

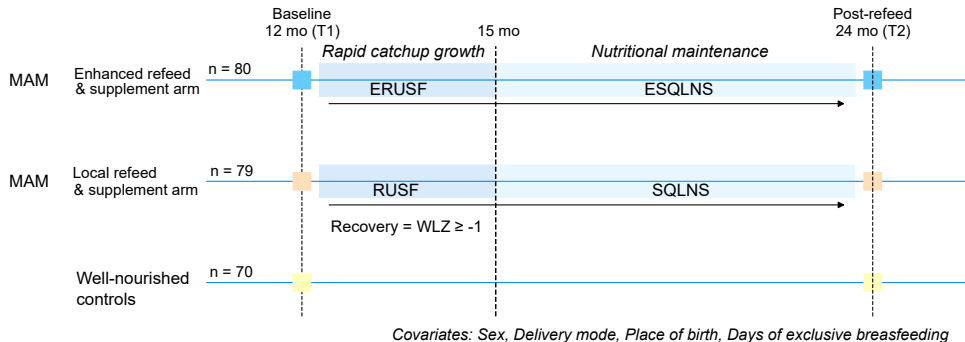
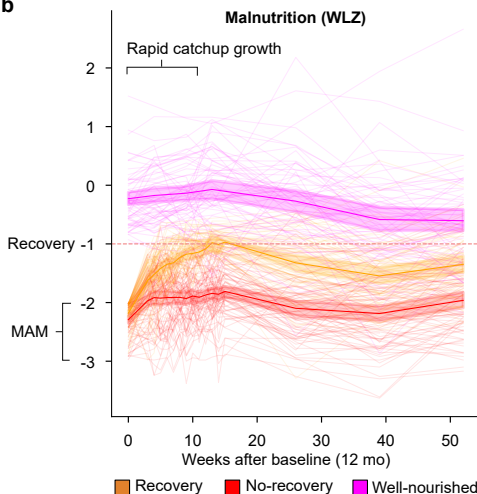
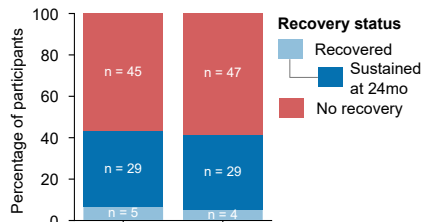
**a**

Measured at both T1 &amp; T2:

- Anthropometry • Stool microbiome
- Plasma lipids, vitamins, amino acids
- Sleep • FCI • Perceived stress

Baseline / one-time (or no-timepoint):

- Parent education & economics • Family structure
- Household (roof, water, sanitation) • Media use
- Polygenic risk scores (PRS)

**b****c****d**