Track Anything Interface Flowchart

Joe Buchoff | December 18, 2021

[Profile pic]

Name
Goals Hit

Quick Actions:

Record Measurement

Add Metric to Track — **NewMetric set to true**

Add Category

My Categories

NewMetric flag set to true? — **No**

Category 1
Category 2
Category 3

New Category

Yes

New Category

Name

Create Category

NewMetric flag set to true?

No

Yes

Category N

Metric 1
Metric 2
Metric 3

New Metric

WeightExercise? or other Metric

Other Metric — **Set WeightExercise flag to false**

WeightExercise — **Set WeightExercise flag to true**

Metric N

[Unit] Number Input

Date 1/1/10

Yesterday Today

Record

Metric N

Reps 4

Sets 4

Lbs Number Input

Date 1/1/10

Yesterday Today

Record

Any goals hit? — **No** / **Yes**

Measurement Recorded

Awesome. Props for recording data today

Record More   Done

Goal Hit

Congrats! You hit your goal of X UNITS by DATE!

Hekk yeah!

Any more goals hit? — **Yes** / **No**

New Metric

Name

Weight Exercise?   ● Yes   ○ No

Create Metric

Weight Exercise? — **Yes** / **No**

What units?

Units

Create Metric