**...BECAUSE THERE IS NO GREATER JOY THAN THE GOOD HEALTH OF YOUR FAMILY, FRIENDS AND LOVED ONES**

Hobbies/Interests: Painting, Desiging, Encourging others, Preparing good food, Entertaining, Reading, Hiking, Gardening, Scrapbooking, Dancing, Fellowshiping, Educating myself on natural avenues of healing.

Music: Rock & Pop, Old Skool 70's & 80's Disco, The French Cafe, Classical String Quartet bands that play classical covers of pop and rock songs

My motto: Be the example you want to see in the world