

NAME : Vishrut Sunil Chavan

DIV: B                      BATCH : D

ROLL NO: 3

SUBJECT : **PHARMACOGNOSY**  
**ASSIGNMENT NO (1).**

TOPIC : Marketed preparations of Ayurvedic, Siddha, Unani, Homeopathy (any two from each collect the information about label and indications).

**AYURVEDIC:**

**:INTRODUCTION:**

Ayurvedic medicine is one of the world's oldest holistic healing systems. It was developed more than 3,000 years ago in India. It's based on the belief that health and wellness depend on a delicate balance between the mind, body, and spirit.

**:Aim and objectives .**

Swasthya means health. A healthy person is in a state of balance physically balanced, mentally balanced, emotionally balanced. This holistic perspective is one of Ayurveda's basic principles