DID YOU KNOW THAT WHEAT GRASS…

1. Promotes better circulation of the blood, ultimately nourishing every cell in the body
2. Rejuvenates aging cells, slows down the aging process
3. Prevents the accumulation of fat and draws out the excess of it
4. Works as a sleep aid by enhancing the oxygen in the air and generating healthful negative ions to help you sleep more soundly
5. Neutralizes offensive odors such as bad breath, perspiration and body odors
6. Increases the functions of the heart, the vascular system, the intestines and the lungs
7. Aids in the stimulation and the regeneration of the liver which is the main detoxification organ in he body
8. Contains about 70% chlorophyll which is considered “the life giving source” of plants
9. One ounce of wheat grass is comparable in nutrients to over 2 lbs of vegetable or 10 garden salads
10. Helps metabolize the nutrients that are taken in by the body

The above excerpts are taken from “The Wheat Grass Book” by Ann Wigmore

Herbs for Thought offers Liquid Chlorophyll in a 16 oz and 32 oz bottle, click here to learn more or here to purchase. Look for Wheat grass shots *coming soon* to our La Conner Shoppe.