

Buck Institute: *Decoding Aging* (via zoom) Wednesday, April 2 at 11am in Friendship Hall

A fascinating journey into the future of healthcare, where AI-driven deep analysis of data from multiple fields is transforming our understanding of aging and disease. Scientists are unlocking new ways to personalize medicine, predict health trajectories, and accelerate breakthroughs in longevity.

Music in Motion with Allen Thursday, April 3 at 10:30 in Friendship Hall

Writing workshop with Katie Morris Monday, April 7 at 10:00 in Friendship Hall What is your story?

In these sessions, we will explore storytelling through writing and sharing. We will consider different genres and study elements of stories. Mostly we will have fun. No writing experience required.

Katie Morris is a San Francisco-based writer with over twenty years of writing and editing experience. She has a master's in creative writing from Birkbeck College, University of London, and a B.A. in U.S. History from Columbia University.

Music in Motion with Allen
Thursday, April 10 at 10:30 in Friendship Hall

Emerging Research with Parkinsons and Disease Management by UCSF Outreach and Educational Coordinator, Aaron Daley Monday, April 14 at 3:00 in Friendship Hall

Spring is Here! Happy Hour with Alex Bootzin Wednesday, April 16 at 3:00 in Morgan Parlor

SPCA Visit
Thursday, April 17 at 1:30 in Friendship Hall

Hearing Loss Presentation
Thursday, April 17 at 3:00 in Friendship Hall

Discovering Gene Hackman, Monday, April 21 at 1:30 in Friendship Hall

De Young Museum: Wayne Thiebaud - Art Comes From Art Monday, April 21 at 3:00 in Friendship Hall

Wayne Thiebaud, best known for his colorful paintings of confections and buffets, was a self-described art "thief." Highlighting work from across the beloved artist's six-decade career, this exhibition features Thiebaud's inventive reinterpretations and direct copies of famous artworks, as well as objects from his personal art collection that inspired him.

Asian Art Museum -_Clay and Culture: A Journey through Asian Ceramics with Docent Lydia Zane (in person) Monday, April 28 at 3:00 in Friendship Hall

This insightful tour of the museum's collection traces the development of ceramic art from its ancient origins, revealing the wide-ranging influence of Chinese ceramics on ceramic traditions across Asia and worldwide.

Scary Movies and Catholicism: A Discussion by Word on Fire Catholic Ministry. (video)

Wednesday, April 30 at 3:00 in Friendship Hall

Fr. Steve Grunow joins Fellow of Popular Culture, Andrew Petiprin, to discuss the horror genre in their exploration of good vs. evil and the spiritual world.

Daily Activities

Monday	Bianca-Morning Stretch/Tai Chi	9:00	Fitness Center
	Balance Class	11:45	Porter Corridor
	Meditation with Claudia	1:30	Cottage
	Walking Group	3:30	Porter Library
Tuesday	Chair Yoga with Claudia	9:00	Fitness Center
	Balance Class	11:45	Porter Corridor
Wednesday	Morning Stretch with Bianca	9:00	Fitness Center
	Balance Class	11:45	Porter Corridor
	Walking Group	3:30	Porter Library
Thursday	Chair Yoga with Claudia	9:00	Fitness Center
	Art With Elders	9:30	Art Room
	Jonathan's Balance Class	11:00	Fitness Center

	Balance Class	11:45	Porter Corridor
	Meditation with Claudia	1:30	Cottage
	Tech Support with Tess	1:30	3d Floor Perry
Friday	Exercise Video	9:00	Fitness Center
	Balance Class	11:45	Porter Corri
	Walking Group	3:30	Porter Library

Residence Affairs

Leadership Update Meeting

Wednesday, April 9 at 10:00 in Friendship Hall

Residents Council

Friday, April 25 at 10:00 in Friendship Hall

Groups/Clubs/Activities

Gentlemen's Club

Tuesday, April 2 and 16 at 3:30 in the Cottage

Out & About Committee

Wednesday, April 9 at 2:00 in the McGinley Room

Women's Discussion Group

Wednesday, April 9 and 23 at 2:00 in Stucky Library

Book Club

Saturday, April 12 at 11:00 in the Cottage

Activities Committee

Thursday, April 17 at 2:00 in the Cottage

Happenings Editorial Committee

Thursday, April 17 at 4:30 in the McGinley Room



Margaret Johnson 4/02

Monique Kaufman 4/07

Birthday Celebration Friday, April 11 at 5:00 in Morgan Hall

Religious Services

Roman Catholic Services at 10:00 in the Chapel



Mass: Friday, April 4

Easter Mass: Sunday, April 20

Holy Communion: Sundays, April 6,13, 27

Episcopal Eucharist: Sunday, April 6

at 10:00 in the McGinley Room

Out & About

Tuesday, April 1	10:00 11:15	Dollar Tree Resident Scenic Tour in S. F.
Tuesday, April 8	10:00	Safeway
	11:15	Sales Force Park.
	stay and have bag lunches.	
Tuesday, April 15	10:00	Target, Trader Joe, Stonestown
	1:00	Tour of Julia Morgan Homes with Joann
Tuesday, April 22	10:00	Graton Resort & Casino Second Trip
Tuesday, April 28	+++++	(Chip will be out)

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Friday Movies at 2:00 in Friendship Hall

April 4 Paper Moon (1973) During the Great Depression, a con man finds himself saddled with a young girl who may or may not be his daughter, and the two forge an unlikely partnership. Stars: Ryan O'Neal, Tatum O'Neal, Madeline Kah

- **April 11 Enemy of the State (1992)** A lawyer becomes targeted by a corrupt politician and his NSA goons when he accidentally receives key evidence to a politically motivated crime. Stars: Will Smith, Gene Hackman, Jon Voight entaleceives key evidence to a
- **April 18 All About Eve (1950)** A seemingly timid but secretly ruthless ingénue insinuates herself into the lives of an aging Broadway star and her circle of theater friends. Stars: Bette Davis, George Sanders, Anne Baxter
- **April 25 Wicked (2024)** Elphaba, a young woman ridiculed for her green skin, and Galinda, a popular girl, become friends at Shiz University in the Land of Oz. After an encounter with the Wonderful Wizard of Oz, Their friendship reaches a crossroads. Stars: Cynthia Erivo, Ariana Grande, Jeff Goldblum 2 hr 40 min

Saturday Movies at 1:30 in Friendship Hall

- **April 5 We are No Angels (1955)** Two fugitives pass themselves off as priests in the hope of evading capture and passing the police blockade at the border with Canada. Stars: Robert De Niro, Ranald MacDougall, Albert Husson
- **April 12 Treasures of America's Parks (2011)** Discover a universe of the spectacular and seek out the best place to delve deep into the earth, scale a mountain or tie the knot in The Best of the National Parks.
- **April 19 Cold Mountain (2003)** In this classic story of love and devotion set against the backdrop of the American Civil War, a wounded Confederate soldier named W.P. Inman) deserts his unit and travels across the South, aiming to return to his young wife, Ada , who he left behind to tend their farm. Stars: Jude Law, Nicole Kidman
- **April 26 Frankie (2018)** Unfolding over the course of a late summer's day in the fabled resort town of Sintra, Portugal, Frankie follows three generations who have gathered for a vacation organized by the family matriarch. Stars: Isabelle Huppert, Brendan Gleeson, Marisa Tomei, Greg Kinnear

Sunday Movies at 1:30 in Friendship Hall

April 6 The Boy in the Woods (2021) The remarkable true-life survival

story of a Jewish boy hiding and being hunted in the forests of Nazioccupied Eastern Europe. Stars: Jett Klyne, Richard Armitage, David Kornsmith

- **April 13 Grand Canyon and the Southwest (2011)** The Grand Canyon, a natural wonder carved by the Colorado River, and the broader Southwest region of the United States, including Arizona, New Mexico, and Utah, are known for their unique geology, diverse ecosystems, and rich cultural heritage.
- **April 20 Hotel for Dogs (2009)** Two siblings who are forbidden to bring animals home secretly take in stray dogs at an abandoned hotel, thus creating an ideal shelter by transforming the hotel into an incredible paradise for dogs. Stars: Emma Roberts, Jaket Austin, Lisa Kudron
- **April 27 Rocket Man (2009)** The musical fantasy about Elton John's breakthrough years, from his time as a prodigy at the Royal Academy of Music through his influential and enduring musical partnership with Bernie Taupin. Stars: Taron Egerton, Jamie Bell, Richard Madden

Sunday Movies at 2:00 in the McGinley Room

- **April 6 Aloha (2015)** A celebrated military contractor returns to the site of his greatest career triumphs and reconnects with a long-ago love while unexpectedly falling for the hard-charging Air Force watchdog assigned to him. Romantic comedy, featuring lush Hawaiian scenery. Stars: Bradley Cooper, Rachel McAdams, Emma Stone (1 hr 45 min, PG-13)
- **April 13 The Descendants (2011)** An attorney and land baron in Hawaii tries to reconnect with his two daughters after his wife is seriously injured in a boating accident. Stars: George Clooney, Shailene Woodley, Amara Miller (1 hr 55 min, R-moderate profanity)
- **April 20 Best in Show (2000)** In this satirical comedy, the fur flies at a prestigious and cut-throat Philadelphia dog show. Stars: Fred Willard, Eugene Levy, Catherine O'Hara (1 hr 30 min, PG-13)
- **April 27 The King's Speech (2010)** This is the story of King George VI, and the speech therapist who helped the unsure monarch overcome his stammer. Stars: Colin Firth, Goeffrey Rush, Helena Bonham Carter (1hr 58 min, R for language in one scene)