



Recovery Supports

24/7 Support

Service	Phone	Location / Code	Description
Open Access	Text: 585-313-1385 Call: 585-627-1777	72 Hinchen Road, Rochester NY	24/7 peer-led support and linkage to supports services

MAT-only Providers

Service	Phone	Address	Description
Integrated Medication-Assisted Treatment (iMAT)	(585) 974-5513	1425 Portland Ave Bldg. 1 Rochester, NY	Comprehensive outpatient MAT services for opioid and alcohol use.
Trillium Health	(585) 454-5556	259 Monroe Avenue Rochester, NY	Comprehensive outpatient MAT services for opioid and alcohol use.
Helio Health – Medication Focused	(585) 851-3570	150 Mount Hope Avenue Rochester, NY	Focus on medication management (buprenorphine, Suboxone) for opioid use.
Highland Family Medicine	(585) 324-4527	777 South Clinton Avenue Rochester, NY	MAT program for those with stable opioid use disorder
MATTERS Network (Virtual Telehealth)	(765) 628-8377		Virtual telehealth access to same-day MAT appointments and urgent referrals. Financial assistance available through a partnering Bupe-AP program.
Ophelia	(215) 585-2144		Online Opioid addiction treatment www.ophelia.com

Harm Reduction

Service	Phone	Location / Code	Description
Trillium Syringe Service Program	(585) 454-5556	39 Delevan Street Rochester, NY	Sterile injection supplies
Test Strips, Syringe Services, and Narcan: (MATTERS Network)	(765) 628-8377		Choose to receive free drug test strips, syringes, and/or Narcan, delivered to you by mail.

Substance Use Disorder Treatment Providers

Service	Phone	Location / Code	Description
Action for a Better Community – New Directions	585-325-5116	33 Chestnut Street	Outpatient SUD treatment
Baden Street	585-325-4910	152 Baden Street	Outpatient SUD treatment
Catholic Charities Family and Community Services	585-262-7000	79 N. Clinton Ave	Outpatient SUD treatment
Conifer Park	585-442-8422	556 S. Clinton Ave	Outpatient SUD treatment
Helio Health Outpatient	585-287-5626	150 Mt. Hope	Outpatient SUD treatment
Huther Doyle	585-325-5100	360 East Ave	Outpatient SUD treatment
Strong Recovery	585-275-3161	2613 West Henrietta Road	Outpatient SUD treatment
Villa of Hope	585-865-5110	3300 Dewey Ave	Outpatient SUD treatment
Westfall Practice	585-473-1500	179 Sully's Trail	Outpatient SUD treatment

Peer Support, Family Resources

Service	Phone	Description
Catholic Charities Dual-Diagnosis clinic	(585) 546-7220	The Restart team has provided specialized treatment services for clients with co-occurring mental health and substance abuse disorders.
AA Rochester	(585) 232-6720	Find a meeting: www.rochesteraa.org App Store: Meeting Guide
Celebrate Recovery		A Christian based twelve-step program. Website: www.celebraterecovery.com
CORE Center	585-328-8230	A peer-led recovery-based resource center https://www.facebook.com/TheCORECenter1
Gates to Recovery	585-310-4080	Peer to Peer engagement and outreach efforts in Webster/Penfield, East Rochester, Fairport, Brockport/Hamlin, Irondequoit
HA Rochester	585-348-8129	Support groups modeled after AA to help people struggling with opiate addiction WNYDistrictHA@gmail.com https://wnydhha.org/ Rochester Meetings: https://wnydhha.org/?page_id=88
Hope Dealers Support Group		https://www.hopedealersbtc.com/
In The Rooms (Online Resource)		With a quick sign-in, get immediate access to daily morning meditations, and more. https://www.intherooms.com/
Delphi Rise Open Access	(585) 467-2230	Evaluation & referrals to outpatient, detoxification & inpatient settings, immediate peer support
Liberty Resources Peer Support	(855) 778-1300	Peer support for recovery

ROCovery Fitness Peer Support	(585) 484-0234	A supportive community of physically active individuals brought together by sober living, committed to creating an environment of healing and recovery. https://www.rocoveryfitness.org/
Narcotics Anonymous Hotline	(585) 235-7889	12-step support
Liberty Resources	(855) 778-1200 or (855) 778-1300	Talk with certified peers who have experience with services Peer Support: 1-855-778-1300 Family Support: 1-855-778-1200
Naranon		www.nar-anon.org
Alanon/Alateen	(585) 288-0540	www.aisrochester.org
Monroe County IMPACT Program	(585) 753-5300	Overdose survivor support, resources, and Narcan training.
Mental Health Association	585-325-3145	Creative Wellness Opportunities (CWO) workshops and mutual support groups
NA Rochester		Support groups modeled after AA to help people struggling with addiction to narcotics https://recoveryispossible.nny-na.org/
Online Intergroup of AA (Online Resource)		The OIAA Directory features a variety of online AA meetings, worldwide. https://aa-intergroup.org/
RAW – Recovery All Ways	585-310-0729	A support group for those affected by substance use, mental health, and homelessness http://www.recoveryallways.org/
Refuge Recovery		A Buddhist path to recovering from addiction. https://www.refugerecovery.org / Refuge Recovery Rochester: https://www.facebook.com/RefugeRecoveryRochester/
Secular Organizations for Sobriety (SOS)		SOS is a non-religious support group. info@sos-rochester.org https://www.sos-rochester.org/
SMART Recovery		SMART stands for Self-Management and Recovery Training. The SMART approach is secular and research-based. Daily online meetings at https://www.smartrecovery.org/
S.O.A.R.S., Inc	585-771-0896	We are here to support any and all dealing with substance use disorders, mental health disorders, and any and all who love them. Grief support + recovery resources. rebeccabaker@yahoo.com http://www.facebook.com/SOARSRocs