





## Recovery Supports

### **24/7 Support**

<b>Service</b>	<b>Phone</b>	<b>Location / Code</b>	<b>Description</b>
Open Access	Text: 585-313-1385 Call: 585-627-1777	72 Hinchen Road, Rochester NY	24/7 peer-led support and linkage to supports services

### **MAT-only Providers**

<b>Service</b>	<b>Phone</b>	<b>Address</b>	<b>Description</b>
Integrated Medication-Assisted Treatment (iMAT)	(585) 974-5513	1425 Portland Ave Bldg. 1 Rochester, NY	Comprehensive outpatient MAT services for opioid and alcohol use.
Trillium Health	(585) 454-5556	259 Monroe Avenue Rochester, NY	Comprehensive outpatient MAT services for opioid and alcohol use.
Helio Health – Medication Focused	(585) 851-3570	150 Mount Hope Avenue Rochester, NY	Focus on medication management (buprenorphine, Suboxone) for opioid use.
Highland Family Medicine	(585) 324-4527	777 South Clinton Avenue Rochester, NY	MAT program for those with stable opioid use disorder
MATTERS Network (Virtual Telehealth)	(765) 628-8377		Virtual telehealth access to same-day MAT appointments and urgent referrals. Financial assistance available through a partnering Bupe-AP program.
Ophelia	(215) 585-2144		Online Opioid addiction treatment <a href="http://www.ophelia.com">www.ophelia.com</a>

### **Harm Reduction**

<b>Service</b>	<b>Phone</b>	<b>Location / Code</b>	<b>Description</b>
Trillium Syringe Service Program	(585) 454-5556	39 Delevan Street Rochester, NY	Sterile injection supplies
Test Strips, Syringe Services, and Narcan: (MATTERS Network)	(765) 628-8377		Choose to receive free drug test strips, syringes, and/or Narcan, delivered to you by mail.

## Substance Use Disorder Treatment Providers

Service	Phone	Location / Code	Description
Action for a Better Community – New Directions	585-325-5116	33 Chestnut Street	Outpatient SUD treatment
Baden Street	585-325-4910	152 Baden Street	Outpatient SUD treatment
Catholic Charities Family and Community Services	585-262-7000	79 N. Clinton Ave	Outpatient SUD treatment
Conifer Park	585-442-8422	556 S. Clinton Ave	Outpatient SUD treatment
Helio Health Outpatient	585-287-5626	150 Mt. Hope	Outpatient SUD treatment
Huther Doyle	585-325-5100	360 East Ave	Outpatient SUD treatment
Strong Recovery	585-275-3161	2613 West Henrietta Road	Outpatient SUD treatment
Villa of Hope	585-865-5110	3300 Dewey Ave	Outpatient SUD treatment
Westfall Practice	585-473-1500	179 Sully's Trail	Outpatient SUD treatment

## Peer Support, Family Resources

Service	Phone	Description
Catholic Charities Dual-Diagnosis clinic	(585) 546-7220	The Restart team has provided specialized treatment services for clients with co-occurring mental health and substance abuse disorders.
AA Rochester	(585) 232-6720	<a href="http://www.rochesteraa.org">Find a meeting: www.rochesteraa.org</a> <a href="#">App Store: Meeting Guide</a>
Celebrate Recovery		A Christian based twelve-step program. Website: <a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a>
CORE Center	585-328-8230	A peer-led recovery-based resource center <a href="https://www.facebook.com/TheCORECenter1">https://www.facebook.com/TheCORECenter1</a>
Gates to Recovery	585-310-4080	Peer to Peer engagement and outreach efforts in Webster/Penfield, East Rochester, Fairport, Brockport/Hamlin, Irondequoit
HA Rochester	585-348-8129	Support groups modeled after AA to help people struggling with opiate addiction WNYDistrictHA@gmail.com <a href="https://wnydhha.org/">https://wnydhha.org/</a> Rochester Meetings: <a href="https://wnydhha.org/?page_id=88">https://wnydhha.org/?page_id=88</a>
Hope Dealers Support Group		<a href="https://www.hopedealersbtc.com/">https://www.hopedealersbtc.com/</a>
In The Rooms (Online Resource)		With a quick sign-in, get immediate access to daily morning meditations, and more. <a href="https://www.intherooms.com/">https://www.intherooms.com/</a>
Delphi Rise Open Access	(585) 467-2230	Evaluation & referrals to outpatient, detoxification & inpatient settings, immediate peer support
Liberty Resources Peer Support	(855) 778-1300	Peer support for recovery

ROCovery Fitness Peer Support	(585) 484-0234	A supportive community of physically active individuals brought together by sober living, committed to creating an environment of healing and recovery. <a href="https://www.rocoveryfitness.org/">https://www.rocoveryfitness.org/</a>
Narcotics Anonymous Hotline	(585) 235-7889	12-step support
Liberty Resources	(855) 778-1200 or (855) 778-1300	Talk with certified peers who have experience with services Peer Support: 1-855-778-1300 Family Support: 1-855-778-1200
Naranon		<a href="http://www.nar-anon.org">www.nar-anon.org</a>
Alanon/Alateen	(585) 288-0540	<a href="http://www.aisrochester.org">www.aisrochester.org</a>
Monroe County IMPACT Program	(585) 753-5300	Overdose survivor support, resources, and Narcan training.
Mental Health Association	585-325-3145	Creative Wellness Opportunities (CWO) workshops and mutual support groups
NA Rochester		Support groups modeled after AA to help people struggling with addiction to narcotics <a href="https://recoveryispossible.nny-na.org/">https://recoveryispossible.nny-na.org/</a>
Online Intergroup of AA (Online Resource)		The OIAA Directory features a variety of online AA meetings, worldwide. <a href="https://aa-intergroup.org/">https://aa-intergroup.org/</a>
RAW – Recovery All Ways	585-310-0729	A support group for those affected by substance use, mental health, and homelessness <a href="http://www.recoveryallways.org/">http://www.recoveryallways.org/</a>
Refuge Recovery		A Buddhist path to recovering from addiction. <a href="https://www.refugerecovery.org">https://www.refugerecovery.org</a> / Refuge Recovery Rochester: <a href="https://www.facebook.com/RefugeRecoveryRochester/">https://www.facebook.com/RefugeRecoveryRochester/</a>
Secular Organizations for Sobriety (SOS)		SOS is a non-religious support group. <a href="mailto:info@sos-rochester.org">info@sos-rochester.org</a> <a href="https://www.sos-rochester.org">https://www.sos-rochester.org/</a>
SMART Recovery		SMART stands for Self-Management and Recovery Training. The SMART approach is secular and research-based. Daily online meetings at <a href="https://www.smartrecovery.org">https://www.smartrecovery.org/</a>
S.O.A.R.S., Inc	585-771-0896	We are here to support any and all dealing with substance use disorders, mental health disorders, and any and all who love them. Grief support + recovery resources. <a href="mailto:rebeccabaker@yahoo.com">rebeccabaker@yahoo.com</a> <a href="http://www.facebook.com/SOARSRocs">http://www.facebook.com/SOARSRocs</a>