

National Pike District Cub Scout Roundtable
February 11, 2008

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March Theme: Litter to Glitter
Webelos: Athlete, Engineer



Registration
Opening
Welcome New Leaders
Split Sessions
 Tiger Cub and Den Leaders
 Webelos Leaders
 Cubmasters
 Pack Committee
Presentation
Announcements
Fun Time
Sample Ceremony
Closing Activities

Notes:



Coming Events

Feb. 23 & 24 – Scouting for Food Bag Distribution,
Details at <http://web.mac.com/rhotonds/SFF>

Mar. 1 – Scouting for Food Bag Pick-up,
Details at <http://web.mac.com/rhotonds/SFF>

Mar. 8 – University of Scouting, UMBC,
details at <http://www.baltimorebsa.org>

March Roundtable: March 10, 2008
April Theme: Abracadabra
Webelos: Sportsman, Family Member

Mar. 15 – Cub Leader Training, Columbia Academy
Jeff Seymour, jjseymour2@address4email.net, 410-730-5376

Mar. 18 & 25 – Cub Leader Training, Columbia Academy
Jeff Seymour, jjseymour2@address4email.net, 410-730-5376

Mar. 25 – Cub Leader Training Part 2, Columbia Academy
Jeff Seymour, jjseymour2@address4email.net, 410-730-5376

Apr. 26 – Camp Oest Work Day, Broad Creek Scout Camp
Andrea Doederlein, aydoederlein@hotmail.com, 410-465-4434

May 8 – District Program Launch, Wilde Lake High School
Bill Marose, wjmarose@comcast.net, 410-730-7768
Note: this will take the place of the May Roundtable

May 23 – We Remember, Baltimore National Cemetery
John Holdcraft, 410-744-6631, *no e-mail*

***Want to invite one of your pack leaders to Roundtable
and you're not quite sure how to give directions to the
Columbia Academy? There is a map located at:***

<http://home.comcast.net/~npcubtraining>

NOTE: URL has changed!

This site also has previous Roundtable Handouts available for
downloading and contact information for training.

Roundtable Staff

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*Thanks to Graphic Impressions, Inc. for providing the
copying of this Roundtable Handout.*

“The Junk Drawer”

Some of the most useful things on our homes find their way into the junk drawer.

CUB SCOUT WORLD CONSERVATION AWARD

www.uscouts.org



The World Conservation Award is worn on the uniform shirt, centered on the right pocket as a TEMPORARY patch. Only ONE Temporary patch may be worn at a time, but Cub or Webelos Scouts may wear the Progress Through Ranks (Immediate Recognition) or Webelos Compass Points Emblem suspended from the right pocket button in addition to any temporary patch sewn on the pocket.

The World Conservation Award provides an opportunity for individual Cub Scouts (or Boy Scouts, Varsity Scouts, and Venturers) to "think globally" and "act locally" to preserve and improve our environment. This program is designed to make youth members aware that all nations are closely related through natural resources and that we are interdependent with our world environment.

The Cub Scout version of the World Conservation Award can be earned by Wolf or Bear Cub Scouts, and by Webelos Scouts.

This award can be earned only once while you are in Cub Scouting (i.e. as either a Wolf Cub Scout, a Bear Cub Scout, or as a Webelos Scout).

As a **Wolf Cub Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Complete achievement [#7 - Your Living World](#)

Complete all Arrow Points in 2 of the following 3 Electives:

[#13 - Birds](#)

[#15 - Grow Something](#)

[#19 - Fishing](#)

Participate in a den or pack conservation project in addition to the above

As a **Bear Cub Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Complete achievement [#5 - SHARING YOUR WORLD WITH WILDLIFE](#)

Complete all requirements in 2 of the following 3 electives:

[#2 - Weather](#)

[#12 - Nature Crafts](#)

[#15 - Water and Soil Conservation](#)

Participate in a den or pack conservation project in addition to the above

As a **Webelos Scout**, you can earn the Cub Scout World Conservation Award by doing the following:

Earn the [Forester activity badge](#).

Earn the [Naturalist activity badge](#).

Earn the [Outdoorsman activity badge](#).

Participate in a den or pack conservation project.



National makes a patch for every Cub Scout Monthly theme. This is the one for this theme. Check them out at www.scoutstuff.org. Go to patches and look for 2008 Cub Scout Monthly Theme Emblems.

Pack Resource Sheet

March 2008 Theme: Litter to Glitter

Some of the purposes of Cub Scouting developed through this month's theme include:

Character development. Boys will learn how important it is to reduce, reuse, and recycle.

Personal achievement. Boys will have a sense of pride when they create something useful or beautiful from recycled materials.

Friendly service. Boys will be involved in conservation and recycling service projects with their den or pack.

The core value to be highlighted this month is:

Citizenship. Cub Scouts will develop a sense of responsibility by reusing and recycling items.

Opening Ceremony: Litter to Glitter

Materials Large cards with the letters to spell out LITTER on one side and script on the other. (Boys can draw pictures on the front as well.) One large card with the letter C done in glitter on one side and script on the other.

Setup: Six Cub Scouts line up spelling out LITTER.

L—Leaves can be turned into placemats.

I—Ice cube trays can be used to store beads.

T—Thread spools can be used for legs on animals.

T—Toilet paper rolls can be made into binoculars.

E—Egg cartons can be made into caterpillars.

R—Rope can be used to make a picture frame.

(G enters and stands next to the L to spell **GLITTER**.)

G—We just turned Litter into Glitter!

Prayer: Our Resources

Thank you for the many beautiful things you have given us. Help us understand our world. Watch over us as we do our best to conserve our resources. Amen.

Cheer: Litter-Glitter

Divide the participants into two groups. One group yells, "There's some Litter!" The second group responds, "Make it Glitter!" Repeat three times, getting louder each time.

Song: This Litter Piece of Mine

Tune: This Little Light of Mine

Chorus:

This old piece of litter, I'm gonna make it glitter.

This old piece of litter, I'm gonna make it glitter.

This old piece of litter, I'm gonna make it glitter.

Cubs reduce, recycle, and reuse,

Build hovercrafts from old CDs.

Yes, we're gonna reduce waste!

Make spring flowers from egg crates.

Yes, we're gonna recycle!

Make a game from detergent jugs.

Yes, we're gonna reuse it!

Cubs reduce, recycle, and reuse.

Repeat Chorus.

Advancement Ceremony:

The Litter to Glitter Machine

Materials: Large box with a sign "Cub Scout Recycle Machine" (Box needs input and output slots and an On/Off switch. The box should be large enough to have a person inside). Scrap pieces of plastic, felt, wood, or other materials of appropriate color for awards (e.g. orange for Tiger Cub badge, red for Wolf badge, blue for Bear, red for Good Turn for America, yellow for World Conservation Award); "REJECT" sign.

CUBMASTER: Hey look, a Cub Scout Recycle Machine! It says to put in something worn out and you will get something useful for Cub Scouts.

ASSISTANT CUBMASTER: Let's try it out! (*Turns on switch.*)

CUBMASTER: Let's see what it does with this worn out old can. (*Drops it into machine. Machine makes noise and shakes, then out comes a new, shiny pocketknife.*)

ASSISTANT CUBMASTER: Wow, it works. Fantastic!

CUBMASTER: Maybe we can use it to help with our awards!!

ASSISTANT CUBMASTER: That's a really great idea! Here, machine, here's some worn out red stuff. (*Drops it in, the machine performs, and gives out Wolf badges.*)

(*Cubmaster calls up the boys and present badges. Continues with other colors and awards. If advancements are presented, present the award to the parent first, who then presents it to his or her son.*)

CUB SCOUT (*a boy from last group receiving awards, selected and prepped in advance*): I wonder how this thing works. (*Peers inside, and the machine pulls him in.*) Help! (*The machine makes a very loud noise and out pops the Cub Scout with the "REJECT" sign.*)

CUBMASTER: Look! He has a sign around his neck. It says "Reject." I guess that proves a Cub Scout's spirit is too strong and durable ever to be worn out! (*Cubmaster leads a cheer to celebrate Cub Scout spirit.*)

Closing Ceremony: Make It Glitter

Prop: Globe held by Cub Scout 1.

CUB SCOUT 1: There is only one world for all of us to share.

CUB SCOUT 2: We all need to do our part to keep it clean and neat. CUB SCOUT 3: Let's do our best to make it glitter with our Cub Scout Spirit!

Cubmaster's Minute:

Beauty Is in the Eye of the Beholder

An old proverb says, "Beauty is in the eye of the beholder" We have proven that tonight with our gallery of art created from recycled materials. Who would have thought that items others would consider litter could be made to glitter like this (*hold up a sample project*). Surely only a Cub Scout whose imagination was properly nourished by his parents and allowed to run free by his leaders could do that. Boys, keep thinking up new things to create. Parents, keep your son's mind and imagination active. And, leaders, keep encouraging them to follow their dreams and do their best.

Game: Laundry Toss

Materials: One empty gallon-size plastic container (juice, laundry soap, milk jug) per player, several clean old socks

Preparation: Cut the bottom off of the plastic container. Clean and dry them. Decorate them with permanent markers, if desired. Roll up two socks to make a ball.

Players form a circle and toss the sock ball back and forth, using the jugs to catch and throw. The throwing pattern could be random, or a player can be directed to throw to the same person each time. A player cannot throw to a person next to him. Add more balls as players gain skill. This game can be played as a team competition as well.

Game: Rubber Band Ball Bounce

Materials: Used rubber bands (from newspaper, etc.), scrap paper, assorted empty containers (margarine tubs, shoe boxes, meat tray, etc.), markers

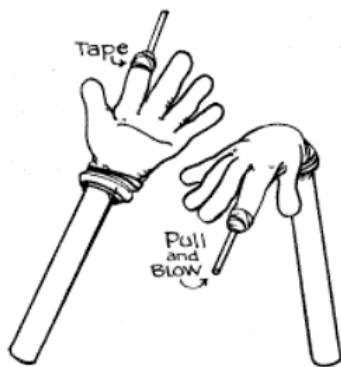
Cut scrap paper into 2-inch square. Crumple it and put rubber bands around it until the ball is about 1 inch in diameter. Assign points to containers and write the point values with markers. Arrange containers on the table. Bounce the rubberband ball one time on table and try to get it to land in a container. Keep track of points scored for each player.

Project: Glove-a-Phone

Materials: Cardboard tube (any tube works as long as the edge is smooth), latex or rubber glove, 3 to 4-inch straw piece, rubber band, narrow piece of duct tape

Cut the tip of one of the fingers of the glove. Place the straw piece in the hole and tape the glove fingertip to the straw. Make sure it is airtight. With the rubber band, securely attach the glove to one end of the tube.

To Play: Pull the glove gently down from the tube so that the palm of the glove is stretched over the opening of the tube. Blow into the straw. The glove will inflate and make a deep sound! (As the air from the inflated glove passes through the narrow opening between the tube and the glove membrane, the membrane vibrates, causing sound.) Experiment with different tensions. What happens if you touch the glove membrane while you are blowing? Experiment with different size tubes



Project: Water Bottle Maraca

Materials: Plastic water bottle or soda bottle (any size), permanent markers, colored tape (optional), scissors

Decorate the bottle with markers, except the bottom part. You might also add small amount of tape to the decoration. Cut the bottom off the bottle. Cut strips about 1/2-inch



wide, starting at the bottom to about 3 inches from the mouth of the bottle. Shake or tap the maracas to make noise, or make two and hit one with the other

Project: Grocery Bag Hat

Materials: Brown paper grocery bag (large or medium size), markers, scrap materials (felt, paper, craft foam, ribbon, etc.), feather, string, glitter, scissors, glue

Turn the bag inside out carefully so that it does not tear. Don't be concerned if the bag gets wrinkled; this will give more "character" to the hat. Roll top of bag toward the bottom. Shape the hat to your liking. Shape it so that it fits your head. If the hat is too big, adjust it by tying a string or ribbon around the brim. Decorate it with markers and other embellishing materials. Wear the hat and admire others' hats.

Homemade Glitter Glue: Mix glitter in glue first so you won't have glitter all over the floor during or after the activity. School white glue works best. The glue mix is dull in color but will look fine when dry. Be generous with glitter. It's fun to mix several colors in one batch

WEBELOS ACTIVITY BADGE PROJECTS

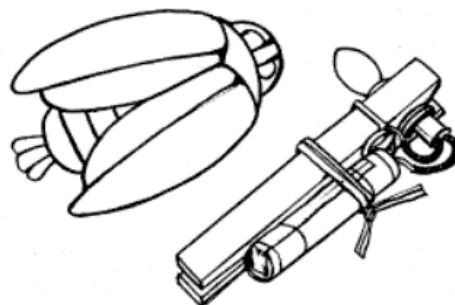
Athlete: Toe Litter Pick-up

Materials: Various recyclable items with no sharp edges. Items may be old towels, unmatched socks, newspaper, bottle caps, plastic milk carton lids, paper cups, berry baskets

Scatter the items on the floor. Mark part of the room with "Paper," "Plastic," and "Others." The object of the game is for the boys to pick up the items with their bare toes and take it to the appropriate place. They may hop or walk but cannot use their hands at all.

Engineer: Firefly

Materials: Wooden spring-type clothespin, AAA battery, duct tape, twist tie, old Christmas tree light and socket with 2-inch wires, aluminum foil, stiff paper (cardstock, file folders), markers or crayons, scissors, glue



Cut a 13/4-inch square of foil and fold in half three to four times to make a narrow strip. Bend strip 1/4-inch from end and tape to negative end of battery. Tape other end of strip to the side of the battery. Strip 1/2-inch of insulation from socket wire ends. Secure one wire to clothespin spring. Tape the other end to positive battery terminal. Wrap twist tie around clothespin and secure battery. To operate the "switch," rotate battery so foil strip touches spring. Grip the plastic part of the socket with the clothespin. On stiff paper, draw a firefly and cut it out. Place a dab of glue on the clothespin away from the light and attach the firefly

Tiger Cubs

Time Capsules *Capital Area Council*

Materials:

Empty oatmeal containers	Markers
Time capsule items	Glue
Colored paper	

Directions

Cover oatmeal container with paper and decorate as desired.

Put items in container to represent time in their lives.

Can include such items that have the partner and the Tiger, as photographs, fingerprints, drawings, messages, etc.

It is suggested that the capsule be used through Scouting and displayed at his Arrow of Light Ceremony AND his Eagle Court of Honor.

Tips for Successful Meetings & Go-See-It's

St. Louis Area Council

with a few changes by Commissioner Dave (CD)

- 1) **Compare notes** with all the Partners in your den when it comes to setting dates.
- 2) **Pick a location** that is versatile and easy for everyone to find.
- 3) **Keep projects fun** and enjoyable by all.
- 4) **Try to keep a somewhat fast pace** so the boys don't have time to get bored. Remember that some boys will finish quicker than others.
- 5) **Include the boys** in on the decision making when planning anything. They know what they like better than we do.
- 6) **Communication** – this is very important! Set a calling tree so one person does not have to make all the calls. Each Partner should have a list of names and numbers for everyone in their den.
- 7) **The den leader should take the time to get to know each of the boys and their partners.** This will help when determining if you have a "Will" or "Will Not" travel group. Distance and cost can be a deterrent for some families.
- 8) **Know the relationship of each Partner to their Tiger Cub.** Sometimes it may not be mom or dad. We want our boys to be comfortable and that relationship can be a touchy subject.
- 9) **Stay upbeat!** Our moods set the mood of our boys. It been a long, day, week, month but when the den is together we should "put on a happy face".

I have a story to share in relation to this tip. I received an email several years ago from a friend that was a great inspiration for just those kinds of days. It was about a plumber who was working at a customer's house where everything that could go wrong did. The plumber asked the homeowner if it would be possible to come back tomorrow and finish the job. Of course the homeowner, knowing how things had went, said that was fine. The plumber went to start his van and, you guessed it, it would not start. As he tried to figure out what to do, the homeowner came out and offered him a ride home. Through the entire drive, short of giving directions, the plumber was silent. When they arrived at the plumber's house he invited the homeowner to meet his family. On the walk to the front door the plumber paused at a tree in his front yard. There he laid his hand on the tree and closed his eyes for a moment. When he lifted his hand from the tree a new man emerged. The plumber was now happy and jovial, a far cry from what he had been like all day. He introduced his family to the homeowner. As the plumber walked him back to his car the homeowner asked what happened when you laid you hand on the tree. You became a new person. The plumber explained "I did not want my family to have to see me that ways so I left my worries on the tree for God to see and tomorrow when I return to the tree they are gone. God had lifted them from me, letting me know that no matter what He is always there allowing me to continue unburdened."

The moral of the story, though it may seem really bad at the moment take some time to let them settle. Lay them down and be happy with your family and friends. Tomorrow it won't be so bad.

- 10) **Shared Leadership!!** Remember that as the den leader you are not suppose to do it all! Each Tiger Cub Team should take care of a meeting and/or Go-See-It. A good way is to split it up by month. Two teams can work together to complete their month. Just remember to make sure everyone takes a turn! This is a team effort!

“Litter to Glitter”

Gathering Time Activities

Jigsaw Puzzle Ads

Capital Area Council

- ✓ Tear out a full page color picture from a magazine.
- ✓ Paste the picture to a thin sheet of cardboard (or poster stock)
- ✓ Cut up the picture into puzzle pieces.
- ✓ Have at least one puzzle per scout.
- ✓ As each scout arrives, hand him one to put together.
- ✓ If time permits, let the scouts exchange puzzles.

RECYCLING FUN!

San Joaquin (CA) Solid Waste Authority

<http://www.sjgov.org/solidwaste>



Find the following words in the word search. Words may be vertical, horizontal, or diagonal.

ALUMINUM	RECYCLE	WORMS
REUSE	CLOSE THE LOOP	SCRAP METAL
GLASS	PAPER	CONCRETE
RECYCLING CENTER		TIRES
MOTOR OIL	COMPOST	PLASTIC
REDUCE	DOUBLE-SIDED	GRASSCYCLE
WOOD	REFUND VALUE	FUN
SAVE	PACKAGING	

Recycling Activities

www.energyquest.ca.gov

The crossword in the right column and the maze on the next page are just two of the activities from a tremendous 26 page booklet you can download at

www.energyquest.ca.gov/saving_energy/RECYCLINGFactsGamesCrafts02.PDF.

Why Recycle??

Recycling helps us preserve our environment and keeps garbage out of our landfills. There are also a lot of other reasons to recycle. Complete the crossword to find out why we should recycle.

Across

1. Recycling saves natural _____
4. Recycling instead of littering, protects _____
6. _____ never wears out, it can be recycled forever.
8. Recycling helps keep fewer materials from going to the _____. Many are already full which means we need to find new places to put garbage.
9. You can earn _____ by turning in your beverage containers at the recycling center.
11. Recycling lets us reuse _____ instead of having to get more from the Earth all over again.
12. It takes 20 times more energy to make an _____ can from new materials than from recycled materials.

Down

2. Recycling creates less _____ in the air
3. If we create less garbage. Our communities can _____ landfill space
5. Taking things that would be _____ and reusing them is a great way to help save the Earth.
7. It takes less _____ to make a new product from recycled materials than it does from raw materials.
10. _____ must recycle in order to make the world a better place.

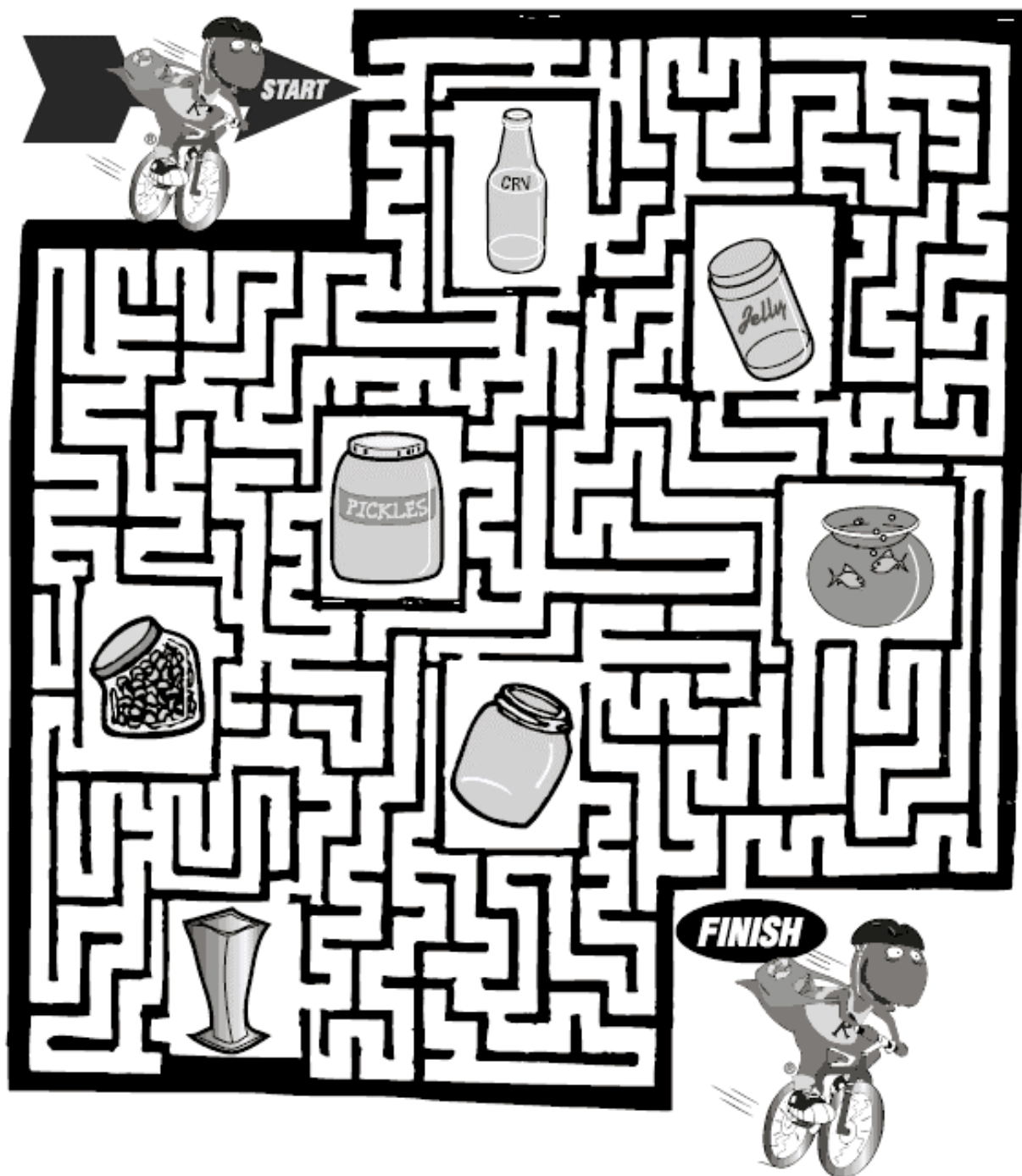


Use these words

aluminum	money	garbage
energy	landfill	animals
resources	materials	everyone
pollution	save	glass

Glass Maze

Find your way through the maze and collect the glass containers. These items are all made from recycled glass. Which one of these items can you take to the recycling center and redeem for money? What other ways can you reuse your glass containers?



Opening Ceremonies

Recycle Litter Opening

Preparation: paper shredder, white, blue, red sheets of paper; flag in shredder container.

Narrator: All of us can keep our land cleaner by picking up scraps of paper and recycling it, some are white (*place white paper in shredder*) some are blue (*place blue sheet in shredder*) and some are red (*place red paper in shredder*) Everything we do to reduce litter will make our land a better place to live because it is our United States of America and we can help make it a cleaner place to live.

(*Pull out flag*)

Please stand as we repeat the Pledge of Allegiance

C-U-B-S

Personnel: 4 Cub Scouts

Equipment: prepare posters with messages printed with the letters C, U, B, and S on them.

Setting: The boys stand in front of the Pack and recite their lines.

C stands for **“Cut Back”**. Reduce the amount of trash and waste you make.

U stands for **“Use”**. Use things again instead of throwing them away.

B stands for **“Be Sure”**. Be sure to recycle whatever you can instead of throwing it in the trash.

S stands for **“Save”**. Together we can save our planet from too much pollution.

Keep America Beautiful

Personnel: Flower, Grass, Beer Can, Bottle, Cigarette Butt, Litterbug, Candy Wrapper, Trash Can, Cub Scout.

Setting: Flower and grass wave gently in the breeze. Litterbug stands at left, laughing and throwing beer can at flower, bottle at flower, candy wrapper at grass, cigarette butt at grass.

Flower: Oh, what hit me? My petals are crushed. My upsweep is downswep.

Grass: You should complain. They buried me.

Beer Can: You think I like being thrown around? I could be used for tin craft by some den leader.

Bottle: Does the Pack staff realize my potentiality? I could be used as a puppet or trick.

Cigarette Butt: To be lit up is one thing but to be tossed aside and not stripped is just too much.

Litterbug: (laughs) I dirty America everyday...UGLY, UGLY, UGLY.

Candy Wrapper: Just look at me. I was meant to be so sweet and bring such happiness.

Cub Scout: (sees litter trash can sleeping) Wake up trash can, Litterbug was here.

Trash can: HELP, HELP, you'd think I was a Slim-Fast girl. No more than they are feeding me. All I ever do is wait. I've tried everything. I've even flipped my lid.

Cub Scout: People have got to realize this is one bug RAID won't kill. Only consideration by others will get rid of this pest. I'll start helping right now to eliminate that old Litterbug!

Litterbug: FOILED AGAIN! (Cub picks up trash.)

Flower: (sigh) What a relief! I thought you'd never come!

Cub Scout: Every Cub is honor bound to help KEEP AMERICA BEAUTIFUL!

Grass: Adults help the Litterbug so much...are they too old to be Cubs?

Cub Scout: No one is either too old or too young to do their share in keeping America beautiful. This is the duty and privilege of every American.

Litter to Glitter Variation

Use the “Litter to Glitter” skit found on Page 3 in the Pack Resource Sheet, but make the signs with the letters on both sides. Make the letters on one side with black marker or construction paper, and make the letters on the other side of each card, along with the letter “G” using blue and gold glitter. As the last boy joins the group with his shiny letter “G,” the other boys turn their letter cards around to reveal the glitter letters.

Advancement Ceremonies

Litter to Glitter (or Reduce, Reuse, Recycle)

Capital Area Council, Adapted from a ceremony by Circle Ten Council

Narrator (Cubmaster) - This month our Cub Scouts have been learning about their environment and how to be part of the solution to pollution rather than contributors to the problem. They have learned to re-use, reduce, and recycle products in their home by making "Litter to Glitter Projects and learned to think about the "second life" of items we often throw away. Tonight we honor some of those service minded Scouts who have completed requirements for their rank advancements.

The Bobcat Trail is the beginning of the Cub Scout adventure. The boys attaining this rank have just begun to learn the meaning of service to others as they learned the Cub Scout Promise and Law of the Pack. *(Call boys and parents forward.)*

In attaining the rank of Wolf, boys learn about our "Living World" and how to protect it. They have made observations about how their neighborhoods get dirty, then gone into action to help be part of the solution to the problem. *(Call boys and parents forward.)*

The Big Bear Trail is full of choices, and some of those choices deal with "Taking Care of Your Planet" and "Sharing Your World With Wildlife." Boys attaining this rank have learned something of the interdependence of life on Planet Earth, that all living things need each other. *(Call boys and parents forward.)*

Learning the Outdoor Code is one of the requirements for attaining the Webelos Rank. In preparing for Boy Scouts, these boys will be spending more and more time outdoors, and their conduct toward the environment could impact generations to come. *(Call boys and parents forward.)*

The outdoor program is an important part of the Scouting movement. Be a leader in your school, your home, and your neighborhood to preserve this precious environment for our future and always think, "Litter to Glitter" before you throw something away.

RECYCLE LITTER INTO GLITTER

An Arrow of Light Ceremony

Scouter Jim, Great Salt Lake Council

Props: Garbage bag or recycling container to put: boy's 4-6 surprise items obtained about Cub(s) ahead of time, Webelos book, picture, emblem, or colors for Arrow of Light award, three papers. Apparel needed for a person to dress up as a garbage collector.

Ceremony:

The garbage collector comes in from the back very excited because he has some new litter that he wants to recycle and show everyone. He knows it will be useful and that it will "glitter."

First, he pulls out the Webelos book and wonders if that can be recycled into "glitter?" The Cubmaster then reviews the requirements for the Arrow of Light. Then the garbage collector pulls out the Arrow of Light item and wonders about it. The Cubmaster then reviews the meaning of the Arrow of Light because it definitely will "glitter."

The garbage collector pulls out, unwraps the display items for the Cub Scout and the Cubmaster describes their importance. The garbage collector is very excited about the way his garbage has been recycled to something that "glitters."

Oh, wait a minute; there are three more papers in the garbage bag. Each paper can pretend to be read by the Webelos den leader, parents, and boy as they relate an activity/service that the boy did to earn the Arrow of Light. The Cub Scout quotes either the Scout Oath or Law.

Cubmaster then shows the Arrow of Light award. The Cub Scout then gives the pin to his mother, after which, the Father can present the award with the Cub Scout or Scout handshake. The Cub Scout leads everyone in his favorite cheer!

RECYCLE, RECYCLE, RECYCLE

Sam Houston Area Council

Set Up -

Make award cards out of recycled paper or card stock. Print the recycle logo on the award card along with the boy's name. Hang all the award cards on a display board divided into "Paper" "Plastic" "Cans" "Glass" and "Electronics." Place all of the Bobcats, Tigers, Wolves, Bears, and Webelos under separate headings.

Ceremony -

Talk about the need to recycle the items we use and how manufacturers use the products we recycle to make other useful products. When we recycle, we conserve natural resources like trees and water. As each boy and his parents are called up, let him know that he is a resource that can be recycled, in a manner of speaking, because the things he learns as he advances in Scouting will be and should be used over and over in his life.

Pack/Den Activities and Crafts

Advancement Ideas:

*Carol E. Little, CS RT Commissioner
American Elm District, Black Swamp Council*

Tigers - Ach 1F , Elect. 20, 33, 47

Wolf- Ach 2B, 2E, 2F, 7, 8A, 11, Elect. 12A, 12C, 17D

Bear – Ach 6C, 14A, 17A, 18E, 19C, Elect. 1A, 10A

MORE ACTIVITIES

Sam Houston Area Council

From the Cub Scout Leader How-To Book:

- ★ Can You Clean the Water? – page 4-16
- ★ How to hold your own Conservation Day - pp 6-12
- ★ Beach Bag from six-pack plastic rings – page 2-19
- ★ Milk Carton Bird Feeder – page 4-22



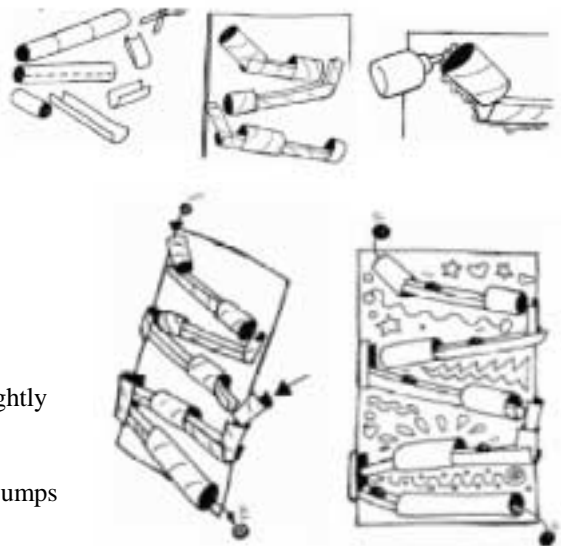
Cardboard Tube Marble Maze:

Great Salt Lake Council

This one was recently in Baloo but it fits well with this theme. Also, I saw it done at our White Horse District RT and they had a contest to see which group could design the best raceway. Everyone had fun laying out, building, and then using their raceways. CD

You will need:

Lots of cardboard tubes (toilet paper tubes, paper towel tubes, etc.),
Scissors,
Craft glue and tape,
A large piece of corrugated cardboard,
Marbles,
Stickers,
Markers or crayons.



Directions:

1. Cut the tubes into different sizes and shapes.
2. Lay the tubes on the large cardboard so that they are all slanted slightly downward. Each tube should empty into the next tube.
3. Glue the tubes in place. Allow the glue to dry.
4. Prop the maze against a wall and test it with a marble. If a marble jumps out of the maze, glue or tape on pieces of tubes to fix it.
5. Decorate.

Plastic Bag Parachutes:

Great Salt Lake Council

You will need:

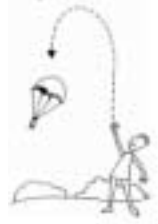
A plastic grocery bag, scissors,
A ruler
A pencil,
Yarn,
A clothespin pal/small plastic toy (any similar small weight will suffice).



Directions:

1. From the grocery bag, cut a piece of plastic at least 14 inches square.
2. Cut four pieces of yarn, each 24 inches long.
3. Use the pencil to poke a hole in each corner of the plastic. Knot a piece of yarn in each hole. Hold the four yarn ends together and fasten them in an overhand knot as shown.

4. Tie the yarn around your weight (clothespin, small plastic toy, etc.)
5. To prepare your parachute for sky-diving, hold it by the center of the parachute so the strings and weight hang down.
6. Fold over the parachute and loosely wind the strings and pal around it to make a small bundle.
7. Toss up the parachute bundle as high as you can. It should float gently to the ground.



RECYCLED CRITTERS

Sam Houston Area Council

Materials:

Toilet paper tubes, paper towel tubes, fast food containers, 2-liter bottles, candy wrappers, empty soft drink cans, cereal boxes, juice boxes, tape, glue, markers, paint

Instructions

This is a great den team building activity.

In planning for the pack meeting, tell each den to design and create a critter for display at this month's pack meeting

You can either supply materials or give them a list of allowable materials

See which dens are the most creative

Gold Medal Awards

Baloo's Archives

Materials: Jar lids, Margarine bowl lids, and/or other flat round lids, Ribbon or colored string, markers, decorations, hole punch, spray paint. If you are short on lids, cut circles out of cardboard.

Directions:

Spray paint the discs. Write the name of the event on the disc then decorate the disc appropriately. Designs can be drawn or stuck on. Punch a hole in the top and thread the ribbon through the hole. Make sure the ribbon is long enough that medal hangs about mid torso. Ribbons are placed around the neck.

You might want to save this one for May 2008 when the theme is "Go For the Gold" CD

Puzzle Tree

Capital Area Council

Supplies:

Yellow and brown construction paper

Old jigsaw pieces

Scissors and glue

Directions:

- ★ Cut a tree shape from the brown construction paper.
- ★ Glue the tree on the yellow paper.
- ★ Glue the puzzle pieces on the tree for leaves.
 - If your puzzle pieces have lots of red, orange, and brown colors on them you can make an autumn tree and glue some of the pieces at the base of the tree, to make leaves on the ground.
 - Pink pieces mixed with light green pieces make pretty spring trees.
 - Green pieces are just right for a summer tree.

Why not make all three to show the different trees during the changing seasons?

Hint:

If your puzzle pieces are not the right color for the tree just turn them over and paint them the color you want.

Reduce It - Reuse It

Capital Area Council

This one's made from scratch and has never been tested that I know. Best of luck! And if it or a variation of it works well, let the world know about it. This game focuses on the idea of "Reduce, Reuse, Recycle" as the way to minimize personal pollution. It will take a little bit of courage on someone's part (the Den Leader's?) because someone has to come forward with their recycling bin and whatever is in it. The object of the exercise is to get the boys thinking about the "stuff" we throw out on a regular basis and how we might eliminate some of it.

The leader brings in the recycle bin of "stuff" and, one at a time, displays their wares. The boys then discuss/disgust what, if anything, could have been done to reduce or reuse the items shown. [Note: If you've got beer or other alcoholic beverage bottles in the bin, please remove them before doing this game!]

National Pike District Cub Scout Roundtable
February 11, 2008

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CD Fish

Baloo's Archives

Materials: 2 CDs per fish, string, Scrap pieces of craft foam or cardboard, glue, scissors, markers

Directions:

- ✓ Create a pattern for fish fins, eye, mouth, scales
- ✓ Have boys cut out needed pieces in colors they desire
- ✓ Glue fins, tail, mouth to back (non-shiny side) of one CD
- ✓ Create a loop of string and loop through hole in other CD
- ✓ Glue the two non-shiny sides together
- ✓ Glue on eye
- ✓ Have boys draw scales and other fish features on the CD without the string

Note: If boys come up with ideas for other creatures to be made with the CDs (e.g. spiders, people, birds, snowmen, pigs, ...), let them go with it!!

GENIUS KITS

Great Salt Lake Council

Place 13 or 14 items that might be recycled such as clothespins, pipe cleaners, ribbon, a nail, cork, lids, string, paperclip, etc. in a bag for each Cub Scout.

Then they have to use those items to invent something.

You can provide glue, tape or glue gun for them to stick it all together.

Have a contest to see who did the best job.

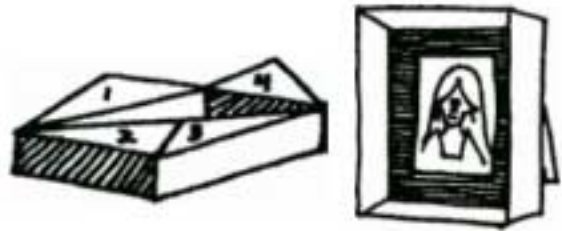
This could be done at a pack meeting or prepared before and brought with.

JELL-O BOX FRAME

Great Salt Lake Council

Materials:

Jell-O Box,
1" x 3" piece of cardboard,
two 1" x 2" pieces of cardboard, scissors,
glue
contact paper.



Instructions:

- ✓ Glue flaps back together.
- ✓ Cut from corner to corner on one side of box.
- ✓ Cut off the four sections to make a frame.
- ✓ Cover the box with contact paper.
- ✓ Glue 1" x 3" cardboard to back of Jell-O box.
- ✓ Glue the other two pieces of cardboard together and glue inside of Jell-O box.
- ✓ Glue photo to center of frame.

MAGAZINE HOLDER

Great Salt Lake Council

Materials:

Laundry soap box or large cereal box,
magazine pictures or colored paper,
scissors
glue.



Instructions:

- ✓ Cut top off the box and opposite sides on an angle.
- ✓ Decorate with magazine picture or colored paper in collage style.

Litter Basket Tie Slide

Materials needed:

Empty Jet Dry basket or film canister

Pipe cleaner scrap paper

Glue marker

Thread a pipe cleaner through the Jet Dry basket or through 2 holes poked in the film canister. Bend to back and fasten ends together to form the ring for the slide. Make a little sign that says LITTER and glue to the front. Fill basket with wadded paper scraps and glue them in.



Trash Can Tie Slide

Materials:

- Plastic condiment cup
- Marker
- Paper
- Glue
- Ring

Directions: Draw lines on cup for wire basket.

Crumple paper and glue inside cup. Glue ring on back.



Stash That Trash Slides

Film Canisters

Slide Ring

Plastic from milk bottle for sign

Glue Gun

Fine Line Permanent Marker Scissors

Trash Can Version

Piece of White Trash Bag
"Trash"

Trash Grouch Version

1" Green Craft Pom pom

2 7mm Eyes

Trash Can Version

- 1) Stuff in the trash bag material and cut so that it extends down the sides about 3/4".
- 2) Place dots of glue around the outside of the film canister about 1/2" down from the opening and flatten down the trash bag onto the glue dots to hold it in place. Glue on the slide ring.
- 3) Add "trash" to basket.



Trash Grouch Version

- 1) Spray film canister silver or use silver film canister. Let dry.
- 2) Glue on slide ring to canister. Glue eyes onto pom-pom and add eye brows over eyes, if desired.
- 3) Place dots of glue around the inside of the opening of the film canister and insert the pom-pom so that only 5/8" of the head and the eyes extends up over the edge of the canister. Glue the rear edge and under side center of the cap to the rear of the canister and the top of the pom-pom.
- 4) Complete either version with a sign reading "STASH THAT TRASH".



Egg Carton Bug Craft

Instructions to make a variety of insects and other bugs using egg cartons.

Materials Needed:

Egg Cartons paint Glue

Misc Supplies (wiggle eyes, felt, pipe-cleaners, sequins, etc)

Instructions:

Use egg carton cups to make a variety of bugs! Cut a long row of cups and make a caterpillar.

Use two sections and some tissue paper and make a butterfly. Make a spider with long, pipe

cleaner legs!



Skits

The Litter Bug

PAPER Crackle, Crackle **CANS** Clatter, Clatter
TRASH Dump, Dump **LITTER BUG** Toss and Throw

God put bugs in this world for many reasons, he made them to live in every kind of season. But the pesky **LITTER BUG**, with is **PAPER** and **CANS**, was made through neglected **TRASH** by the foolish man. To keep our land beautiful, get rid of that **LITTER BUG**, so beach goers can again lounge on a clean, sand rug.

Because of this pest, we must walk around, in **PAPER** and **CANS** and **TRASH** on the ground. Just who are the **LITTER BUGS** who mess up our land? Do you really ever see them toss that **PAPER** or **CAN**? And in dumping his **TRASH** he is very sly, because he never tells anyone why? So most of the time it just appears there, as if it had dropped out of thin air.

Could it be we are so used to throwing things there, that we dump **PAPER** and **CANS** without being aware? Without even thinking when we toss **TRASH** and waste, we could be a **LITTER BUG** in all of our haste. So when you unwrap that gum or candy, don't throw down the **PAPER** just because it's handy.

Next time stop and think when it's pop **CANS** you toss, 'cause if you're a **LITTER BUG** it's also your loss. If every single person would take note of his habit that pesky **LITTER BUG** we could certainly nab it. Then that terrible bug we could surely stamp it out, with no more **PAPER** or **CANS** or **TRASH** about. To keep our land beautiful we must all do our part, by taking care of our **TRASH** properly from the start!

A Buggy Story

LITTER BUGS: Trash, Trash Everywhere
BUGGY BUGS: Pick it up!

There are two kinds of bug among the human race: the **LITTER BUGS** who carelessly throw things everywhere and the **BUGGY BUGS** who constantly bug everyone to pick things up. One day there was a large picnic held in one of our city's beautiful parks. Of course in attendance were the usual **LITTER BUGS** and also the **BUGGY BUGS** who sort of helped to keep the trash and litter from becoming ankle deep because of the messy **LITTER BUGS**. One of these **BUGGY BUGS** named Tidy Ted came that day with his friend, Littering Larry, who, as you probably guessed from his name, was a **LITTER BUG**. These two boys were great friends, but very different in their habits. In fact, they were complete opposites. Littering Larry was always throwing things right and left as all **LITTER BUGS** do, while Tidy Ted was continuously picking up after others and reminding them to be tidy as all **BUGGY BUGS** do. On this particular day, Littering Larry learned a big lesson which he was not soon to forget. As they were walking around the area

where many games were taking place Tidy Ted noticed some pieces of paper floating around the ground. Being the **BUGGY BUG** that he was, he bent down and picked them up. While he was busy doing this, Littering Larry was just as busy throwing down his candy and gum wrappers as he was walking along, leaving a trail behind him as all **LITTER BUGS** do.

In fact, he was so busy littering that he would not even listen to Tidy Ted who was trying to tell him that the papers he found on the ground were valuable because they said that whoever turned them into the prize booth would receive a nice prize for helping fight litter. As hard as he tried Tidy Ted, the **BUGGY BUG**, could not stop Littering Larry, the **LITTER BUG**, from throwing away his candy and gum wrappers on the ground, even though they were really valuable coupons for prizes. So Tidy Ted and the other **BUGGY BUGS** followed along behind Littering Larry, picking up the valuable prize coupons.

At the end of the day, there were some sad **LITTER BUGS** when they saw the **BUGGY BUGS** leaving the park with their arms full of prizes. Finally Littering Larry realized what Tidy Ted had been trying to tell all day. The **LITTER BUGS** their duties shirk while **BUGGY BUGS** do all the work. But the **LITTER BUGS** are the ones who pay, they miss the extras that come the **BUGGY BUGS** way.

The Recycle Machine

Personnel: 4 Cubs. In addition, another is hidden inside the machine.

Props: Large box made to look like a recycle machine: other items mentioned. **Jack:** Hey look, guys, a recycle machine!

Jim: Let's try it out! (turns switch on)

Bob: Let's see what it does with this rusty old pocket knife. (drops it into machine, machine makes noise and shakes, then out comes a new shiny pocket knife.) All Boys: Wow! It works, Fantastic!

Tom: Maybe it can recycle this old, torn handkerchief. (drops it in and the machine shakes and rattles and turns out a new hanky.) **Jim:** That's really great! Here machine, here's an old, broken pencil for you. (drops it in and the machine performs giving out a new one.) **Bob:** It's your turn Jack.

Jack: I wonder how this thing works. (Steps up, peers inside, and the machine pulls him in.) **Jack:** HELP!

Other boys: Oh no! What should we do? (all look worried) (The machine finally makes a loud noise and out pops

Jack. A sign on him reads REJECT.) **Tom:** Look! He has a sign around his neck. It says 'REJECT'. A Cub Scout's spirit is too strong and durable to ever be worn out.

Jack: Remember, to help save our American resources, follow this motto:

All Boys: Use it up, Wear it out, make it do, or do without!

Games

Scavenger Hunt

Baloo's Bugle Archives

Conduct a clean-up treasure hunt on your school grounds or in your neighborhood. Not only will you have fun looking for the items listed, but you will pick up litter as well.

Wanted:

A ballpoint pen	A red object	A lunch bag	A pencil	A blue object
A candy wrapper	A piece of clothing	A yellow object	Something plastic	Something round
Something glass	Notebook paper	A leaf or twig	A bottle cap	A broken crayon
A rubber band	Something square	Something metal	A paper clip	

Directions

Divide the group into teams of two or more. Give each team two trash bags, gloves, and a copy of the wanted list.

Litter Sweep Relay

Capital Area Council

Object: To be the first team to make a clean sweep of all the litter.

Materials: A broom for each team and a small pile of dry trash: soda cans, paper, small plastic bottles, etc.

How to play:

Divide into two teams and give each team a broom and a small pile of dry trash - soda cans, paper, small plastic bottles, etc. At the start signal, the first boy on each team sweeps the trash to a certain point and back. The next team member then takes over, and so on until all have run. The first team finished wins. If a boy loses any trash he must sweep back and pick it up.

TRASH CAN RELAY

Sam Houston Area Council

Set up five classroom trash cans in an obstacle course. The first cub on the team runs the course, weaving in and out around the cans. When the cub reaches the last can, he turns around and weaves back to the team. The runner taps the next team member in line, who takes his turn running the course... You could give each boy on each team five pieces of trash that have to make it in each trash can as they go through the obstacle course.

WASTE NO WATER

Sam Houston Area Council

- ✓ Fill a clean open-topped non-breakable container (a plastic spaghetti sauce jar or a soup can work well) with water for each team. Be sure the containers are the exact same size and filled to the brim with water.
- ✓ Set a start and finish point.
- ✓ At a signal, the first runner heads for the finish line, walks over the line, turns around and heads back to his or her team, and passes the container to the next person in line.
- ✓ At the end of the race, the team with the most water still in the container is the winner.

NEWSPAPER RELAY

Sam Houston Area Council

- Provide a stack of newspapers for each team and have team members divide the stack evenly among themselves.
- Set up a paper bag or recycle bin (or whatever container your community uses for recycling newspaper) at a finish line.
- At a signal, the first member of the team carries his or her stack of newspaper to the finish line, deposits it in the container, runs back to the team, and taps the next person in line.

PUTT FOR POINTS

Sam Houston Area Council

Equipment:

Five empty cans large enough for a golf ball,
golf club,
paint,
golf balls (*maybe you'll want to use the wiffle type golf balls??*)

To play:

- ✓ Paint five cans with bright colors.
- ✓ Paint or draw a point value on each can. (Suggestions: Paint the number 5 on one can, the number 10 on another, 15 on a third, 20 on a fourth, and 50 on the fifth.)
- ✓ Set up the cans in a row.
- ✓ Give students three golf balls and three chances to accumulate points for their team.

Songs

Cub Scouts Are in Town

(Tune: There is a Tavern in the Town)

There are some Cub Scouts in the town, In the town;
And they are looking all around, All around;
To make our town a better place to be,
Each hopes to plant and raise a tree!

It's a Recycling World

(Tune: It's a Small World)

It's a world of used plastic, cardboard, glass and tin.
It's a world of used paper whose outlook is grim.
And it's time we're aware, to know and prepare.
To help in recycling!

Chorus

We need to do recycling, for the future of everything!
We need to do recycling to save our beautiful world!

There is still clean air, ponds and streams and trees.
If we don't recycle now, we could lose all these.
It's time we all should care, every Bobcat,
Wolf and Bear, Webelos and all in Scouting. **(Chorus)**

There is just one earth that was made for man.
If we don't help now we will ruin the land.
So we all have to start, everyone must do their part,
To help with recycling! **(Chorus)**

Make It Better

(Tune: "Frere Jacques")
(Try this one as a round)

We are looking, we are looking,
Around our world, yes we are.
Trying to make it better.
Trying to make it better.
For everyone - everyone.

Litterbugs Beware!

(Tune: Auld Lang Syne)

We are folks who hunt the bugs
That litter up our streets;
With paper, bottles, old tin cans
And wrappers off their sweets.
We want to keep our playground clean
Without a lot of fuss.
Let's start today to do our share
No litterbugs for us.
No litterbugs, No litterbugs,
No litterbugs for us.
Let's start today to do our share
No litterbugs for us.

Litter Droppers

(Tune: What Shall We Do with a Drunken Sailor)

What shall we do with the litter droppers,
What shall we do with the litter droppers,
What shall we do with the litter droppers,
Early in the morning?

Chorus:

Put them in the bin and let the garbage truck take them.
Put them in the bin and let the garbage truck take them.
Put them in the bin and let the garbage truck take them.
Early in the morning.

What shall we do with the bottle smashers?
What shall we do with the bottle smashers?
What shall we do with the bottle smashers?
Early in the morning. **(Chorus)**

Pick it up

(Tune: Row, Row, Row Your Boat)

Pick, pick, pick it up.
Help to keep things clean.
Cub Scouts and their families...
A conservation team!

Bring Back a Clean World

(tune: My Bonnie Lies Over the Ocean)

The litter blows over the highway,
The litter blows over the park,
Unless we do something to stop it,
The world will be litter-ly dark.

Chorus

Pick up, Pick up,
Oh Pick up the litter you see, you see
Pick up, Pick up
Oh Pick up the litter you see, you see.

God gave us clean air for our breathing,
Clean water in rivers and streams,
We fill them with garbage and poisons,
The only clean world's in our dreams. **(Chorus)**

Trash Song

(Sung to: "London Bridge")

Trash is blowing all around,
All around, all around.
Trash is blowing all around,
All around the town.
Let's get busy and pick it up,
Pick it up, pick it up.
Let's get busy and pick it up,
All around the town.
Put the trash in a big trash bag,
Big trash bag, big trash bag.
Put the trash in a big trash bag,
All around the town.

Cub Grub - Fun Food

Dirt Cake

Baloo's Archives

Ingredients: 1 ¼ # pkg Oreos, ½ stick margarine, 8 oz. cream cheese, 1 cup powdered sugar, 3½ cups milk, 2 small boxes instant vanilla pudding, 12 oz. Cool Whip

Crush Oreos until fine. Cream margarine, cream cheese and powdered sugar together. Mix milk and pudding and combine with margarine mixture. Mix well, then add Cool Whip. Using a large rectangular cake pan, alternate layers of Oreo crumbs and pudding mixture in the containers.

Arrange top layer to look like a path. Add various gummy and other candies to look like litter along the path

Quicky Dirt Pudding

Great Salt Lake Council

Ingredients: Chocolate pudding snack packs (enough for each boy), Large plastic cups (enough for each boy), Chocolate cookie crumbs (Oreos work well), Gummy worms (about 3 or 4 per boy)

Scoop the pudding out of the pack and place it into the plastic cup. Add cookie crumbs and gummy worms. Mix together and enjoy.

Sour Cream Sugar Cookies

Great Salt Lake Council

Ingredients: 1 stick butter, softened but not runny, 1 cup sugar, 1 egg, ½ cup sour cream, 1 teaspoon vanilla, 3¼ cups flour, 1 teaspoon baking soda, ½ teaspoon salt

- ✓ Preheat oven to 350° – Yields about 3 dozen
- ✓ Cream butter and sugar.
- ✓ Add egg and beat until fluffy.
- ✓ Add sour cream and vanilla.
- ✓ Blend well
- ✓ Mix together flour, baking soda and salt.
- ✓ Gradually add to creamed mixture. (May need to add a little more flour).
- ✓ On floured board or counter, roll out to 1/8 – 1/4 inch thick.
- ✓ Cut out into desired shapes.
- ✓ Bake on ungreased cookie sheet 5 – 7 minutes or until done (shine is gone and edges of cookies are beginning to brown lightly).
- ✓ Cool and let the boy have fun decorating.

EARTH RICE CRISPY TREATS

Sam Houston Area Council

Directions:

- ✓ Mix a batch of crispy rice treats (visit www.ricekrispies.com if you need a recipe).
- ✓ Rather than placing the batch of treats in a 9"x 13" pan to cool, put the batch of treats in a round pizza pan.
- ✓ Once the treats have cooled, use green and blue frosting to color the earth (continents and oceans) on the round crispy treat.

Stunts & Applauses

APPLAUSES & CHEERS

Capital Area Council

Clean Air: Take a big sniff of air, exhale and say "AHHHHHHHHHHHHHHH!"

Garbage Bag: In a deep voice say, "Hefty! Hefty! Hefty!"

Give A Hoot: Divide the audience into two sections. Have one section yell, "Give A Hoot!" and the other section yell, "Don't Pollute!" Alternate pointing at each section, pointing faster and faster.

Noise Pollution: Raise hands and have everyone yell as loudly as they can. Lower hands and volume of yells go down. When hands are on floor, everyone must be extremely quiet. Do several times – raise and lower volume. Then, with hands on floor ask the Pack to listen to absolute quiet.

Reduce, Reuse, Recycle: Divide the audience into three sections. Have the first section yell, "Reduce!", the second section yell, "Reuse!", and the third section yell, "Recycle!" Alternate pointing at each section, pointing faster and faster.

Spring Applause Spring up and down and go "boing, boing, boing".

RUN-ONS

Great Salt Lake Council

Scout 1: Why do people preserve more vegetables than they used to?

Scout 2: Because now they can!

Scout 1: Do you ever file your nails?

Scout 2: Nah. After I trim them I throw them away.

Scout 1: Can you tell me an example of wasted energy?

Scout 2: Yes, Sir. Telling a hair raising tale to a bald man.

Scout 1: How can you make a coat last?

Scout 2: Make the pants and vest first.

Scout 1: Why did the little boy bury his flashlight?

Scout 2: Because the batteries were dead.

Capital Area Council

How does a Cub Scout conserve his mind?

He lets everything in one ear and out the other!

JOKES & RIDDLES

Sam Houston Area Council

Covered With Dirt

Cub #1: What is blue and gold and covered with dirt?

Cub #2: A Cub Scout who has gone back to nature.

Crude Oil

Cub #1: What is the first thing you should do with a barrel of crude oil?

Cub #2: Teach it some manners!

Ocean

Cub #1: How can you tell the ocean is friendly?

Cub #2: It waves.

Closing Ceremonies

The Green Pledge Closing

Personnel: 5 Cub Scouts

Cub 1: **BECAUSE** the world faces many problems like rain forest destruction, air and water pollution, and garbage disposal problems.

Cub 2: **BECAUSE** the earth's future depends on everyone helping.

Cub 3: **I PROMISE** to do my best to recycle, and to use the air, water, and other resources carefully.

Cub 4: **I PROMISE** to do my best to buy and use things that are good for the earth.

Cub 5: **I PROMISE** to teach others about the things to do to help the earth.

Declaration of Dependence on Nature Closing

Personnel: Seven Cubs

Props : Seven Lit candles

Scene: Lower or turn out room lights. Each Cub says his line then blows out a candle.

Cub #1: I am part of nature.

Cub #2: I have an effect on everything that lives.

Cub #3: I am bound together with all living things in the air, in the land, and in the water.

Cub #4: My life depends upon nature, upon its balance, upon its resources and upon the continuity of both.

Cub #5: To destroy nature is to destroy myself.

Cub #6: As a member of the human race, I am responsible for its survival.

Cub #7: I am a part of nature, and I will not destroy it, for if I do, my world will be a darker place.

Closing Ceremony: Looking at Things Differently

Equipment: Cardboard tube, sheet of newspaper, paper plate, sock

CUB SCOUT 1: This month we've tried to look at things differently.

CUB SCOUT 2: (*holds up cardboard tube*): This may look like just a cardboard tube, but I can use it to look at the stars.

CUB SCOUT 3: (*holds up sheet of newspaper*): This may look like just a sheet of newspaper, but I can use it to make a hat.

CUB SCOUT 4: (*holds up paper plate*): This may look like just a paper plate, but I can use it to make a mask.

CUB SCOUT 5: (*hold up sock*): This may look like just a sock, but I can use it to make a puppet.

CUB SCOUT 6: Try to look at things differently, and you'll be surprised what you, can see. Remember, one person's trash is another person's treasure.

Things We Hold Dear

Cubmaster: As good Scouts and Scouters, one of the things we should hold most dear is our environment. We need to keep it clean and do what we can to let other people know that we care about the outdoors and they should also. As we leave tonight, we should think about keeping our world clean for the generations yet to come.

Save It For Us (A Cubmaster Minute)

The next time you're outside, pause a moment to look at the old trees. They have sheltered countless generations of wildlife and have withstood years of extreme weather and the abuses of man. They've seen children playing at their roots and climbing in their branches. They've heard the conversations of war and peace of the men gathered in their generous shade.

Listen to the brook as it whispers of its secret travels nurturing the earth along the way. Look into it and see the insects, amphibians, and fish that call it home. Wade into its shallows and feel its refreshing coolness.

Nature persistently calls us to leave the sidewalks and traffic lights and noise and hustle and bustle of the city. The earth is calling us back to enjoy its simplicity and beauty.

Good night Scouts. Go in peace and remember to "Do Your Best" to "Save It for Us" so that you, and your children, and your children's children can enjoy earth's beautiful and wondrous bounty.

Webelos

Athlete

Webelos aged boys thrive on physical activity. Scouting recognizes this need and has geared the program to meet those needs. Competition is a normal part of everyone's life. One's emotional health depends in no small degree upon one's outlook toward this aspect of life. Boy Scouts of America believes that helping boys keep competition in the proper perspective is a part of helping them live happy and successful lives. The skills of winning and losing gracefully can only be learned by winning and losing.



Therefore, we believe that competition should be used as a learning process and as a means of enhancing the growth and development of Scouts. Competitive events should be planned so they result in a positive experience that develops character and sportsmanship. This doesn't always mean winning.

EXERCISE

Exercise is unique in that the more you do, the more you can do. As you grow older, exercise becomes more and more important. It protects us from heart attacks, high blood pressure, and excess fat (which can cause or add to many other problems). Begin with this pledge, then proceed to your exercise program.

FOUR-STEP EXERCISE PLAN

1. Start with a warm-up period of stretching exercises about 5-7 minutes. The warm-up exercises will gradually raise your heart rate to the right activity level.
2. Move on to your main exercise period from 20-30 minutes.
3. Check your heart rate every 5 minutes or so.
4. Finish with a cool-down period of about 5 minutes. Stopping heavy exercise suddenly can make you dizzy, even faint. So taper off with a good cool-down exercise. One of the best is walking. After cooling down, stretch major muscle groups to keep flexible.

PRESIDENTIAL SPORTS AWARD: The President wants your boys to get physically fit! Boys aged 10 and over can take the Presidential Sports Award Challenge by participating in a variety of sports. Request the Presidential Sports Award pamphlet. You must enclose a long, self-addressed stamped envelope or they will ignore your request. To find out all about the cool awards the boys can receive, write to:

Presidential Sports Award
P.O. Box 68207
Indianapolis, IN 46228

Field Trip Suggestion

- Visit a college, high school or commercial weight training facility and let the boys try the weight training equipment (with proper guidance). Set tour up in advance - never spontaneously show up and expect someone to accommodate you.
- Visit a non-traditional athletic exhibition, such as a martial arts or gymnastics exhibit.

Activities

- Teach the boys the proper warm up procedures regarding sports, to ensure better performance.
- Teach the boys exercises to increase strength and endurance. Keep a record of each boy's progress. Or, to keep competition to a minimum, set a den goal. Remember - each boy should "Do Your Best".
- Ropes can be used for a variety of athletic activities - tug of-war, climbing, jumping rope, 3-man tug-of-war, and boys against the parents tug-of-war. (The bigger the rope the more fun it is in tug-of-war).
- Attend a high school or college athletic event. A televised event will do but is not as exciting as being there.
- Invite a sports figure, coach, or a trainer to a den meeting to discuss exercise, training rules and why they are important.
- Make homemade barbells, you will need a broomstick, and two strong cloth sacks (or old pillowcases). Fill each sack with 5 pounds of sand or gravel. Wrap the mouths of the sack around the broom handle about four (4) inches from the ends. Tie in place.
- Invite a knowledgeable person who works to stay physically fit to come to a den meeting and teach the boys proper stretching, the importance of both a warm-up and a cool-down when working out, as well as some exercises to work specific parts of the body. A local high school athlete or trainer is ideal for this because the younger boys idolize the older students.

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Games

Hobble Racing: Boys gather at the starting line and each of them tie their own ankles together with a strip of fabric or cord. At a given signal, they all start racing for the finish line. The boys may jump, waddle, hop, creep, or crawl toward the finish line. If a boy purposely bumps another player, he is disqualified. The first racer to cross the finish wins.

Anatomy Tag: Boys should be in a restricted area such as a back yard. One person is "it" and runs after any of the other boys until he tags someone. The boy that was tagged becomes "it" and must keep his hand on the spot where he was tagged until he tags someone else. Boys should try to tag each other in inconvenient places such as the back of the knee, ankle, etc.

Kangaroo Hop Relay Race: Boys assume semi-squat position. Keeping their feet together, they spring forward to cover a set distance. The first team finished wins.

Three Chair Trick: Scout "bridges" two chairs with his head on one chair and heels on the other. A third chair is under the Scout's rear. On signal, Scout lifts middle chair over his body and puts it back underneath himself from the other side. Have two Scouts hold the end chair.

Exercise Game: Webelos form a circle around the a leader. Leader begins to do an exercise. He may do a complete exercise (e.g. one jumping jack) or a number of them (three jumping jacks) or just a part of one (1 / 2 jumping jack ending with feet apart and hands together overhead), then stops. Webelos Scouts are to follow the leader. After just a moment, he continues with the same exercise or goes on to another one. The idea is to trick the other Scouts into doing too much, too little, or the wrong exercise. The Den Chief act as judge. The last one left becomes the leader in the center of the circle.

Agility Exercises

Perform these exercises within the designated time limits. Rest two minutes between each set of exercises.

Set 1 - 8 minutes

Fish Flops - lie on your stomach, arms and legs extended and off the ground. Rock back and forth (2 minutes).

Grass Drill - run in place, drop to the ground and bounce up again (2 minutes).

Quick Foot-Knee touch - Drop quickly to one knee and bounce up again. Alternate knees (2 minutes).

Root Drill - you need a partner for this one. Square off on all fours, locking right shoulder to right shoulder. Try to rock your opponent back off his feet (2 minutes).

Rest Two Minutes

Set 2 -6 minutes

Crab Mirror - two players on all fours. One moves at random to the left, right, back and forward and the other one mirrors his moves. Switch leaders and repeat (2 minutes).

Bear Hug Take-Down - two players, one standing behind the other. Player in rear grasps other player around arms and chest and tries to pull him down. Reverse positions and repeat (3 minutes).

Sit-ups - lie on back, feet together, hands clasped behind head. Raise up and touch elbows to knees. Do as many as possible for one minute.

Rest Two Minutes

Flexibility Exercises

Fingers - extend arms to the side, palms down. Quickly flex fingers alternating between fist and open hand position (30 seconds).

Palms - extend arms to the front, palms down, wrists locked. Turn palms inward and outward in quick short movements (30 seconds).

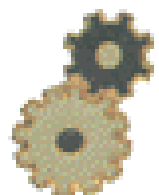
Wrists - same position (above). Rotate wrist clockwise, then counterclockwise (30 seconds).

Forearm Twist - arms extended sideward and parallel to the ground. Flex at elbow, bringing tips of fingers to shoulders. Return to starting position. Perform both palms up and palms down (1 minute).

Engineer

Activities

- Have the boys find pictures of different bridges and put together a poster for pack meeting.
- Visit a college engineering department.
- Invite an engineer to visit the den meeting to talk about their job.



Fields of Engineering

Aeronautical Engineering - deals with the whole field of design, manufacturing, maintenance, testing, and the use of aircraft. Industrial or Management Engineering - pertains to the efficient use of machinery, labor, and raw materials in industrial production. Astronautical Engineering is closely related to aeronautics, but it is concerned with the flight of vehicles in space.

Chemical Engineering - concern with the design, construction, and management of factories in which essential processes consist of chemical reactions.

Civil Engineering - is one of the broadest of the engineering fields dealing with the creation, improvement and protection of the communal environment. Buildings, roads, bridges, airports and other constructions are just a few of the areas civil engineers impact.

Electrical Engineering - involves the use of electrical power, electrical machinery and communication, information, and control systems.

Geological and Mining Engineering - includes activities related to the discovery and processing of minerals.

Mechanical Engineering - speaks to the design and operation of all types of machinery.

Safety Engineering - is concerned with the prevention of accidents.

Strength of Hollow Tubes

Begin the demonstration by laying a brick on a Styrofoam cup laying on its side. Place another cup on its rim and add bricks (2 or 3) until it crushes. Glue 4 cups together rim to rim and bottom to bottom with white glue and allow to dry. Place bricks (usually 4) on until the structure crushes. Demonstration shows the use of columns-in engineering and bridges.

Syllable Puzzle

Use each syllable given below to form the words that fit the seven definitions.

Bine	Die	Ler	Pro	Ter	Um
Bu	En	Li	Ra	Tor	
Car	Gine	Ni	Re	Tur	
Cop	He	Pel	Sel	u	

1. The part of a boat that moves through the water.
2. An airplane that hovers.
3. A machine that turns energy into work.
4. A machine in which a wheel is turned by water, steam, or hot gases.
5. The most common type of nuclear fuel.
6. The part of an engine which mixes air and gasoline.
7. One type of internal combustion engine. -

Answers:

1. Propeller
2. Helicopter
3. Engine
4. Turbine
5. Uranium
6. Carburetor
7. Diesel

Make Your Own Pulley

Materials; Wire, spools (from craft store), string, hook, and bucket full of heavy objects

1. Bend about 8" of wire into a triangle shape and push the ends into a thread spool. -
2. Find a suitable place to hang your pulley. A hook in the garage or the hook at the end of a planter will do.
3. Tie one end of the string to the handle of the load.
4. Wind the string over the spool.
5. Pull the bucket up. Is it easier to lift the load with the pulley? How much string do you have to use to lift the load one foot?

Resources

Web Sites

http://www.swa.org/site/recycling/school_recycling_education/school_recycling_and_education.htm

Recycling program and activities for youth from the Palm Beach County Solid Waste Authority

<http://www.epa.gov/epaoswer/education/students.htm>

Educational resource center of the Federal EPA.

<http://www.cpia.ca/teachers/news/details.php?ID=882>

California Teacher's Resource center for recycling and resources

http://www.energyquest.ca.gov/saving_energy/

This is the place with the 26 page activity booklet. Energy Quest is the award-winning energy education website of the California Energy Commission.

www.trashbash.org –

Have your pack participate in this year's "Trash Bash". It's generally held the last Saturday of March all over the Houston area. This looks to be a Texas activity but you could probably start one in your area.

<http://Earth911.org> –

Find the nearest recycling centers in your area (search by zip code)

www.paperretriever.com –

Find the nearest paper recycling bin

www.houstonbeautiful.org –

Website for "Keep Houston Beautiful" Does your town have one similar???

If you're looking for recycled art projects made from aluminum cans, visit <http://www.aluminouspublishing.com>. You'll find the E-book, Crafting Aluminum Art, which contains over 100 aluminum art ideas, including wreaths, ornaments, wall hangings, picture frames, toys, baskets, boxes, flowers, cookie cutters, candle holders, and more. Aluminum is soft and light and is easy to cut and bend. It's weather resistant too, so many of these projects can be displayed outside for all to see

All-Star Derby Demos

http://www.lowes.com/lowes2/Promos/sv_content/sv_tools.html

Every Lowe's store holds product demonstrations at 7:00 p.m. on every Tuesday from January 15 - February 26, 2008.

Attendees are shown how to use the Dremel tools to create their derby car (including tips on how to make the car faster and more aerodynamic).

Boy Scouts earn badges for attendance (all kids who attend receive the badge, regardless of whether they are associated with the Boy Scouts).

All attendees also receive a bar-coded 10% off Dremel item coupon.



Leather "Progress Toward Rank" Pocket Fobs

Tandy Leather is now manufacturing a leather "Progress Toward Rank" Pocket Fob that is the same size and shape as the plastic ones that were recalled. If you have a set of Scouting leather stamps, this could be an option for some one-of-a-kind bead holders for the "Progress Toward Rank" beads.

They are not yet in the on-line catalog but they can be ordered from Tandy Leather in Baltimore by contacting Bill Davis at 410-780-9699 or baltimore@tandy-leather.com. Their store is at 132 Eastern Blvd., Essex, MD 21221