

Mental Health Clinic open access/walk-in times:

Catholic Family Center- Clinton Ave (Adult & Child/Youth)

87 N. Clinton Avenue, Rochester NY, 14604, (585) 546-7220
Mondays 1-3pm; Tuesdays, Wednesdays, & Thursdays 9-11am

Liberty Resources (Adult & Child/Youth)

175 Winton Rd N, Rochester, NY (585) 410-3370
Mondays, Tuesdays & Thursdays 8:30am-10:00am

Rochester Rehabilitation (Adult only)

1000 Elmwood Avenue, Rochester NY, 14620, (585) 271-2520
Thursday mornings 8:30-9:30am

Behavioral Health Access and Crisis Center at St. Mary's Medical Campus (Adult only)

65 Genesee St, Rochester NY 14611, (585) 723-7000
Every Day – 9am-9pm

Crisis Resources:

988 Suicide & Crisis Lifeline

- **Description:** A nationwide service connecting individuals to trained crisis counselors 24/7 for support with suicide, mental health, and substance use crises.
- **How to Access:** Call or text **988**, or chat online at 988lifeline.org.

211 Helpline

- **Description:** A free, confidential service providing information and referrals for health and human services, including mental health support.
- **How to Access:** Dial **211** to connect with a local specialist.

Person In Crisis (PIC) Team – Rochester

- **Description:** A team responding to mental health, substance use, and other crises, providing immediate assistance and support.
- **How to Access:** Call **211** or **988** to dispatch the PIC team.

Delphi Rise Open Access Clinic

- **Description:** Offers 24/7 substance use evaluations and treatment referrals, including detox, inpatient, residential, and outpatient services.
- **Location:** 72 Hinchey Road, Rochester, NY 14624
- **Contact:** Call (585) 627-1777

UR Medicine Mental Health Crisis Call Line

- **Description:** Provides 24/7 access to professionals for immediate mental health crisis support and referrals.
- **How to Access:** Call (585) 275-8686

Comprehensive Psychiatric Emergency Program (CPEP)

- **Description:** Provides emergency psychiatric evaluation and crisis intervention services at Strong Memorial Hospital.
- **How to Access:** Call (585) 275-4501

Primary Care Physicians:

Gates Medical Associates

Address: 2135 Buffalo Road, Rochester, NY 14624

Phone Number: (585) 276-7575

Primary Care – Greece (part of Highland Hospital)

Address: 10 South Pointe Landing, Suite 210, Rochester, NY 14606

Phone Number: (585) 723-3330

Canalside Family Medicine

Address: 10 South Pointe Landing, Ste 250, Rochester, NY

Phone Number: (585) 426-4084

His Branches Community Health Center

Address: 340 Arnett Blvd, Rochester, NY 14619

Phone: (585) 235-2250

Manhattan Square Family Medicine

Address: 454 E Broad St, Ste 100, Rochester, NY 14607

Phone Number: (585) 276-7640

Trillium Health

Address: 259 Monroe Avenue, Rochester, NY 14607

Phone Number: (585) 545-7200

Twelve Corners Internal Medicine

Address: 400 White Spruce Boulevard, Suite A, Rochester, NY 14623

Phone Number: (585) 602-9000

Domestic Violence and Interpersonal Safety

Willow Domestic Violence Center

- 24/7 Hotline: (585) 222-7233
- Crisis counseling, emergency shelter, orders of protection support, safety planning.
- Available to all genders and gender identities experiencing controlling, threatening, or emotionally abusive situations even without physical violence.

RESTORE Sexual Assault Services

- Hotline: (585) 546-2777
- Support for sexual assault, intimate partner violence, and exploitation.

Alternative to Law Enforcement for Crisis

Monroe County Mobile Crisis Team

- 24/7 in-person crisis response for adults and youth.
- Community-based crisis response service designed to help people in Monroe County who are experiencing a significant mental health crisis outside of a hospital or emergency department.
- Accessed through **211** or **988**.