Danielle Godon-Decoteau

Mount Holyoke College

50 College Street, South Hadley, MA 01075

Mobile: (413) 478-1237 | Email: <u>Dgodon-decoteau@mtholyoke.edu</u>

EDUCATION

2018 Ph.D., Clinical Psychology, University of Massachusetts, Boston

<u>Dissertation</u>: Examining the moderating role of internalized racism on the relation between racism-related stress and mental health symptoms in Asian Americans

Chair: Karen L. Suyemoto, Ph.D.

Committee members: Tahirah Abdullah, Ph.D., & Alice Frye, Ph.D.

2012 M.A., Psychology, Mount Holyoke College

<u>Thesis</u>: Sense of belonging and sense of exclusion in Korean transracial

adoptees

Chair: Patricia G. Ramsey, Ed.D.

Committee members: Harold Grotevant, Ph.D., & Amber Douglas, Ph.D.

2007 B.S., Business Administration (Magna Cum Laude), Bryant University

Concentrations: finance, management; Minor: psychology

Thesis: RFID implementation benefits and challenges in the supply chain

Chair: John K. Visich, Ph.D.

TEACHING

2018- Visiting Lecturer in Psychology and Education, Mount Holyoke College

present Courses taught:

Theories of Personality (fall 2018, spring 2019, fall 2019)

Abnormal Psychology (spring 2019, fall 2019)

Seminar in Asian American Psychology (fall 2018, fall 2019) Lab in Racism and Asian American Mental Health (spring 2019)

2016-2017 Instructor, University of Massachusetts, Boston

Courses taught:

Social Psychology (fall 2015, spring 2016) Asian American Psychology (spring 2017)

2012-2013 Teaching Assistant/Discussion Leader, University of Massachusetts, Boston

Courses:

Introduction to Psychology (spring 2013)

Statistics (fall 2012)

2010-2012 Laboratory Instructor, Mount Holyoke College

Courses:

Statistics (fall 2011; spring 2012);

Research Methods (fall 2010; spring 2011)

RESEARCH

2015present

Primary Investigator, University of Massachusetts, Boston

Examining the moderating role of internalized racism on racism-related stress and mental health symptoms in Asian Americans.

 Utilized structural equation modeling to examine how internalized racism may exacerbate the positive relationship between racism-related stress and mental health symptomology, thus possibly being an important point of clinical intervention.

2012-2018 Asian American Research Team Member, University of Massachusetts, Boston Projects:

Racism and empowerment study (Data Manager and Statistical Coordinator)
Race and ethnicity study (Consensual Qualitative Research Analysis Team
Member)

2015-2017 Statistics Consultant, Independent Contractor

Past clients: Romney Associates, Inc.; OrigamiUSA.

2010-2012 Research Assistant, Mount Holyoke College

2011 Research Assistant, University of Massachusetts, Amherst

PUBLICATIONS

- **Godon-Decoteau, D.** & Ramsey, P. G., (in press). Transracial adoptees: The rewards and challenges of searching for their birth families. In G. Wrobel, E. Helder, & E. Marr (Eds.), *The Routledge Handbook of Adoption* (Ch. 16).
- Suyemoto, K. L., Abdullah, T., **Godon-Decoteau, D.,** Tahirkheli, N., Arbid, N., & Frye, A. (under review). Development of the Resistance and Empowerment Against Racism (REAR) Scale.
- **Godon-Decoteau, D.,** Ramsey, P. G., & Suyemoto, K. L. (2018). Korean transnational and transracial adoptees: Ethnic identity and sense of belonging and exclusion in relation to birth and adoptive groups. *Identity*, *18*, 178-194. doi: 10.1080/15283488.2018.1487299
- **Godon-Decoteau, D.** & Ramsey, P. G. (2017). Positive and negative aspects of transracial adoption from the perspectives of Korean transracially and internationally adopted individuals. *Adoption Quarterly*, 21, 17-40. doi: 10.1080/10926755.2017.1387209
- Day, S. C., Godon-Decoteau, D., & Suyemoto, K. L. (2015). Effects of becoming a mother on the development of ethnic and racial identities in Korean transnationally and transracially adopted women. Asian American Journal of Psychology, 6, 359-370. doi: 10.1037/aap0000028

PUBLICATIONS (CONT'D)

- Godon-Decoteau, D. (2015). Remember me. In J. M. Ja, J. M. Ja, & K. Kim (Eds.), *The "Unknown" Culture Club: Korean Adoptees, Then and Now* (Ch. 11, pp. 73-80). Auburn, WA: Against Child Trafficking USA.
- **Godon, D. E.,** Green, W., & Ramsey, P. G. (2014). Transracial adoptees: The search for birth family and the search for self, *Adoption Quarterly, 17*, 1-27. doi: 10.1080/10926755.2014.875087

WORKS IN PROGRESS

- **Godon-Decoteau, D.,** Suyemoto, K. L., & Frye, A. (in preparation). Examining internalized racism, racism-related stress, and mental health in Asian Americans.
- **Godon-Decoteau, D.,** & Suyemoto, K. L., (in preparation). Perpetual foreigners and model minorities: Asian Americans' increased risk for internalizing racism

PEER REVIEWED POSTERS & PRESENTATIONS

- * Mount Holyoke College student co-presenter
- Liu, T.; Chang, J.; Liu, C.; **Godon-Decoteau, D.**; Brown, E.; & Huang, L. (accepted). Internalized Racism and Intra-Ethnic Othering among Asian Americans: From Victim-Blaming to Solidarity Building. Interactive session at the Asian American Psychological Association 2019 Annual Convention, San Diego, CA.
- *Jawed, A., *Luo, J., & **Godon-Decoteau, D.** (accepted). Colonial mentality and South Asian American mental health. Poster to be presented at the Asian American Psychological Association 2019 Annual Convention, San Diego, CA.
- *Luo, J. & **Godon-Decoteau, D.** (accepted). Generational differences and racial experiences: How racism-related stress affects Asian Americans' mental health outcomes depending on generational status. Poster to be presented at the Asian American Psychological Association 2019 Annual Convention, San Diego, CA.
- *Stotz, C. & **Godon-Decoteau**, **D.** (accepted). Awareness as armor: Color-blind racial attitudes as a moderator on the relationship between racism-related stress and symptoms of depression and anxiety. Poster to be presented at the Asian American Psychological Association 2019 Annual Convention, San Diego, CA.
- **Godon-Decoteau, D.,** Kaitz, J., Ramanayake, N., Steinhilber, K., Xiu, Z., & Phan, T., (2018, September). Reflections on clinical training, supervision and mentorship. Invited panelist at the Asian Mental Health Matters Conference, Newton, MA.
- **Godon-Decoteau, D.** (2018, June). Our identities: Cultivating resilience in our lives. Invited panelist at the 9th Annual Asian American Mental Health Forum, Boston, MA.

PEER REVIEWED POSTERS & PRESENTATIONS (CONT'D)

- **Godon-Decoteau, D.** & Suyemoto, K. L. (2017, August). Internalized racism and mental health symptomology in Asian Americans. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
- **Godon-Decoteau, D.,** Hochman, A., & Liu, C. (2017, April). Know Your Lens: Positioning Yourself Within the Resistance. Structured Discussion at Not My Normal: Resisting Systemic Oppression teach-in, University of Massachusetts, Boston, Boston, MA.
- **Godon-Decoteau, D.**, Chan, T., & Suyemoto, K. L. (2016, August). Model minorities & perpetual foreigners: Increased risk for Asian Americans to internalize racism. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.
- **Godon-Decoteau, D.**, Ng, F., Liu, C., & Suyemoto, K. L. (2015, October). Rejecting internalized racism in Asian Americans to promote empowerment and build alliances. Structured Discussion at the Annual Diversity Challenge, Institute for the Study and Promotion of Race and Culture, Boston College, Chestnut Hill, MA.
- **Godon, D. E.** (2014, August). Reflexivity: An academic journey home. Oral presentation at Boston Korean Adoptees Anniversary Conference, Boston, MA.
- **Godon, D. E.,** Day, S.C., & Suyemoto, K. L. (2014, February). Shifts in the racial and ethnic identities and cultural orientations of Korean adopted women from becoming a mother. Poster presented at 31st Annual Winter Round Table, New York, NY.
- **Godon, D. E.** & Ramsey, P. G. (2014, May). Positive and negative aspects of transracial adoption: An exploratory study from Korean transracial adoptees' perspectives. Poster presented at New Worlds of Adoption Conference: Helping Adoptive Families Overcome Early Adversities, Rudd Adoption Research Program, Amherst, MA.
- **Godon, D. E.** & Ramsey, P. G. (2013, July). Sense of belonging and sense of exclusion in Korean transracial adoptees. Oral presentation at Third International Symposium on Korean Adoption Studies, Seoul, South Korea.
- **Godon, D. E.** & Ramsey, P. G. (2013, July). Family practices and sense of exclusion in Korean transracial adoptees. Poster presented at the Fourth International Conference on Adoption Research (ICAR4), Bilbao, Spain.
- **Godon, D. E.** & Ramsey, P. G. (2013, May). Internal attributes and sense of belonging: The moderating role of optimism in Korean transracial adoptees. Poster presented at the New Worlds of Adoption: Contact Between Adoptive and Birth Families: What Works? Conference, Rudd Adoption Research Program, Amherst, MA.
- **Godon, D. E.** & Ramsey, P. G. (2013, April). Ethnic identities of Korean transracial adoptees. Poster presented at the Annual Meeting of the American Educational Research Association, San Francisco, CA.

PEER REVIEWED POSTERS & PRESENTATIONS (CONT'D)

- **Godon, D. E.,** Ny, F., & Suyemoto, K. L. (2013, February). Belonging, exclusion, and ethnic identity in Korean transracial adoptees: A cluster analysis. Poster presented at 30th Annual Winter Round Table, New York, NY.
- **Godon, D.,** Green, W., & Ramsey, P. G. (2012, April). Transracial adoptees: Searching for birth families and developing identities. Poster presented at the Annual Meeting of the American Educational Research Association, Vancouver, Canada.
- **Godon, D.,** Green, W., & Ramsey, P. G. (2012, May). Transracial adoptees: Searching for birth families and developing identities. Poster presented at the New Worlds of Adoption: Navigating the Teen Years Annual Conference, Rudd Adoption Research Program, Amherst, MA.

HONORS & GRANTS

2017	University of Massachusetts, Boston - Doctoral Dissertation Grant (\$3,000) University of Massachusetts, Boston - Scholarly Support Fund (\$500)
2016	University of Massachusetts, Boston - Professional Development Grant (\$250)
2015	University of Massachusetts, Boston - Scholarly Support Fund (\$250)
2013	University of Massachusetts, Boston - Professional Development Grant (\$400) Boston Korean Adoptees, Inc Scholarship (\$500) Mount Holyoke College - Harap Fund Award (\$600)
2011	Mount Holyoke College - Psychology Department Reese Fund Award (\$3,600) Mount Holyoke College - Harap Fund Award (\$300)
2007	Bryant University - Beta Gamma Sigma (academic honor society)

CLINICAL TRAINING

2017-2018	Pre-doctoral Clinical Intern (APA-accredited internship), Counseling and Mental Health Services, University of Connecticut, Storrs, CT
2015-2016	Neuropsychological Assessment and Intake Clinician, Clinical & Support Options, Inc., Northampton, MA
2014-2015	Therapist, Carson Center for Adults and Families, Westfield, MA
2013-2014	Therapist, University Counseling Center, University of Massachusetts, Boston, Boston, MA

ASSESSMENT EXPERIENCE & TRAINING

Neuropsychological assessment instruments:

Wechsler Adult Intelligence Scale (WAIS-IV), Wechsler Memory Scale (WMS-IV), Delis-Kaplan Executive Function System (D-KEFS), Barkley Deficits in Executive Functioning Scale (BDEFS), Barkley Adult ADHD Rating Scale (BAARS-IV), Conners' Adult ADHD Rating Scale (CAARS)

Personality assessment instruments:

Personality Assessment Inventory (PAI), Millon Clinical Multiaxial Inventory-IV (MCMI-IV), Minnesota Multiphasic Personality Inventory (MMPI-2), NEO Five-Factor Inventory-3 (NEO-FFI-3), Rorschach Ink Blot Test, Thematic Apperception Test (TAT)

General/clinical assessment instruments:

Coping Responses Inventory (CRI), Trauma Symptom Inventory (TSI-2), Inventory of Altered Self Capacities (IASC), Outcome Questionnaire (OQ-45), Counseling Center Assessment of Psychological Symptoms (CCAPS-64)

LEADERSHIP & SERVICE

2019 - present	Adoption Research and Practice , Division 17, American Psychological Association Society of Counseling Psychology Special Interest Group (appointed co-chair)
2017- present	Asian American Psychological Association, Division on Asian Americans with Multiple Heritages (Treasurer and member)
2015- present	American Psychological Association, Division 45, Society for the Psychological Study of Ethnic Minority Issues (member)
2016	Ad hoc journal reviewer Developmental Psychology (co-reviewed with Dr. Karen Suyemoto) Adoption Quarterly (co-reviewed with Dr. Patricia Ramsey)
2014-2017	Boston Korean Adoptees, Inc. (Treasurer)
2012-2017	Clinical Psychology Diversity Committee , University of Massachusetts, Boston (co-chair, survey sub-committee member)
2012-2018	Clinical Graduate Student Association, University of Massachusetts, Boston
2012-2014	Psychology Connections Committee, University of Massachusetts, Boston (mentor)
2009-2010	Samaritans of Framingham (crisis hotline)

OTHER EMPLOYMENT HISTORY

2013-2014 GRE Instructor, Kaplan Test Prep

2009-2010 Business Analyst, United Technologies

2007-2009 Financial Leadership Program Associate, United Technologies

REFERENCES

Karen L. Suyemoto, Ph.D.

Professor, Department of Psychology and Department of Asian American Studies Graduate Program Director, Transnational, Cultural, and Community Studies University of Massachusetts, Boston 100 William T. Morrissey Boulevard

Boston, MA, 02125 Phone: (617) 287-6370

Email: Karen.Suyemoto@umb.edu

Patricia G. Ramsey, Ed.D.
Professor Emerita, Psychology and Education Department
Mount Holyoke College
50 College Street
South Hadley, MA 01075

Phone: (413) 259-2902

Email: pramsey@mtholyoke.edu

Katherine S. Binder, Ph.D. William R. Kenan, Jr. Professor of Psychology Chair of Psychology and Education Mount Holyoke College 50 College Street South Hadley, MA 01075

Phone: 413-538-2105

Email: kbinder@mtholyoke.edu