



# SYED NASEER UDDIN

HSE Officer

## About Me

Experienced and detail-oriented HSE professional with over 5 years of proven success in managing Health, Safety, and Environmental (HSE) operations across construction, industrial, and desalination sectors



+966 568 625 605



[thesyednaseer@gmail.com](mailto:thesyednaseer@gmail.com)



Riyadh, Saudi Arabia

## Language

- English
- Urdu
- Pashto

## Expertise

- HSE Management Systems (ISO 45001, ISO 14001, OHSAS 18001)
- Risk Assessment & Hazard Control
- Incident Investigation & Reporting
- Site Audits & Safety Inspections
- PTW, JSA, SOPs & Method Statements
- Emergency Preparedness & Drills
- PPE Usage & Training
- Strong Knowledge of ARAMCO & Royal Commission Standards

## Experience

### **Al Romaih Real Estate Company, Riyadh**

Project: Al Othaim Mall Construction

Duration: Feb 2024 – Mar 2025

Position: HSE Officer

### **Maintenance Works**

Client: Petrokemya (North)

Duration: Oct 2022 – July 2023

Position: HSE Officer

### **TURNAROUND T/A 2022**

Client: Petro-Rabegh's

Duration: Feb 2020 – Sep 2022

Position: HSE Officer

## Education

- Bachelor of Science in Physics
- Diploma in Health, Safety & Environmental Engineering (2 Years)
- NEBOSH IGC
- OSHA
- Fire & Explosion Hazard Analysis (Coursera)

## Skills Summary

- Microsoft office (Word, Excel)
- Preparation of technical Documents
- JSA Preparation
- Preparation of Job Activities Checklist

# RESPONSIBILITIES

## **Al Romaih Real Estate Company, Riyadh**

**Feb 2024 – Mar 2025**

- Conducted regular site safety audits and inspections.
- Ensured compliance with safety programs and procedures.
- Led accident investigations and implemented corrective actions.
- Maintained OSHA and local regulatory standards.
- Organized emergency drills and staff training.
- Delivered daily Toolbox Talks (TBT) and Safety Induction for new workers.
- Reviewed and approved Job Safety Analysis (JSA) and Method Statements.
- Ensured proper tagging of scaffolding and regular inspection of working platforms.
- Verified that workers used proper PPE and followed safety procedures on-site.
- Liaised with site engineers and project managers to address HSE issues and implement corrective actions.
- Participated in incident investigations and recommended preventive measures.
- Assisted in emergency preparedness, including fire drills and evacuation simulations.
- Maintained safety records and submitted daily/weekly HSE reports to the management.

## **Maintenance work project**

**Jan 2023 – Jan 2024**

- Developed and implemented HSE policies and procedures.
- Ensured a hazard-free construction site from planning to execution.
- Conducted site inspections, monitored equipment, and managed site safety coordination.
- Reviewed and approved Job Safety Analysis (JSA) and Method Statements.
- Supervised Permit to Work (PTW) system for high-risk activities such as confined space, working at height, and hot work.
- Verified that workers used proper PPE and followed safety procedures on-site.
- Participated in incident investigations and recommended preventive measures.
- Assisted in emergency preparedness, including fire drills and evacuation simulations.
- Maintained safety records and submitted daily/weekly HSE reports to the management.
- Promoted a culture of continuous safety improvement through awareness campaigns and on-site engagement.

## **TURNAROUND T/A 2022**

**July 2021- Sep 2022**

- Led daily toolbox talks and safety briefings.
- Monitored compliance with PPE and scaffolding standards.
- Reported and corrected unsafe practices and conditions.
- Delivered daily Toolbox Talks (TBT) and Safety Induction for new workers.
- Reviewed and approved Job Safety Analysis (JSA) and Method Statements.
- Supervised Permit to Work (PTW) system for high-risk activities such as confined space, working at height, and hot work.
- Ensured proper tagging of scaffolding and regular inspection of working platforms.
- Verified that workers used proper PPE and followed safety procedures on-site.

**STUDENT REGISTRATION CARD**

- STUD NAME: SYED KASHEER UDDIN
- SEX: MALE
- DATE OF BIRTH: 1998
- NATIONAL ID NO: 351710114411111
- INSTITUTION: PESHAWAR INSTITUTE OF TECHNICAL EDUCATION
- COURSE: DIPLOMA OF HEALTH SAFETY AND ENVIRONMENTAL ENGINEERING
- CAMPUS: PESHAWAR
- ADDRESS: PESHAWAR
- PHONE NO: 9999999999
- EMAIL: kasheer@patech.edu.pk

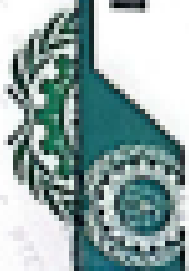


Islamabad - Pakistan

Established Under (ACT, XXI of 1860 Govt. of Punjab Pakistan)

www.patech.edu.pk

Serial No. **44919**



# Diploma



Certified that Mr/Ms/Ms. **SYED KASHEER UDDIN**

Registration No. **PTECH/ITA/114-1113**

Institute

**PESHAWAR INSTITUTE OF TECHNICAL EDUCATION**

SODDANO

**SYED KASHEER UDDIN**

appeared and passed the trade proficiency test in accordance with the requirements of the National Occupational Skills standards of **2 YEARS** duration prescribed by the Pakistan Technical & Education Council, Government of Punjab in the Trade of **DIPLOMA OF HEALTH SAFETY AND ENVIRONMENTAL ENGINEERING**

**AUGUST, 2019**

The test was conducted by the Pakistan Technical & Education Council in the month of \_\_\_\_\_

1) Theory **1113**

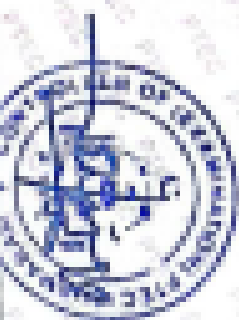
2) Practical **1114**

The examination was taken as a whole/part.

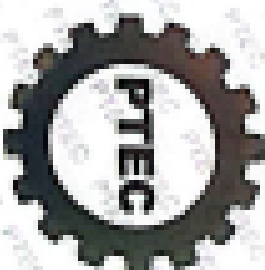
And in recognition thereof this Trade Certificate is issued on the

**WEDNESDAY NOVEMBER 27, 2019**

Total Marks	Marks Obtained	Percentage	Grade
1000	1500	75.45%	A



Controller of Exams







# Pakistan Technical & Education Council Islamabad

## DETAILED MARKS CERTIFICATE

### DIPLOMA OF HEALTH SAFETY AND ENVIRONMENTAL ENGINEERING

Reg. No: PTEC/PITE/A246-2102 Session: 2017-2019 (Annually)  
Name of Candidate: SYED NASEER UDDIN Father's Name: SYED GHAYAS UDDIN  
Institute College: PESHAWAR INSTITUTE OF TECHNICAL EDUCATION



2nd Year | Roll No: 9011112 | Session: ANNUAL 2018-2019

S#	SUBJECTS	TOTAL MARKS	OBTAINED MARKS			REMARKS
			TH	PR/VIVA	TOTAL	
1	Advanced Occupational Health and Safety	100/25	76	19	95	Pass
2	Environmental Impact Assessment	100/25	72	18	90	Pass
3	Safety Management Systems	100/25	79	20	99	Pass
4	Ergonomics and Workplace Design	100/25	78	22	100	Pass
5	Chemical Safety and Hazardous Materials Management	100/25	71	21	92	Pass
6	Fire Safety Engineering	100/25	73	21	94	Pass
7	Health and Safety Legislation	100/25	80	22	102	Pass
8	Internship and Practical Training	100/25	79	19	98	Pass
Total Marks		1000	608	162	770	Pass

Total Marks	Obtained Marks	Percentage	Grade
2000	1509	75.45%	A

Errors and omissions excepted any mistake in above particulars must be intimidated within 30 days of issuance of this certificate.

Theory Passing Marks=40%  
Practical Passing Marks=50%



Controller of Examination





nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Syed Naseer Uddin**

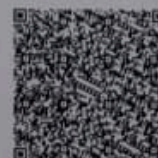
was awarded this qualification on

**06 September 2024**

Rob Hull  
Chair

Dee Arp  
Accountable Officer

SQA Ref: R630 04



**The National Examination Board in  
Occupational Safety and Health**  
Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444



Occupational  
Safety & Health  
American Society

OSHAS

Cert No. : 0070217

# Certificate of Completion

**Syed Naseer Uddin**

Has successfully completed all academic requirements in this Occupational Safety & Health course of study presented by OSHAS authorized training provider (ATP)

**30 Hours General Industry Standards**

**Henry D'Cooper**  
Chief Executive Officer



**23-09-2024**

Issue Date

**Marcus Hilton**  
Director Training



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**OSHIA®**

# CERTIFICATE OF APPRECIATION

Petrokemya is pleased to present this certificate to:

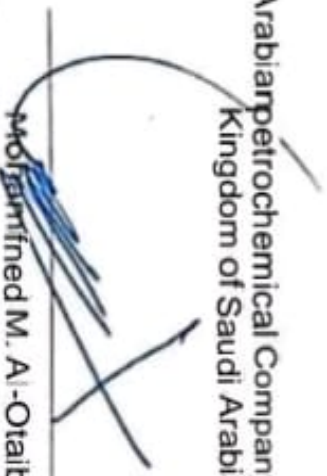
**SYED NASEER UDDIN (C1809728)**

**SAFETY OFFICER - PLANT TECH ARABIA**

In recognition of your valuable commitment and great contribution during the MTBE 2023 TURNAROUND for performing duties professionally and a safety mentor for his co-workers for promoting safe works habits and maintaining safety standards on the job.

On behalf of Turnaround Management, we value your efforts and leadership\*

Given this 19th day of April 2023 at Arabian Petrochemical Company (Petrokemya North), Jubail Industrial City,  
Kingdom of Saudi Arabia.

  
M. Al-Otaibi  
Specialist Planner, Area, MTBE TA 2023  
Specialist Planner, Area, Turnaround Site II



ABDULMALIK A.  
ALABDULLAH  
CONTRACTING

عبدالمالك  
عبدالعزیز العبدالله  
للمقاولات

## EXPERIENCE LETTER

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**To Whom It May Concern,**

This is to certify that **Mr. Syed Naseer Uddin** worked as an HSE Officer with AMA CON in partnership with Alromaih Real Estate Company from February 2024 to March 2025.

During this period, he was responsible for ensuring safety compliance on project sites, conducting risk assessments, and promoting a strong safety culture. His performance was professional and valuable throughout the engagement.

We wish him success in his future endeavors.

**Sincerely,**

A handwritten signature in dark blue ink, reading 'Abdul Malik', written over a horizontal line.

**Engr. Abdul Malik Abdul Aziz Abdullah**  
**CEO AMA CON**

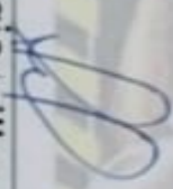


# CERTIFICATE OF RECOGNITION

*Petro Rabigh Safety Department is pleased to recognize*

**SYED NASEER UDDIN / BN# 9007555**

*for his excellent Safety and Outstanding Performance observed during  
2022 Phase-II Turnaround*

  
Sergio villa  
Turnaround Director