

# Heritage on the Marina

## Resident Meeting Minutes

February 28, 2025

President: Margaret Jacobs  
President: Rod Dugliss  
Treasurer: Jo Ann Wentker  
Secretary: Yvonne Benedict

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Gary Richmond, Nurse Practitioner, came to the group to discuss our preferences for the end- of- life decisions.

1. He spoke first about the Physician Orders for Life Sustaining Treatment (POLST). It is a pink form that you or your family fill out for your wishes to end your life. If you have an emergency and are not able to speak for yourself, this form will let the doctor know what your wishes are. The Heritage would like all residents to have this form filed in the Clinic, and a copy in their rooms, in case of an emergency, so if you to go to the hospital, this form goes with you. This way you are now empowering your own preferences.
2. Another form is the Advanced Care Directive. This is a detailed form you fill out, letting your provider know who your Power of Attorney is. For example, do you want your organs donated or want any artificial nutrition etc. You need a witness to sign this form. You do not need a notary public.

Gene spoke about the library committee group. We have a small group of volunteers and would like to have at least one or two extra people. Gene explained what our functions are, cataloging new books, renumbering the books already cataloged because some faded, and finally shelving books from the return box.

Margaret Missiaen spoke to the Book Club and the Walking Group. The Book Club meets on the second Saturday of each month in the Cottage from 11-12. The Walking Group meet in the Porter Library Mon, Wed and Fri at 3:30pm. On Wednesdays, the Walking Group meet in the Porter

Garden, it is a short walk. Margaret is happy to talk about the joys of the garden as long as you are willing to listen.

Steven spoke to “Out and About”. Most of the outings include lunch in the area. He reiterated that if one does not want to have lunch in a restaurant, they can bring a bag lunch and picnic. The “Out and About” meeting is the second Wednesday of each month. All are welcome to come and bring their ideas. Steven reminded us that the binder on the table, outside the dining room, is now up to date for use. He spoke about the need of a companion to be available to assist residents when going to doctors, shopping etc. If the Heritage need to find people, this can become very expensive.

Doris spoke to the “Arts and Crafts” room. The room is not being used enough. We invite people to join the painting class on Thursday. We have supplies for a clay class. If people would like to work with sculpture, we have the supplies for that. The goal is to use the room for crafts.

Patrick talked about “March Madness” pool coming up. He explained how it is run. Each square is \$5. Cash is best, but if writing a check, please make it out to “Heritage on the Marina Resident’s Council”.

Theo spoke about the upcoming celebration. On March 27, a celebration of the Julia Morgan Building Centennial from 2-4 pm is in the Morgan Parlor. Invitations have been sent out. Dignitaries have been invited. A landmark Designation Plaque will be unveiled and placed outside the building. **Theo wrote the text for the plaque.** The exhibition of the community will be held at the Tony Lawrence Gallery. This display was created by Margaret Jacobs, Doris Howard and Eleanor Bissell. Volunteers will be needed to guide people to the exhibition.

Katie spoke about Kay Tim who is now at the Towers receiving physical therapy for her new knee. Katie requested that the administration look at the Physical Therapy Department. With all the people needing PT, should we consider another PT person?

Finally, Shirley Yawitz, our only member of the Board of Directors of Heritage elected by the residents, reported on her last meeting with Randy Gridley, the Chairman of the Board, regarding her failure to sign the non-disclosure agreement that the Board was asking everyone to sign. She

reported that she advised she could not sign the agreement because it would violate her obligation to inform the residents of what was going on at the Board meetings. There was further discussion, and she advised that she would NOT be resigning from the Board.