

# Dutch Braid



This year has been all about the braid. At last, all those plaits your mum used to do in your hair as a kid, finally has a proper place in your life. And it's shining bright, we can tell you that. Braids are all the rage all over the world, including some old favourites that have been revamped and launched the limelight by celebs such as the Kardashians. Let's get into one of these, the trending Dutch braid.

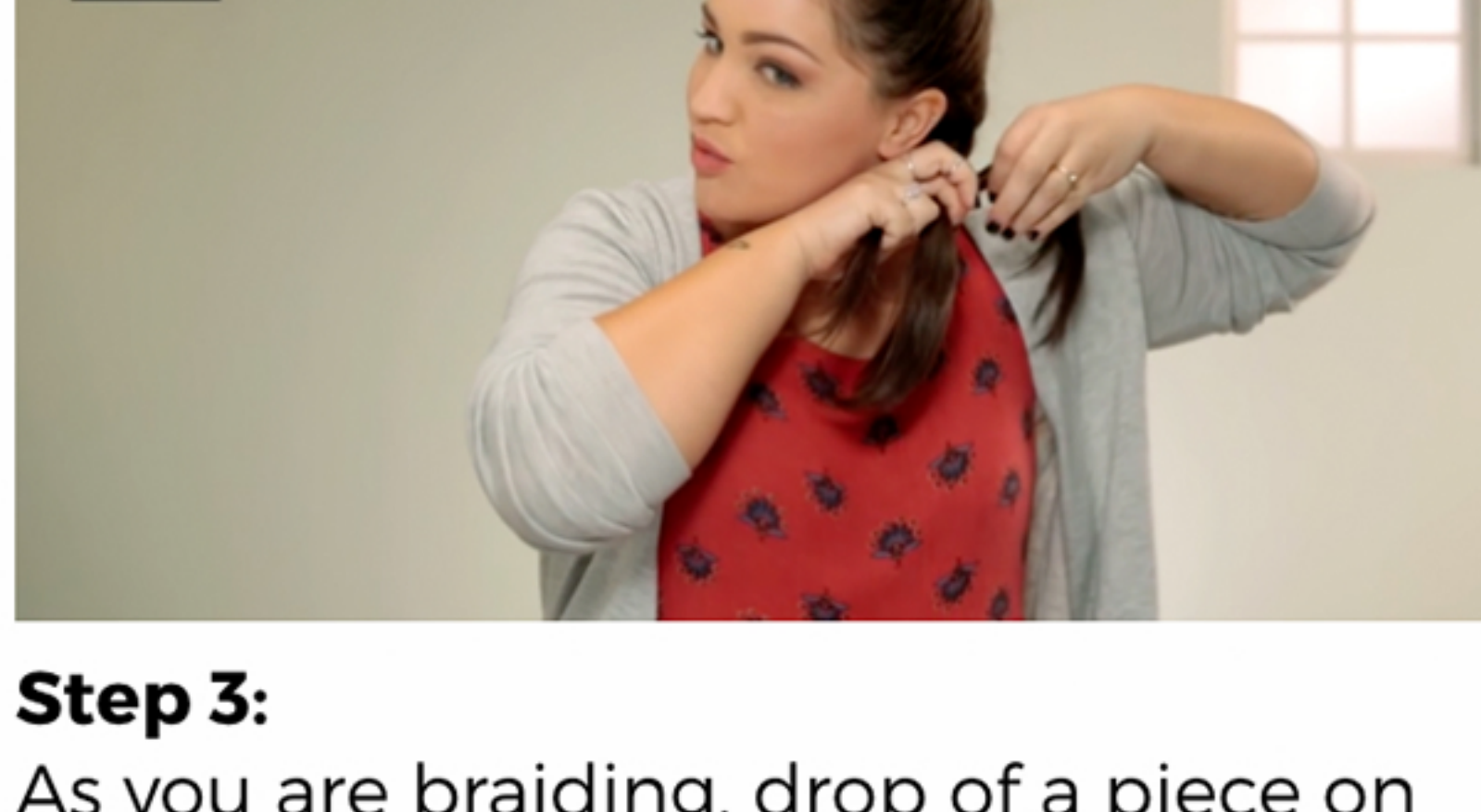
## Step 1: Prep your hair

Braids involve a lot of pulling and tugging on your hair so you want your hair to be strong protected. For this we recommend you wash your hair with the TRESemmé Platinum Strength Shampoo and Deep Treatment Conditioner.



## Step 2:

Comb hair back and section off a piece at the top of your head. Divide the top piece into three and begin to braid. When braiding, each of the side braids goes under the middle braid.



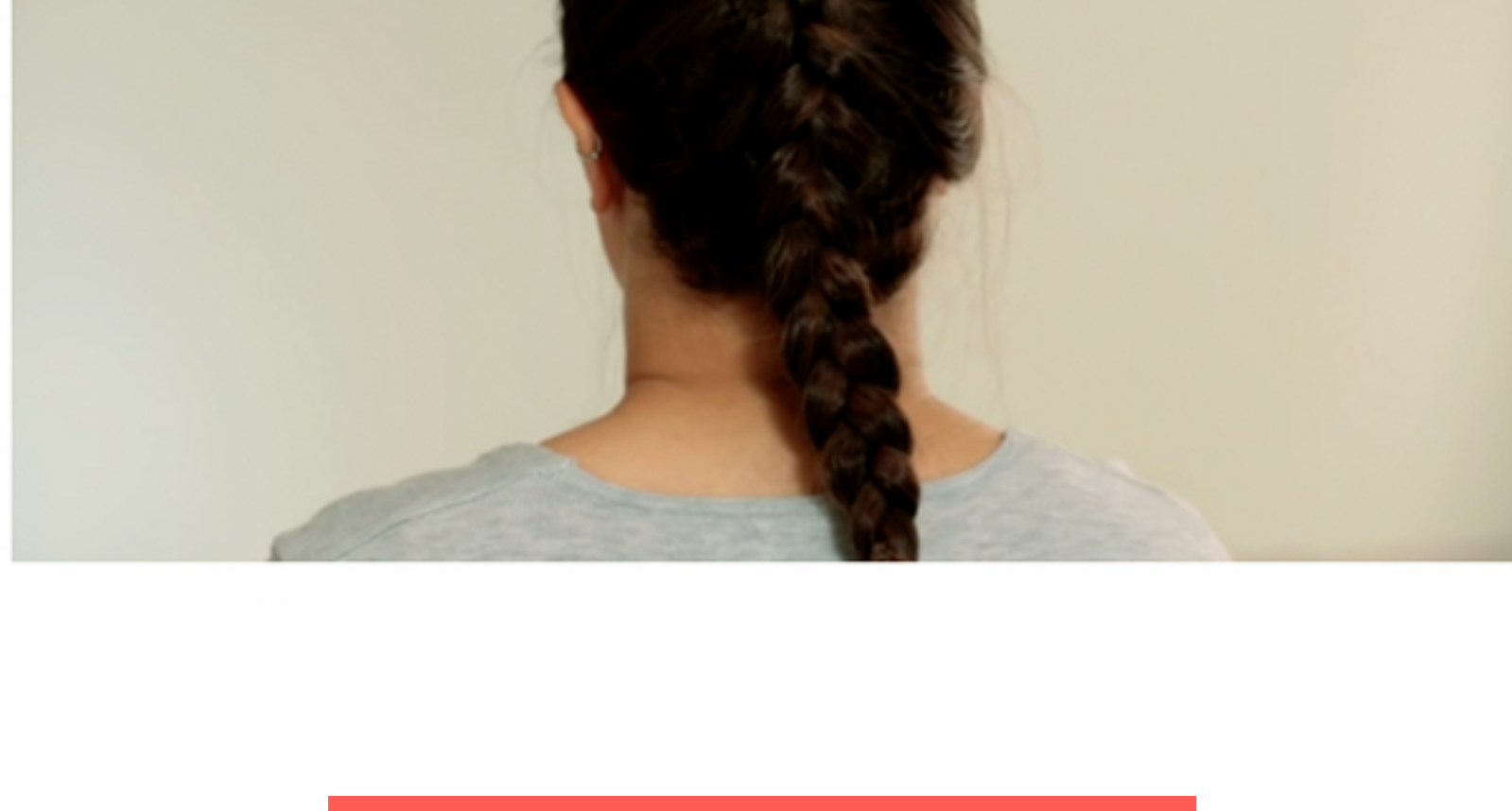
## Step 3:

As you are braiding, drop of a piece on the side and section off another piece of hair on that same side by running a finger through your hair. Add this piece to the braid, under the middle piece. Do the same to the other side. It's a bit difficult at first, but be sure to keep the braid pulled tight. Repeat these steps until you reach the nape of your neck. Once there, bring the braid over your shoulder and braid it like a regular plait and tie it off with an elastic band.



## Step 4: Put the finishing touches

To tame any flyaways, use TRESemmé Salon Finish Firm Hold Hair Spray. And there you have it. A revival of an old classic, good enough to rival the Kardashians themselves!



## PRODUCTS YOU NEED



TRESemme Platinum Strength Shampoo



TRESemme Platinum Strength Conditioner



Salon Finish Extra Control Mousse



Salon Finish Firm Hold Hairspray

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