# ELDERLY RESEARCH DATA

| Age (Approx. 2021-wise) | URBAN | | RURAL | | 2021 | 2026 |
|---|---|---|---|---|---|---|
| | 60+ | 60-80 | 60+ | 60-80 | 60-80 | 60-80 |
| Total Population (in million) | 61 | 49 | 129 | 102 | **151** | **176** |

| Elderly Living in | North | East | South | West | Central | North East | Avg |
|---|---|---|---|---|---|---|---|
| **Urban** | 24% | 21% | 39% | 46% | 24% | 26% | 30% |
| **Rural** | 76% | 79% | 61% | 54% | 76% | 74% | 70% |

| Elderly Living alone (2005/06) | Male | Female | Married | Widow | Middle | Rich |
|---|---|---|---|---|---|---|
| | 3% | 7% | 1% | 11% | 4% | 5% |

| No. of aged persons in household | URBAN | | RURAL | |
|---|---|---|---|---|
| | 1 | 2 | 1 | 2 |
| | 21% | 8% | 22% | 10% |

| Literacy | URBAN | | RURAL | | Avg | |
|---|---|---|---|---|---|---|
| | Male | Female | Male | Female | URBAN | RURAL |
| | 80% | 53% | 51% | 18% | 67% | 69% |

| Mobility | URBAN | RURAL | Avg |
|---|---|---|---|
| | 90% | 90% | 90% |

| Status | Male | Female | Avg |
|---|---|---|---|
| Currently Married | 82% | 50% | 66% |

| Widowed | 15% | 48% | 32% | | | | |
|---|---|---|---|---|---|---|---|

| Source | Male | Female | Avg |
|---|---|---|---|
| No Income | 26% | 59% | 43% |
| Income | 74% | 41% | 58% |

| Disabilities | 60-69 | 70-79 | Seeing | Hearing | Speech | Movement | Mental Illness | Multiple Disabilities |
|---|---|---|---|---|---|---|---|---|
| (Visual, speech, hearing, mobility and mental health) | 41% | 62% | 25% | 19% | 4% | 25% | 12% | 12% |

| Acute Morbidities (any health issues that cripples ability to do daily activities) | 60-69 | 70-79 | 80+ |
|---|---|---|---|
| | 30% | 35% | 37% |

| Major Chronic Diseases (in million) | 2011 | 2015 | 2020 | 2030 |
|---|---|---|---|---|
| Arthritis | 30 | 34 | 41 | 56 |
| Hypertension | 22 | 25 | 30 | 40 |
| Diabetes | 11 | 12 | 14 | 19 |
| Asthma | 8 | 9 | 11 | 15 |
| Heart disease | 6 | 7 | 8 | 11 |
| Dementia | 3.7 | - | - | 7.4 |

| Major needs | Male | Female | Avg |
|---|---|---|---|

| | | | |
|---|---|---|---|
| **Financial** | 81% | 94% | 87% |
| **Food/Nutrition** | 73% | 87% | 79% |
| **Health** | 14% | 20% | 17% |
| **Safety & Security** | 8% | 18% | 13% |
| **Caregiver** | 30% | 46% | 38% |

| **Reasons for Death** | **30-69** | **70+** |
|---|---|---|
| **Ill defined(no defined reason)** | 4% | 29% |
| **Heart disease** | 32% | 25% |
| **Respiratory** | 8% | 12% |
| **Digestive** | 8% | 6% |
| **Cancer** | 10% | 4% |
| **Unintentional injuries(Fall, accident)** | 4% | 4% |