# KAREN L. SUYEMOTO, Ph.D.

Psychology and Asian American Studies University of Massachusetts Boston

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# **EDUCATION**

#### UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

#### DEPARTMENT OF PSYCHIATRY & LANGLEY PORTER PSYCHIATRIC INSTITUTE

Post-Doctoral Fellow in Clinical Psychology, June 1994-June 1995 APA Approved Clinical Psychology Internship, June 1993-June 1994

#### UNIVERSITY OF MASSACHUSETTS, AMHERST

Doctor of Philosophy in Clinical Psychology, May 1994

Dissertation: Therapists' conceptualizations of the function and meaning of "delicate self-cutting" in female adolescent outpatients.

Master of Science Degree in Clinical Psychology, September, 1991

Thesis: The self-reported content and function of religious and spiritual beliefs: A grounded theory.

#### TUFTS UNIVERSITY, JACKSON COLLEGE, Medford, MA

Bachelor of Science Degree, summa cum laude in Clinical Psychology and English, May, 1987

# **AWARDS AND HONORS**

Asian American Psychological Association: Distinguished Contributions Award. 2013.

White House Champion of Change: Asian American Pacific Islander Women. 2013. Executive Office of the United States President. http://www.whitehouse.gov/champions/aapi-women/;

http://www.whitehouse.gov/blog/2013/05/08/fostering-allies-and-advocates-through-developing-empathy First recipient of the Joan H. Liem Award for Outstanding Doctoral Mentoring, University of Massachusetts, June 2012.

President's Award, Asian American Psychological Association, 2003.

# **ACADEMIC POSITIONS**

#### **UNIVERSITY OF MASSACHUSETTS, BOSTON**

Professor, Psychology and Asian American Studies, May, 2014-present

Associate Professor, Psychology and Asian American Studies, June, 2006-present

Associate Director, Asian American Studies, 2006-2007, 2008-present

Assistant Professor, Psychology and Asian American Studies, September, 2000-June, 2006.

Teach courses and supervise research for undergraduates in psychology and Asian American Studies and graduate students in Clinical Psychology.

Undergraduate courses include Psychology Internship in Community Based Organizations; Asian American Community Internships; Race, Culture, and Relationships; Asian American Psychology; Multiracial Experiences; Introduction to Asian American Studies; Applied Research in Asian American Studies; Psychology of Women; Principles of Psychotherapy.

Graduate courses include: Culture and Mental Health; Social Construction of Self and Identities, Qualitative Methods; Practicum Seminar.

#### NORTHEASTERN UNIVERSITY, Boston, Massachusetts

**Assistant Professor, Department of Counseling Psychology,** September, 1998-June, 2000 Taught courses and supervised research in the graduate counseling psychology programs

SAINT MARY'S COLLEGE OF MARYLAND, Saint Mary's City, Maryland Assistant Professor, Department of Psychology, August 1995-June, 1998

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### **CLINICAL POSITIONS/EXPERIENCE**

Private Clinical Consultant and Trainer (MA License #7512, November, 1998), 1995-present

Clinical consultation and training for therapists and educators for issues and cases related to racial and cultural issues, identity, and anti-racist therapy and education.

#### **UNIVERSITY OF CALIFORNIA, SAN FRANCISCO**

Clinical Psychology Fellow, June 1993-June 1994

Post-Doctoral Fellow, July 1994-June 1995

#### WAYSIDE CLINICAL PROGRAMS, Framingham, MA

Clinical Intern, with specialization in adolescent treatment and assessment. September 1992-May 1993 (20 hours/week)

## MONTAGUE PSYCHOLOGICAL ASSOCIATES, Turners Falls, MA.

Clinical Intern, with specialization in Behavioral Medicine and Biofeedback. September 1991- May 1992 (20 hours/week)

Assistant, June 1990-September 1991; May 1992-August 1992

# PSYCHOLOGICAL SERVICES CENTER, University of Massachusetts, Amherst

Therapist, September 1990-August 1992

#### BAY COVE CENTER FOR ADOLESCENT SERVICES, Allston, MA

Adolescent Counselor, 1987-1988; Summer 1989.

Clinical Intern, August 1986-May 1987

#### **CENTER FOR ADDICTIVE BEHAVIORS, Salem, MA**

Training Specialist, 1988-1989

# **RESEARCH**

## **CURRENT RESEARCH PROJECTS:**

- 1. Resisting racism: coping and empowerment to address negative effects on mental health
- 2. Conceptualizations of Race and Ethnicity and their daily impacts.

#### **RESEARCH GRANTS AND AWARDS:**

#### Joseph P. Healey Research Grant, UMass Boston, 2014-2015.

Research grant to support Resisting racism: coping and empowerment to address negative effects on mental health. \$7500.

# Institute for Asian American Studies, UMass Boston, 2011-2012.

Research grant associated with the DOE funded AANAPISI (Asian American, Native American, Pacific Islander Serving Institutions) grant for *Effects of Asian American Studies on Asian American students' mental health and academic achievement.* \$5000.

**Co-Investigator**, **NIMH - R01-Mh074589**: A RCT Of Acceptance-Based Behavior Therapy For GAD. 3/1/2007 - 2/28/2012, \$1,490,772 T.D.C. 5 Year Period. Primary Investigator: Lizabeth Roemer.

University of Massachusetts College of Liberal Arts Dean's grant for faculty research, 2004-2005 Institute for Asian American Studies, UMass Boston, fall 2001

Grant to support student assistance to begin the Asian American Student Assessment Project

# Research Grants and Awards to Students for whom I am primary advisor:

American Psychological Association Minority Fellowship: Fanny Ng (2014-2016)

UMass Boston Doctoral Dissertation Research Grant: Shruti Mukkamala (2014)

Clinical Psychology Book Award (Best Master's Thesis): Fanny Ng (2013)

American Psychological Association, Division 44: Society for the Psychological Study of Lesbian, Gay, Bisexual & Transgender Issues, Bisexual Foundation Scholarship Award: Vali Kahn (2010)

UMass Boston Craig R. Bollinger Research Grant: Vali Kahn (2010)

Asian American Psychological Association Division of Students Research Award: John Tawa (2008)

Clinical Psychology Book Award (Best Master's Thesis): Stephanie Day (2007)

American Psychological Association Minority Fellowship: John Tawa (2006-2009)

American Psychological Association Minority Fellowship: Phuong Nguyen (2005-2008)

Institute for Asian American Studies Research Fellow grant: Grace Kim (2004-2005)

American Psychological Association Minority Fellowship: Nancy Lin (2003-2006)

American Psychological Association Minority Fellowship: Grace Kim (2003-2004)

Clinical Psychology Book Award (Best Master's Thesis): Grace Kim (2002)

#### **PUBLICATIONS**

\* indicates authorship from a student for whom I was primary mentor for the publication

# PEER REVIEWED JOURNAL ARTICLES

- Suyemoto, K. L., Day\*, S. C. & & Schwartz\*, S. (in press). Exploring effects of social justice youth programming on racial and ethnic identities and activism for Asian American youth. *Asian American Journal of Psychology*.
- Eisenhower, A., Suyemoto, K., Lucchese, F., & Canenguez, K. (2014). "Which box should I check?" Examining standard check box approaches to measuring race and ethnicity. *Health Services Research*, 49, 1034-55.
- Schwartz\*, S. E.O., Suyemoto, K. (2013). Creating change from the inside: Youth development within a youth community organizing program. Journal of Community Psychology, 41, 341-358.
- Tawa\*, J., Gongvatana, A., Anello, M., Shanmugham, U., Lee-Chuvala, T. & Suyemoto, K.L. (2012). A method for collecting and interpreting interpersonal behavioral data in second life: A sample study on Asians', Blacks', and Whites' social distances. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*.
- Tawa\*, J., Suyemoto, K. L. & Roemer, L. (2012). Implications of perceived interpersonal and structural racism on Asian Americans' self-esteem. *Basic and Applied Social Psychology, 34*, 349-358.
- AhnAllen\*, J. & Suyemoto, K. L. (2011). Influence of interracial dating on racial and/or ethnic identities of Asian American women and White European American men. *Asian American Journal of Psychology*, *2*, 61-75.
- Tawa\*, J. & Suyemoto, K. L. (2010). The influence of race and power on self-construal in bicultural Asian Americans. *Asian American Journal of Psychology*, *1*, 275-289.
- Kim\*, G. S., Suyemoto, K. L. & Turner, C. B. (2010). Sense of belonging, sense of exclusion, and racial and ethnic identities in Korean transracial adoptees. *Cultural Diversity and Ethnic Minority Psychology, 16,* 179-190.
- Lin\*, N. J., Suyemoto, K. L., Kiang, P. N. (2009). Education as a catalyst for intergenerational refugee family communication about war and trauma. *Communication Disorders Quarterly*, *30* 195-207.
- Suyemoto, K.L. & Liem, J.H. with Jennifer C. Kuhn, Elizabeth A. Mongillo, and Jesse J. Tauriac (2007). Training therapists to be culturally sensitive with Asian American women clients. *Women & Therapy. 30*, 209 227

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# PEER REVIEWED JOURNAL ARTICLES (cont.)

Suyemoto, K. L. & Fox Tree, C. A. (2006). Building bridges across differences to meet social action goals: Being and creating allies among people of color. *American Journal of Community Psychology, 37*, 237-246

- AhnAllen\*, J., Suyemoto, K. L. & Carter, A. (2006). Relationship between physical appearance, sense of belonging, feelings of exclusion, and racial/ethnic self-identification among multiracial Japanese-European Americans. *Cultural Diversity and Ethnic Minority Psychology*, 12, *373-386*.
- Suyemoto, K. L. (2006). Processes of emergence and connection: Interrelations of past, present, and future in journeying for conocimiento. *Human Architecture: Journal of the Sociology of Self-Knowledge*, *4*, 339-346.
- Suyemoto, K. L. (2004). Racial/ethnic identities and related attributed experiences of multiracial Japanese Americans. *Journal of Multicultural Counseling and Development, 32.* 206-221.
- Suyemoto, K. L. & Kiang, P. N. (2003). Diversity research as service learning. *Academic Exchange Quarterly*, 7, 71-74.
- Suyemoto, K. L. (1998). The functions of self-mutilation. Clinical Psychology Review, 18, 531-554.
- Suyemoto, K. L. & MacDonald, M. L. (1996). The content and function of religious and spiritual beliefs. *Counseling and Values, 40*, 143-158.
- Suyemoto, K. L. & MacDonald, M. L. (1995). Self-cutting in female adolescents. *Psychotherapy*, 32, 162-171.
- Autor, D. O., Suyemoto, K. L. & Harder, D. H. (1988). Negative androgyny and self-esteem: Toward a confound-free scale. *Psychological Reports*, *63*, 643-650.

#### PEER-REVIEWED BOOKS

- Okun, B. F. & Suyemoto, K. L. (2012). *Conceptualization and Treatment Planning for Effective Helping.* Belmont, CA: Cengage.
- Mirkin, M., Suyemoto, K. L. & Okun, B. (Eds.). (2005). *Psychotherapy with Women: Exploring Diverse Contexts and Identities.* Guilford Press.

# INVITED BOOKS, BOOK CHAPTERS, AND MONOGRAPHS

- Suyemoto, K. L. & Donovan, R. A. (in press). Exploring intersections of privilege and oppression for Black and Asian immigrant women: Implications for personal and community identities. In O. Espin & A. Dottolo (Eds.) *Gendered journeys: Women & migration through a feminist psychology lens.* Washington D.C.: American Psychological Association
- Toporek, R, L. & Suyemoto, K. L. (2014). Social justice in counseling and clinical psychology. In C. V. Johnson, H. L. Friedman, J. Diaz, Z. Franco, & B. K. Nastask (Eds) *Handbook of Social Justice and Psychology, Volume 3: Youth and Disciplines in Psychology* (119-142). Santa Barbara, CA: Praeger.
- Okun, B. F. & Suyemoto, K. L. & Entis, J. (2012). Instructor's manual for: *Conceptualization and Treatment Planning for Effective Helping.* Belmont, CA: Cengage.
- Suyemoto, K. & Boyd, B. lijima-Hall, C., Sánchez-Johnsen, L. (2009) Education and training about multiracial people and communities. In Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (eds), *Education and Training from Ethnic-/Culture-Specific Perspectives* (27-42). Washington, D.C.: American Psychological Association.
- Suyemoto, K. L. & Alvarez, A. N. (2009). Education and training about Asian American people and communities. In Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (eds), *Education and Training from Ethnic-/Culture-Specific Perspectives* (19-26). Washington, D.C.: American Psychological Association.

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# **INVITED BOOK CHAPTERS AND MONOGRAPHS (cont.)**

Suyemoto, K. L. & Tawa\*, J. (2009). Multiracial Asian Americans. In N. Tewari & A. N. Alvarez (Eds.) *Asian American Psychology* (381-398). Taylor & Francis.

- Suyemoto, K. L. & Ballou, M. (2007). Conducted monotones to coacted harmonies: A feminist (re)conceptualization of leadership addressing, race, class, and gender. In J. L. Chin, B. Lott, J. Rice & J. Sanchez-Hucles (eds.), *Women and leadership: Transforming visions and diverse voices*, pp. 35-54 Malden, MA: Blackwell Publishing.
- Kiang, P. N., Suyemoto, K. L. & Tang, S. S. (2005). Developing and sustaining community research methods and meanings in Asian American studies coursework. In T.P. Fong (Ed.) *Ethnic Studies research: Approaches and perspectives*. Lanham, MD: Alta Mira.
- Okun, B. F., Suyemoto, K. L. & Mirkin, M. P. (2005). Connections and future directions. In M. Mirkin, K. L. Suyemoto, & B. Okun (Eds.) *Psychotherapy with women: Exploring diverse contexts and Identities,* (335-346). New York: Guilford Press.
- Suyemoto, K. L. & Kim\*, G. S. (2005). Journeys through diverse terrain: Multiple identities and social contexts in individual therapy. In M. Mirkin, K. L. Suyemoto, & B. Okun (Eds.) *Psychotherapy with women: Exploring diverse contexts and Identities*, (9-41). New York: Guilford Press.
- Root, M. P. P. & Suyemoto, K. L. (2005). Race, gender, class and culture through the looking glass of interracial and intercultural intimate relationships. In M. Mirkin, K. L. Suyemoto, & B. Okun (Eds.) *Psychotherapy with women: Exploring diverse contexts and Identities*, (111-134). New York: Guilford.
- Suyemoto, K. L., & Dimas, J. M. (2003). To be included in the multicultural discussion: Check one box only. In J. S. Mio & G. Y. Iwamasa (Eds.), *Culturally diverse mental health: The challenges of research and resistance* (pp. 55-81). New York: Brunner-Routledge.
- Suyemoto, K. L. & Dimas, J. M. (2003). Identity development issues for multiracial and multiethnic youth 15 to 17 years old. In M.P.P. Root & M. Kelley (Eds.). *Multiracial child resource book: Living complex identities* (pp. 77-84). Seattle, WA: Mavin Foundation.
- Suyemoto, K. L. (2002). Constructing identities: A feminist, culturally contextualized alternative to "personality." In M. Ballou & L. S. Brown (Eds.), *Rethinking mental health and disorder: Feminist perspectives* (pp. 71-98). New York: Guilford.

# PEER REVIEWED BOOKS, BOOK CHAPTERS, AND MONOGRAPHS

- Suyemoto, K. L., Kim\*, G. S., Tanabe\*, M., Tawa\*, J., & Day\*, S. C. (2009). Challenging the model minority myth: Engaging Asian American students in research on Asian American college student experiences. In S. D. Museus (Ed.) *Conducting Research on Asian Americans in Higher Education: New Directions in Institutional Research* (41-55). San Francisco: Jossey-Bass
- Neilson, P. A. & Suyemoto, K. L. (2009). Utilizing culturally sensitive frameworks to study Asian American leaders in higher education. In S. D. Museus (Ed.) *Conducting Research on Asian Americans in Higher Education: New Directions in Institutional Research* (83-93). San Francisco: Jossey-Bass.
- Suyemoto, K. L., Tawa\*, J., Kim\*, G. S., Day\*, S. C., Lambe\*, S. A., Nguyen\*, P. T. & AhnAllen\*, J. M. (2009). Integrating disciplines for transformative education in health services: Strategies and effects. In L. Zhan (Ed), *Asian American voices: Engaging, empowering, and enabling* (209-228). NLN Press: New York.
- Lin\*, N. J. & Suyemoto, K. L. (2009). Bridging the broken narrative: How student-centered teaching contributes to healing the wounds of trauma. In L. Zhan (Ed), *Asian American voices: Engaging, empowering, and enabling* (123-146). NLN Press: New York.
- Suyemoto, K. L. (2002). Redefining "Asian American" identity: Reflections on differentiating ethnic and racial identities for Asian American individuals and communities. In L. Zhan (Ed.) *Asian Americans: Vulnerable populations, model interventions, and clarifying agendas* (195-231). Boston: Jones and Bartlett.

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# UNSOLICITED PEER (EDITOR) REVIEWED BOOK CHAPTERS AND MONOGRAPHS

Tawa\*, J., Suyemoto, K., Tauriac, J. J. (2013). Triangulated threat: A model of Black and Asian race-relations in a context of White dominance. In Sherrow O. Pinder, Ph.D. (Ed.), *American Multicultural Studies* (229-247). Thousand Oaks, CA: Sage Publications.

#### **BOOK REVIEWS**

- Suyemoto, K. L. (2014). [Review of the book *Consensual qualitative research: A practical resource for investigating social science phenomena*] *Cultural Diversity and Ethnic Minority Psychology*, *20*, 475-476.
- Suyemoto, K. L. (2010). [Review of the book Intersections of Multiple Identities: A Casebook of Evidence-Based Practices with Diverse Populations.] *Cultural Diversity and Ethnic Minority Psychology*.

#### OTHER PUBLICATIONS

- Suyemoto, K. L. & Kountz, X. (2000). Self-mutilation. The Prevention Researcher, 7 (4), 1-4.
- Suyemoto, K. L. (1999). "Minority" and "Monolingual." In J. S. Mio, J. T. Trimble, P. Arredondo, H. E. Cheatham & D. Sue (Eds.), *Key words in multicultural interventions: A dictionary.* Westport, CT: Greenwood Press.
- Suyemoto, K. L. & Batelka, H.K. (1999). "Monocultural" and "High-low context communication." In J. S. Mio, J. T. Trimble, P. Arredondo, H. E. Cheatham & D. Sue (Eds.), *Key words in multicultural interventions: A dictionary.* Westport, CT: Greenwood Press.

#### **MANUSCRIPTS IN PREPARATION**

- Suyemoto, K. L. & Liu\*, C. (2013). Understanding the psychological impacts of Asian American Studies courses on Asian American students.
- Liu\*, C. & Suyemoto, K. L. (2013). The effects of racism related stress on Asian Americans; anxiety and depression among different generational statuses.
- Suyemoto, K. L., Curley\*, M. & Mukkamala\*, S. (2013). The multiple meanings of race and ethnicity. Manuscript in preparation.
- Thomann\*, C., & Suyemoto, K.L. (2013). Developing an anti-racist stance: How White youth understand structural racism. Manuscript in preparation.
- Ng\*, F., Mukkamala\*, S. & Suyemoto, K. L. (2013). Comparing racial identity assessment methods: Difference profile analysis, Q-sort methodology and K-means cluster analysis. Manuscript in preparation.
- Ng\*, F., & Suyemoto, K. L. (2013). The relation of racism-related stress to racial identity, ethnic identity and racism-related empowerment in Asian Americans. Manuscript in preparation.

## **POSTERS AND PRESENTATIONS**

# SELECTED PEER REVIEWED PRESENTATIONS, PRIMARILY FROM LAST 5 YEARS

- Ng, F., Kim, G. S. & Suyemoto, K. L. (2014). Fostering leadership in Asian American Women: Engaging leadership across multiple marginalized identities. Roundtable presented at the Teachers College Winter Roundtable, "Fighting for social justice on all fronts." New York, NY.
- Suyemoto, K. L. (2013). Maintaining the emotional edge without getting cut: Strategies for titrating emotion in diversity courses. In R. Donovan (Chair), Strategies for Teaching Diversity: Creating community, engendering empathy, reducing resistance. Paper presented at the American Psychological Association conference, Honolulu, HI

# **SELECTED PEER REVIEWED PRESENTATIONS (cont.)**

Mukkamala, S., Ng, F. & Suyemoto, K.L. (2013) The intersectionality of racism and sexism for Asian American Women. Interactive session presented at the annual conference of the Asian American Psychological Association, Honolulu, HI.

- Suyemoto, K. L., Boyd, E., Ortega-Corbin, S., Tauriac, J. (2013). Resisting "divide and conquer": Empowering future leaders as intra-minority allies. Symposium presented at the Teachers College Winter Roundtable, "Honoring our legacy and empowering future leaders." New York, NY.
- Suyemoto, K.L. & Kim, G. S. (2013). Mentoring for a purpose: Generational dialogue on teaching for social justice. Roundtable presentation at the National Multicultural Summit, Houston, Texas.
- Suyemoto, K. L. (2012). Teaching Asian American Psychology as transformative education: Student projects as social justice change initiatives to address racism and institutional inequity. Session presented at the Asian American Psychological conference, Orlando, FL.
- Mohammad, E. T. & Suyemoto, K. L. (2012). Muslim American experiences in the aftermath of 9/11: Identity-based resources for coping and empowerment in the context of institutional and interpersonal racism and discrimination. Paper presented at the annual convention of the Asian American Psychological Association. Orlando, FL.
- Suyemoto, K. L. (2011). "How can I be privileged when I am so oppressed?": Engaging intersections of oppression to address resistance. In G. Kim (Chair) "How can I reach beyond the silence and stares?": Working with resistance from white students and students of color in teaching about diversity, Symposium presented at the American Psychological Association conference, Washington, D.C.
- Suyemoto, K. L. (2011). Asian American experiences of exclusion and inclusion in mixed minority groups. In Embracing the outsider within: critical dialogues among and between brothers and sisters of color. Symposium presented at the American Psychological Association conference, Washington, D.C.
- Suyemoto, K. L. (2010). Being and becoming an ally: Understanding and facilitating the journey though education. In G. S. Kim (chair), Pursuing social justice through curriculum and research: A developmental perspective. Symposium presented at the Diversity Challenge conference from the Institute for the Study of Promotion of Race and Culture, Boston, MA.
- Suyemoto, K. L (2010). Differentiating race and ethnicity: Conceptual distinctions and applications. In Exploring the importance of differentiating race and ethnicity: Conceptualizations, meanings, and differential effects. Symposium presented at the\_Teachers College Winter Roundtable, "Act Together: The Hope of Community," New York, NY
- Suyemoto, K. L., Kim, G. S., Tawa, J., & Kahn, V. D. (2009). "But I'm not racist!": Strategies for working with resistance in courses about race and culture. Workshop presented at the Teachers College Winter Roundtable, "Incorporating Multicultural Models in Psychology and Education," New York, NY
- Tawa, J. & Suyemoto, K. L. (2009) "How do bumblebees build their hives?" The psychology of Asian-Black community building. In R. Robles, & J. P. de Guzman (Chairs), Diversity In Asian American Communities. Symposium presented at the Association for Asian American Studies conference, Honolulu, HI.
- Suyemoto, K. L. (2007). Building alliances across racial boundaries: Training experiences that foster interracial-minority awareness and sensitivity. In K. Suyemoto (Chair), *We're not all the same: Reflections on training for and therapy by therapists of color treating clients of color.* Symposium presented at the Teachers College Winter Roundtable, "Traditional and Non-Traditional Approaches to Addressing Race and Culture in Psychology and Education."
- Lin, N. & Suyemoto, K. L. (2006). "My family's perilous journey": the Cambodian American experience. In G. S. Kim (Chair), Legacies of immigration: Identities, belonging, and trauma in Asian American youth and young adults. Symposium presented at the Diversity Challenge conference from the Institute for the Study and Promotion of Race and Culture, Boston, MA

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# **SELECTED PEER REVIEWED PRESENTATIONS (cont.)**

Nguyen, P.T., Lin, N. J., Day, S. C. & Suyemoto, K. (2006). Social justice research: Who decides what is "just"? Interactive session presented at the conference of the Asian American Psychological Association, New Orleans, LA

- Kim, G.S. & Suyemoto, K. L. (2006), Belonging, exclusion, and the co-construction of identities in Asian American youth. In S. Kim (Chair), *Listening to the Silence: Educational, Psychological, and Community Experiences of Asian American Youth in Massachusetts,* Symposium presented at the conference of the Association for Asian American Studies, Atlanta, GA.
- Schlosser, L. Z., Parham, T. A., Suyemoto, K. L., Foley, P. F., Wang, Y. W., & Deneen, C. C. (2005). Promoting racial-cultural competence and social justice in psychology and education. Peer reviewed workshop presentation at the Teachers College Winter Roundtable, "Racism as a barrier to racial-cultural competence in psychology and education," New York, NY.
- Suyemoto, K. L., Kahn, V., & Bennett, J. (2005). Building bridges or "watering it down" The inclusion of sexual orientation, social class, and disability issues in courses on race and culture. Peer reviewed workshop presentation at the Teachers College Winter Roundtable, "Racism as a barrier to racial-cultural competence in psychology and education," New York, NY.
- Suyemoto, K. L., Ciulla, T., & Tsoi, R. (2004). The impact of Asian American Studies courses on Asian American college students: Understanding self, other, and community. In K. L. Suyemoto (Chair), *Psychological Impacts of Asian American Studies*. Symposium presented at the Diversity Challenge conference from the Institute for the Study and Promotion of Race and Culture, Boston, MA.

# <u>SELECTED INVITED PRESENTATIONS: COMMUNITY, UNIVERSITY, OR PROFESSIONAL ORGANIZATIONS, LAST 5 YEARS</u>

- Suyemoto, K. L. (2014, 2013, 2012, 2011). Transitioning into your career. Invited presentation for the American Psychological Association Minority Fellowship Program, Psychology Summer Institute. Washington, DC.
- Suyemoto, K. L. & Boyd, E. (2014). Alliances across racial differences: People of color working together for racial justice in psychology. Webinar for Asian American Psychological Association, Division of Students.
- Suyemoto, K. L. (2014). Racial equity and community based research. Invited presentation for symposium organized by URBAN Boston, in association with the Center for Social Policy as part of YWCA's Stand Against Racism initiative. Boston, MA.
- Suyemoto, K. L. (2014). Challenges and strengths: Asian American college students' identity and mental health. Invited workshop presentation for the Asian American/Pacific Islander Mental Health Summit, sponsored by the East Coast Asian American Student Union. Boston, MA.
- Suyemoto, K. L. (2013). Transformative teaching: Integrating diversity across the curriculum of the university. Invited faculty, staff, and administrator development workshop to promote cultural sensitivity and social justice in education. University of Vermont, Center for Cultural Pluralism. Burlington, VT.
- Suyemoto, K. L. (2013). Developing allies: Strategies for working with resistance in courses about race and culture. Invited faculty development workshop to promote cultural sensitivity and social justice in education. University of Vermont, Center for Cultural Pluralism. Burlington, VT.
- Suyemoto, K. L. (2012). The importance of differentiating between race and ethnicity in psychotherapy and clinical research. Invited grandrounds, Georgia Health Sciences University, Department of Psychiatry & Health Behavior. Augusta, GA.
- Suyemoto, K. L. (2012). The person of the therapist in the therapy dyad: Exploring intersections of culture, power, and privilege in psychotherapy. Invited CEU Presentation, Georgia Health Sciences University, Department of Psychiatry & Health Behavior. Augusta, GA.

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Suyemoto, K. L. (2010). Differentiating racial and ethnic identities: Applications to research, teaching, and treatment. Invited presentation at the University of Massachusetts, Amherst, Social Psychology Colloquium series. Amherst, MA

- Suyemoto, K. L. (2009). Beyond the model minority myth: Race, culture and psychotherapy with Asian Americans. Invited CEU Presentation at the Maryland Psychological Association Cultural Diversity Conference: A Psychological Perspective. Baltimore, MD.
- Suyemoto, K. L. (2009). The boundaries of the box(es): Racial group meanings, criteria for belonging, and multiracial identity. Invited presentation at community conference "So...What are you anyway?" Harvard University, Cambridge Massachusetts.
- Suyemoto, K. L. (2009). Multiracial experiences and identities. Invited presentation for the Boston College Counseling Center. Newton, MA.

# PEER REVIEWED POSTERS FROM LAST 5 YEARS (with student coauthors)

- Kong, M., Hazeltine, K., Mukkamala, S. & Suyemoto, K. L. (2014). The development of the racism empowerment and resistance (REAR) scale. Poster presented at the Asian American Psychological Association Annual Conference, Washington, D.C.
- Chandler, D., Liu, C. & Suyemoto, K. L. (2014). Social support as a positive or negative factor for white ally development. Poster presented at the Asian American Psychological Association Annual Conference, Washington, D.C.
- Liu, C. & Suyemoto, K. L. (2014) Racism related stress, anxiety, interpersonal sensitivity, and depression among Asian Americans: Generational status as a moderator. Poster presented at the Teachers College Winter Roundtable, "Fighting for social justice on all fronts." New York, NY.
- Godon, D., Day, S., & Suyemoto, K. L. (2014). Shifts in the racial and ethnic identities and cultural orientations of Korean adopted women from becoming a mother. Poster presented at the Teachers College Winter Roundtable, "Fighting for social justice on all fronts." New York, NY.
- Liu, C. & Suyemoto, K.L. (2013). Racism related stress, anxiety, and depression among Asian Americans: Ethnic identity as a moderator. Poster presented at the Asian American Psychological Association Annual Conference, Honolulu, HI.
- Mukkamala, S., Ng, F., Curley, M. & Suyemoto, K. L. (2013). The multiple meanings of race and ethnicity. Poster presented at the American Psychological Association Annual Conference, Honolulu, HI.
- Smith, S., Ng, F., & Suyemoto, K. L. (2013). The process of developing cultural affinity to a non-heritage culture. Poster presented at the American Psychological Association Annual Conference, Honolulu, HI.
- Godon, D., Ng, F., & Suyemoto, K. L. (2013). Belonging & exclusion and ethnic identity in Korean transracial adoptees: A cluster analysis. Poster presented at the Winter Roundtable Conference, New York, NY
- Mukkamala, S. M. & Suyemoto, K.L. (2012). The mental health effects of multiple minority statuses for Asian American women. Poster presented at the annual convention of the Asian American Psychological Association. Orlando, Florida
- Ng, F., Mukkamala, S. & Suyemoto, K. L. (2012). The relation of racial identity profiles to mental health in Asian Americans. Poster presented at the American Psychological Association Conference, Orlando, FL.
- Liu, C. & Suyemoto, K.L. (2012) Asian American race-related stress & depression: Anxiety and interpersonal sensitivity as mediators. Poster presented at the American Psychological Association Conference, Orlando, FL.
- Canenguez, K. M., Suyemoto, K. L. & Eisenhower, A. (2012). Examining validity of NIH race and ethnicity categories. Poster presented at the American Psychological Association Conference, Orlando, FL.

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Ng, F. & Suyemoto, K. (2012). Comparing racial identity assessment methods using racial identity attitude endorsements versus racial identity profile clusters. Poster presented at the Teacher's College Winter Roundtable, New York, NY.

- Mohammad, T. & Suyemoto, K. L. (2011). Making peace with Islam: Reconciling conflicting imposed and claimed identities for Muslim Americans. Poster presented at the Asian American Psychological Association Conference, Washington DC.
- Ng, F., Mukkamala, S. & Suyemoto, K. L. (2011). Exploring racial identity profiles across methods in Asian Americans and their relation to race-related stress, ethnic identity, nativity, and racial empowerment. Poster presented at the Asian American Psychological Association Conference, Washington DC.
- Ng, F., Mukkamala, S. & Suyemoto, K. L. (2011). Methods of understanding racial identity profiles in Asian Americans. Poster presented at the Teacher's College Winter Roundtable, New York, NY.
- Tawa, J., Suyemoto, K.L., & Ng, F. The effects of racial identity statues on Asian American students' positive gains in Asian American Studies classes, Poster presented at the Diversity Challenge, Institute for the Study of Promotion of Race and Culture, Boston, MA
- Lin, N. J. & Suyemoto, K. L. (2010). Refugee journeys to self and identity: Sudanese and Cambodian experiences, Poster presented at the American Psychological Association conference, San Diego, CA
- Schwartz, S. E. O. Suyemoto, K. L. & Kearns' J. C. (2010). Youth development outcomes in a youth community-organizing program. Poster presented at the American Psychological Association conference, San Diego, CA
- Ng, F., Tawa, J. & Suyemoto, K. L. (2010). The relation of time in the United States and gender in race-related stress and race-related empowerment in Asian Americans. Poster presented at the Asian American Psychological Association conference, San Diego, CA
- Ng, F., Tawa, J. & Suyemoto, K. L. (2010). Gender and generational differences in race-related stress and ethnic identity in Asian Americans. Poster presented at the Teachers College Winter Roundtable, New York, NY
- Schwartz, S. E. O. Suyemoto, K. L. & Gelbtuch D. M. (2010). The Development of Community Engagement and Empowerment in a Youth Community- Organizing Program. Poster presented at the Cultural Impact Conference, Chicago, Illinois.
- Kahn, V. D. & Suyemoto, K. L. (2009). Uniting in the margins: Experiences of bisexual and multiracial individuals . Poster presented at the American Psychological Association conference, Toronto, Ontario, Canada
- Natasha Cook, N. Tawa, J., & Suyemoto, K. L. (2009). The dance of the bumblebee: Experiences of Asian-Black Multiracials' community negotiations. Poster presented at the Teachers College Winter Roundtable, "Incorporating Multicultural Models in Psychology and Education," New York, NY
- Lambe, S. A. Tawa, J., & Suyemoto, K. L. (2009). Multiracial Japanese Americans: Persons of Color Identity, Community Prejudice, and Racial/Ethnic Self-Education. Poster presented at the Teachers College Winter Roundtable, "Incorporating Multicultural Models in Psychology and Education," New York, NY.

# **SELECTED TRAINING AND CONSULTATION**

# MICHIGAN STATE UNIVERSITY, Summer 2014

Provided consultation to Clinical Psychology Program for increasing diversity and social justice focus in training.

UNIVERSITY OF MASSACHUSETTS, BOSTON, September 2012 To December 2013

Facilitator of seminar for graduate students and faculty focused on developing skills for teaching multicultural and social justice material in psychology courses.

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# **TRAINING AND CONSULTATION (cont.)**

# UNIVERSITY OF MASSACHUSETTS, BOSTON: ASIAN AMERICAN, NATIVE AMERICAN, AND PACIFIC ISLANDER SERVING INSTITUTION GRANT, Summer 2011 To Spring 2012.

Provided staff trainings to improve student services (e.g. advising, admissions counseling and outreach, disability related services, etc.).

Developed and conducted faculty development seminar on culturally and racially sensitive pedagogy, curriculum development, and institutional leadership to improve the educational experience of Asian American students.

# AMERICAN PSYCHOLOGICAL ASSOCIATION, MINORITY FELLOWSHIP PROGRAM, PSYCHOLOGY SUMMER INSTITUTE

Mentor to graduate student and early career participants in APA MFP PSI. Summers 2008, 2010-present.

#### **CAMBRIDGE SCHOOL OF WESTON**

Consultation and supervision for course for high school students in racial and cultural sensitivity and leadership. Fall, 2008 to Spring 2009.

#### MASSACHUSETTS GENERAL HOSPITAL

Curriculum development consultation for seminar for psychiatric residents regarding cultural competence in service provision. Spring 2006 to Fall, 2006.

#### STICKY RICE PROJECT/ASIAN AMERICAN RESOURCE WORKSHOP

Curriculum consultation to the "Sticky Rice Project," an educational program from the Asian American Resource Workshop addressing systemic understandings and analyses of racism from an Asian American perspective. Fall 2002, Spring 2005.

#### **NORTHEASTERN UNIVERSITY COUNSELING CENTER:**

Cultural competency in counseling consultations: 2001-2005

# **EMPOWERING MULTICULTURAL INITIATIVES** (A Collaborative For Anti-Racist Teaching):

Curriculum consultation for developing advanced teacher training course in anti-racist education. Summer 2002.

Trainings on racial and ethnic identities for EMI instructors: 2001

Instructor, Anti-Racist Education course for K-12 teachers, counselors, and school staff: Summer 2001 Served on hiring committee for EMI Executive Director, Spring 2001

## REGIONAL PROFESSIONAL AFFILIATIONS AND SERVICE

## NEW ENGLAND CENTER FOR INCLUSIVE TEACHING (NECIT): FORD FOUNDATION FUNDED

Co-director of multi-institution collaborative for faculty development fostering inclusive teaching/learning and institutional transformation. Funded by a grant from the Ford Foundation (originally submitted by Rajini Srikanth and Jay Dee, NECIT co-directors 2003-2004, and Esther Kingston-Mann, NECIT consultant), Fall 2004 to February, 2006.

## **CENTER FOR COLLABORATIVE LEADERSHIP:**

Participating faculty 2004, 2005, 2006, 2007, 2009: Presented on developing multicultural sensitivity in emerging leaders. Facilitated faculty panel on diversity in leadership

#### **INSTITUTE FOR ASIAN AMERICAN STUDIES:**

Faculty/Staff advisory board member, Fall 2000-2007.

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# NATIONAL PROFESSIONAL LEADERSHIP, SERVICE, AND AFFILIATIONS

# Council of National Psychology Associations for the Advancement of Ethnic Minority Interests

Mentor for CNPAAEMI national Leadership Development Institute (June 2011-present).

## **American Psychological Association, Minority Fellows Program**

Faculty mentor for APA-MFP, Psychology Summer Institute: Summer 2008, 2010, 2011, 2012, 2013. Training presentation APA-MFP, Psychology Summer Institute on career transitions, Summer 2011, 2012, 2013.

#### American Psychological Association (member, 1994-present)

Division 12 (Clinical Psychology), Section 6 (Clinical Psychology of Ethnic Minorities): Awards Committee Chair, Jan 2011 to Dec. 2011

Division 35 (Society for the Psychology of Women):

Feminist Leadership Initiative Team Leader: Models of Diverse Feminist Leadership: Models that Address Race, Ethnicity, Socioeconomic Class, and Gender

Division 45 (Society for the Psychological Study of Ethnic Minority Issues): member

Division 9 (Society for the psychological study of social issues): Program Committee reviewer 2003

# Association for Asian American Studies (member 2003-present)

National Conference Program Committee Co-Chair & Planning Committee Member: 2004

## Asian American Psychological Association (member 1996-present):

#### **Elected Positions**

**Past President:** 2009-2011. Duties included continuing initiatives from Presidential term, Chair AAPA Award Committee.

President: 2008-2009: Oversaw the establishment of the Journal of Asian American Psychology, the creation of the AAPA-APF Okura Mental Health Leadership Foundation Fellowship, a major revision of the AAPA website, the inaugural year of the AAPA Early Career Leadership Development Program. Represented AAPA at the meetings of the Association in the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI). Addressed national issues of advocacy related to the Association include equality of marriage, structural issues within AAPA, and the Association's relations with other national psychological organizations.

**Vice President:** 2005-2008. Duties include developing and leading initiatives with the president, cochairing the AAPA annual conventions. Created the AAPA Early Career Leadership Development Program.

Board of Directors: August 2001-August 2003.

Co-chaired the organization's 20<sup>th</sup> anniversary Needs Assessment Committee, an initiative of the President and contributed to ongoing association initiatives.

Division on Women Co-Chair: 1996-1998.

First Co-Chair, formally established the Division within AAPA.

# Other Service and Positions with AAPA

AAPA-APF Okura Mental Health Leadership Foundation Fellowship: Chaired selection committee 2009-2010. Continued in advisory position 2010-2011.

AAPA Early Career Leadership Fellows Program: Reviewer 2011

National Convention Program Committee: Reviewer 2004, 2005

Strategic Planning Committee: Member 2003

National Convention Co-Chair: 2003

National Convention Program Committee Chair of Sessions: 2002

Invited Symposium coordinator: Interdisciplinary connections: Asian American Psychology and Asian American Studies, 2002 convention of the Asian American Psychological Association. William Liu, Chair.

# Asian American Journal of Psychology

Editorial Board, September 2011 to present. Ad hoc reviewer, 2010 to 2011.