

# WELCOME TO THE ARCTIC!

# ISTCP TROMSØ 2019

JULY 2019

Activities by Moment Norway

# RIB BOAT SAFARI DAYTIME

Are you ready for an adrenalin pumping experience in the most amazing surroundings? Imagine to board a speed boat in Tromsø city center and 10 minutes later you are far from the city noise and surrounded by steep mountains and a beautiful scenery. Keep your eyes open for otters, seals, eagles or whales, and please do not forget to hold on – it can get bumpy!

**NOK 1 400 per person**

Min 6 / max 80 persons

Start: 15:00

End 17:00

Meeting point: In front of Fiskekompaniet Restaurant

Including: Thermal suits, gloves, balaclava and goggles



# MIDNIGHT SUN RIB BOAT SAFARI

We depart from the harbor in the heart of Tromsø and VIOLÁ, 15 minutes later we're on the northwest coast of Kvaløya island, chasing the sunbeams of the midnight sun hovering over the horizon.

**NOK 1 400 per person**

Min 6 / max 80 persons

Start: 22:30

End 00:30

Meeting point: In front of Fiskekompaniet Restaurant

Including: Thermal suits, gloves, balaclava and goggles



# SEA FISHING BY BOAT

The summer months are ideal for fishing in the Tromsø region. Board a boat in Tromsø harbor and brace yourself for an extraordinary experience. The crew will tell you old tales and stories of the old fishing traditions of Northern Norway while the Skipper will take you to the best fishing spots where you can catch cod, pollock, redfish and even halibut as the most common. The crew will prepare a delicious fish soup of today's catch.

**NOK 1 500 per person**

Min 6 / max 100 persons

Start: 14:00

End 18:00

Meeting point: Floating jetty next to Scandic Ishavshotel

Including: Warm fish soup and bread, fishing equipment and guide



# SPA BOAT EVENING CRUISE

The hosts welcome you in front of the fireplace in the Zen Lounge with a small appetizer and something good to drink. Here you will get an introduction to Vulkana's tour along Norway's coast on different types of catch, and the story of how the fishing boat became a Spa boat. While enjoying a sauna, stamp and Hamam, a cook cooks the evening meal. The menu is put together in advance of each trip, always inspired by fresh seasonal ingredients.

**NOK 2 500 per person**

Min 8 / max 12 persons

Start: 19:00

End: 23:00

Meeting point: Bangsundbrugga in front of the Polar Museum

Including: Appetizers/welcome drink, towel/bathrobe/slippers, sauna/stamp/hamham, three-course dinner, coffee/tea and snack, crew





# MIDNIGHT SUN FROM THE ROOFTOP OF TROMSØ

The Cable Car is Tromsø's most popular tourist attraction. From the large outdoor terrace, you can enjoy the spectacular panoramic view over Tromsø and the virtually endless sight of islands, fjords, mountains, and the open sea. If you look in the other direction, you will see the majestic mountain *Tromsdalstinden*, which towers 1,238 m above sea level. The panorama deck at the upper station provides excellent opportunities of enjoying the Midnight Sun.

**NOK 750 per person**

Min 10 persons

Start: 22:30

End 01:00

Meeting point: TBA

Including: Transport, cable car tickets, Midnight Sun drink and amazing views



# SAILYAKING AT SOMMARØY

If you want to be real close to the raw nature of Northern Norway with complete silence and a feeling of fulfillment, then sailyaking is the perfect option. Sit just below the waterline explore all the small islands around the beautiful village of Sommarøy, the Caribia of the Arctic.

A sailyak is a hybrid between kayak and sailing techniques. The sailyak has a sail, and instead of paddling with your arms, you pedal with your feet meaning you can get longer with less efforts. The sailyak is also very stable, and almost impossible to tip over, which makes it a fun and very easy activity.

**NOK 3 100 per person**

Min 10 / max 20 persons

Start: 18:00

End: 23:00

Meeting point: TBA

Including: Transport, guide, light outdoor meal, dry suit and necessary equipment



# HISTORICAL CITY WALK

On this tour, you will get acquainted with the city of Tromsø and its century long history. Discover Tromsø's most important landmarks, attractions and charming wooden houses from the city's time as the central trade hub in the North. Among many things you will get to visit the Polar Museum and learn about the many polar expeditions that started from Tromsø.

**NOK 400 per person**

Min 6 persons

Start: 18:00

End: 23:00

Meeting point: TBA

Including: Transport, guide, light outdoor meal, dry suit and necessary equipment





# BEER TASTING AND ALL-YOU-CAN-EAT SPARE RIBS AT MICRO BREWERY

Bryggeri 13 is a micro brewery located in the centre of Tromsø, established by two beer-loving friends in 2012. They brew real artisan beer in a home made brewery, bottle by bottle and will tell you their fun story about how they started. You will get six tastings of different types of beer, and equally important, the beer will be accompanied by the city's best spare ribs – all you can eat!

**NOK 950 per person**

Min 10 / max 40 persons

Start: 19:00

End: 22:00

Meeting point: Bryggeri 13, Tromsø Mikrobryggeri

Including: Tour, hosts, six tastings of beer, all you can eat of spare ribs, cole slaw, BBQ sauce and fried potatoes.



# MIDNIGHT SUN YACHT TOUR

Join us on this beautiful yacht heading north to give you a taste of the blood red midnight sun chilling above the horizon in the late evening. Relax on deck or in the comfortable indoor saloon where a light evening meal of fresh shrimps, bread and salad is served along with a glass of white wine.

**NOK 2 750 per person**

Min 5 / max 10 persons

Start: 21:00

End: 00:00

Meeting point: The floating jetty next to Scandic Ishavhotel

Including: Light meal of fresh shrimps, bread, salad, a glass of white wine, coffee/tea, warm overalls, life jacket.



# AURORA SPIRIT IN LYNGEN BY BUS

Aurora Spirit has established the northernmost distillery in the world. The Lyngen Alps, the fjords and the Arctic wilderness gives an excellent frame for making whisky and other alcohols. All products are based on local herbs, berries and glacier water. All alcohol products are named Bivrost. At our spectacular visitor centre you can learn about Bivrost, Norse mythology and about making alcohol.

The transfer is a beautiful ride by bus and ferry (approx. 1,5 hour per way) to the Lyngen Alps. At Aurora Spirit you will get a guided tour, a taste of the produce, and a three-course dinner of fresh, local ingredients.

**NOK 1 990 per person**

Min 4 persons

Start: 13:45

End: 21:00

Meeting point: TBA

Including: Transport, ferry tickets, guided tour in the destellery, a glass of whisky and a three-course dinner.



# THE ULTIMATE EXPERIENCE!

## AURORA SPIRIT IN LYNGEN BY HELICOPTER

Aurora Spirit has established the northernmost distillery in the world. The Lyngen Alps, the fjords and the Arctic wilderness gives an excellent frame for making whisky and other alcohols.

We divide the group in two, one travelling to Lyngen by land and sea, the other by air. The groups change on the way back. The bus transfer is a beautiful ride (approx. 1,5 hour per way) to the Lyngen Alps. The helicopter trip is simply spectacular with amazing sights you will never forget. Flying closely over the Lyngen Alps can't be described with words.

At Aurora Spirit you will get a guided tour, a taste of the produce, and a three-course dinner of fresh, local ingredients. We will also guide you through the old, not so secret anymore, NATO base in Lyngen.

**NOK 5 750 per person**

Min 8 persons

Start: 13:45

End: 21:00

Meeting point: TBA

Including: Transport by bus and helicopter, ferry tickets, guided tour in the distillery and the NATO base, a glass of whisky and a three-course dinner.



# HELICOPTER SIGHTSEEING ABOVE TROMSØ

Get closer to the majestic mountains surrounding Tromsø and a birds-eye view of the city with helicopter sightseeing! You get to see the city and the beautiful nature from a spectacular angle hosted by our knowledgeable pilots.

We will gather groups of 5-15 persons each round with pick-up at a central location in Tromsø. We drive to the helicopter base where five people will fly per round.

**NOK 1 650 per person**

Min 5 persons (5 persons per helicopter, 15 persons per tour)

Start: 15:00

End: 16:30

Meeting point: TBA

Including: Roundtrip transfer to helicopter base, 15 minutes flight.





# MOUNTAIN HIKE

Norwegians love hiking and many of us do it as often as we can. Why? It is good exercise but also relaxing, the Northern Norwegian air is so clean and pure, it is stress relieving, and everyone you meet in the mountains are happy! Join us on a mountain hike of your choice, easy or challenging, or even extreme with climbing parts, you choose, and we will give you the pleasure of enjoying breath-taking views, the feeling of accomplishment, and you can award yourself with that awe-inspiring mountain top selfie!

**NOK 1 250 per person**

Min 4 persons

Start: 14:00

End: 20:00

Meeting point: TBA

Including: Transport, guide and snack



# AN EVENING AT HEKKINGEN LIGHTHOUSE

Hekkingen Lighthouse is located at the mouth of the Malangen fjord just a 15-minute boat trip from Sommarøy. First lit on September 24, 1859, this is one of the oldest lighthouses in Northern Norway. Hekkingen has a very rich bird life and a rich fauna, and on the sea safari out there, we will have to keep our eyes open for sea eagles, seals or even dolphins.

The transfer from Tromsø to Sommarøy is a scenic drive of approx. 1 hour. From here we board the boat and enter Hekkingen the only way possible, by sea. At Hekkingen you will be welcomed with an outdoor aperitif, followed by a rich seafood buffet inside the lighthouse. Your host has brought his guitar and will set the mood with some Northern Norwegian songs.

**NOK 2 600 per person**

Min 15 persons

Start: 16:00

End: 00:00

Meeting point: TBA

Including: Transport by bus to/from Sommarøy, boat transfer, aperitif and three-course dinner and host.

