



# **Modelling the dead and what they died from**

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## Declaration of Authorship

I, Theo Rashid, hereby declare that the work in this thesis is my own original research, and that I have appropriately cited any work within that is not my own.



*“Nobody is going to read your thesis.”*

Kyle Foreman



# Abstract

People died in England and we modelled the all cause and cause-specific death rates.  
This took longer than expected.



## Acknowledgements

Thanks be to James Bennett.



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# List of Abbreviations

<b>BUGS</b>	Bayesian inference <b>U</b> sing <b>G</b> ibbs <b>S</b> ampling
<b>CrI</b>	<b>C</b> redible <b>I</b> nterval
<b>CAR</b>	<b>C</b> onditional <b>A</b> utoregressive
<b>CVD</b>	<b>C</b> ardio <b>V</b> ascular <b>D</b> isease
<b>GBD</b>	<b>G</b> lobal <b>B</b> urden of <b>D</b> isease
<b>ICAR</b>	<b>I</b> ntrinsic <b>C</b> onditional <b>A</b> utoregressive
<b>ICD</b>	<b>I</b> nternational <b>C</b> lassification of <b>D</b> iseases
<b>IMD</b>	<b>I</b> ndex of <b>M</b> ultiple <b>D</b> eprivation
<b>LSOA</b>	<b>L</b> ower <b>L</b> ayer <b>S</b> uper <b>O</b> utput <b>A</b> rea
<b>MCMC</b>	<b>M</b> arkov chain <b>M</b> onte <b>C</b> arlo
<b>MSOA</b>	<b>M</b> iddle <b>L</b> ayer <b>S</b> uper <b>O</b> utput <b>A</b> rea
<b>NCD</b>	<b>N</b> on-communicable <b>D</b> isease
<b>OA</b>	<b>O</b> utput <b>A</b> rea
<b>NUTS</b>	<b>N</b> o <b>U</b> -turn <b>S</b> ampler
<b>SAHSU</b>	<b>S</b> mall <b>A</b> rea <b>H</b> ealth <b>S</b> tatistics <b>U</b> nit



## Chapter 1

# Overview

Thesis title is adapted from Mathers et al. (2005): *Counting the dead and what they died from.*

### 1.1 Objectives

### 1.2 Structure of the thesis



## Chapter 2

# Background

### 2.1 Small area health statistics (unit)

In 1983, a documentary on the fallout produced from a fire at the Sellafield nuclear site in Cumbria claimed that there was a ten-fold increase in cases of childhood leukaemia in the surrounding community. This anomaly had gone undetected by public health authorities, raising concern that routinely collected data were not able to identify local clusters of disease. The subsequent enquiry confirmed the excess, and recommended that a research unit was set up to monitor small area statistics and respond quickly to *ad hoc* queries on local health hazards. The Small Area Health Statistics Unit (SAHSU) was established in 1987 (Elliott et al., 1992).

Beyond producing substantive research studies on environment and health, a core aim of SAHSU is to develop small area statistical methodology (Wakefield and Elliott, 1999) for:

- *Point source type studies.* Is there an increased risk close to an environmental hazard?
- *Geographic correlation studies.* Is there a correlation between disease risk and environmental variables?
- *Clustering.* Does a disease produce non-random spatial patterns of incidence? If the aetiology is unknown, this could suggest the disease is infectious.
- *Disease mapping.* Summarising the spatial variation in risk.

In a pilot study for SAHSU, Elliott et al. (1992) investigated the mortality from mesothelioma and asbestosis near the Plymouth docks. Death registrations with postcode information were held by SAHSU. Both diseases are related to industrial exposure and asbestos, so concentric circular bands were drawn around the Plymouth dockyards as a way to approximate the exposure from a point source of environmental pollution. There was a clear increase in risk within  $3\text{km}$  of the docks. A similar distance-based approach was adopted to look at excess respiratory disease mortality near two factories in Barking and Havering (Aylin et al., 1999), kidney disease mortality near chemical plants in Runcorn (Hodgson et al., 2004). In response to public concern over exposure to toxic chemicals in landfill, SAHSU conducted the most extensive study ever into health effects of landfill sites. Postcodes within a  $2\text{km}$  buffer of a landfill site were classified as exposed. Compared to those living beyond  $2\text{km}$ , SAHSU found a small unexplained excess of congenital anomalies (Elliott et al., 2001a), no increase in rates of cancer (Jarup et al., 2002b), and no excess risk of Down syndrome (Jarup et al., 2007).

Distance from source is, however, only a basic model for the exposure, which can often exhibit more complex, directional spatial patterns. A number of SAHSU studies have employed physics-informed models to create an exposure surface, and assess the geographic correlations between this surface and the health outcome, notably for a plume of mercury pollution (Hodgson et al., 2007), exposure to mobile phone base station during pregnancy (Elliott et al., 2010), noise from aircrafts near Heathrow (Hansell et al., 2013), road traffic noise in London (Halonen et al., 2015), and PM10 from incinerators during pregnancy (Parkes et al., 2020). SAHSU published an environment and health atlas for England and Wales, showing the geographic patters of 14 health conditions at census ward level over an aggregated 25 year period alongside five environmental exposure surfaces (Hansell, Anna L. et al., 2014).

### 2.1.1 Disease mapping at SAHSU

Many of the studies at SAHSU focus on rare diseases at small areas. The data for the number of cases, or number of deaths, in a region are likely to small numbers. This sparseness issue is even more pertinent when the population is also statified by

age group. Rates calculated from observed data present apparent variability between spatial units, which is larger than the true differences in the risk. There is a need for statistical smoothing techniques to obtain robust estimates of rates by sharing information between strata. Aylin et al. (1999) mapped diseases for wards in Kensington, Chelsea and Westminster using a simple model that smoothed rates towards the mean of the risks across the region. SAHSU thereafter published a plethora of studies for disease mapping models with explicit spatial dependence, which are designed to give more weight to nearby areas than those further away.

There are three main categories for modelling spatial effects. First, we can treat space a continuous surface, such as Gaussian processes or splines. Second, we can use areal models, which make use of spatial neighbourhood structure of the units. Thirdly, we can explicitly build effects based on a nested hierarchy of geographical units, for example between state, county and census tract in the US.

In the context of disease mapping, events are usually aggregated to areas rather than assigned specific geographical coordinates. Wakefield and Elliott (1999) model aggregated counts as realisations of a Poisson process, in which the expected number of cases is calculated by integrating a continuous surface that generates the cases integrated over the area. The surface was some function of spatially-referenced covariates. Kelsall and Wakefield (2002) describe an alternative model, where the log-transformed risk surface is modelled by a Gaussian process, whose correlation function depends on distance.

Best et al. (2005) provide a review of the use of hierarchical models with spatial dependence for disease mapping. In particular, the authors focus on Bayesian estimation, and different classes of spatial prior distributions.

The first prior proposed for spatial effects  $\mathbf{S} = S_1, \dots, S_n$  is the multivariate normal

$$\mathbf{S} \sim \mathcal{N}(\boldsymbol{\mu}, \boldsymbol{\Sigma}), \quad (2.1)$$

where  $\boldsymbol{\mu}$  is the mean effect vector,  $\boldsymbol{\Sigma} = \sigma^2 \boldsymbol{\Omega}$  and  $\boldsymbol{\Omega}$  is a symmetric, positive semi-definite matrix defining the correlation between spatial units. A common choice

when specifying the structure of the correlation matrix is to assume a function that decays with the distance between the centroids of the areas, so that places nearby in space share similar disease profiles. Note, this is mathematically equivalent to the practical implementation of a Gaussian process, whcih uses a finite set of points. An example in Elliott et al. (2001b) chooses the exponential decay function to map cancer risk in northwest England.

A more popular prior is the conditional autoregressive (CAR) prior, also known as a Gaussian Markov random field. These form a joint distribution as in Equation 2.1, but the covariance is usually defined instead in terms of the preicision matrix

$$\mathbf{P} = \boldsymbol{\Sigma}^{-1} = \tau(\mathbf{D} - \rho\mathbf{A}), \quad (2.2)$$

where  $\tau$  controls the overall precision of the effects,  $\mathbf{A}$  is the spatial adjacency matrix formed by the small areas,  $\mathbf{D}$  is a diagonal matrix with entries equal to the number of neighbours for each spatial unit, and the autocorrelation parameter  $\rho$  describes the amount of correlation. This can be seen as a tuning the degree of spatial dependence, where  $\rho = 0$  implies independence between areas, and  $\rho = 1$  full dependence. The case with  $\rho = 1$  is called the intrinsic conditional autoregressive (ICAR) model. Besag et al. (1991) proposed the model (hereafter called BYM)

$$S_i = U_i + V_i, \quad (2.3)$$

where  $U_i$  follow an ICAR distribution, and  $V_i$  are independent and identically distributed random effects. The BYM distribution was employed to model spatial variation in the relative risk of testicular (Toledano et al., 2001) and prostate (Jarup et al., 2002a) cancers for small areas in regions of England.

Further disease mapping studies at SAHSU using spatially structured effects have also extended the methodology to look at age patterns and trends over time of disease. Asaria et al. (2012) analysed cardiovascular disease death rates by fitting a spatial model for all wards in England separately for each age group and time period. Bennett et al. (2015) considered a model to jointly forecast all-cause mortality for districts

in England, age groups and years. The model used BYM spatial effects and random walk effects over age and time to capture non-linear relationships. It is also possible to borrow information across causes of death, as applied in Foreman et al. (2017) on forecasting cause-specific mortality for states in the US. Random walk effects were again used to non-linear temporal effects, a CAR prior was used for spatial effects, and a multivariate normal where the covariance matrix describes the correlation structure between the 15 cause groups. The model did not, however, share information between age groups. Although this is not directly a SAHSU study, the model was developed by several people in the department.

In building models which consider the hierarchy of geographical units, these relationships are often incorporated into the model as a nested hierarchy of random effects. These models account for which spatial units lie within common administrative boundaries, but, by design, there is no knowledge of spatial distance included. This is often a desirable property of the model for certain geographies, like states in the US, which are administrative. Policy is decided at these geographies, so there is reason to believe these boundaries may have a greater effect on health outcomes than spatial structure. Although not used in previous SAHSU studies, Finucane et al. (2014) demonstrate how country-level blood pressure can be modelled as such, in this case exploiting the hierarchy global, subregion, region and country. Note, although these models group by geographical region, these models are not spatial as they do not contain any information on the position relative to other units.

## 2.2 Small area analyses of mortality

In order to compare the health status between areas, health authorities require a measure of mortality that collapses age-specific information into a single number. Indirectly standardised measures such as the standardised mortality ratio – the ratio between total deaths and expected deaths in an area – are easy to calculate but are not easily understood by laypeople. Directly standardised methods, in contrast, require knowledge of the full age structure of death rates rather than just the total number of deaths. Age-standardised death rates, however, suffer the same interpretability issue as the standardised mortality ratio, and are only comparable between studies

if the same reference population is used. An alternative choice is life expectancy. Silcocks et al. (2001) explain that life expectancy is a “more intuitive and immediate measure of the mortality experience of a population, [and] is likely to have greater impact... than other measures that are incomprehensible to most people.” For studies of small geographies where there are often small number issues, the calculation of life expectancy is either extremely unstable or impossible (Jonker et al., 2012).

The estimation of death rates requires two data sources: deaths counts and populations. Modern vital registrations systems are complete and accurate, so data on deaths are usually reliable and comprehensive. On the other hand, although usually treated as a known quantity, the population denominator is often problematic. Populations for small geographies are only recorded during a decennial census, and estimates are generated for the years in between using limited survey data on births, deaths and migration. And although the census is considered the “gold standard”, it is subject to enumeration errors, particularly for areas with special populations such as students or armed forces Elliott et al. (2001b).

Beyond the population issue, finer scale studies are restricted by data availability. Where data are available, there is still the need to overcome small number issues before feeding death rates through the life table. Eayres and Williams (2004) recommend a minimum population size of 5000 when using traditional life table methods, below which the error estimates in life expectancy become so large that any comparison between subgroups becomes meaningless. One approach, often taken by statistical agencies, is to build larger populations by either aggregating multiple years of data Bahk et al. (2020) or combining spatial units (Ezzati et al., 2008). Here, we focus on studies using Bayesian hierarchical models to generate robust estimates of age-specific death rates by recognising the correlations between spatial units and age groups, which produce lower bias and smaller, more accurate estimates for small population studies of life expectancy Jonker et al. (2012).

Jonker et al. (2012) demonstrated the advantages of the Bayesian approach to stabilising estimates for 89 small areas in Rotterdam using a joint model for sex, space and age effects, finding a 8.2 year and 9.2 year gap in life expectancy for women and

men. Stephens et al. (2013) employed the same model for 153 administrative areas in New South Wales, Australia.

Bayesian spatial models for mortality have been scaled up to relatively small areas for entire countries, and also consider trends in these regions over time. Bennett et al. (2015) forecasted life expectancy for 375 districts in England and Wales using an ensemble of spatiotemporal models trained over a 31 year period, and Dwyer-Lindgren et al. (2017a) explored mortality trends 3110 US counties from 1980 to 2014.

There have also been studies on specific cities at a finer resolution. In order to obtain better estimates for disability-free life expectancy, Congdon (2014) consider both ill-health and mortality in a joint likelihood with spatial effects for 625 wards in London, finding more than a two-fold variation in the percent of life spent in disability for men. Bilal et al. (2019) looked at 266 subcity units for six large cities in Latin America. As there is no contiguous boundary in this case, a random effects model for each city was used instead of a spatial model. The largest difference between the top and bottom decile of life expectancy at birth was 17.7 years for women in Santiago, Chile.

Two studies in North America have looked below the county level, at census tracts, with wide ranging population sizes as small as 40. Dwyer-Lindgren et al. (2017b) studies trends for life expectancy and many causes of death for 397 tracts in King County, Washington, uncovering an 18.3 year gap in life expectancy for men. Using the same model for Vancouver, Canada, Yu et al. (2021) found widening inequalities over time and a difference of 9.5 years for men.

## **2.3 Mortality by specific causes of death (counting the dead and what they died from)**

In the mid-twentieth century, a team in the US Public Health Service, led by Iwao Moriyama, began looking into the decomposition of mortality for the first half of the century into all diseases and injuries. Notably, Moriyama and Gover (1948) grouped vital registration data into primary causes, and found as the US saw overall downward trend in mortality, leading causes of death changed from communicable diseases, such

as tuberculosis and diphteria, toward non-communicable, “chronic disease of older ages”, such as heart diseases and cancers. The success of the reduction – and in the case of typhoid fever, near-elimination – of infectious diseases was attributed to the strategy of the health officer in the early 1900s, who was preoccupied with improving water and sanitation, and public health interventions such immunisation and quarantines.

By comparing vital registration data over several centuries, Abdel Omran observed this shift of mortality from communicable to non-communicable diseases (NCDs) in many countries (Omran, 1977, 1971). Specifically, although the pace and determinants of the transition varied between countries, Omran formalised three common successive stages of the shift in mortality:

1. *The Age of Pestilence and Famine.* Mortality is high and largely governed by malthusian “positive checks” – epidemics, famines, and wars.
2. *The Age of Receding Pandemics.* Mortality decreases as epidemics become less frequent, but infectious diseases remain the leading causes of death.
3. *The Age of Degenerative and Man-made diseases.* Mortality declines further along with fertility, increasing the average age of population and NCDs take over as the leading causes of death.

He termed this the *Epidemiologic Transition theory*. Omran (1971) explained that England and Wales took the classic transition path followed by western societies, whereby socioeconomic factors such as improvements to living standards are crucial in causing easily preventable diseases to subside and shifting towards the third phase of the transition, and medical and other public health technology only help society much later in the final stage. Later, Olshansky and Ault (1986) would propose a fourth stage to the theory, *the Age of Delayed Degenerative Diseases*, in which the structure of causes of death is stable, but the age at which degenerative diseases kill is postponed, thus causing decreasing in older age mortality. There are, however, questions around the universality and unidirectionality of the theory, with many examples in which age-specific death rates for population subgroups have risen over time, most notably the HIV/AIDS pandemic (Gaylin and Kates, 1997). Gersten and Wilmoth (2002)

also criticise the lack of attention Omran's theory pays towards the role infection in chronic and degenerative diseases, in particular certain cancers.

Around the same time as Omran, Samuel Preston collated cause-specific mortality data for a huge number of populations, spanning 48 nations and nearly a century (Preston, 1970; Preston and Nelson, 1974). This would enable international comparisons of groups of causes of death over different time periods, and a deeper understanding of the upward trends in life expectancy. In particular, by plotting cause-specific disease rates against overall mortality, Preston and Nelson (1974) saw that, over time, the contribution of infectious diseases to a particular *level* of mortality had become ever smaller. That is to say, as mortality declines, the contribution from infectious diseases also declines. Preston attributed this to an accelerating rate of medical progress guided by the “germ theory of disease”, which public health and science were not able to replicate for NCDs. Preston also traced the excess deaths in older males observed in western societies to cardiovascular diseases, cancer and bronchitis – a direct result of dramatic increases in cigarette smoking (Preston, 1970).

Since its first edition in 1990, the subject of international comparisons of the cause-specific composition of mortality has been the remit of the Global Burden of Disease (GBD) studies (Murray and Lopez, 1996). The studies aim to quantify and compare the burden of diseases, injuries, and risk factors, usually through cross-sectional methods but occasionally by examining trends and subnational populations (for example, Ezzati et al. (2008) and Dwyer-Lindgren et al. (2017a)). An important innovation of the GBD study was the introduction of a hierarchical classification of groups of causes, with the broadest level divided into three groups: communicable, maternal, perinatal, and nutritional diseases (Group 1), NCDs (Group 2), and injuries (Group 3). Salomon and Murray (2002) made use of the wide-ranging dataset and grouping from the GBD to revisit the epidemiologic transition for the second half of the twentieth century, finding the majority of the change in cause structure occurs among children, with a shift from Group 1 to Groups 2 and 3, and in young adults, where the role of injuries is more dominant for men.

## 2.4 Health inequalities in the UK

While the UK is, by global standards, a wealthy nation with relatively high life expectancy, and the breadth of health inequalities are nowhere near the extremes seen in many other countries, the nation suffers still vast, preventable inequalities in mortality and morbidity. There are several ways to stratify the UK population and compare inequalities between subgroups. Here, we focus on class, income, geography, and deprivation.

The notion of class is prominent in UK society, but health outcomes between classes are difficult to separate from other risk factors such as hazards in manual labour or smoking rates. The Whitehall study of 1967 followed 17,530 men working in the civil service and recorded their mortality over a 10-year period. Marmot et al. (1984) found, by classifying the civil servants into social class according to their employment grade, there was a three-fold difference in mortality between the highest class, administrators, and men in the lowest class, mainly messengers and unskilled manual workers. They found, in general, a strong inverse association between grade and mortality – a term Marmot has coined a “social gradient”. The men were working stable, sedentary jobs in the same office building in London, so the gradient could not be fully explained by smoking or industrial exposure alone. There authors concluded be other factors inherent to social class (defined here by employment), which explain the mortality differences. A second cohort of Whitehall employees from 1985 to 1988, this time including women as well as men, were screened and asked to answer questions on self-reported ill-health. Marmot et al. (1991) found the social gradient in health had persisted in the 20 years separating the studies. In 2008, Marmot was asked by the Secretary of State to conduct a review into the state of health inequalities in England and to use the evidence to design policy for reducing these inequalities. A key plot in the first Marmot Review, released in 2010, depicted the social gradient in mortality for regions in England by socio-economic classification of jobs [].

Income data is not a routinely collected statistic in the UK. Nevertheless, using a small survey of 7000 people on three measures of morbidity, Wilkinson (1992) showed health improved sharply from the lowest to the middle of the income range.

In 2015, the GBD Study released its first subnational estimates of mortality, starting with the UK and Japan. Steel et al. (2018) assess these data, which divided the UK into 150 regions, finding mortality from all-causes varied twofold across the country, with the highest years of life lost in Blackpool and the lowest in Wokingham. In a study on forecasting subnational life expectancy in England and Wales, Bennett et al. (2015) estimated a 8.2 year range in life expectancy for men and 7.1 year range for women in 2012 between 375 districts. The lowest life expectancies were seen in urban northern England, and the highest in the south and London's affluent districts. Within London itself, male and female life expectancy showed 5-6 years of variation.

There have been substantial efforts in the UK to measure the deprivation of an area, with the standard deprivation indicator in England since the 2000s is the Index of Multiple Deprivation (IMD) – a composite indicator for each Lower-layer Super Output Area (LSOA) covering income, unemployment, health, crime and environmental data sources (“English indices of deprivation 2019,” 2019). The Marmot Report presented life expectancy and disability-free life expectancy against IMD at the Middle-layer Super Output Area, which exhibit a strong social gradient (Marmot et al., 2010). The GBD study found the 15 most deprived UTLAs had consistently raised mortality, especially for all causes, lung cancer and chronic obstructive pulmonary disease. Deprived UTLAs in London, such as Tower Hamlets, Hackney, Barking and Dagenham did better than expected for that level of deprivation (Steel et al., 2018). Bennett et al. (2018) jointly estimated death rates by age, year and deprivation decile. They found since 2011, “the rise in female life expectancy has reversed in the two most deprived deciles, and has stalled in the third, fourth, and fifth most deprived deciles but has continued in better-off deciles.” The second Marmot Review in 2020 also found female life expectancy declined in the most deprived decile between the periods 2010-12 and 2016-18 (Marmot et al., 2020). Digging further into these trends by region, the report found this trend was seen in all regions except London, the West Midlands and the North West, and that male life expectancy in the bottom decile also decreased in the North East, Yorkshire and the Humber and the East of England.

Since the turn of the millennium, there have been two periods of contrasting health

policy in the UK. The early 2000s saw the implementation of the English health inequalities strategy under New Labour, with explicit goals of reducing geographical inequalities in life expectancy. The strategy saw a large increase in public spending targeting the social determinants of health, with policies on supporting families, tackling deprivation, and preventative healthcare. Barr et al. (2017) analysed the trends in life expectancy for different quantiles of deprivation and provided evidence that the strategy achieved its aim of reducing the gap in life expectancy between the 20% most-deprived areas and the rest of the English population.

Following the change in government in 2010, the strategy came to an end. The Conservative government implemented a series of widespread cuts to public services, collectively known as austerity. The cuts were geographically unequal, with cuts to local government particularly severe to local authorities with an old industrial base (Gray and Barford, 2018). The study by Barr et al. (2017) saw that the trends in inequality reduction were reversing since 2012. These trends have been found at both ends of the life course: rising infant mortality associated with childhood poverty (Taylor-Robinson et al., 2019), and falls in female life expectancy at 65 and 85 (Hiam et al., 2018). Although difficult to uncover causal relationships, Alexiou et al. (2021) found strong associations between cuts to local government and the change in life expectancy of the district in the study period 2013-17. As written in the *The New York Times*, “after eight years of budget cutting, Britain is looking less like the rest of Europe and more like the United States, with a shrinking welfare state and spreading poverty” (Goodman, 2018) – a comparison only compounded by the Brexit vote in 2016.

Policies of austerity were brought about as a response to the financial crash of 2008, which were global in scale, and many countries adopted similar fiscal strategies. In an international study comparing mortality trends in England and Wales to 22 comparator countries Leon et al. (2019) show, however, that although there was a general slowdown in improvement of life expectancy across many nations, the slowdown in the most recent period of the study, 2011-16, was more pronounced in England and

Wales. More recently, The Economist found the same evidence, comparing the long-run trend from 1980-2011 for 12 European countries, then through to 2022: “longer-run slowdowns in life expectancy are observable in other European countries... but none has stalled quite as much as Britain” (“Britain has endured a decade of early deaths. Why?” 2023).

After a decade of cuts, the UK entered the 2020s facing the greatest public health challenge for a generation: the Covid-19 pandemic. Unsurprisingly, England and Wales suffering one of the highest excess deaths tolls relative to other industrialised countries (Kontis et al., 2020). At the current time of writing in 2023, the health service is yet to recover, with waiting lists for operations and waiting times for emergency care unhealthily high (Dorling, 2023). There is no suggestion that the picture of health and health inequalities in the UK should improve in the coming years.



## Chapter 3

# Some notes on the data and the models

### 3.1 Counts of the dead

This thesis is primarily concerned with modelling death rates for small areas in England. This requires two data sources: counts of deaths, and populations counts. The dataset is de-identified civil registration data for all deaths in England from 2002 to 2019. In other words, every death in England from 2002 to 2019.

The data is extracted from the Office for National Statistics (ONS) database and held by SAHSU, which has the required security protocols as individual death records are identifiable data. The data are updated every year and are mostly complete for previous years, but a handful of deaths are registered in later extracts if the ONS have been waiting on coroner's report to identify underlying cause of death.

Each record comes with information on postcode of residence, allowing us to assign each death into a spatial unit for analysis. For each analysis, deaths were stratified into the following age groups: 0, 1–4, 5–9, 10–14, then 5-year age groups up to 80–84, and 85 years and older. There are also a series of ICD-10 (International Classification of Diseases, Tenth Revision) codes from the death certificate associated with the underlying and contributory causes leading to the death. Here, we focus only on the underlying cause of death, which has been assigned using selection algorithms to improve consistency between doctors ("User guide to mortality statistics," 2022).

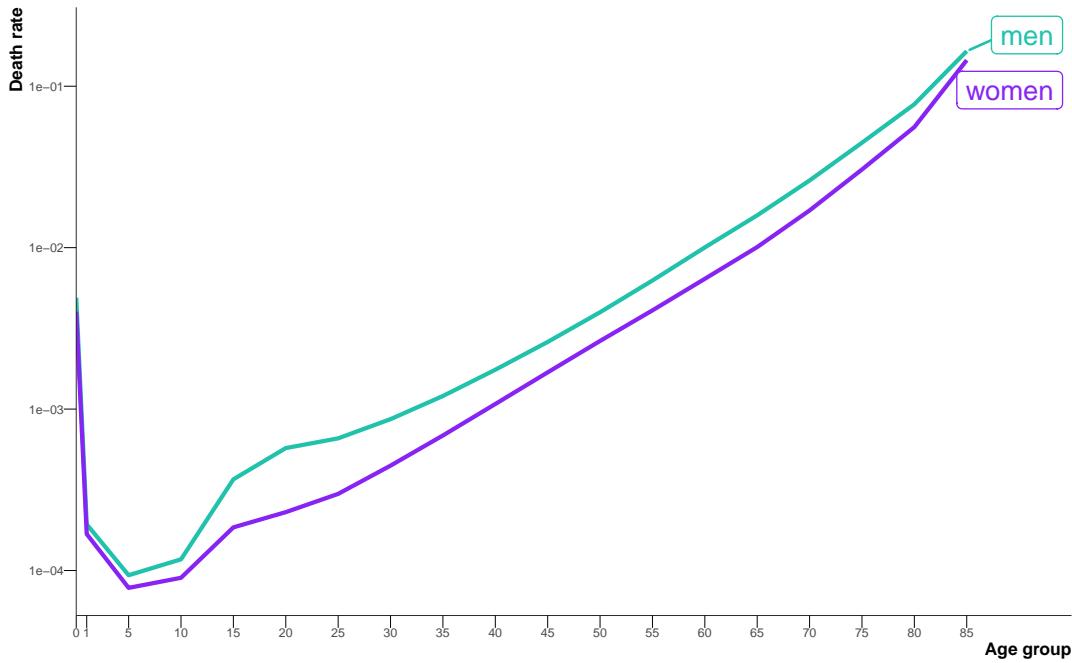


FIGURE 3.1: Age-specific death rates for broad age groups and life expectancy in England from 2002 to 2019.

Before fitting any models, it's good practice to explore the data visually, in this case looking at how total mortality varies over different cross sections: sex, age, space, time.

Look at different cross sections, slice by age, space and time Figure 3.2 By age + sex, log scale, death rates in 2019 Colour geom\_tile plot age-specific death rates over time, trans = log Life expectancy male and female over time e0 aggregated 2002-19 by district

Here, we have taken slices, but the aim is to calculate death rates for each sex-age-space-time unit

### 3.1.1 Geographies of England

Having already introduced the term “district” in Figure XXs, I'll briefly show the lay of the land in terms of geographies used in this thesis. This thesis is concerned only with England, as Scotland, Wales, and Northern Ireland have their own separate deprivation data which are not comparable. The geographies used here in England form a nested hierarchy of spatial units from regions, districts, Middle-layer Super

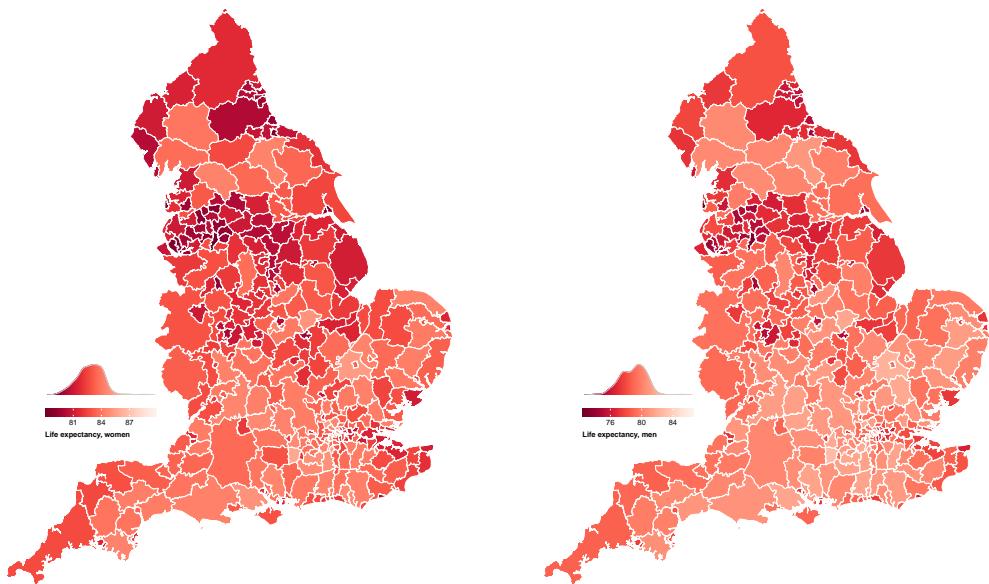


FIGURE 3.2: District-level life expectancy for total deaths from 2002 to 2019.

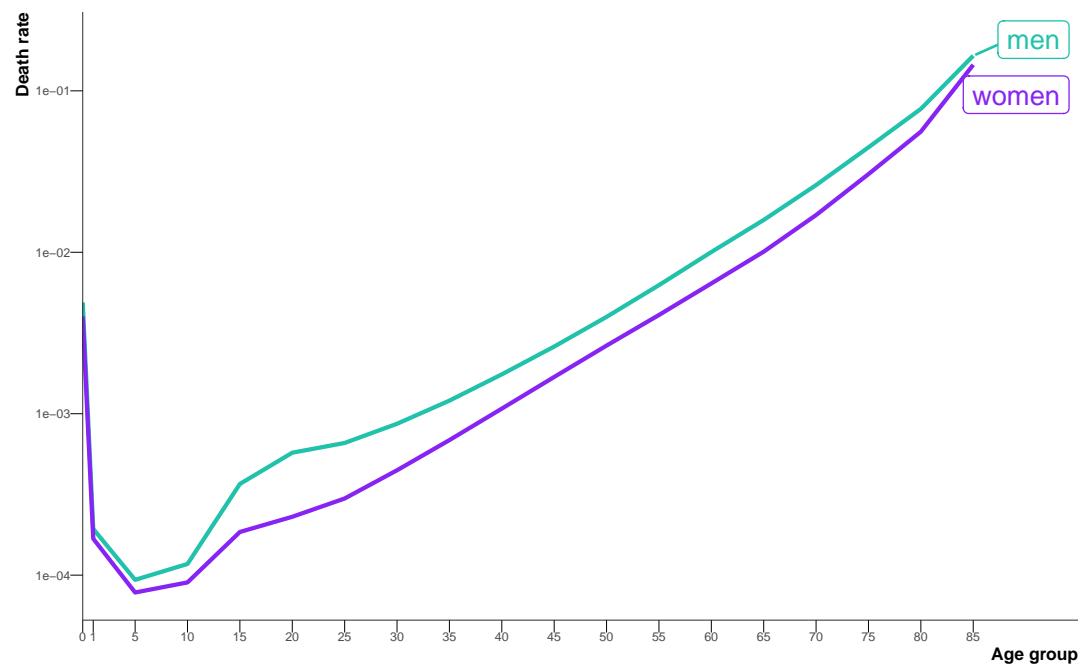


FIGURE 3.3: Age-specific death rates for England based on total deaths from 2002 to 2019.

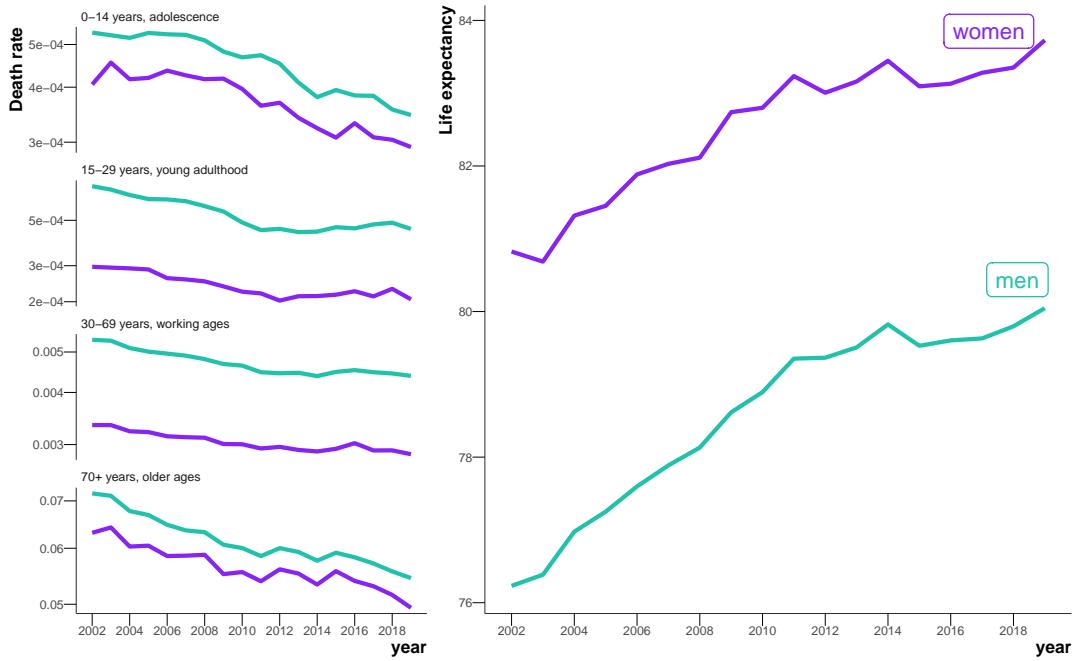


FIGURE 3.4: Age-specific death rates for broad age groups and life expectancy in England from 2002 to 2019.

Output Areas (MSOAs), Lower-layer Super Output Areas (LSOAs). The numbers of each of the units are summarised in Table 3.1.

TABLE 3.1: The number of each geographical unit of England used in thesis and their populations in 2019.

Geography	Number of units	Median (5th - 9th percentile) population in 2019
region	9	5,934,037 (3,536336-9,092,877)
district	314	140,271 (68,238-380,483)
MSOA	6791	7985 (5760-11,917)
LSOA	32844	1620 (1235-2468)

England is divided into 9 regions (London, North West, West Midlands, etc). Within these regions, there are 314 local authority districts. Districts are administrative geographies formed from a mixture of London boroughs, metropolitan and non-metropolitan districts, and unitary authorities. They are responsible for local policies, and therefore subject to local government restructuring and boundary changes. For stability, we chose the district boundaries from 2020.

LSOAs are a type of census geography made up of around four or five smaller units called Output Areas (OAs). OAs are the smallest building block for census statistics, with between 40 and 250 households and typically 100 to 625 people, and are designed to have some socioeconomic homogeneity. MSOAs are then comprised of around four or five LSOAs, and these MSOAs fit within district boundaries. OAs, LSOAs, and MSOAs are all statistical units designed by the ONS purely for analysis purposes, so researchers can use spatial units with similar, but small, population sizes. No policies are created using these units (“2011 Census geographies,” 2022).

### 3.1.2 Counts of the living

This second data source we require are populations counts. These are taken from mid-year population estimates of the usual resident population by the ONS (“Lower layer Super Output Area population estimates,” 2021; “Middle layer Super Output Area population estimates,” 2021). The ONS estimates inter-censal populations on a rolling basis, updating the previous year’s value using the change in the population in the GP patient registration data as an indicator of the true population change. The LSOA populations are fully consistent with estimates for higher levels in the nested geographical hierarchical including MSOAs, districts, regions and the national total for England (“Population estimates by output areas, electoral, health and other geographies, England and Wales,” 2021).

### 3.1.3 Deprivation data

We used data for the following measures of socioeconomic deprivation from the English Indices of Deprivation:

- Income deprivation (referred to as *poverty* hereafter). The proportion of the geographical population claiming income-related benefits due to being out of work or having low earnings.
- Employment deprivation (referred to as *unemployment* hereafter). The proportion of the relevant population of the geography involuntarily excluded from the labour market due to unemployment, sickness or disability, or caring responsibilities.

- Education, skills and training deprivation (referred to as *low education* hereafter). Lack of attainment and skills, including education attainment levels, school attendance, and language proficiency indicators in the geographical population.

The above measures are the three largest contributors to the Index of Multiple Deprivation (IMD), excluding a domain on health that also uses mortality data. The data are produced at the LSOA level (“English indices of deprivation 2019,” 2019).

IMD data are not available for every year. The analysis period for the thesis is 2002 to 2019, so we used data for these measures for 2004, as data for 2002 were not available, and 2019. The 2004 data on deprivation domains were reported for LSOA boundaries from the 2001 census. We mapped these data to the 2011 census LSOA boundaries by assigning the 2001 LSOA score to all postcodes contained within it, then overlaying the 2011 LSOA boundaries, and averaging the score for all constituent postcodes of each LSOA, to obtain the corresponding score for each 2011 LSOA.

The definition of the indicators can change over time. Further, the indicator used for measuring education, skills and training deprivation (low education) is not directly interpretable because it combines multiple concepts cannot be simply expressed as a proportion of the population. Therefore, we used ranking rather than scores so that comparisons can be made not only across spatial units in a single year, but also across the different years.

The data for geographies larger than LSOAs in Table 3.1 were created by ranking the population-weighted average of scores for all constituent LSOAs, as done previously for districts (“English indices of deprivation 2019,” 2019).

### 3.1.4 Migration data

linked migration data van Dijk et al. (2021)

## 3.2 Modelling the dead

For each chapter, the quantity of interest is the same: mortality in each age group, spatial unit and year. Empirically, death rates can be calculated from observed data as the number of deaths divided by the population in each strata. Formally, using  $a$ ,  $s$ , and  $t$  to index age, spatial unit and time respectively, we write

$$\hat{m}_{ast} = \frac{\text{deaths}_{ast}}{\text{population}_{ast}}, \quad (3.1)$$

where  $\hat{m}_{ast}$  is the death rate. When the number of deaths becomes small, however, the empirical death rate presents an apparent variability from year to year, or from spatial unit to spatial unit, which is larger than the true differences in the risk of death. The problem is exacerbated for young ages or rare diseases, where the number of deaths might be zero, or for smaller geographical units, where the population might be zero. Thus, we use Bayesian hierarchical models to obtain stable estimates of death rates by sharing information across age groups, spatial units, and years. An added advantage of the Bayesian paradigm is the robust error estimates.

This is a regression task. We simply want to smooth over the data – the models aren't being used for prediction. We tried to design as complex a model as possible, to capture as much of the true variation in the data as possible using epidemiological knowledge to choose plausible effects. In other words, the model is “full”, enough parameters to capture all the true variability. Models are overspecified, like Bayesian neural networks (AGW paper) The downside of this approach is that more parameters is harder to fit, and fewer parameters, or parsimonious models, makes Bayesian inference easier.

## 3.3 Inference

The decision was made early in the PhD to use Markov chain Monte Carlo (MCMC) sampling methods for inference, as this is the “gold standard” with guarantees that the sequence of samples will asymptotically converge to the true posterior. Furthermore, the state-of-the-art approximate inference package for spatial models, INLA,

scales badly with the number of effects, and hence would struggle with the models of dimensionality in this thesis.

Bayesian models are specified in a probabilistic programming language. The starting point for this project was the **NIMBLE** package (de Valpine et al., 2022, 2017). **NIMBLE** uses the BUGS (“Bayesian inference Using Gibbs Sampling”) syntax for defining a hierarchical model, which the group has a lot of experience with, as **WinBUGS**, one of the earliest software packages for Bayesian analysis, was developed largely in the department for use on SAHSU studies. **NIMBLE** has an **R** interface but compiles models to **C++** for speed and scalability. It also increases the efficiency of Gibbs sampling efficiently by automatically finding conjugate relationships between parameters in the model and marginalising over them wherever possible. An added advantage is that the group has a close relationship with the lead developer of **NIMBLE**.

Nevertheless, Bayesian inference is difficult to scale, and some of the models in this thesis had in excess of  $10^6$  parameters and took **NIMBLE** between 10 and 14 days to collect enough samples of the posterior. One of the main issues with **NIMBLE** was that the vast majority of the parameters in the model could not exploit efficient conjugate samplers, and instead used variants of basic Metropolis-Hastings samplers, which, despite numerous efforts at tuning, were inefficient. Although **NIMBLE** could execute a reasonable number of samples per second, the MCMC chains were struggling to explore the posterior quickly so the *effective* sample size per second was low. This is a common problem in spatial and spatiotemporal models, where the parameters are correlated by design. To overcome these mixing issues, the chains had to be run for longer and thinned (i.e. take every  $n^{\text{th}}$  sample so the Markov chain samples are closer to independent).

I spent a lot of time trying different probabilistic programming languages across **R**, **python** and **Julia**, in particular packages that implemented the more efficient No U-Turn Sampler (NUTS) (Rashid, 2022). In the end, I settled on **NumPyro** (Phan et al., 2019) because it was the fastest and inference could be performed on a GPU, rather than CPUs, which is faster for large models (Lao et al., 2020). The major downside was that **NumPyro** had not been used extensively by the spatial community, so I had to

implement the CAR distribution from Equation 2.2, which has since been contributed to the source code. Rewriting the model in `NumPyro` and sampling on a GPU cut the required runtime down to around a day. `NumPyro` also has built-in methods for approximate variational inference, such as the Laplace approximation, but these failed to converge to sensible values for these models without heavy customisation of variational function, so I stuck with sampling methods.

### 3.4 Clean code and open source

I am strong believer in open source science, and I have put a lot of attention into open sourcing the code for all analyses during the PhD. With open science, not only do we facilitate the scientific method as our process and results are reviewed scientific method, but we also allow people in the future to easily reuse and build on our models. It can also generate interest from researchers in different fields using similar models and from developers looking to challenge their software on complicated research questions, both of which I have seen first-hand during the course of my studies. The code is clean, version-controlled and follows best practices for scientific software engineering wherever possible. As well as code contributed to open source projects along the way, the code for [statistical models, plots and analysis](#), and the [thesis istelf](#) can be found on GitHub.



## Chapter 4

# Small: Life expectancy trends in England at the MSOA level

This chapter is based on the peer-reviewed publication *Life expectancy and risk of death in 6791 communities in England from 2002 to 2019: high-resolution spatiotemporal analysis of civil registration data*, published in *The Lancet Public Health* (Rashid et al., 2021), for which I was first author. The figures have been reproduced for the thesis, and the text has been updated but remains much the same as the original.

### 4.1 Overview

### 4.2 Methods

#### 4.2.1 Mortality and population data

I performed a high-resolution spatiotemporal analysis of civil registration data in which I extracted de-identified data for all deaths in England from 2002 to 2019 (8,646,878 death records, extract date: 25th June 2021) Deaths were stratified by 19 age groups (0, 1–4, 5–9, ..., 80–84, 85+) and 6791 MSOAs. I did not use 129 death records (< 0.001) for which sex was not recorded. In 48 (0.001%) age MSOA-year combinations, the number of deaths exceeded population. Most of these were in people aged 85 years and older. In these cases, the population was set equal to the number of deaths.

### 4.2.2 Statistical analysis

I used a Bayesian hierarchical model to obtain stable estimates of death rates by sharing information across age groups, MSOAs, and years. I conducted all analyses separately by female and male sexes because mortality and trends differ by sex. In the model, the number of deaths in age group  $a (= 1, \dots, 19)$ , MSOA  $s (= 1, \dots, 6791)$  and year  $t (= 1, \dots, 18)$  follows a negative binomial distribution

$$\text{deaths}_{ast} = \text{Negative Binomial}(p_{ast}, r). \quad (4.1)$$

The parameter  $p_{ast}$  is

$$p_{ast} = \frac{r}{r + m_{ast} \cdot \text{Population}_{ast}}. \quad (4.2)$$

where  $r \geq 0$  is the overdispersion parameter, which accounts for extra variability not captured by other components in the model, and  $m_{ast}$  is the death rate. The negative binomial<sup>1</sup> likelihood can be thought of as a generalisation of a Poisson likelihood, which allows for overdispersion, with larger values of  $r$  indicating more similarity to a Poisson distribution. A Poisson distribution is a suitable approximation for rare events, and I found that mortality at the MSOA-level was sufficiently rare such that death rates never came close to 1.

Log-transformed death rates were modelled as a function of time, age group and MSOA. The model contains terms to capture the overall level and rate of change of mortality, as well as age-specific and MSOA-specific terms to allow deviations from these terms. Specifically, log-transformed death rates are modelled as

$$\log m_{ast} = \alpha_0 + \beta_0 t + \alpha_{1s} + \beta_{1s} t + \alpha_{2a} + \beta_{2a} t + \xi_{as} + \nu_{st} + \gamma_{at}, \quad (4.3)$$

where  $\alpha_0$  is the overall intercept across all age groups and MSOAs.  $\beta_0$  quantifies the overall trend (over time) across all age groups and MSOAs.  $\alpha_{1s}$  and  $\beta_{1s}$  measure deviation from the overall intercept and trend terms, respectively, for each MSOA.  $\alpha_{2a}$  and  $\beta_{2a}$  measure deviation from the global level and trend, respectively, for each

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<sup>1</sup>The name “negative binomial” is quite difficult to understand in this context. A better, but less popular name, is the gamma-Poisson distribution. Here, the story is simpler: we have a mixture of Poisson distributions where the rate parameters of the Poisson distributions follow a gamma distribution (McElreath, 2020).

age group. I used first-order random walk priors on  $\alpha_{2a}$  and  $\beta_{2a}$  so that they vary smoothly over adjacent age groups, with the form  $A_a \sim \mathcal{N}(A_{a-1}, \sigma_A^2)$  for both age-specific terms  $\alpha_{2a}$  and  $\beta_{2a}$ . I constrained  $\alpha_{21} = 0$  and  $\beta_{21} = 0$  so each random walk was identifiable and centred on the corresponding overall term.

$\xi_{as}$  is an age group-MSOA interaction term, which quantifies MSOA-specific deviations from the overall age group structure given by  $\alpha_{2a}$ . This allows different MSOAs to have different age-specific mortality patterns, and each age group's death rate to have a different spatial pattern. This interaction term was modelled as  $\mathcal{N}(0, \sigma_\xi^2)$ .

$\nu_{st}$  and  $\gamma_{at}$  allow MSOA- and age group-specific non-linearity in the time trends. For each MSOA and age group, I again used first-order random walk priors with  $\nu_{s1} = \gamma_{a1} = 0$  so that the terms were identifiable.

For the main analysis, the MSOA intercepts and slopes,  $\alpha_{1s}$  and  $\beta_{1s}$ , were modelled as nested hierarchical random effects, with MSOAs nested in districts, which were, in turn, nested in regions. The regional terms are centred on zero to allow the spatial effects to be identifiable.

For comparison, I also modelled the spatial effects using a BYM model, as in Equation 2.3. The CAR component of the model requires all spatial units to have neighbours. Thus, the MSOAs containing the Isle of Wight, Hayling Island, the Isles of Scilly and Canvey Island were each joined to the nearest mainland MSOA based on road or ferry connections.

The results of the spatial model were virtually identical to the hierarchical random effects model (correlation coefficient 0.999 for female and male sexes; mean difference 0.03 years for women and 0.009 years for men; mean absolute difference 0.07 years for women and 0.09 years for men for life expectancy estimates from the two approaches). I present results from the hierarchical model for two reasons. First, it allows neighbouring MSOAs that fall in different districts to differ more than those within the same district, reflecting the relevance of district as a unit of resource allocation and policy implementation. Second, the hierarchical model was computationally less demanding with run times about 1.4 times faster than the spatial model.

All standard deviation parameters of the random effects had  $\sigma \sim \mathcal{U}(0, 2)$  priors. For the global intercept and slope, we used the diffuse prior  $\mathcal{N}(0, \sigma^2 = 10^5)$ . The overdispersion parameter  $r$  had the prior  $\mathcal{U}(0, 50)$ .

Table 4.1 shows all model parameters, their priors and dimensions.

TABLE 4.1: Specification of the Bayesian statistical model.

Parameter name	Symbol	Prior	Dimension
Overall intercept	$\alpha_0$	$\mathcal{N}(0, \sigma^2 = 10^5)$	1
Overall slope	$\beta_0$	$\mathcal{N}(0, \sigma^2 = 10^5)$	1
Regional intercept	$\alpha_{1r}$	$\mathcal{N}(0, \sigma_{\alpha_{1r}}^2)$	9
Regional intercept standard deviation	$\sigma_{\alpha_{1r}}$	$\mathcal{U}(0, 2)$	1
District intercept	$\alpha_{1d}$	$\mathcal{N}(0, \sigma_{\alpha_{1d}}^2)$	314
District intercept standard deviation	$\sigma_{\alpha_{1d}}$	$\mathcal{U}(0, 2)$	1
MSOA intercept	$\alpha_{1s}$	$\mathcal{N}(0, \sigma_{\alpha_{1s}}^2)$	6791
MSOA intercept standard deviation	$\sigma_{\alpha_{1s}}$	$\mathcal{U}(0, 2)$	1
Regional slope	$\beta_{1r}$	$\mathcal{N}(0, \sigma_{\beta_{1r}}^2)$	9
Regional slope standard deviation	$\sigma_{\beta_{1r}}$	$\mathcal{U}(0, 2)$	1
District slope	$\beta_{1d}$	$\mathcal{N}(0, \sigma_{\beta_{1d}}^2)$	314
District slope standard deviation	$\sigma_{\beta_{1d}}$	$\mathcal{U}(0, 2)$	1
MSOA slope	$\beta_{1s}$	$\mathcal{N}(0, \sigma_{\beta_{1s}}^2)$	6791
MSOA slope standard deviation	$\sigma_{\beta_{1s}}$	$\mathcal{U}(0, 2)$	1
Age group intercept	$\alpha_{2a}$	$\mathcal{N}(\alpha_{2,a-1}, \sigma_{\alpha_{2a}}^2)$	18
Age group intercept standard deviation	$\sigma_{\alpha_{2a}}$	$\mathcal{U}(0, 2)$	1
Age group slope	$\beta_{2a}$	$\mathcal{N}(\beta_{2,a-1}, \sigma_{\beta_{2a}}^2)$	18

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Parameter name	Symbol	Prior	Dimension
Age group slope	$\sigma_{\beta_{2a}}$	$\mathcal{U}(0, 2)$	1
standard deviation			
Age group MSOA interaction	$\xi_{as}$	$\mathcal{N}(0, \sigma_\xi^2)$	19 x 6791
Age group MSOA interaction standard deviation	$\sigma_\xi$	$\mathcal{U}(0, 2)$	1
MSOA random walk over time	$\nu_{st}$	$\mathcal{N}(\nu_{s,t-1}, \sigma_\nu^2)$	6791 x 17
MSOA random walk over time standard deviation	$\sigma_\nu$	$\mathcal{U}(0, 2)$	1
Age group random walk over time	$\gamma_{at}$	$\mathcal{N}(\gamma_{a,t-1}, \sigma_\gamma^2)$	19 x 17
Age group random walk over time standard deviation	$\sigma_\gamma$	$\mathcal{U}(0, 2)$	1
Overdispersion parameter	$r$	$\mathcal{U}(0, 50)$	1

---

Inference was performed using Markov chain Monte Carlo in **NIMBLE** package (de Valpine et al., 2022, 2017). I monitored convergence using trace plots and the R-hat diagnostic (Vehtari et al., 2021) and thinned post burn-in samples to reduce memory and storage use. For women, I ran four chains for 150,000 iterations, discarding the first 50,000 and thinning the remainder by 400 to obtain 1,000 post-burn-in draws from the posterior distribution of model parameters. For men, due to slower mixing, I ran eight chains for 150,000 iterations, discarding the first 100,000 and thinning the remainder by 400.

In 2017, the MSOA in Kensington and Chelsea, London where Grenfell Tower is

located had 119 deaths, compared with 48 in 2016 and 51 in 2018. The additional deaths were caused by a fire in a highrise residential building. This outlier year led to unstable estimates of the longterm trend in life expectancy in this MSOA, and also slightly changed estimates in other MSOAs in the district. To avoid this instability, when applying the statistical model, I replaced the number of deaths for this year with the mean of those in 2016 and 2018 for each age and sex group. When making estimates for 2017, the difference between actual and interpolated deaths was added back to the posterior estimates so that these deaths were counted in the corresponding year. The Grenfell Tower fire incident was, to the best of our knowledge, the only spatially-specific, long-tailed mortality event in England over the study period.

I calculated life expectancy at birth, and probability of dying at specific ages by sex and MSOA using life table methods (Preston et al., 2001). I used the Kannisto-Thatcher method to expand the terminal age group ( $\geq 85$  years) of the life table.

The reported 95% credible intervals (CrIs) represent the 2.5th to 97.5th percentiles of the posterior distribution of estimated life expectancies. I also report the posterior probability that the estimated change over time in an MSOA represents an increase versus a decrease in life expectancy. Posterior probability represents the inherent uncertainty in life expectancy trends. In an MSOA in which the entire posterior distribution of life expectancy in 2019 is greater than in 2002, there is around a 100% posterior probability of an increase, and hence around a 0% probability of a decrease, and vice versa. Posterior probabilities more distant from 50% indicate more certainty.

## 4.3 Results

### 4.3.1 Inequalities in life expectancy

In 2019, there was a 20.6 year (95% CrI 17.5–24.2) gap for women between the MSOA with the highest life expectancy (an MSOA in Camden, London; 95.4 years (92.4–98.7)) and the MSOA with the lowest life expectancy (an MSOA in Leeds; 74.7 years (73.4–76.2)). The gap was 27.0 years (23.4–31.1) for men, between an MSOA in Kensington and Chelsea, London (95.3 years (92.1–99.3)) and an MSOA in Blackpool (68.3 years (66.9–69.6)). The difference between the first and 99th percentiles of life

expectancy in 2019 was 14.2 years (13.9–14.5) for women and 13.6 years (13.4–13.9) for men.

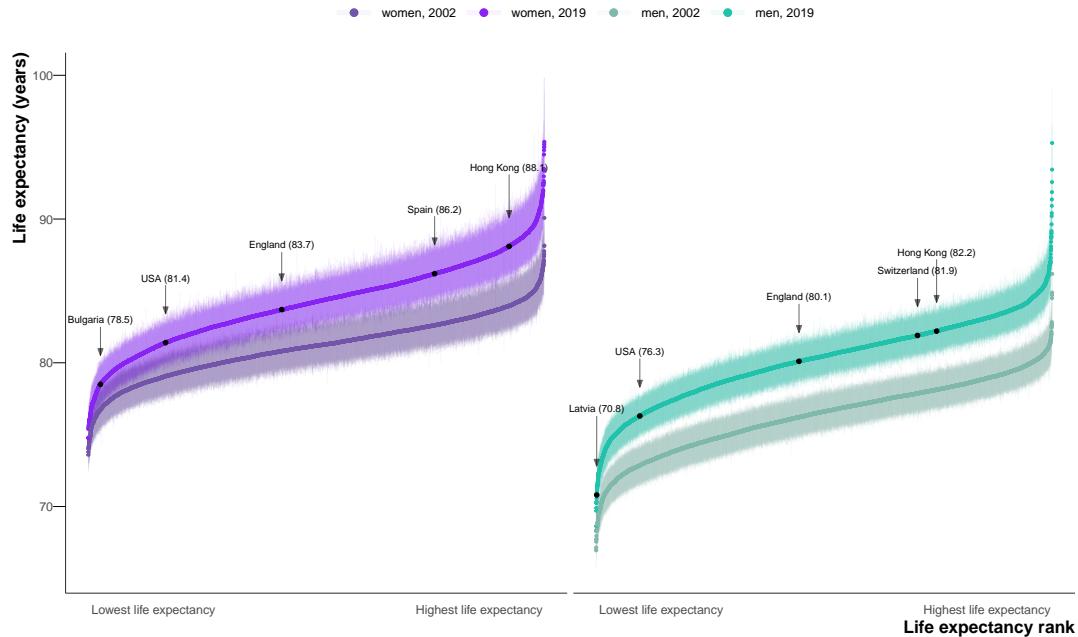


FIGURE 4.1: Ranked MSOA life expectancies in 2002 and 2019. Each point shows the posterior median life expectancy estimate for each MSOA, forming a curve; error bars are 95% credible intervals. Arrows indicate national life expectancies in England and selected comparator countries with life expectancies within the range of English MSOAs. Hong Kong had the highest global female and male life expectancies. In the EU, Bulgaria had the lowest and Spain had the highest life expectancies for women; Latvia had the lowest and Switzerland had the highest life expectancies for men. Life expectancy for England was calculated from the data used here, and for other countries from World Bank estimates in 2019 (“Life expectancy at birth, data,” 2022).

When all MSOAs were ranked on the basis of their life expectancy, the difference between successively ranked MSOAs was particularly large for the approximately 5% of MSOAs with the lowest and highest life expectancy (seen as the sharper decline or rise at the two ends of the ranked life expectancy curve in Figure 4.1), indicating distinct groups at extreme advantage and disadvantage.

The 124 (1.8%) of 6791 MSOAs with the lowest female life expectancy and 262 (3.9%) MSOAs with the lowest male life expectancy in 2019 were located in urban areas, particularly in the north, including Blackpool, Leeds, Liverpool, Manchester, and

<sup>2</sup>For an interactive version of this figure, see the [visualistion](#).

<sup>3</sup>For a hex-cartogram of life expectancy in 2019, see Figure A.1.

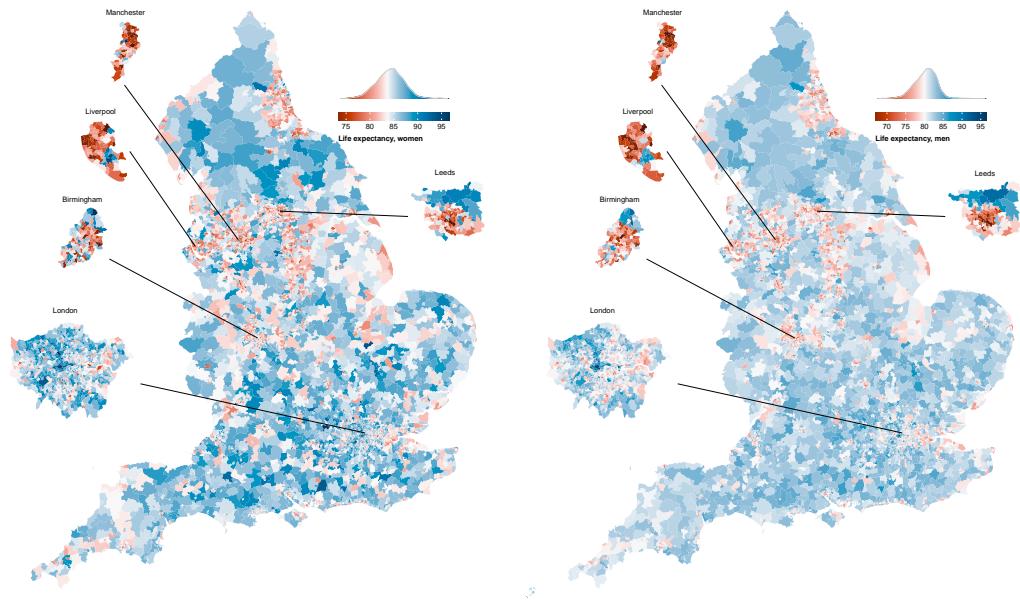


FIGURE 4.2: Map of life expectancy and the distribution of life expectancy in 2019. The areas in white have a life expectancy equal to the national life expectancy. [2](#) [3](#)

Newcastle. Many of the MSOAs with the highest life expectancy, especially for men, were in London and its neighbouring districts (Figure 4.2).

### 4.3.2 Change in life expectancy

Female and male life expectancy were correlated across MSOAs with a correlation coefficient of 0.87 (Figure 4.3). Female life expectancy was higher than male life expectancy in all but 15 MSOAs. The female advantage was more than 5 years in 1498 (22.1%) of 6791 MSOAs and 1–5 years in another 5187 (76.4%). From 2002 to 2019, a decline in life expectancy was more probable than an increase in 124 mostly urban MSOAs of 6791 (1.8% of all MSOAs) for women, with posterior probabilities of greater than 80% in 34 of these. The largest estimated decline of 3.0 years (0.9–5.3; posterior probability of the estimated decline being a true decline 99.6%) occurred in an MSOA in Leeds (Figure 4.4, Figure 4.5).

Elsewhere, median posterior change was positive, ranging from less than 1 year in 408 MSOAs to more than 7 years in 63 MSOAs. Posterior probability of an increase in male life expectancy was more probable than a decrease in all but one MSOA in Blackpool, in which life expectancy changed by –0.4 years (–2.3 to 1.6; posterior

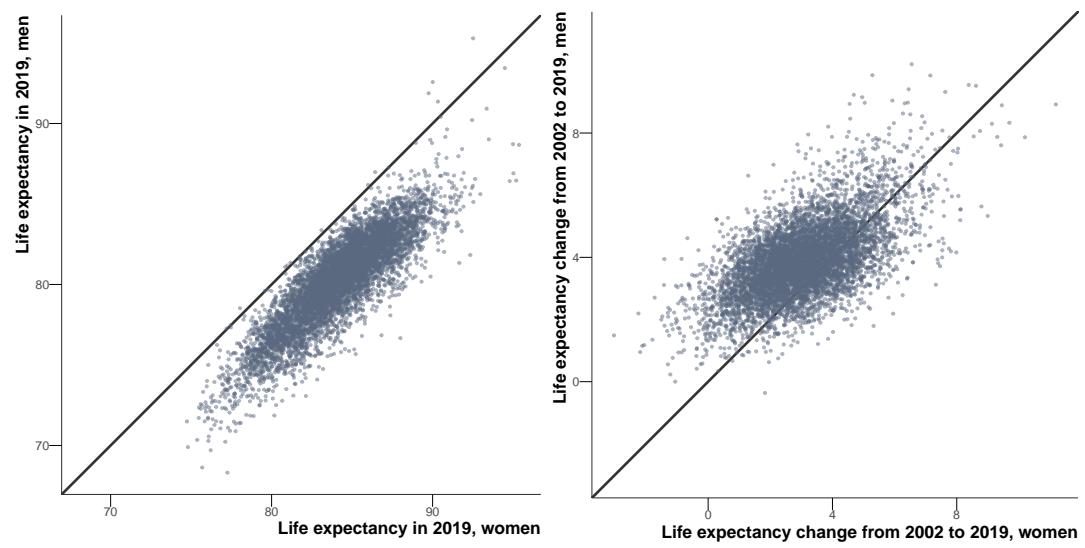


FIGURE 4.3: Comparison of female and male life expectancy in 2019 and change from 2002 to 2019.

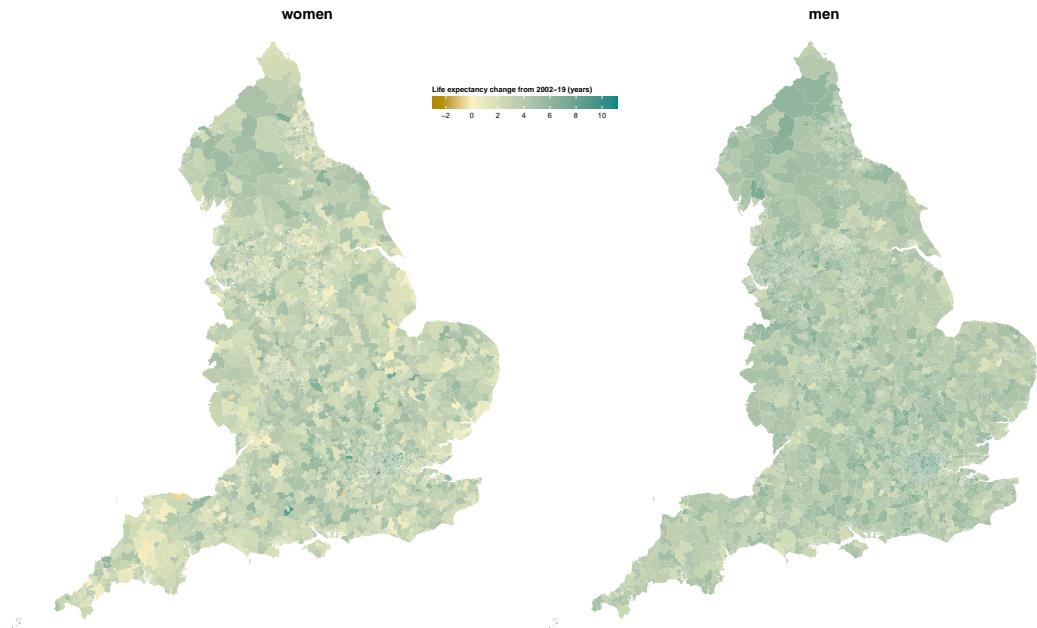


FIGURE 4.4: Geography of change in life expectancy from 2002 to 2019.

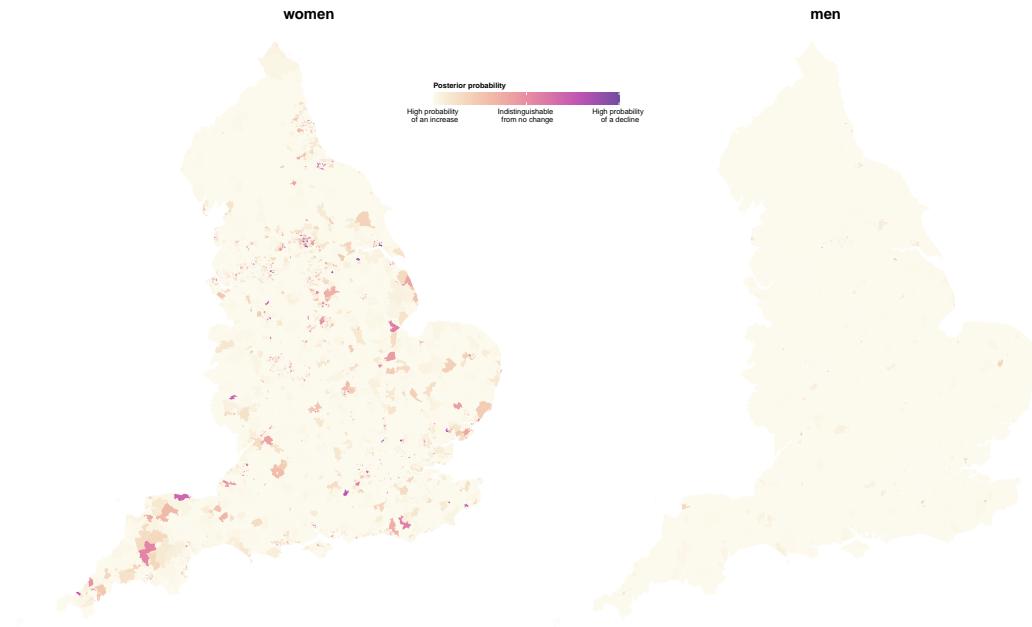


FIGURE 4.5: Map of posterior probability that the estimated change represents a true increase or decrease in life expectancy from 2002 to 2019.

probability of being a true decline 64%). For the other MSOAs, the increase ranged from less than 1 year in 31 MSOAs to more than 7 years in 114 MSOAs. The largest increases in female and male life expectancies were seen in some MSOAs in and around London (e.g., in the London Borough of Camden). In 5,133 (75.6%) MSOAs, male life expectancy increased more than female life expectancy (Figure 4.3), leading to a closing of the life expectancy gap between female and male sexes.

The life expectancy increase from 2002 to 2019 was smaller in MSOAs where life expectancy had been lower in 2002, and vice versa, especially for women, which led to a larger life expectancy inequality across MSOAs in 2019 than in 2002 (Figure 4.6, Figure 4.7). Specifically, the aforementioned 20.6 year (17.5–24.2) gap for women and 27.0 year (23.4–31.1) gap for men between the lowest and highest MSOA life expectancies in 2019 were larger than those in 2002 by 4.3 years (−1.3 to 9.3) for women and 7.7 years (4.0 to 11.7) for men. Similarly, the gap between the first and 99th percentiles of MSOA life expectancy for women increased from 10.7 years (10.4–10.9) in 2002 to reach 14.2 years (13.9–14.5) in 2019, and for men increased from 11.5 years (11.3–11.7) in 2002 to 13.6 years (13.4–13.9) in 2019.

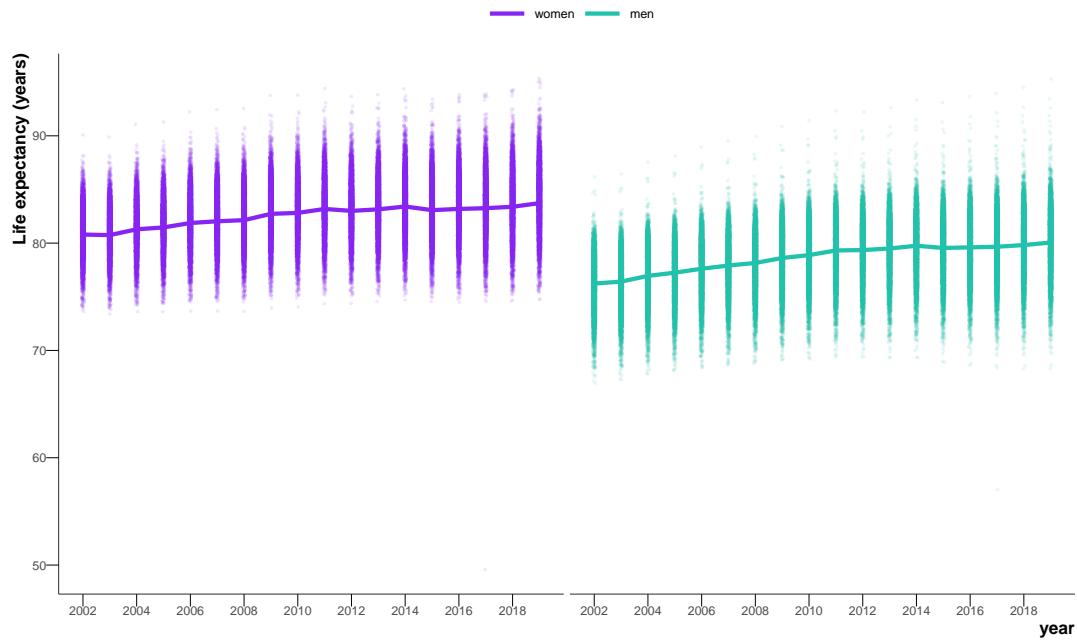


FIGURE 4.6: Distribution of MSOA life expectancies in each year from 2002 to 2019. Each point shows one MSOA and the upper and lower lines show the first and 99th percentiles of life expectancy. The height of the shaded area is the first to 99th percentile range. The central line shows national life expectancy.

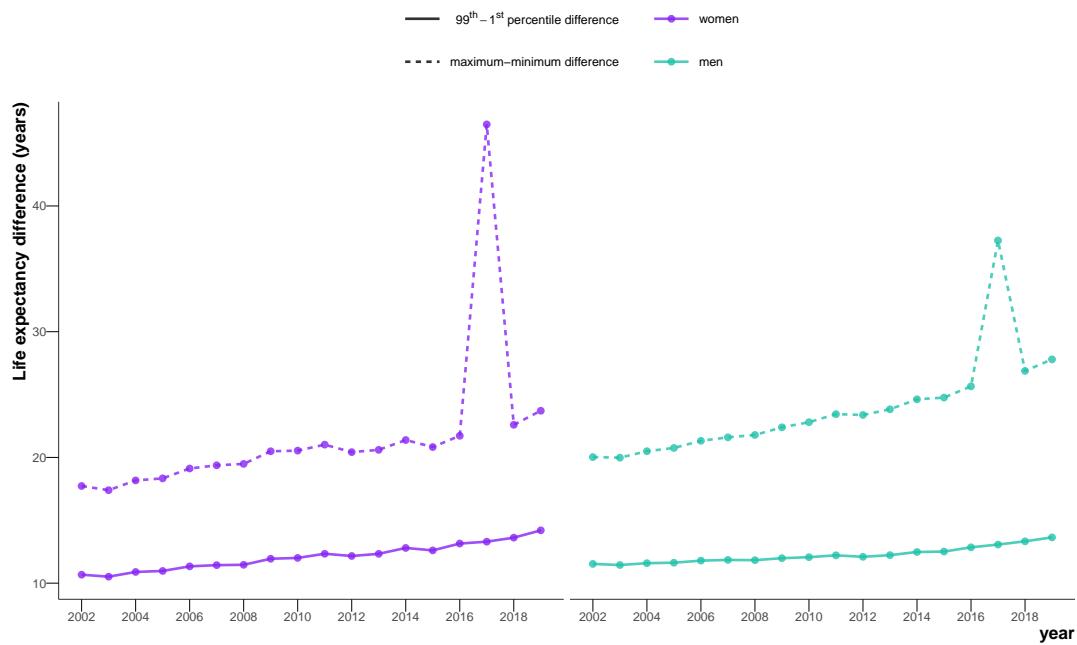


FIGURE 4.7: Maximum (highest) to minimum (lowest) and 99th to first percentile differences in life expectancy across 6791 MSOAs, 2002–19. The large difference in 2017 is due to the low life expectancy in the MSOA where the deaths in the Grenfell Tower (Kensington and Chelsea, London) fire took place.

When broken down by time period, the vast majority of MSOAs saw a life expectancy increase in 2002–06 and 2006–10 (Figure 4.8). By contrast, women in 351 (5.2%) MSOAs had a median posterior change in life expectancy in 2010–14 that was negative. By 2014–19, the number of MSOAs with a negative median posterior change had risen to 1270 (18.7%) for women, with men in 784 (11.5%) MSOAs also showing a decline. These MSOAs tended to be places in which life expectancy was already low.

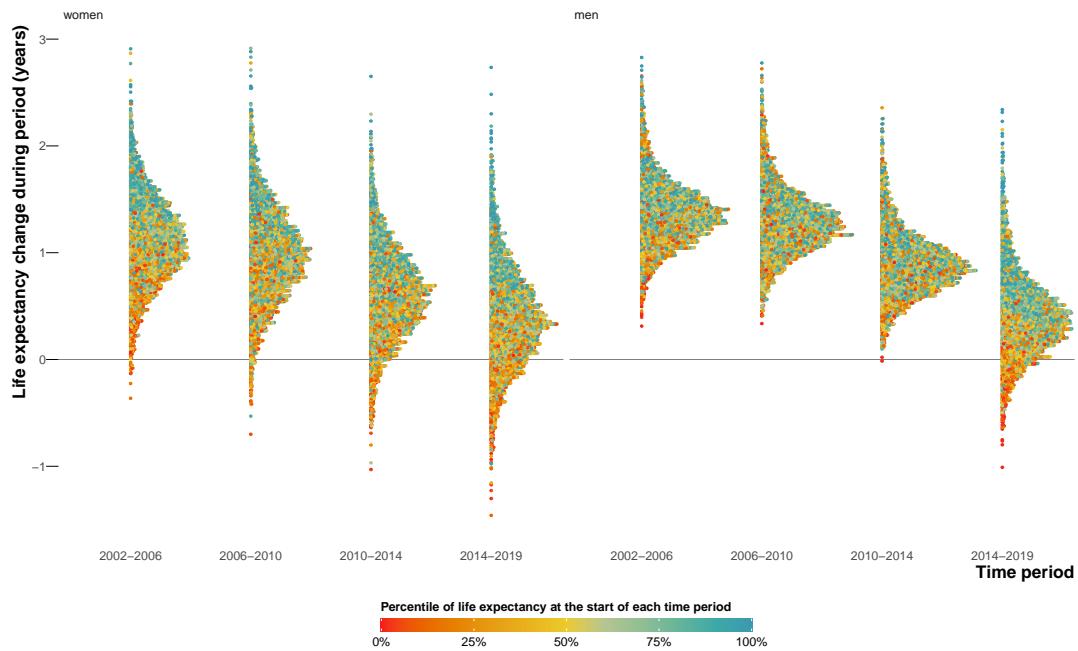


FIGURE 4.8: Change in MSOA life expectancy in different time periods, 2002–19. Each point shows the posterior median change in one MSOAs. MSOAs are coloured by their life expectancy at the beginning of each period (e.g., for 2014–19, they are coloured by life expectancy in 2014).

### 4.3.3 Life expectancy and deprivation

Life expectancy at birth was inversely associated with the extent of unemployment, poverty, and low education in MSOA in 2002 and 2019 (Figure 4.9). There was substantial variation in life expectancy across MSOAs at any level of poverty or unemployment seen in the vertical spread of points in figure 6. From 2002 to 2019, there were, on average, smaller gains in life expectancy in the MSOAs with the highest levels of unemployment, poverty, and low education than in those in the lowest levels, especially for women.

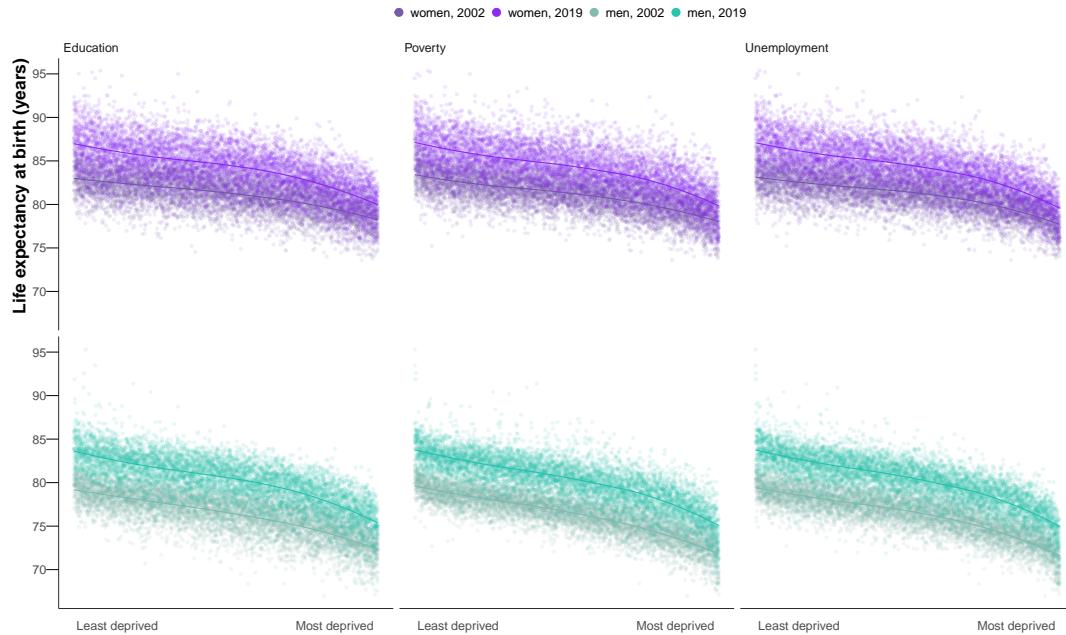


FIGURE 4.9: MSOA life expectancy in relation to measures of socioeconomic deprivation in the MSOA in 2002 and 2019. The socioeconomic measures are poverty, unemployment, and education. The lines show the smooth relationship fitted with locally estimated scatterplot smoothing for each year.

#### 4.3.4 Inequalities in probability of survival

Similar to life expectancy, there were large inequalities in the probability of surviving from birth to 80 years, which ranged from 42% to 87% in women and 27% to 85% in men across MSOAs in 2019. These large survival inequalities were present at every stage of the lifecourse including childhood and early adolescence (0–14 years), young adulthood (15–29 years), working ages (30–69 years), and older ages (70–79 years) (Figure 4.10). Specifically, the probability of dying at different stages of the lifecourse in the 99th percentile of MSOAs was between 2.6 and 3.1 times that of the first percentile for female and male sexes in 2019. From 2002 to 2019, the relative inequality across MSOAs (ie, ratio of the 99th to the first percentile) in the probabilities of dying increased at every stage of the life course; the absolute inequality (ie, difference between the 99th and first percentiles) decreased slightly in all combinations except for working age women (30–69 years). Within childhood and adolescence, there were particularly large inequalities in infant mortality (0 to < 12 months), with a ratio of the 99th to the first percentile of MSOAs being 3.2 for female and male sexes in 2019. Infant mortality increased from 2014 to 2019 in 1378 (20.3%) MSOAs for girls and

888 (13.0%) for boys, many of which experienced a decline in life expectancy.

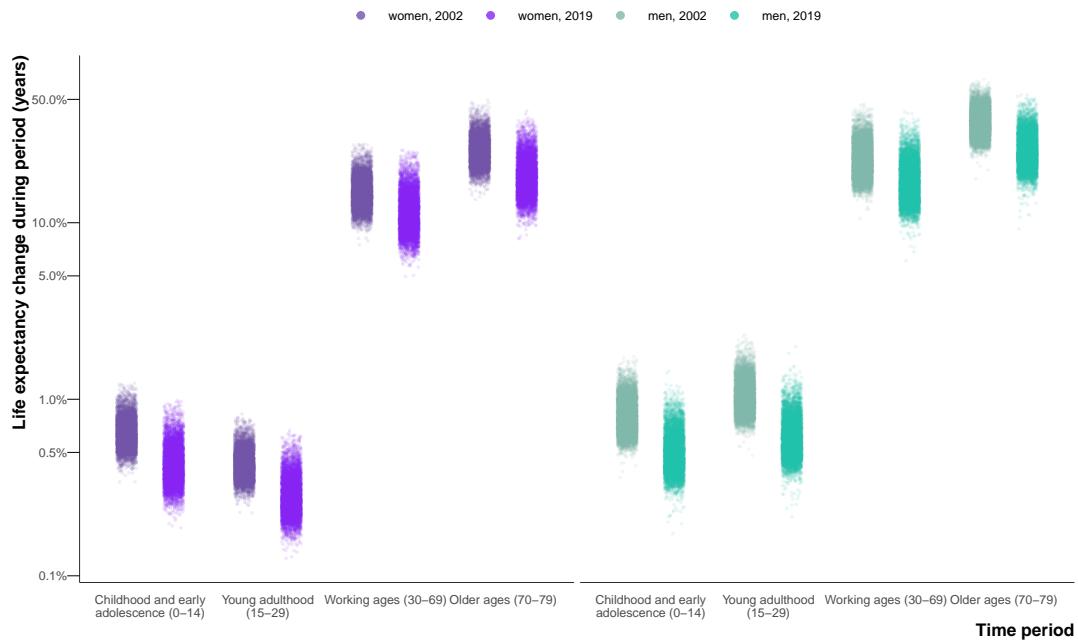


FIGURE 4.10: Probability of dying in specific ages in 6791 MSOAs in England in 2002 and 2019. Each point shows one MSOA. The vertical axis uses a log scale so that the large differences in survival across ages can be seen.

## 4.4 Discussion

The high-resolution analysis over space and time shows that life expectancy has not only ceased to increase but has declined in many communities in England since 2010. The decline has accelerated since 2014, affecting the female population of 18.7% of MSOAs and the male population of 11.5% of MSOAs. In 1.8% of MSOAs, women have had a long-term decline in life expectancy over two decades. MSOAs that have gained the least in longevity since 2002 were those that started with the lowest life expectancy, located in northern urban areas with high levels of poverty and unemployment, and with relatively low education. Conversely, those MSOAs with higher life expectancies in 2002 had some of the largest gains. As a result, England has seen widening inequalities in longevity, with the life expectancy gap surpassing 20 years for women and 27 years for men.

#### 4.4.1 Strengths and limitations

The main strength of the analysis is the presentation of high-resolution data for mortality and longevity across England over a period of substantial change in economic, health, and social care policy. By applying a hierarchical model based on patterns of mortality over age, space, and time, I obtained robust yearly estimates of mortality and life expectancy, together with the uncertainty in these estimates, for small areas. By contrast, studies that had not used a coherent model produced unstable (i.e., very large uncertainty) or implausible life expectancy estimates in some MSOAs, despite having aggregated deaths over 5 years, nor could they analyse trends at the MSOA level “Local Health - Small Area Public Health Data” (2021). Comparison of estimates at MSOA and district level shows that the estimated MSOA life expectancy range was about 1.8 times the district-level range for women and 2.0 times the district-level range for men in 2019.

A limitation of the work in this chapter is that I did not break down age beyond 85 years, which might mask some differences in oldage mortality and survival patterns. Although MSOAs have small populations and are designed to have some socioeconomic homogeneity, there are inevitable variations in socioeconomic status and health within them. To understand life expectancy inequalities in relation to individual socioeconomic characteristics requires linking health and other data such as census records, education, and taxes, as done in countries like New Zealand and Sweden. Furthermore, the people who live in each MSOA can change due to both within-country and international migration.

REDO MIGRATION USING LINKED DATA van Dijk et al. (2021) Migration estimates for geographical units with consistent boundaries are only available at the district level for 2012–17 years explained only 8% of the variation in life expectancy change for women and 16% for men at the national level. Studies in both the UK [] and USA [CITE Ezzati] have also shown that migration is not sufficient to explain the trends in health and health inequalities, and that these trends are largely due to real changes in population health. Even if rising inequalities are partly due to health, selective migration, this phenomenon has social and economic origins that should be

addressed through employment opportunities, affordable housing, high-quality education, and health care.

Population and mortality statistics in the UK are generated independently from one another. As a result, we encountered a situation of having more deaths than population in a small percentage (0.001%) of age-MSOA year combinations, a phenomenon that was more common in those aged 85 years and older. This finding might be due to errors in population estimates in years between censuses or because some people (e.g., those living in longterm care facilities such as care homes), are counted in one MSOA for the population statistic but have their death registered in another. Furthermore, care home residents might have relocated from other MSOAs, with different socioeconomic characteristics from that in which the care home is located. This factor could attenuate the association between socioeconomic variables and life expectancy. The extent of this underestimation is modest; however, because a large part of life expectancy variation is due to deaths at earlier ages, when people are less likely to live and die in care homes (Bennett et al., 2018).

#### 4.4.2 Comparison with previous literature

The life expectancy estimates in specific years are similar to the snapshots presented by the ONS and Public Health England “Local Health - Small Area Public Health Data” (2021), with correlation coefficients of 0.92-0.95 and mean differences of -0.004 to 0.19 years. However, these reports could not analyse trends because data were aggregated over 5 years (2009–13, 2013–17, or 2015–19). In terms of trends, studies that grouped small area units into deciles of deprivation have detected a decline in female life expectancy in the one or two most deprived deciles. Marmot et al. (2020) By analysing trends at the MSOA level, we could identify the communities in which longevity is declining and show that the decline, which began around 2010 in women in some MSOAs, has spread and accelerated since 2014.

Congdon (2019) also used spatial models to smooth over MSOA-level data of mortality, but specifically drug-related deaths and suicides between 2012-16. The author singled out the district of Blackpool as containing many of the MSOAs with the most extreme

predicted relative risks of death from these causes, including the MSOA I found with the lowest life expectancy for men in 2019.

#### 4.4.3 Is England the new USA (in a bad way)?

Over the period of this analysis, from 2002 to 2019, national life expectancy increased in high-income countries in Australasia, Europe, and North America. Female life expectancy has stagnated or declined in various intervals since 2010 in the UK (84% of the UK population in 2019 lived in England) and in some other high-income countries including France, Germany, Italy, and the USA; the UK and USA have had some of the poorest performances in terms of the duration or extent of slowdown or reversal in longevity gain. The comparative performance of high-income countries' longevity trends has been attributed to differences in risk factors such as smoking, health care, and social inequalities (Leon et al., 2019).

To our knowledge, nationwide trend data for small-area life expectancy are available only in the USA. The declining life expectancy in numerous English MSOAs since 2014, especially those that already had a low life expectancy, resembles a trend spanning nearly three decades in the USA in two ways Chetty et al. (2016). First, in both countries, there is substantial variation in life expectancy at any level of poverty, which might be due to geographical variations in health behaviours, the public health programmes that influence these behaviours or otherwise prevent disease, and health services (Chetty et al., 2016). The second similarity in smallarea life expectancy trends is that the decline in life expectancy was more widespread in women than in men (Ezzati et al., 2008). Historically, women and men had similar life expectancies in highincome nations before a rise in traffic injuries and diseases associated with specific occupations and health behaviours such as smoking and alcohol use created a male mortality disadvantage in the 20th century (Beltrán-Sánchez et al., 2015). The closing of female and male life expectancy in the late 20th century and early 20st century in many highincome nations (Kontis et al., 2017) is partly due to the dynamics of smoking, which peaked later in women than in men, and affects causes of death such as respiratory diseases and lung cancer that have stagnated or even increased in women in deprived communities Leon et al. (2019). However, it is rare for the

convergence of female and male life expectancies to occur in the form of female life expectancy decline (Ezzati et al., 2008), which might be due to a combination of the worsening economic, psychosocial (eg, poverty, stress, and domestic violence), and behavioural (smoking and alcohol use) determinants of mortality in English women.

In both countries, the decline in life expectancy was associated with the economic trends of unemployment and insecure and lowwage employment following late 20th century deindustrialisation. In England, these economic trends led to a larger loss of jobs in the north than in London and the southeast Davenport and Zarenko (2020). These long-term changes were followed by a reduction in social support and welfare payments and in funding to the local governments during the austerity period, which increased poverty, including in-work poverty Alexiou et al. (2021), and also had larger effects in the north than in London and southern parts of the country and worsened the effects of loss of secure employment. Gray and Barford (2018) Poverty and reduced funding to services increase mortality through health behaviours such as smoking and alcohol use, poor nutrition and living environment, psychosocial pathways, and lower provision or use of preventive and curative health care.

#### **4.4.4 Summary**

I performed a high-resolution spatiotemporal analysis of all deaths in England from 2002 to 2019, using a Bayesian hierarchical model to obtain estimates of age-specific death rates by age, sex, and MSOA. I used life table methods to calculate life expectancy at birth and probabilities of death in different ages by sex and MSOA.

In 2002–06 and 2006–10, all but a few (0–1%) MSOAs had a life expectancy increase for women and men. In 2010–14, female life expectancy decreased in 351 (5.2%) of 6791 MSOAs. And by 2014–19, the number of MSOAs with declining life expectancy was 1270 (18.7%) for women and 784 (11.5%) for men. The life expectancy increase from 2002 to 2019 was smaller in MSOAs where life expectancy had been lower in 2002 (mostly northern urban MSOAs), and larger in MSOAs where life expectancy had been higher in 2002 (mostly MSOAs in and around London).

These results show that numerous communities in England had begun to have a decline in longevity, mirroring an earlier trend in the USA. That these trends happened in the decade before the Covid-19 pandemic – so-called “normal times” – is worrying, and signals ongoing policy failures to tackle the social determinants of health.



## Chapter 5

# Smaller: Life expectancy inequality in London at the LSOA level

### 5.1 Overview

London wards, joint modelling of disability free and total life expectancy in census years, obtain better DFLE Congdon (2014)

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### 5.2 Methods

extract date 17<sup>th</sup> November 2022

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### **5.3 Results**

### **5.4 Discussion**

### **5.5 Summary**

## Chapter 6

# And what they died from: cause-specific mortality in England at the district level

### 6.1 Overview

### 6.2 Methods

extract date 17<sup>th</sup> November 2022

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### 6.3 Results

### 6.4 Discussion

### 6.5 Summary



## Chapter 7

# And when they died from cancer: trends in cancer mortality at the district level in England

### 7.1 Overview

### 7.2 Methods

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### 7.3 Results

### 7.4 Discussion

### 7.5 Summary



## Chapter 8

# Discussion

### 8.1 Comparison with published literature

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### 8.2 Strengths and limitations

Bayesian methods Highest resolution in a joint model, with error estimates

### 8.3 Public health and policy implications

### 8.4 Future work

Only care about LHS of equation. Flexible models, such as Gaussian processes, which use inductive biases and knowledge, or wilder like Very familiar with research, was on a paper But ultimately, the working environment was not conducive to methods development Cluster offline, only a command line This is health data – Understand why people still use Scottish lip cancer and reference data A lot of time spent scaling the models Future research can incorporate new models Joint likelihood for causes

(e.g Best et al.), using multiple surface, or something more flexible like Kronecker GP  
Packages don't exist yet, but should be there in near future

Since 2019, Covid Produce a forecast of mortality Run the counterfactual, as we did in Kontis at the weekly national level, but for district level and annual See how the cause-composition changed Obviously increase in infectious disease, but were injuries reduced? Were cancer outcomes worse due to missed surgeries? Is there a longer term effect due to strain on emergency services?

## **8.5 Conclusions**

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## Appendix A

# Hex-cartogram of life expectancy in 2019 at the MSOA level

This is an alternative version of Figure 4.2, using a hexagon-based cartogram where every MSOA has equal size. Hence, London, which has a lot of small MSOAs, takes up a larger proportion of the map. For an interactive version of the original figure, see the [visualistion](#).

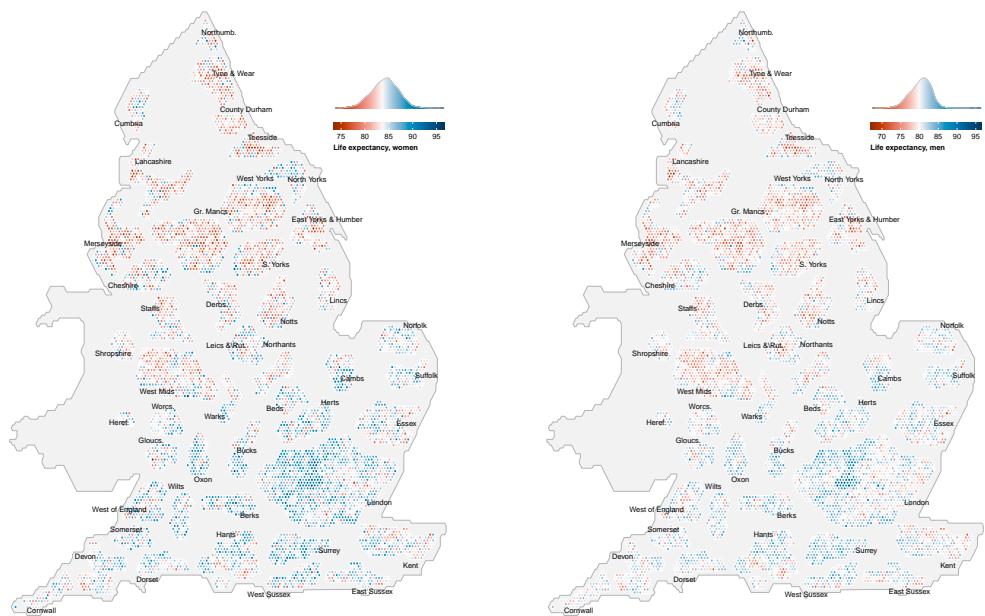


FIGURE A.1: Cartogram of life expectancy and the distribution of life expectancy in 2019. The areas in white have a life expectancy equal to the national life expectancy.