The Body Balance Foot Spa Detox is a two-fold benefit; a relaxing foot spa followed by a soothing foot rub while energizing your body.

The ion module in the spa helps the body to absorb energy to aid the body in performing its normal functions optimally. During this process one may experience that the spa may stimulate and/or promote circulation throughout the body causing the body to purge toxins and heavy metals. A color chart is given to each person as they relax in the spa so they can see which organs are choosing to detox; such as, the liver, gall bladder, kidneys and more.

Here’s what others have experienced:

|  |  |
| --- | --- |
| Improved Energy Levels  Improved Circulation  Relieve Joint/Arthritis  Restful Sleep  Quicker Healing Time From Injury  Gout Relief | Improved Immune  Quicker Back Surgery Healing/Relief  Bowel Regularity  Improved Kidney/Liver Function  Reduced Fluid  Headache Relief |

The foot spa detox takes 40-MINUTES once in the water followed by a soothing foot rub. Plan to spend 50-60 minutes in a session. Cost is $40.00.

Consultations are available prior to Foot Spa session to discuss spacific health care issues/needs.

Tongue and Fingernail Analysis is offered at a reduced price when doing a foot spa. *Click for more information on tongue and fingernail analysis.*

Toxins/heavy metals are acquired everyday from the environment, the food we eat, and more. The Body Balance Foot Spa Detox works based on a bio Electric Field that uses a positive and negative current charging the water, thus energizing the water, and in turn energizing the body to purge toxins on its own that cause all kinds of disease, discomfort and ailments. This is done by placing the feet in the Foot Spa and relaxing.

A toxin is poison. Scientists estimate that over 50% of the U.S. population consumes too many heavy metals and also herbicides, pesticides, etc. *Detoxing* allows the body’s eliminative channels to get rid of toxins in the cells, organs, tissues, blood stream and lymphatic system.

Let Herbs for Thought help you energize your body and energize your life; whether you are in need of relief, or just want to prevent the disease you may never know you had, *detoxification* is an essential step on your road to health! Therefore, come soak your feet in the Body Balance Foot Spa and enjoy a relaxing, yet beneficial, 40 minutes.

*Click here to learn more about detoxing through cleansing to gain energy and feel renewed.*