



2018 HANS FOGH YOUTH REGATTA SAILING INSTRUCTIONS

The notation [DP] in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2. The prescriptions of Sail Canada, the national sport authority for sailing, will apply.
- 1.3. The preamble to Part 4 and RRS 40 is changed to require adequate personal buoyancy to be worn at all times while afloat except while changing clothes. Code Flag 'Y' need not be flown.
- 1.4. RRS G1.1 (b) will not apply. This changes RRS 77.

2. NOTICES TO COMPETITORS

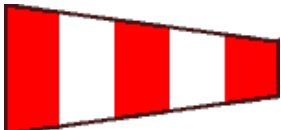
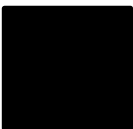
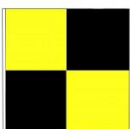
- 2.1. Notices to Competitors will be posted on the official notice board located on the North Wall of the Dry Sail Building.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the Dry Sail flag pole.
- 4.2. Signals ashore will be:

	When Flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'.
	When a Black Flag is flown from the Dry Sail flag pole all fleets shall remain in the Harbour until the Black Flag is removed.
	When Flag 'L' is displayed ashore a notice to competitors has been posted on the official notice board.



5. SCHEDULE OF RACES

- 5.1. Dates of Racing: Tuesday, August 21st and Wednesday, August 22th, 2018.
- 5.2. Number of Races: There is no limit to the number of races that may be sailed. The race committee will run as many as possible within the time allowed to give competitors the maximum racing experience.

- 5.3. The scheduled time of the warning signal for the first race on Tuesday is 1100 hours. The scheduled time of the warning signal for the first race on Wednesday is 1000 hrs.
- 5.4. There will be a Competitors Meeting at 0930 hrs Tuesday in front of the EYC Dry Sail Building
- 5.5. On the last day of the regatta no warning signal will be made after 1400 hours.

6. CLASS FLAGS

- 6.1. Class flags will be:

	420 will be a White Flag with the 420 symbol on it.
	RS Feva will be a White Flag with the RS Feva symbol on it.

7. RACING AREA

- 7.1. The racing area will be located in Lake Ontario approximately 1 nautical mile south of the entrance to the EYC Basin.

8. THE COURSES

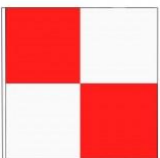
- 8.1. The diagrams in Appendix 'A' show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. On the final, downwind, leg of the course mark #4 per Appendix 'A' is a mark of the course and must be left to port.
- 8.2. Course designations will be displayed before or with the warning signal for each class.

9. MARKS

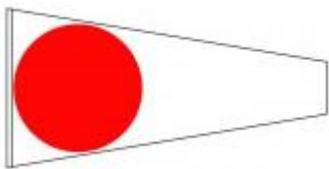

- 9.1. Marks 1 and 4 will be yellow inflatables.
- 9.2. Start mark will be a green inflatable.
- 9.3. Finish mark will be a red inflatable.













10. THE START

- 10.1. Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 10.2. The start line will be between a staff displaying an orange flag or symbol on the signal boat and the start mark.
- 10.3. Boats whose warning signal has not been made shall avoid the starting area, staying a minimum of 15 meters below the start line. [DP]
- 10.4. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 10.5. Flag U start:




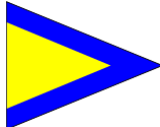


	If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed I.
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10.6. Example starting sequence.

Prior to the start sequence Course flag raised with multiple sound signals		
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Time	Flag	Sounds
5 minutes before start Class flag raised with a sound signal	 	
4 minutes before start Preparatory flag raised with a sound signal	 	
1 minute before start Preparatory flag lowered with a sound signal	 	
Start Class flag lowered with a sound signal	 	

10.7. Recall signals

Individual recall if identified boats are on the course side of the start line prior to the start.	 	
General recall if multiple or unidentified boats are on the course side of the start line prior to the start	 	

11. COURSE CHANGES

11.1. There will be no course changes after a race has started.

12. THE FINISH

12.1. The finish line will be between the finish mark and the staff displaying the orange flag or shape on the start/finish boat.

13. PENALTY SYSTEM

- 13.1. A boat that has taken a penalty or retired under RRS 44.1 shall complete an acknowledgment form at the scoring office within the protest time limit.
- 13.2. Appendix P will apply as changed by 13.3.
- 13.3. RRS P2.2 and P2.3 will not apply. RRS P2.1 is changed so that it will apply to any penalty after the first one.
- 13.4. RRS 44.1 is changed to permit a boat that has broken a rule of Part 2 to take a penalty after racing but prior to any protest hearing. Her penalty shall be a scoring penalty as calculated in RRS 44.3(c) equal to 40% of the number of entries in her class or 50% of the difference between her finishing position and the number of entries in her class, whichever is less. However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.
- 13.5. Appendix T (Arbitration) will apply.

14. TIME LIMITS

- 14.1. The time limit for the first boat to finish for all classes is 60 minutes.
- 14.2. Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.
- 14.3. The Race Committee may, at its discretion, award points to a boat, equivalent to the boat's position in a race. The Race Committee determines the method and order. This changes RRS 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms are available at the Jury Desk (located upstairs in the Dry Sail building). Protests shall be delivered there within the protest time limit.
- 15.2. For each class, the protest time limit is 30 minutes after the course Race Committee signal boat docks.
- 15.3. Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room, as directed at Jury Desk.
- 15.4. Notices of protests by the Race Committee or Protest Committee/Jury will be posted to inform boats under RRS 61.1(b).
- 15.5. A list of boats that, under instruction 13.1, have acknowledged breaking RRS 42 or have been disqualified by the Jury will be posted before the protest time limit.
- 15.6. On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16. SCORING

- 16.1. One race is required to be completed to constitute a series.
- 16.2. (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

- 17.1. All boats must check in at EYC on each day of racing. Sailing directly to the race course without checking in at EYC is not permitted. [DP]
- 17.2. Check-out and check-in: The removal of the Black Flag with one sound signals that boats may be launched or leave their moorings. "Seagulls" will be located at the end of F Dock at EYC. All boats shall check out when leaving the harbour and check in with the "Seagulls" upon returning. Failure to check out or in may result in a protest by the Race Committee. [DP]
- 17.3. All competitors must sail past the stern of the signal boat on starboard tack to check in with Race Committee before the start of the first race each day and the first race following any postponement ashore. [DP]
- 17.4. A boat that retires from a race shall notify the Race Committee as soon as possible. [DP]

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. Substitution of competitors will not be allowed without prior written notice to the Race Committee. Request forms are available from the Regatta Office upstairs in the Dry Sail building.

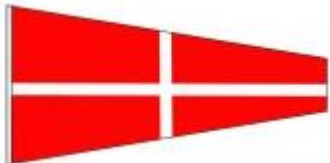
- 18.2. Substitution of damaged or lost equipment or changes of sail number will not be allowed unless approved by the Race Committee. Requests for substitution must be made in writing at the Regatta Office upstairs in the Dry Sail building. [DP]

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the Race Committee to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

- 20.1. Snack Boat

	A snack boat will be positioned below the start line during racing to provide water and energy bars to competitors. The snack boat will be identified by Numeral Pennant 4.
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21. SUPPORT BOATS

- 21.1. All support boats are reminded that they must carry boat registration and appropriate safety gear. All operators must have their PCOC cards on hand. Registration and PCOC cards may be requested by Marine Police Unit at any time and non-compliance is subject to fines. [DP]
- 21.2. It is stipulated by the organizing authority that all Coach Boats have working VHF Radios. Race communication will be on channel 71. [DP]
- 21.3. Team leaders, coaches and other support personnel (including parents of competitors) intending to be on the water during the regatta shall register with the organizing authority. [DP]
- 21.4. Support boats will be assigned a berth or mooring area for the duration of the regatta. Such berth or mooring is subject to the terms and conditions for all boats using EYC controlled facilities. All support boats are reminded to respect club members and their boats and to avoid wake inside the harbour. [DP]
- 21.5. After the warning signal has been made, all support boats shall be either:
- below the start line and its extensions
 - on the port side of the course (looking to windward) and shall stay well outside of the layline to Mark 1, maintaining a safe distance from ALL racing boats. Except that after the first boat has rounded the Leeward Mark for the first time coaches may coach boats in the last half of a fleet. Support boats will be allowed on the starboard side of the course when needed for an emergency situation. [DP]
- 21.6. In a general emergency situation, all support boats shall be utilized as safety boats and be under the direction of the Safety Chief and/or Race Committee. [DP]

22. COACHING DURING RACING

- 22.1. This is a training regatta and coaching of the boats in the last half of the fleet is encouraged and permitted after the first boat has rounded the Windward Mark for the first time in accordance with instruction 21.5.
- 22.2. The regatta coach Thomas Fogh is permitted to coach any boat at any time during racing at his sole discretion.

23. PRIZES

- 23.1. Flags will be awarded to each member of the crews placing first, second and third in each fleet of the regatta.
- 23.2. Other prizes may be awarded at the discretion of the race committee or organizing authority.

24. DISCLAIMER OF LIABILITY

- 24.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, *Decision to Race*. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

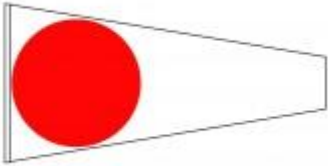

25. INSURANCE

- 25.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1 million CAD per event or the equivalent.

26. CODE OF CONDUCT

- 26.1. All competitors, parents, coaches and other support personnel attending the regatta are required to follow the code of conduct posted on the official notice board.

APPENDIX 'A'

Windward/Leeward Twice Around Numeral Pennant 1	Windward/Leeward Once Around Numeral Pennant 2
	
Start-1-4-1-4-Finish	Start-1-4-Finish
