



What Really Motivates You to Learn?

Directions

One of the best ways to enhance your learning is to get very clear on what really motivates you to learn. Consider from among the following typical categories of typical motivators.

1. Rank each of the categories, starting with "1" as the highest, "3" as the lowest. Use "2"s as in-between's.
2. You can have numerous 1's, 2's and 3's.

Don't worry about getting your ranking to be "perfect". Be as honest as you can with yourself.

Common Types of Motivators for Learning

"The most important result of my continued learning is that it gives me even more:

- ☐ Abilities to serve others (so choose activities to make me more effective in serving customers)
- ☐ Career success and promotions (so choose learning activities to get my boss's job)
- ☐ Fulfillment in my work (so choose activities that give me even greater purpose in my life and work)
- ☐ Fun and recreation (so choose activities that will be fun and joyful to undertake)
- ☐ Health and balance (so choose activities that will not increase my stress levels)
- ☐ Influence and leadership of others (choose activities that increase my leadership skills)
- ☐ Money and benefits (so choose activities to get me jobs with higher salaries)
- ☐ Recognition and praise (so choose activities that will get me praise for completing them)
- ☐ Status and reputation (so choose activities to get me even more esteemed by others)
- ☐ Other _____
- ☐ Other _____

What Learning Activities Most Closely Match Your Top Motivators?

Think about:

- Designs of learning -> formal structured courses or informal "loose" activities AND
- New knowledge, skills and abilities -> that are most needed with your preferred motivators AND
- How you like to learn -> listening, watching, reading, experiencing, interacting with others, etc.

Some of the kinds of learning activities that I most prefer for the coming year are:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____