTERVIEWER: Enter name of other health condition.

## IF Health = RESPONSE THEN

HDoct You told me that you/(name of proxy respondent) have had (name of health condition). Did a doctor or other health professional diagnose this condition?

ž

## IF Health = RESPONSE THEN

Have you(name of proxy respondent) had (name of health condition) in the last 12 months? Please say 'yes' if you have had this condition, even if you have not experienced any symptoms because you use andication or an aid.

INTERVIEWER: AN ADIS SOMETHING WHICH ASSISTS SOMEONE TO OVERCOME AN IMPAIRMENT, SUCH AS A WALKING STICK ZIMMER FRAME, GLASSES OR HEARING AID.

Xes No

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ntation and phase two contents APPENDIX D: APMS 2007 phase one questionnaire docume

## IF (Health = RESPONSE) AND (Hyear = Yes) THEN

When did you/(name of proxy respondent) first have (name of health condition)?

1 In the last 12 months
2 More than a year ago, less than 2 years ago
3 More than 2 years ago, less than 5 years ago
4 5 years ago or more

## IF Health = RESPONSE THEN

HTreat In the last 12 months, have you/(name of proxy respondent) had any treatment or taken any prescribed medication for the (name of health condition)?
INTERVIEWER: 'TREATMENT INCLUDES PHYSIO AND OTHER THERAPIES.
EXCLUDE MEDICATIONS BOUGHT OVER THE COUNTER.

Cutbown Now Toll Ne you/(name of proxy respondent) to think about the 2 weeks ending yesterday. During Now Toll Ne you/(name of proxy respondent) have to cut down on any of the things you/has/he usually do(es) about the house, at work or in your/his/her free time because of illness or injury?

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Use of psychoactive medications and injections

### ASK ALL

(May I just check), are you/(name of proxy respondent) taking any pills or tablets that have been prescribed for you? INTERVIEWER: DO NOT INCLUDE INHALERS, SUPPOSITORIES, PATCHES, CREAMS, INJECTIONS, OINTMENTS OR LOTIONS.

## IF Medic = Yes THEN

### MedicWh1

SHOW CARD H
Please look at this card. Are you/(name of proxy respondent) currently taking any of these medications?

PROBE - "Which ones? Please just tell me the numbers on the card' CODE ALL THAT APPLY

Largactii (chlorpromazine)
Stelazine (trifluperazine)
Haldoi, Serance (haloperidol)
Risperdal (risperidone)
Zyprexa (olanzapine)
Glozarii (lozapine)
Priadel (lithium carbonate)
Dolmatii (sulpiride)
Seroquel (quetiapine)
Ability (arripirazole)
None of these

IF (Medic = Yes) AND (MedicWh1 = Yes) THEN
Mpack1
May I see the container or packet for (name of medication)?
1 Packet seen - drug coded correctly
2 Packet seen - drug not coded correctly

Packet not seen

## IF Mpack = Packet seen – coded correctly OR Packet Not Seen THEN Mwhy1

(May I just check) What condition do *youl(name of proxy respondent*) take (name of medication) for?

## IF Medic = Yes THEN

### MedicWh2

And please look at this card. Are you/(name of proxy respondent) currently taking any of these SHOW CARD J medications?

PROBE - "Which ones? Please just tell me the numbers on the card"

CODE ALL THAT APPLY.

Prozac (fluoxetine) Lustral (sertraline)

Seroxat (paroxetine) Efexor (venlafaxine) Nardil (phenelzine) Manerix (moclobemide)

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Tryptizol (amitriptyline) Tofranil (impipramine) 

Anafranil (clomipramine)

Prothiaden (dothiepin)

Sinequan (doxepin) Cipramil (citalopram) Zispin (mirtazapine)

None of these

## IF Medic = Yes THEN Mpack2

May I see the container or packet for the (name of medication)?

Packet seen - drug coded correctly Packet seen - drug not coded correctly Packet not seen

# IF Mpack2 = Packet seen - drug coded correctly OR Packet Not Seen THEN

(May i just check) What condition do you/(name of proxy respondent) take (name of medication) for?

## IF Medic = Yes THEN

SHOW CARD K

And are you/(name of proxy respondent) currently taking any of the medications on this card? PROBE - Which ones? Please just tell me the numbers on the card' CODE ALL THAT APPLY.

Valium (diazepam)

Librium (chlordiazepoxide) Planpak (temazepam) Ativan (lorazempam) 8459786

Mogadon (nitrazepam)

Buspar (buspirone)
Ritalin (methylphenidate)
Strattera (atomoxetine)
None of these

## IF (Medic = Yes) AND (MedicWh3 = Yes) THEN

May I see the container or packet for the (name of medication)?
1 Packet seen - drug coded correctly
2 Packet seen - drug not coded correctly
3 Packet not seen Mpack3

# IF Mpack3 = Packet seen - drug coded correctly OR Packet Not Seen THEN

(May I just check) What condition do you/(name or proxy respondent) take (name of medication) for?

### **ASK ALL**

Inject (May I just check) Are you/(name of proxy respondent) currently having a regular course of injections which has been prescribed for you?

IF DocPsyc = Yes THEN PMatNum IF DocPsyc = Yes THEN **ASK ALL** DocYear Are you/(name of proxy respondent) currently having any of these medicines as a course of APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents injections? PROBE - Which ones? Please just tell me the numbers on the card' CODE ALL THAT APPLY IF INJECTWH = Yes THEN
MInjwhy3
What condition do you take (name of injection) for? 15 Depixol (flupenthixol decanoate) Modecate (fluphenazine decanoate) Haldol (holoperidol decanoate) Clopixol (zuclopenthixol decanoate) Risperdal Consta (risperidone) None of these IF Inject = Yes THEN INJECTWH SHOW CARD L Xes No

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### Service use

## **GP CONSULTATIONS**

In the past 12 months, have you/(name of proxy respondent) spoken to a GP or family doctor on your own behalf, either in person or by telephone about a physical illness or complaint? DO NOT INCLUDE TELEPHONE CALLS TO NHS DIRECT

DocPsyc
In the past 12 months, have you/(name of proxy respondent) spoken to a GP or family doctor on
your own behalf, either in person or by telephone about being anxious or depressed or a mental,
nervous or emotional problem?
DO NOT INCLUDE TELEPHONE CALLS TO NHS DIRECT

Yes

When your(name of proxy respondent) consulted the doctor about your mental, nervous or emotional problem, what did the doctor say was the matter with you? INTERVIEWER: HOW MANY MENTAL PROBLEMS DOES THE RESPONDENT HAVE? ENTER NUMBER OF MENTAL PROBLEMS MENTIONED IF MORE THAN 6 - TAKE THE 6 MOSTIMPORTANT IF NONE - CODE 0

Range: 0...6

## GP diagnosis coding block (Asked for each diagnosis reported)

PMat
WHAT IS THE MATTER WITH RESPONDENT?
WHAT IS THE MATTER WITH RESPONDENT?
ENTER ONE OF CONDITIONS/SYMPTOMS RESPONDENT MENTIONED
(THIS IS CONDITION NUMBER [LGENHLTH] OF [PMATNUM]).

IF CODE NOT FOUND, ENTER 98 HERE CODE FOR COMPLAINT AT PMAT IF DocPsyc = Yes THEN

IF DocPsyc = Yes THEN

PICDDsc DESCRIPTION OF CODE SELECTED AT PICD.

IF DocYear = Yes THEN
DocTalk
During the two weeks ending yesterday, apart from any visit to a hospital, did you/(name of proxy respondent) talk to a GP or family doctor on your own behalf, either in person or by telephone?

**inStay** During the past year, have you been in hospital as an in-patient, overnight or longer for treatment or (Apart from seeing your own doctor/when you' (name of proxy respondent) stayed in hospital) In the past 12 months have you' (name of proxy respondent) been to a hospital or clinic for treatment or check-ups, as an out-patient or day-patient?
INCLUBE VISITS TO HOSPITALS, SPECIAL UNITS, CLINICS, PRIVATE CONSULTING ROOMS
AND DAY HOSPITALS Have you been in hospital as an in-patient, overnight or longer for treatment or tests, during IF Cnsl = Psychotherapy, psychoanalysis, individual or group therapy THEN the past 3 months? INCLUDE SIGHT OR HEARING PROBLEMS. EXCLUDE GIVING BIRTH APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents INCLUDE SIGHT OR HEARING PROBLEMS. EXCLUDE GIVING BIRTH EXCLUDE ALL REGULAR DAY ACTIVITY CENTRES OR SERVICES EXCLUDE ALL COMMUNITY CARE SERVICES a physical health problem, or a mental nervous or emotional problem? Spontaneous: both of these IF (InStay = Yes) AND (InStayQtr = Yes) THEN Weekly or more often than fortnightly Fortnightly or more often than monthly Monthly or more often than 3-monthly 3-monthly or more often than 6-monthly 6-monthly or more often than 1 yearly Once a year or less 18 How often do you have this (name of therapy)? INTERVIEWER: PLEASE CODE Were you in hospital because of... RUNNING PROMPT More than once a week IF InStay = Yes THEN **OUT-PATIENT VISITS** IN-PATIENT STAYS InStayQtr **ASK ALL ASK ALL** OutStay 264597 DocWeeks
And during the two weeks ending yesterday, did you/(name of proxy respondent) speak to a GP
or family dector about being anxious or depressed or a mental, nervous or emotional problem?
DO NOT INCLUDE TELEPHONE CALLS TO NHS DIRECT. Looking at this card, could you tell me if you/(name of proxy respondent) are currently having any counselling or therapy for a mental, inevous or emotional problem for example at home, at a doctor's surgery, a health centre, hospital or clinic?

INCLUDE COUNSELLING FOR BEREAVEMENT AND DRINK OR DRUG RELATED PROBLEMS IF CnsI = Psychotherapy, psychoanalysis, individual or group therapy THEN RECORD VERBATIM 'OTHER TYPE OF COUNSELLING OR THERAPY. Psychotherapy, psychoanalysis, individual or group therapy Behaviour or cognitive therapy At, music or drama therapy At, music or drama therapy Social skills training Marital or family therapy Sax therapy Sax therapy Counselling Another type of therapy 4PPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

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How long have you been having this (name of therapy)?
1 Less than 3 months

IF CnsI = Another type of therapy THEN

3 months but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years but less than 5 years 5 years but less than 10 years

10 years or more

INCLUDE CONSULTATIONS FOR ANY REASON.
DO NOT INCLUDE TELEPHONE CALLS TO NHS DIRECT.
1 Yes

IF DocTalk = Yes THEN

Which type/s of counselling or therapy are you having? CODE ALL THAT APPLY

IF CusiHav = Yes THEN SHOWCARD M

CnsIHav SHOWCARD M

COUNSELLING ASK ALL

```
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                                                                                                                                                                                                                  2 6 4 5 9 7 8 9
                                                                                                                                          Have you/(name of proxy respondent) been to a hospital or clinic for treatment or check-ups as an out-patient or day-patient in the past 3 months?
INCLUBE VISTS TO HOSPITALS, SPECIAL UNITS, CLINICS, PRIVATE CONSULTING ROOMS AND DAY HOSPITALS
EXCLUBE ALL REGULAR DAY ACTIVITY CENTRES OR SERVICES
EXCLUDE ALL COMMUNITY CARE SERVICES
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   CC23Y
SHOWCARD P
SHOWCARD P
SHOWCARD P
Here is a list of community care services. Excluding any contact with professionals or team
members that you have already told me about, have you/(name of proxy respondent) used any of
these services in the last year? For example, you/(name of proxy respondent) may have been
visited at home by some of these people.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         DayY
SHOWCARD N
SHOWCARD N
SHOWLOARD IN
SHOWLOARD IN
SHOWLOARD IN
SHOWLOARD IN
SHOWLOARD IN
SHOWLOARD SHELTERED WORKSHOP
                                                                                                                                                                                                                                                                                                                                                                                                                                                                            Was your/(name of proxy respondent) outpatient or day patient visit because of...
RUNNING PROMPT
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          No
Spontaneous only: Would have liked to but not available
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              1 a physical health problem
2 or a mental, nervous or emotional problem?
3 Spontaneous only – both
                                                                                                                                                                                                                                                                                                                                                                                                                            IF (OutStay = Yes) AND (OutStyQt = Yes) THEN OutWhy
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  Daywnt
What did you/(name of proxy respondent) do there?
CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        IF (DayY = Yes) AND (DayWht = Other) THEN DayWOth
What was the other activity?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  19
                                                                                       OutStay = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       DayY = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 Education
Social activities
Other
                                                                                                                  OutStyQt
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               Work
```

MentHos (May I just check,) Have you/(name of proxy respondent) ever been admitted to a hospital or ward which specialises in caring for people with mental health problems? SHOWCARD P
Which services have you/(name of proxy respondent) used?
CODE ALL THAT APPLY Community psychiatric nurse (CPN) Community learning difficulty nurse Other nursing services
Social Worker
Self-help/support group
Home help/home care worker
Outreach worker/family support IF CC2aY = Yes THEN CC2Y Psychologist Psychiatrist ‱ No

HE (Preg = No OR Not Aaked) AND (Weight = Kilograms) THEN
WITERVENENE; ENTER KILOGRAMS, ACCEPT ESTIMATES.
Range; 20...300

IF (Preg = No OR Not Aaked) AND (Weight = Stores and pounds) THEN
WITStores
Range; 20...300

IF (Preg = No OR Not Aaked) AND (Weight = Stores and pounds) THEN
WITSTORES
Range; 2...50

IF (Preg = No OR Not Aaked) AND (Weight = Stores and pounds) THEN
WITSTOREME: ENTER POUNDS; ACCEPT ESTIMATES.

Range; 0...16

WATASSESS
Would you say you were. READ OUT...
1 ....1about the night weight...
2 ....undsweight? 0...
4 ....veity overweight? 0...
4 ....veity overweight? 1...

22 .....undsweight? 2...
3 ....sightly weight...
3 ....sightly weight...
4 ....veity overweight? 0...

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What is your current weight, without clothes on? INTERVIEWER: CODE UNIT OF MEASUREMENT. ESTIMATE IF NOT SURE.

Kilograms Stones and pounds Cannot give estimate

IF Preg = No OR Preg = Not Asked THEN Weight

Yes No Not Asked

IF (sex = Female) AND (DVage<45) THEN
Preg
I just need to check as it does affect weight, are you currently pregnant?

IF Height = Feet and Inches THEN HTInches
INTERVIEWER: ENTER INCHES
ACCEPT ESTIMATES

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Self-reported height and weight

ASK IF SELECTED RESPONDENT

I am now going to ask some questions about your height and weight How tall are you without shoes?
INTERVEWER: CODE UNIT OF MEASUREMENT.
ESTIMATE IF NOT SURE

1 Metres and Centimetres

Feet and inches Cannot give estimate IF Height = Metres and Centimetres THEN HTMetres
INTERVIEWER: ENTER METRES
ACCEPT ESTIMATES
Range: 1...3

IF Height = Metres and Centimetres THEN

HTCms
INTERVIEWER: ENTER CENTIMETRES
ACCEPT ESTIMATES
Range: 0...99

IF Height = Feet and Inches THEN
HTFeet
INTERVIEWER: ENTER FEET
ACCEPT ESTIMATES
Range: 3...8

entation and phase two contents Have you noticed a marked increase in your appetite in the past month? Have you noticed a marked loss in your appetite in the past month? Did you lose half a stone or more, or did you lose less than this? Common Mental Disorders (CMDs) - CIS-R 23 Q22 Have you gained weight in the past month? Do not include weight gain due to pregnancy. Were you trying to lose weight or on a diet? IF (Q19 = Yes) AND (Q19a = No) THEN Have you lost any weight in the past month? lost less than half a stone or 3 1/4 Kg APPENDIX D: APMS 2007 phase one questic ASK IF SELECTED RESPONDENT IF Q19 = No/Don't know THEN IF Q19 = No/Don't know THEN Yes No/Don't Know APPETITE AND WEIGHT Yes No/Don't Know IF Q19 = Yes THEN Half a stone Yes

A2 During the past month have you been troubled by any sort of discomfort, for example, headache The next group of questions is about any physical discomfort you may have suffered recently. I will then go on and ask about how you have been feeling lately, whether you have been depressed or worried or en xivous or have any obsessive thoughts or suffer from phobias. Each is a different type of feeling and is asked about separately and each section follows a similar pattern.  ${\bf A3}$  Was this ache or pain/discomfort brought on or made worse because you were feeling low, anxious or stressed? INTERVIEWER: IF RESPONDENT HAS MORE THAN ONE PAIN/DISCOMFORT, THEN PLEASE REFER TO ANY OF THEM. APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents A1 Have you had any sort of ache or pain in the past month? IF (A1 = Yes) OR (A2 = Yes) THEN SECTION A - SOMATIC SYMPTOMS ASK IF SELECTED RESPONDENT IF A1 = No THEN or indigestion?

## ဍ

In the past seven days, including last (day) on how many days have you noticed the ache or pain/discomfort? IF RESPONDENT GIVES A RANGE, THEN PLEASE CODE THE LOWER

IF A3 = Yes THEN

4 days or more 1 to 3 days

## IF (A3 = Yes) AND (A4 = 4 days or more) OR (A4 = 1 to 3 days)) THEN

In total, did the ache or pain/discomfort last for more than 3 hours on any day in the past IF (A3 = Yes) AND ((A4 = 4 days or more) OR (A4 = 1 to 3 days)) THEN In the past week, has the ache or pain/discomfort been... RUNNING PROMPT very unpleasant, a little unpleasant, week/on that day?

THTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE Have you felt tired/lacking in energy for more than 3 hours in total on any day in the past week? EXCLUDE TIME SPENT SLEEPING. INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE In the past seven days, including last (day) on how many days have you felt tired/lacking in energy? IF ((B1 = Yes) OR (B2 = Yes)) AND (B3 = No AND B3a = NOT Physical exercise) THEN IF ((B1 = Yes) OR (B2 = Yes)) AND B3 = No AND B3a = NOT Physical exercise AND ((B4 = 4 days or more) OR (B4 = 1 to 3 days)) THEN B5 INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE
Do you know why you have been feeling tired/lacking in energy?

1 Yes
No No APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents During the past month, have you felt you've been lacking in energy? B1

Have you noticed that you've been getting tired in the past month?

1 Yes
2 No B3a SHOW CARD R What is the main reason? Can you choose from this card? 1 Problems with sleep Medication
Physical illness
Working too hard
Stress, worry or other psychological reason
Physical exercise
Other IF ((B1 = Yes) OR (B2 = Yes)) AND B3 = Yes THEN 26 IF (B1 = Yes) OR (B2 = Yes) THEN ASK IF SELECTED RESPONDENT 4 days or more 1 to 3 days None SECTION B - FATIGUE IF B1 = No THEN

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APPENDIX D. APMS 2007 phase one questionnaire documentation and phase two contents

Has the ache or pain/discomfort bothered you when you were doing something interesting in the

IF A3 = Yes AND ((A4 = 4 days or more) OR (A4 = 1 to 3 days)) THEN

or not unpleasant?

A8 SHOW CARD Q How long have you been feeling this ache or pain/discomfort as you have just described?

Less than 2 weeks
2 weeks but less than 6 months
6 months but less than 1 year
1 year but less than 2 years
2 years or more

IF A3 = Yes AND ((A4 = 4 days or more) OR (A4 = 1 to 3 days)) THEN

Yes No/has not done anything interesting

IF (IB1 = Yes) OR (B2 = Yes)) AND (B3 = No AND B3a = NOT Physical exercise) AND ((B4 = 4 days or more) OR (B4 = 1 to 3 days)) AND B7 = ((No) OR B7 = (Spontaneous: Does not enjoy anything)) THEN B8
INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE
Have you in the past week felt tired/lacking in energy when doing things that you used to enjoy? Have you felt tired/lacking in energy when doing things that you enjoy during the past week? INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE How long have you been feeling tired/lacking in energy in the way you have just described?

1 Less than 2 weeks INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE Have you felt so tired/lacking in energy that you've had to push yourself to get things done IF ((B1 = Yes) OR (B2 = Yes)) AND (B3 = No AND B3a = NOT Physical exercise) AND ((B4 = 4 days or more) OR (B4 = 1 to 3 days)) THEN IF ((B1 = Yes) OR (B2 = Yes)) AND (B3 = No AND B3a = NOT Physical exercise) AND ((B4 = 4 days or more) OR (B4 = 1 to 3 days)) THEN IF ((B1 = Yes) OR (B2 = Yes)) AND (B3 = NO AND B3a = NOT Physical exercise) AND ((B4 = 4 days or more) OR (B4 = 1 to 3 days)) INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE nentation and phase two contents 27 Spontaneous: Does not enjoy anything APPENDIX D: APMS 2007 phase one questionnaire docum 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more Yes, on at least one occasion Yes, at least once

IF ((C1 = Yes) OR (C2 = Yes)) AND ((C4 = 4 days or more) OR (C4 = 1 to 3 days)) THEN C6 In the past week, have these problems with your concentration actually stopped you from getting on with things you used to do or would like to do? In the past week could you concentrate on a TV programme, read a newspaper article or talk to someone without your mind wandering? C8 ...
SHOW CARD S
SHOW pare you been having the problems with your concentration /memory as you have described? IF ((C1 = Yes) OR (C2 = Yes)) AND ((C4 = 4 days or more) OR (C4 = 1 to 3 days)) THEN C7 IF ((C1 = Yes) OR (C2 = Yes)) AND ((C4 = 4 days or more) OR (C4 = 1 to 3 days)) THEN IF ((C1 = Yes) OR (C2 = Yes)) AND ((C4 = 4 days or more) OR (C4 = 1 to 3 days)) THEN C1
In the past month, have you had any problems in concentrating on what you are doing?
1 Yes, problems concentrating
2 No. C4 Since last (day), on how many days have you noticed problems with your concentration/memory? tation and phase two contents C2 Have you noticed any problems with forgetting things in the past month? (Earlier you said you have been forgetting things). Have you forgotten anything important in the past seven days? SECTION C - CONCENTRATION AND FORGETFULNESS 28 APPENDIX D: APMS 2007 phase one questionnaire docum 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more IF (C1 = Yes) OR (C2 = Yes) THEN ASK IF SELECTED RESPONDENT 4 days or more 1 to 3 days No/not always Yes No

D1 in the past month, have you been having problems with trying to get to sleep or with getting back to sleep if you woke up or were woken up? Thinking about the night you had the least sleep in the past week, how long did you spend trying to get to sleep? IF ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) THEN D4
D4 vou know why you are having problems with your sleep?
Tyes IF ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) THEN (If you woke up or were woken up I want you to allow a quarter of an hour to get back to sleep). Only include time spent trying to get to sleep. ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) AND Has sleeping more than you usually do been a problem for you in the past month? how many of the past seven nights did you have problems with your sleep?
1 4 nights or more
2 1 to 3 nights IF ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 D4 = Yes THEN D4a SHOW CARD T Can you look at this card and tell me the main reason for these problems? APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Needing to go to the toilet Having to do something (e.g. look after baby) 29 At least 1/4 hr but less than 1 hr At least 1 hr but less than 3 hrs 3 hrs or more Shift work/too busy to sleep IF (D1 = Yes) OR (D2 = Yes) THEN D3
On how many of the past seven nigh ASK IF SELECTED RESPONDENT SECTION D - SLEEP PROBLEMS Illness/discomfort Worry/thinking Medication Other IF D1 = No THEN Yes

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

# IF ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) AND D6 = 10 to 3 nights) AND D6 In the past week, on how many nights did you spend 3 or more hours trying to get to sleep? 1 4 noghts or more 2 1 to 3 nights 3 None IF ((D1 = Yes) OR (D2 = Yes)) AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) AND ((D5 = A1 least 14 hr bbt less than 1 hr) OR (D5 = A1 least 11 hr bbt less than 3 hrs) OR (D5 = B1 hrs or more)) THEN D7 D0 you wake more than two hours earlier than you need to and then find you can't get back to sleep? 1 Yes 2 No IF D2 = Yes AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) THEN D8 Thinking about the night you sleep the longest in the past week, how much longer did you sleep compared with how longy our ormally sleep for? 2 At least 14 hr but less than 3 hrs 4 3 hrs or more IF D2 = Yes AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights)) AND D8 = 3 hrs or more THEN D9 In the past week, on how many nights did you sleep for more than 3 hours longer than you usually do? 1 4 nights or more 2 1 to 3 nights 3 None IF D2 = Yes AND ((D3 = 4 nights or more) OR (D3 = 1 to 3 nights) AND ((D5 = A1 least 114 hr but less than 1 hr) OR (D5 = A1 least 11 hr but less than 1 hr) OR (D5 = A1 least 11 hr but less than 3 hrs) OR (D5 = B1 hrs or more) THEN D10 SHOW CARD U

How long have you had these problems with your sleep as you have described?

2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more

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APPENDIX D: APMS 2007 phase one questior

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IF ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) AND E7 = Yes THEN
E7a
                                                                                                                                                                                                                                                                                                      IF ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) AND E7 = Yes AND E7a = Once THEN
E8
Do you think this was justified?
1 Yes, justified
2 No, not justified
2
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              IF ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) AND E7 = Yes AND E7a = More than once THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               IF ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    How long have you been feeling irritable or short tempered/angry as you have described?

1 Less than 2 weeks
                                                                                                                                                          Did this happen once or more than once (in the past week)?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Do you think this was justified on every occasion?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   No, at least one was unjustified
                                                                                                                                                                                          Once
More than once
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               E10
SHOW CARD U
                                                                                                                                                                                                                                                                                                                                                                                                  IF E1 = No THEN

E2

During the past month did you get short tempered or angry over things which now seem trivial when you look back on them?

1 Yes
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          During the past week, have you felt so irritable or short tempered/angry that you have wanted to shout at someone, even if you haven't actually shouted?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          In total, have you felt irritable or short tempered/angry for more than one hour (on any day in the
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  IF ([E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) THEN
E5
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              ((E1 = Yes) OR (E2 = Yes)) AND ((E3 = 4 days or more) OR (E3 = 1 to 3 days)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               In the past seven days, have you had arguments, rows or quarrels or lost your temper with
                                                                                                                                                                                    E1

Many people become irritable or short tempered at times, though they may not show it. Have you felt irritable or short tempered with those around you in the past month?

1 Yes/no more than usual
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      Since last (day), on how many days have you felt irritable or short tempered/angry?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     What sort of things made you irritable or short tempered/angry in the past week? CODE VERBATIM
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    31
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 IF (E1 = Yes) OR (E2 = Yes) THEN
E3
                                                                                                                         ASK IF SELECTED RESPONDENT
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       4 days or more
1 to 3 days
None
                                                          SECTION E - IRRITABILITY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          Yes
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Yes
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     Yes
No √
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              past week)?
```

In the past week, have you been able to take your mind off your health worries at least once, by doing something else? IF ((F1 = Yes, worried) OR (F2 = Yes)) AND ((F3 = 4 days or more) OR (F3 = 1 to 3 days)) THEN IF ((F1 = Yes, worried) OR (F2 = Yes)) AND ((F3 = 4 days or more) OR (F3 = 1 to 3 days)) THEN How long have you been worrying about your physical health in the way you described?

1 Less than 2 weeks APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 34 Yes No, could not be distracted once 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more F7 SHOW CARD U

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SECTION F - WORRY ABOUT PHYSICAL HEALTH

ASK IF SELECTED RESPONDENT

F1
Many people get concerned about their physical health. In the past month, have you been at all worried about your physical health?
INCLUDE WOMEN WHO ARE WORRIED ABOUT THEIR PREGNANCY

Yes, worried

Thinking about the past seven days, including last (day), on how many days have you found yourself worrying about your physical health / worrying that you might have a serious physical

IF ((F1 = Yes, worried) OR (F2 = Yes)) THEN

Xes No

IF ((F1 = Yes, worried) OR (F2 = Yes)) AND ((F3 = 4 days or more) OR (F3 = 1 to 3 days))

4 days or more 1 to 3 days

In your opinion, have you been worrying too much in view of your actual health? 1 Yes 2 No

lF ((F1 = Yes, worried) OR (F2 = Yes)) AND ((F3 = 4 days or more) OR (F3 = 1 to 3 days)) THEN

In the past week, has this worrying been... RUNNING PROMPT...

or not unpleasant? very unpleasant, a little unpleasant,

F2Route
INTERVIEWER: HAS INFORMANT MENTIONED A PHYSICAL HEALTH PROBLEM AT
INTERLITY
YOU ENTERED THE FOLLOWING ILLNESS/ES: (health conditions).

1 Yes, has mentioned a physical health problem
2 No physical health problem

IF (F1 = No/concerned) AND NOT IF (Health = None) THEN

```
264597
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  Have you felt sad, miserable or depressed / unable to enjoy or take an interest in things for more than 3 hours in total (on any day in the past week)?

1 Yes
2 No
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       In the past week when you felt sad, miserable or depressed/unable to enjoy or take an interest in things, did you ever become happier when something nice happened, or when you were in company?
                                                                                                                                                                                                                                                                                                                                                   \textbf{G2} During the past month, have you been able to enjoy or take an interest in things as much as you usually do?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    In the past week have you been able to enjoy or take an interest in things as much as usual?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          IF G1 = Yes THEN
G4
NTEX/IEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE
In the past week have you had a spell of feeling sad, miserable or depressed?
                                                                                                                                                                         G1
Almost everyone becomes sad, miserable or depressed at times.
Have you had a spell of feeling sad, miserable or depressed in the past month?
1 Yes
2 No
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     G5
INTERVIEWER: PLEASE USE INFORMANTS OWN WORDS IF POSSIBLE
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             IF ((G4 = Yes) OR (G5 = No/no enjoyment or interest)) THEN G7
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      ((G4 = Yes) OR (G5 = No/no enjoyment)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   35
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   No/no enjoyment or interest
                                                                                                                                                                                                                                                                                                                                                                                                                                                      No/no enjoyment or interest
                                                                                                                             ASK IF SELECTED RESPONDENT
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            Yes, at least once
No
                                                                         SECTION G - DEPRESSION
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              IF G2 = No THEN
```

IF ((G4 = Yes) OR (G5 = No/no enjoyment)) THEN
G10
SHOWO CARD V
How long have you been feeling sad, miserable or depressed/unable to enjoy or take an interest in things as you have described?

1 Less than 2 weeks APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years but less than 5 years 5 years but less than 10 years

10 years or more

H10

Thank you for answering those questions on how you have been feeling. I would now like to ask you a few questions about worrying.

Continue He
Have you felt hopeless at all during the past seven days, for instance about your future?

1 Yes
2 No APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 38 HAS INTERVIEWER PLEASE READ OUT:
Many people find that feeling miserable, depressed or unable to take an interest in things can affect their interest in sex.
Over the past month, do you think your interest in sex has...
RUNNING PROMPT things.
In the past week, was this worse in the morning or in the evening, or did this make no difference? PROMPT AS NECESSARY
1 in the morning 2 in the evening 3 no difference/other H1 I would now like to ask you about when you have been feeling miserable, depressed or unable to take an interest in things / sad, miserable or depressed / unable to enjoy or take an interest in / **H3A** When you have felt miserable, depressed or unable to take an interest in things in the past seven days H4

Now, thinking about the past seven days have you on at least one occasion felt guilty or blamed yourself when things went wrong when it hasn't been your fault?

Yes, at least once

No H5
During the past week, have you been feeling you are not as good as other people?

1 Yes
2 No H3B
..... have you been doing things more slowly, for example, walking more slowly?

1 Yes
2 No APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents ..... have you been so restless that you couldn't sit still?

1 Yes
2 No ASK IF SELECTED RESPONDENT AND DVG11>=1 37 H3C
....have you been less talkative than normal?
1 Yes
2 No increased decreased has it stayed the same? Spontaneous - Not applicable SECTION H - DEPRESSIVE IDEAS

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27
30
31
31
31
31
31
                                                                                                    If (The next few questions are about worrying.) In the past month, did you find yourself worrying more than you needed to about things?
                                                                                                                                                                                                                                                                                                                                                                                                                                       For the next few questions, I want you to think about worries you have had other than those about your physical health.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     On how many of the past seven days have you been worrying about things (other than your
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               IF ((11 = Yes) OR (12 = Yes)) AND ((16 = 4 days or more) OR (16 = 1 to 3 days)) THEN IS
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |F ((11 = Yes) OR ((2 = Yes)) AND ((16 = 4 days or more) OR (16 = 1 to 3 days)) THEN ^{19}
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 ((I1 = Yes) OR (I2 = Yes)) AND ((I6 = 4 days or more) OR (I6 = 1 to 3 days)) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                Have you worried for more than 3 hours in total on any one of the past seven days? REFER TO WORRIES OTHER THAN THOSE ABOUT PHYSICAL HEALTH
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          In your opinion, have you been worrying too much in view of your circumstances? 
REFER TO WORRIES OTHER THAN THOSE ABOUT PHYSICAL HEALTH
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     in the past week, has this worning been:
REFER TO WORRIES OTHER THAN THOSE ABOUT PHYSICAL HEALTH
RUNNING PROMPT
                                                                                                                                                                                                                                                                                           Have you had any worries at all in the past month?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                39
                                                                                                                                                                                                                                                                                                                                                                                           IF ((I1 = Yes) OR (I2 = Yes)) THEN IGINTRO
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           ((I1 = Yes) OR (I2 = Yes)) THEN
                                         ASK IF SELECTED RESPONDENT
                                                                                                                                                                                                                              IF I1 = No/concerned THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                or not unpleasant?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        4 days or more
1 to 3 days
None
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             a little unpleasant
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     very unpleasant
                                                                                                                                                                   Yes, worrying No/concerned
SECTION I - WORRY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 Continue
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         physical health)?
```

Jg ....
SHOW CARD Y
In the past week, when you've been anxious/nervous/tense, have you had any of the symptoms shown on this card? J10.... Have you felt anxious/nervous/tense for more than 3 hours in total on any one of the past seven days? |F (((J6 = 4 days or more) OR (J6 = 1 to 3 days)) OR ((J7 = 4 days or more) OR (J7 = 1 to 3 days))) AND J9 = Yes THEN J9A IF (((J6 = 4 days or more) OR (J6 = 1 to 3 days)) OR ((J7 = 4 days or more) OR (J7 = 1 to 3 days))) THEN J11 |F (((J6 = 4 days or more) OR (J6 = 1 to 3 days)) OR ((J7 = 4 days or more) OR (J7 = 1 to 3 days))) THEN IF (((J6 = 4 days or more) OR (J6 = 1 to 3 days)) OR ((J7 = 4 days or more) OR (J7 = 1 to 3 days))) THEN How long have you had these feelings of general anxiety/nervousness/tension as you described? SHOW CARD Z SHOW CARD Y Which of these symptoms did you have when you felt anxious/nervous/tense? CODE ALL THAT APPLY APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Dry mouth Nausea or feeling as though you wanted to vomit 42 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more Feeling dizzy Difficulty getting your breath Butterflies in stomach Heart racing or pounding Hands sweating or shaking Less than 2 weeks very unpleasant, a little unpleasant, or not unpleasant? % Ses 284597 **−** α ε

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IF ((J6 = 4 days or more) OR (J6 = 1 to 3 days)) OR ((J7 = 4 days or more) OR (J7 = 1 to 3 days))) THEN

In the past week, has your anxiety/nervousness/tension been: RUNNING PROMPT

IF DVJ4 = only general anxiety THEN
J7
On how many of the past seven days have you felt generally anxious/hervous/tense?

4 days or more 1 to 3 days None

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

In the past month, when you felt anxious/nervous/tense, was this always brought on by the phobia about some specific situation or thing or did you sometimes feel generally anxious/nervous/tense? 1 Always brought on by phobia 2 Sometimes generally anxious

IF DVJ4 = anxiety and phobia THEN J5

The next questions are concerned with general anxiety/nervousness/tension only. I will ask you about the anxiety which is brought on by the phobia about specific things or situations

DVJ4 = anxiety and phobia AND J5 = Sometimes generally anxious THEN

On how many of the past seven days have you felt generally anxious/nervous/tense?

4 days or more

1 to 3 days

J3
Some people have phobias; they get nervous or uncomfortable about specific things or situations when there is no real danger. For instance they may get extremely anxious when in confined spaces, or they may have a fear of heights. Others become nervous at the sight of things like blood

the past month, did you ever find your muscles felt tense or that you couldn't relax?

IF J1 = No THEN J2 In the past month, d

Yes

Jy
Have you been feeling anxious or nervous in the past month?
1 Yes, anxious or nervous
2 No

ASK IF SELECTED RESPONDENT

SECTION J - ANXIETY

or spiders. In the past month have you felt anxious, nervous or tense about any specific things when there was

no real danger?

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In the past week, have you avoided any situation or thing because it would have made you feel anxious/nervous/tense even though there was no real danger?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  IF (((K4 = 4 times or more) OR (K4 = 1 or 3 times)) OR ((K7 = 4 times or more) OR (K7 = 1 to 3 times))) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        SHOW CARD BC
How long have you been having these feelings about these situations/things as you have just
IF DVK1 = phobic anxiety in past month AND ((K4 = 4 times or more) OR (K4 = 1 to 2 times)) AND K5 = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            IF ((K6 = Yes) OR (K2 = Yes)) THEN
K7
How many times have your avoided such situations or things in the past seven days?
1 4 times or more
2 1 to 3 times
                                                                                                                    Which of these symptoms did you have when you felt anxious/nervous/tense?
1 Heart racing or pounding
2 Hands sweating or shaking
                                                                                                                                                                                                                                                                                                                            Nausea or feeling as though you wanted to vomit
                                                                                                                                                                                                                                                                                                                                                                                                                  IF DVK1 = phobic anxiety in past month THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more
                                                                                                                                                                                                       Feeling dizzy
Difficulty getting your breath
Butterflies in stomach
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              Less than 2 weeks
                                                                                                                                                                                                                                                                                                   Dry mouth
                                                                                         SHOW CARD BB
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      yes
No
                                                                                                                                                                                  264597
                                                                                                                                                                                                                                                                                                                                                                                                                                    Can you look at this card and tell me which of the situations or things listed [made you the most anxious/hervous/tense / did you avoid the most] in the past month? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                In the past week, on those occasions when you felt anxious/nervous/tense did you have any of the symptoms on this card?
HEART RACING OR POUNDING
HANDS SWEATING OR SHAKING
                                                                                                                    K2
Sometimes people avoid a specific situation or thing because they have a phobia about it.
In the past month, have you avoided any situation or thing because it would have made you feel nervous or anxious, even though there was no real danger?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           DVK1 = phobic anxiety in past month AND ((K4 = 4 times or more) OR (K4 = 1 to 2
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          In the past seven days, how many times have you felt nervous or anxious about (SITUATION(S))THING(S))?

1 4 times or more
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       DIFFICULTY GETTING YOUR BREATH
BUTTERFLIES IN STOMACH
DRY MOUTH
NAUSEA OR FEELING AS THOUGH YOU WANTED TO VOMIT
1 Yes
2 No
                                                             ASK IF SELECTED RESPONDENT AND DVK1 = Others
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               IF DVK1 = phobic anxiety in past month THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    43
                                                                                                                                                                                                                                                                                                                                                       IF (DVK1 = Others) OR (K2 = Yes) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         Enclosed spaces
Social situations
Sight of blood or injury
Specific single cause
Other (SPECIFY)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   Crowds or public places
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   IF K3 = Other phobia THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  XK3
CISR - PHOBIAS
SPECIFY OTHER PHOBIA
   SECTION K - PHOBIAS
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             1 to 3 times
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 SHOW CARD BB
                                                                                                                                                                                                                                                                                                                                                                                                                  SHOW CARD BA
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              FEELING DIZZY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          imes)) THEN
```

Thinking about the past week, which of the things you mentioned did you repeat the most times? Has repeating (BEHAVIOUR)/doing any of these things over again made you upset or annoyed with yourself in the past week? (NOTE: Compulsion(s) mentioned at M3: [M3]) In the past month, did you find that you kept on doing things over and over again when you knew you had already done them. For example, making your bed or washing your hands over and over again? On how many days in the past week did you find yourself doing things over again that you had During the past week, have you tried to stop yourself repeating (BEHAVIOUR)/doing any of these things over again? (NOTE: Compulsion(s) mentioned at M3: [M3]) IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days) AND M6 = Yes THEN M6A IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN Since last (day) what sorts of things have you done over and over again? APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents M6 INTERVIEWER: IS MORE THAN ONE THING REPEATED AT M3 ASK IF SELECTED RESPONDENT Yes, upset or annoyed No, not at all SECTION M - COMPULSIONS 4 days or more 1 to 3 days None IF M1 = Yes THEN already done?

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SHOW CARD BC
How long have you been having these feelings of panic as you have described?

1 Less than 2 weeks

2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more

IF L1 = Once AND ((L2 = Once) OR (L2 = More than once)) THEN

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

L1

Thinking about the past month, did your anxiety or tension ever get so bad that you got in a panic, for instance make you feel that you might collapse or lose control unless you did something about

ASK IF SELECTED RESPONDENT AND DVK1 = 1 OR 2 THEN

SECTION L - PANIC

Yes

IF L1 = Once AND ((L2 = Once) OR (L2 = More than once)) THEN L4
Did this panic/the worst of these panics last for longer than 10 minutes?

IF L1 = Once AND ((L2 = Once) OR (L2 = More than once)) THEN L5

Are you relatively free of anxiety between these panics?

Xes No

IF L1 = Once AND ((L2 = Once) OR (L2 = More than once)) THEN

L6 Is this panic always brought on by (list of phobias mentioned)?

Yes

IF L1 = Once AND ((L2 = Once) OR (L2 = More than once)) THEN L3

How often has this happened in the past week?

IF L1 = Yes THEN L2

yes No

More than once Not at all

a little uncomfortable or unpleasant, or have they been very unpleasant or unbearable?

In the past week, have these feelings of panic been: RUNNING PROMPT

Have you become upset or annoyed with yourself when you have had these thoughts in the past week? IF N1 = Yes THEN

N2

Can I check, is this the same thought or idea over and over again or are you worrying about a problem or something in general?

1 Same thought at 2 Worrying in general IF N1 = Yes AND N2 = Same thought AND ((N4 = 4 days or more) OR (N4 = 1 to 3 days)) THEN IF N1 = Yes AND N2 = Same thought AND ((N4 = 4 days or more) OR (N4 = 1 to 3 days)) THEN IF N1 = Yes AND N2 = Same thought AND ((N4 = 4 days or more) OR (N4 = 1 to 3 days)) THEN In the past month did you have any thoughts or ideas over and over again that you found unpleasant and would prefer not to think about, that still kept on coming into your mind? For example, constantly thinking about death During the past week, have you tried to stop yourself thinking any of these thoughts? IF N1 = Yes AND N2 = Same thought THEN
N3
Matha are these unpleasant thoughts or ideas that keep coming into your mind?
RECORD VERBATIM
DO NOT PROBE
DO NOT PRESS FOR AN ANSWER N4
Since last ( day), on how many days have you had these unpleasant thoughts?
1 4 days or more
2 1 to 3 days APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents In the past week, was the longest episode of having such thoughts. RUNNING PROMPT 48 IF N1 = Yes AND N2 = Same thought THEN 1 a quarter of an hour or longer ASK IF SELECTED RESPONDENT Yes, upset or annoyed Not at all SECTION N - OBSESSIONS Se Se Since last (day), how many times did you repeat (description of main compulsion) when you had already done it? SHOW CARD BC How long have you been repeating (BEHAVIOUR)/any of the things you mentioned in the way which you have described? IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN IF M1 = Yes AND ((M2 = 4 days or more) OR (M2 = 1 to 3 days)) THEN APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 47 2 weeks but less than 6 months 6 months but less than 1 year 1 year but less than 2 years 2 years or more 3 or more repeats 2 repeats 1 repeat Less than 2 weeks

In the past week, has the way you have been feeling ever actually stopped you from getting on with things you used to do or would like to do? Have you had a spell of feeling sad, miserable or depressed/unable to enjoy or take an interest in things in the last 10 years / 5 years?
INTEXPLEMER: USE INFORMANTS OWN WORDS IF POSSIBLE INCLUDE ANY CURRENT SPELL. PrevDep Earlier you said that you have been feeling sad, miserable or depressed or unable to enjoy or take an interest in things lately. Have you had a spell of feeling like this before? INTERVIEWER: USE INFORMANTS OWN WORDS IF POSSIBLE. O1

Now I would like to ask you how all of these things that you have told me about have affected you overall. IF 01 = Yes THEN
10 HA
10 In the way you have been feeling stopped you doing things once or more than once? **AnyDep**Have you ever had a spell of feeling sad, miserable or depressed or unable to enjoy or take an interest in things? IF O1 = No THEN

O1B

Has the way you have been feeling made things more difficult even though you have got everything done?

1 Yes
2 No Agebep
About how old were you the first time you had a spell of feeling sad, miserable or depressed/unable to enjoy or take an interest in things?
INTERVIEWER: INTERVIEWER: USE INFORMANTS OWN WORDS IF POSSIBLE. INCLUDE ANY CURRENT SPELL OF DEPRESSION. SECTION O - OVERALL EFFECTS AND MULTIPLE EPISODES OF DEPRESSION IF ((AnyDep = Yes) OR (PrevDep = Yes)) AND AgeDep = RESPONSE THEN YrsDep APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF ((AnyDep = Yes) OR (PrevDep = Yes)) THEN 20 ASK IF SELECTED RESPONDENT Once More than once Xes No

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APPENDIX D. APMS 2007 phase one questionnaire documentation and phase two contents

or was it less than this?

IF N1 = Yes AND N2 = Same thought AND ((N4 = 4 days or more) OR (N4 = 1 to 3 days))

N8 SHOW CARD BC

How long have you been having these thoughts in the way which you have just described?

1 Less than 2 weeks
2 2 weeks but less than 6 months
3 6 months but less than 1 year
4 1 year but less than 2 years
5 2 years or more

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

TimesD
How many times over the past [10 years / 5 years] have you had a spell of feeling sad, miserable or depressed, and or you were unable to enjoy or take an interest in things? INTERVIEWER: INCLUDE ANY CURRENT SPELL OF DEPRESSION.

2 3-4 5-6 7 or more unable to say

IF ((YrsDep = Yes) OR (PrevDep = Yes)) THEN

S

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

REDA OUT AND CODE FIRST THAT APPLIES

IF DSH4 = Yes THEN DSH4a Was this...

...in the last week? ...in the last year? or at some other time? Did you try to get help from anyone following this attempt?

Yes

IF DSH4 = Yes THEN DSH4b IF DSH4 = Yes AND DSH4b = Yes THEN DSH4c

Who did you try to get help from?

You may give more than one response. READ OUT... CODE ALL THAT APPLY

...a friend

...a member of your family
...your GP/family doctor
...the local hospital
...someone else – specify

DSH5 Have you ever deliberately harmed yourself in any way but not with the intention of killing yourself?

IF DSH4 = Yes AND DSH4c = Someone else THEN

Who was the other person you asked for help?

IF DSH5 = Yes THEN
DSH7
Did you do any of these things to draw attention to your situation?

Yes

...or swallow any objects, ...or harm yourself some other way?

Did you... READ OUT AND CODE ALL THAT APPLY

IF DSH5 = Yes THEN DSH6

yes

...cut yourself, ...or burn yourself,

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Yes No Unsure Yes No Unsure interests? PSQ2a Did this come about in a way that many people would find hard to believe, for instance, through telepathy? PSQ2
Over the past year, have you ever felt that your thoughts were directly interfered with or controlled by some outside force or person?

1 Yes PSQ1 Over the past year, have there been times when you felt very happy indeed without a break for days on end? PSQIntro
Now I would like to ask you about thoughts and feelings you may have had over the past year.

Continue IF (PSQ1 = Yes) AND (PSQ1a = No) AND ((PSQ1b = Yes OR Unsure)) THEN PSQ1bV
Could you tell me a little more about that?
CODE VERBATIM APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF(PSQ1 = Yes) AND (PSQ1a = No) THEN PSQ1b
Did people around you think it was strange or complain about it? IF (PSQ2 = Yes) AND ((PSQ2a = Yes OR Unsure)) THEN PSQ2aV 22 IF PSQ1 = Yes THEN
PSQ1a
Was there an obvious reason for this?
1 Yes 2 No
3 Unsure How do you explain what happened? CODE VERBATIM ASK IF SELECTED RESPONDENT Psychosis - PSQ IF PSQ2 = Yes THEN Yes No Unsure No Unsure

IF (PSQ3 = Yes) AND (PSQ3a = Yes) THEN PSQ3b Have there been times you felt that a group of people was plotting to cause you serious harm or injury? IF PSQ3 = Yes THEN PSQ3a
PSQ3a
Have there been times when you felt that people were deliberately acting to harm you or your PSQ4
Over the past year, have there been times when you felt that something strange was going on?
1 Yes
2 No
3 Unsure PSQ5
Over the past year, have there been times when you heard or saw things that other people couldn't? PSQ3
Over the past year, have there been times when you felt that people were against you?

1 Yes
2 No
3 Unsure IF PSQ4 = Yes THEN PSQ4a Did you feel it was so strange that other people would find it very hard to believe? IF PSQ3 = Yes AND PSQ3a = Yes AND ((PSQ3b = Yes OR Unsure)) THEN PSQ3bV
Why do you think this was happening?
CODE VERBATIM IF (PSQ4 = Yes) AND ((PSQ4a = Yes OR Unsure) THEN PSQ4ai + PSQ4ai What was going on that felt so strange?

CODE VERBATIM 99 12. Attention Deficit Hyperactivity Disorder (ADHD) – ASRS

ASK # SELECTED RESPONDENT

BHOWCARD BD

Flease lock of this showcard, and for the next few questions choose the answer that best describes how you have felt over the past if months.

1 Occurring

BHOWCARD BD

Flease lock over the past if months.

Continue and the control of t

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IF PSQ5 = Yes THEN PSQ5 = Yes THEN PSQ5 = The Theorem Sq1 in the hear voices saying quite a few words or sentences when there was no one around that might account for it?

IF (PSQ5 = Yes OR Unsure)) THEN PSQ5a = Yes OR Unsure)) THEN PSQ5aV What did the voices say to you? CODE VERBATIM

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

(How far do these statements reflect your situation), I have many interruptions and disturbances in my job. IF Work = Yes THEN ER13 (How far do these statements reflect your situation), Over the past few years, my job has become more and more demanding. IF Work = Yes THEN ERI2 IF Work = Yes THEN ER14 (Still thinking about now and over the last 6 months), how often do you fidget or squirm with your hands or your feet when you have to sit down for a long time?

1 Naver

2 Rarely

3 Sometimes

4 Often

5 Very often adhdmot
SHOWCARD BD
SHOWCARD BD
(Still thinking about now and over the last 6 months.) how often do you feel overly active and compelled to do things. like you were driven by a motor?

1 Never
1 Never
2 Rarely
3 Sometimes
4 Often
5 Very often APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 29

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Work Related Stress (ERI & JCQ)

## ASK IF SELECTED RESPONDENT AND DVAGE<70

Work
Did you do any paid work in the 7 days ending Sunday the (date), either as an employee or as selfemployed?
1 Yes
2 No

IF Work = Yes THEN
ERIINTRO
SHOWCARD BE
The following statements refer to your current main job. Looking at showcard BE please indicate for each of the following statements how far they reflect your situation.

Continue

## IF Work = Yes THEN

**ERI1** (How far do these statements reflect your situation,) I have constant time pressure due to heavy work load.

Strongly agree Slightly agree Slightly disagree Strongly disagree

Strongly agree Slightly agree Slightly disagree Strongly disagree

Strongly agree Slightly agree Slightly disagree Strongly disagree

(How far do these statements reflect your situation), I receive the respect I deserve from my line manager.

Strongly agree

Slightly agree Slightly disagree Strongly disagree Spontaneous only: Not applicable (no line manger)

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## IF Work = Yes THEN ERI9

IF Work = Yes THEN ERIS (How far do these statements reflect your situation), My job promotion prospects are poor.

Strongly agree Slightly agree Slightly disagree Strongly disagree

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

IF Work = Yes THEN ERIG ERIG (How far do these statements reflect your situation.) I have experienced or I expect to experience an undesirable change in my work situation.

Strongly agree Slightly agree Slightly disagree Strongly disagree

Considering all my efforts and achievements, my work prospects are adequate.

Strongly agree
Sightly agree
Sightly disagree
Strongly disagree

IF Work = Yes THEN ER110 (How far do these statements reflect your situation), I get easily overwhelmed by time pressures at work.

- Strongly agree Slightly agree Slightly disagree Strongly disagree

## IF Work = Yes THEN

IF Work = Yes THEN ERI7 (How far do these statements reflect your situation), My job security is poor.

Strongly agree Slightly agree Slightly disagree Strongly disagree

IF Work = Yes THEN ERI8a

ERIT (How far do these statements reflect your situation), As soon as I get up in the morning I start thinking about work problems.

- Slightly agree Slightly disagree Strongly disagree

IF Work = Yes THEN ER11.2 (ER11.2 do these statements reflect your situation), When I get home, I can easily relax and switch off work.

- Strongly agree Slightly agree Slightly disagree Strongly disagree

IF Work = Yes THEN ERI13 (How far do these statements reflect your situation), People close to me say I sacrifice too much for my job.

- Strongly agree Slightly agree Slightly disagree Strongly disagree

IF Work = Yes THEN ERISC Considering all my efforts and achievements, I receive the respect and prestige I deserve at

work from my customers.

1 Strongly agree
2 Slightly agree
3 Slightly disagree
4 Strongly disagree
5 Spontaneous only: Not applicable (no customers)

- Strongly agree Slightly agree Slightly disagree Strongly disagree

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Considering all my efforts and achievements, I receive the respect and prestige I deserve at work from my colleagues.

1 Strongly agree
2 Slightly gree
3 Slightly disagree
4 Strongly disagree
5 Spontaneous only: Not applicable (no colleagues)

IF Work = Yes THEN ERI8b Considering all my efforts and achievements, I receive the respect and prestige I deserve at work from my elients.

Strongly agree
Slightly agree
Slightly disagree
Strongly disagree
Strongly disagree
SPONTANEOUS ONLY: Not applicable (no clients)

IF Work = Yes THEN
JOGS
SHOWCARD BF
Do you get help and support from your line manager?
1 Often
2 Sometimes
3 Seldom
4 Never/Almost Never
5 Does not apply/ has no line manager
IF Work = Yes THEN
JCG
SHOWCARD BF
Is your line manager willing to listen to your problems?
1 Often
2 Sometimes
5 Does not apply/ has no line manager
1 Often
2 Sometimes
3 Seldom
4 Never/Almost Never
5 Does not apply/ has no line manager
5 Does not apply/ has no line manager
6 Sometimes
7 Sometimes
8 Sometimes
9 Sometime

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Smoking – (Fagerstrom Test)

ASK IF SELECTED RESPONDENT

Smokintr
The following questions are about smoking.
1 Continue

**Cigever** Have you ever smoked a cigarette?

Yes No About how many cigarettes a day do you usually smoke on weekdays? PLEASE ENTER NUMBER, IF LESS THAN 1 ENTER 0.

Range: 0...97

IF (Cigever = Yes) AND (Cignow = Yes) THEN DVCig1

Total Cigarettes smoked Range: 0...997

IF (Cigever = Yes) AND (Cignow = Yes) THEN QtyWeek

IF (Cigever = Yes) AND (Cignow = Yes) THEN

QtyWknd
About how many cigarettes a day do you usually smoke at weekends?
INTEXTENTEWER: PLEASE ENTER NUMBER, IF LESS THAN 1 ENTER 0.

Range: 0...97

**Cignow**Do you smoke cigarettes at all nowadays?

Xes No

IF Cigever = Yes THEN

IF (Cigever = Yes) AND (Cignow = Yes) THEN
EasNoSmk
How easy or difficult would you find it to go without smoking for a whole day...
RUNNING PROMPT

IF (Cigever = Yes) AND (Cignow = Yes) THEN GiveUp
Would you like to give up smoking altogether?

or very difficult?

very easy fairly easy fairly difficult

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Drinking [1]

15.

## ASK IF SELECTED RESPONDENT

### DrinkNow

I'm now going to ask you about drinking. Do you ever drink alcohol nowadays, including drinks you brew or make at home?

## DrinkNow = No THEN

DrinkAny
Could I just check, does that mean you never have an alcoholic drink nowadays, or do you have
an alcoholic drink very occasionally, perhaps for medicinal purposes or on special occasions like
Christmas or New Year?
1 Very occasionally

### AUDIT & SAD-QC

## START OF SELF COMPLETION

# ASK IF ((Proxy = Selected respondent) AND (DrinkNow = Yes OR DrinkAny = occasionally))

Drkinto
The next set of questions is for you to fill in yourself on the computer.
The next set of questions is for you to fill in yourself on the computer.

INTERVIEWER: EXPLAIN THAT THE INSTRUCTIONS WILL APPEAR ON SCREEN AND THEN WORK THROUGH THE FIRST 2 QUESTIONS WITH RESPONDENT.

EXPLAIN THAT THE COMPUTER WILL LOCK THEIR ANSWERS AFTER THEY HAVE
COMPLETED THE SECTION, SO THAT YOU THE INTERVIEWER WILL NOT BE ABBLE TO SEE
THE ANSWERS INFORMANTS SHOULD SELF-COMPLETE. IF RESISTANCE. DISTRESS
ABOUT USING THE COMPUTER OFFER TO READ THE QUESTIONS, BUT INFORMANTS
SHOULD STILL TYPE THE ANSWERS INTO THE LAPTOP THEMSELVES IF AT ALL POSSIBLE.
CASI to be read by interviewer, respondent to enter answers
3 CASI to be read and answers to be entered by the interviewer

# F (DrkIntro = CASI to be completed by respondent OR CASI to be read by interviewer, respondent to enter answers) THEN DrTest

The first two questions are to check that you know how to answer the questions in this section. Is this the first time you have used a computer? PRESS 1 FOR YES, PRESS 2 FOR NO THEN PRESS ENTER (THE KEY WITH THE COLOURED STICKER)

If you think the question DOES NOT APPLY to you or you DO NOT UNDERSTAND the question

press 9.

No Don't Understand/Does Not Apply

IF (DrkIntro = CASI to be completed by respondent) OR CASI to be read by interviewer, respondent to enter answers) THEN

DrTest2
Which of the following hot drinks do like?
PLEASE ENTER THE NUMBERS OF ALL THE DRINKS THAT YOU LIKE

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How often during the last year have you found that you were not able to stop drinking once you How many standard drinks containing alcohol do you have on a typical day when you are drinking? A standard drink is half a pint of beer, a single measure of spirits or a small glass of wine. IF ((DrkOft = monthly) OR (DrkOft = two or more times a month)) THEN IF ((DrkOft = monthly) OR (DrkOft = two or more times a month)) THEN intation and phase two contents **DrkOft** In the last 12 months, how often have you had a drink containing alcohol? How often do you have 6 or more drinks on one occasion? DrkOft = two or more times a month THEN IF DrkOft = two or more times a month THEN APPENDIX D: APMS 2007 phase one questionnaire docume Monthly
Two to four times a month
Two to three times a week
Four or more times a week Five or six Seven, eight, or nine Ten or more Monthly Weekly Daily or almost daily Daily or almost daily Never Less than monthly Less than monthly Coffee
Hot Chocolate
Bovril
Ovaltine
None of these Three or four One or two Monthly had started? 2 6 4 5 9

89

How often during the last year have you failed to do what was normally expected from you because of drinking?

Daily or almost daily

Less than monthly

Never

Monthly

violent
Still thinking about the last six months, would you say that the day after drinking alcohol...
...your whole body shook violently first thing in the morning if you didn't have a drink
1 Never, or almost never, drench
Still thinking about the last six months, would you say that the day after drinking alcohol...
...you woke up absolutely drenched in sweat

Never, or almost never, despair
Still thinking about the last six months, would you say that the day after drinking alcohol...
... you felt at the edge of despair when you awoke
1 Never, or almost never, dread
Still thinking about the last six months, would you say that the day after drinking alcohol...
...you dreaded waking up in the morning absolutely drenched in sweat

1 Never, or almost never,
2 sometimes, fright

Still thinking about the last six months, would you say that the day after dinking alcohol...

Still thinking about the last six months, would you say that the day after dinking alcohol...

You were frightened of meeting people first thing in the morning

Never, or almost never,

Sometimes,

A or always, or nearly always? shook
Still thinking about the last six months, would you say that the day after drinking alcohol...
...your hands shook first thing in the morning
1 Never, or almost never,
2 sometimes, APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents 2 often, or always, or nearly always? Never, or almost never, sometimes, 0 m 4 − 0 m 4

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Now thinking about your drinking in the last 6 months, would you say that the day after drinking alcohol...

..you woke up feeling sweaty

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DVAudit COMPUTED VARIABLE AUDIT SCORE (computed from DrkOft to Advised)

ASK IF DVAUDIT>=10

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

IF DrkOft = two or more times a month THEN

MornDrk
How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

IF ((DrkOff = monthly) OR (DrkOff = two or more times a month)) THEN Injured

Weekly Daily or almost daily

Less than monthly

Monthly

Have you or someone else been injured as a result of your drinking?

Yes, but not in the last year

Yes, during the last year

No

How often during the last year have you been unable to remember what happened the night before because you had been drinking?

IF DrkOft = two or more times a month THEN

Weekly Daily or almost daily

Less than monthly Monthly

**Guilty** How often during the last year have you had a feeling of guilt or remorse after drinking?

IF DrkOft = two or more times a month THEN

Weekly Daily or almost daily

Less than monthly Monthly Advised Habis a friend, or a doctor or other health worker been concerned about your drinking

or suggested you cut down?

1 Yes, but not in the last year

2 Yes, during the last year

3 No

IF ((DrkOft = monthly) OR (DrkOft = two or more times a month)) THEN

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

awoke Still thinking about the last six months, would you say that the day after drinking alcohol...

...you felt very frightened when you awoke 1 Never, or almost never,

often,

or always, or nearly always?

morn
Still thinking about the last six months, would you say that the day after drinking alcohol...
Still thinking to have a morning drink
...you liked to have a morning drink
...you liked to have a morning think
...you sometimes,

or always, or nearly always?

quick
Still thinking about the last six months, would you say that the day after drinking alcohol...
...you always gulped your first few drinks down as quickly as possible
1 Never, or almost never,

often, or always, or nearly always?

Still thinking about the last six months, would you say that the day after drinking alcohol...you drank in the morning to get rid of the shakes

1 Never, or almost never,

or always, or nearly always?

crave Still thinking about the last six months, would you say that the day after drinking alcohol.

...you had a very strong craving for drink when you awoke 1 Never, or almost never,

sometimes,

or always, or nearly always?

quarter
Still thinking about the last six months, would you say that the day after drinking alcohol...
...you drank more than 1/4 bottle spirits a day (or 4 pints of beer/2 cans strong lager/1 bottle table

Never, or almost never, wine)

sometimes,

or always, or nearly always?

IF quarter = Sometimes OR often OR always or nearly always THEN

Still thinking about the last six months, would you say that the day after drinking alcohol... ...you drank more than 1/2 bottle spirits a day (or 8 pints of beer/4 cans strong lager/2 bottles table wine)

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IF ((quarter = Sometimes OR often OR always or nearly always)) AND ((half = sometimes OR often OR always, or nearly always)) AND ((whole = sometimes OR often OR always, or nearly always)) THEN two Sill thinking about the last six months, would you say that the day after drinking alcohol.....you drank more than 2 bottles spirits a day (or 30 pints of beer/15 cans strong lager/8 bottles table wine) IF ((quarter = Sometimes OR often OR always or nearly always) AND ((half = sometimes OR often OR always or nearly always)) THEN Still thinking about the last six months, would you say that the day after drinking alcohol... ...you drank more than 1 bottle spirits a day (or 15 pints of beer/8 cans strong lager/4 bottles table wine) APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF (DrinkNow = Yes) OR (DrinkAny = Yes) THEN often, or always, or nearly always? or always, or nearly always? or always, or nearly always? Never, or almost never, sometimes, Never, or almost never, sometimes, Never, or almost never, Imagine the following situation. sometimes,

(1) You have hardly drunk alcohol for a few weeks (2) You then drink very heavily for two days How would you feel in the morning after those two days of heavy drinking? Would you say that...

I would start to sweat Not at all,

slightly, moderately, or, quite a lot?

## IF (DrinkNow = Yes) OR (DrinkAny = Yes) THEN

How would you feel in the morning after those two days of heavy drinking? Would you say that.. My hands would shake

Not at all,

moderately, or, quite a lot?

## IF (DrinkNow = Yes) OR (DrinkAny = Yes) THEN

How would you feel in the morning after those two days of heavy drinking? Would you say that...
My body would shake
1 Not all,
2 slightly, bshake

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

### Drugs

## ASK IF ((Proxy = Selected respondent) AND (DrkIntro= Not response)

# START OF SELF COMPLETION FOR RESPONDENTS NOT COMPLETING THE DRINKING

### DrgIntro2

IF (DrinkNow = Yes) OR (DrinkAny = Yes) THEN craved
How would you feel in the morning after those two days of heavy drinking? Would you say that...

I would be craving for a drink 1 Not at all, slightly, moderately, or, quite a lot?

The next set of questions, is for you to fill in yourself on the computer.

EXPLAIN THAT INSTRUCTIONS WILL APPEAR ON THE SCREEN AND THEN WORK
THROUGH THE FIRST 2 QUESTIONS WITH RESPONDENT.

EXPLAIN THAT THE COMPUTER WILL LOCK THEIR ANSWERS AFTER THEY HAVE
COMPLETED THE SECTION, SO THAT YOU THE INTERVIEWER WILL NOT BE ABLE TO SEE
THE ANSWERS INFORMANTS SHOULD SELF-COMPLETE. IF RESISTANCE/DISTRESS ABOUT USING THE COMPUTER OFFER TO READ THE QUESTIONS, BUT INFORMANTS SHOULD STILL TYPE THE ANSWERS INTO THE LAPTOP THEMSELVES IF AT ALL POSSIBLE.

1 CASI to be completed by respondent to enter answers

2 CASI to be read and answers to be entered by the interviewer.

If you think the question DOES NOT APPLY to you or you DO NOT UNDERSTAND the question IF (Drgintro2 = CASI to be completed by respondent OR CASI to be read by the interviewer, respondent to enter answers) THEN DrgTest.

The first two questions are to check that you know how to answer the questions in this section. Is this the first time you have used a computer?

PRESS 1 FOR YES PRESS 2 FOR NO THEN PRESS ENTER (THE KEY WITH THE COLOURED STICKER)

press 9

Yes No Don't Understand/Does Not Apply വ ത

# IF ((DrgIntro2 = CAS) to be completed by respondent OR CASI to be read by the interviewer, respondent to enter answers) THEN DrgTest2 Which of the following hot drinks do you like? PLEASE ENTER THE NUMBERS OF ALL THE DRINKS THAT YOU LIKE

Coffee Hot Chocolate Bovril 4 5 9

Ovaltine None of these

IF (DrgIntro2 = CASI to be completed by respondent OR CASI to be read by the interviewer, respondent to enter answers) THEN DrgIntro DrgIntro This section is about drug use. By drugs we mean things like cannabls, speed and heroin. We do not mean drugs that you have taken or are taking on a doctor's prescription.

ADrug
Have you EVER taken any of the drugs listed below even if it was a long time ago?
Please type the numbers of ALL those drugs you have used.

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moderately, or, quite a lot?

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Xes
No
                                                               AgeStrt
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      IncDrg
                                                                                                                                                                                                                                                                                                                                                     ADrug2
And, have you EVER taken any of the drugs listed below (not prescribed by a doctor) even if it
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 IF (ADrug2 = magic mushrooms OR methadone or physeptone OR semeron OR tranquilisers OR amyl nitrate OR anabolic steroids OR glues, solvents, gas or aerosols) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            IF (ADrug = cannabis OR amphetamines OR cocaine or coke OR crack OR ecstasy OR heroin OR acid or LSD) THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      In the LAST 12 MONTHS have you taken any of these drugs? Please type the numbers of ALL those drugs you have used in the LAST 12 MONTHS If you have used NONE of them, type '8'
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        And, inte LAST 12 MONTHS have you taken any of these drugs? Please type the numbers of ALL those drugs you have used in the LAST 12 MONTHS If you have used NONE of them, type '8'
If you have used NONE of them, type '8'

Cannabis (marijuana, grass, hash, ganja, blow, draw, skunk, weed, spliff)

Amphetaminnes (speed, whizz, uppers, billy)

Cocaine or coke

Crack (rock, stones)

Ecstasy (E)

Heroin (smack, skag, H, brown)

Add or LSD

None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         Cannabis (marijuana, grass, hash, ganja, blow, draw, skunk, weed, spliff)
Amphetamines (speed, whizz, uppers, billy)
Cocaine or coke
Crack (rock, stones)
Ecstasy (E)
                                                                                                                                                                                                                                                                                                                                                                                                              was a long time ago?
Please type the numbers of ALL those drugs you have used
If you have used NONE of them, type '8'
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         Amyl nitrate (poppers)
Anabolic steroids (steroids)
Glues, solvents, gas or aerosols (to sniff)
None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          Amyl nitrate (poppers)
Anabolic steroids (steroids)
Glues, solvents, gas or aerosols (to sniff)
None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     75
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Tranquilisers (temazepam, valium)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            Tranquilisers (temazepam, valium)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Heroin (smack, skag, H, brown)
Acid or LSD
None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 Magic mushrooms
Methadone or physeptone
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                Methadone or physeptone
```

9/

F (Adrug = NOT Name) OR (Adrug2 = NOT Name) THEN
ODE, A continue to the drug was stronger than you were used to?

ODE, and was stronger than you were used to?

If ode, was stronger than you were used to?

ODE, and the drug was stronger than you were used to?

ODE, and the drug was stronger than you were used to?

ODE, and the drug was stronger than you were used to?

If ode, and the stronger than you were used to?

If ode, and the stronger than you were used to?

ODE, and the stronger than you were used to?

If of more times

If (Adrug2 = NOT None) OR (Adrug2 = NOT None) THEN
Inhir.

The next questions are about your own experience of drug injecting.

If (Adrug2 = amphatamines OR Cocaine OR Creak OR Estatesy OR Heroin) OR (Adrug2 = amphatamines OR Creak OR Estatesy OR Heroin) OR (Adrug2 = amphatamines OR creak OR Creak OR Estatesy OR Heroin) OR (Adrug2 = amphatamines OR creak OR Cr

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IF (YDrug = cannabis) AND (UseMB4 = Yes) THEN SDS\$WOut
How difficult do you find it to go without cannabis?
I Not difficult
2 Quite Difficult
3 Very Difficult
4 Impossible

IF (YDrug2 = glues, solvents, gas or aerosols OR methadone or physeptone OR tranquilisers) THEN UsemBers THEN Now thinking about the past month, have you used (name of drug) in the past month?

IF UseMB4 = Yes THEN
OftenB4
About how often were you using (name of drug) in the past month?

About daily
2 to 3 times per week
About once a week
Less than once a week

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Always-nearly always

Sometimes

Thinking about your cannabis use, do you think your use of cannabis is out of control?

1 Never-almost never
2 Sometimes

Always-nearly always

IF (YDrug = cannabis) AND (UseMB4 = Yes) THEN SDS1Cont

IF (YDrug = cannabis) AND (UseMB4 = Yes) THEN
SDS2No.
Does the prospect of not having cannabis make you anxious or worried?
I Never-almost never

IF (YDrug = cannabis) AND (UseMB4 = Yes) THEN SDS3Worr
Do you worry about your use of cannabis?
1 Never-almost never
2 Sometimes
3 Often

Always-nearly always

IF (YDrug = cannabis) AND (UseMB4 = Yes) THEN SDS4Stop

Do you wish you could stop?
1 Never-almost never
2 Sometimes

Always-nearly always

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## IF (InjEver = Yes) AND (InjMB4 = Yes) THEN InjOftB4

About how often did you inject in the last month?

About daily
2 to 3 times per week
About once a week
Less than once a week

## if (Adrug = NOT None) OR (Adrug2 = NOT None) THEN

We would now like to ask you about any treatment, help or advice that you may have had in relation we we to drug use.

If (Adrug = NOT None) OR (Adrug2 = NOT None) THEN
TreatOut
Have you EVER received any treatment, help or advice because you were using drugs?

IF TreatOut = Yes THEN TreatB4

Thinking about the past 12 months, did you receive any treatment, help or advice because you

were using drugs?

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## Personality Disorder - (SCID-II for Antisocial and Borderline Personality Disorder)

17.

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

The next set of questions are about the kind of person you generally are, that is, how you have usually felt or behaved over the past several years. (Remember not to think too hard about the answers, the first answers you think of is fine.)
PRESS 1 FOR YES, PRESS 2 FOR NO OR 9 IF YOU DO NOT UNDERSTAND THE QUESTION OR IT DOES NOT APPLY.

PD73
Have you often become frantic when you thought that someone you really cared about was going to leave you?

No Don't Understand/Does Not Apply 0 8

PD74

Do your relationships with people you really care about have lots of extreme ups and downs?

1 Yes
2 No
9 Don't Understand/Does Not Apply

Have you all of a sudden changed your sense of who you are and where you are headed?

Yes No Don't Understand/Does Not Apply - 0 0

## PD76 Does your sense of who you are often change dramatically?

Yes No Don't Understand/Does Not Apply

- 2 6

Are you different with different people or in different situations so that you sometimes don't know who you really are?

Yes No Don't Understand/Does Not Apply

# PD78 Have there been lots of sudden changes in your goals, career plans, religious beliefs, and so on?

Yes No Don't Understand/Does Not Apply

Have you often done things impulsively?

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1 Yes
2 No
9 Don't Understand/Does Not Apply
PDB3
1 Have you rever cut, burned, or scratched yourself on purpose?
1 No
9 Don't Understand/Does Not Apply
PDB3
Do you often feel empty inside?
1 No
9 Don't Understand/Does Not Apply
PDB3
Do you often feel empty inside?
2 No
9 Don't Understand/Does Not Apply
PDB3
Do you the people or throw things when you get angry?
1 Ves
9 Don't Understand/Does Not Apply
PDB3
Do you the things get you very angry?
1 No
9 Don't Understand/Does Not Apply
PDB3
Do you the things det you very angry?
1 No
9 Don't Understand/Does Not Apply
PDB3
Do you the things get you very angry?
1 No
9 Don't Understand/Does Not Apply
PDB3
Do you the things when or trags?
1 No
9 Don't Understand/Does Not Apply
PDB3
Don't Understand/Does Not Apply
PDB3
Do you the things Get you very angry?
1 No
9 Don't Understand/Does Not Apply
PDB3
Don't Understand/Does Not Apply
Don't Under

**PD106**Since you were 15, have you ever hit a child, yours or someone else's, so hard that he or she had bruises, or had to stay in bed or see a doctor? **PD104**Since you were 15, has there been a period when you had no regular place to live, for at least a month or so? PD107a

Have you been in a physical fight, assaulted or deliberately hit anyone in the past five years?

Yes

No

Don't Understand/Does Not Apply IF PD107a = Yes THEN PD107c

Were you ever intoxicated with drink or drugs before any of these incidents? IF PD107a = Yes THEN
PD107d any of these incidents involve any of the following people?
PLEASE ENTER THE NUMBERS OF ALL THOSE PEOPLE INVOLVED APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents PD105

Have you ever hit or thrown things at your spouse or partner?

1 Yes
1 Yes
2 No
9 Don't Understand/Does Not Apply 84 PD107
Since you were 15, have you been in any fights?
1 Yes
2 No
9 Don't Understand/Does Not Apply 2 No 9 Don't Understand/Does Not Apply No Don't Understand/Does Not Apply Yes No Don't Understand/Does Not Apply No Don't Understand/Does Not Apply IF PD107a = Yes THEN
PD107b
How many times in the last five years?
Range: 1...100 Spouse or partner Girffriend or boyfriend Children Other family member A friend **PD101**Before you were 13, did you often stay out very late, long after the time you were supposed to be home? PD103

Now thinking of the time SINCE you were 15, do you often do things on the spur of the moment without thinking about how it will affect you or other people?

1 Yes PD99 Before you were 15, did you sometimes steal or shoplift things or forge someone's signature? APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents PD96
Before you were 15, did you deliberately destroy things that weren't yours? PD97
Before you were 15, did you break into houses, other buildings, or cars? PD100 Before you were 15, did you run away and stay away overnight? PD98
Before you were 15, did you lie a lot or con other people? 83 PD102 Before you were 13, did you often skip school? Yes No Don't Understand/Does Not Apply Yes No Don't Understand/Does Not Apply No Don't Understand/Does Not Apply

6 Someone known to you - not a family or frend
7 A startings
8 A startings
9 A startings
9 A startings
1 A startin

ASparty
I would rather go to a party than a library.

1 Definitely agree
2 Slightly agree
3 Slightly disagree
4 Definitely disagree

# Asperger syndrome - (Asperger Self Completion Questionnaire)

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

Intro
The following statements are about the kind of person that you are, and the way you prefer to do
Things. You might find some of the statements a bit odd, but please answer all them to the best of
your ability, even if some of them don't seem to apply to you.

ASover
I prefer to do things the same way over and over again.
1 Definitely agree
2 Slightly agree
3 Slightly disagree
4 Definitely disagree

ASsound loften notice small sounds when others do not.

- Definitely agree Slightly agree Slightly disagree Definitely disagree

ASstory
When I'm reading a story, I find it difficult to work out the characters intentions.

Definitely agree

Sightly agree

Sightly disagree

A Definitely disagree

ASread
I particularly enjoy reading fiction.
1 Definitely agree
2 Slightly agree
3 Slightly disagree
4 Definitely disagree

**ASfriend** I find it easy to make new friends.

Definitely agree Slightly agree Slightly disagree Definitely disagree

AStalk
When I talk, it isn't always easy for others to get a word in edgeways.

1 Definitely agree
2 Slightly agree
3 Slightly disagree
4 Definitely disagree

1 find myself drawn more strongly to people than to things.
1 Definitely agree
2 Slightly agree
3 Slightly disagree
4 Definitely disagree

ASpeople

ASpoilte Other people frequently tell me that what I've said is impolite, even though I think it is polite.

- Definitely agree Slightly agree Slightly disagree Definitely disagree

ASdates I am fascinated by dates.

Definitely agree Slightly agree Slightly disagree Definitely disagree

ASsocsit I find social situations easy.

Definitely agree Slightly agree Slightly disagree Definitely disagree

ASlisten I know how to tell if someone listening to me is getting bored.

Definitely agree Slightly agree Slightly disagree Definitely disagree

0 m 4

### **ASdetail**

## 1 I tend to notice the details that others do not. 2 Slightly agree 2 Slightly disagree 3 Slightly disagree 4 Definitely disagree

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I find it easy to do more than one thing at once.

1 Definitely agree
2 Slightly agree

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APPENDIX D. APPLIANCE D. APPLIA

4 Not at all

IF DVAsdc >= 2 AND DVTotal >= 8 THEN
Impactor

You've said that you are particularly good at things like (noticing small sounds when others do not/remembering details like dates).

You've said that you are particularly good at things like (noticing small sounds when others do not/remembering details like dates).

You've said that you are particularly good at things like (noticing small sounds when others do not/remembering details like dates).

Are your important daily routines, work or study ever affected by this?

To a great extent

To a grea

### Gambling

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

Gamb1

The next few questions are about gambling. By 'gambling' we mean things like:

- buying lottery tickets or scratchzards for yourself;

- playing games or making bets for money on the internet (online gambling);

- playing orball pools, bing or fruit machines;

- playing games or making bets with friends for money;

Have you spent any money on any of these things in the last 12 months? betting on races and/or with a bookmaker;
 and table games in a casino. No Don't Understand/Does Not Apply

### IF Gamb1 = No THEN

Just to check, does that mean that you haven't gambled at all in the last 12 months, or do you gamble very occasionally, perhaps to buy a lottery ticket, scratch card, or play on a fruit machine? Gamb<sub>2</sub>

Very occasionally in last year Not at all in the last year

## IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN GamPreoc

Are you preoccupied with gambling (e.g. preoccupied with reliving past gambling experiences or planning the next venture, or thinking of ways to get money with which to gamble)?

No Don't Understand/Does Not Apply

## (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

Do you need to gamble with increasing amounts of money in order to achieve the desired GamDesir

Yes No Don't Understand/Does Not Apply

## (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

Have you made repeated unsuccessful efforts to control, cut back, or stop gambling?

Don't Understand/Does Not Apply

### IF GamStop = Yes THEN

Are you restless or irritable when attempting to cut down or stop gambling?

No Don't Understand/Does Not Apply

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN
GamEscp
Do you gamble as a way of escaping from problems or relieving feelings of helplessness, guilt, anxiety or depression?

No Don't Understand/Does Not Apply

After losing money gambling, do you often return another day to get even? IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN GamLoss

No Don't Understand/Does Not Apply

IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

# Do you lie to family members, therapists, or to others to conceal the extent of involvement with gambling?

No Don't Understand/Does Not Apply

## IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

**Gamilig**Have you committed illegal acts such as forgery, fraud, theft, or embezzlement to finance gambling?

No Don't Understand/Does Not Apply

## IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

Have you jeopardised or lost a significant relationship, job, or educational or career opportunity because of gambling?

No Don't Understand/Does Not Apply

## IF (Gamb1 = Yes) OR (Gamb2 = Yes) THEN

GamRely

Do you rely on others to provide money to relieve a desperate financial situation caused by gambling?

No Don't Understand/Does Not Apply

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## Post Traumatic Stress Disorder (PTSD) - TSQ 21. Post Traumatic Stress and working in Armed Forces

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

The next questions are about traumatic events or experiences that might have happened to you at

any time in your life. The term traumatic event or experience means something like a major natural disaster, a serious The term traumatic event or experience accident, being raped, seeing someone killed or seriously injured, having a loved one die by murder or suicide, or any other experience that either put you or someone close to you at risk of serious harm or death.

Has a traumatic event or experience ever happened to you at any time in your life?

No Don't Understand/Does Not Apply

### IF PTSDever = Yes THEN

How long ago did that traumatic experience happen? If you have experienced more than one,

please answer about the most recent

Within the last 6 months

More than 6 months ago, but since the age of 16 More than 6 months ago, before the age of 16

# IF (PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN

## Consider

Please consider the following reactions that sometimes occur after a traumatic experience. indicate whether or not you have experienced the following at least twice in the past week. 1 Continue

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN

### PTSDmem

Have you experienced, at least twice in the past week: Upsetting memories or thoughts about the event that have come into your mind against your will

Don't Understand/Does Not Apply

# IF (PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN

Have you experienced, at least twice in the past week: Upsetting dreams about the event

No Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months

## ago, but since the age of 16)) THEN

Have you experienced, at least twice in the past week: Acting or feeling as though the event were happening again

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- 0 0

Yes No Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months

ago, but since the age of 16)) THEN PTSDrem

Have you experienced, at least twice in the past week: Feeling upset by reminders of the event

No Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN

Have you experienced, at least twice in the past week: Bodily reactions (such as fast heartbeat, stomach churning, sweatiness, dizziness) when reminded of the event

ဍ

Don't Understand/Does Not Apply

## IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN PTSDasI

Have you experienced, at least twice in the past week: Difficulty falling or staying asleep

No Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN PTSDirr

Have you experienced, at least twice in the past week: Irritability or outbursts of anger

No Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND ((PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN PTSDconc

Have you experienced, at least twice in the past week: Difficulty concentrating

Don't Understand/Does Not Apply

# IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN PTSDdan

Have you experienced, at least twice in the past week:

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APPENDIX D. APMS 2007 phase one questionnaire documentation and phase two contents

Heightened awareness of potential dangers to yourself and others

Yes No Don't Understand/Does Not Apply IF ((PTSDever = Yes) AND (PTSDlong = Within the last 6 months OR More than 6 months ago, but since the age of 16)) THEN PTSDjum

Have you experienced, at least twice in the past week:
Being jumpy or being startled at something unexpected
Yes

No Don't Understand/Does Not Apply ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

Have you ever served in the Armed Forces or the Reserve Armed Forces?

Yes No Don't Understand/Does Not Apply In what year did you first serve in the Armed Forces? Please enter the year as numbers for example 1990 Range: 1900...2007

IF PTSDarm = Yes THEN

PTSDarmb
Which branch of the Armed Forces (do/dld) you serve with?
SELECT ALL THAT APPLY.
1 Royal Naval Service

Army Royal Air Force As a Reservist, Cadet, Territorial Army Other

IF PTSDarm = Yes AND PTSDarmc = Yes THEN

Are you currently serving in the Armed Forces?

IF PTSDarm = Yes THEN PTSDarmc

No Don't Understand/Does Not Apply In what year did you last serve in the Armed Forces? Please enter the year as numbers for example 1990 Range: 1900...2007

IF PTSDarm = Yes AND PTSDarmc = No THEN PTSDarml

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## Domestic violence and abuse

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

The next questions ask about events you may or may not have experienced SINCE the age of 16. Please include all relevant events, even if they did not seem important to you at the time. Remember that all your answers will be completely confidentiat, and that the computer will lock them up so that the interviewer cannot see what you have answered.

Va Has a current or previous partner ever prevented you from having your fair share of the household money? (By partner we mean any boyfriend or girlfriend, as well as a husband, wife, or civil partner).

No Never been in a relationship

IF Va = Yes THEN /a12

## Has this happened within the past 12 months?

No Don't Understand/Does Not Apply

### IF Va = Yes OR No THEN

Has a current or previous partner ever stopped you from seeing friends and (or) relatives?

## Don't Understand/Does Not Apply

((Va = Yes OR No) AND (Vb = Yes)) THEN

No Don't Understand/Does Not Apply happened in the past 12 months?

Has this

### IF Va = Yes OR No THEN

No Don't Understand/Does Not Apply close to you?

Has a current or previous partner ever frightened you, by threatening to hurt you or someone

IF ((Va = Yes OR No) AND (Vc = Yes)) THEN Vc12 Has this happened within the past 12 months?

No Don't Understand/Does Not Apply

66

Has a current or previous partner ever pushed you, held or pinned you down or slapped you? Has a ourrent or previous partner ever kicked you, bit you, or hit you with a fist or something else, or threw something at you that hurt you? ntation and phase two contents Has a current or previous partner ever choked or tried to strangle you? IF ((Va = Yes OR No) AND (Vd = Yes)) THEN Vd12 Has this happened within the past 12 months? IF ((Va = Yes OR No) AND (Ve = Yes)) THEN Ve12 Has this happened within the past 12 months? IF ((Va = Yes OR No) AND (Vf = Yes)) THEN Vf12 Has this happened within the past 12 months? APPENDIX D: APMS 2007 phase one questionnaire docum No Don't Understand/Does Not Apply Don't Understand/Does Not Apply IF Va = Yes OR No THEN Vd IF Va = Yes OR No THEN IF Va = Yes OR No THEN

IF ((Va = Yes OR No) AND (Vg = Yes)) THEN Vg12 Has this happened within the past 12 months?

100

 $\mathbf{vg}$ Has a current or previous partner ever threatened you with a weapon, such as a stick or a knife?

No Don't Understand/Does Not Apply

No Don't Understand/Does Not Apply

IF Va = Yes OR No THEN

101

VSa Since the age of 16, has anyone talked you in a sexual way that made you feel uncomfortable? 1 Yes

No Don't Understand/Does Not Apply

ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

IF ((Va = Yes OR No) AND (Vj = Yes)) THEN Vj12
Has this happened within the past 12 months? 1 Yes

No Don't Understand/Does Not Apply

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Yes No Don't Understand/Does Not Apply Has a current or previous partner ever threatened to kill you?

IF Va = Yes OR No THEN Vh No Don't Understand/Does Not Apply IF ((Va = Yes OR No) AND (Vh = Yes)) THEN Vh12
Has this happened within the past 12 months? 1 Yes

No Don't Understand/Does Not Apply IF ((Va = Yes OR No) AND (Vi = Yes)) THEN Vit2

Has this happened within the past 12 months?

1 Yes
2 No
9 Don't Understand/Does Not Apply

IF Va = Yes OR No THEN Vj Has a current or previous partner ever used some other kind of force against you?

No Don't Understand/Does Not Apply

IF Va = Yes OR No THEN VI VI Has a current or previous partner ever used a weapon against you e.g. a knife?

Yes No Don't Understand/Does Not Apply

**VBb**Before the age of 16, did anyone touch you, or get you to touch them, in sexual way without your consent? VBc Before the age of 16, did anyone have sexual intercourse with you without your consent? VBd
Before the age of 16, were you ever severely beaten by a parent, step-parent or carer?

1 Yes
2 No
9 Don't Understand/Does Not Apply APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Where How old were you when this first happened? Range: 0...16 VBdage How old were you when this first happened? Range: 0...16 VBcage How old were you when this first happened? Range: 0...16 No Don't Understand/Does Not Apply No Don't Understand/Does Not Apply IF VBb = Yes THEN IF VBc = Yes THEN IF VBd = Yes THEN

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Suicidal thoughts, attempts and self-harm [2] 23.

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

### **DSHIntro**

The next few questions are being asked again from earlier in the interview.

1 Continue

**DSHIRE**There may be times in everyone's life when they become very miserable and depressed and may feel like taking drastic action because of these feelings.
Have you ever thought of taking your life, even if you would not really do it?

No Don't Understand/Does Not Apply 0 0

**DSHtry** Have you ever made an attempt to take your life, by taking an overdose of tablets or in some other way?

Yes No Don't Understand/Does Not Apply - 2 6

DSHharm Have you ever deliberately harmed yourself in any way but not with the intention of killing yourself?

Yes No Don't Understand/Does Not Apply

0 0

Talk ToGP
The sorts of things we have asked you about here are very serious and it is important that you talk to someone, for example your GP or The Samaritans, if you find yourself thinking them 1 Continue

104

## 24. Eating Disorders – SCOFF

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

Intro
The next few questions are about food and eating in the last year, that is since (date).

Continue

eat3st During the last year, have you lost more than one stone in a 3 month period?

No Don't Understand/Does Not Apply

eatfull
Still thinking about the last year... have you made yourself be sick because you felt uncomfortably full?

Yes No Don't Understand/Does Not Apply

eatcont Still thinking about the last year ... did you worry you had lost control over how much you eat?

No Don't Understand/Does Not Apply

eatoth Sill thinking about the last year...did you believe yourself to be fat when others said you were too Thinn?

No Don't Understand/Does Not Apply

eatifie Still thinking about the last year... would you say that food dominated your life?

Yes No Don't Understand/Does Not Apply

eatfeel Still thinking about the last year... did your feelings about food interfere with your ability to work, meet personal responsibilities, and/or enjoy a social life?

No Don't Understand/Does Not Apply

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

### 25. Discrimination

## ASK IF SELECTED RESPONDENT AND COMPLETING SELF COMPLETION

Intro
The next questions are about whether you have been unfairly treated in any aspect of your life, because you belong to a particular group.

Continue

Have you been unfairly treated in the last 12 months, that is since ( $\mathit{date}$ ), because of your skin colour or ethnicity?

No Don't Understand/Does Not Apply

DISsex
Have you been unfairly treated in the last 12 months, that is since *(date)*, because of your sex?

1 Yes
2 No
2 Don't Understand/Does Not Apply

**DiSrel** Have you been unfairly treated in the last 12 months, that is since (*date*), because of your religious beliefs?

Yes No Don't Understand/Does Not Apply

DISAge
Have you been unfairly treated in the last 12 months, that is since (date), because of your age?

1 Yes
2 No
9 Don't Understand/Does Not Apply Yes No Don't Understand/Does Not Apply

**DISmen** Have you been unfairly treated in the last 12 months, that is since (date), because of your mental health? 1 Yes 2 No 9 Don't Understand/Does Not Apply

Have you been unfairly treated in the last 12 months, that is since (date), because of any other health problem or disability?

I yes
2 No
9 Don't Understand/Does Not Apply

Have you been unfairly treated in the last 12 months, that is since (date), because of your sexual orientation?

1 Yes

**END OF SELF COMPLETION** SexPart2
Sexual experience is any kind of contact with another person that you felt was sexual (it could be just kissing or touching, or intercourse, or any other form of sex). Has your sexual experience Which statement best describes your sexual orientation? This means sexual feelings, whether or Hide
That's the end of the self completion section of the interview.
If you select yes at this question the Self Completion questions will be hidden.
Please hand the computer back to the interviewer and they will introduce the next section. Only with (women/men) or a (woman/man), never with a (man/woman) More often with (women/men), and at least once with a (man/woman). About equally often with (men/women) and (man/women). More often with (men/women), and at least once with a (woman/man) Muy with (men/women) or a (man/woman), never with a (woman/man). I have never had any sexual experience with anyone at all IF Penny NOT = 1 THEN
Sexdes
Please choose the answer below that best describes how you think of yourself.
1 completely heterosexual Entirely heterosexual (attracted to persons of the opposite of sex)
Mostly heterosexual, some homosexual feelings
Bisexual (equally attracted to men and women)
Mostly homosexual, some heterosexual feelings
Entirely homosexual (attracted to persons of the same sex)
Other APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents mainly opposite sex but some same sex partners mainly same sex but some opposite sex partners 107 SEXUAL ORIENTATION AND PARTNERSHIPS only same sex or, I have not had a sexual partner No Don't Understand/Does Not Apply not you have had any sexual partners. mainly gay or lesbian completely gay or lesbian Other Have your sexual partners been... mainly heterosexual only opposite sex Penny NOT = 1 THEN IF Penny = 1 THEN Sexpart IF Penny = 1 THEN Yes Version A Version B Sexori

ntation and phase two contents APPENDIX D: APMS 2007 phase one questionnaire docume

HandBack
INTERVIEWER, PLEASE CONFIRM THE LAPTOP HAS BEEN HANDED BACK TO YOU
REMEMBER THAT YOU CAN DEMONSTRATE THAT THE RESPONDENTS SELFCOMPLETION
DATA HAS BEEN LOCKED.
INTERVIEWER: 5000
Range: 1000...3997

89

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

# Intellectual Functioning – TICS-M, Animal Naming Test & NART

## TELEPHONE INTERVIEW FOR COGNITIVE STATUS

## ASK IF SELECTED RESPONDENT AND DVAGE >=60

Demintr

The next set of questions are used to assess memory and concentration.

Some you may find very easy and some you may find difficult. We're asking everyone these questions, and I hope you don't mind.

First, I'm going to ask you some questions about the date today.

PMADAY
What day of the week is it today?

(Day)
Anything else/does not know

(Date)
Anything else/does not know PMATODAY
What is the date of the month today?

PMAmonth
What month is it?
1 (Month)
2 Anything else/does not know

**PMAYear** What year is it?

(Year) Anything else/does not know

Spring Summer Sutumn Winter Anything else/does not know Season What season is it?

AGE What is your age? Range: 0...120

DVAgeQ DV to calculate if respondent correctly answers age Correct Incorrect

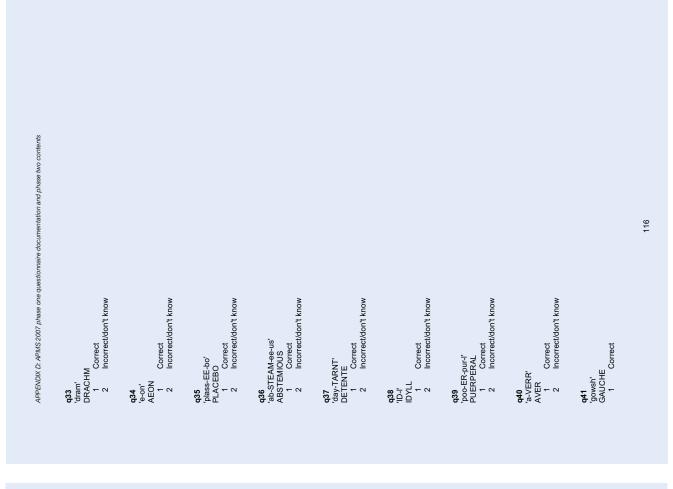
**List1** I'm going to read you a list of 10 words. Please listen carefully and try to remember them.

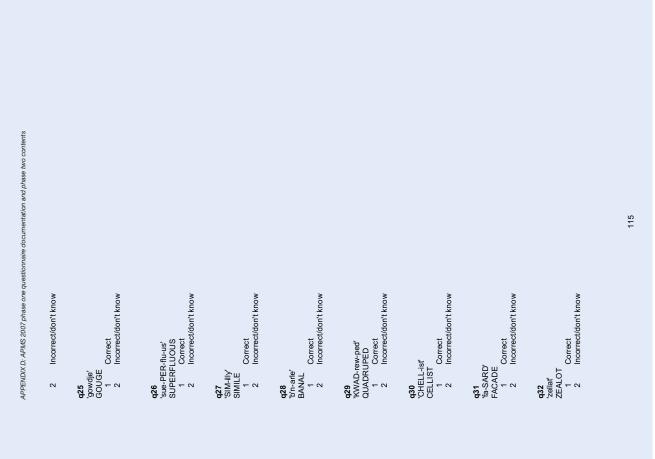
109

When I am done, tell me as many words as you can, in any order. Ready? READ LIST AT A STEADY RHYTHM OF ABOUT 1 WORD PER SECOND CABIN - PIPE - ELEPHANT - CHEST - SILK -THEATRE - WATCH - WHIP -- PILLOW --Now continue to take 7 away from what you have left over until I ask you to stop LLOW FOUR MORE SUBTRACTIONS
- WRITE IN SECOND SUBTRACTION
Range: 1...100 Subtret5
WRITE IN FIFTH SUBTRACTION, THEN TELL RESPONDENT TO STOP Range: 1...100 GIANT
Now tell me all the words you can remember.
CODE ALL RECALLED CORRECTLY
IF NO WORDS RECALLED CORRECTLY PRESS ENTER.

0 None Remembered Subtret1
Please take 7 away from 100 and then tell me the answer
Range: 1...100 110 Paper
What do people usually use to cut paper?
1 Scissors or shears Count Please count backwards from 20 to 1. Counted correctly Made one or more mistakes Subtret4
WRITE IN FOURTH SUBTRACTION Subtret3
WRITE IN THIRD SUBTRACTION
Range: 1...100 CABIN PIPE ELEPHANT CHEST SILK THEATRE WATCH Anything else PILLOW GIANT Range: 1...100 Subtrct2 - 2

intnartb SHOWCARD BG





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948
'SING-k-paa'
SYNCOPE
1 Correct
ncorrect/don't know

Correct Incorrect/don't know

920

**q49** 'LAY-bile' LABILE

Correct Incorrect/don't know

q47 'de-MAIN' DEMESNE

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Incorrect/don't know

943 'le-VI-athn' LEVIATHAN 1 Correct 1 Incorrect/don't know

Incorrect/don't know

Correct

**q42** 'tope-ee-airy' TOPIARY

Correct Incorrect/don't know

**q44** 'bee-AT-ifie' BEATIFY

Correct Incorrect/don't know

**q46** 'si-DARE-ee-al' SIDEREAL

Incorrect/don't know

q45
PRELL-it
PRELATE
Correct

entation and phase two contents APPENDIX D: APMS 2007 phase one question

## Stressful life events

## ASK IF SELECTED RESPONDENT

## Next, I would like to ask you about things that may have a happened to you or problems you may have faced during your life Continue

Looking at the card, could you tell me if you have ever experienced any of the problems or events shown on the card, at any time in your life:

CODE ALL THAT APPLY

IF NONE - CODE 7 Trauma1 SHOW CARD BH

Serious illness, injury or assault to yourself
Serious illness, injury or assault to a close relative
Serious illness, injury or assault to a close relative
Death of an immediate family member of yours
Death of a close family friend or other relative, like an Aurt, cousin or grandparent
Separation due to marital difficulties, divorce or steady relationship broken down
Serious problem with a close friend, neighbour or relative
None of these

## Trauma1 = NOT None of these THEN

SHOW CARD BJ

Thinking about the (name of traumatic event).

When did that happen? INTERVIEWER: IF SEVERAL EVENTS OF THE SAME TYPE, ASK ABOUT THE MOST RECENT ONE

Within last 6 months More than 6 months ago, but since the age of 16 More than 6 months ago, and before the age of 16

Trauma2 SHOW CARD BK Now looking at this card, could you tell me if you have ever experienced any of the problems or Being made redundant or sacked from your job events shown on the card, at any time in your life: CODE ALL THAT APPLY IF NONE - CODE 7

Looking for work without success for more than 1 month Major financial crisis, like losing the equivalent of 3 months income Problem with police involving court appearance Something you valued being lost or stolen None of these.

## IF Trauma2 = NOT None of these THEN

TR2Whn SHOW CARD BL

When did that happen? INTERVIEWER: IF SEVERAL EVENTS OF THE SAME TYPE, ASK ABOUT THE MOST RECENT ONE Thinking about the (name of traumatic event).

Within last 6 months More than 6 months ago, but since the age of 16

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SHOW CARD BM
Now locking at this card, could you tell me if you have ever experienced any of these problems or events, at any time in your life:
CODE ALL THAT APPLY
IF NONE - CODE 8 When did that happen? INTERVIEWER: IF SEVERAL EVENTS OF THE SAME TYPE, ASK ABOUT THE MOST tation and phase two contents Within last 6 months

More than 6 months ago, but since the age of 16

More than 6 months ago, and before the age of 16 More than 6 months ago, and before the age of 16 APPENDIX D: APMS 2007 phase one questionnaire docum SHOW CARD BN
Thinking about the (name of traumatic event). IF Trauma3 = NOT None of these THEN TR3Whn Sexual abuse
Being expelled from school
Running away from your home
Being homeless Violence in the home Violence at work None of these RECENT ONE က 845978

### **Parenting** 28.

## ASK IF SELECTED RESPONDENT

Chidinst
Up to the age of 16 did you spend any time in any kind of institution such as a children's home, borstal, or young offenders unit?
(EXCLUDE PRIVATE EDUCATION BOARDING SCHOOL)

LACare (May I just check) Were you ever taken into Local Authority Care (that is into a children's home or foster care) as a child up to the age of 16?

No Does not apply, e.g. foreign national

MaPaintro Now a few questions about you and your parents when you were growing up.

### Continue

BothMaPa
Did you live more or less continuously with both of your natural parents at home until you were 16?
INTERVIEWER: EXPLAIN IF NECESSARY: That is your birth parents.
YES TO INCLUDE BOTH PARENTS BUT RESPONDENT AT BOARDING SCHOOL OR AWAY TEMPORARIL Y.

## IF BothMaPa = No THEN YNotBoth Is that because there was ...READ OUT...

...a divorce or separation,

or, a death,

or, are you adopted, or, your parents never lived together, or, your parents never lived together, or, is there another reason?(IF VOLUNTEERED, SPECIFY AT NEXT QUESTION)

## IF BothMaPa = No AND YNOTbBoth = Other reason THEN

**XYNOTBOTH** IF VOLUNTEERED, TYPE IN OTHER ANSWER GIVEN, OTHERWISE TYPE '7' AND <Enter-

### IF BothMaPa = No THEN MaOrPa

Father
Both Mother and Father equally
Other relative
Other (in care, fostered, etc)

And may I check, [ / after that] did you live more or less continuously with your mother or with your father until you were 16?

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

AnyChild Do you have, or have you had, any children of your own that you are the natural [father / mother] of?

Please include any who don't now, or never did, live with you as part of your household. IF MENTIONED, EXCLUDE MISCARRIAGE/ABORTION/ADOPTED.

### IF AnyChild = Yes THEN NoChild

How many children have you had? (INCLUDE STILLBIRTH/DIED)
Range: 1...97

ASK IF SELECTED RESPONDENT Social support

Continue

acquaintances.

Range: 0...97

(There are people I know amongst my family and friends) - who would see that I am taken care of if Ineeded to be. DLSS6 SHOWCARD BP (There are people I know amongst my family and friends) - who make me feel an important part of their lives. (There are people I know amongst my family and friends) - who can be relied on no matter what happens. DLSS5
SHOWCARD BP
(There are people I know amongst my family and friends) - who accept me just as I am.
1 Not true **DLSS7**SHOWCARD BP
SHOWCARD BP
There are people I know amongst my family and friends) - who give me support and encouragement. APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Not true Partly true Certainly true Certainly true DLSS3 SHOWCARD BP DLSS4 SHOWCARD BP 0 0 Thinking about all of the people who do not live with you and whom you feel close to or regard as good friends, how many did you communicate with in the past week?

INTERVIEWER: IF NONE ENTER '0' How many friends or acquaintances who do not live with you would you describe as close or good I would now like you to think about your family and friends. (By family I mean those who live with DLSS1
SHOW CARD BP
There are people I know amongst my family and friends - who do things to make me happy.
The true
2 Partly true
3 Certainly frue you as well as those elsewhere). Here are some comments people have made about their family and their friends. For each statement, please say whether it is not true, partly true or certainly true for you. **DLSSInt1**The next few questions are about people you feel close to, including relatives, friends and DLSS2
SHOWCARD BP
There are people I know amongst my family and friends) - who make me feel loved.

Not frue

Parity true CloseR13
Now! waudi like to ask about people you feel close to who do not live with you.
How many relatives aged 16 or over, who do not live with you, do you feel close to?
INTERVIEWER: IF NONE ENTER '0' APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents CloseRel
First of all I would like to ask you about the people that you live with.
How many adults who live with you do you feel close to?
INTERVIEWER: IF NONE ENTER '0' IF ((CloseRI3 >= 1) OR (CloseFr >= 1)) THEN

123

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friends? INTERVIEWER: IF NONE ENTER '0'

CloseFr

Range: 0...97

Range: 0...97

Range: 0...97

DLSSint2

Continue

### Religion and spirituality 8

## ASK IF SELECTED RESPONDENT

SpecRel
The next few questions are about religion. Do you have a specific religion? Yes

Which religion is that? INTERVIEWER: CODE ONE ONLY. IF MORE THAN ONE CODE THE MAIN RELIGION. IF SpecRel = Yes THEN

## IF SpecRel = Yes AND WhatRel = Other THEN OthRel INTERVIEWER: ENTER RELIGION

Hinduism (Jain, Sikh) Judaism Buddhist Other(SPECIFY)

Roman Catholic Protestant Christian Other Christian

Islam

Relig By religion', we mean the actual practice of a faith, e.g. going to a temple, mosque, church or syragogue. Some people do not follow a religion but do have spiritual beliefs or experiences. Some people make sense of their lives without any religious or spiritual beliefs. Would you say that you have a religious or a spiritual understanding of your life? CODE ALL THAT APPLY

Religious Spiritual Neither

IF Relig = Religious OR Relig = Spiritual THEN RStrong SHOW CARD BQ

How strongly do you hold to your religious/spiritual view of life? Please look at this card and tell me the number that best describes your view, from 0 weakly held' through to 10 'strongly held'. INTERVIEWER: ENTER NUMBER BETWEEN 0 AND 10.

Range: 0...10

## IF Relig = Religious OR Spiritual THEN

ImpPract
SHOW CARD BR
SHOW CARD BR
How important to you is the practice of your belief (e.g. private meditation, religious services) in your day-to-day life? Please look at this card and tell me the number that best describes your view, your day-to-day life? Please look at this card and tell me the number that best describes your view, iffom 0 'not necessary' through to 10' essential'
INTERVIEWER: ENTER NUMBER BETWEEN 0 AND 10.
Range: 0...10

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## IF Relig = Religious OR Spiritual THEN

Praynum SHOW CARD BS How often do you attend services or prayer meetings or go to a place of worship?

Once a week or more
At least once a month, but less than once a week
At least once a year, but less than once a month
Less than once a year
Never 0 th 4 th

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Clubs
SHOWCARD BU
Please look at this show card.
Are you actively involved in any of the following clubs or associations?
CODE ALL THAT APPLY
1 Sports or sport supporters club
2 Hobby or inferest group
3 Political party
4 Neighbourhood Watch scheme

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

Somewhat disagree Strongly disagree IntroActiv
The next few questions are about things that you do in your local area.
1 Continue.

Green Showcard BT Showcard BT There are not enough green areas or trees around here.

Strongly Agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree ComGrp
How often do you participate in a voluntary or local community group?
INTERVIEWER: PLEASE CODE.

At least once a month At least once a year Not in the last year/never Nschool
How often do you attend an adult education or night school class?
INTERVIEWER PLEASE CODE

At least once a month At least once a year Not in the last year/never Leisure How often do you go to a leisure centre? INTERVIEWER: PLEASE CODE.

At least once a month At least once a year Not in the last year/never GoLibrary
How often do you go to the library?
NTERVIEWER: PLEASE CODE.
1 At least once a month
2 At least once a year
3 Not in the last year/never

aire documentation and phase two contents APPENDIX D: APMS 2007 phase one question

## Socio demographics

## ASK IF SELECTED RESPONDENT OR PROXY

```
Origin
SHOW CARD BV
To which of the groups listed on this card do you consider you belong?
To which of the groups listed on this card do you consider you belong?

White — British

White — Irish
                                                                                                                                                                                 Mixed - White and Black Adirboan
Mixed - White and Asian
Any other mixed background
Asian or Asian British.
Asian or Asian British. Pakisani
Asian or Asian British. Pakisani
Asian or Asian British. Pakisani
Asian or Asian British - Bangladeshi
Any other Asian/Asian British background
Black or Black British.
Black or Black British.
Caribbean
Black or Black British.
Chinese or other ethnic group:
Chinese or other ethnic group:
                                                                                                                                                                   Mixed - White and Black Caribbean
                                                                                                                  Any other white background Mixed:
                                                                                                                                                                                                                                                                                  1 1 9 8
                                                                                                                                                                                                                                                                                                                                                                                                <u>5</u> ξ <del>1</del> ξ
```

### Origin = Any other THEN

Any other (please describe)

5 6

### XOrigin Please describe.

### AnyQuals Have you got any qualifications of any sort? Xes No

IF AnyQuals = Yes THEN SHOWCARD BW

Please look at this card and tell me whether you have passed any of the qualifications listed.

Look down the list and tell me the first one you come to that you have passed.

LOOK down the list and tell me the first one you come to that you have passed.

INTERVIEWER: FOR COMPLETE LIST OF QUALIFICATIONS SEE HELP <F8>

1 Degree level qualification

2 Teaching qualification or HNC/HND, BEC/TEC Higher, BTEC Higher or NVO level 4

3 "ALLevels/SCE Higher or ONC/OND/BEC/TEC not higher or City & Guilds Advanced Final Level NVO level 2

4 "Orlevel passes (Grade A-C if after 1975) or City & Guilds Advanced (Grades A-C) or NVO level 2

5 CSE Grades 2-5 GCE "Olevel (Grades D & E if after 1975) GCSE (Grades D, E, F, G) or NVO level 2

6 CSE ungraded

6 CSE ungraded

7 Other qualifications (specify)

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Did you do any paid work in the 7 days ending Sunday the (*date*), either as an employee or as self-employed? (HELP<F9>) IF JbAway = No OR Waiting to take up a new job/business already obtained THEN Did you do any unpaid work in that week for any business that you own? (HELP<F9>) What other qualification do you have?
INTERVIEW CHECK THAT THIS QUALIFICATION CANNOT BE CODED AT HIQUAIS
- IF NOT PLEASE ENTER A SHORT DESCRIPTION OR TITLE What was the main reason you were away from work (last week)? (HELP<F9>) 1 On leave/holiday ntation and phase two contents IF ((Wrking = No) AND (SchemeET = 2 OR LILO1 =1))THEN JbAway
Did you have a job or business that you were away from? HELP<F9> IF (Any Quals = Yes) AND (Hi Quals = Other qualifications) THEN OthQuals Attending a training course away from the workplace Laid offsbort time
Personal/family reason
Other reasons No Waiting to take up a new job/business already obtained Were you on a government scheme for employment training? A mental, nervous or emotional problem A physical health problem APPENDIX D: APMS 2007 phase one questionnaire docume ASK IF SELECTED RESPONDENT IF JbAway = Yes THEN IF Wrking = No THEN SchemeET Υes 284597

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IF ((JbAway = No OR Waiting to take up a new job/business already obtained) AND (OwnBus = No)) THEN

...or that a relative owns? HELP<F9>

IF Everwk = Yes THEN

IF (Wrking = No AND SchemeET = No AND JbAway = No AND RelBus = No) THEN

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

### What skills or qualifications are needed for that job? INTERVIEWER: CHECK SPECIAL QUALIFICATIONS/TRAINING NEEDED TO DO THE JOB. (Do) you have any managerial duties, or (are/were) you supervising any other employees? INTERVIEWER: ASK OR RECORD. HELP<F9> IF Everwk = Yes AND Stat = Employee THEN How many employees (*are/were*) there at the place where you (*work/worked)?* HELP<F9> 1 -24 How many people (do/did) you employ at the place where you (work/worked)? HELP<F9> $^{1}$ $^{1-24}$ IF Everwk = Yes AND Stat = Self-employed AND Solo = with employees THEN (Are) you working as an employee or (are/were) you self-employed HELP<F9>? (Are /were) you working on your own or (do/did) you have employees? In your (main) job (are/were) you working: HELP<F9> IF Everwk = Yes AND Stat = Self-employed THEN IF Everwk = Yes AND Stat = Employee THEN Not manager/supervisor Foreman/supervisor with employees IF Everwk = Yes THEN FtPtWk OccD CURRENT OR LAST JOB Employee Self-employed 25 or more IF Everwk = Yes THEN 25 or more 2 or part time? Manager 1 full time Manage - 2 Thinking of the 4 weeks ending Sunday the (date), were you looking for any kind of paid work or government training scheme at any time in those 4 weeks? (HELP<F9>) IF Wrking = No AND SchemeET = No AND ((Looked = Yes OR Waiting to take up a new job or business already obtained)) AND JbAway = Waiting to take up a new job/business already obtained THEN StartJ What/Did (does/did the firm) organisation you (work/worked) for mainly make or do (at the place where you) (work/worked?) HELP-RP> DESCRIBE FULLY - PROBE MANUFACTURING or PROCESSING or DISTRIBUTING ETC. AND MAIN GOODS PRODUCED, MATERIALS USED, WHOLESALE or RETAIL ETC. YINACT What was the main reason you did not seek any work in the last 4 weeks/would not be able to start in the next 2 weeks? (HELP<F9>) If a job or a place on a government scheme had been available in the week ending Sunday the (date), would you have been able to start within 2 weeks? IF Wrking = No AND SchemeET = No AND ((Looked = No) OR (StartJ = No)) THEN No Waiting to take up a new job or business already obtained Everwk Have you ever had a paid job, apart from casual or holiday work? 1 Yes 2 No When did you leave your last PAID job? FOR DAY NOT GIVEN...ENTER 15 FOR DAY FOR MONTH NOT GIVEN...ENTER 6 FOR MONTH Looking after the family/home Temporarily sick or injured Long-term sick or disabled Retired from paid work

133

JOBSTITLE CURRENT OR LAST JOB What [is / was / Was] your (main) job ((in the week ending Sunday the) [DMDLSUN / DTJBL / ])? HELP<F9>

F Everwk = Yes THEN

·· CURRENT OR LAST JOB

F Everwk = Yes THEN

IF Everwk = Yes THEN

In which year did you start working continuously for your current employer? HELP<F9> Range: 1900...2007

IF Stat = Employee THEN

EmpStY

134

PTWkHours How many hours (do/did) you work normally per week? Range: 0...50

IF Everwk = Yes AND FtPtWk = part time THEN

None of these

IF YInAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment THEN WKShel IF YINAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do part-time work) AND LookNow = No THEN IF YInAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do partime work) THEN LookNow the way you have been feeling makes it impossible for you to do any kind of paid work a physical health problem makes it impossible for you to do any kind of paid work May I just check, would you be able to do some kind of sheltered or part-time work if it were available, or is this impossible?

Could do sheltered work

Could do part-time work In which year did you start working continuously as a self-employed person? HELP<F9>Range: 1900...2007 entation and phase two contents you have not found a suitable job or, because you do not want or need a paid job at the moment? other (May I just check) Are you looking for a job at the moment? Have you looked for a job at all (since you last worked?) Is the reason that you are not working at present... RUNNING PROMPT - CODE FIRST THAT APPLIES 135 IF YInAct <> Retired from paid work THEN and which month in (year) was that? APPENDIX D: APMS 2007 phase one questio Stat = Self-employed THEN IF Stat = Self-employed THEN Impossible to do work February March April May June July August September October November January SEmpStY Yes 8 4 4 9 P 8 8 6 7 T 7 LookAtAII

APPENDIX D: APMS 2007 phase one questionnaire docu

IF YINAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do part-time work))AND LookNow = No AND LookAtAll = No THEN

LookNot
Why have you not looked for a job?
CODE ALL THAT APPLY

No suitable jobs: general employment situation No suitable jobs: due to health problems Other

2 0

IF YINAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do part-time work)) AND LookNow = No AND LookAtAll = Yes THEN

LookStop Why have you stopped looking for jobs? CODE ALL THAT APPLY

No suitable jobs: general employment situation No suitable jobs: due to health problems

IF YINAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do part-time work), AND ((LookNow = Yes) OR (LookStop = response)) THEN

**Diffuob**Do you think that the way you have been feeling over the past month makes it more difficult for you than for other people to find a job?

If YInAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WKShel = could do sheltered work) OR (WKShel = could do partitime work)) AND ((LookNow = Yes) OR (LookStop = response)) THEN HISWork

Thinking about the hours you would like to work, would you prefer to work full-time or part-time?

1 Full-time

Qualified answer

IF YINAct <> Retired from paid work AND NotWk <> because you do not want or need a paid job at the moment AND ((WkShel = could do sheltered work) OR (WkShel = could do part-time work), AND ((LookNow = Yes) OR (LookStop = response)) AND HrsWork <> Full-time

HrsWeek

About how many hours a week would you want to work? Range: 1...60

INTERVIEWER: THE NEXT QUESTIONS ARE ABOUT THE EMPLOYMENT STATUS OF THE HOUSENGLD REFERENCE PERSON.
ASK WHOEVER IS AVAILABLE WHO WOULD BE BEST ABLE TO ANSWER THE QUESTIONS (Name), now a few questions about your employment status.

**Wrking** Did you do any paid work in the 7 days ending Sunday the (*date*), either as an employee or as self-employed? (HELP<F9>)

IF Wrking = No AND SchemeET = No AND ((Looked = Yes) OR (Looked = Waiting to take up a new job or business already obtained) OR (JbAway = Waiting to take up a new job/business already obtained)) THEN What was the main reason you did not seek any work in the last 4 weeks/would not be able to start in the next 2 weeks? (HELP<F9>)

1 Student If a job or a place on a government scheme had been available in the week ending Sunday the (date), would you have been able to start within 2 weeks? [NAME]
CURRENT OR LAST JOB
What did the firm/organisation worked for mainly make or do (at the place where you worked)?
HELPFP9> IF Wrking = No AND SchemeET = No AND ((Looked = No) OR (StartJ = No)) THEN [NAME] CURRENT OR LAST JOB CHECK SPECIAL QUALIFICATIONS/TRAINING NEEDED TO DO THE JOB APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents Have you ever had a paid job, apart from casual or holiday work? When did you leave your last PAID job? FOR DAY NOT GIVEN...ENTER 15 FOR DAY FOR MONTH NOT GIVEN...ENTER 6 FOR MONTH HELP<F9> 138 Looking after the family/home Temporarily sick or injured Long-term sick or disabled Retired from paid work CURRENT OR LAST JOB
What did you mainly do in your job? IF Everwk = Yes THEN DtJbL IF Everwk = Yes THEN IF Everwk = Yes THEN SpecQuals IF Everwk = Yes THEN None of these Yes No Everwk 26450 IF Wrking = No AND SchemeET = No AND ((JbAway = No) OR (JbAway = Waiting to take up a new jobblusiness already obtained)) THEN OwnBus
Did you do any unpaid work in that week for any business that you own? (HELP<F9>) IF Wrking = No AND SchemeET = No AND ((JbAway = No) OR (JbAway = Waiting to take up a new job/business already obtained)) AND OwnBus = No THEN ReIBus Thinking of the 4 weeks ending Sunday the (date), were you looking for any kind of paid work or government training scheme at any time in those 4 weeks? (HELP<F9>) IF Wrking = No AND SchemeET = No AND ReIBus = No AND JbAway = No THEN What was the main reason you were away from work (last week)? (HELP<F9>) APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF Wrking = No AND SchemeET = No THEN
JbAway
Did you have a job or business that you were away from? HELP<F9> Yes No Waiting to take up a new job or business already obtained IF Wrking = No AND SchemeET = No AND JbAway = Yes THEN Waiting to take up a new job/business already obtained A physical health problem
Attending a training course away from the workplace
Laid offshort time
Personal/family reason
Other reasons IF Wrking = No Inc.
SchemeET
Were you on a government scheme for employment training? 137 A mental, nervous or emotional problem

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Yes

..or that a relative owns? yes No √es

On leave/holiday

ntation and phase two contents

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Now looking at this card, are you at present receiving any of these benefits in your own right, that is where you are the named recipient? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               Some people qualify for Housing Benefit, that is, a rent rebate or allowance. Do you or does anyone else in your household receive Housing Benefit, either directly or by having it paid to you or on your behalf? (HLP<F9>)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       In the last 6 months have you received any of the things shown on this card, in your own right? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   (In addition to any benefits you mentioned) Do you receive income from any of the sources mentioned in this card?

CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                   Are you receiving either of the things shown on this card, in your own right? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             Maternity Allowance
Statutory Maternity Pay from your employer or former employer
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      Back to work bonus Widows payment (Lump Sum)
Widows payment (Lump Sum)
Any National Insurance or State benefit not mentioned earlier
None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     Interest from savings, shares, etc.
Other kinds of regular allowance from outside the household
Other sources e.g. rent
                                                                                                                                                                                   Working Tax Credit/ Child Tax Credit (not lump sum) Incapacity Benefit
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        A grant from the Social Fund for funeral expenses
Grant from the Social Fund for maternity expenses
A Community Care grant from the Social Fund
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Working Tax Credit/ Child Tax Credit (lump sum)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    Earnings from employment or self-employment 
Pension from former employer
                                                                                                                                                                                                                                                                                Industrial injury disablement benefit
                                                                                                                                                                                                                                                                                                                                                                                        IF Sex = Female AND DVage < 50 THEN
                                                                                                                                           Jobseekers Allowance
                                                                                                                                                                                                                                                      Statutory sick pay
                                                                                                                                                                       Income support
                                                                                                                                                                                                                                                                                                          None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 SrcInc
SHOW CARD CC
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               SHOW CARD CB
     IncBen
SHOW CARD BZ
                                                                                                                                                                                                                                                                                                                                                                                                                                            SHOW CARD CA
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   Yes
No
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                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               - 2 6 4 5 9
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                SHOW CARD BY
And looking at this card, are you at present receiving any of the state benefits shown on this card -
either in your own name, or on behalf of someone else in the household?
CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         Looking at the card, are you at present receiving any of these state benefits in your own right, that
                                                                                                                                                                                                                                                                                                                                                              Did you have any managerial duties, or were you supervising any other employees? ASK OR RECORD HELP<F9>
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     Mobility component of disability living allowance
Attendance Allowance
Disability Living Allowance - unsure if care and/or mobility components
None of these
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Once Parent Benefit
Guardian's Allowance
Invalid care Allowance
Retirement pension (National Insurance) or old person's pension
Widow's persion or allowance (National Insurance)
War disablement pension
Severe disablement allowance (and related allowances)
Disability working allowance
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   How many employees were there at the place where you worked? HELP<F9>
                                                                                                           Were you working as an employee or were you self-employed HELP<F9>?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Care component of disability living allowance
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         is, where you are the named recipient?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                         Not manager/supervisor
                                                                                                                                                                                                                                                                                                                                                                                                                                               Foreman/supervisor
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              [NAME]
CURRENT OR LAST JOB
                                                         [NAME]
CURRENT OR LAST JOB
                                                                                                                                                                                                                                                                                                          [NAME]
CURRENT OR LAST JOB
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  IF EmpNo = Yes THEN
Benefits
SHOW CARD BX
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             CODE ALL THAT APPLY
                                                                                                                                                                     Self-employed
                                                                                                                                                                                                                                                   IF Everwk = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       IF Everwk = Yes THEN
Everwk = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             Child Benefit
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          25 or more
                                                                                                                                                                                                                                                                                                                                                                                                                     Manager
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               1 to 24
```

CareBen

APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

income from all sources mentioned? By gross income, I mean income from all sources before deductions for income tax and National Gross4 SHOW CARD CD Could you please look at this card and tell me which group represents your own personal gross

Insurance Range: 1...32

### Gross4 = 32 THEN

G4High

SHOW CARD CE - High Earnings section Could you please look at this second card and tell me which group represents your own personal gross income from all sources mentioned? Range: 1...60

## IF NumAdult > 1 AND Gross4 < 32 THEN Gross4a SHOW CARD CD

Could you look at the card again and tell me which group represents your household's gross

income from all sources'

(By gross income, I mean income from all sources before deductions for income tax and National

INTERVIEWER: IF NECESSARY OBTAIN INFORMATION FROM OTHER HOUSEHOLD MEMBERS IF RESPONDENT IS UNSURE.
Range: 1...32

## Gross4a = 32 OR Gross4 = 32 THEN

**G4aHigh** SHOW CARD CE - High Earnings section

Could you please look at this second card again and tell me which group represents your household's gross income from all sources mentioned?

(By gross income, I mean income from all sources before deductions for income tax and National Insurance)
INTERVIEWER: IF NECESSARY OBTAIN INFORMATION FROM OTHER HOUSEHOLD MEMBERS IF RESPONDENT IS UNSURE
Range: 1...60

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### Buying it with the help of a mortgage or loan Pay part rent and part mortgage (shared ownership) Rent it Rent it Live here rent-free (including rent-free in relative's/friend's property; excluding squatting) I would now like to ask you some questions about your accommodation INTERVIEWER: RESPONDENT SHOULD ANSWER ABOUT THEMSELVES. WHERE THE RESPONDENT IS RESPONDISHE FOR THE HOUSEHOLD ANSWERS ALSO REFER TO THE OVERALL HH FINANCES. IF Proxy = selected respondent AND ((Ten1 = Pay part rent and part mortgage OR Rent it) In which of these ways do you/this household occupy this accommodation? ADMO CARD CF (HELP-FE9>) INTERVIEWER: IF NECESSARY OBTAIN INFORMATION FROM OTHER HOUSEHOLD MEMBERS IF RESPONDENT IS UNSURE The local authority/council/New Town Development/ Scottish Homes A housing association or co-operative or charitable trust Employer (organisation) of a household member Another organisation Heative/friend (before you lived here) of a household member Employer (individual) of a household member Another individual private landlord Does the accommodation go with the job of anyone in the household? AND (Ten1 = Live here rent-free)) THEN IF Proxy = selected respondent THEN IF Proxy = selected respondent THEN IF Proxy = selected respondent THEN Details of the property Who is your landlord? (HELP<F9>) CODE FIRST THAT APPLIES Own outright Squatting Yes 0 0 4 4 0 0 **/** - 2 6 4 5 9 Tied - 0 33.

How many separate bedrooms do you have here/in your home? INTERVIEWER: INCLUDE ONLY ROOMS TO WHICH RESPONDENT HAS ACCESS.

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IF Proxy = selected respondent AND ((Ten1 = Pay part rent and part mortgage OR Rent it) AND (Ten1 = Live here rent-free)) THEN

furnished partly furnished (eg carpets and curtains only) or unfurnished?

- 2 6

IF Proxy = selected respondent THEN

Is the accommodation provided: (HELP<F9>)

```
What is the main type of heating you use in your living room in winter? ITEX ADD IF NECESSARY: THE ROOM WHICH IS USED REGULARLY AS THE LIVING ROOM BY THE PEOPLE WHO LIVE HERE, WHERE YOU WATCH TV ETC. CODE ALL THAT APPLY
  ntation and phase two contents
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  IF Proxy = selected respondent AND TypHeat = Portable heaters THEN
                                                                                                                                                                                                                      IF Proxy = selected respondent AND TypHeat = Central heating THEN
                                                                                 Portable heaters (Electric, Bottled gas/paraffin or Oil-filled) Other
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             Night storage heater/s
Fixed room heater/fire (Gas or electric)
Porhalies or stove/s
Porhalie heaters (Electric, Bottled gas/paraffin or Oil-filled)
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           What types of portable heaters do you use here/in your home? CODE ALL THAT APPLY.
                                                                                                                                                                                                                                                                                               What types of central heating do you use here/in your home? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     IF Proxy = selected respondent AND HmWarm = No THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        Which parts of your home are not warm enough in winter? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   In winter are you able to keep your home warm enough?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   144
APPENDIX D: APMS 2007 phase one questionnaire docume
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                                                                                                                                                                                                                                                                                                                                                                              Oil boiler with radiators
Soild fuel boiler with radiators
Night (electric) storage heaters
Gas fired warm air heating
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              IF Proxy = selected respondent THEN HmWarm
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             Portable oil-filled heaters
Portable bottled gas heaters
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       Oil fired warm air heating
Under-floor heating
                                                                                                                                                                                                                                                                                                                                                        Gas boiler with radiators
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 Portable electric heaters
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   Portable paraffin heaters
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     Other
No heating
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                Living room
                                                                                                                                          No heating
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  SHOWCARD CM
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    SHOWCARD CN
                                                                                                                                                                                                                                                                      SHOWCARD CL
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                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         - ი ო
                                                                                                                                                                                                                                                                                               When was this property first built? Please give your best estimate.
ANSWER ABOUT THE PART OF THE PROPERTY THAT IS USED BY THE DWELLING UNIT.
GIVE THE DATE WHEN IT WAS FIRST BUILT. IF NOT SURE, GET BEST ESTIMATE.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Are there any double- or triple-glazed windows in your home? This means factory-made sealed
                                                                              BEDROOMS INCLUDE BOXROOMS AND BEDROOMS NOT CURRENTLY USED AS BEDROOMS
APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        Have you had any mould in your home over the last 12 months? INSIDE THE PROPERTY ONLY.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      SHOWCARD CJ In which of these rooms have you had mould?
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         IF Proxy = selected respondent AND Mould = Yes THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   143
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               What types of heating do you have in this house? INTERVIEWER: PROBE: WHAT OTHERS? CODE ALL THAT APPLY
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        Night storage heater/s
Fixed room heater/fire (Gas or electric)
Open fire/s or stove/s
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        Bathrooms, toilets or shower rooms
Adult's bedrooms
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          Yes, most windows
Yes, about half of the windows
Yes, a few of the windows
No
                                                                                                                                                                                                                      IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   IF Proxy = selected respondent THEN
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           Children's bedrooms
All rooms
```

Central heating

SHOWCARD CK

Mould

Moulx

Yes, all windows

SHOW CARD CH

Before 1900 1900 – 1949 1950 – 1976 1977 – 1989 1990 – 2002 2003 or later

SHOWCARD CG

Range: 0...15

And have there been times during the past year when you have had to borrow money from pawnbrokers or money lenders, excluding banks or building societies, or from friends and family in order to pay for your day-to-day needs?

CODE ALL THAT APPLY CONSENT TO FLAG RESPONDENT ON THE NHS CENTRAL REGISTER CONSENT TO BE CONTACTED FOR FURTHER NATCEN RESEARCH HELPLINES LEAFLET AND CARD ARE OFFERED TO RESPONDENT THIS IS THE END OF THE MAIN PART OF RESPONDENTS INTERVIEW

1 Continue CONSENT TO BE CONTACTED FOR A PHASE TWO INTERVIEW APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents PROVIDE INCENTIVE VOUCHER AND GET RECEIPT SIGNED INTERVIEWER THEN SEEKS TO ESTABLISH: IF Proxy = selected respondent THEN Pawnbroker Money lender Friend(s) Family None of these SHOWCARD CQ EndInt 2646 In the last year, was your gas or electricity ever disconnected because you couldn't afford to pay for In the last year, have you ever used less gas, electricity or other fuel than you needed to because you were worried about cost?

You may choose 3 out of the possible answers).

CODE ALL THAT APPLY Have there been times during the past year when you were seriously behind in paying within the time allowed for any of these items? CODE ALL THAT APPLY FriendW in the last year have you ever felt reluctant to invite friends or family to your home because of difficulties keeping it warm? APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents IF Proxy = selected respondent AND HmWarm = No THEN 145 (You may choose 3 out of the possible answers). CODE ALL THAT APPLY Mortgage repayments
Council Tax
Credit card payments
Mail order catalogue payments
Telephone/mobile phone IF Proxy = selected respondent THEN IF Proxy = selected respondent THEN Electricity SPONTANEOUS - Other Fuel None of these Social Fund Loan Child Support or Maintenance None of these IF Proxy = selected respondent THEN Gas Electricity Water Goods on hire purchase Adult's bedrooms Children's bedrooms Other Room All rooms Electricity Other Fuel None of these Other loans
TV Licence
Road Tax InDebt SHOWCARD CP V 8 9 0 1 1 2 1 4 1 1 9

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APPENDIX D: APMS 2007 phase one questionnaire documentation and phase two contents

## Phase two questionnaire structure

SCAN - Schedule for Clinical Assessment in Neuropsychiatry version 2.1.

ADOS - Autism Diagnostic Observation Schedule.

SCID-II - Structured Clinical Interview for DSM-IV.

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#### Appendix E Fieldwork documents



#### **Contents**

Advance letter

Survey leaflet

Showcards

Consent to NHS Register

Helplines leaflet

Helplines card

Thank you letter



Operations Department

Brentwood Essex CM14 4LX Tel. 01277 200 600

Kings House 101-135 Kings Road

How was your address selected? Your address is one of about 15,000 addresses throughout the country that we have selected at random from the Post Office's list of addresses.

Who do we want to interview? One person aged 16 or over, selected at random at each address.

Dear Resident,

# We would be grateful for your help with the National Study of Health and Wellbeing.

Confidentiality
Everything you tell us will be treated in strictest confidence. We are fully compliant with data protection regulations.

For further information and a summary of findings from previous reports see:

www.healthandwellbeingsurvey.org

All our interviewers carry an official identification card which includes their photograph and the NatCen logo that appears on the top of this letter.

Who are our interviewers?

I am writing to tell you about a study that NatCen is carrying out for the National Health Service. The main aim of the study is to see how the stresses and strains of everyday life can affect people's health and wellbeing. This will help services and support to be planned more effectively Within the next few weeks, one of our interviewers will call at your door to explain the survey in more detail and to ask for your help. If you are busy when the interviewer calls s/he will be happy to call back.

In our work we rely on people's voluntary co-operation. Your help will give everyone a better understanding of the experiences and needs of people in our society. The success of the study appreciation all participants receive a £5 high street voucher. If you would like to know more about the study in advance of an interviewer calling, please call 0800 652 4572, or write to me depends on the participation of as many of those selected as possible. As a token of our

Your interviewer on this study will be

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#### How is the information used?

- The study will be used by the NHS to look at how the stresses and strains of everyday life affect people's health and wellbeing.
- The NHS uses this information to help plan health services and to identify key priorities for public health.

"The National Study of Health and Wellbeing is a valued and well respected resource for health professionals and academic researchers" Professor Terry Brugha School of Medicine

- The results of this study can help in the development of policies and to make sure that services, help and support are available for people who need them.
- By comparing results with earlier studies it is also possible to see where progress has been made and where improvements are still

#### Who can I contact about the study?

We hope that you have found this leaflet interesting, and that it shows the importance of

If you would like to talk to someone about this study, please telephone NatCen on freephone 0800 652 4572 and ask for Joanne Phillipson (Project Controller) or Bryan Mason (Deputy

National Centre for Social Research (Research) London

National Centre for Social Research (Operations) Kings House, 101 – 135 Kings Road Brentwood

CM14 4I X

A Company limited by Guarantee. Registered in England No. 4392418 Charity No. 1091768

We hope that you will take part in the National Study of Health and Wellbeing 2006/7.

We rely on your voluntary contribution in making the study a success.

Thank you very much for helping us.

#### The National Study of Health and Wellbeing 2006/7

On behalf of the NHS Information Centre for Health &



#### What is the study about?

The National Study of Health and Wellbeing 2006/7 is part of an important program on the health and wellbeing of the nation

The study is designed to look at:

- How the stresses and strains of everyday life affect people's health.
- What people do for help or support when they need it.
- Changes in health over time. The results of this study can be compared with similar studies carried out in 1993 and 2000.

#### Who is carrying out the study?

- The National Centre for Social Research (NatCen) is carrying out this study on behalf of the NHS Information Centre.
- The study is conducted in collaboration with the School of Medicine at the University of Leicester.

#### Why is the study important?

Information collected from this study will be used by the NHS and Department of Health:

- To get a clear up to date picture of the nation's
- To develop policies and plan services.
- To make sure people with health problems get the help they need.

#### Who takes part in the survey?

- We would like to interview around 8,500 adults aged 16 and over across England. Addresses are selected at random from a file the Post Office use to deliver mail and we then seek to interview all adults at each address
- We interview a large number of people to make sure that we get a good mix of people and all groups of people are represented in the study e.g. men and women of all ages.

#### What does the study involve?

An experienced NatCen interviewer will interview everyone who agrees to take part in the study. The interviewer will call at your home and carry out an interview using a laptop computer. The interview can be carried out at a time that suits you. Questions are about health and wellbeing and use of health services like the GP, nurse and

#### Is the study confidential?

Yes. Any information given to us will be treated in strictest confidence. The results will be not be used in any way in which they can be associated

Reports from the study show information about groups of people (e.g. men and women, adults aged 16-24) not individuals.

#### Did you know...?

(Findings from: The National Study of Health and Wellbeing, 2000)

- Sleep problems, fatigue, irritability and worry were most commonly reported by men and women.
- Irritability among women was found to gradually decline with age.
- 1 in 10 elderly people reported symptoms of
- About a quarter of adults with an emotional problem were receiving treatment of some kind.
- More women than men reported having a phobia.

#### Where can I get further information about this study?

Further information about the National Study of Health and Wellbeing 2006/7 can be found on the survey website:

#### www.healthandwellbeingsurvey.org

Information about the National Centre for Social Research, who are carrying out the interviews on this study, can be found at:

www.natcen.ac.uk

#### Where can I get further information about earlier studies?

Findings from the previous surveys are published in a series of special reports and are available on the following websites:

Department of Health

#### www.dh.gov.uk

NHS Information Centre for Health & Social Care www.ic.nhs.uk

#### CARD A

- . Not at all
- 2. A little bit

The National Study of

P2550

Health and Wellbeing

Moderately

က

- 4. Quite a bit
- 5. Extremely

# SHOWCARDS

SF9, SF10, SF11, Fullife, Worn, Tired SF12

#### CARD B

- All of the time <del>-</del>:
- Most of the time તું
- A good bit of the time က
- Some of the time
- 4.
- A little of the time 5
- None of the time ဖ

#### CARD C

CONHOMD

Strongly disagree

- **Moderately disagree** ٦
- Slightly disagree က
- Slightly agree 4.
- Moderately agree 5
- Strongly agree ဖ

#### CARD D

- 1. No, no difficulty at all
- 2. Yes, some difficulty
- Yes, a lot of difficulty ო

#### CARD E

AcWho

No one

Spouse/cohabitee

Brother/sister (incl. In-law)

က

Son/daughter (incl. In-law) 4.

Parent (incl. In-law)

5

Grandparent (incl. In-law) 6

Grandchild (incl. In-law)

Other relative

Boyfriend/girlfriend 6

Friend 9.

CPN/nurse <del>۲</del>

Occupational therapist 15.

Social worker <del>.</del>5

Home care worker/home help 4.

Voluntary worker 15.

Landlord/landlady 16.

Paid domestic help 17.

Paid nurse <del>8</del>.

Bank manager <del>1</del>9.

Solicitor 20.

Other person 7

Care3 - Care5

Cataracts/ eyesight problems (even if corrected with glasses or contacts) Ear/ hearing problems (even if corrected with a hearing aid) Anxiety, depression or other mental health issue CARD G Stomach ulcer or other digestive problems Bone, back, joint or muscle problems Dementia or Alzheimer's Disease Bladder problems/ incontinence Migraine or frequent headache Bronchitis/ emphysema Bowel/ colon problems Other, please specify High blood pressure Heart attack/ angina Infectious disease Liver problems Skin problems None of these Epilepsy/ fits Diabetes Allergies Arthritis Asthma Cancer Stroke <del>.</del> 17. 21. 9. 12 4. 15. 16. 19. 20. 24. 25. 23. Health œ. Strongly disagree Slightly disagree 1. Strongly agree Slightly agree

4.

'n

က

#### MedicWh2

### CARD H

Largactil (chlorpromazine)

÷

- Stelazine (trifluperazine) ۲i
- Haldol, Serance (haloperidol) က
- Risperdal (risperidone) 4.
- Zyprexa (olanzapine) 5

Clozaril (clozapine)

ဖ

- Priadel (lithium carbonate) ۲.
- Dolmatil (sulpiride) œ
- Seroquel (quetiapine) ю
- Abilify (aripiprazole) 10.
- 11. None of these

#### CARD J

- Prozac (fluoxetine)
- Lustral (sertraline)

۲

- Seroxat (paroxetine) က
- Efexor (venlafaxine) 4.
- Nardil (phenelzine) 5
- Manerix (moclobemide)

ဖ

- Tryptizol (amitriptyline) 7
- Tofranil (impipramine) œ
- Anafranil (clomipramine) ю 6
- Prothiaden (dothiepin) 9.
- Sinequan (doxepin) Ξ.
- Cipralmil (citalopram) 12
- Zispin (mirtazapine) <del>1</del>3.
- None of these 4.

MedicWh3

CARD K

- 1. Valium (diazepam)
- 2. Ativan (lorazempam)
- 3. Librium (chlordiazepoxide)
- 4. Planpak (temazepam)
- 5. Mogadon (nitrazepam)
- 6. Buspar (buspirone)
- 7. Ritalin (methylphenidate)
- 8. Strattera (atomoxetine)
- 9. None of these

#### CARD L

INJECTWH

1. Depixol (flupenthixol decanoate)

- 2. Modecate (fluphenazine decanoate)
- 3. Haldol (holoperidol decanoate)
- 4. Clopixol (zuclopenthixol decanoate)

Risperdal consta (risperidone)

5

6. None of these

#### **CARD M**

- Psychotherapy, psychoanalysis, individual or group therapy
- 2. Behaviour or cognitive therapy
- 3. Art, music or drama therapy
- 4. Social skills training
- 5. Marital or family therapy
- 6. Sex therapy
- 7. Counselling
- 8. Another type of therapy

#### CARD N

DayY

1. Community mental health centre

- 2. Day activity centre
- 3. Sheltered workshop

CC2Ay, CC2Y

#### CARD P

- **Psychiatrist**
- **Psychologist** 7
- Community psychiatric nurse (CPN) რ
- Community learning difficulty nurse 4.
- Other nursing services 5
- Social worker 6
- Self-help/ support group
- Home help/ home care worker ∞.
- Outreach worker/ family support <u>ල</u>

#### CARD Q

**A8** 

Less than 2 weeks

- 2 weeks but less than 6 months 7
- 6 months but less than 1 year რ

1 year but less than 2 years

4.

2 years or more 5

1. Less than 2 weeks

Problems with sleep

2. 2 weeks but less than 6 months

3. 6 months but less than 1 year

1 year but less than 2 years

4.

5. 2 years or more

Stress, worry or other psychological reason

5

Physical exercise

6

Working too hard

4.

**Physical illness** 

က

Medication

7

B9, C8

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ВЗа

Other

7.

D4a

**CARD T** 

E10, F7

. Noise

2. Shift work/ too busy to sleep

3. Illness/ discomfort

4. Worry/thinking

5. Needing to go to the toilet

6. Having to do something (e.g. look after baby)

7. Tired

8. Medication

9. Other

CARD U

1. Less than 2 weeks

2. 2 weeks but less than 6 months

3. 6 months but less than 1 year

1 year but less than 2 years

4.

5. 2 years or more

#### CARD V

- 1. Less than 2 weeks
- 2. 2 weeks but less than 6 months
- 3. 6 months but less than 1 year
- 4. 1 year but less than 2 years
- 5. 2 years but less than 5 years
- 6. 5 years but less than 10 years
- 7. 10 years or more

### CARD W

- . Less than 2 weeks
- 2. 2 weeks but less than 6 months
- 3. 6 months but less than 1 year
- 4. 1 year but less than 2 years

2 years or more

5

110

CARD X

- Members of the family
- Relationship with spouse/ partner 7
- Relationships with friends က
- Housing 4.
- Money/bills 5
- Own physical health (inc. pregnancy) 6
- Own mental health 7
- Work or lack or work ω.
- Legal difficulties . ල
- Political issues/ the news 19
- 11. Exams
- 12. Other
- 13. Don't know/ no main thing

#### CARD Y

J9, J9A,

- Heart racing or pounding
- Hands sweating or shaking 7
- Feeling dizzy က
- Difficulty getting your breath
- **Butterflies in stomach** 5
- **Dry mouth છ**
- Nausea or feeling as though you wanted to vomit ۲.

### CARD Z

 $\Sigma$ 

J11

I. Less than 2 weeks

2. 2 weeks but less than 6 months

6 months but less than 1 year

က

4. 1 year but less than 2 years

5. 2 years or more

### CARD BA

1. Crowds or public places

2. Enclosed spaces

4. Sight of blood or injury

Social situations

რ

5. Specific single cause

6. Other (specify)

K5, K5A

### CARD BB

- Heart racing or pounding
- Hands sweating or shaking ۲
- Feeling dizzy က
- Difficulty getting your breath 4.
- **Butterflies in stomach** 5
- **Dry mouth** <u>ဖ</u>
- Nausea or feeling as though you wanted to vomit 7.

### CARD BC

K8, L7, M8, N8

- 1. Less than 2 weeks
- 2 weeks but less than 6 months 7
- 6 months but less than 1 year 1 year but less than 2 years 4.

က

2 years or more 5

Rarely 6

Sometimes က

Often 4.

Very often 5.

Strongly agree

Slightly agree 7

Slightly disagree რ

Strongly disagree 4.

Adhdwrap, adhdorg, adhdapp, adhdavd, adhdsit, adhdmot

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Centre, Social
Information
& Social Care
9, The Health
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Work2, JCQ1 - JCQ6

Intuart2, q1-q50 CARD BG	ache	aisle bouquet psalm	courteous	equivocal naive catacomb	gaoled thyme heir	radix assignate hiatus	subtle procreate gist	gouge superfluous simile	banal quadruped cellist	facade zealot drachm	aeon placebo abstemious	détente idyll puerperal	aver gauche topiary	leviathan beatify prelate	sidereal demesne syncope	labile campanile
CARD BF	Often	Sometimes		Seldom	Never / almost never											

4.

က

<u>ار</u>

Trauma1

### CARD BH

- Serious illness, injury or assault to yourself
- Serious illness, injury or assault to a close relative તં
- Death of an immediate family member of yours က
- Death of a close family friend or other relative, like an aunt, cousin or grandparent 4.
- Separation due to marital difficulties, divorce or steady relationship broken down 5
- Serious problem with a close friend, neighbour or relative 6
- None of these 7

TR1Whn,

### **CARD BJ**

- Within last 6 months
- More than 6 months ago, but since the age of 16 7
- More than 6 months ago, and before the age of က

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Trauma2

### CARD BK

TR2Whn

- 1. Being made redundant or sacked from your job
- Looking for work without success for more than
   1 month
- 3. Major financial crisis, like losing the equivalent of 3 months income
- 4. Problem with police involving court appearance
- 5. Something you valued being lost or stolen
- 6. None of these

### CARD BL

. Within last 6 months

- 2. More than 6 months ago, but since the age of 16
- More than 6 months ago, and before the age of 16

### **CARD BM**

- Bullying
- Violence at work <u>ر</u>
- Violence in the home რ
- Sexual abuse 4.
- Being expelled from school 5
- Running away from your home 6
- Being homeless 7
- None of these œ

TR3Whn,

### **CARD BN**

- Within last 6 months
- More than 6 months ago, but since the age of 16 તં
- More than 6 months ago, and before the age of 16 က

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RStrong

#### **CARD BQ**

Weakly held Strongly held

0 4 5 6 8 10

6

**Certainly true** က

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ImpPrac

#### **CARD BR**

Not necessary Essential

0 1 2 3 4 5 6 7 8 9 10

Belong - Green

CARD BT

1. Strongly agree

2. Somewhat agree

3. Neither agree nor disagree

4. Somewhat disagree

5. Strongly disagree

CARD BU

Clubs

1. Sports or sport supporters club

2. Hobby or interest group

3. Political party

4. Neighbourhood watch scheme

5. Parent Teacher Association

6. Tenants' group

7. Residents' group

8. Neighbourhood council

9. Religious group

10. Other local group

11. None of these

### CARD BV

Origin

White – British White – Irish 3. Any other white background

4. Mixed – White and Black Caribbean

5. Mixed – White and Black African

6. Mixed – White and Asian

. Any other mixed background

8. Asian or Asian British - Indian

9. Asian or Asian British - Pakistani

10. Asian or Asian British - Bangladeshi

11. Any other Asian/Asian British background

2. Black or Black British - Caribbean

13. Black or Black British - African

14. Any other Black/Black British background

15. Chinese

16. Other

CARD BW

HiQuals

Degree (or degree level qualification) or NVQ Level 5

 Higher educational qualification below degree level or NVQ Level 4

3. A levels or highers or ONC/OND/BEC/TEC or NVQ Level 3 or BTEC National or GNVC (Advance Level)

4. O level/GCSE grade A-C or CSE grade 1 or Standard Grade level 1-3 or NVQ Level 2 or BTEC First or GNVQ (Intermediate level)

5. CSE grades 2-5 or GCSE grade D-G or Standard Grade level 4-6 or NVQ Level 1 or GNVQ (Foundation Level)

6. CSE Ungraded

7. Other qualifications (specify)

8. No formal qualifications

Benefits

### **CARD BX**

- . Child Benefit
- 2. One Parent Benefit
- 3. Guardian's Allowance
- 4. Invalid Care Allowance
- 5. Retirement pension (National Insurance) or old person's pension
- 6. Widow's pension or allowance (National Insurance)
- 7. War disablement pension
- 8. Severe disablement allowance (and related allowances)
- 9. Disability working allowance
- 10. None of these

CareBen

### CARD BY

- 1. Care component of Disability Living Allowance
- 2. Mobility component of Disability Living Allowance
- 3. Attendance Allowance
- 4. Disability Living Allowance unsure if Care and/or Mobility components
- 5. None of these

Matern	CARD CA	1. Maternity Allowance	2. Statutory Maternity Pay from your employer of former employer	3. Neither of these							
	CARD BZ	Jobseekers Allowance	Income support	Working tax credit/ Child tax credit (not received in a lump sum)	Incapacity Benefit	Statutory sick pay	Industrial injury disablement benefit	None of these			

IncBen

7

က

4.

5.

6

7.

Other

### CARD CB

- . Working tax credit/ Child tax credit (paid in a lump sum)
- 2. A grant from the Social Fund for funeral expenses
- 3. A grant from the Social Fund for maternity expenses
- 4. A Community Care grant from the Social Fund
- 5. Back to work bonus
- 6. Widows payment (lump sum)
- 7. Any National Insurance or State benefit not mentioned earlier
- 8. None of these

SrcInc

### CARD CC

- 1. Earnings from employment or self-employment
- 2. Pension from former employer
- 3. Interest from savings, shared etc.
- 4. Other kinds of regular allowance from outside the household
- 5. Other sources e.g. rent
- 6. None of these

Gross, Gross4, Gross4a

### CARD CD

ANNUAL	Less than £520	£520 less than £1,039	£1,040 less £1,559	£1, 560 less than £2,079	£2,080 less than £2,599	£2, 600 less than £2,119	£3,120 less than £3,639	£3,640 less than £4,159	£4,160 less than £4,679	£4,680 less than £5,199	£5,200 less than £6,239	£6,240 less than £7,279	£7,280 less than £8,319	£8,320 less than £9,359	£9,360 less than £10,399	£10,400 less than £11,399	£11,440 less than £12,479	£12,480 less than £13,519	£13,520 less than £14,559	£14, 560 less than £15,559	£15,600 less than £16,639	£16,640 less than £17,679	£17, 680 less than £18,719	£18, 720 less than £19,759	£19,760 less than £20,799	£20,800 less than £23,399	£23,400 less than £25,999	£26,000 less than £28,599	£28,600 less than £31,199	£31,200 less than £33,799	£33,800 less than £36,399	£36,400 or more
MONTHLY	Less than £43	£43 less than £85	£86 less than £129	£130 less than £172	£173 less than £216	£217 less than £259	£260 less than £302	£303 less than £346	£347 less than £389	£390 less than £432	£433 less than £519	£520 less than £606	£606 less than £692	£693 less than £779	£780 less than £866	£867 less than £952	£953 less than £1,039	£1,040 less than £1,126	£1,127 less than £1,212	£1,213 less than £1,299	£1,300 less than £1,386	£1,387 less than £1,472	£1,473 less than £1,559	£1,560 less than £1,646	£1,647 less than £1,732	£1,733 less than £1,949	£1950 less than £2,166	£2,167 less than £2,382	£2,383 less than £2,599	£2,600 less than £2,816	£2,817 less than £3,032	£3,033 or more
WEEKLY	1. Less than £10	<b>2.</b> £10 less than £19	3. £20 less than £29	<b>4.</b> £ 30 less than £39	<b>5.</b> £40 less than £49	<b>6.</b> £50 less than £59	7. £60 less than £69	8. £70 less than £79	<b>9.</b> £80 less than £89	<b>10.</b> £90 less than £99	11. £100 less than £119	<b>12.</b> £120 less than £139	<b>13.</b> £140 less than £159	<b>14.</b> £160 less than £179	<b>15.</b> £180 less than £199	16. £200 less than £219	<b>17.</b> £220 less than £239	<b>18.</b> £240 less than £259	<b>19.</b> £260 less than £279	<b>20.</b> £280 less than £299	<b>21.</b> £300 less than £319	<b>22.</b> £320 less than £339	23. £340 less than £359	<b>24.</b> £360 less than £379	<b>25.</b> £380 less than £399	<b>26.</b> £400 less than £449	<b>27.</b> £450 less than £499	28. £500 less than £549	29. £550 less than £599	<b>30.</b> £600 less than £649	<b>31.</b> £650 less than £699	<b>32.</b> £700 or more

G4high, G4aHigh

### CARD CE

,	£36 400 to £36 999	,   	£130 000 to £134 999
=		<del>;</del>	200,000
7	£37,00 to £37,999	32.	£135,000 to £139,999
က်	£38,000 to £38,999	33.	£140,000 to £144,999
4	£39,000 to £39,999	34.	£145,000 to £149,999
ć.	£40,000 to £40,999	35.	£150,000 to £154,999
ý.	£41,000 to £41,999	36.	£155,000 to £159,999
7.	£42,000 to £42,999	37.	£160,000 to £164,999
ωi	£43,000 to £43,999	38.	£165,000 to £169,999
6	£44,000 to £44,999	39.	£170,000 to £174,999
10.	£45,000 to £45,999	40.	£175,000 to £179,999
<b>±</b>	£46,000 to £46,999	41.	£180,000 to £184,999
15.	£47,000 to £47,999	42.	£185,000 to £189,999
13.	£48,000 to £48,999	43.	£190,000 to £194,999
4	£49,000 to £49,999	4.	£195,000 to £199,999
15.	£50,000 to £54,999	45.	£200,000 to £209,999
16.	£55,000 to £59,999	46.	£210,000 to £219,999
17.	£60,000 to £64,999	47.	£220,000 to £229,999
8.	£65,000 to £69,999	48.	£230,000 to £239,999
19.	£70,000 to £74,999	49.	£240,000 to £249,999
70.	£75,000 to £79,999	50.	£250,000 to £259,999
21.	£80,000 to £84,999	51.	£260,000 to £269,999
22.	£85,000 to £89,999	52.	£270,000 to £279,999
23.	£90,000 to £94,999	53.	£280,000 to £289,999
24.	£95,000 to £99,999	54.	£290,000 to £299,999
25.	£100,000 to £104,999	55.	£300,000 to £319,999
26.	£105,000 to £109,999	56.	£320,000 to £339,999
27.	£110,000 to £114,999	57.	£340,000 to £359,999
28.	£115,000 to £119,999	58.	£360,000 to £379,999
29.	£120,000 to £124,999	59.	£380,000 to £399,999
30.	£125,000 to £129,999	.09	£400,000 or more

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Built	CARD CG	1. Before 1900	2. 1900 – 1949	3. 1950 – 1976	4. 1977 – 1989	5. 1990 – 2002	6. 2003 – later		
	CARD CF	Own outright	Buying it with the help of a mortgage or loan			Rent it	Live here rent-free (including rent-free in relative's/friend's property; excluding squatting)	Squatting	
E	IenI	<del>-</del>	6	က်		4.	5.	6.	

1	
	<u>5</u>
2	
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Glaze

Yes, all windows

Yes, most windows 7

Yes, about half of the windows რ

Yes, a few of the windows 4.

å 5

CARD CJ

Moulx

**Living room** 

Kitchen 7 Bathrooms, toilets or shower rooms ო

Children's bedrooms Adult's bedrooms 4.

5

All rooms

<u>ن</u>

TypHeat

### CARD CK

Central

- 1. Central heating
- Night storage heater/s **%**
- Fixed room heater/fire (Gas or electric) ო
- Open fire/s or stove/s 4.
- Portable heaters (Electric, Bottled gas/paraffin or Oil-filled) 5
- Other <u>ن</u>
- No heating 7.

### CARD CL

- Gas boiler with radiators
- Oil boiler with radiators <u>ر</u>
- Solid fuel boiler with radiators ო
- Gas fired warm air heating 5.

Night (electric) storage heaters

4.

- Oil fired warm air heating <u>ن</u>
- **Under-floor heating**

### CARD CM

- Portable electric heaters
- Portable oil-filled heaters 7
- Portable bottled gas heaters က
- Portable paraffin heaters 4.

Useheat

### CARD CN

- 1. Central heating
- Night storage heater/s 7
- Fixed room heater/fire (Gas or electric) რ
- Open fire/s or stove/s 4.
- Portable heaters (Electric, Bottled gas/paraffin or Oil-filled) 5
- Other <u>ن</u>
- No heating 7

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InDebt

## CARD CP

- I. Rent
- 2. Gas
- 3. Electricity
- 4. Water
- 5. Goods on hire purchase
- . Mortgage repayments
- . Council tax
- 3. Credit card payments
- 9. Mail order catalogue payments
- 0. Telephone/mobile phone
- 11. Other loans
- 12. TV Licence
- 13. Road tax
- 14. Social Fund loan
- 15. Child support or Maintenance
- 16. None of these

## CARD CQ

Borrow

Pawnbroker

- Money lender
  - . Moley let
- 3. Friend(s)
- 4. Family
- 5. None of these



SERIAL NUMBER

# The National Study of Health and Wellbeing



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# NATIONAL STUDY OF HEALTH and WELLBEING 2006/7

## **NHS Central Register**

- The NHS Central Register lists all the people in the country and their National Health Service (NHS) number.
- We would like to ask for your consent for us to send your name, address and date of birth to the National Health Service Central Register. A marker will be put against your name to show that you took part in the National Study of Health and Wellbeing.
- If a person who took part in the National Study of Health and Wellbeing dies, the cause of death will be linked with their answers to the survey. By linking this information the research is more useful as we can look at how people's lifestyle can have an impact on their future health.
- This information will be confidential and used for research purposes only.
- By signing this form you are only giving permission for the linking of this information to routine administrative data and nothing else. We will not be able to obtain any other details from your medical records.
- You can cancel this permission at any time in the future by writing to us at the following address: Joanne Phillipson, Operations Department, 101-135 Kings Road, Brentwood, Essex CM14 4LX.

	I, (name) consent to the National Centre for Social Research passing my name, address and date of birth to the <i>National Health Service Central Register</i> . I understand that information held by <i>the NHS Central Register</i> may be used to keep in touch with me and follow up my health status.	Date
Your consent	I, (name)	Signed

I understand that these details will be used for research purposes only.





#### The National Study of Health and Wellbeing **Useful Contacts**

There may be times in everyone's life when they feel miserable and depressed. At such times they might feel that they cannot cope. When people feel like this it is important that they talk to someone and seek help.

If you should feel like this, or if you are concerned for someone else, here are some contacts which might be useful.

#### For local help:

- A GP (General Practitioner). A person's GP will be able to provide help and advice and can provide access to appropriate specialist service and local organisations.
- There will also be many local organisations providing a range of services including support groups, help lines and information. Details can be obtained from your GP, your local library, or they may be listed in the telephone directory

The national organisations listed below may also be able to put you in touch with local groups:

#### The Samaritans

The Samaritans provide a confidential service for people in despair and who feel suicidal. 24 hour emergency line: 08457 90 90 90 www.samaritans.org.uk

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#### MIND (National Association for Mental Health)

Offers confidential help on a range of mental health issues. 0845 7660163 Mon-Fri 9.15am - 5.15pm www.mind.org.uk

#### Supportline

Confidential telephone helpline offering emotional support to any individual on any issue including child abuse, bulllying, eating disorders, domestic violence, rape, mental health, depression, anxiety and addictions. 020 8554 9004

www.supportline.org.uk

Provides information and support to people who suffer from all forms of mental illness and their friends and families. 0845 7678000

www.sane.org.uk

#### NHS Direct

Provides help and advice from a qualified nurse on a wide range of health problems and issues. 0845 4547

www.nhsdirect.nhs.uk

#### **Alzheimer's Disease Society**

Provides support for people with dementia and for the people who care for them. 020 7306 0606

www.alzheimers.org.uk

• National Domestic Violence Helpline
Provides access to 24-hour emergency refuge accommodation as well as an information service. 0808 2000 247

#### **Cruse Bereavement Care**

Offers help, including a free counselling service, for bereaved people whatever their age, nationality or beliefs. 0870 1671677

www.crusebereavementcare.org.uk

 National Gay and Lesbian Switchboard
Helpline and information service for lesbians, gay men and bisexual people. 0207 837 7324 (24 hours)

#### Citizens Advice Bureau

Helps people resolve their legal money & other problems providing them with free information and advice.
For local offices see the listings in your local phonebook. www.adviceguide.org.uk

#### **Alcoholics Anonymous**

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism. 0845 7697555

www.alcoholics-anonymous.org.uk

• National Drugs Helpline Free and confidential phone service that offers advice and information for those who are concerned, or have questions about drugs 0800 77 66 00

#### **Narcotics Anonymous**

A fellowship of men and women for whom drugs have become a major problem. The only requirement for membership is the desire to stop using drugs. 0845 3733366 or 020 7730 0009 www.ukna.org

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#### **Gamblers Anonymous**

A fellowship of men and women who have joined together to do something about their own gambling problem and to help other compulsive gamblers to do the same. 08700 508880

www.gamblersanonymous.org.uk

#### Victim Support line

Provides help and information to anyone who has been affected by a crime, including domestic violence and sexual assault. 0845 30 30 900 www.victimsupport.org

#### NSPCC

Provides information, advice and counselling to anyone concerned about a child's safety. 0800 1111

www.nspcc.org.uk

#### Association for Post-Natal Illness Provides support to mothers suffering from PNI.

020 7386 0868 www.apni.org

#### Trauma Support Centre

Support and advice to those suffering from post-traumatic stress disorder. 020 8462 5590 or 020 8462 5030 www.traumatic-support.org.uk

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# The National Study of Health and Wellbeing

Some useful numbers:

Alcoholics Anonymous: 0845 769 7555

National Drugs Helpline:



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The National Centre for Social Research 35 Northampton Square

London EC1V 0AX

Website: www.natcen.ac.uk

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Operations Department
Kings House 101-135 Kings Road
Brentwood Essex CM14 4LX
Tel. 01277 200 600

Our ref: P2550

We are very grateful that you took part in the National Study of Health and Wellbeing.

Your contribution was invaluable and we hope you enjoyed taking part. All the information you provided in the interview will be treated in strict confidence.

If you have any queries, please do not hesitate to contact a member of the research team. You can call the number above and ask for me, Joanne Phillipson.

Once again thank you for taking part in the study.

Yours sincerely,



Joanne Phillipson Project Controller

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## Appendix F Publications using data from the psychiatric morbidity survey series



#### 2008

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## Glossary of survey terms and definitions

### ADHD (attention deficit hyperactivity disorder)

Attention deficit hyperactivity disorder (ADHD) is a life-long condition characterised by sustained and excessive problems with organisation, sustaining attention in activities that require cognitive involvement, hyperactivity, restlessness and impulsiveness to the extent that it significantly interferes with everyday life.

Also see **ASRS** (Adult ADHD Self-Report Scale - v1.1).

#### Adults

Adults were defined as people aged 16 and over.

#### Agestandardisation

Age-standardisation has been used in order to enable different groups to be compared after adjusting for the effects of any differences in their age distributions. When different sub-groups are compared in respect of a variable on which age has an important influence, any differences in age distributions between these sub-groups are likely to affect the observed differences in the proportions of interest.

Age-standardisation was carried out, using the direct standardisation method. The standard population to which the age distribution of sub-groups was adjusted was the Office for National Statistics 2006 mid-year household population estimates for England. Age-standardisation was carried out using the following age groups: 16-24, 25-34, 35-44, 45-54, 55-64, 65-74 and 75 and over.

Age-standardisation was not applied where a variable did not have respondents for every cell in every age band. For example, because there were no widowed men aged 16-24, age-standardisation was not applied to analysis by marital status. In addition, it was often not applied to the treatment and service use tables because of the small sample size of the disordered group (where it was less than 100). All age-standardised tables are labelled as such in the title. See Sections 13.8.4 and 13.8.5 in the Methods Chapter for more detail.

#### Alcohol dependence

Alcohol misuse was measured using two different instruments. First the Alcohol Use Disorders Identification Test (AUDIT) was used to assess hazardous and harmful drinking. Then those who scored 10 or above on the AUDIT were also asked the Severity of Alcohol Dependence Questionnaire - Community (SADQ-C). People who scored four or more on the SADQ-C were considered to be dependent on alcohol.

Also see harmful alcohol use and hazardous alcohol use.

#### **Anxiety disorders**

Anxiety disorders include generalised anxiety disorder (GAD), panic disorder, phobias and obsessive compulsive disorder (OCD).

Also see common mental disorders.

### ASPD (antisocial personality disorder)

DSM-IV characterises antisocial personality disorder is a pervasive pattern of disregard for and violation of the rights of others that has been occurring in the individual since the age of 15 years, as indicated by three (or more) of seven criteria:

- A failure to conform to social norms;
- · Irresponsibility;
- · Deceitfulness;
- Indifference to the welfare of others;
- Recklessness:
- A failure to plan ahead; and
- · Irritability and aggressiveness.

#### Also see personality disorder.

#### ASRS (Adult ADHD Self-Report Scale-V1.1)

The Adult ADHD Self-Report Scale-V1.1 (ASRS) was used in the APMS 2007 survey to estimate the prevalence of possible ADHD. The six item ASRS screen is a shortened version of the 18 item Symptom Checklist scale measuring the frequency of recent DSM-IV Criterion A symptoms of adult ADHD.

#### Also see ADHD (attention deficit hyperactivity disorder).

### BPD (borderline personality disorder)

According to the DSM-IV diagnostic criteria for borderline personality disorder (BPD), the key features are instability of interpersonal relationships, self-image and mood, combined with marked impulsivity, beginning in early adulthood. It is indicated by five (or more) of the following criteria:

- · Frantic efforts to avoid real or imagined abandonment;
- Pattern of unstable and intense personal relationships;
- Unstable self image;
- Impulsivity in more than one way that is self-damaging (e.g. spending, sex, substance abuse, binge eating, reckless driving);
- Suicidal or self harming behaviour;
- · Affective instability;
- · Chronic feelings of emptiness;
- Anger; and
- Paranoid thoughts or severe dissociative symptoms (quasi psychotic).

#### Also see personality disorder.

#### CIS-R (Clinical Interview Schedule - Revised)

The CIS-R is an instrument designed to measure neurotic symptoms and disorders, such as anxiety and depression. It comprises of 14 sections each covering a particular type of neurotic symptom. Scores are obtained for each symptom based on frequency, duration and severity in the last week. Individual symptoms scores can be summed to provide an overall score for the level of neurotic symptoms. A score of 12 of more indicates the presence of significant levels of neurotic symptoms while a score of 18 or more indicates symptoms of a level likely to require treatment. Diagnoses of six specific neurotic disorder were obtained by looking at answers to the various sections of the CIS-R and applying algorithms based on the ICD-10 diagnostic criteria for research. The six categories of neurotic disorder are:

- Generalised anxiety disorder (GAD);
- Mixed anxiety and depressive disorder;
- Depressive episode (mild, moderate or severe);
- Phobias;
- Obsessive-compulsive disorder (OCD); and
- Panic disorder.

Also see common mental disorders and neurotic symptoms.

#### disorders (CMDs) sleep problems, forgetfulness and concentration difficulties, irritability, worry, panic, hopelessness, and obsessions and compulsions, which present to such a degree that they cause problems with daily activities and distress. The prevalence of neurotic symptoms in the week prior to interview was assessed using the revised version of the Clinical Interview Schedule (CIS-R). A score of 12 or more indicates the presence of significant neurotic symptoms while a score of 18 or more indicates symptoms of a level likely to require treatment. Also see CIS-R (Clinical Interview Schedule – Revised). **Community care** Community care services included the following in the past year: a services psychiatrist, psychologist, community psychiatric nurse, community learning difficulty nurse, other nursing services, social worker, self help/support group, home help/homecare worker or outreach worker. Comorbidity The co-occurrence of two (or more) different conditions. Comorbidity is associated with increased severity and longer duration of disorders, greater functional disability and increased use of health services. In this report this refers to psychiatric comorbidity only. **Conditional** Conditional probability is the probability of one event, given that probability another has occurred. The conditional probability presented in the PTSD chapter is the probability of screening positive for current PTSD given that a trauma has occurred in adulthood. It is based on the most recent trauma, but for some respondents that could be an event that occurred many years ago. It is quite possible that a respondent experienced PTSD as a result of their most recent trauma, are now in remission and no longer symptomatic. The measure of conditional probability presented therefore will be an underestimate compared with that used on most other studies and should not be compared. It will be most misleading for analysis by age, but more useful for comparing vulnerability to development of PTSD given exposure in other groups, especially where the results are age standardised. Also see PTSD (posttraumatic stress disorder), Trauma, and TSQ (Trauma Screening Questionnaire). Current treatment for a mental or emotional problem included currently **Current treatment** receiving any psychoactive medication, counselling or talking therapy, for a mental or for a mental, nervous or emotional problem. emotional problem Day care services Day care services included community mental health centre, day activity centre, sheltered workshop and other nursing services in the past year. **Depot injection** When antipsychotic medication is given by injections on a monthly basis, these are sometimes termed depot injections. **Depressive** Depressive symptoms include low mood and loss of interest and enjoyment in ordinary things and experiences. symptoms **Drug dependence** Dependence syndrome is defined in ICD-10 as 'a cluster of behavioural, cognitive, and physiological phenomena that develop after repeated substance use and that typically include a strong desire to take the drug, difficulties in controlling its use, persisting in its use despite harmful consequences, a higher priority given to drug use than to other activities and obligations, increased tolerance, and sometimes a physical withdrawal state'.

A threshold of three or more of the following occurring in the past 12

These are characterised by a variety of symptoms such as fatigue and

**Common mental** 

months is required for a diagnosis:

- Impaired capacity to control substance-taking behaviour;
- Increased tolerance:
- Withdrawal symptoms; and
- Persistent substance use despite evidence of harm.

#### DSM-IV (Diagnostic and Statistical Manual of Mental Disorders)

The Diagnostic and Statistical Manual of Mental Disorders, fourth edition (DSM-IV) is a manual that categorises currently recognised mental health disorders.

#### **Eating disorder**

Eating disorders are disorders are characterised by a persistent and severe disturbance in eating attitudes and behaviour, to an extent that it significantly interferes with everyday functioning. Three main subtypes of eating disorder are identified by the DSM-IV: anorexia nervosa, bulimia nervosa, and eating disorder not otherwise specified (EDNOS).

#### Also see SCOFF.

#### **Economic activity/ employment status**

Economically active people are those over the minimum school-leaving age who were working or unemployed in the week before the week of the interview. These people constitute the labour force.

#### **Employed**

This category includes people aged 16 and over who, in the week before the week of the interview, worked for wages, salary or other form of cash payment such as commission or tips, for any number of hours. It covers people absent from work in the reference week because of holiday, sickness, strike or temporary lay-off, provided they had a job to return to with the same employer. It also includes people attending an educational establishment during the specified week if they were paid by their employer while attending it, people who worked in Government training schemes and unpaid family workers.

People are excluded if they have worked in a voluntary capacity for expenses only, or only for payment in kind, unless they worked for a business, firm or professional practice owned by a relative. Full-time students are classified as 'working', 'unemployed' or 'inactive' according to their own reports of what they were doing during the reference week.

#### Unemployed people

This survey used the International Labour Organisation (ILO) definition of unemployment. This classifies anyone as unemployed if he or she was out of work in the four weeks before interview, or would have been but for temporary sickness or injury, and was available to start work in the two weeks after the interview. Otherwise, anyone out of work is classified as economically inactive.

The treatment of all categories in this survey is in line with that used in the Labour Force Survey (LFS).

#### Economically inactive

The 'economically inactive' group includes students, and those looking after home, long term sick or disabled, or retired.

#### **Educational level**

Educational level was based on the highest educational qualification reported and was grouped as follows:

#### Degree / teaching / HND / nursing

Degree (or degree level qualification) NVQ Level 5

Teaching qualification

HNC/HND, BRC/TEC Higher, BTEC Higher, City and Guilds Full Technological Certificate, Nursing Qualifications (SRN, SCM, RGN, RM, RHV, Midwife) NVQ Level 4

#### A Level or equivalent

A levels, SCE Higher

ONC/OND/BEC/TEC not higher

City and Guilds Advanced/Final Level

**BTEC National** 

GNVQ (Advanced Level)

Youth Award - Platinum

NVQ Level 3

#### **GCSE** or equivalent

GCSE (Grades A-C)

O level passes (Grade A-C if after 1975)

CSE (Grades A-C)

CSE Grade 1

SCE Ordinary (Bands A-C)

Standard Grade (Level 1-3)

SLC Lower

SUPE Lower or Ordinary

School Certificate or Matric

City and Guilds Craft/Ordinary Level

**BTEC First** 

GNVQ (Intermediate Level)

NVQ Level 2

Youth Award - Gold

CSE Grades 2-5

GCE O level (Grades D & E if after 1975)

GCSE (Grades D,E,F,G)

SCE Ordinary (Bands D & E)

Standard Grade (Level 4,5)

Clerical or Commercial qualifications

Apprenticeship

**GNVQ** (Foundation Level

**NVQ Level 1** 

Youth Award - Bronze or Silver

**CSE Ungraded** 

#### Foreign/other qualifications

#### No qualifications

#### **Equivalised** household income

Making precise estimates of household income, as is done for example in the Family Resources Survey, requires far more interview time than available to this survey. Household income was thus established by means of a show card (see Appendix E) on which banded incomes were presented. Information was obtained from the selected respondent, although they were encouraged to seek further

information from the household reference person when this was someone other than the respondent.

Initially the respondent was asked to state their own aggregate gross income, and were then asked to estimate the total household income including that of any other people in the household. Household income can be used as an analysis variable, but there has been interest in using measures of equivalised income that adjust income level to take account of the number of people in the household. Methods of doing this vary in detail: the starting point is usually an exact estimate of net income, rather than the banded estimate of gross income obtained in the APMS 2007. The method used in the present report utilises the widely used McClemens scoring system, described below.

1. A score was allocated to each household member, and these were added together to produce an overall household McClemens score. Household members were given scores as follows:

<ul> <li>First adult</li> </ul>	0.61
<ul> <li>Spouse/partner</li> </ul>	0.39
<ul> <li>Other second adult</li> </ul>	0.46
<ul> <li>Third adult</li> </ul>	0.42
<ul> <li>Subsequent adults</li> </ul>	0.36
<ul> <li>Dependant aged 0-1</li> </ul>	0.09
<ul> <li>Dependant aged 2-4</li> </ul>	0.18
<ul> <li>Dependant aged 5-7</li> </ul>	0.21
<ul> <li>Dependant aged 8-10</li> </ul>	0.23
• Dependant aged 11-12	0.25
• Dependant aged 13-15	0.27
<ul> <li>Dependant aged 16+</li> </ul>	0.36

- 2. The equivalised income was derived as the annual household gross income divided by the McClemens score. Where information on annual household gross income was not available, this was replaced with annual individual gross income.
- 3. This equivalised annual income was attributed to all members of the household, including children.
- 4. Households were ranked by equivalised income, and quintiles q1 q5 were identified. Because incomes were obtained in banded form, there were clumps of households with the same income spanning the quintiles. It was decided not to split clumps but to define the quintiles as 'households with income up to q1', 'over q1 up to q2' etc.

Equivalised household income quintiles and corresponding income groups:

• Lowest quintile <£10,575

• 4th quintile >=£10575 <£16,195 • 3rd quintile >=£16,195 <£24,700 • 2nd quintile >=£24,700 <£40,384

• Highest quintile >=£40,384

5. All individuals in each household were allocated to the equivalised household income quintile to which their household had been allocated. Insofar as the mean number of people per household may vary between quintiles, the numbers in the quintiles will be equal. Inequalities in numbers are also introduced by the clumping referred to above, and by the fact that in any sub-group analysed the proportionate distribution across quintiles will differ from that of the total sample.

#### **Ethnicity**

Respondents identified their ethnicity according to one of fifteen groups. For analysis purposes these groups were subsumed under four headings: white, black, South Asian and other.

White - British

White - Irish

Any other white background

Black - Caribbean

Black - African

Any other black background

South Asian Indian

Pakistani Bangladeshi

Other Chinese

Mixed – white and black Caribbean
Mixed – white and black African

Mixed – white and Asian Any other mixed background

Other

Due to the heterogeneous nature of the 'other' ethnic group, which includes people of various mixed ethnic origins and Chinese, this category is generally not referred to in the text or charts in the chapters. It is included on tables for completeness.

#### **Gambling activities**

Examples of gambling activities were provided to indicate the range of types included:

- Buying lottery tickets or scratch cards for yourself;
- Playing games or making bets for money on the internet (online gambling)
- Playing football pools, bingo or fruit machines;
- Playing games or making bets with friends for money;
- · Betting on races and/or with a bookmaker; and
- Table games in a casino.

#### Also see problem gambling.

#### GOR (Government Office Region)

Government Office Region (GOR) is the key classification system used for regional statistics. There are nine Government Office Regions in England: North East, North West, Yorkshire and the Humber, East Midlands, West Midlands, East of England, London, South East and South West.

The nine category system has been used since 1998; however, GOR boundaries may change from year to year as they reflect administrative boundaries.

Also see **region** and **SHAC** (Strategic Health Authority).

#### Harmful alcohol use

Harmful alcohol users are those with the most hazardous use of alcohol, at which damage to health is likely. The damage may be physical (for example in terms of liver damage or alcohol induced falls) or mental (for example depressive episodes after heavy consumption of alcohol).

Also see alcohol dependence and hazardous alcohol use.

#### Hazardous alcoholuse

Hazardous alcohol use is defined as an established pattern of drinking which brings the risk of physical and psychological harm. The prevalence in the previous year was assessed using the Alcohol Use

Also see alcohol dependence and harmful alcohol use.

#### Health care services

The health care services used variables included an inpatient stay or outpatient visit in the past quarter, or spoken with a GP in the past year, for a mental or emotional reason. The time frame therefore varied and so it is important to note that this variable does not represent all health care services used for a mental or emotional problem in the past year.

#### **Health conditions**

The APMS 2007 survey adopted a show card approach in measuring self-reported general health and long standing illness. Respondents were asked to identify which (if any) of the conditions listed below they had had since the age of 16.

- Cancer
- Diabetes
- Epilepsy/fits
- Migraine or frequent headaches
- Dementia or Alzheimer's disease
- · Anxiety, depression or other mental health issue
- Cataracts/eyesight problems (even if corrected with glasses or contacts)
- Ear/hearing problems (even if corrected with a hearing aid)
- Stroke
- Heart attack/angina
- High blood pressure
- Bronchitis/emphysema
- Asthma
- Allergies
- Stomach ulcer or other digestive problems
- Liver problems
- Bowel/colon problems
- Bladder problems/incontinence
- Arthritis
- Bone, back, joint or muscle problems
- Infectious disease
- Skin problems
- Other
- · None of these

#### **ICD-10**

The International Classification of Diseases and Related Health Problems 10th Revision (ICD-10) is a classification system for diseases and signs, symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organisation (WHO).

#### Income

#### Also see equivalised household income.

### LCA (Latent class analysis)

Latent Class Analysis (LCA) is a statistical technique for finding subtypes of related cases (latent classes) from multivariate categorical data. The analysis fits a model to the data that (a) identifies a given number of latent classes, and (b) generates probabilities, for each respondent, of their being in each class (one probability per class). An individual is then assigned to the class for which they have the highest probability. In this way, as with cluster analysis, it divides individual cases in a dataset (in this instance 'cases' are APMS respondents) into discrete non-overlapping groups.

Also see Appendix B for more detail of the process used in the comorbidity analysis.

#### **Marital status**

Respondents were categorised according to their self-reported legal marital status, this included a code for whether the respondent was in a legally recognised Civil Partnership with someone of the same sex.

Also see **age-standardisation** for an explanation of why analysis by this variable was not age standardised.

#### **Medications**

Current use of specific psychoactive medications was asked about using a series of showcards. These included all the most commonly prescribed preparations used in the treatment of mental health problems. Both generic and brand names were shown. Depot injections used in the treatment of psychosis were also included. Individual medications were grouped into the following categories:

Drugs used in Anti-**Hypnotics:** the treatment depressants: Planpak of psychosis: Prozac Mogadon Largactil Lustral Buspar Stelazine Seroxat **Anxiolytics:** Haldol Efexor Valium Risperdal Nardil Ativan Zyprexa Manerix Librium Clozaril Tryptizol Priadel Tofranil Dolmatil Anafranil Seroquel Prothiad Abilify Sinequan Depixol Cipramil Modecate Zispen Haldol Clopixol Risperdal consta

#### Drugs used in the treatment of ADHD:

Ritalin

Strattera

Not all drugs used in the treatment of ADHD were asked about, only two of the most commonly prescribed preparations were included.

#### Any medication:

Included whether the respondent was taking any of the psychoactive medications listed, including depot injections.

#### **Neurotic symptoms**

The CIS-R comprises 14 sections, each covering a particular area of neurotic symptoms as follows:

- Somatic symptoms are characterised by a physical ache or pain/discomfort that cannot be attributed to a medical condition or to the use of drugs. Somatic symptoms often interfere significantly with a person's ability to perform important activities.
- Fatigue the emphasis is on feelings of bodily or physical weakness and exhaustion after only minimal effort, accompanied by a feeling of muscular aches and pains and inability to relax. A variety of other unpleasant physical feelings is common, such as dizziness, tension headaches, and feelings of general instability.
- Concentration and forgetfulness this includes the inability to concentrate without the mind wandering and forgetting something important to the extent that it interferes with a person's ability to perform daily activities.

- Sleep problems are characterised by a disturbance in the person's amount of sleep, quality or timing of sleep, or in behaviours or physiological conditions associated with sleep.
- Irritability is associated with feeling short tempered and angry to the extent that it results in arguments or quarrels.
- Worry about physical health this is defined by feelings of worry about a physical/serious physical illness to the extent that an individual is unable to take their mind off their health worries.
- Depression is characterised by a lowering of mood, reduction of energy, and decrease in activity. Capacity for enjoyment, interest, and concentration is reduced, and marked tiredness after even minimum effort is common.
- Depressive ideas are characterised by loss of self-esteem and ideas of worthlessness or guilt. Suicidal thoughts are common.
- Worry is associated with a persistent feeling of worry about things (other than physical health).
- Anxiety is defined as generalised and persistent but not restricted to, or even strongly predominating in, any particular environmental circumstances. The dominant symptoms are variable but include complaints of persistent nervousness, trembling, muscular tensions, sweating, light-headedness, palpitations, dizziness, and discomfort.
- Phobias are a group of disorders in which anxiety is evoked only, or predominantly, in certain well-defined situations that are not currently dangerous. As a result, these situations are characteristically avoided or endured with dread. Individual symptoms include palpitations or feeling faint and are often associated with secondary fears of dying, losing control, or going mad.
- Panic the essential feature is recurrent attacks of severe anxiety (panic), which are not restricted to any particular situation or set of circumstances and are therefore unpredictable. The dominant symptoms include sudden onset of palpitations, chest pain, choking sensations, dizziness, and feelings of unreality.
- Compulsions are repetitive, purposeful and ritualistic behaviours or mental acts, performed in response to obsessive intrusion and to a set of rigidly prescribed rules.
- Obsessions are defined as recurrent and persistent thoughts, impulses or images that are intrusive and inappropriate and cause anxiety or distress.

Neurotic symptoms are not reported on in the APMS 2007 report, but are included in the archived dataset.

Also see **common mental disorders** and **CIS-R** (Clinical Interview Scheduler – Revised).

#### **Percentile**

The value of a distribution which partitions the cases into groups of a specified size. For example, the 20th percentile is the value of the distribution where 20 per cent of the cases have values below the 20th percentile and 80 percent have values above it. The 50th percentile is the median.

#### **Personality disorder**

Personality disorder is 'an enduring pattern of inner experience and behaviour that deviates markedly from the expectation of the individual's culture, is pervasive and inflexible, has an onset in adolescence or early childhood, is stable over time, and leads to distress or impairment' (American Psychiatric Association, 1994). Two types of personality disorder were investigated: antisocial personality disorder (ASPD) and borderline personality disorder (BPD).

Also see antisocial (ASPD) and borderline personality disorder (BPD).

#### Problem gambling (including pathological gambling)

'Problem gambling' is gambling to a degree that compromises, disrupts or damages family, personal or recreational pursuits. Pathological gambling is a term used to describe a higher subset level of harmful impact that gambling can have on a gambler and on the people around him or her. A diagnosis of pathological gambling is made if a person meets at least five of the following criteria:

- Preoccupied with gambling
- · Needs to gamble with increasing amounts of money
- · Repeated unsuccessful efforts to cut back or stop gambling
- Restless or irritable when attempting to cut down or stop gambling
- Gambles as a way of escaping from problems or relieving a dysphoric mood
- After losing money gambling, often returns another day in order to get even
- Lies to conceal the extent of involvement with gambling
- Commits illegal acts to finance gambling
- Jeopardises a significant relationship, job, or opportunity because of gambling
- Relies on others to provide money to relieve a desperate financial situation caused by gambling.

Also see gambling activities.

#### Psychiatric morbidity

The expression 'psychiatric morbidity' refers to the degree or extent of the prevalence of mental health problems within a defined area.

#### **Psychoses**

These are disorders that produce disturbances in thinking and perception that are severe enough to distort the person's perception of the world and the relationship of events within it. Psychoses are normally divided into two groups: organic psychoses, such as dementia and Alzheimer's disease, and functional psychoses, which mainly cover schizophrenia and manic depression. The disorders discussed in Chapter 5 are based on the World Health Organisation's International Classification of Diseases chapter on Mental and Behavioural Disorders (ICD-10) Diagnostic Criteria for Research (DCR) and consist mainly of two types: Schizophrenia and affective psychosis such as bi-polar disorder.

Two measures of psychosis are presented in the chapter: 'probable psychosis' (consistent with the approach used in the 2000 survey) and 'psychotic disorder'. These are defined in Section 5.2.2 in Chapter 5.

#### PTSD (Posttraumatic stress disorder)

Posttraumatic stress disorder (PTSD) is distinct from other psychiatric illnesses in that its diagnosis requires exposure to a traumatic stressor (being actually involved in, witnessing or confronted with life endangerment, death, serious injury or threat to self or others) which is accompanied by feelings of intense fear, horror, or helplessness.

Also see **conditional probability**, **Trauma** and **TSQ** (Trauma Screening Questionnaire).

#### P value

A p value is the probability of the observed result occurring due to chance alone. A p value of less than 5% is conventionally taken to indicate a statistically significant result (p<0.05). It should be noted that

	the p value is dependent on the sample size, so that the large sample differences or associations which are very small may still be statistically significant. Results should therefore be assessed for their importance on the magnitude of the differences or associations as well as the p value itself.
Quintile	Quintiles are percentiles which divide a distribution into fifths, i.e. the 20th, 40th, 60th and 80th percentiles.
Region	Tables within chapters provide data for regional analysis both by Government Office Region (GOR) and Strategic Health Authorities (SHAs). The first eight columns represent GORs and SHAs of the same name, while the South East GOR (column nine) is divided into South East Coast SHA and South Central SHA, shown in the final two columns.
	Few disorders in this report varied significantly by region, and generally region is not referred to in the text of the chapters. A table presenting the breakdown of each disorder by region is included as this information may be useful for users of the data involved in regional service planning and provision.
	Also see $\mathbf{GOR}$ (Government Office Region) and $\mathbf{SHA}$ (Strategic Health Authority).
SCAN (Schedule for Clinical Assessment in Neuropsychiatry)	Schedule for Clinical Assessment in Neuropsychiatry version 2.1 (SCAN), a semi-structured interview that provides ICD-10 diagnoses of psychotic disorder.
SCID-II (Structured Clinical Interview for DSM-IV)	APMS 2007 adopts the DSM-IV classification of personality disorder and uses the Structured Clinical Interview for DSM-IV (SCID-II). The SCID-II is available as both a self-completion screen and as a semi-structured clinician administered face to face interview.
SCOFF	The SCOFF was administered to all APMS 2007 respondents as part of the self-completion section of the interview. The tool uses five questions from which the word SCOFF was devised, with yes/no response codes. The letters included in SCOFF represent the first letter of the words; Sick, Control, One stone, Fat, Food which are part of questions used to screen for a possible eating disorder.
	Also see eating disorder
Self-harm	Self-harm without suicidal intentions includes acts such as cutting, burning, swallowing objects, and other self inflicted injuries.
SHA (Strategic Health Authority)	From July 2006 a new configuration of Strategic Health Authorities (SHAs) was introduced in England, reducing the number of SHAs from 28 to 10. The boundaries are the same as those of the Government Office Regions with the exception of the South East, which has been divided into South East Coast SHA and South Central SHA.
	Also see <b>GOR</b> (Government Office Region) and <b>Region</b> .
Standardisation	In this report, standardisation refers to standardisation (or 'adjustment' by age (See age-standardisation).
Suicidal behaviour (includes suicidal	Suicidal thoughts refers to thinking about taking one's own life; it does not incorporate feelings about 'life not being worth living' or 'wishing to be doed'. Suicidal attempts are a term used to describe an attempt to

thoughts and

take ones life.

attempts)

be dead'. Suicidal attempts are a term used to describe an attempt to

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#### **Tetrachoric** correlation

Tetrachoric correlation analysis was undertaken to examine basic patterns of comorbidity between pairs of disorders. Tetrachoric correlation is appropriate for use with binary data and is used to estimate the Pearson correlation coefficient between two continuous, normally distributed variables from dichotomised versions of those variables. (The Pearson correlation coefficient is widely used as a measure of the strength of linear dependence between two variables).

Tetrachoric correlation coefficients can therefore be interpreted in much the same way as Pearson correlations. In interpreting the strength of a correlation, 0.5 or more is widely used in social sciences to indicate a strong correlation between two variables.

See Chapter 12 and Appendix B for more detail of the process used in the comorbidity analysis .

#### Trauma

According to DSM-IV, traumatic stressors are events in which an individual experiences, witnesses, or is confronted with life endangerment, death, or serious injury or threat to self or others. Traumatic stressors are distinct from and more severe than generally stressful life events, such as divorce or expected bereavement.

Also see **conditional probability**, **PTSD** (posttraumatic stress disorder) and **TSQ**.(Trauma Screening Questionnaire)

#### TSQ (Trauma Screening Questionnaire)

APMS 2007 included the Trauma Screening Questionnaire (TSQ), a short screening tool designed to identify likely cases of PTSD. The TSQ consists of the re-experiencing and arousal items from the Posttraumatic Stress Symptom Scale – Self-Report, aligned to DSM-IV criteria.

Also see **conditional probability**, **PTSD** (posttraumatic stress disorder)and **trauma**.

#### **Treatment**

Aso see current treatment for a mental or emotional problem.



This report presents findings of a survey of psychiatric morbidity among people aged 16 and over living in private households in England. The survey was commissioned by The NHS Information Centre for health and social care, and is one of a series of surveys of mental health in different population groups.

Each of the main disorders and behaviours covered by the 2007 survey is discussed in a separate chapter. The chapters present disorder prevalence by age, sex, ethnicity, marital status, region, and the level and nature of treatment and service use. Where the disorder was also covered in the general household population surveys carried out in 1993 and 2000, change in rate is also considered.

#### **National Centre for Social Research**

www.natcen.ac.uk

The National Centre for Social Research (NatCen) is an independent institute specialising in social survey and qualitative research for the development of public policy. Research is in areas such as health, housing, employment, crime, education and political and social attitudes. Projects include ad hoc, continuous and longitudinal surveys, using face to face, telephone and postal methods; many use advanced applications of computer assisted interviewing.

#### **Department of Health Sciences, University of Leicester**

www2.le.ac.uk/departments/health-sciences

The Department of Health Sciences at the University of Leicester is a research-led department with established strengths across epidemiology, medical statistics, public health, primary care, health services research, and psychiatry. Structured to support innovative multidisciplinary and multimethod solutions to research questions, it conducts high quality scientific research that can inform policies and practices aimed at securing people's health and well-being.

#### The NHS Information Centre for health and social care

www.ic.nhs.uk

The NHS Information Centre is England's central, authoritative source of health and social care information. Acting as a 'hub' for high quality, national, comparative data, it delivers information for local decision makers, to improve the quality and efficiency of care.