

Friday Movies at 2 pm in Friendship Hall

Sunday Movies at 2 pm in the McGinley Room

7 July ~ *Arthur the King* ~ 2024 ~ 1h 47m ~ Adventure, Drama
Based on a true story, an adventure racer adopts a stray dog to join him and become a team member in an epic endurance race.
Director: Simon Cellan Jones ~ Stars: Mark Wahlburg, Simu Liu, Juliet Rylance

14 July ~ *Brooklyn* ~ 2015 ~ 1h 57m ~ Drama, Romance
An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within.
Director: John Crowley ~ Stars: Saoirse Ronan, Emory Cohen, Domhnall Gleeson.

21 July ~ *The Queen* ~ 2006 ~ 1h 43m ~ Biography, Drama
After the death of Princess Diana, Queen Elizabeth II struggles with her reactions to a sequence of events nobody could have predicted.
Director: Stephen Frears ~ Stars: Helen Mirren, Michael Sheen, James Cromwell.

28 July ~ *Casablanca* ~ 1942 ~ 1h 42m ~ Drama, Romance, War
A cynical expatriate American cafe owner struggles to decide whether or not to help his former lover and her fugitive husband escape the Nazis in French Morocco.
Director: Michael Curtiz ~ Stars: Humphrey Bogart, Ingrid Bergman, Paul Henreid

Please see the Friendship Hall program calendar for additional activities. Calendars are available from the Activity Department.



Heritage Happenings
Calendar
July 2024

Announcements

This month—as part of this year’s **Around the World** program—we celebrate **France**.

Birthdays

Enid Leff July 5
Katherine Conley July 15
Midge Mansouri July 15
Gary Skootsky July 22
Patrick Alexander July 27

Birthday Dinner July

Always: Walgreens on the first Tuesday, Safeway on the second and Trader Joe’s on the third.


Tuesday Out & About Excursion Schedule

2 July	9 July	16 July	23 July	30 July
9:30 Walgreens Divisadero St 11:00-3:00 Resident’s choice shopping	9:30 Safeway Marina Blvd 11:15	9:30 Trader Joe’s Bay St 11:15	9:30 Dollar Tree Serramonte Blvd	12:30

Around the World ~ Celebrating a country every month with dinners & events

January	Italy	April	Greece	July	France	Oct	Germany
February	China	May	Mexico	August	Spain	Nov	Thailand
March	Ireland	June	Caribbean	September	India	Dec	El Salvador

Out & About sign-up sheets are located in the dining room. The schedule is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Arts & Crafts Room CH Chapel CO Cottage CR Cedar Room DR Dining Room FC Fitness Center FH Friendship Hall MP Morgan Parlor MR McGinley Room PL Porter Library SL Stucky Library	1 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 De Young Jim Kohn: "American Beauty" 3:30 Walking Group PL 4:00 Coffee Hour DR	2 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 2:00 Movie La Vie en Rose FH 3:30 Men's Group CO	3 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Intro to Spanish FH 2:30 What's Up! SL 3:30 Walking Group PL	4 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:00 Activities Mtg CO 2:00 Tea & Chat FH 3:00 Jon Frank Trio: Performance MP	5 Enid Leff 10:00 Father Arturo: First Friday Mass CH 11:45 Balance Class PC 2:00 Movie xx FH 3:30 Walking Group PL	6 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
7 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>Arthur the King</i> MR 3:00 Bingo FH	8 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 Asian Art Museum: Art of SE Asia FH 3:30 Walking Group PL 4:00 Coffee Hour DR	9 Out & About Day 9:00 Claudia: Yoga FC 10:30 Food Committee MR 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 2:00 Movie Amelie FH	10 9:00 Bianca: Morning Stretch FC 10:30 Townhall Mtg FH 11:00 Buck Institute #4: Treatments FH 11:45 Balance Class PC 1:30 Out & About Mtg MR 1:30 Intro to Spanish FH 2:30 What's Up! SL 3:30 Walking Group PL	11 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Activities Mtg CO 2:00 Tea & Chat FH 3:00 Maya Meska: Bastille Day Happy Hour FH	12 11:45 Balance Class PC 2:00 Movie xx FH 3:30 Walking Group PL 5:00 Birthday Sing-along 5:30 Birthday Dinner	13 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
14 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>Brooklyn</i> MR 3:00 Bingo FH	15 Katherine Conley Midge Mansouri 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:30 Walking Group PL 4:00 Coffee Hour DR	16 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 3:30 Men's Group CO	17 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 3:30 Walking Group PL	18 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 Vada Watson: Mental Health FH	19 7:00 Dr Lee: Podiatry BS 11:45 Balance Class PC 2:00 Movie xx FH 3:30 Walking Group PL 6:00 Ben Barnes: Violin Concert DR	20 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
21 10:00 Episcopal Srvce MR 10:00 Father John: Catholic Mass CH 11:00 Stretch & Flex FH 2:00 Movie <i>The Queen</i> MR 3:00 Bingo FH	22 Gary Skootsky 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:30 Walking Group PL 4:00 Coffee Hour DR	23 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH	24 9:00 Bianca: Stretch FC 11:00 Intro to Spanish FH 11:45 Balance Class PC 2:30 What's Up! SL 3:30 Walking Group PL	25 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Golden Retriever: SPCA Visit	26 11:45 Balance Class PC 10:00 Resident Council 2:00 Movie xx FH 3:30 Walking Group PL	27 Patrick Alexander 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
28 10:00 Episcopal Srvc MR 11:00 Stretch & Flex FH 2:00 Movie Casablanca MR 3:00 Bingo FH	29 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 Ian Scarfe: Piano Excursions MP 3:30 Walking Group PL 4:00 Coffee Hour DR	30 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 3:30 Men's Group CO	31 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 3:30 Walking Group PL 4:00 Coffee Hour DR	<div>  <div> <h1>Heritage Happenings</h1> <h2>July 2024</h2> <p>Gold: Birthday event</p> <p>Red: See Special Events in the newsletter</p> <p>Blue: "Around the World" program France events</p> </div> </div>		