

# Theresa R. Sheets

sheetstheresa@gmail.com

Data Scientist  
Predict Division  
Center for Forecasting and Outbreak Analytics  
Centers for Disease Control and Prevention

## EDUCATION

---

Doctor of Philosophy, <b>Mathematics</b> Department of Mathematics, University of Utah (UU) Dissertation: <i>Modeling Household Epidemics and Analysis of Links from Testing to Hospitalization</i>	Aug 2018 – Aug 2023
Bachelor of Science, <b>Mathematics</b> Department of Mathematics, University of Maryland, Baltimore County (UMBC) Minors: <i>Computer Science, Mathematical Biology</i>	Sept 2014 – May 2018
Bachelor of Arts, <b>Health Administration and Policy</b> Department of Public Health, UMBC	Sept 2014 – May 2018

## RESEARCH FIELDS

---

Mathematical modeling, bayesian statistics, population dynamics, infectious disease epidemiology, immunology, data integration, health economics, health policy, demography, decision-support, population health, health disparities, social determinants of health, infectious disease forecasting, machine learning, deep learning, time-series analysis

## SOFTWARE

---

R, Python, SQL, C++, C, GIT, Java, Matlab, Microsoft office, SAS, Stata, Unix

## RELATED EXPERIENCE

---

Centers for Disease Control and Prevention, Data Scientist <i>Supervisor: Dina Mistry</i>	Aug 2023 – Present
<ul style="list-style-type: none"><li>– Designs, develops, simulates, and evaluates the output of mathematical models of infectious disease transmission using specialized quantitative tools including git, markdown, and a high-performance cluster for collaborative, reproducible code development and communication of findings.</li><li>– Compiles, cleans, integrates and analyzes data from a variety of sources using statistical methods to estimate parameters for mathematical models of infectious disease transmission.</li><li>– Contributed to the development of a agent-based model in Java to simulate the spread of infection, and subsequent interventions deployed in a congregate living setting which was later utilized in the 2024 Measles Response.</li></ul>	

- **Leading** a collaboration between CFA and DHQP to model the effects of interventions on spread of infectious disease in nursing home populations including interactions between staff and residents.
- Developed code in Python to simulate and parameterize a metapopulation model of the spread of measles in subpopulations with differing contact, vaccination rates, and willingness to isolate. This code was deployed as a public facing simulator tool for the 2025 Measles Response.
- Developed visualizations to communicate statistical findings to relevant stakeholders with rapid turnaround in order to provide the scientific and quantitative basis for critical agency decisions, policy, and subsequent regulatory actions.
- Acted as statistical subject matter expert on the development of a user-friendly statistical model to estimate contact tracing resource requirements in excel to support localities in decision making for contact tracing and translated the excel tool into a R package including a user guide and summary of methods and assumptions.

**Utah Department of Health and Human Services,**

Oct 2022 – August 2023

*Supervisor:* Abigail Collingwood

- Met with multiple state-level stakeholders to understand the data, develop a project with impactful outputs, and contribute to decision support for the state of Utah.
- Developed a data pipeline to clean and link COVID-19 hospitalization data to testing (NEDSS), syndromic surveillance (ESSENCE), and wastewater (REDcap) data streams. Data to be analyzed comes from many sources and in a variety of structures that include computerized statistical files, manual or automated program reporting systems and program files, and ad hoc information obtained from internal and external sources.
- Built a tool forecasting hospitalizations at the state level and assessed model success over time and refactored forecast tool to increase real-time usability for state epidemiologists.
- Produced analytical reports and communicated the findings to UDHHS officials, and conference attendees.

**UU, Division of Epidemiology**

March 2020 – August 2023

*Supervisor:* Lindsay Keegan, Damon Toth

- Built a discrete space model of the spread of SARS-CoV-2 through the state of Utah in R to support state-level decision makers through scenario analysis and predictive modeling.
- During COVID-19 response identified trends, correlations, and causation within large datasets to provide a synopsis of emerging trends, challenges, and recommendations for change.
- Modeled the spread of SARS-CoV-2 through age-structured households to assess vaccination regimens.
- IRB approval for research study.

**UU, Department of Mathematics**

August 2018 – August 2023

*Supervisor:* Fred Adler

- Built a recurrent neural net to explore cystic fibrosis and diabetes progression with Python.
- Developed an analytic solution to small epidemics to investigate the spread of infectious disease in households.
- Mentored multiple undergraduate and graduate students as they developed research projects modeling infectious disease systems.
- Utilized SQL queries to gather new dataset analyzing the trends of clients stay length, return, frequency, and duration.

**UU, Department of Pathology**

May 2019 – Aug 2019

*Supervisor:* Tracey Lamb

- Statistically analyzing the relationship between Malaria and EBV co-infection on the immune response to Malaria to assess the antibody response to co-infection in R.
- Built a machine learning method to explore the differences in antibody response across infection categories.
- Presented workshop to lab group explaining the mathematical basis for principle component analysis.

**ADDITIONAL RESEARCH EXPERIENCES**

---

**UMBC, Eclipse Lab**

Jan 2017 – Sept 2018

Project: A Dynamical Systems Model of Baroreflex Stress

*Supervisors:* Justin Brooks, Kathleen Hoffman

- Conducted a literature review of models of the Baroreflex and dynamical systems models of physiological responses.
- Developed a pipeline to clean a large dataset of heart rate and blood pressure time series data.
- Built a model of stress as a dynamical system using previously established models of cardiovascular output in MATLAB.
- Produced a poster of results to present findings at the American Psychosomatic Society annual conference.
- Submitted a proposal to NSA GRFP for an independently proposed project which received an honorable mention.

**National Institute for Mathematical and Biological Synthesis**

May 2016 – July 2016

University of Tennessee, Summer Research Fellow

Project: A Discrete Age Structured Model of Hantavirus in a Rodent Reservoir in Paraguay

*Supervisor:* Suzanne Lenhart

- Analyzed data using R to examine the relationship between hantavirus and leishmaniasis.
- Built a discrete math model for the spread of hantavirus in a Paraguay mouse reservoir population.
- Designed a simulation in Matlab to explore the relevance of the age structure in the population.
- Collaborated with team to design a poster and present a publication summarizing results.

**UMBC, Department of Public Health**

Aug 2016 – Nov 2017

Project: Links between fecundity and health outcomes in women

*Supervisor:* Jamie Trevitt

- Lead an independent project to clean and analyze a large international dataset (Generations and Gender Programme).
- Analyzed data in Stata to examine the relationship between fecundity and health in older women.

**Biostatistics and Epidemiology Summer Training Program,**

May – July 2015

Columbia University, Mailman School of Public Health

Project: Relationship between anxiety and patient satisfaction in patients with myocardial infarction

*Supervisor:* Siqin Ye

- Statistically explored the relationship between anxiety and patient satisfaction in patients with myocardial infarction using data from a nationally representative youGov survey to complete chi-squares analyses and logistic regression in R.
- Utilized SAS and SQL queries to generate datasets and properly handle analyses of a 1500 survey participants.
- Collaborated with a partner to design and present a poster summarizing research findings at a Poster Symposium.

**Chronic Kidney Disease in Children Cohort Study**

May – July 2014

Johns Hopkins Bloomberg School of Public Health

Department of Epidemiology

*Supervisor:* Alvaro Munoz

- Analyzed the long term trends of kidney function in children with chronic kidney disease post-transplant using SAS and SQL.
- Utilized SAS to complete data management tasks to more effectively group participants.

**GeneSTAR Study**

June 2013 – August 2013

Johns Hopkins School of Medicine

Department of Internal Health

*Supervisor:* Diane Becker, MPH, ScD

- Evaluated the genetic influence on heart disease through a longitudinal cohort study.
- Cleaned data, entered data from study participants.
- Located study participants in order to schedule their study participation.
- Respectfully handled patient medical history with regard to their privacy.

## PUBLICATIONS AND SCIENTIFIC REPORTS

---

### PEER-REVIEWED PUBLICATIONS

4. Toth, D.J.A., **Sheets, T.R.**, Beams, A.B. et al. Model-based estimates of age-structured SARS-CoV-2 epidemiology in households. BMC Public Health 24, 2965 (2024).  
[doi:10.1186/s12889-024-20308-z](https://doi.org/10.1186/s12889-024-20308-z)
3. [In review] Jay Love<sup>\*†</sup>, Cormac R. LaPrete<sup>†</sup>, **Theresa R. Sheets**, George G. Vega Yon, Alun Thomas, Matthew H. Samore, Lindsay T. Keegan, Frederick R. Adler, Rachel B. Slayton, Ian H. Spicknall, Damon J.A. Toth (2023). Characterizing spatiotemporal variation in transmission heterogeneity during the 2022 mpox outbreak in the USA.  
[doi: 0.1101/2023.05.10.23289580](https://doi.org/0.1101/2023.05.10.23289580)
2. Meredith, H.R., Arehart, E.<sup>†</sup>, Grantz, K.H.<sup>†</sup>, Beams, A., **Sheets, T.**, Nelson, R., Zhang, Y., Vinik, R.G., Barfuss, D., Pettit, J.C., McCaffrey, K., Dunn, A. C., Good, M., Frattaroli, S., Samore, M.H., Lessler, J., Lee, E.C., & Keegan, L.T. (2021). Coordinated strategy for a model-based decision support tool for coronavirus disease, Utah, USA. Emerging infectious diseases, 27(5), 1259-1265. [doi: 10.3201/eid2705.203075](https://doi.org/10.3201/eid2705.203075)
1. Igoe M.<sup>\*†</sup>, Moran E.J. <sup>†</sup>, **Sheets T.**<sup>†</sup>, DeSalu J.<sup>†</sup>, Jonsson C.B., Lenhart S., Owen R.D., and Rúa M.A. "A Discrete Age Structured Model of Hantavirus in a Rodent Reservoir in Paraguay". Letters in Biomathematics, Vol. 7, no. 1, Sept. 2020, pp. 127–142,  
[doi:10.30707/LiB7.1.1647875326.032252](https://doi.org/10.30707/LiB7.1.1647875326.032252).

(\* Indicates corresponding author, <sup>†</sup> these authors contributed equally)

### MANUSCRIPTS IN PREPARATION

- **Sheets, TR**, Adler, F, Samore, MH, Keegan, LT, Toth, DA: Vaccination and Household Transmission of SARS-CoV-2.
- **Sheets, TR**, Adler, F, Samore, MH, Toth, DA, Keegan, LT: Forecasting COVID-19 Hospitalizations in a Changing Data Landscape with Public Health.

(Manuscripts available upon request)

### CONTRIBUTED PRESENTATIONS

---

Joint Mathematics Meetings, <i>San Francisco, California</i>	January 2024
<b>Talk:</b> Household epidemics and vaccination strategies <b>Sheets, TS*</b>	
University of Utah Workshop, <i>Salt Lake City, Utah</i>	November 2023
<b>Talk:</b> GAMs: An overview using mgcv, modeling for public health practitioners <b>Sheets, TS*</b>	

Society for Mathematical Biology, <i>Columbus, Ohio</i>	July 2023
<b>Talk:</b> Forecasting SARS-CoV-2 hospitalizations with multiple public health metrics	
<b>Sheets, TS*</b>	
Infectious disease modeling for public health professionals, <i>Salt Lake City, UT</i>	April 2023
<b>Sheets, TS*</b>	
<b>Talk:</b> Autoregressive Integrated Moving Average Models	
<b>Talk:</b> Generalized Additive Models Models	
COVID-19 Symposium, <i>Salt Lake City, UT</i>	June 2021
<b>Sheets, TS*</b> , Keegan, LT	
<b>Poster:</b> A Model-Based Decision Support Tool for Coronavirus Disease in Utah	
American Psychosomatic Society, <i>Louisville, KY</i>	March 2018
<b>Sheets, TS*</b> , Brooks, JR	
<b>Poster:</b> Modeling Autonomic Nervous System Activity to Predict Response to Fatigue	
NIMBioS Undergraduate Research Conference, <i>Knoxville, TN</i>	Oct 2016
Igoe, M*, <b>Sheets, TR*</b>	
<b>Talk:</b> A Discrete Age Structured Model of Hantavirus Among Rodents in Paraguay	
(* Indicates Presenter)	

## FELLOWSHIPS AND AWARDS

### RESEARCH AWARDS

CDC Directors Award for Collaboration	2024
<b>CDC Nursing Home Public Health Response Network Team</b>	
CDC Time off Award	2024
<b>Contributions to 2024 Mpox pre-response</b>	
NIH F31 NRSA Predoctoral Fellowship: (Score: <b>20</b> , not funded)	April 2022
COVID-19 Symposium Best Poster Award, <i>Salt Lake City, UT</i>	June 2021
Research Training Grant Fellowship	Aug 2018 – Aug 2020
National Science Foundation Graduate Research Fellowship (Honorable Mention)	April 2014

### SCHOLARSHIPS AND FELLOWSHIPS

Department of Mathematics Summer Training Grant	June – Aug 2020, 2021
Department of Mathematics Research Training Fellowship	Aug 2018 – Aug 2019
Meyerhoff Scholarship	June 2014 – May 2018
National Security Agency Scholarship	Aug 2014 – May 2018

Barbera E Burkman HAPP Scholarship	Dec 2017
------------------------------------	----------

#### TRAVEL AWARDS

Summer Institute in Biostatistics Travel Scholarship	July 2023
Meyerhoff Travel Scholarship	Jan 2017, 2018
NIMBioS Travel Scholarship	Oct 2016

#### TEACHING EXPERIENCE

---

<b>Vector Calculus and Partial Differential Equations</b> (MATH 3150, UU)	
Teaching Assistant	Jan – May 2020
<b>Differential Equations and Linear Algebra</b> (MATH 2250, UU)	
Teaching Assistant	Aug – Dec 2019
<b>Pre-Calculus</b> (MATH 150, UMBC)	
Teaching Assistant	May – July 2018
<b>Multivariable Calculus</b> (MATH 251, UMBC)	
Teaching Assistant	Aug – Dec 2017
<b>Data Structures</b> (CS 341, UMBC)	
Teaching Assistant	Aug – Dec 2017
<b>Computer Science 2</b> (CS 202, UMBC)	
Teaching Assistant	Jan – May 2017
<b>Bio-mathematics</b> (MATH 355, UMBC)	
Grader	Jan – May 2017
<b>Calculus and Analytic Geometry II</b> (MATH 152, UMBC)	
Teaching Assistant	Jan – May 2017
<b>Calculus and Analytic Geometry I</b> (MATH 151, UMBC)	
Teaching Assistant	Jan – Dec 2016
<b>Learning Resource Center</b> (UMBC)	
Tutor	Jan 2015 - Dec 2016
<b>Pre-Calculus</b> (MATH 150, UMBC)	
Teaching Assistant	Aug – Dec 2015
<b>Linear Algebra</b> (MATH 221, UMBC)	
Grader	Aug – Dec 2015

#### MENTORING EXPERIENCE

---

Society for Mathematical Biology Mentor	July 2023
Mathematics Peer Mentor (UU)	Aug 2020 – Aug 2023
Cormac R. LaPrete (UU)	Jan 2020 – August 2023
Modeling Infectious Disease	
Pre-REU Graduate Mentor (University Utah)	May – Aug 2020
Symmetry, Randomness, and Computation	
Meyerhoff Peer Mentor (UMBC)	Aug 2016 – Aug 2018

## SELECTED WORKSHOPS, PROFESSIONAL ORGANIZATIONS, AND ACADEMIC SERVICE

---

### SELECTED WORKSHOPS, TRAININGS, AND OTHER RESEARCH ACTIVITIES

Emory Summer Institute in Statistical Modeling <i>Simulation Based Inference</i>	July 2024
Prevention Effectiveness Fellowship trainings <i>Cost effectiveness in public health, decision modeling, cohort-state transition models</i>	2023-2024
University of Washington (UW) Summer Institute in Statistical Genetics <i>Fundamentals in Population Genetics</i>	July 2023
UW Summer Institute in Modeling for Infectious Diseases <i>Stochastic Epidemic Models with Inference</i>	July 2023
National Science Foundation, Research Experience for Undergraduates	May – July 2016
Biostatistics and Epidemiology Summer Training Program	May – July 2015

### PROFESSIONAL ORGANIZATION MEMBERSHIP

Association for Women in Mathematics  
Society of Industrial and Applied Mathematics  
Society of Mathematical Biology

### ACADEMIC SERVICE

Math Biology Journal Club, co-organizer	Aug 2021 – May 2022
Markov Chain Monte Carlo Reading Course, co-organizer	Aug 2022 – May 2023



## REFERENCES

---

Lindsay Keegan, Ph.D.	<a href="mailto:lindsay.keegan@utah.edu">lindsay.keegan@utah.edu</a>
Frederick Adler, Ph.D.	<a href="mailto:adler@math.utah.edu">adler@math.utah.edu</a>
Damon Toth, Ph.D.	<a href="mailto:toth@utah.edu">toth@utah.edu</a>
Randon Gruninger, MPH	<a href="mailto:rjgruninger@utah.gov">rjgruninger@utah.gov</a>