

Heritage on the Marina

Heritage Happenings Resident Directory

Resident	Apartment	Phone	Email	B'day
Patrick Alexander	230 C	415 567-0419	baimp@earthlink.net	07/27
Barbara Anderson	422 P	415-244-4882		09/10
Carmelita Arburua	203 P	415 757-0332	sfcarm@gmail.com	08/12
Theo Armour	227 C	415 828-0000	t.armour@gmail.com	01/28
Martha Nell Beatty	1530 Francisco	415 921-1415	marthanellbeatty@hotmail.com	10/29
Yvonne Benedict	318 P	415 652-3163	yvonne.benedict@sbcglobal.net	06/24
Bob Bledsoe	303 P	415 374-7241	pamelabledsoe077@gmail.com	08/18
Pam Bledsoe	303 P	415 374-7241	pamelabledsoe077@gmail.com	10/04
Eleanor Bissell	309 P	415 519-7578	eabissellsf@gmail.com	03/07
Katherine Conley	421 P	415 640-2512	conley1932@gmail.com	07/15
Harry Copeland	121 P	415 673-2884		04/01
Erika Coughlan	228 C	415 921-1349		08/09
Betty Dowell	224 P	415 921-8877		05/12
Lucia Dugliss	3325A Octavia	415 596-9505	lucia398@yahoo.com	12/21
Rod Dugliss	3325A Octavia	415 596-9504	rdugliss@gmail.com	02/29
Betty Dy	410 P	415 265-7798	bettyroydy@gmail.com	12/17
Shirley Ertola	209 P	415 359-9339		05/18
Pamela Fischer	1540 Francisco	415 867-7157	pamela.fischer@icloud.com	01/04
June Fraps	221 P	415 902-3389	jmfraps@gmail.com	02/11
Gene Graham	211 P	415 279-3604	grahamgene@sbcglobal.net	10/28
Bob Granucci	113 P	415 518-3624	rgranucci@sbcglobal.net	02/05
Cooby Greenway	1530 Francisc	202 320-4577	cgreenway2804@gmail.com	02/06
Linda Hanley	332 M	415 345-1297		01/22
Tony Hanley	332 M	415 345-1297	thanley640@comcast.net	06/13
Mary Liz Harris	108 P	415 801-5306	2phoenixsf@gmail.com	09/24
Dr Doris Howard	229 C	415 567-5609	dlh1927sf@gmail.com	06/19
Charmly Ingham	205 P	415 655-9892		10/09
Tucker Ingham	205 P	415 655-9892		10/20

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Michele Jackson	1538 Francisco	415 244 6384	verticalrows@gmail.com	01/17
Margaret Jacobs	235 M	415 351 2452	mej1928@gmail.com	12/12
Margaret Johnson	103 P	415 931-3924	marhiljoh@gmail.com	04/02
Liz Jonson	222 P			-
Elizabeth Jordan	330 M	415 342-2428	ejordan94112@gmail.com	05/09
Monique Kaufman	1536 Francisco	415 490-7345	moniquekaufman6@gmail.com	04/07
Tom King	244 M	925 984-6074	tomking123@aol.com	08/16
Kathy Kirkpatrick	225C	415 509-4445	kkirkpatrick1346@gmail.com	-
Gloria Learned	120 P	415 292-6547	gblearned@gmail.com	09/25
Ivy Lee	104 P	415 928-4592		02/10
Enid Leff	220 P	415 931-6455		07/05
Karl Leichum	3325 Octavia	415 385-4301	leichum@fastmail.com	06/29
Lillemor Leichum	3325 Octavia	415 385-1601	leichum@fastmail.com	01/26
Katie Loo	248 M	415 664-1288	lookuotsing@gmail.com	02/09
Jay Ludwig	328 M	415 317-8396	ludwig@msu.edu	06/19
Sisi Luopajarvi	326 M	415 606-7703	sisluo@gmail.com	12/13
Midge Mansouri	231 C	415 757-0522	marjmam@sbcglobal.net	07/15
Rita McEvoy	331 M	415 902-1525		12/29
Gerry Miller	207 P	415-922-1731		07/26
Margaret Missiaen	412 P	415 515-8697	margaretmissiaen@gmail.com	11/24
Sheila Moore	247 M	415 474-8746	samoore007@comcast.net	12/12
Anne Morris	324 M	415 269-4971	bummiemorris@gmail.com	06/27
Atilio "Til" Mossi	403 P	415 290-0981	mossiasf@gmail.com	08/08
Terry Moughan	322 P	415 730-6185		10/06
Kay Narron	418 P	530 401-8491	kay.narron@gmail.com	01/04
Liz Nolan	307 P	415-637-2837	lizweno@aol.com	08/18
Marty Nolan	307 P	415-595-4845	martynolan40@gmail.com	03/28
Nancy Ozsogomonyan	408 P	415-922-8957	ozsogo@comcast.net	02/21
Maureen Perron	240 M	650-867-3579	mhillperron@gmail.com	01/24

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Genevieve Plusa	107 P	415 346-3772		11/03
Patrick Rush	3327 Octavia	805 234-3850	prush@sbcglobal.net	03/10
Ernie Sabini	119 P	415 409-6040		03/22
Robert Segrin	121 P	415 673-1333		08/23
Linda Sharp	312 P	415 776-0494	sharpie.l1780@yahoo.com	03/23
Gary Skootsky	1530 Francisco	415 409-6630	garyskootsky@comcast.net	07/22
Kristine Skootsky	1530 Francisco	650 787-1576	kristineskootsky@mac.com	06/07
Jane Standing	237 M	415 928-4096	jane@standing.com	02/06
Val Szigeti	244 M	925 984 3622	valszigeti@aol.com	02/05
Kay Tim	245 M	209 662 3555	eatalmondsdaily@yahoo.com	11/24
Martha Torres	3327 Octavia	805 235-1298	marthatorres@sbcglobal.net	03/13
Nancy Trogman	311 P	415 474-5875	nancytrogman@gmail.com	01/26
Mercedes Van Den Berg	323 P	415 954-2294	mercedesvandenber@gmail.com	-
Stela Voyles	239 M	415 440-0455		05/01
Marion Wake	109 P	415 567-9020		08/15
Fred Wentker	320 P	415 829-7877	fww@wentker.com	06/22
Jo Ann Wentker	320 P	415 623-4385	joann@wentker.com	11/02
Shirley Yawitz	246 M	415 929-6992		-
Flora Zagorites	238 M	415 710-2771		02/16

Numbers with area codes other than 415 may require you to dial "1" first

Red text: Indicates new resident or update

Yellow background: No longer taking email

Light Blue: Departed or deceased

Name	Service	Phone
Tess Goldman	Tech Support	415 265-9417
Ivy Lai	Hairdresser	510 701-7868
Jonathan Wong	Hairdresser	415 786-9113

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Services

Dining Room	415 202-0714
Front Office	415 202-0300
Henderson Clinic	415 792-6477
Nursing Cell	415 351-9055
Van Mobile	415 305-4186
Dedicated Non-Emergency Voicemail	415 792-6499

Email

frontoffice@heritagesf.org

Staff

Title

Hector Arrazola	Dir Maintenance	925 506 1852	harrazola@coreworks1.com
Stephen Camarota	Activity Coord	415 202-0341	scamarota@heritagesf.org
Jon Casey	CFO	415 202-0308	jcasey@heritagesf.org
Britany Castillo	Dir Rehab	415 921-1316	bcastillo@empowerme.com
Bob Connolly	Snr Sales Mgr	415 202-0311	rconnolly@heritagesf.org
Vivien Dizon	Accounting	415 690-0405	vdizon@heritagesf.org
Patti Gallagher	Coordinator	415 202-0103	pgallagher@heritagesf.org
Sylvie Holdman	Executive Chef	415 792-6481	sylvieholdman@morrisonliving.com
Angie Lam	Dir Dining Srvs	415 202-3010	angielam@morrisonliving.com
Roxana Lara	Act Dir Activity	415 792-5462	rlara@heritagesf.org
Mary Linde	CEO	415 202-0343	mlinde@heritagesf.org
Jonathan Liao	PTA		jliao@empowerme.com
Cortez McFarland	Facilities Tech	415 202-0340	cmcfarland@heritagesf.com
Martha Nkhoma	Dir Nursing	415 202-0135	mnkhoma@heritagesf.org
Praveen Rattan	Dir HR	415 655-9793	prattan@heritagesf.org
Vada Watson	Asst Dir Nursing	510 831-5735	vwatson@heritagesf.org

Housekeeping and all other team members are available via 415 202-0300

Emergency

Nursing	415 351-9055
Security	925 834-8521
Manager On Duty	628 789-2218