



STERLING

Quick Guide to

Interview Preparation

Utilize the tips and additional resources below to make sure you are putting your best foot forward in your interview. Remember Sterling's Recruiters are here to help you throughout your interview process - don't hesitate to contact us and lean on our experience!

630-993-3400
HR@sterling-engineering.com

Review the Company

Visit their website & familiarize yourself with their business
Read the job description
Think about WHY you'd like to work for them
Why are you the best match for this role?

Review Your Resume

Explain WHY you're looking for a new job
Explain reasons for leaving previous jobs
Explain your responsibilities in detail at each job
Relate your experience to the duties of this job
Discuss your major accomplishments & provide examples

Links to Additional Info

[How to Prepare for Any Job Interview](#)
[Best Answers to Common Interview Questions](#)
[Interview Etiquette](#)
[Preparing for Behavioral Interviews](#)
[Questions to Ask During an Interview](#)
[How to Resign From Your Job](#)
[Handling a Counter Offer](#)



How To...

Present Yourself

Dress in professional business attire
Lean forward, smile & give good eye contact
Speak clearly & confidently

Answer Questions

Keep your answers detailed and informative, yet concise
Don't overexplain
Support your answers by providing examples of your related experience
If asked about salary requirements, stay consistent with what you discussed with your recruiter

End the Interview

Ask questions (Here are some examples, but prepare your own)
*What's the company culture like?
Why is this position open?
What training will be involved?
How will my performance be evaluated?*
Don't ask questions about money or benefits
Express your interest in this position
Ask what the next step is in the interview process