

Initial Medical Assessment

Patient Name: Mrs. Noeleen Dunlea

Date of Birth: 25-Aug-1959

Date of Consultation:

Status:

Mrs. Noeleen Dunlea is a 51 years old morbid obesity female patient who is being seen today for evaluation for bariatric surgery using the minimally invasive Lap Band system.

Measurement:

Height: 164.5 cm

Neck: 45 cm

PR:

Weight: 156 kg

Waist: 137 cm

RR:

BMI: 57.7

Hip: 156 cm

BP: /

Ideal Weight: 62.6 kg

WHR: 0.9

Excess Weight: 93.4 kg

Current Health Status:

She has no associated medical problems

On review of systems there were no other relevant health problems.

Current Medications:

She is currently not under any medication

Weight Loss History:

There is a history of weight gain in recent years with a known weight of approximately 111 kg

Past history re health:

There are no relevant history

Allergies:

She has no associated allergies or special risk factor

Physical Examination:

Labs:

Investigations and Referrals:

There are no investigations planned

There are no referrals planned

Management Plan:

A weight loss plan was discussed with Noeleen Dunlea at today's visit including the following:

1. A diet of increased protein, decreased carbohydrates and increased water, vegetable, and fruit intake that should consist of between 1200 and 1500 calories per day.
2. Exercise. The patient was encouraged to get 30 minutes of cardiovascular exercises three to five times per week.
3. Eating habit changes with the band were discussed including dime-sized bites with adequate chewing, appropriate food choices, and adequate meal plan.

The patient can return in one month for additional weight loss visits as necessary.

Due to the fact that the patient has been unsuccessful with medical and dietary regimens, and has a status of medical necessity, she is recommended for minimally invasive adjustable laproscopic gastric banding, pending results of the medical clearance.

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