

Executive Summary

Purpose:

This analysis examines the nutritional content of over one thousand different cat food products with the intent of identifying the foods best suited for extreme diabetes in cats. The goal was to find high-protein/low-carbohydrate foods to optimize diet.

Background:

Diabetes in cats requires a carefully curated diet with high-protein and low-carbohydrate foods. Given the extensive variety of cat foods serving different purposes at different prices and availability (prescription vs non-prescription), this analysis reviews over one thousand cat foods to evaluate their nutritional content.

Key Findings:

- **Nutritional Content:** There are several high-protein zero-carbohydrate foods on the market
- **Food Quality:** Prescription-Only status does not indicate the quality of the food for diabetes
 - Not all of the foods on the list are specifically for diabetes, so this is to be expected.
- **Products:** I was able to identify the top five best over the counter (OTC) foods; the top ten foods available by prescription; the top 10 worst foods available by prescription; and the top 10 worst foods overall

Recommendations:

- **Focus on the following OTC foods:**
 1. Tiki Cat Chicken (No Fish) – Koolina Luau
 2. Tiki Cat Chicken/Fish – Hookena Luau
 3. Weruva Original – Seafood – Mack & Jack
 4. Fancy Feast Natural – Natural White Meat Chicken & Flaked Tuna in Broth
 5. Tiki Cat Chicken (No Fish) – Puka Puka Luau
- **Focus on the following prescription foods:**
 1. Royal Canin – Recovery – Feline & Canine
 2. Purina Pro Plan Veterinary Diets – DM
- **Avoid these prescription foods:**
 1. Royal Canin – Dental (DRY)
 2. Hill's – z/d
 3. Hill's - k/d with Chicken
 4. Hill's – k/d Vegetable & Tuna Stew
 5. Hill's – l/d
 6. Hill's – g/d

7. Hill's – k/d Chicken & Vegetable Stew
 8. Hill's – k/d with Ocean Fish
 9. Hill's – t/d (DRY)
- **Avoid these additional foods:**
 1. Nature's Recipe Culinary Favorites – Stew – Beef & Garden Vegetables in Gravy
 - **Always consult with your veterinarian before beginning any new meal-plan for your cat.**

Follow your veterinarian's guidance on monitoring glucose levels.